

**THE ANNUAL QUALITY ASSURANCE  
REPORT OF THE IQAC  
2015-16**

Submitted to  
**National Assessment and Accreditation Council  
Bangalore**



**Sri Ramakrishna Mission Vidyalaya  
Maruthi College of Physical Education  
(Re-accredited with B Grade by NAAC)  
(An Autonomous and Affiliated to Tamil Nadu Physical  
Education and Sports University, Chennai)  
Coimbatore – 641 020**

# The Annual Quality Assurance Report (AQAR) of the IQAC

## Part – A

**AQAR for the year**

2015-2016

### 1. Details of the Institution

**1.1 Name of the Institution**

Sri Ramakrishna Mission Vidyalaya  
Maruthi College of Physical Education

**1.2 Address Line 1**

Periyanaickenpalayam

**Address Line 2**

Sri Ramakrishna Vidyalaya (Post)

**City/Town**

Coimbatore

**State**

Tamil Nadu

**Pin Code**

641 020

**Institution e-mail address**

rmmcpe@gmail.com

**Contact Nos.**

0422-2692443

**Name of the Head of the Institution:**

Dr. Ch. VST. Saikumar

**Tel. No. with STD Code:**

0422-2692443

**Mobile:**

9443294170

**Name of the IQAC Co-ordinator:**

**Mobile:**

**IQAC e-mail address:**

**1.3 NAAC Track ID**

**1.4 NAAC Executive Committee No. & Date:**

**1.5 Website address:**

**Web-link of the AQAR:**

**1.6 Accreditation Details**

Sl. No.	Cycle	Grade	CGPA	Year of Accreditation	Validity Period
1	1 <sup>st</sup> Cycle	B++	8.1	2006	2006 to 2011
2	2 <sup>nd</sup> Cycle	B	2.32	2016	2016 to 2021

**1.7 Date of Establishment of IQAC:**

**1.8 AQAR for the year:**

**1.9 Details of the previous year's AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC**

- i. AQAR 2010-2011 submitted to NAAC on
  - ii. AQAR 2011-2012 submitted to NAAC on
  - iii. AQAR 2012-2013 submitted to NAAC on
  - iv. AQAR 2013-2014 submitted to NAAC on (online submission)
  - v. AQAR 2014-2015 submitted to NAAC (online submission)
- } 16.05.2015
- 17.07.2015

### 1.10 Institutional Status

**University** State  Central  Deemed  Private   
**Affiliated College** Yes  No   
**Constituent College** Yes  No   
**Autonomous college of UGC** Yes  No   
**Regulatory Agency approved Institution** Yes  No

(eg. AICTE, BCI, MCI, PCI, NCI)

**Type of Institution** Co-education  Men  Women   
Urban  Rural  Tribal   
**Financial Status** Grant-in-aid  UGC 2(f)  UGC 12B   
Grant-in-aid + Self Financing  Totally Self-financing

### 1.11 Type of Faculty/Programme

Arts  Science  Commerce  Law  PEI (Phys Edu)   
TEI (Edu)  Engineering  Health Science  Management   
Others (Specify)

### 1.12 Name of the Affiliating University (*for the Colleges*)

Tamil Nadu Physical Education and Sports  
University, Chennai

### 1.13 Special status conferred by Central/ State Government- UGC/CSIR/DST/DBT/ICMR etc

**Autonomy by State/Central Govt. / University**

University with Potential for Excellence  UGC-CPE

DST Star Scheme	<input type="text" value="-"/>	UGC-CE	<input type="text" value="-"/>
UGC-Special Assistance Programme	<input type="text" value="-"/>	DST-FIST	<input type="text" value="-"/>
UGC-Innovative PG programmes	<input type="text" value="-"/>	Any other (Specify)	<input type="text"/>
UGC-COP Programmes	<input type="text" value="-"/>		

## 2. IQAC Composition and Activities

2.1 No. of Teachers	<input type="text" value="6"/>
2.2 No. of Administrative/Technical staff	<input type="text" value="2"/>
2.3 No. of students	<input type="text" value="1"/>
2.4 No. of Management representatives	<input type="text" value="1"/>
2.5 No. of Alumni	<input type="text" value="5"/>
2.6 No. of any other stakeholder and community representatives	<input type="text" value="2"/>
2.7 No. of Employers/ Industrialists	<input type="text" value="1"/>
2.8 No. of other External Experts	<input type="text" value="1"/>
2.9 Total No. of members	<input type="text" value="17"/>
2.10 No. of IQAC meetings held	<input type="text" value="4"/>

2.11 No. of meetings with various stakeholders: No.  Faculty

Non-Teaching Staff and Students  Alumni  Others

2.12 Has IQAC received any funding from UGC during the year? Yes  No

If yes, mention the amount

## 2.13 Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC

Total Nos.  International  National  State  Institution Level

### (ii) Themes

1. State level workshop cum referee examination in 'Kho-kho' was conducted by our college on 21st and 22<sup>nd</sup> August, 2015. In the inaugural function, Swami Tamoharananda, Ramakrishna Mission Vidyalaya was the chief guest, Dr.P.J.Sebastian, Professor, gave a presidential address and Dr. S. Sivasankar, convenor of the workshop proposed vote of thanks. The details of total numbers of participants were given below:

S. No	Name of the Institution	No. of students participated
1	Maruthi College	42
2	Vivekananda Univ. GAPEY	26
3	Avinashilingam University	79
4	Others	38
<b>Total</b>		<b>185</b>

Valaeictory function was held on 22<sup>nd</sup> August 2015. Dr.E.Amudhan, Assistant Professor delivered the welcome address, Sri Appavu Pandian, General Secretrary, Tamilnadu Kho-kho Association and Sri. V.N. Selvaraj, Technical committee, Kho-kho Federation of India took part in the function. Dr.Ch.VST.Saikumar, Principal and secretary presided over the function. Dr.S.Alagesan, Professor, was the chief guest and Dr.S.Sivasankar, Assistant professor proposed vote of thanks.

## 2.14 Significant Activities and contributions made by IQAC

The following activities are proposed and implemented at regular IQAC meetings:

- The academic programmes and related activities ensure that students who graduate from the institution are committed citizens and leaders ready to participate in building stronger communities and society.
- Expand the intellectual capacity of the students of various academic programmes, recent developments in subjects are offered to them.
- Introduction of employable and need based career oriented courses in our regular curriculum.
- Imparting to the students the value proven human relations.
- Skill improvement through curriculum guidance.
- Our college is pursuing qualitative research programmes in M.Phil., and Ph.D.,
- Individual project for PG students is compulsory.
- High definition appliances are used to make teaching-learning more effective.

- Research promotion and quality Publication are done through Research and Publication Council”.
- Workshops, seminars and research programmes are conducted by our teachers.
- Leadership and soft skills training programme and community integrated play festival are being carried out by our institution and also multifaceted extension activities are undertaken. Students’ participation in these activities is subject to evaluation.
- Our course of study includes internships, projects, field visits, seminars etc. Modernized up-to-date retrieval facilitated library, internet access, and various associations for the development of students.
- Research aspirants are invited for the consultancy.
- M.Phil., and Ph.D., with multi specialized subjects guidance are given by our teachers to part-time scholars of Tamil Nadu physical education and Sports University and other universities.
- Promotion of minor and major UGC/DRDO/other projects.
- Value education is imparted to the students.
- An extensive informative exhibition is displayed to public on RAMAKRISHNA PARAMAHAMSA’S BIRTHDAY celebrations (Gurupuja) and our college participation is an appreciable contribution in this event.
- Computer training is given to teaching and non-teaching staff of our college.

#### 2.15 Plan of Action by IQAC/Outcome

- The plan of action and outcome achieved action from the beginning of the year to the end of the year (2015-2016) is tabulated as **Annexure - I**
- The Academic Calendar 2015-2016 had been attached as **Annexure - II**

#### 2.16 Whether the AQAR was placed in statutory body

Yes  No

Management  Syndicate  Any other body

Provide the details of the action taken

- All the staff members are prime contributors for the IQAC functioning. Their views, opinions and suggestions are the nucleus of the IQAC organization.
- Every staff meeting agenda is given importance to the IQAC agenda discussion.
- All the staff members reveal their feedback and suggestions to enhance the quality of the IQAC.
- The proposals and reviews discussed in the staff meeting are placed in the College Committee, Academic Council, Board of Studies and Finance Committee.
- Any directions given by the above statutory bodies are executed to revise the IQAC plan and implementation progression.
- Finally executable plan draft of IQAC is placed before Governing Body for its successful implementation.

## Part – B

### Criterion – I

#### 1. Curricular Aspects

##### 1.1 Details about Academic Programmes

Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added / Career Oriented programmes
PhD(Full Time)	1			
PG	1			
UG	1			
PG Diploma				
Advanced Diploma				
Diploma				
Certificate	5		5	
Others (M.Phil.,)	1			
<b>Total</b>	<b>09</b>	-	<b>5</b>	

##### 1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options

##### (ii) Pattern of programmes:

Pattern	Number of programmes
Semester	3
Trimester	-
Annual	-

1.3 Feedback from stakeholders\* Alumni  Parents  Employers  Students   
(On all aspects)

Mode of feedback : Online  Manual  Co-operating schools (for PEI)

\* Analysis of the feedback enclosed in the Annexure - III

##### 1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.

Yes. There is a regular revision/update of syllabi every year. For details refer Annexure - IV

##### 1.5 Any new Department/Centre introduced during the year. If yes, give details.



## Criterion – II

### 2. Teaching, Learning and Evaluation

2.1 Total No. of permanent faculty

Total	Asst. Professors	Associate Professors	Professors	Others
8	6	1	1	-

2.2 No. of permanent faculty with Ph.D.

6
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2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year

Asst. Professors		Associate Professors		Professors		Others		Total	
R	V	R	V	R	V	R	V	R	V
	5								

2.4 No. of Guest and Visiting faculty and Temporary faculty

0	0	0
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2.5 Faculty participation in conferences and symposia:

No. of Faculty	International level	National level	State level
Attended	-	17	-
Presented papers	-	11	-
Resource Persons	-	3	2

2.6 Innovative processes adopted by the institution in Teaching and Learning:

#### INNOVATIONS IN TEACHING-LEARNING

##### TEACHING

- With the help of modern teaching aids, teaching and learning became more understandable and fulfil the present needs of the students.
- The feedback from the subject teachers, students, evaluators and other stake holders inferred that the students are able to get the depth of the course content, satisfied towards the coverage of the course, satisfied towards delivering lectures by the faculty, students are able to apply the knowledge at their work place/real time situations in a best manner, students liked the environment of the institution and infrastructure and gained communication skills, behavioural skills and level of confidence.
- In teaching the theory subjects, all the teachers are encouraged to prepare e-techniques to improve the attention span of the students and also concentration levels.
- While teaching the practical, our staff members make use of the following teaching aids to make the classes more interesting and effective:

S. No.	Name of the game	Name of the teaching aid
01	Ball badminton Wall practice	stroke targets
02	Basketball Shooting for accuracy	Basketball Shooting for accuracy
03	Cricket	Batting: Hanging balls, bowling machine Bowling: Bowling accuracy, bowling high arm action marker Fielding: Uneven catching, throwing in to the net, throwing for accuracy
014	Football	Rebound board, Accuracy ring, Hanging ball to improve Heading, Dodging, stick, cones, mini goals.
05	Handball	Rebound board, Shooting ring
06	Hockey	Hitting and stopping, rebounder board, Dribbling and dodging: dribbling around the cones, Scooping: scooping ring, shooting: shooting target, Passing: passing accuracy
07	Kabaddi	Escaping bar, raiders kicking the ball and touching Indian clubs
08	Kho-Kho	Chasing: Frame kho, Pole dive: Nail board, pole dive and touching the banging ball, Dive: reach dive (horizontal and vertical), dive and touch the hanging ball
09	Shuttle badminton	Hitting for accuracy, serving for accuracy, targets for various strokes
10	Table Tennis	Table tennis ball feeding machine, strokes target
11	Tennis	Tennis ball feeding machine, wall practice, targets for various strokes.
12	Throwball	Shooting for accuracy ring, Rebound wall
13	Volleyball	Over head pass ring, Under arm pass ring

## LEARNING

- Experienced learning is exercised through the external events i.e. visiting (High Level Sports Meets and Tournaments, advanced play surfaces and play courts)

- Knowledge thrust is fulfilled through National Information Consortia like Information and Library Network (INIFLIBNET) and other open sources.
- Language laboratory for self learning
- Organizing class seminars and question relay for students
- Working models for all the games and track and field
- Models and charts for teaching theory subjects.
- In addition to the above all, our teachers are encouraged to prepare CD's of their game of specialization with the fundamental skills, drills and lead up games.

**2.7 Total No. of actual teaching days during this academic year** 200

**2.8 Examination/Evaluation Reforms initiated by the Institution (for example: Open Book Examination, Bar Coding, Double Valuation, Photocopy, Online Multiple Choice Questions)**

- Centralized CIA test
- Transparency - supply of photocopy
- Results through college website
- Supplementary Examination
- Improvement Examination

**2.9 No. of faculty members involved in curriculum restructuring/revision/syllabus development as member of Board of Study/Faculty/Curriculum Development workshop** 0 0 8

**2.10 Average percentage of attendance of students** 88.36%

**2.11 Course/Programme wise Distribution of pass percentage:**

Title of the Programme	Total no. of students appeared	Division				
		Distinction (%)	First Class (%)	Second Class (%)	Third Class (%)	Pass (%)
*B.P.Ed., I <sup>st</sup> year	49	6.12%	75.51%	-	-	81.63%
M.P.Ed., Ist year	39	10.26%	89.74%	-	-	100%
M.P.Ed., II <sup>nd</sup> year	23	47.83%	52.17%	-	-	100%
M.Phil.,	7	57.14%	14.28%	-	-	71.42%

\*From the academic year 2015-2016 onwards, one year B.P.Ed., course had been changed into as two year course as per the NCTE norms)

## 2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes:

- The IQAC of our institution contributes monitors and evaluates the Teaching and Learning processes by way of reviewing through the periodical faculty meetings.
- The outcomes of various proposals suggested in the IQAC are put in to practice for enhancing the quality of education system.
- The IQAC also decides on the modifications to be taken to improve and sustain the quality of our higher education.
- The IQAC extends its expertise by observing outside colleges and other corporate and government organizations.

## 2.13 Initiatives undertaken towards faculty development :

Faculty / Staff Development Programmes	Number of faculty benefitted
Refresher courses	1
UGC – Faculty Improvement Programme	8
HRD programmes	5
Orientation programmes	2
Faculty exchange programme	5
Staff training conducted by the university	-
Staff training conducted by other institutions	2
Summer / Winter schools, Workshops, etc.	2
Others	-

## 2.14 Details of Administrative and Technical staff

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff	4	2	-	2
Technical Staff	6	3	-	3

### Details of Administrative and Technical staff (Unaided)

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff	5			
Technical Staff	3			3

## Criterion – III

### 3. Research, Consultancy and Extension

#### 3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

- The IQAC meets regularly to discuss various plans to promote research climate and motivate the faculty for academic advancement. Through the research equipments, quality of research is enhanced.
- The full fledged research centre working since 6.2.2014 is anchored for extending our research facilities to the other institutions and research scholars by collecting nominal charges towards the maintenance cost of the equipment.
- IQAC of the institution encourages the staff members to undertake major and minor research projects and to organize and to participate in the seminars, workshops and conferences, etc.,
- The staff and students are given proper guidance to avail the fellowships offered by various funding agencies for research.
- Staff and Students are encouraged to undertake research activities.

#### 3.2 Details regarding major projects

	Completed	Ongoing	Sanctioned	Submitted
Number	1	-	1	1
Outlay in Rs. Lakhs	6,93,000.00			

#### 3.3 Details regarding minor projects

	Completed	Ongoing	Sanctioned	Submitted
Number	1	-	1	1
Outlay in Rs. Lakhs	70,000.00			

#### 3.4 Details on research publications (Refer Annexure – V, VI & VII)

	International	National	Others
Peer Review Journals	1	20	-
Non-Peer Review Journals	-	-	-
e-Journals		-	-
Conference proceedings	1	10	-

**3.5 Details on Impact factor of publications:**

Range  Average  h-index  Nos. in SCOPUS

**3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations – Nil**

3.7 No. of books published i) With ISBN No.  Chapters in Edited Books

ii) Without ISBN No.

**3.8 No. of University Departments receiving funds from**

UGC-SAP  CAS  DST-FIST   
DPE  DBT Scheme/funds

**3.9 For colleges**

Autonomy  CPE  DBT Star Scheme   
INSPIRE  CE  Any Other (specify)

3.10 Revenue generated through consultancy

**3.11 No. of conferences organized by the Institution**

Level	International	National	State	University	College
Number	-	1	2 (workshops)	-	-
Sponsoring agencies	-			-	-

3.12 No. of faculty served as experts, chairpersons or resource persons

3.13 No. of collaborations International  National  Any other

3.14 No. of linkages created during this year

**3.15 Total budget for research for current year in lakhs :**

From Funding agency  From Management of University/College   
Total

**3.16 No. of patents received this year: Nil**

**3.17 No. of research awards/ recognitions received by faculty and research fellows of the institute in the year: Nil**

**3.18 No. of faculty from the Institution who are Ph. D. Guides and students registered under them**

	<input type="text" value="3"/>
	<input type="text" value="6"/>

**3.19 No. of Ph.Ds awarded by faculty from the Institution**

**3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)**

JRF  SRF  Project Fellows  Any other

**3.21 No. of students Participated in NSS events: 92**

**3.22 No. of students participated in NCC events: Not Applicable**

**3.23 No. of Awards won in NSS: -**

**3.24 No. of Awards won in NCC: Not Applicable**

**3.25 No. of Extension activities organized**

University forum	<input type="text"/>	College forum	<input type="text" value="27"/>	
NCC	<input type="text"/>	NSS	<input type="text" value="14"/>	Any other <input type="text"/>

**3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility**

- The college encourages the faculty and students to take up various activities relating to extension and social responsibilities.
- Apart from the regular work, all of our faculty and students actively took part in various social activities like “Swacch Bharath”, National Unity day, Independence Day and Republic Day, Rural coaching, Play festival for rural based elementary schools to create awareness on fitness and wellness, national integration, yoga and spirituality.

- Our college students acted as officials in the following tournaments/events:

S. No	Date	Institution	Event	No. of students
1.	31.05.2015	Sri Annai Karangal Association, Coimbatore	Cricket	03
2.	16.07.2015	SRMV Polytechnic College	Kabaddi	04
3.	24.07.2015	SRMV Polytechnic College	Annual Athletic Meet	25
4.	24.07.2015 to 25.07.2015	4 <sup>th</sup> SNR Chinnasamy Naidu Memorial Trophy	Basketball, Ball Badminton & Volleyball	18
5.	22.07.2015 to 17.08.2015	Vidya Vikasini Mat. Hr. Sec. School, Coimbatore	North Zonal Sport Meet & Games	26
6.	07.08.2015 To 13.08.2015	National School, Mettupalayam	Zonal tournaments for volleyball and football	04
7.	16.08.2015	District Forest Office, Coimbatore	District Forest Sports Meet	04
8.	19.08.2015	Anna University, Coimbatore	Basket Ball	04
9.	07.09.2015	Ramakrishna Engineering College	Yi champions league football tournament	08
10.	11.09.2015 to 13.09.2015	District Forest Office, Coimbatore	22nd Tamil Nadu State Level Forest Sports Meet	20
11.	12.09.2015 to 16.09.2015	Kumaraguru College of Technology, Coimbatore	Anna University XI cricket tournament	20
12.	10.09.2015 to 11.09.2015	Coimbatore Badminton Association, Coimbatore.	Dr. APJ Abdul Kalam Badminton trophy	02
13.	27.09.2015	Coimbatore Civil Engineers Association	Cricket	2



14.	21,22,23,28 & 29.12.2015	‘Clean Vidyalaya’	Play fields	150
15.	03.10.2015	Periyanaickenpalayam, Annur, Karamadai, Thudialur & Saravanampatti	Ground Utilization	-
16.	04.10.2015	Coimbatore Civil Engineers Association	Cricket	25
17.	06.10.2015	KSB pumps recreation club, Coimbatore	Cricket	-
18.	08.10.2015 & 09.10.2015	RVS Homeopathy Medical College and Hospital, Coimbatore	Dr. MGR Medical University Inter Collegiate Volleyball, Basketball & Ball Badminton tournaments	10
19.	10.10.2015 & 11.10.2015	Sree Sakthi Engineering College, Coimbatore	Anna University North Zone Athletic Meet	30
20.	17.10.2015 To 18.10.2015	United Institute of Technology, Coimbatore	Anna University Inter Zone women hockey tournament	08
21.	26.11.2015 to 28.11.2015	Ramakrishna Mission Vidyalaya	youth convention	39
22.	20.12.2015	KSB pumps recreation club, Coimbatore	Badminton	08
23.	09.01.2016	Nachimuthu Polytechnic College, Pollachi	SIICAA tournament	06
24.	05.02.2016 to 25.02.2016	Panchayat Union Elementary Schools, Periyanaickenpalayam, Karamadai	Play Festival	50
25.	27.02.2016 and 05.03.2016	Sri Guru Institute of Technology, Coimbatore	Intramural tournaments	20

26.	01.03.2016 to 06.03.2016	PSG College of Arts and Science, Coimbatore	40 <sup>th</sup> National Veteran Badminton Championship tournament	20
27.	08.01.2016	‘Swachh Bharat’	Periyanaickenpalayam Railway Station	150

- As a part of ‘Swachh Bharat’, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, has taken up the responsibility of cleaning and maintaining the Periyanaickenpalayam Railway Station.
- Our alumni association conducted workshops and training classes for the benefit of physical education teachers of various schools.
- The college ensures the involvement of the staff and students in its outreach activities such as Blood Donation camps, Anti-Ragging Campaign, Awareness, Road Safety Awareness, Anti-Tobacco Awareness, Voters’ campaigns, Swine Flu prevention awareness campaigns and contributes to the community development through various co-curricular forums and the Alumni association.
- Parents association and Alumni association offer constructive suggestions regarding outreach programmes.

## Criterion – IV

### 4. Infrastructure and Learning Resources

#### 4.1 Details of increase in infrastructure facilities:

Facilities	Existing	Newly created	Source of Fund	Total
Campus area	11,735.26 (sq.mts.)			
Class rooms	7			7
Laboratories	8			8
Seminar Halls	2	-		2
No. of important equipments purchased ( $\geq$ 1-0 lakh) during the current year.	-	-	-	2
Value of the equipment purchased during the year (Rs. in Lakhs)	-	-	UGC Autonomy	2,55,394.00
Others				

Important equipments purchased ( $\geq$  1-0 lakh) during the current year.

S.No	Name of the Equipment	Qty	Amount
-			

## 4.2 Computerization of administration and library

### Computerization of administration

Our college is following partial e-governance with below mentioned services:

- College student and staff activities have been computerised and intimated in the library portal.
- e-search has been available to all staff and students.
- College activities are uploaded in our college website.
- e-learning content development programme is initiated.
- Institutional repository is stored and periodically updated.

### Computerization of library

The following Integrated Library Management Activities are computerized:

- e – Repository of Books and Journals.
- Books Issue and Return is computerized.
- e-Gate Register entry Student's is registered.
- e-search is facilitated for in-house materials through OPAC (Online Public Access Catalogue).
- Books are marked with Barcode Label.
- Students can register their entry through Barcode reader.
- e- Learning facilities are referred through digital library.
- e-Reference is available library e-mail ([infomcpelibrary@gmail.com](mailto:infomcpelibrary@gmail.com)).
- e-Bibliography compilation is followed.

### 4.3 Library services:

	Existing		Newly added		Total	
	No.	Value	No.	Value	No.	Value
Text Books	4471	5,00,395.00	1236*	16212.00	5707	5,16,607.00
Reference Books	171	4,35,574.11	03	583.20	174	4,36,157.30
e-Books	-	-	-	-	-	-
Journals	12	87,171.00	-	-	12	1,00,424.00
e-Journals	-	-	-	-	-	-
Digital Database	01	5000.00	N-List**	-	01	5750.00
CD & Video	303	14,060.00	-	-	-	-
Others (specify)	-	-	-	-	-	-

\* 1053 Books Donate Books / 183 Purchased Books

\*\*N-LIST: National Library and Information Services Infrastructure for Scholarly Content

#### 4.4 Technology up gradation (overall)

	Total Computers	Computer Labs	Internet	Browsing Centres	Computer Centres	Office	Departments	Others
Existing	42	13	3	2	1	4	7	4
Added	-	-	-	-	-	-	-	-
Total	42	13	3	2	1	4	7	4

#### 4.5 Computer, Internet access, training to teachers and students and any other programme for technology upgradation (Networking, e-Governance etc.)

- e-Facilities are provided to our staff and students for teaching and learning and personal development.
- e-library consortium (INFLIBNET) is used by the staff and students for their research development.
- e-smart classes are in three numbers leveraging teaching more comprehensive.
- Regular computer training is provided to our staff and students in association with our Vidyalaya polytechnic college, IT faculty.

#### 4.6 Amount spent on maintenance in lakhs :

i) ICT	30,688.00
ii) Campus Infrastructure and facilities	40,15,235.00
iii) Equipments	2,55,394.00
iv) Others	4,79,852.00
<b>Total :</b>	<b>47,81,169.00</b>

### Criterion – V

## 5. Student Support and Progression

### 5.1 Contribution of IQAC in enhancing awareness about Student Support Services

- Stakeholders feedback and current needs of the students are presented in the IQAC meetings and college activities are also reformed and updated for the enhancement of the quality of the institution.
- IQAC creates awareness among the students about the students support services available in the institution.
- IQAC's contribution to the students betterment coincided with the motto of the IQAC's achievement without fear or favour.

## 5.2 Efforts made by the institution for tracking the progression

The institution monitors and ensures the achievements of the learning outcome through analysis of the tests, examination results and the pass percentage arrived in the Results Passing Board Meeting

### 5.3 (a) Total Number of students

UG	PG	Ph. D.	Others
50	64	6	7

(b) No. of students outside the state

4
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(c) No. of international students

-
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Men	No	%	Women	No	%

Last Year(2014-2015)						This Year(2015-2016)					
General	SC	ST	OBC	Physically Challenged	Total	General	SC	ST	OBC	Physically Challenged	Total
51	35	4	73	-	163	46	27	1	53	-	127

Demand ratio 1:4.44

Dropout % 2.36%

### 5.4 Details of student support mechanism for coaching for competitive examinations (If any)

UGC-NET coaching classes were conducted for our M.Phil and MPed II year students from 10.12.2015 to 13.12.2015 and 23.12.2015. Dr. P. Rajinikumar, Assistant Professor, Department of Exercise Physiology and Nutrition, Tamil Nadu Physical Education and Sports University, Chennai and Mrs. NS. Kothai, Assistant Professor, Department of Computer Application, Dr. MGR. Janaki College of Arts and Science for Women, Chennai are the external resource persons.

No. of student beneficiaries

75
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### 5.5 No. of students qualified in these examinations

NET	<input type="text" value="1"/>	SET/SLET	<input type="text"/>	GATE	<input type="text"/>	CAT	<input type="text"/>
IAS/IPS etc	<input type="text"/>	State PSC	<input type="text"/>	UPSC	<input type="text"/>	Others	<input type="text"/>

### 5.6 Details of student counselling and career guidance

- A separate 'Career guidance and counselling cell' is established with a staff in-charge and the students are encouraged to reveal their problems, and they were addressed suitably.
- As Students have to feel at home in our campus, class teachers are taking care of every student personally to solve their grievances.
- The institution has class-wise ward advisors for student support and mentoring.

- To improve the communication skills in English, our college included a paper on “Communication skills” in the curriculum as a supportive paper.
- Our college invites eminent human resource personnel from the reputed employment franchises to create awareness to the students how to face the interviews successfully.
- Low achievers are not left but due attention is given to improve them by conducting special classes in their weak areas.
- Placement Cell arrange campus interviews by inviting various resourceful bodies for placement of the students.
- Through the students welfare association, the students are encouraged to exhibit their skills and talents through various activities.
- Tutor ward meetings are conducted for the guidance and counselling.
- Students are encouraged to publish their articles, poems and drawings in the college magazine.

No. of students benefitted

147

### 5.7 Details of campus placement

On campus			Off Campus	No. of Students opted for Higher Studies
Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed	
19	30	18	4	8

### 5.8 Details of gender sensitization programmes

Not Applicable

### 5.9 Students Activities

#### 5.9.1 No. of students participated in Sports, Games and other events

State/ University level

26

National level

1

International level

-

No. of students participated in cultural events

State/ University level

National level

International level

**5.9.2 No. of medals /awards won by students in Sports, Games and other events**

Sports: State/ University level  National level  International level

Cultural: State/ University level  National level  International level

**5.10 Scholarships and Financial Support**

Particulars	Number of students	Amount
Financial support from institution	16	3,00,000.00
Financial support from government	63	4,28,025.00
Financial support from other sources		-
Number of students who received International/ National recognitions	-	-

**5.11 Student organised / initiatives**

Fairs : State/ University level  National level  International level

Exhibition: State/ University level  National level  International level

**5.12 No. of social initiatives undertaken by the students**

**5.13 Major grievances of students (if any) redressed:**

- Spoken English coaching
- Arrangements of computer classes
- Providing pure water by installing water doctors.
- Providing internet facilities at our library.
- Facilitating physical education institutions visit

**Criterion – VI**

**6. Governance, Leadership and Management**

**6.1 State the Vision and Mission of the institution**

**VISION**

The vision of the college is to provide personal, intellectual and professional growth of its students and staff and to produce an ideal physical education teacher with emphasis on man making and character building education.

## MISSION

- Preparing physical education teachers of highest caliber both in theory and practical.
- Aspiring for global standards of quality teaching, research and publication and commitment to service to the community.
- Imbibing Indian cultural values and work ethics in the minds of student teachers.

### 6.2 Does the Institution has a management Information System

Yes. The Institution has a well established management Information System with the software ICAS (Integrated College Administrative Software).

- Administrative procedures including finance
- Class Time table
- Generating Transfer Certificate and Course Efficiency Certificate
- Student admission
  - Registration
  - Generating selection list and waiting list
  - Students name and address list
- Student attendance
- Consolidated attendance list
- Attendance defaulters list
- Evaluation and examination procedures
- Generating examination time table
  - Entry of internal assessment marks
  - Generating odd and even semester mark sheets
  - Online publication of results
- Research activities
  - Research scholars' admission details
  - Research topics database formation
- Others
  - Students' feedback
  - Teacher Appraisal Reports



### **6.3 Quality improvement strategies adopted by the institution for each of the following:**

#### **6.3.1 Curriculum Development**

- Many innovations in curriculum design and evaluation are carried out by the institution through experts and stakeholders.
- On the basis of students feedback too, new curriculum designed to support the industry-institution interactions.
- The syllabi reformation suggested by the National Council for Teacher Education (NCTE) and expert bodies like Tamilnadu State Council for Higher Education (TANSCH) are taken into consideration.
- Curriculum construction is based on the job market competency.
- Choice Based Credit System (CBCS) is made effective by providing many courses in allied and non major subjects.
- All the courses are designed to increase the employability skills of the students. The following career oriented courses are offered: Aerobics, Fitness, Kalaripayattu, Tennis and Yoga

#### **6.3.2 Teaching and Learning**

- Traditional teaching and learning of all courses are transformed into the student centric.
- The computer aided teaching and learning is central point of our teaching and learning methods.
- Faculty members submit their course plan for theory and practical which are reviewed by IQAC with the assistance of external experts.
- Faculty members prepare course materials for students self study.
- Our college provides extramural inputs to develop the professional skill experts' interaction and experiential learning.
- Teaching and learning process is moulded through feedback mechanism by evaluating the teaching and learning activities and reviews collected at the right times in an academic year helps to make necessary changes and to implement to ease the teaching and learning.
- Our faculty is potential and competent enough to make students ready to become an employable graduate.
- Library quality improvement initiatives increase the usage of library and digital library.
- Self study is motivated through compulsory library based assignments from books, journals, internet and skill convallescung library services.

#### **6.3.3 Examination and Evaluation**

- Our college follows even and odd semester examination systems.
- Students are informed about the evaluation processes in the students handbook and syllabus prepared by the IQAC.
- Online circulation of semester examination time table is available in our college website.
- Dummy number system is followed for the semester examinations.
- Internal Continuous Assessment Examination for all theory papers.
- Central valuation by external examiners
- Results are published though our college website.
- The declaration of results is done within the 15 days from the date of last examination.

- The question paper pattern is prepared with a view of our students should read and understand the subject knowledge by studying the subject thoroughly.
- Display of best answer scripts after the publication of results.
- Evaluation and feedback about question papers from students, faculty and evaluators are used for constant best performance monitoring and suggestions for improvement to the mentors.

#### **6.3.4 Research and Development**

- Our college “Research Centre” in Physical Education and Sports Sciences provides research scholars necessary inputs derived from national and international level.
- Our college has research committee consisting of inter faculty members to encourage and monitor research activities. Our research committee meets regularly to monitor the research progression and explores the new avenues in our discipline.
- Staff members are encouraged to avail, major and minor projects from University Grants Commission (UGC) development programme.
- Staff and students are encouraged to attend seminar and workshops pertaining to their specialised areas.
- To conduct advanced research, college provides latest research equipments.
- We are publishing a biannual research journal, known as ‘Journal of Physical Education and Sports Sciences’(JOPESS) with ISSN – 0976-6618.

#### **6.3.5 Library, ICT and physical infrastructure / instrumentation**

##### **Library infrastructure / instrumentation:**

Our library is well spaced internally to accommodate 100 students at a time an effective reading.

Display of new arrivals, paper clippings, informations frontline and state, national and international events are routine functions of our library.

Separate section is available to our research scholars for reference purpose.

A forefront **Integrated Library Management Automation System** is functioning for the following library services:

- e - Stack of Books and Journals.
- Issue of books and return is computerized.
- Students entry is registered through e-Gate Register.
- e-search is facilitated for in-house materials through OPAC (Online Public Access Catalogue).
- Books are marked with Barcode label.
- Students can register their entry through Barcode reader.
- e-Resources are referred through digital library.
- e-Reference is provided through library e-mail ([infomcpelibrary@gmail.com](mailto:infomcpelibrary@gmail.com)).
- e-Bibliography compilation is educated to User / Information literacy is followed.
-

- A new external hard disk is installed for library back up and repository purpose as follows:

S.No	Name of the Equipment	Qty	Amount	Account
1	2TB HDD External Hard disk	1	6,695.00	UGC Grant Account

- Literary orientation programme is organized for new users at the beginning of every year to ensure that users can make use of library resources and services to their own satisfaction and feel at home in the library and understand the competency of the library.

### **ICT infrastructure / instrumentation:**

Three class rooms are equipped with LCD projectors for modern teaching

A smart class room is available with latest interactive e-board

Our staff members are motivated to teach with power point presentations, instruction models and teaching aids.

To ensure the hi-fi status of our research centre every laboratory is fully equipped with modern research instruments.

### **The following equipments are available in our research laboratories as follows:**

#### **Computer and English language laboratory**

S.No	Name of the Equipment	Qty	Amount	Head of Account
1	Plastic CD Box	400	7200.00	UGC Grant Account
2	Audio System(Two Speaker, Micro Phone, etc.,)	1	40029.00	
3	Audio System (Head Phone, Network wire, etc.,)	1	25935.00	
<b>Total</b>			<b>73164.00</b>	

### **Physical infrastructure / instrumentation:**

Our college exercises its efforts to elevate the physical infrastructures/instrumentation from mere teaching learning substratum to competition organizable base as follows:

- Standard Track and Field with drainage system (anti water logging system)
- Two Indoor synthetic tennis courts.
- Four Indoor badminton “Garbo Synthetic” courts with flood light facility.
- Table Tennis Hall
- Modernised Multi Stationed Gym

- Various complexes for all games
- Modernised Advanced Research Laboratories
- Computerised Administrative Block
- Air conditioned conference hall with modernized audio visual backup
- Hostel facility to accommodate more than 300 students

#### **Furniture's for Administrative Office, Conference Hall and Principal Room**

<b>S.No</b>	<b>Name of the Equipment</b>	<b>Qty</b>	<b>Amount</b>	<b>Head of Account</b>
1	Anatomical items	1 set	66300.00	<b>UGC Grant Autonomy Account</b>
2	Water Doctor	1	44000.00	
3	Fire Exitnguisher	2	8750.00	
4	V-Gurad Stablizer	1	5380.00	
5	White board & Stand	1	2585.00	
6	12V 75AH Exide 6EL Tubular Battery	8	60000.00	
7	Steel bervo - Glass type	4	56000.00	
8	Layout board fixing work	1	37216.00	
9	Name boards (Vision, Mission, etc.,)	4	23221.00	
10	Projector Screen	1	5000.00	
11	Tables	20	150000.00	
<b>Total</b>			<b>458452.00</b>	

#### **6.3.6 Human Resource Management**

- Our college is managing our human resources in a free and democratic manner.
- Our faculty members are provided with opportunities for personal, professional along with institutional growth.
- Our teaching and non-teaching members are encouraged to go for higher studies by providing necessary facilities.
- Teaching and non-teaching members' views on organizational developments are invited and studied thoroughly for the proper implementation.
- Our college latest sports infrastructures play facilities and relevant research facilities committed to upgrade our staff potential and student's skills development
- Our college is following creative pedagogy with the innovative ICT facilities.
- Our college students are provided with field practice and experience at schools, colleges, industries, government bodies and to the selected rural areas outside the campus which enables the sources to fit enough for their professional competency.
- Faculty members and students are provided with necessary facilities for the teaching learning innovations such as attending training externally, internship, field visit, attending seminars and workshops of national and international level.
- Staff and students achievements are recognized with appreciation and rewarding.

### **6.3.7 Faculty and Staff recruitment**

The staff requirement is assessed on the basis of the students' strength, vacancies arising due to retirement and as per the workload norms prescribed by the government.

- The qualifications for teachers of various courses are prescribed by the UGC and the Government of Tamilnadu from time to time.
- The posts both for teaching and non-teaching in the aided stream are sanctioned by the Director of Collegiate Education based on the work load of the individual department submitted by the college.
- The posts are filled up following the Roster system as prescribed by the Directorate of Collegiate Education. Faculty members by a seven member selection committee.
- The selection of the candidates is then approved by the college committee. For unaided programmes, a five member selection committee comprising of two members from the Management, Principal, Administrative Officer, and Head of the concerned Department are involved in recruiting the candidate.

### **6.3.8 Industry Interaction/Collaboration**

Our college is having Memorandum of Understanding (MOU) with the following organisations for the mutual benefit.

- Nanjappa fitness equipments, Coimbatore.
- Tamilnadu State Kho-Kho Association, Chennai.
- Levo Sports, Coimbatore.
- Tamilnadu State Amateur Kabaddi Association, Tiruppur.
- Tamilnadu Handball Association, Chennai.
- Tamilnadu Athletic Association, Chennai.
- RVS College of Physiotherapy, Coimbatore.
- KG College of Physiotherapy, Coimbatore.
- Tamilnadu State Forest Department, Coimbatore.

### **6.3.9 Admission of Students**

- College admission committee is formed to plan and implement the strategies for the admissions.
- Our college admissions are done according to the norms prescribed by the Tamilnadu State Government and Tamilnadu Physical Education and Sports University. It is to be noted that management quota also filled on the basis of merit, no capitation fees is collected from the students.
- For our college admission, advertisement is given in all the regional dailies and also through college website and alumni. Our teaching staff visited various colleges and addressed the students to create an awareness about the physical education courses offered by our college.
- Every year a review meeting of the Admission Committee is held to ensure the improvement in admission process.

#### 6.4 Welfare schemes for

Staff	Aided	Self Financing
Teaching	First Aid and Ambulance service, Medical services at our Vidyalaya charitable dispensary, Group Insurance, campus Quarters and New Health Fund Scheme	First Aid and Ambulance service, Medical services at our Vidyalaya charitable dispensary, Medi-claim and campus Quarters
Non Teaching	First Aid and Ambulance service, Medical services at our Vidyalaya charitable dispensary, Group Insurance, campus Quarters and New Health Fund Scheme	First Aid and Ambulance service, Medical services at our Vidyalaya charitable dispensary, Medi-claim and campus Quarters
Supportive Staff	First Aid and Ambulance service, Group Insurance, Medical services at our Vidyalaya charitable dispensary, campus Quarters and New Health Fund Scheme	First Aid and Ambulance service, Medical services at our Vidyalaya charitable dispensary, Uniform , Group Insurance and Campus Quarters
Students	<ul style="list-style-type: none"> <li>• First Aid and Ambulance service by our vidyalaya management</li> <li>• Medical services at our Vidyalaya charitable dispensary</li> <li>• Group insurance provided by Tamil Nadu Physical Education and Sports University, Chennai</li> </ul>	

#### 6.5 Total corpus fund generated

Rs.20,00,000.00
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#### 6.6 Whether annual financial audit has been done

Yes  No

#### 6.7 Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	Yes	Experts from other universities	Yes	Inter departmental
Administrative	Yes		Yes	Management Audit

**6.8 Does the University/ Autonomous College declares results within 30 days?**

For UG Programmes      Yes  No

For PG Programmes      Yes  No

**6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?**

- Internal Board of Studies is convened to plan the examination and evaluation procedures of our college and which will be implemented accordingly.
- The plans chartered out in the Internal Board of Studies are submitted in the Board of Studies meeting, then recommends to the Academic Council for approval.
- Examination and evaluation procedures implemented after the approval of Academic Council.
- Online circulation of semester examination time table in our college website.
- Dummy number system is followed for the semester examinations.
- Internal Continuous Assessment Examinations are conducted for all theory papers.
- Practical examinations are conducted with external examiners.
- Central valuation was conducted by external examiners
- Results are published through our college website.
- The declaration of results is done within the 15 days from the date of last examination.
- Examination contents is assessed by feedback collected from students, faculty members and external evaluators.

**6.10 What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?**

The Tamilnadu Physical Education Sports University, Chennai is co-ordinating in all aspects of our requirement for the facilitating of autonomy of our college.

**6.11 Activities and support from the Alumni Association**

- Maruthi Alumni Association (MAASS) of 1989-90 batch students organized a meeting in our campus on 02.08.2015 at 2.30 pm. They visited our college infrastructural facilities, research laboratories, digital library and other developments of the institute. After the visit they contented about the institution's infrastructure improvements and promised their whole hearted support for the face lift of our institution.
- All of our Maruthi Alumnus were gathered on 29.01.2016, Friday at 4.00 pm to interact with NAAC peer team members who visited for re-accreditation to our college.
- Alumni Association arranges for the 'Alumni Home Coming' of various batches to meet at the college and to spend the day
- State level workshop cum referee examination in 'Kho-kho' was conducted by our college on 21st and 22nd August, 2015 has been conducted with firm cooperation of our alumni.
- All the major activities of our college are informed to the alumni.

- Alumnus supports in the curriculum development functioning in the IQAC and Board of studies meetings.
- Alumnus play vital role in the placement services of our students.
- The following alumnus of our institution were honoured as chief guest for the below mentioned programmes:
  - Dhyanchand house of our college conducted first project sports meet on 05.08.2015 at our college. **Dr. STN. Rajeswaran (Alumni)**, Professor, Department of Physical Education, Bharathiar University, Coimbatore, invited as a chief guest and delivered the valedictory address and distributed the prizes.
  - National Service Scheme (NSS) programme inaugural function was conducted on 14.09.2015. **Dr. T. Radhakrishnan (Alumni)**, NSS co-ordinator and Associate Professor, Department of Physical Education, Bharathiar University, Coimbatore invited as a chief guest and address the students.
  - The III<sup>rd</sup> project sports meet organized by the Sachin Tendulkar house on 15.12.2015. In the valedictory function, **Dr. S. Somasundaramurthy (Alumni)**, Director of Physical Education, PSG College of Technology, Coimbatore, invited as a chief guest and gave medals to the winning athletes.
  - The 4<sup>th</sup> project sports meet organized by the Milkha Singh house on 11.03.2016. In the valedictory function, **Dr. R. Annadurai (Alumni)**, Associate Professor, Department of Physical Education, Bharathiar University, Coimbatore, invited as a chief guest and gave medals to the winning athletes.
- Alumni are also supporting college admission.

#### **6.12 Activities and support from the Parent – Teacher Association**

- Feedback survey from parents reflected their fullest satisfaction of their wards and their performance.
- The Parent-Teacher Association agreed to render moral support to the students' wellbeing in maintaining the students discipline, placement cell services and smooth running of our college.
- The Parent-Teacher Association agreed to support, to elevate the students to be an ideal physical education teacher with a commitment to serve the society.
- Parents suggestions are acknowledged by making necessary arrangements for the students to create a homely atmosphere in our campus.

#### **6.13 Development programmes for support staff**

- The institution deputed support staff to attend staff development programmes organized by Government and non-Government bodies.
- Support staff are provided with computers, internet and ICT facilities.
- Our college encourages support staff to continue their higher education
- Support staff are empowered with proper skill training
- Personal counselling facility is extended to the supportive staff to alleviate their personalized inconveniences.



#### **6.14 Initiatives taken by the institution to make the campus eco-friendly**

- Students are encouraged to plant the tree saplings, in and around the college campus, and also to look after them. These tree saplings are procured from our sister institution, Institute of Agricultural and Rural Development and also from the Tamil Nadu Forest department.
- Our college conducted in campus and off campus cleaning awareness programmes through “Swachh Bharat”. All of our students and staff served as volunteers in cleaning and maintaining the Periyanaickenpalayam Railway Station and our campus is kept litter free zone.
- Plastic usage is avoided.
- Rain water harvesting structures are developed.
- Renewable waste water is recycled to use for gardening.
- Efforts for carbon neutrality are achieved by thick plantations.

### **Criterion – VII**

#### **7. Innovations and Best Practices**

##### **7.1 Innovations introduced during this academic year which have created a positive impact on the functioning of the institution. Give details.**

- Specific training programmes are prepared by the staff members to give training in their area of specialisation to various categories of players.
- New research programmes are being undertaken by the staff for their major and minor research projects.
- Innovative teaching is provided with smart class and other latest ICT facilities to make them understand that education is a lifelong learning process.
- The staff members have prepared e-content gadgets to teach fundamental skills in their respective specialization.
- Adapted physical activities are specially designed by our staff for the benefit of special children in and around our college campus.

##### **7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year**

**Enclosed as Annexure - I**

##### **7.3 Give two Best Practices of the institution (please see the format in the NAAC Self-study Manuals)**

- Man making and character building education
- Adapted games and rehabilitation programme for persons with disability

For further details Refer **Annexure –VIII**

#### 7.4 Contribution to environmental awareness / protection

- The Institute is very conscious towards the conservation and safety of the environment. It has undertaken the following measures:
- Nurturing plants and greenery, both inside and outside the campus.
- Buildings are constructed to have natural light and ventilation for the entire building.
- Water Conservation techniques are adopted.
- Organizing a guest lectures with the forest department for the cause of environment conservation.
- Recycled water is used for gardening.

7.5 Whether environmental audit was conducted? Yes  No

#### 7.6 Any other relevant information the institution wishes to add. (SWOC Analysis)

##### Strengths

- Sri Ramakrishna Mission Vidyalaya is known for discipline in general and our Maruthi College of Physical Education is specially meant to prepare an ideal physical education teacher
- 'Value Education' is imbibed in each and every activity of our college
- Our campus provides peaceful and spiritual ambience for an ideal transaction of teaching – learning
- The best infrastructural facilities are available for teaching physical education activities
- Our college is having enough laboratory and library facilities to do research (M.Phil and Ph.D.,)
- Our institution's co-curricular and extension activities do provide excellent exposure to our students.
- Our institution is imparting education with latest ICT techniques

##### Weaknesses

- Most of our students are from rural areas and economically poor, their exposure to the good academic institutions was not there
- Most of the students are finding it difficult to follow the english medium, particularly the post graduate students
- Many of the students are introverts, and low in self-confidence

##### Opportunities

- Eventhough the students are introverts and are not confident, but they are having talent, which can be nurtured
- Many educational institutions, both schools and colleges are coming forward to conduct campus interviews and to recruit our students as they find our students as sincere, punctual and disciplined when compared to the students of other colleges.
- Our college management gives lot of encouragement to conduct many number of extra curricular and extension activities, which enhances the personality of the student –trainees.
- Sacred atmosphere, with the learned teaching faculty, and best infrastructural facilities are the salient features of our institution.

## **Challenges**

- Students are coming from various colleges and various backgrounds, initially they find it difficult to adjust with the disciplined nature of our institution.
- Students are not good enough in English and in basic computer skills

## **8. Plans of institution for next year 2016-2017**

### **I. Curricular aspects**

#### 1. Syllabus:

B.P.Ed., and M.P.Ed Syllabus are to be modified by Board of studies and academic council.

#### 2. Admissions:

- a. Brochures are to be prepared with the details of courses offered and circulate them to various colleges.
- b. Staff members may visit prominent Arts and Science Colleges and address the students to create an awareness about the availability of various courses in our college and the eligibility criteria for each course.
- c. Teaching staff should submit the course plan and also prepare the course materials for their theory subjects.

#### 3. Proposed to organize Teaching Practice and play festival for our BPEd I<sup>st</sup> year students

#### 4. Proposed to get feedback from the students about theory subject handled by our faculty at the end of the odd semester.

### **II. Teaching, Learning and Evaluation**

1. Proposed to encourage our faculty to take part in the more number of seminars, workshops, conferences and symposia etc
2. Proposed to initiate examination/ evaluation reforms in our institution as per NCTE norms.
3. Proposed to encourage the administrative and technical staff to take part in the skill development programmes.
4. Working models are to be prepared for all the games of specialisation and the teaching staff should utilize them for the purpose of explaining various strategies and tactics to the students.
5. Teaching staff and students should prepare the innovative teaching aids and training gadgets which would be useful for an effective teaching - learning
6. Proposed to collect feedback from the students about the semester theory examination
7. Proposed to collect feedback from the external examiners about the semester theory examinations.

### **III. Research, Consultancy and Extension**

1. Proposed to initiate quality research through our research center.
2. Proposed to conduct State, national and international level conferences, seminars, workshops and symposia etc
3. Proposed to acquire more research funds from various funding agencies, industry and other organizations.
4. Proposed to increase the publication of books with ISBN number.

5. Proposed to encourage our faculty to serve as experts or resource persons in conferences, seminars, symposia and workshops etc., at state, national and international level.
6. Proposed to widen research activities through M.Phil., Ph.D. guidance by the faculty from our institution.
7. Proposed to conduct colloquium for II MPed & M.Phil scholars
8. Proposed to conduct Doctoral committee meetings for Ph.D., (part time and full time) scholars at regular interval.
9. Proposed to encourage our staff to apply for minor and major research projects of University Grants Commission (UGC).
10. Proposed to conduct the following activities in the sphere of research, consultancy and extension activities:
  - Taking part in the Swach Bharat as well as clean Vidyalaya campaigns
  - World Environment Day is to be observed
  - Recycled water is to be used for plants and trees
  - Students may be acted as volunteers in the medical camps
  - Pollution awareness programme is to be conducted
  - Energy Conservation initiatives are to be taken
11. Proposed to conduct summer coaching camp for the outside school kids.

#### **IV. Infrastructure and Learning Resources**

1. UGC had sanctioned to our college financial assistance of Rs. 2.5 Crores for the development of sports infrastructure and equipment in the XII plan (2012-2017) Stage-III. It is proposed to pursue the construction works of fitness centre with sports sciences back up.
2. It is proposed to have solar lights for the tennis indoor stadium, Badminton indoor stadium and to the Basketball complex.
3. Proposed to develop library portal for the e-contents for e-learning of physical education.
4. Proposed to increase the library collections.
5. Propose to conduct internal audit for library
6. Proposed to train the teachers and students in computer and software technology

#### **V. Student Support and Progression**

1. Proposed to conduct elections to elect office bearers for intramurals and students literary association
2. Proposed to extend financial support to the 15 outstanding sportsmen of our college
3. Proposed to provide free noon meal scheme to the economically backward students
4. Proposed to implement the feedback collected from stakeholders, students and parents
5. Proposed to conduct special coaching classes for preparing the students to appear in the competitive examinations
6. Proposed to conduct orientation classes to our students by inviting eminent people, to face the campus interviews
7. Proposed to conduct soft skill coaching to our students
8. Proposed to conduct campus interviews through career guidance and counseling cell
9. Special Coaching classes are to be arranged for the low scoring students
10. Proposed to encourage our students to take part in national youth rally
11. Proposed to conduct tutor ward meeting
12. Proposed to conduct guest lectures by eminent personalities for our students at regular intervals
13. Proposed to conduct special coaching classes for TRB (UG) examinations in physical education
14. Proposed to organize National Sports Day along with inter Vidyalaya institutions tournaments
15. Proposed to encourage our students to participate in many tournaments/competitions
16. Proposed to celebrate Teachers day, Vinayagar Chaturthi and Saraswathi Pooja function
17. Proposed to organize Tamilnadu Physical Education and Sports University Inter-collegiate tournaments
18. Proposed to conduct Project Track and Field Meets by staff incharge of intramural houses.

19. Proposed to conduct special coaching classes for preparing the students to appear in the competitive examinations
20. Proposed to conduct various literary competitions for our students in Tamil and English and also encourage to participate in the literary competitions organized by various institutions
21. Proposed to conduct National Service Scheme (NSS) programme inaugural function and carry out its activities
22. Proposed to encourage our students to take part in Kalaimagal Vizha and other cultural competitions.
23. Proposed to participate in the graduation day ceremony
24. Proposed to celebrate achievers day function
25. Propose to celebrate annual day function

#### **VI. Governance, Leadership and Management**

1. Proposed to conduct all academic bodies meeting for quality enhancement of our college
2. Proposed to develop the management information system by introducing software technology
3. Proposed to develop e-content for e-learning
4. Proposed to develop the question bank software
5. Proposed to invite alumnus to IQAC and major activities of our college
6. Inviting partents to major activities of our college
7. Providing health insurance scheme for Teaching, Non teaching and Students
8. Proposed to conduct academic audit, library audit and audit in the controller of examination section by inviting the experts in the relevant areas

#### **VII. Innovations and Best Practices**

1. Various working models may be prepared by our students which would help to teach the safety guidelines to the school children
2. Proposed to conduct health and fitness awareness programme to Vidyalaya walkers and general public
3. Proposed to display of our students exhibits in the prominent institutions.
4. Proposed to constitute an award/prize to students for preparing innovative modules which would help for an effective teaching – learning.

#### **VIII. Proposed Special Programmes to be organised for Diamong Jubilee Celebrations of our college:**

1. Conducting college level half marathon for men
2. Planting the saplings
3. National level seminar on “Route map to Olympic medals”
4. Conducting college level invitation tournaments for men (Cricket and volleyball)
5. Organising district level badminton and tennis tournaments for school boys under 14,17, and 19 years
6. Organising district level dance competition for boys
7. Condcuting national level kho-kho workshop cum officiating examination
8. Mega alumni get together
9. Honouring the prominent alumni of our college



Signature of the Coordinator, IQAC  
**Dr. T. JAYABAL, Ph.D.**  
 (Associate Professor),  
 Sri Ramakrishna Mission Vidyalaya  
 Maruthi College of Physical Education  
 Sri Ramakrishna Vidyalaya Post  
 COIMBATORE - 641 020.



Signature of the Chairperson, IQAC  
**Dr. Ch. VST. SAIKUMAR**  
 M.P.E.S., M.Phil., Ph.D., NIS Diploma in Cricket  
**PRINCIPAL**  
 Ramakrishna Mission Vidyalaya  
 Maruthi College of Physical Education  
 SRMV Post, Coimbatore - 641 020, Tamil Nadu

## ANNEXURE - I

The plan of action and outcome achieved from the beginning of the year to the end of the year (2015-2016) as tabulated below:

### **FIRST QUARTERLY OF 2015-2016 (from 15.4.2015 to 04.08.2015)**

#### **PROPOSALS CHALKED OUT AND ACTION TAKEN:**

##### **I. CURRICULAR ASPECTS**

###### **1. Admission**

- a. Brochures are to be prepared with the details of courses offered and circulate them to various colleges.

###### **Action Taken:**

Brochures were prepared and circulated in and around our college during April, 2015.

- b. Staff members may visit prominent Arts and Science Colleges and address the students to create an awareness about the availability of various courses in our college and the eligibility criteria for each course.

###### **Action Taken:**

Staff members have visited prominent Arts and Science Colleges in the following districts: Coimbatore, Tiruppur, Pollachi, Erode, Trichy, Salem and Tanjore etc., and addressed the students to create an awareness about the availability of various courses in our college and the eligibility criteria for each course.

###### **2. Syllabus**

- a. From this academic year onwards, one year B.P.Ed course has been changed into as two year course. Accordingly, syllabus has to be modified and updated by integrating B.P.Ed and M.P.Ed syllabus.

###### **Action Taken:**

As per the NCTE guidelines the B.P.Ed course had changed into as two year course and the syllabus was modified and updated in the Board of studies and Academic council meeting which was held on 29.04.2015 and 15.05.2015

###### **3. Proposed to conduct selection trials for admissions in BPEd I<sup>st</sup> year, MPED I<sup>st</sup> year and MPhil**

###### **Action Taken:**

- Selection trials for BPEd I year were conducted on 25.06.2015
- Selection trials for MPED I year were conducted on 20.06.2015
- Entrance examination for MPhil was conducted on 07.07.2015

## Admission Status

S. No	Courses	No of Students Admitted	Sanctioned Strength
1	BPEd	50	100
2	MPEd	40	40
3	M.Phil	07	07

### 4. Proposed to encourage the staff members to actively involve in the academic activities

#### Action Taken:

##### Dr. Ch. VST. Saikumar, Principal

S. No	Name of the Assignment	Place	Date
1	Attended the Doctoral Committee meeting	Tamil Nadu Physical Education and Sports University, Chennai	16.04.2015
2	Acted as a resource person in the Ph.D progression meeting	Ramakrishna Mission Vivekananda University, GAPEY	25.04.2015
3	Acted as an external examiner	YMCA College of Physical Education, Chennai	04.05.2015
4	Attended the 10 <sup>th</sup> Academic Council meeting and Correspondent/Secretary meeting	Tamil Nadu Physical Education & Sports University, Chennai	12.05.2015
8	Attended the syndicate meeting	Tamil Nadu Physical Education and Sports University, Chennai	10.06.2015
9	Attended preliminary meeting to celebrate 'International Yoga Day'	Ramakrishna Mission Vivekananda University GAPEY	11.06.2015
10	Attended Equivalence Committee meeting	Ramakrishna Mission Vivekananda University GAPEY	13.06.2015
11	Attended the result passing board meeting	Ramakrishna Mission Vivekananda University GAPEY	19.06.2015

- Acted as a member of the inspection commission to grant MPEd course to Sri Renugambal College of Physical Education, Polur, Tiruvannamalai on 09.07.2015.
- Acted as a member of the Board of Studies of YMCA College of Physical Education, Chennai on 22.07.2015.

##### Dr. T. Jayabal, Associate Professor

- Acted as a member of the selection committee for selecting the workshop supervisor at Sri Ramakrishna Mission Vidyalaya Polytechnic College, Coimbatore on 18.06.2015.
- Dr. T. Jayabal, Associate Professor and Sri L. Jagadeesan, Computer Assistant of our college attended a meeting on 10.07.2015 at Government Arts College, Coimbatore, to discuss the disbursement of scholarship in e-mode.

### **Dr. E. Amudhan, Assistant Professor**

- Delivered a guest lecture for first year Diploma students of Sri Ramakrishna Mission Vidyalaya Polytechnic College on 20.06.2015.
- Acted as a judge for Interstate Yoga Competition held at Perks Matriculation Hr. Sec. School, Coimbatore on 26.07.2015 organised by Sri Maha Sanketha Trust, Sri Barathi Nagar, Coimbatore.

### **Dr. E. Amudhan, Dr. S .Sivasankar & Dr. A. Needhiraja**

- Dr. E. Amudhan, Dr. S .Sivasankar & Dr. A. Needhiraja, Assistant Professors of our college were involved as subject experts in physical education for TRB question paper setting from 27.04.2015 to 30.04.2015.

Sri V. Mohanraj, Junior Assistant (Spl.Gr) and Sri A. Amirthalingeswaran, Computer Assistant of our college attended a meeting regarding e-Payroll system at Kongunadu College of Arts and Science, Coimbatore on 18.05.2015.

## **II TEACHING, LEARNING AND EVALUATION**

### **1. Proposed to depute our staff members to various faculty improvement programmes**

#### **Action Taken:**

Our staff members were involved in the following faculty improvement programmes:

- Dr. E. Amudhan, Assistant Professor attended the Refresher Course in Physical Education and Sports Science organized by the UGC-Academic staff college, Bharathiar University, Coimbatore from 06.05.2015 to 26.05.2015
- Dr.A.Needhiraja, Assistant Professor has completed a Diploma in Special Olympics at Ramakrishna Mission, Vivekananda University, Coimbatore from 04.05.2015 to 12.06.2015

### **2. Proposed to prepare course plans and course materials of the ensuing semester**

#### **Action Taken:**

Course plans and course materials were submitted by all the staff members for their respective subjects

### **3. Proposed to encourage the staff members to actively participate, present papers and act as a resource person in conferences, seminars, workshops and symposia etc**

#### **Action Taken:**

- All of our staff members were the resource person to coaching for the TRB (UG) examinations in physical education from 01.05.2015 to 31.05.2015 organized by Maruthi College Academy for Competitive Examinations (MCACE).



**Dr. Ch. VST. Saikumar, Principal**

S. No	Name of the Assignment	Place	Date
01	Acted as a resource person	Ramakrishna Mission Vidyalaya Academy for Competitive Examinations (RMVACE)	22.05.2015
02	Acted as a resource person	Ramakrishna Mission Vivekananda University GAPEY	25.05.2015 & 26.05.2015

- Acted as a resource person in the UGC sponsored National Seminar on “Personality Development through sports” organized by the Department of Physical Education, P.B. Siddhartha College of Arts and Science, Vijayawada, Andhra Pradesh on 03.07.2015 & 04.07.2015.

**Dr. A. Sathiya Moorthy, Physiotherapist acted as Resource Person in the followings:**

09.05.2015	Personality Camp	organized by All Vidyalaya Alumni Association (AVAA)
16.05.2015	Refresher Course	organized by Academic Staff College, Bharathiar University
18.05.2015& 19.05.2015	Competitive examination – Teacher Recruitment Board (TRB) Coaching class	organized by Maruthi College of Physical Education
17.05.2015	Competitive examination – Teacher Recruitment Board (TRB) Coaching class	organized at Kongunadu College of Arts & Science, Coimbatore

**III. RESEARCH, CONSULTANCY AND EXTENSION**

**1. Proposed to encourage the staff members to publish a hand book on physical education (with ISBN number) which will be useful to appear for the competitive examinations**

**Action Taken:**

Our staff members published a “Hand Book of Physical Education for Competitive Examinations (ISBN No.978-81-923573-4-8)

**2. Proposed to encourage the staff members to actively involve in the research oriented activities**

**Action Taken:**

**The Staff members submitted Minor/Major Research Project proposals to UGC as follows:**

S.No.	Name of the Staff	Title of the Research Project Proposal	Minor/Major Research Project
01	Sri S.Elango, Librarian & Sri .Velayudham	Design and development of library web portal using D-spade for physical education and sports sciences at Maruthi College of Physical Education	Major Research Project

02	Dr. T.Jayabal & Dr. A.Needhiraja	Survey to Identify the Prevalence of Diabetes in Rural Areas of Coimbatore District and the Effect of Yogasana Programme on Type II Diabetes Mellitus	Major Research Project
03	Dr.E.Amudhan	Survey on the urban school children for obesity disorder and effect of yogic practices on anthropometric and physiological parameters of obese children	Minor Research Project
04	Dr.S.Sivasankar	Effect of yogic practices on selected physical and psychomotor variables of persons with visual impairment	Minor Research Project
05	Dr. A.Needhiraja	Effects of two different modes of aerobic dance on selected biomotor, physiological and biochemical variables of school children with pre-obesity	Minor Research Project
06	Dr.M.Ramajayam	Effect of pranayama practices on selected cardio pulmonary and body composition variables of asthma patients	Minor Research Project

#### Research Articles published by our staff members in ISSN Journals

S.No	Name of the Staff	Title of the Article	Name of the Journal with ISSN No	Name of the Publisher	Month and Year of Publication
1	Dr.Ch.VST.Saikumar	Impact of Aerobic Dance on Selected Physiological Variables of Sedentary College Students	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
2	Dr.E.Amudhan	Comparative analysis of selected psychological variables between district level forest department's athletes and players	Journal of Adapted Physical Education and Yoga, Vol.5 ISSN : 2229-4821	Ramakrishna Mission Vivekananda University	June, 2015
3		Effect of kalaripayattu training on selected Physiological variables of college men	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015

4	Dr.S.Sivasankar	Effect of Dands and Baithaks on Selected Physical Fitness Components Among College Level Boys	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
5	Dr.A.Needhiraja	Effect of Game-Specific Training on Selected Physical and Performance Variables Among Football Players	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
6	Sri S. Muniraj	Analysis of Somato Body Type on Selected Physical Fitness Variables of Active Physical Education Men Students	Journal of Physical Education and Sports Sciences, Vol.7, ISSN	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
7		Impact of Own Body Weight Circuit Training Program on Physical and Physiological Variables of School Boys	International Journal of Adapted Physical Education and Yoga ISSN:2455-8958	Ramakrishna Mission Vivekananda University	March,2016
8	Dr.M.Ramajayam	Analysis of Somato Body Type on Selected Physical Fitness Variables of Active Physical Education Men Students	Journal of Physical Education and Sports Sciences, Vol.7, ISSN	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015

### 3. Proposed to encourage extension activities

#### Action Taken:

Our staff and students extended their services in the following extension activities:

- Our college provided the cricket ground to Sri Annai Karangal Association, Coimbatore, for conducting a cricket match to orphanage children on 31.05.2015. 03 of our MPEd II year students acted as officials for this match.

- Inter Vidyalaya Institutions tournaments meeting was held on 10.07.2015 at our college conference hall. Tournaments schedule was finalized for the academic year 2015-16.
- 04 of our MPEd II year students acted as officials for Kabaddi and Volleyball in the Inter Vidyalaya Institutions Tournaments organized by the SRMV Polytechnic College on 16.07.2015.
- 25 of our MPEd I & MPEd II year students acted as officials in the annual athletic meet organized by the SRMV Polytechnic College on 24.07.2015.
- 18 of our MPEd II year students acted as officials in Basketball, Ball Badminton & Volleyball tournaments of the 4<sup>th</sup> SNR Chinnasamy Naidu Memorial Trophy organized by Sri Ramakrishna Engineering College, Vattamalaipalayam from 24.07.2015 to 25.07.2015.
- 26 of our MPEd I & MPEd II year students acted as officials in Football, Basketball, Volleyball, Kho-Kho, Throwball, Handball & Hockey tournaments of the North Zonal Sports and Games Meet 2015 organised by Vidya Vikasini Mat. Hr. Sec. School, Coimbatore from 22.07.2015 to 17.08.2015.

#### **4. Proposed to conduct the followings in the sphere of extension activities:**

- Taking part in the Swachh Bharat as well as clean Vidyalaya campaigns

##### **Action Taken:**

##### **Swachh Bharat:**

As part of the 'Swachh Bharat' our college students cleaned the Periyanaickenpalayam railway station on 10.07.2015.

##### **Clean vidyalaya:**

As part of the 'Clean Vidyalaya' our students cleaned the athletic track on 19.06.2015 and ball badminton courts on 10.07.2015.

- World Environment Day is to be observed  
World environment day was observed on 31.07.2015 by planting saplings
- Recycled water is to be used for plants and trees

##### **Action Taken:**

- Recycled water is used for plants and trees in the entire campus
- Students may be acted as volunteers in the medical camps

##### **Action Taken:**

- Our students have been serving as the volunteers during Sundays in vidyalaya charitable hospital
- Pollution awareness programme is to be conducted

##### **Action Taken:**

Dr. Chandramohan, Associate Professor from the department of chemistry, SRMV College of Arts and Science, Coimbatore guest lecture on "How to control the various types of pollution" on 06.08.2015.

- Energy Conservation initiatives are to be taken

**Action Taken:**

In our campus, many of the tube lights are replaced with LED bulbs

**IV. INFRASTRUCTURE AND LEARNING RESOURCES****1. Proposed to conduct summer coaching camp for the outside school kids****Action Taken:**

- Summer Coaching camp was conducted in Badminton, Cricket, Tennis and Volleyball at our college from 15.04.2015 to 30.05.2015. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya, inaugurated the coaching camp on 15.04.2015. Sri M. Prabu, Assistant Professor was the camp co-ordinator.
- During the summer coaching camp, parents' meeting was held on 17.05.2015. Around 60 parents along with their wards attended the meeting.
- Summer coaching camp valedictory function was held on 29.05.2015 at GKD Auditorium. Dr. Ch. VST. Saikumar, Principal welcomed the gathering. Swami Garishthanandaji Maharaj distributed the prizes to the winners. Sri. M. Prabu, camp co-ordinator, presented the summer coaching camp report. Dr. T. Jayabal, Associate Professor proposed vote of thanks.
- Participants in the Maruthi College Sports Academy were:

S. No	Game	Total No. of students
1.	Badminton	26
2.	Cricket	20
3.	Tennis	15
4.	Volleyball	07
Total		68

**2. Proposed to develop various infrastructure facilities in our college campus****Action Taken:**

The following infrastructure facilities were developed in our college campus:

Sl. No	Nature of Expenses	Place	Amount	Account
1	Battery Stand for UPS	Administrative office	9364.00	students service

2	Tiles	Sports Training Gadgets etc.,	88632.00	students service
3	Painting/repair/electrical/masonry work	Class room/Laboratory/Students Toilet Block and Administrative Block	40000.00	students service
<b>Total</b>			<b>336500.00</b>	

## V.STUDENT SUPPORT AND PROGRESSION

### 1. Proposed to participate in the International Day of Yoga

#### Action Taken:

The details of participation in the International Day of Yoga were as follows:

Our college staff and MPEd II year students participated in the International Day of Yoga celebrations on 21.06.2015 at our college premises. Around 1000 students demonstrated various yoga activities. Swami Garishthanandaji Maharaj, Assistant Secretary, Ramakrishna Mission Vidyalaya was the chief guest of the function and Yoga Maharishi U. Manickam delivered the special address on this occasion. Dr.S. Alagesan, Professor welcomed the gathering and Dr. Ch. V.S.T. Saikumar, Principal, Maruthi College of Physical Education proposed vote of thanks.

### 2. Proposed to invite various institutions to conduct the campus placement

#### Action Taken:

The details of on campus and off campus interview and placements:

On campus				Off Campus	No. of Students opted for Higher Studies
Number of Organizations Visited	Total Number of students	Number of Students Participated	Number of Students Placed	Number of Students Placed	
15	123	80	52	28	43

### 3. Proposed to conduct special coaching classes for TRB (UG) examinations in physical education

#### Action Taken:

Special coaching classes for TRB (UG) examinations in physical education conducted by our Maruthi College Academy for Competitive Examinations (MCACE) as follows:

As a part of our student support activity, Maruthi College Academy for Competitive Examinations (MCACE) was conducted a special coaching programme for TRB (UG) examinations in physical education from 01.05.2015 to 31.05.2015. 18 students were attended in this coaching programme.

#### 4. Proposed to provide sports scholarships for the students those who are outstanding in sports and games

##### Action Taken:

Selection trials were conducted on 31.07.2015 (Friday) and outstanding sportsmen were identified for Maruthi Sports Scholarship Scheme (MSSS).

##### MARUTHI SPORTS SCHOLARSHIP SCHEME (MSSS) 2015-16

S.No	Name of the student	Course	Semester	Game
1	Arulprabu D	MPed	III&IV	Volleyball
2	Prabhakaran S	MPed	III&IV	Volleyball
3	Ragurajan A	MPed	III&IV	Volleyball
4	Rajeshkumar M	BPEd	I&II	Volleyball
5	Sri Ganapathy P	BPEd	I&II	Volleyball
6	Palanisamy R	MPed	I&II	Kabaddi
7	Dineshkumar V C	BPEd	I&II	Basketball
8	Senthilkumar N	MPed	III&IV	Hockey
9	Rajkumar T	MPed	I&II	Hockey
10	Sivasamy C	MPed	III&IV	Cricket
11	Muthukumaran V	BPEd	I&II	Handball
12	Surendaran N	MPed	III&IV	Athletics
13	Anish D	MPed	III&IV	Athletics
14	Saravanakumar C	MPed	III&IV	Athletics
15	Rajkumar R	MPed	III&IV	Athletics
16	Yuva Mohanraj M	BPEd	I&II	Athletics

## 5. Proposed to encourage our students to participate in many tournaments/competitions

### Action Taken:

- In college level Inter vidyalaya Institutions kabaddi and handball tournaments, our college secured runner-up position.
- In the mini marathon for men 07 km race, organized by Tamil Nadu Science Book Association on 01.08.2015 at Mettupalayam, around 500 athletes participated and C. Saravanakumar of MPEd II<sup>nd</sup> year secured 1<sup>st</sup> position and received cash prize Rs.3000/-, certificate and medal.

## 6. Proposed to conduct parents meeting on the reopening day for the freshers

### Action Taken:

Parents meeting on the reopening day for the freshers was held on 06.07.2015 for our BPED I and MPEd I year students at GKD Auditorium. The meeting was started with prayer by Sri Aravindakshan, Music Teacher. Dr. T. Jayabal, Associate Professor, welcomed the gathering, Swami Nirmaleshanandaji Maharaj gave instructions about the rules and regulations of the hostel. Swami Avatharanandaji Maharaj, Warden graced the occasion. Dr. Ch. VST. Saikumar, Principal and Secretary gave general orientation about the college activities and introduced the faculty members. Dr. E. Amudhan, Assistant Professor proposed vote of thanks. For this meeting, around 90 parents attended.

## 7. Proposed to conduct elections to elect office bearers for intramurals and students literary association

### Action Taken:

#### Intramurals:

- Intramurals committee members election was conducted on 09.07.2015 to elect the office bearers. The following students have been elected as office bearers of Intramurals committee for the year 2015 – 2016.

Intramural Director	:	Dr. S. Sivasankar
Secretary	:	S. Prabhakaran – II MPEd
House captains	:	M. Gokul Krishnan – II MPEd T. Boopathi Manikandan – II MPEd N. Surendharan – II MPEd D. Arul Prabhu – II MPEd

<b>Dhyan Chand House</b>	
<b>Staff Incharge: Sri S. Muniraj</b>	
<b>Captain</b>	<b>Vice captain</b>
M. Gokul Krishnan – II MPEd	Palanisamy – I MPEd

<b>Milka Singh House</b>	
<b>Staff Incharge: Dr. M. Ramajayam</b>	



<b>Captain</b>	<b>Vice captain</b>
T. Boopathi Manikandan – II MPed	T. Thiyagu – I MPed

<b>Sachin Tendulkar House</b>	
<b>Staff Incharge: Sri M. Prabu</b>	
<b>Captain</b>	<b>Vice captain</b>
N. Surendharan – II MPed	S. Maheshkumar – I MPed

<b>Viswanathan Anand House</b>	
<b>Staff Incharge: Dr. A. Needhiraja</b>	
<b>Captain</b>	<b>Vice captain</b>
D. Arul Prabhu – II MPed	B. Pradeep – I MPed

- **Intramurals inaugural function:** Intramurals inaugural function was held on 16.07.2015 at our Badminton Indoor Stadium. Dr. S. Alagesan, Professor and HOD, RMVU GAPEY welcomed the gathering. Brahmachari Paramartha Chaitanya, Assistant Administrative Head, RMVU GAPEY gave the benedictory address. Swami Nirmaleshanandaji Maharaj gave the chief guest's address. All the students were divided into four houses, namely Major Dhyan Chand House, Milka Singh House, Sachin Tendulkar House and Viswanathan Anand House. House captains were introduced by the intramural staff in-charge, Dr. S. Sivasankar, Assistant Professor. Dr. Ch. VST. Saikumar, Principal proposed vote of thanks. Intramurals inaugural kho-kho match was conducted between Dhyan Chand house and Viswanathan Anand house.

#### **Students Literary Association:**

- Students' literary Association election was conducted on 15.07.2015 to elect the office bearers of the literary association. The following students have been elected as office bearers of Student literary Association for the year 2015 – 2016.

President	:	J. Rabin	-	MPEd II
Vice-President	:	N. Satheesh Kumar	-	MPEd I
Secretary	:	P. Mohanraj	-	BPEd
Joint Secretary	:	B. Dhamodharan	-	BPEd
Staff In-charge	:	Dr. A. Needhiraja		

- **Students literary association inaugural function:** The inaugural function was held on 24.07.2015 at our Badminton Indoor Stadium. Dr. S. Alagesan, Professor and HOD, RMVU GAPEY welcomed the gathering. Dr. A. Needhiraja, Assistant Professor, Introduced the office bearers of students literary association. Brahmachari Paramartha Chaitanya, Assistant Administrative Head, RMVU GAPEY gave the benedictory address. Swami Tatprabhananda Maharaj gave the chief guest's address. Dr. Ch. VST. Saikumar, Principal proposed vote of thanks.

## **8. Proposed to provide free noon meal scheme to the economically backward students**

### **Action Taken:**

Free noon meal scheme to the economically backward students was inaugurated by Swami Bodhasaranandaji, Assistant Secretary, Ramakrishna Math and Mission, Kolkata on 28.07.2015.

## **9. Proposed to conduct tutor ward meeting**

### **Action Taken:**

The tutor ward meeting was conducted on 31.07.2015

## **10. Special Coaching classes are to be arranged for the low scoring students**

### **Action Taken:**

After publishing the results on Continuous internal assessment test 1, every day our faculty conducted special coaching classes for low scoring students between 2.30pm and 3.30pm.

## **VI.GOVERNANCE, LEADERSHIP AND MANAGEMENT**

### **1. Proposed to conduct all academic body meetings for quality enhancement of our college**

#### **Action Taken:**

The following academic body meetings were conducted in our college for quality enhancement:

- Our College Committee and Governing Body meetings were held on 15.04.2015 at our conference hall.
- Board of studies meeting was held on 29.04.2015.
- Academic council meeting was conducted on 15.05.2015.

### **2. Proposed to audit the college accounts periodically**

#### **Action Taken:**

- Internal audit was completed for our college accounts for the 4<sup>th</sup> quarter of this financial year 2014 – 2015 on 06.05.2015.
- Internal audit was completed for our college accounts for the 1st quarter of this financial year 2015 – 2016 on 23.07.2015.

### **3. Proposed to conduct Maruthi Alumni Association (MAASS) meeting**

#### **Action Taken:**

Maruthi Alumni Association (MAASS) meeting was held in our campus on 02.08.2015 at 2.30 pm. About 22 Alumni participated in the meeting. It was decided to have MAASS meetings at Tanjore, Madurai and Tirunelveli.

#### **4. Proposed to provide insurance scheme for teaching, non-teaching and students**

##### **Action Taken:**

- As per the Tamilnadu Government order, New Health Insurance scheme was provided to teaching and non-teaching (aided staff)
- Ramakrishna Mission management provide Medical Insurance scheme to teaching and non-teaching (unaided staff)
- As per the Tamilnadu Physical Education and Sports University, Chennai regulations, our students were availed group insurance coverage (1 lakh) by paying Rs.100/- per student

#### **5. Proposed to encourage the administrative and technical staff to take part in the skill development programmes.**

##### **Action Taken:**

The Administrative and technical staff were took part in the skill development programmes conducted by computer department faculty from Ramakrishna Mission Vidyalaya College of Arts and Science from 18.05.2015 to 23.05.2015.

### **VII.Innovations and Best Practices**

#### **1.Working models are to be prepared for all the games of specialisation and the teaching staff should utilize them for the purpose of explaining various strategies and tactics to the students.**

##### **Action Taken:**

Our students literary association organized a competition on 24.07.2015 for preparing working models for all the games of specialisation and the teaching staff should utilize them for the purpose of explaining various strategies and tactics to the students. All the MPED students were divided in to 11 groups according to their specialization game including athletics and prepared working models on the same. Dr.P.J.Sebastian, Professor, Dr.S.Alagesan, Professor, Bro. Paramartha Chaitanya and Swami Tatprabhananda were the judges for this competition. The results of the competition were:

<b>S.No.</b>	<b>Name of the group</b>	<b>Place</b>
01	Athletics	Ist Place
02	Hockey	IInd Place
03	Basketball	IIIrd Place

## **SECOND QUARTERLY OF 2015-2016 (from 05.08.2015 to 30.09.2015)**

### **I. CURRICULAR ASPECTS**

#### **Proposals chalked out**

1. Proposed to encourage the staff members to actively involve in the academic activities
2. Proposed to organize Leadership Training Camp for our BPEd I<sup>st</sup> year students

#### **Proposals Implemented**

##### **1. Proposed to encourage the staff members to actively involve in the academic activities**

###### **Dr. Ch. VST. Saikumar, Principal**

- Attended our College Committee and Governing Body meetings were held on 11.08.2015 at conference hall.
- Attended 11<sup>th</sup> Academic Council meeting of affiliated colleges of the Tamil Nadu Physical Education & Sports University, Chennai on 21.08.2015.
- Attended College Committee meeting of Sri Ramakrishna Mission Vidyalaya College of Arts and Science on 24.08.2015.
- Acted as a Member of Ph.D., Thesis Evaluation Review Committee to review the Ph.D Thesis Evaluation process of Tamil Nadu Physical Education and Sports University, Chennai on 08.09.2015.
- Acted as a resource person in the Ph.D progression meeting of Ramakrishna Mission Vivekananda University, GAPEY on 25.09.2015.

###### **Dr. T. Jayabal, Associate Professor**

- Attended our College Committee and Governing Body meetings were held on 11.08.2015 at conference hall.
- Attended a meeting on 12.08.2015 at Government Arts College, Coimbatore, to discuss the AG Audit Joint Sitting.

###### **Dr. E. Amudhan, Assistant Professor**

- Attended our College Committee and Governing Body meetings were held on 11.08.2015 at conference hall.
- Attended the fixtures meeting on 05.09.2015 for the 22<sup>nd</sup> Tamil Nadu State Level Forest Sports Meet at District Forest Office, Coimbatore Division, Coimbatore.

###### **Dr. S. Sivasankar, Assistant Professor**

- Acted as an official for Divisional level kho-kho tournament organized by Sri Ramakrishna Mission Vidyalaya Polytechnic College on 27.08.2015.
- Acted as an official for Anna University Inter Engineering XI<sup>th</sup> zone Kho-Kho tournament on 22.09.2015 & 23.09.2015 organised by the KG Institute of Technology, Coimbatore.

### **Sri V. Mohanraj, Junior Assistant (Spl.Gr)**

- Attended our College Committee and Governing Body meetings were held on 11.08.2015 at conference hall.
- Attended a meeting on 12.08.2015 at Government Arts College, Coimbatore, to discuss the AG Audit Joint Sitting.
- Attended an interface meeting for UGC Settlement of accounts of XI plan GDA (UG & Merged Scheme) on 07.09.2015 at University of Madras, Chennai.
- Visited Tamil Nadu Physical Education and Sports University, Chennai on 22.09.2015, with regard to the certificate verification of our BPed I, MPed I and M.Phil degree students for the academic year 2015- 2016.

### **Sri L. Jagadeesan, Computer Assistant**

- Attended a meeting on 18.08.2015 at Government Arts College, Coimbatore, to discuss the disbursement of scholarship in e-mode.
- Visited Tamil Nadu Physical Education and Sports University, Chennai on 22.09.2015, with regard to the certificate verification of our BPed I, MPed I and M.Phil degree students for the academic year 2015- 2016.

## **2. Proposed to organize the Leadership Training Camp for our BPed I<sup>st</sup> year students**

- The annual leadership training camp for our BPed I<sup>st</sup> year students was conducted from 25.09.2015 to 01.10.2015 at Vellingiri Andavar Devasthanam, Poondi, Coimbatore.

## **II. Teaching, Learning and Evaluation**

### **Proposals chalked out**

1. Proposed to conduct Continuous Internal Assessment (CIA) - I examinations
2. Proposed to encourage the staff members to actively participate, present papers and act as a resource person in conferences, seminars, workshops and symposia etc

### **Proposals Implemented**

#### **1. Continuous Internal Assessment (CIA I) examinations were conducted as per the schedule:**

<b>S. No</b>	<b>Name of the Examination</b>	<b>Name of the course</b>	<b>Date</b>
1.	Continues Internal Assessment (CIA) - I	BPed I, MPed I, MPed II & M.Phil	17.08.2015 to 19.08.2015

## **2. Proposed to encourage the staff members to actively participate, present papers and act as a resource person in conferences, seminars, workshops and symposia etc**

- Dr. M. Ramajayam and Sri S. Muniraj, Assistant Professors of our college presented a paper on “Effect of Pranayama Practices on Selected Physiological Variables of School Boys” in National Conference on Yoga Herbal and Traditional Medicines organized by Indian Institute of Yoga and Naturopathy, Coimbatore at Tamil Nadu Agricultural University, Coimbatore on 09.08.2015.
- All of our students and staff members attended the State Level workshop on ‘Archery, Carrom, Chess, Taekwondo and Tennikoit’ conducted by the Ramakrishna Mission Vivekananda University, GAPEY, Coimbatore on 15.09.2015 and 16.09.2015 at GKD Auditorium.

### **III. RESEARCH, CONSULTANCY AND EXTENSION**

#### **Proposals chalked out**

1. Proposed to encourage the staff members to actively involve in the research oriented programmes
2. Proposed to conduct State level workshop cum officiating examination in kho-kho
3. Proposed to conduct colloquium for II MPed & M.Phil scholars
4. Proposed to encourage extension activities

#### **Proposals Implemented**

##### **1. Proposed to encourage the staff members to actively involve in the research oriented programmes**

- Doctoral committee meeting was held on 19.09.2015 at our college, in which the following members were present, Dr. P. Samraj, Registrar i/c, Tamil Nadu Physical Education and Sports University, Chennai, Dr. Ch. VST. Saikumar, Principal, Dr. P.J. Sebastian, Professor, Dr. T. Jayabal, Associate Professor and Dr. E. Amudhan, Assistant Professor.

##### **2. Proposed to conduct State level workshop cum officiating examination in kho-kho**

- State level workshop cum referee examination in ‘Kho-Kho’ was conducted by our college on 21<sup>st</sup> and 22<sup>nd</sup> August 2015. In the inaugural function, Swami Tamoharananda, Ramakrishna Mission Vidyalaya was the chief guest, Dr. P.J. Sebastian, Professor, Ramakrishna Mission Vivekananda University Faculty of GAPEY gave a presidential address and Dr. S. Sivasankar, convener of the workshop proposed vote of thanks.

Details of participants are given below:

S. No	Name of the Institution	No. of Students participated
1	Maruthi College	42
2	Vivekananda Univ. GAPEY	26
3	Avinashilingam University	79
4	Others	38
<b>Total</b>		<b>185</b>

- Valedictory function was held on 22<sup>nd</sup> August 2015. Dr. E. Amudhan, Assistant Professor delivered the welcome address, Sri Appavu Pandian, General Secretary, Tamil Nadu Kho-Kho Association and Sri V.N. Selvaraj, Technical Committee, Kho-Kho Federation of India and Dr. S. Sivasankar acted as persons, Dr. Ch. VST. Saikumar, Principal, presided over the function, Dr. S. Alagesan, Professor, was the chief guest and Dr. S. Sivasankar, Assistant Professor proposed vote of thanks.

### **3. Proposed to conduct colloquium for II MPed & M.Phil scholars**

Colloquium for II MPed & M.Phil scholars was conducted on 26.08.2015. The titles for their research were finalized.

### **4. Proposed to encourage extension activities**

The following extension activities have been carried out by our students:

- Our 04 MPed II year students acted as officials in the Zonal tournaments for volleyball and football, organized by National School, Mettupalayam from 07<sup>th</sup> to 13<sup>th</sup> August 2015.
- Our 04 MPed II year students acted as officials for 'Athletics' in the District Forest Sports Meet held at Forest College ground, Coimbatore on 16.08.2015. Dr. E. Amudhan, Assistant Professor, accompanied the students.
- Our 04 MPed II year students acted as officials in the basketball tournament held at Anna University, Coimbatore on 19.08.2015.
- Our 08 MPed students acted as officials in the Yi champions league football tournament held at Ramakrishna Engineering College, Coimbatore.
- Our 20 MPed students acted as officials for various games in 22nd Tamil Nadu State Level Forest Sports Meet from 11.09.2015 to 13.09.2015 at Forest College ground, Coimbatore. Dr. E. Amudhan, Assistant Professor accompanied the students.
- Our 20 MPed students acted as officials in the Anna University XI cricket tournament from 12.09.2015 to 16.09.2015 organised by Kumaraguru College of Technology, Coimbatore.
- Our 02 MPed students acted as officials in the Dr. APJ Abdul Kalam Badminton trophy on 10.09.2015 and 11.09.2015 organised by Coimbatore Badminton Association, Coimbatore.
- Coimbatore Civil Engineers Association members utilized our cricket ground on 27.09.2015.

## **IV. INFRASTRUCTURE AND LEARNING RESOURCES**

### **Proposals chalked out**

1. Proposed to develop various infrastructure facilities for our college campus
2. Proposed to increase the library collections.
3. Proposed to develop library portal for the e-contents for e-learning of physical education.

## Proposals Implemented

### 1. Proposed to develop various infrastructure facilities for our college campus

The following infrastructure facilities were developed for our college campus:

Sl. No	Nature of Expenses	Place	Amount	Account
1	Power cable for CPU	Smart Class	18095.00	students service
2	Portrait Board etc.,	Smart Class/Class room/Intramural and Sign board etc.,	34500.00	students service
3	Red Soil	Handball, Tennis, Volleyball, Kabaddi and Athletic Track and Throwball	21500.00	students service
4	Cricket mat	Cricket ground	15225.00	students service
5	Tiles/renovation and white washing charges	Students Toilet Block	35740.00	students service
6	Painting/repair/electrical/masonry work	Class room/Laboratory/Students Toilet Block and Administrative Block	31944.00	students service
7	Supply of Uniforms	Students	51500.00	students service
<b>Total</b>			<b>208504.00</b>	

### 2. Proposed to increase the library collections.

The following collection of books was increased in our library:

SL.NO.	TITLE தலை	AUTHOR ஆசிரிய
1.	பேரறிஞர் கள வா வ	வ ஜ அ
2.	உன ளே ஒ உலக	கா தி
3.	சோதனைக சாதனைய வெ றி க	கா தி
4.	த மதி பை உய த வழிக	சர வதி கே எ
5.	உ கைகளே லதன	சர வதி கே எ
6.	வ ழி தெ இளைஞனே	வ ஜய மார ஹெடெ
7.	உ னயே செ கிகொ	அ மதி
8.	PRACTICAL GUIDE TO FIRST AID	கீ ச பா
9.	பைலே	ரோஜ ச
10.	BANISH YOUR BELLY	ROBINSON, KENTON
11.	INTERVIEWS MADE EASY	PARKINSON, MARK
12.	CHESS OPENNINGS	RADHAKRISHNAN



13.	BE AMBITIOUS	SYLENDRA BABU .I.P.S
14.	HEALTH AND HAPPINESS	SYLENDRA BABU .I.P.S
15.	PRINCIPLES OF SUCCESS IN INTERVIEW	SYLENDRA BABU .I.P.S
16.	HEALTH AND HAPPINESS	SYLENDRA BABU .I.P.S
17.	CHESS OPENNINGS	RADHAKRISHNAN
18.	IAS THERVUM ANUGUMURAIYUM	IRAYANBU V
19.	INDIA 2020	APJ ABDUL KALAM
20.	INDIA 2020	APJ ABDUL KALAM
21.	த தவ	பாரகலி
22.	ஏழாவ அறி பாக 1	இறைய
23.	ஏழாவ அறி பாக 2	இறைய
24.	ஏழாவ அறி பாக 3	இறைய
25.	ந ப	இறைய
26.	சாகாவர	இறைய
27.	உ னொள பயன	இறைய
28.	ஓ னதிய ஓசை	இறைய
29.	ஓ நதிய ஓசை பாக 1	இறைய
30.	மெ கா றி வ ளை கமெ	இறைய
31.	மேகைய பேசலா வா க	அர தை நாராயண
32.	சி சி ன வெள ச க	இறைய
33.	த ன ப கை னெ றய தித ப	சிவச ய
34.	மகி சி பெ வள ப ?	சிவச ய
35.	பாள தி கொ லா	இறைய
36.	லக த தை அர கநாத	BALASUBRAMANIAN
37.	உட செயலிய	பொ வ ஜயல மி
38.	க வ ய ய	சிலா அ பா ரை
39.	வெ றியை நோ கி	கோப நா
40.	கனவை நனவா வோ	ப மை மா
41.	மேக வெ ( ழ க ரைக)	PONRAJ V
42.	Functional English	
43.	மா ற	றி மா
44.	உ ன நிக ந யே	சாலமோ மா
45.	ஆ மை மே பா	மா
46.	த ன ப கைக	நெ போலிய ஹி
47.	கால தை பய ப வள ப	ஜே ஆலெ
48.	அறி தி ஆய ர தகவ க	மா
49.	வா வை அ பவ க இ தானேர	SIVADARSHINI-TRANS
50.	வெ றி வேரெ ன வே	
51.	கால கை னே வெ றி பை னே	கி ண தி
52.	வாழவை வா கை திற க	சிவ ய
53.	சாலை வ ப களை தவ க	ரமண கெ
54.	உ களா ந க	அ ண
55.	படை ப லை வ கொ வதெ ப	ப மை மா
56.	வெ றி த உரையாட க	டரசீன வச
57.	YOU CAN BEAWINNER	BEENA ANIL
58.	னெ தி கான கிய தகவ க	லி சாமி சி
59.	மன த உட	க ப ண
60.	CREATIVITY	VELUSAMY-
61.	HOW TO WIN FRIENDS AND INFLUENCE PEOPLE	DALE CARNEGIE
62.	SPOKEN AND WRITTEN ENGLISH	JAYAKARAN

63.	SHARPEN YOUR MEMORY	LORAYNE,HARRY
64.	WORLD FAMOUS GREAT SPEECHES	JAGAN GAGAN
65.	13 KEYS TO SUCCESS	JAGAN GAGAN
66.	ENGLISH GRAMMER	JAYAKARAN
67.	FITNESS FOR LIFE	ROBERTS MATT
68.	எளையை மையா 300 பய சிக	லென
69.	வா கையை வளமா எ ண க	வ ம நா
70.	ப ர சினையே வ க	உமாமகே வர
71.	இ வள தனா ந	சோமவ ள ய ப
72.	த ன ப கை	லென மா
73.	சொ லாததை செ	சோமவ ள ய ப
74.	இவ க வெ ற இ ப தா	லென மா
75.	இ த வ நா	நா மி
76.	வெ றி வே த ன ப கை	லென மா
77.	கா ப ட கா ன	மரப மை த தை யா
78.	ந ப கை மி ன கா-2	மரப மை த தை யா
79.	கா ப ட கா ன	மரப மை த தை யா
80.	கா ப ட கா ன பா 4	மரப மை த தை யா
81.	கா ப ட கா ன பந்	மரப மை த தை யா
82.	கா ப ட கா ன பா 6	மரப மை த தை யா
83.	வா வ போரா க வா கையோ அ ல	மரப மை த தை யா
84.	உலக க பெ ற நி வாக உ திக	மரப மை த தை யா
85.	ந க வெ வ நி சய	மரப மை த தை யா
86.	நினை த போலவே வே	மரப மை த தை யா
87.	மன வை தா மலையை நக தாலா	மரப மை த தை யா
88.	வா வ போரா க வா கையோ அ ல	மரப மை த தை யா
89.	ப ரபல கள ந ப கை நொ க	கனக கா
90.	இறைய மாணவ க சொ ன	சப தாஜோச
91.	வரதாசனா மாணவ க சொ ன	சப தாஜோச
92.	நிமி நி	சிலா அ பா ரை
93.	தலமை ப க	கோப நா
94.	APJ ABDUL KALAM 95	PONRAJ V
95.	என 300 வழிக	றி மா
96.	என 100 வழிக	
97.	ஜெ கி ண தி மாணவ க சொ ன	சப தாஜோச
98.	ரவ ரநா மாணவ க சொ ன	சப தாஜோச
99.	டா ட ராதாகி ணமாணவ க சொ ன	சப தாஜோச
100.	கி பாந த வா யா மாணவ க சொ ன	சப தாஜோச
101.	பா ந க	ராகவ ஜெ ள
102.	கால உ க கைய	சோமவ ள ய ப
103.	ஆ பா தியான	நா மி
104.	ப ஸியோதெரப	ல ம
105.	அ வ திக	ச
106.	IMPROVE YOUR SELF ESTEEM	ANANDHA MURUGAN
107.	TIPS FOR MOTIVATION	ANANDHA MURUGAN
108.	உண சிவச படலாமா	கி எழி
109.	EFFECTIVE COMMUNICATION	MOORTHY, MUKUND
110.	ஆ யோசி கலாமா	சலோம சிப
111.	ப ற பை கோ க	சலோம சிப

112.	உற பேணலா	சலோம சிப
113.	பய களை வெ வ எள	மா
114.	ப ர சினைகளை த கலாமா	சலோம சிப
115.	ஆ யோசி கலாமா	ண எழி
116.	பேச பழகலாமா	சலோம சிப
117.	மா ப சி தி கலாமா	சலோம சிப
118.	HOW TO OVER COME YOUR FEAR TO SPEAK IN PUBLIC	ANANDHA MURUGAN
119.	HOW TO MASTER YOUR ENGLISH WRITING TALENT	ANANDHA MURUGAN
120.	MASTER YOUR SPOKEN AND WRITTEN ENGLISH	ANANDHA MURUGAN
121.	YOUR SURE SUCCESS IN INTERVIEWS	MURALIDHARAN
122.	ய னெ ற கதைக	ய தி
123.	ந ப கைமலர சாதனைக தொடர	தேவநாத
124.	மன த வெ றி	நெ போலிய ஹி
125.	நிறைவள வா	ஜே ஆலெ
126.	வழமான எ ண கள மகல அ த க	மா , அ ச
127.	APJ ABDUL KALAM 133	S VADAPAN
128.	வளமான எ ண கள மல அ த க	மா
129.	ஓ வொ நா அ த	நெ போலிய ஹி
130.	அமைதி ஆ ற அப மித	மா , அ ச வெ
131.	இதோ வெ றி பெர ச தி	டேப
132.	ஏப ஜே அ கலா	சிவலி க
133.	ந ப கயை பல ப க	ரமன கே
134.	ஆ மை திற	தயாநிதி
135.	த யை த மயை கா	ச திரசே கர
136.	ந ப கயை பல ப க	ரமன கே
137.	ஆ மை திற	தயாநிதி
138.	த யை த மயை கா	ச திரசே கர
139.	GOVERNANCE FOR GROWTH IN INDIA-	ஏப ஜே அ கலா
140.	MY JOURNEY-	APJ ABDUL KALAM
141.	THE FAMILY AND THE NATION	ஏப ஜே அ கலா
142.	THE RIGHTEOUS LIFE-	ஏப ஜே அ கலா
143.	FORGE YOUR FUTURE-	ஏப ஜே அ கலா
144.	INDOMITABLE SPIRIT-	ஏப ஜே அ கலா
145.	NEE ORUTHANIPPIRAVI- ந ஓ தன ப வ	ஏப ஜே அ கலா
146.	- TURNING POINTS	சி ன வாச
147.	YOU ARE UNIQUE	ஏப ஜே அ கலா
148.	ENATHU PAYANAM- என பயண	ஏப ஜே அ கலா
149.	THE SPIRIT OF INDIA-	ஏப ஜே அ கலா
150.	A MANIFESTO FOR CHANGE-	ஏப ஜே அ கலா
151.	IGNITED MINDS-	ஏப ஜே அ கலா
152.	AGNI SIRAHUGAL அ ன சிற க	ஏப ஜே அ கலா
153.	ண தவ கே வெ றி	ஹா ச
154.	லிய	
155.	Wings of fire : an autobiography	APJ ABDUL KALAM
156.	HOW TO USE ENGLISH	COLLINS
157.	ENGLISH TAMIL DICTIONARY	COLLINS

### **3. Proposed to develop library portal for the e-contents for e-learning of physical education.**

As per the recommendations of our college library advisory committee, study materials in physical education which is already prepared by our faculty were in printed form. These materials digitalized and uploaded in the college library portal. Our college Ph.D., theses abstracts was also made e-repository. Video CDS' for teaching fundamentals of major games and activities were also uploaded in our library portal. These services were easing our students for e-learning of physical education subjects.

## **V. STUDENT SUPPORT AND PROGRESSION**

### **Proposals chalked out**

1. Proposed to organize National Sports Day along with inter Vidyalaya institutions tournaments
2. Proposed to conduct Swachh Bharat and Clean Vidyalaya Campaigns by our staff and students
3. Proposed to encourage our students to participate in many tournaments/competitions
4. Proposed to conduct I<sup>st</sup> and II<sup>nd</sup> Project Track and Field Meet
5. Proposed to conduct All Vidyalaya Independence Day celebrations
6. Proposed to conduct teachers day celebration
7. Proposed to conduct Tamilnadu Physical Education and Sports University Inter-collegiate tournaments in cricket, tennis, volleyball, table tennis and hockey
8. Proposed to celebrate Vinayagar Chaturthi
9. Proposed to conduct special coaching classes for preparing the students to appear in the competitive examinations
10. Proposed to conduct various literary competitions for our students in tamil and English and also encourage to participate in the literary competitions organized by various institutions
11. Proposed to conduct National Service Scheme (NSS) programme inaugural function and carry out its activities

### **Proposals Implemented**

#### **1. Proposed to organize National Sports Day along with inter Vidyalaya institutions tournaments**

In the college level Inter vidyalaya Institutions volleyball tournament, which was held on 12.08.2015 at our college ground, our college team became the winners.

Inter Vidyalaya Institutions Tournament valedictory function was held on 27.08.2015 at GKD Auditorium. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya distributed the prizes to the winners and runners. As part of the **NATIONAL SPORTS DAY** celebrations, Hockey Legend Major Dhyan Chand's Portrait was unveiled.

In the Inter Vidyalaya Institutions Tournament, Maruthi College of Physical Education secured the following positions:

S. No.	Game	Position
1.	Volleyball	Winners
2.	Cricket	Winners
3.	Kabaddi	Runners-up
4.	Handball	Runners-up
5.	Shuttle Badminton	Runners-up
6.	Football	Runners-up

The Inter Vidyalaya Institutions Tournaments (IVIT) feedback meeting was convened on 09.09.2015 at our conference hall. All the physical education personnel from Vidyalaya attended the meeting.

## 2. Proposed to conduct Swachh Bharat and Clean Vidyalaya Campaigns by our staff and students

- Our college students were involved in cleaning the Kabaddi, Handball courts and Cricket field on 24.08.2015 and 25.08.2015.
- Our college students were involved in cleaning the Periyanaickenpalayam railway station on 21.09.2015. Our students were also laid Two Tennikoit courts.

## 3. Proposed to encourage our students to participate in many tournaments/competitions

- Our college volleyball team participated in the 22<sup>nd</sup> Shri. N. Muthiah Ambalam Memorial State Level Inter-Collegiate volleyball tournament organised by the American College, Madurai, from 04.08.2015 to 05.08.2015. Our team lost in the quarterfinals to SRM University, Chennai.
- In the Tamil Nadu Physical Education and Sports University, Chennai organized the State Level Inter-Collegiate volleyball tournament from 25.08.2015 to 29.08.2015 in this, our college volleyball team secured runners-up position.
- Tamil Nadu Physical Education and Sports University inter-collegiate tournaments in Cricket, Tennis and Table Tennis (2015-2016) were conducted at our college from 02<sup>nd</sup> to 04<sup>th</sup> September 2015. Results of the tournament:

S. No.	Game	Winner	Runners-up
1.	Tennis	Maruthi College of Physical Education, Coimbatore	YMCA College of Physical Education, Chennai
2.	Table Tennis	YMCA College of Physical Education, Chennai	Maruthi College of Physical Education, Coimbatore
3.	Cricket	Maruthi College of Physical Education, Coimbatore	Selvam College of Physical Education, Namakkal

- Tamil Nadu Physical Education and Sports University inter-collegiate tournaments in Volleyball and Hockey (2015-2016) were conducted at our college from 10<sup>th</sup> to 12<sup>th</sup> September 2015. Results of the tournament:

S. No	Game	Winner	Runners-up
1.	Volleyball	Maruthi College of Physical Education, Coimbatore	Tamil Nadu Physical Education and Sports University, Chennai
2.	Hockey	YMCA College of Physical Education, Chennai	Maruthi College of Physical Education, Coimbatore

- Our college volleyball team secured runners-up position and also received the cash prize Rs.8000/- in the District Level Flood Light Volleyball Tournament organized by Nethaji Volleyball Sports Club, Mookanur (Annur) on 12.09.2015 and 13.09.2015.
- Our college Kabaddi team secured runners-up position in the Tamil Nadu Physical Education and Sports University Inter Collegiate Tournaments held at Sri Renugambal College of Physical Education, Tiruvannamalai on 15.09.2015 and 16.09.2015. Dr. T. Jayabal, Associate Professor accompanied the team.
- Our college athletes participated in the 23<sup>rd</sup> Karunya Evangeline Memorial Tournaments (South India Level) at Karunya University from 25<sup>th</sup> to 27<sup>th</sup> September 2015. Results as follows:

S. No	Name	Course	Event	Position
1.	N. Surendaran	MPed II	100 m	2 <sup>nd</sup> place

- The following students of our college have been selected to represent the Tamil Nadu Physical Education and Sports University in the South Zone Inter University competitions.

S. No	Name	Course	Game
1.	D. Arul Prabu	MPed II	Volleyball
2.	S. Prabhakaran	MPed II	Volleyball
3.	P. Manikandan	MPed II	Volleyball
4.	R. Ramamoorthi	MPed I	Volleyball
5.	R. Palanisamy	MPed I	Kabaddi
6.	P. Srikanth	MPed I	Kabaddi
7.	C. Gopalakrishnan	BPEd I	Kabaddi
8.	G. Marisamy	BPEd I	Badminton
9.	U. Ramki	MPed II	Badminton

#### 4. Proposed to conduct I<sup>st</sup> and II<sup>nd</sup> Project Track and Field Meet

- Dhyanchand house of our college conducted first project sports meet on 05.08.2015 at our college athletic track Swami Sahananandaji Maharaj, Ramakrishna Mission Vidyalaya inaugurated the meet and Dr. STN. Rajeswaran, Professor, Department of Physical Education, Bharathiar University, Coimbatore delivered the valedictory address and distributed the prizes.
- Viswanathan Anand house of our college conducted second project track and field meet on 19.09.2015 at our college athletic track. Swami Kirtipradananda Maharaj, Deputy Controller of Examination, RMVU inaugurated the meet and Dr. P.J. Sebastian, Professor, Ramakrishna Mission Vivekananda University Faculty of GAPEY was the chief guest of valedictory function and distributed the medals and certificates to the winners.

## 5. Proposed to conduct All Vidyalaya Independence Day celebrations

- Independence Day rehearsal was conducted on 13.08.2015 in our college ground. All the contingents from various Vidyalaya institutions took part in the rehearsal.
- The 69<sup>th</sup> Independence Day celebration was held in our college ground on 15.08.2015. Around 1000 students representing various institutions of the Vidyalaya participated. Swami Abhiramanandaji Maharaj hoisted the national flag and delivered Independence Day address. Inspector KR. Shrivastav and Head Constable D.S. Kanawat, CRPF, Coimbatore acted as judges to select the best marching contingents. Vidyalaya High School won the junior rolling trophy securing 63 points and Maruthi College of Physical Education won the senior rolling trophy by securing 64 points. Nakkubetta T.V gave live telecast and also live streaming of our Independence Day celebrations.

## 6. Proposed to conduct teachers day celebration

- Teachers Day was celebrated on 04.09.2015 at our college. Dr. S. Alagesan, Professor welcomed the gathering. Sri V. Ganesan, Senior Principal, Satchidananda Jothi Nikethan Mat. Hr. Sec. School, Kallar delivered the Teachers' day address. Brahmachari Paramartha Chaitanya, Assistant Administrative Head, RMVU and Swami Kirtipradanandaji Maharaj, Deputy Controller of Examination, RMVU delivered the Teachers' day messages. On this occasion, portraits of Dr. Sarvepalli Radhakrishnan and Dr. APJ. Abdul Kalam were unveiled. Dr. Ch. VST. Saikumar, Principal proposed vote of thanks.

## 7. Proposed to conduct Tamilnadu Physical Education and Sports University Inter-collegiate tournaments in cricket, tennis, volleyball, table tennis and hockey

- Tamil Nadu Physical Education and Sports University inter-collegiate tournaments in Cricket, Tennis and Table Tennis (2015-2016) were conducted at our college from 02<sup>nd</sup> to 04<sup>th</sup> September 2015. In the valedictory function of Tennis and Table Tennis tournaments, Dr. P.J. Sebastian, Professor, RMVU GAPEY distributed the prizes to the winners. In the valedictory function of cricket tournament, Swami Nirmaleshanandaji Maharaj delivered the chief guest address and also distributed the prizes to the winners. Dr. E. Amudhan, Assistant Professor proposed vote of thanks.

- Results of the tournament:

S. No	Game	Winner	Runners-up
1.	Tennis	Maruthi College of Physical Education, Coimbatore	YMCA College of Physical Education, Chennai
2.	Table Tennis	YMCA College of Physical Education, Chennai	Maruthi College of Physical Education, Coimbatore
3.	Cricket	Maruthi College of Physical Education, Coimbatore	Selvam College of Physical Education, Namakkal

- Tamil Nadu Physical Education and Sports University inter-collegiate tournaments in Volleyball and Hockey (2015-2016) were conducted at our college from 10<sup>th</sup> to 12<sup>th</sup> September 2015. Swami Kirtipradanandaji Maharaj and Swami Garishthanandaji Maharaj, inaugurated the hockey finals between MCPE and YMCA, Chennai. Swami Punyavratandaji Maharaj, Ramakrishna Mission Vidyalaya inaugurated the volleyball finals between MCPE and TNPESU, Chennai. In the valedictory function Dr. C. Arumugam, observer from the Tamil Nadu Physical Education and Sports University, Chennai gave the feedback about the tournament. Dr. N. Muthaiah, Principal, SRMV College of Education gave chief guest's address and also distributed the prizes to the winners.

- Results of the tournament:

S. No	Game	Winner	Runners-up
1.	Volleyball	Maruthi College of Physical Education, Coimbatore	Tamil Nadu Physical Education and Sports University, Chennai
2.	Hockey	YMCA College of Physical Education, Chennai	Maruthi College of Physical Education, Coimbatore

### 8. Proposed to celebrate Vinayagar Chathurthi

- Vinayagar Chathurthi was celebrated in our college on 16.09.2015.

### 9. Proposed to conduct special coaching classes for preparing the students to appear in the competitive examinations

- Sri David, Tamil Nadu Graduates Federation, Chennai gave a guest lecture to our students on 'Smart way to prepare for Competitive Examinations' on 22.09.2015.

### 10. Proposed to conduct various literary competitions for our students in tamil and English and also encourage to participate in the literary competitions organized by various institutions

- In commemoration of Swami Vivekananda's Chicago address, we organized Tamil and English recitation competition on 14.08.2015, in which 17 students participated in Tamil and 12 students participated in English recitation competition.

The results are given below:

S. No	Name of the student	Course	Category	Place
1.	N. Satheeshkumar	MPed I	Tamil	I
2.	P. Sathishkumar	BPEd I	Tamil	II
3.	K. Selvaraj	BPEd I	Tamil	III
4.	B. Aaron Arshay Keets	MPed II	English	I
5.	B. Gautham	BPEd	English	II
6.	R. Priyesh	BPEd	English	III

- Our college MPed II year student P. Satheeswaran secured second position in Sri Nalli Kuppaswamy Chetti – Theme translation from Tamil to English conducted by Ramakrishna Mission Vidyalaya, Coimbatore and Sri Nalli Kuppaswamy Chetti, Chennai on 24.08.2015.
- In Commemoration of Dr. APJ. Abdul Kalam, our college Student literary Association organized Tamil essay writing and elocution competition on 01.09.2015, in which 22 students participated in Tamil essay writing and 11 students participated in elocution competition. Sri Sathishkumar, Principal, Sri Ramakrishna Mission Vidyalaya Gandhi Teacher Training Institute, Dr. R. Gokul, Department of Tamil, Sri Ramakrishna Mission Vidyalaya College of Arts and Science and Dr. E. Amudhan, Assistant Professor, Maruthi College of Physical Education were the judges.



Topic for Tamil essay writing : m.g.b\$. mg]y]fyhk]m th]fs]d] thHf] fak]nj r Kd]hdw]j j mw]hd g' f]sg]k]

Topic for Tamil elocution competition: m.g.b\$. mg]y]fyhk]m th]fs]fd t[ fz ] vj ]f]hy , e] ]ah

The results are given below:

S. No	Name of the student	Course	Category	Place
1.	S. Sekar	BPEd I	Elocution	1 <sup>st</sup>
2.	S. Aravind	BPEd I	Elocution	2 <sup>nd</sup>
3.	V. Kanmani	BPEd I	Elocution	3 <sup>rd</sup>

### **11. Proposed to conduct National Service Scheme (NSS) programme inaugural function and carry out its activities**

- All the NSS students and staff members of our college were assembled at the Tennis indoor stadium on 12.08.2015 at 10.00 am. Dr. S. Sivasankar, NSS programme officer delivered the welcome address. Dr. T. Jayabal, Associate Professor delivered the special address regarding International Youth Day after that all the students were taken international youth day pledge. The programme concluded with vote of thanks by Dr. A. Needhiraja, Assistant Professor.
- National Service Scheme (NSS) programme inaugural function was conducted on 14.09.2015. Dr. Ch. VST. Saikumar, Principal welcomed the gathering Dr. T. Radhakrishnan, NSS co-ordinator and Associate Professor, Department of Physical Education, Bharathiar University, Coimbatore delivered the chief guest's address. On this occasion, a sapling was planted by the chief guest. Dr. S. Sivasankar, NSS Co-ordinator, explained proposed programmes of NSS unit for the academic year 2015-2016. Dr. E. Amudhan, Assistant Professor delivered vote of thanks.

## **VI.GOVERNANCE, LEADERSHIP AND MANAGEMENT**

### **Proposals chalked out**

1. Proposed to conduct College Committee and Governing Body Meetings
2. Proposed to invite alumnus to IQAC and major activities of our college

### **Proposals Implemented**

- Our College Committee and Governing Body meetings were held on 11.08.2015 at conference hall.

### **2. Proposed to invite alumnus to IQAC and major activities of our college**

- Dhyanchand house of our college conducted first project sports meet on 05.08.2015 at our college athletic track Swami Sahananandaji Maharaj, Ramakrishna Mission Vidyalaya inaugurated the meet and **Dr. STN. Rajeswaran (Alumni)**, Professor, Department of Physical Education, Bharathiar University, Coimbatore delivered the valedictory address and distributed the prizes.

- National Service Scheme (NSS) programme inaugural function was conducted on 14.09.2015. **Dr. T. Radhakrishnan (Alumni)**, NSS co-ordinator and Associate Professor, Department of Physical Education, Bharathiar University, Coimbatore invited as a chief guest address the students.

## **VII. Innovations and Best Practices**

### **Proposals chalked out**

1. Proposed to conduct health and fitness awareness programme to Vidyalaya walkers and general public.

### **Proposals Implemented**

1. Our students acted as a volunteers in the health and fitness awareness programme to Vidyalaya walkers and general public conducted by our Ramakrishna Mission Vidyalaya, Charitable Dispensary.

## **THIRD QUARTERLY OF 2015-2016 (from 01.10.2015 to 31.12.2015)**

### **I. CURRICULAR ASPECTS**

#### **Proposals chalked out**

1. Proposed to encourage the staff members to actively involve in the academic activities
2. Proposed to organize Teaching Practice for our BPEd I<sup>st</sup> year students
3. Teaching staff should submit the course plan and also prepare the course materials for the even semester.
4. Proposed to get feedback from the students about theory subject handled by our faculty at the end of the odd semester.

#### **Proposals implemented**

##### **1. Proposed to encourage the staff members to actively involve in the academic activities**

Dr. Ch. VST. Saikumar, attended the syndicate meeting of Tamil Nadu Physical Education and Sports University, Chennai on 12.10.2015.

Dr. T. Jayabal, Associate Professor attended the youth awakening day meeting (In commemoration of Dr. APJ. Abdul Kalam birth anniversary) on 12.10.2015 organized by the Joint Director of Collegiate Education, Coimbatore.

##### **2. Proposed to organize Teaching Practice for our BPEd I<sup>st</sup> year students**

Our BPEd I<sup>st</sup> year students visited various Government Schools (11) and Matriculation Schools (12) for teaching practice from 06.10.2015 to 17.10.2015. External practice teaching examination was conducted for our BPEd I<sup>st</sup> year students on 19.10.2015 & 20.10.2015. Dr. STN. Rajeswaran, Professor, Bharathiar University, Coimbatore was the examiner.

**3. Teaching staff should submit the course plan and also prepare the course materials for the even semester.**

Course plans and course materials were submitted by all the staff members for their respective subjects

**4. Proposed to get feedback from the students about theory subject handled by our faculty at the end of the odd semester.**

The feedback from the students about theory subject handled by our faculty at the end of the odd semester was collected on 04.11.2015.

## **II. Teaching, Learning and Evaluation**

### **Proposals chalked out**

1. Proposed to depute our staff members to various faculty improvement programmes
2. Proposed to encourage the staff members to actively participate, present papers and act as a resource person in conferences, seminars, workshops and symposia etc
3. Proposed to initiate examination/ evaluation reforms in our institution as per NCTE norms.
4. Proposed to encourage the administrative and technical staff to take part in the skill development programmes.
5. Teaching staff and students should prepare the innovative teaching aids and training gadgets which would be useful for an effective teaching – learning
6. Propose to conduct the Continuous Internal Assessment (CIA) – II, Pre-semester examinations and Semester examinations for our students
7. Proposed to collect feedback from the students about the odd semester theory examinations at the examination hall
8. Proposed to collect feedback from the external examiners about the odd semester theory examinations.

### **Proposals implemented**

#### **1. Proposed to depute our staff members to various faculty improvement programmes**

All the teaching staff members of our college were attended the certificate course in the ‘English Communicative Skills’ organized by RMVU GAPEY from 14.12.2015.

#### **2. Proposed to encourage the staff members to actively participate, present papers and act as a resource person in conferences, seminars, workshops and symposia etc**

- Dr. Ch. VST. Saikumar, Principal attended National level Workshop on “Brunt of Sports Sciences on High Level Sports Performance” organized by Department of Advanced Training and Coaching, Tamil Nadu Physical Education and Sports University, Chennai on 03.10.2015.

- Dr. M. Ramajayam Assistant Professor of our college presented a paper on “Analysis of Muscular Strength and Muscular Endurance of South Indian Adolescent School Boys ” in the 7<sup>th</sup> Asia Pacific Conference on Exercise and Sports Science (Official Conference of Asian Council of Exercise and Sports Science) organized by Manav Rachna International University, Faridabad from 14.10.2015 to 16.10.2015.
- Dr. Ch. VST. Saikumar, Principal, acted as a resource person in the UGC Sponsored National Seminar entitled ‘Fitness and Wellness Through Sports’ on 08.11.2015 organised by the Department of Physical Education and Sports, Sri Krishnadevaraya University, Anantapuramu, Andhra Pradesh.
- Dr. E. Amudhan, Dr. S. Sivasankar, Dr. A. Needhiraja, Dr. M. Ramajayam and Sri S. Muniraj, Assistant Professors of our college presented papers in the International Seminar on “Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” during 19.11.2015 and 20.11.2015 organised by the All Saints College, Trivandrum, Kerala as follows:

<b>S. No</b>	<b>Name of the staff</b>	<b>Paper entitled</b>
1	Dr.E.Amudhan	Isolated Effect of Yogasana and Prayanama Training on Selected Physiological Parameters of Inter Scholastic Girls
2	Dr.S.Sivasankar	Influence of Yogic Practices on Span of Attention of intellectually Challenged Children
3	Dr.A.Needhiraja	Prediction of handball playing ability from the selected Anthropometrical, Physical, Physiological and Psychological variables among inter collegiate players
4	Dr.M.Ramajayam	Yoga Therapy for Back Pain
5	Sri. S.Muniraj	Impact of Scientific Training on Skill Performance of Field Hockey Players

- Dr. E. Amudhan and Dr. M. Ramajayam Assistant Professors of our college presented papers in the National Seminar on “Scientific Approaches and Application of Yoga and Holistic Lifestyle for Better Tomorrow” during 25.11.2015 and 26.11.2015 sponsored by the Directorate of Collegiate Education, Government of Kerala and organised by the Department of Physical Education, Government College, Tripunithura, Ernakulam District, Kerala.

<b>S. No</b>	<b>Name of the staff</b>	<b>Paper entitled</b>
1	Dr. E. Amudhan	Isolated Effect of Yogasana and Prayanama Training on VO2 Max of Inter Scholastic Girls
2	Dr. M. Ramajayam	Impact of Yogasanas Training Physical Exercises Training Combined Training on Selected Body Composition Variables of School Boys

- Dr. E. Amudhan, Assistant Professor and 5 research scholars attended the CVR lecture on 07.12.2015 at Sri Ramakrishna Mission Vidyalaya College of Education, Seminar Hall.

### 3. Proposed to initiate examination/evaluation reforms in our institution as per NCTE norms.

The following reforms on examination / evaluation were initiated:

- Hours, credits, examination pattern, evaluation and syllabus for BPEd & MPEd were introduced in as per the NCTE norms
- Centralized Continuous Internal Assessment Test (CIA) test
- Transparency - supply of photocopy of theory subject papers
- Results through our college website i.e. www.srkvmcpe.org
- Supplementary Examination
- Mark sheets with students photo
- A new external hard disk is installed for back up and repository purpose as follows:

S.No	Name of the Equipment	Qty	Amount	Account
1	2TB HDD External Hard disk	1	6,695.00	UGC Grant Account

### 4. Proposed to encourage the administrative and technical staff to take part in the skill development programmes.

For our administrative and technical staff to take part in the skill development, a specialized programme was arranged with our Ramakrishna Mission Vidyalaya Polytechnic College.

### 5. Teaching staff and students should prepare the innovative teaching aids and training gadgets which would be useful for an effective teaching – learning

Our teaching staff and students were prepared the following innovative teaching aids and training gadgets which would be useful for an effective teaching – learning:

S.No.	Name of the game	Name of the teaching aid
1	Ball badminton	Service target
2	Kabaddi	Side and circle kicker
3	Shuttle badminton	Smashing target
4	Table Tennis	Rally target
5	Tennis	Service target

### 6. Propose to conduct the Continuous Internal Assessment (CIA)-II, Pre-semester examinations and Semester examinations for our students

S. No	Name of the Examination	Name of the course	Date
1.	CAT-II	M.Phil	12.10.2015 & 13.10.2015
2.	CAT-II	BPEd I, MPEd I & II	26.10.2015 & 27.10.2015
3.	CAT-III	M.Phil	

External practice teaching examination was conducted for our BPEd I year students on 19.10.2015 & 20.10.2015. Dr. STN. Rajeswaran, Professor, Bharathiar University, Coimbatore was the examiner.

S. No	Name of the Examination	Name of the course	Date
1.	Pre-semester	BPEd I, MPEd I & II	02.11.2015 to 06.11.2015
2.	First semester	BPEd I & MPEd I	12.11.2015 to 18.11.2015
3.	Third semester	MPEd II	

### **7. Proposed to collect feedback from the students about the odd semester theory examinations at the examination hall**

During the odd semester examinations (13.11.2015 to 18.11.2015), feedback forms were made available in the examination halls for our students to express their observation about the question paper whether it would be within the syllabus or not.

### **8. Proposed to collect feedback from the external examiners about the odd semester theory examinations.**

Feedback from the external examiners about the odd semester theory examinations was collected from 21.11.2015 to 23.11.2015 for BPEd and MPEd courses. The external examiners were, Dr. T. Radhakrishnan, Associate Professor, Bharathiar University, Dr. C. Arumugam, Assistant Professor, Tamil Nadu Physical Education and Sports University, Chennai and Dr. G.Kumaresan, Assistant Professor, Bharathiar University.

## **III. Research, Consultancy and Extension**

### **Proposals chalked out**

1. Proposed to encourage our faculty to actively involve in the research oriented activities.
2. Proposed to encourage extension activities
3. Proposed to increase the library collections.

### **Proposals implemented**

#### **1. Proposed to encourage our faculty to actively involve in the research oriented activities.**

- Tamil Nadu Physical Education and Sports University conducted an entrance examination and interview on 10.12.2015 to admit Ph.D scholars for the year 2015-2016. From our college, 08 candidates appeared for the interview and entrance examination. Dr. E. Amudhan, Assistant Professor was nominated as the member of research committee for this selection.

**Research Articles published by our staff members in ISSN Journals**

S.No	Name of the Staff	Title of the Article	Name of the Journal with ISSN No	Name of the Publisher	Month and Year of Publication
01	Dr.Ch.VST.Saikumar	Impact of yoganasana programme on selected psychological variables of sedentary college students	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
2,3	Dr.E.Amudhan	Comparative analysis of selected physical fitness variables between high and low altitude school boys	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
		Comparative analysis of selected physical fitness variables of industrial training institute sportsmen among various districts of Coimbatore region	Journal of Adapted Physical Education and Yoga, ISSN - 2229-4821	Ramakrishna Mission Vivekananda University	December, 2015
4	Dr.S.Sivasankar	Effect of yogic practice and aerobic exercises on vital capacity among school boys	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
5,6	Dr.A.Needhiraja	Analysis of psychological characteristics among different team games	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
		Comparative effect of mcconnell taping kinesio tex taping methods with lower body plyometric training on selected physical fitness variables and pain among university	Journal of Adapted Physical Education and Yoga, ISSN - 2229-4821	Ramakrishna Mission Vivekananda University	December, 2015

		level volleyball players with patello-femoral pain syndrome			
7,8	Sri S. Muniraj	Influence of specific skill training on skill performance of field hockey players	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
		Impact of own body weight circuit training program on physical and physiological variables of school boys	Journal of Adapted Physical Education and Yoga, ISSN - 2229-4821	Ramakrishna Mission Vivekananda University	December, 2015
9,10, 11	Dr.M.Ramajayam	Impact of plyometric training with specific drills on selected physical fitness variables of college level badminton players	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
		Impact of specific drills with visual aids on selected skill performance variables of pre adolescent tennis learners			
		Impact of plyometric training with specific drills on selected skill performance variables of college level badminton players	Journal of Adapted Physical Education and Yoga, ISSN - 2229-4821	Ramakrishna Mission Vivekananda University	December, 2015
12	Sri M.Prabhu	Analysis of psychological characteristics among different team games	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015



## 2. Proposed to encourage extension activities

- As part of the ‘Clean Vidyalaya’ our college students cleaned the football play field on 21,22,23,28 & 29.12.2015.
- Periyanaickenpalayam, Annur, Karamadai, Thudialur & Saravanampatti police personnel had march past rehearsal in our college ground on 03.10.2015.
- Coimbatore Civil Engineers Association members utilized our cricket ground on 04.10.2015, and our MPED II year students were officiating the matches.
- KSB pumps recreation club, Coimbatore utilized our cricket ground on 06.10.2015.
- 10 of our MPED II year students acted as officials for Dr. MGR Medical University Inter Collegiate Volleyball, Basketball & Ball Badminton tournaments on 08.10.2015 & 09.10.2015 organised by the RVS Homeopathy Medical College and Hospital, Coimbatore.
- 30 of our students acted as officials for Anna University North Zone Athletic Meet on 10.10.2015 & 11.10.2015 organised by Sree Sakthi Engineering College, Coimbatore.
- 08 of our MPED II year students acted as officials in the Anna University Inter Zone women hockey tournament on 17<sup>th</sup> and 18<sup>th</sup> October, 2015 organised by the United Institute of Technology, Coimbatore.
- The youth convention which was organized by Ramakrishna Mission Vidyalaya from 26.11.2015 to 28.11.2015. All of our staff members, 39 MPED I<sup>st</sup> year students conducted minor games for the participants. Games were conducted separately for women at Sri Ramakrishna Mission Vidyalaya College of Arts and Science play grounds and for men at Polytechnic grounds. Yoga classes were conducted at our college tennis indoor stadium.
- KSB pumps, Coimbatore utilized our Badminton courts on 20.12.2015, 08 of our students acted as officials.

## 3. Proposed to increase the library collections.

S.No	Particulars	Amount	Account
1	Journals	49944.00	Students Service
2	Journals	50480.00	UGC Autonomy

## IV. Infrastructure and Learning Resources

### Proposals chalked out

1. UGC had sanctioned to our college financial assistance of Rs. 2.5 Crores for the development of sports infrastructure and equipment in the XII plan (2012-2017) Stage-III . It is proposed to construct a fitness centre with sports sciences back up.

## 2. Proposed to train the teachers and students in computer and software technology

Students and Teachers are given chance through periodical short time training and e-learning practice to adopt the up to date ICT techniques for their teaching, learning and research. The supporting training agenda is implemented by using our polytechnic and college of arts and science computer science department faculties.

## 3. Propose to conduct internal audit for library

### Proposals implemented

#### 1.University Grants Commission (UGC) had sanctioned the grant under the scheme of “Development of Sports Infrastructure & Equipments for XII Plan period”

Item	Amount sanctioned	Amount received	Balance amount
Stage-III: Fitness centre with sports sciences back up	2,40,00,000.00	1,20,00,000.00	1,20,00,000.00

#### 2. The following infrastructure facilities were developed in our college campus

S.No	Particulars	Amount	Account
1	<b><u>Ground Maintenance:</u></b> Red Soil, Chunnam, Painting for Handball, Football, Volleyball post etc.,	48968.00	<b>Students Service</b>
2	<b><u>Repairs &amp; Upkeep:</u></b> Bird eye view board	50000.00	
3	White marker board	16506.00	
4	<b><u>Library Journal:</u></b> Library Journal	49944.00	
<b>Total</b>		<b>165418.00</b>	

S.No	Particulars	Amount	Account
1	Anatomical items	66300.00	<b>UGC Autonomy</b>
2	Library Journals	50480.00	
3	Water Doctor(1 No)	44000.00	
4	Fire extinguisher (2 No's)	8750.00	
<b>Total</b>		<b>169530.00</b>	

### **3. Proposed to train the teachers and students in computer and software technology**

To train our teachers and students in computer and software technology, training was conducted by the Staff from Department of Information and Technology, Sri Ramakrishna Mission Vidyalaya Polytechnic College, Coimbatore.

### **4. Propose to conduct internal audit for library**

Internal audit was conducted on 14.12.2015 for our college Library. Dr. R. Senthilkumar, Librarian, Kongunadu College of Arts and Science, Coimbatore, Dr. R. Jayabal, Librarian, Sri Ramakrishna Mission Vidyalaya, College of Arts and Science, Dr. S. Swaminathan, Librarian, Sri Ramakrishna Mission Vidyalaya, College of Education were the external auditing members.

## **V.Student Support and Progression**

### **Proposals chalked out**

1. Proposed to conduct special coaching classes for preparing the students to appear in the competitive examinations
2. Special Coaching classes are to be arranged for the low scoring students
3. Proposed to celebrate Saraswathi Pooja
4. Proposed to conduct III<sup>rd</sup> Project Track and Field Meet
5. Proposed to encourage our students to participate in many tournaments/competitions
6. Proposed to encourage our students to take part in youth awakening day rally and Kalaimagal Vizha
7. Proposed to participate in the youth convention
8. Propose to conduct tutor ward meeting

### **Proposals implemented**

#### **1. Proposed to conduct special coaching classes for preparing the students to appear in the competitive examinations**

UGC-NET coaching classes were conducted for our M.Phil and MPEd II year students from 10.12.2015 to 13.12.2015 and 23.12.2015. Dr. P. Rajinikumar, Assistant Professor, Department of Exercise Physiology and Nutrition, Tamil Nadu Physical Education and Sports University, Chennai and Mrs. NS. Kothai, Assistant Professor, Department of Computer Application, Dr. MGR. Janaki College of Arts and Science for Women, Chennai are the external resource persons.

#### **2. Special Coaching classes are to be arranged for the low scoring students**

Special Coaching classes were arranged for the low scoring students to improve their learning in the particular theory papers by the subject teachers.

<b>Semester - I &amp; III (2014-2015) - 02.30pm to 3.30pm</b>			
<b>Day</b>	<b>BPEd</b>	<b>MPEd-I</b>	<b>MPEd-II</b>
<b>Mon</b>	Dr.TJ	Dr.SA	Dr.CSK/Dr. MRJ
<b>Tue</b>	Dr.AN	Dr.PJS	Dr.EA
<b>Wed</b>	Dr.EA/Sri MP	Dr.SS	Dr.SA
<b>Thu</b>	-	-	-
<b>Fri</b>	Dr.MRJ/Sri MP	Dr.MS/Sri SM	Dr.SS/Dr.AN/ Dr.RG
<b><u>BPEd</u></b>			
1. Principles and History of Physical Education			- Dr. TJ
2. Anatomy, Physiology and Health Education			- Sri MRJ
3. Methods of Phy.Edn., Introduction to Tests and Measurements and Movement Edn.			- Dr. EA/Dr. AN
4. Healthy Lifestyle Management			- Dr. AN/Dr. AS
5. Fitness Management			- Sri PS
<b><u>MPEd-I</u></b>			
1. Research Methods in Physical Education			- Dr. SA
2. Scientific Principles of Training and Coaching			- Dr. PJS
3. Measurement and Evaluation in Physical Education			- Dr.SS
4. Exercise Physiology			- Dr.MS
5. Applied Kinesiology			- Sri SM
<b><u>MPEd-II</u></b>			
1. Sports Psychology and Sports Sociology			Dr. CSK & Sri MRJ
2. Statistical Application in Physical Education			Dr. EA
3. Experimental Techniques in Laboratories			Dr. SA
4. Fitness and Wellness (or)			Dr. AN & Dr. RG
Yogic Therapy			Dr. SS

### **3. Proposed to celebrate Saraswathi Pooja**

Our college staff and students celebrated the Saraswathi Pooja on 20.10.2015 at Niranjanananda prayer hall.

#### 4. Proposed to conduct III<sup>rd</sup> Project Track and Field Meet

The III<sup>rd</sup> project sports meet organized by the Sachin Tendulkar house on 15.12.2015, Swami Harivratandaji Maharaj inaugurated the sports meet and hoisted the national flag. In the valedictory function, Dr. S. Somasundaramurthy, Director of Physical Education, PSG College of Technology, Coimbatore gave medals to the winning athletes.

#### 5. Proposed to encourage our students to participate in many tournaments/competitions

- The following students of our college have been selected to represent the Tamil Nadu Physical Education and Sports University in the South Zone Inter University competitions.

S. No	Name	Course	Game
1.	D. Arul Prabu	MPed II	Volleyball
2.	S. Prabhakaran	MPed II	Volleyball
3.	P. Manikandan	MPed II	Volleyball
4.	R. Ramamoorthi	MPed I	Volleyball
5.	R. Palanisamy	MPed I	Kabaddi
6.	P. Srikanth	MPed I	Kabaddi
7.	C. Gopalakrishnan	BPed I	Kabaddi
8.	G. Marisamy	BPed I	Badminton
9.	U. Ramki	MPed II	Badminton

- Our college athletic team participated in the Tamil Nadu Physical Education and Sports University intercollegiate athletic meet organized by the YMCA College of Physical Education, Chennai from 13<sup>th</sup> to 15<sup>th</sup> October 2015. Dr. E. Amudhan, Assistant Professor, accompanied the team. Our students secured the following positions:

S. No	Game/Event	Position	Name of the student	Course
1.	100 mtrs	First place	Surendaran. N	MPed II
2.	200 mtrs	First place	Surendaran. N	MPed II
3.	4x100 relay	First place	Surendaran. N	MPed II
			Anish. D	MPed II
			Rajkumar. R	MPed II
			Gokulkrishnan. M	MPed II
4.	110 hurdles	Second place	Surendaran. N	MPed II
5.	Javelin Throw	Second place	Yuva Mohanraj. M	BPed I
6.	Triple Jump	Third place	Rajkumar. R	MPed II
7.	400 hurdles	Third place	Mohanraj. R	BPed I

- In the State Level Chief Minister's Trophy held at Nehru Stadium, Chennai on 29.10.2015, our college students secured the following positions:

S. No	Name of the student	Course	Event/Game	Position	Prize details (cash prizes are yet to be received)
1.	M. Yuva Mohanraj	BPed I	Javelin Throw	2 <sup>nd</sup>	Rs.75,000.00, certificate & medal
2.	N. Surendaran	MPed II	100 mtrs	3 <sup>rd</sup>	Rs.50,000.00, certificate & medal
3.	G. Hariharan	MPed I	Hockey (for salem team)	4 <sup>th</sup>	Rs.25,000.00, certificate & medal

4.	T. Rajkumar	MPEd I	Hockey (for salem team)	4 <sup>th</sup>	Rs.25,000.00 certificate & medal
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- In the mini marathon open men 10 km race organized by the Robert Bosch (IT) Company, Coimbatore on 22.11.2015 at Stanes School, Coimbatore. Around 900 athletes participated and C. Saravanan of II MPEd secured 2nd place and got individual trophy, certificate and medal.
- The following students of our college have been selected to represent the Tamil Nadu Physical Education and Sports University, Chennai in the South Zone Inter University Hockey (Men) competition conducted by Acharya Nagarjuna University, Guntur from 30.11.2015 to 04.12.2015 at Guntur, Andhra Pradesh.

S. No	Name	Course
1.	N. Senthil Kumar	MPEd II
2.	G. Hariharan	MPEd I
3.	T. Rajkumar	MPEd I
4.	B. Vishvanathan	BPEd I

- Our college MPEd II year student N. Surendaran secured 1st place and got certificate, medal and cash prize of Rs.1000.00 in 100 meters dash in the District Level Chief Minister's Trophy held at Nehru Stadium, Coimbatore on 30.11.2015.
- The following students of our college have been selected to represent the Tamil Nadu Physical Education and Sports University in the South Zone Inter University competitions

S. No	Name	Course	Game/Event	Date	Place
1.	M. Gokul Krishnan	MPEd II	Football	10.12.2015 to 16.12.2015	Amrita Vishwa Vidyalayam
2.	N.Surendran	MPEd II	100M, 200M and 110m Hurdles	29.12.2015 to 03.1.2016	Punjabi University, Patiala
3.	T. Boopathi Manigandan	MPEd II	Basketball	29.12.2015 to 03.1.2016	SRM University, Chennai
4.	E. Kaviarasu	MPEd II			
5.	V.C Dinesh Kumar	BPEd I			
6.	K. Natchimuthu	MPEd II	Ball Badminton	02.01.2016 to 06.01.2016	Mangalore University
7.	D. Arul Prabu	MPEd II	Handball	04.01.2016 to 08.01.2016	Alagappa University, Karaikudi

## 6. Proposed to encourage our students to take part in youth awakening day rally and Kalaimagal Vizha

- Our college NSS students participated in the youth awakening day rally (In commemoration of Dr. APJ. Abdul Kalam birth anniversary) on 15.10.2015 at Govt. Arts College, Coimbatore organised by the Joint Director of Collegiate Education, Coimbatore.
- Our college students performed 'Sivathandavam dance' in the Kalaimagal Vizha on 15.10.2015.

## **7. Proposed to participate in the youth convention**

The youth convention which was organized by Ramakrishna Mission Vidyalaya from 26.11.2015 to 28.11.2015. 24 MPEd II<sup>nd</sup> year, 13 MPEd I<sup>st</sup> year and 4 BPEd I<sup>st</sup> year students took part.

## **8. Propose to conduct tutor ward meeting**

Tutor ward meeting were periodically conducted on 30.12.2015

## **VI.Governance, Leadership and Management**

### **Proposals chalked out**

1. Proposed to audit the college accounts periodically
2. Proposed to conduct parents meeting
3. Proposed to conduct all academic body meetings for quality enhancement of our college
4. Proposed to invite alumnus to major activities of our college

### **Proposals implemented**

#### **1. Proposed to audit the college accounts periodically**

Internal audit was completed for our college accounts for the 2nd quarter of this financial year 2015 – 2016 on 06.11.2015.

#### **2. Proposed to conduct parents meeting**

- Parents' meeting was held on 07.12.2015 in the prayer hall for our BPEd I<sup>st</sup> and MPEd I<sup>st</sup> year students. The meeting was started with prayer by Sri Aravindakshan, Music Teacher. Dr. T. Jayabal, Associate Professor, welcomed the gathering; Swami Nirmaleshanandaji Maharaj gave benedictory address and instructions about the rules and regulations of the hostel. Dr. Ch. VST. Saikumar, Principal and Secretary gave the college activities in the even semester. Dr. E. Amudhan, Assistant Professor proposed vote of thanks.

#### **3. Proposed to conduct college committee meeting for quality enhancement of our college**

Our college committee meeting was held on 09.12.2015 in the conference hall.

#### **4. Proposed to invite alumnus to major activities of our college**

Dr. S. Somasundaramurthy, (**alumni**) Director of Physical Education, PSG College of Technology, Coimbatore, invited as chief guest for the valedictory function of 3<sup>rd</sup> project sports meet organized by the Sachin Tendulkar house on 15.12.2015, and he gave medals to the winning athletes.

## **VII.Innovations and Best Practices**

### **Proposals chalked out**

1. Proposed to display our college exhibition prepared by our students in the prominent institutions.

## Proposals implemented

Educational exhibition is one of the important activities of the Vidyalaya Gurupuja (Bhavan Sri Ramakrishnar's birth day public function). The educational exhibition is organized on a grand scale for the benefit of nearby schools, colleges including the public from all over the nation. The various institutions of the Vidyalaya actively participate in the exhibition and contribute various exhibits on selected themes. Out students get the opportunity to organize the educational under the guidance of staff members and they also observe the exhibits of the Vidyalaya institutions. The entrance to the exhibition is open to all the school children, teachers, and devotees and public. In this year our students and staff prepared from 6.12.2015 and displayed the educational exhibition on 3.1.2016 entitled, "Maruthi College of Physical Education: 60 years of service to the society".

## FOURTH QUARTERLY OF 2015-2016 (FROM 01.01.2016 TO 30.04.2016)

### Proposals chalked out

#### I. CURRICULAR ASPECTS

1. Proposed to encourage the staff members to actively involve in the academic activities
2. Proposed to organize play festival
3. Proposed to get feedback from the students about theory subject handled by our faculty at the end of the even semester.

### Proposals implemented

#### 1. Our staff members were actively involved in the following academic activities

- ❖ Dr. S. Sivasankar, Assistant Professor attended All Vidyalaya Alumni Association (AVAA) meeting on 18.01.2016 at Ramakrishna Mission Vivekananda University.
- ❖ Dr. Ch. VST. Saikumar, Principal attended the followings:

S. No	Name of the Assignment	Place	Date
1	Acted as member of the selection committee for the Posts of Assistant Professor	Tamil Nadu Physical Education and Sports University, Chennai	03.02.2016
2	Attended College Committee meeting	Sri Ramakrishna Mission Vidyalaya College of Education	09.02.2016
3	Attended the syndicate meeting	Tamil Nadu Physical Education and Sports University, Chennai	10.02.2016
4	Served as a member of the selection committee to select a Physical Training Instructor	Tamil Nadu Forest Department, Coimbatore	11.02.2016
5	Attended the syndicate meeting	Tamil Nadu Physical Education and Sports University, Chennai	01.03.2016



6	Acted as a member of TNPESU inspection commission to verify the infrastructural facilities and to accord permission to start B.P.Ed programmes	Cheran College of Physical Education, Karur and Rabintharanath Tagore Physical Education College for Women, Tiruchengode	14.03.2016
7	Acted as a member of TNPESU inspection commission to verify the infrastructural facilities and to accord permission to start B.P.Ed programme	Sree Bhavani College of Physical Education, Cuddalore	18.04.2016
8	Attended Board of studies meeting	Tamil Nadu Physical Education and Sports University, Chennai	15.04.2016

## 2. Proposed to organize play festival

- ❖ Bhagavan Sri Ramakrishna Paramahamsar's centenary memorial Play Festival for school children was organized by our college on 26.02.2016 at our college ground. In this Play Festival approximately 2000 Periyanaickenpalayam and Karamadai Panchayat Union Government Elementary School children from 46 schools demonstrated the rhythmic exercises to the tunes of devotional, Folk and patriotic songs. Swami Abhiramanandaji Maharaj, Secretary Ramakrishna Mission Vidyalaya presided the function. Dr. A.M. Moorthy, Vice Chancellor, Tamil Nadu Physical Education and Sports University, Chennai and Sri R. Karthikeyan, Director, Sree Annapoorna Sree Gowrishankar Hotels, Coimbatore were the guests. Headmasters and Headmistresses of Elementary Schools from Periyanaickenpalayam and Karamadai Panchayat Unions, Heads of Institutions and staff members from Vidyalaya institutions participated in this function. Swami Vivekananda's portraits, participation certificates to all the schools and to school children were also presented on this occasion. Dr. Ch. VST. Saikumar, Principal and Secretary of Maruthi College welcomed the dignitaries and Dr. T. Jayabal, Associate Professor proposed vote of thanks.

## 3. Proposed to get feedback from the students about theory subject handled by our faculty at the end of the even semester.

The feedback from the students about theory subject handled by our faculty at the end of the odd semester was collected on 22.04.2016.

## II. Teaching, Learning and Evaluation Proposals chalked out

### 1. Proposed to encourage the staff members to actively participate, present papers and act as a resource person in conferences, seminars, workshops and symposia etc

- ❖ Dr. S. Sivasankar, Assistant Professor and 40 MPEd I year students participated in the National Conference on "Practices and Challenges Encountered in Implementing Policies related to Special Education, Sports and Adapted Games" organized by Ramakrishna Mission Vivekananda University on 05.02.2016 & 06.02.2016.
- ❖ Sri S. Elango, Librarian (SG), attended a state level conference on "Digital Library Services for Academic Excellence: opportunities and challenges" organised by Department of Library and Information Science, St. Joseph's College of Commerce, Bengaluru on 03.03.2016.
- ❖ Dr. A. Needhiraja, Assistant Professor acted as a resource person on aerobics at Sasurie Academy of Engineering, Coimbatore on 19.03.2016.

- ❖ Sri A. Velayutham, Assistant Librarian attended Regional – South Workshop on “Institutional Digital Repository” for National Digital Library (NDL) Project during 25<sup>th</sup> and 26<sup>th</sup> March, 2016 organised by Central Library, IIT Madras, Chennai.

Dr. M. Ramajayam, Assistant Professor

S. No	Name of the Assignment	Place	Date
1.	Presented a paper in the National Conference entitled, “Impact of shuttle feeding machine training on selected skill performance variables of school level badminton players”	Bharathiar University, Coimbatore	31.03.2016
2.	Attended a National level workshop on Yoga	Tamil Nadu Physical Education and Sports University, Chennai	09.04.2016

- ❖ Dr. E. Amudhan and Dr. S. Sivasankar Assistant Professors, acted as judges in the State Level Yoga Competition organised by Ramakrishna Mission Vivekananda University GAPEY on 03.02.2016.
- ❖ Dr. S. Sivasankar, Assistant Professor and NSS programme officer attended NSS programme officers training from 10.02.2016 to 16.02.2016 at Madras School of Social Work, Egmore, Chennai.
- ❖ Dr. S. Sivasankar, Assistant Professor acted as official for 16<sup>th</sup> All India Inter Agricultural Universities Sports & Games Meet 2015 – 16. Organised by the Tami Nadu Agricultural University, Coimbatore on 22.02.2016 and 23.02.2016.

## 2. Proposed to initiate examination/evaluation reforms in our institution as per NCTE norms.

- The Board of studies our college modified the BPEd syllabus as per the NCTE norms and it recommends to the Academic Council for approval.

## 3. Proposed to encourage the administrative and technical staff to take part in the skill development programmes.

For our administrative and technical staff to take part in the skill development, a specialized programme was arranged with our Ramakrishna Mission Vidyalaya Polytechnic College.

## 4. Teaching staff and students should prepare the innovative teaching aids and training gadgets which would be useful for an effective teaching - learning

Our teaching staff and students were prepared the following innovative teaching aids and training gadgets which would be useful for an effective teaching – learning:

S.No.	Name of the game	Name of the teaching aid
1	Kabaddi	Footwork circles and escaping bar
2	Kho-Kho	Dive and touch the hanging objects
3	Shuttle badminton	Target Serving
4	Table Tennis	Targets for various strokes
5	Tennis	Targets for various strokes
6	Throwball	Throwing circles
7	Volleyball	Target service

**5. Propose to conduct the Continuous Internal Assessment (CIA)-I, II, Pre-semester and Semester examinations for our students**

S. No	Name of the Examination	Name of the course	Date
1.	CIA-I	BPEd I, MPEd I, MPEd II & M.Phil	18.01.2016 & 19.01.2016
2.	CIA-II	M.Phil	22.02.2016 & 23.02.2016
3.	CIA-II	BPEd I, MPEd I, MPEd II & M.Phil	18.03.2016 & 19.03.2016
4.	Internal practical examinations	BPEd I, MPEd I & MPEd II	22.03.2016 & 23.03.2016
5.	External practical examinations		24.03.2016 and 26.03.2016
6.	Certificate course Theory and Practical examinations		11.04.2016 & 12.04.2016
7.	Pre-semester		18.04.2016 to 23.04.2016
8.	Semester examinations		25.04.2016 to 29.04.2016

**7. Proposed to collect feedback from the students about the even semester theory examinations at the examination hall**

During the even semester examinations (25.04.2016 to 29.04.2016), feedback forms were made available in the examination halls for our students to transmit their observation about the question paper whether it would be covered the syllabus.

**8. Proposed to collect feedback from the external examiners about the even semester theory examinations.**

Feedback from the external examiners about the even semester theory examinations was collected from 02.05.2016 to 05.05.2016 for BPEd-I, MPEd-I and MPEd-II courses. The external examiners were, Dr.V.Gopinathan, Professor, Annamalai University, Dr. C. Arumugam, Assistant Professor, Dr. Selvalakshmi, Assistant Professor, Tamil Nadu Physical Education and Sports University, Chennai and Dr.S.T.N. Rajeswaran, Professor, Dr. G.Kumaresan, Assistant Professor, Bharathiar University, Coimbatore.

**III. Research, Consultancy and Extension**

**Proposals chalked out**

- Proposed to scrutinize the Ph.D., (part time and full time) applications and send it to Tamilnadu Physical Education and Sports University, Chennai.
- Proposed to encourage extension activities and taking part in the Swach Bharat as well as clean Vidyalaya campaigns

**Proposals Implemented**

- Proposed to scrutinize the Ph.D., (part time and full time) applications and send it to Tamilnadu Physical Education and Sports University, Chennai for admission.

In continuation of scrutinized the Ph.D., (part time and full time) applications, the following students were admitted to undergo in Ph.D programmes for the year 2015-2016

S.No	Name of the Scholar	Mode of study
1	S.Arivazhakan	Full Time
2	Y.Srinivasulu	Full Time
3	P.Senthil	Full Time
4	Attirala Ramaiah	Full Time
5	S.Saminathan	Part Time
6	S.Venkatesh	Part Time

## 2. Extension activities

- ❖ Six of our college students acted as officials in the SIICAA tournament organized by Nachimuthu Polytechnic College, Pollachi on 09.01.2016.
- ❖ All of our BPEd students are visiting 45 elementary schools to teach play festival activities from 05.02.2016 to 25.02.2016.
- ❖ Our college students acted as officials in the following tournaments/events:

S. No	Date	Institution	Event	No. of students involved
1.	27.02.2016 and 05.03.2016	Sri Guru Institute of Technology, Coimbatore	Intramural tournaments	20
2.	01.03.2016 to 06.03.2016	PSG College of Arts and Science, Coimbatore	40 <sup>th</sup> National Veteran Badminton Championship tournament	20

- ❖ Summer Coaching camp is being conducted in Badminton, Cricket and Tennis at our college from 16.04.2016 to 30.05.2016. Swami Nirmaleshanandaji Maharaj Inaugurated the coaching camp on 16.04.2016. Sri M. Prabu, Assistant Professor is the Camp Co-ordinator.

### Swachh Bharat and clean Vidyalaya campaigns

- ❖ As part of the 'Swachh Bharat' our college students took part in cleaning the Periyanaickenpalayam Railway Station on 08.01.2016.
- ❖ As part of the 'Swachh Vidyalaya' our college students cleaned the athletic track on 08.01.2016.

## IV. Infrastructure and Learning Resources

### Proposals chalked out

1. Proposed to train the teachers and students in computer and software technology
2. Proposed to develop various infrastructure facilities for our college campus
3. Proposed to NSS special camp

### Proposals implemented

#### 1. Proposed to train the teachers and students in computer and software technology

Our college administrative staff Sri L. Jagadeesan attended a meeting on 04.01.2016 at Corporation Hr. Sec. School, Siddhapudur, Coimbatore, undergo a training for disbursement of scholarship in e-mode.

#### 2. Proposed to develop various infrastructure facilities for our college campus

The following infrastructure facilities were developed in our college campus from 01.01.2016 to 31.03.2016

### UGC Autonomy Account

Sl. No	Nature of Expenses	Place	Amount
1	White Marker Board with stand – 1 No	Principal Room	2585.00
2	Exide Tubular charged Battery – 8 No's	Administrative Office	60000.00
3	Steel Bureau – 4 No's	Library	56000.00
4	College Name Board – 1 No	College	23221.00
5	Layout Board Post – 1 No	College	37216.00
6	Water Doctor stand – 1 No	College	2915.00
7	Volleyball stand post welding work & Sunshade work etc.,	College	8098.00
8	Projector Screen – 1 No	Computer Lab	5000.00
9	Smart Class room Table – 20 No's	Smart Class	150000.00
<b>Total</b>			<b>345035.00</b>

### Examination Fee Fund Account

Sl. No	Nature of Expenses	Place	Amount
1	Aluminium Ladder – 2 No's	Controller of Examinations	8060.00
2	Repair of 3 KVA UPS	Controller of Examinations	7455.00
<b>Total</b>			<b>15515.00</b>

### UGC Grant Account

Sl. No	Nature of Expenses	Place	Amount	Account
1	Plastic CD – 400 No's	Library	7200.00	IQAC
2	Two Way Speaker channel mixer microphone cable and Head set	Smart Class	40029.00	IQAC
3	Net Work switch, Head Phone, Net Work Cable	Computer Lab	25935.00	IQAC
<b>Total</b>			<b>73164.00</b>	

### Fitness Centre & Sports Sciences Back up Lab (UGC Grant Account)

Sl. No	Nature of Expenses	Place	Amount
1	Fitness Centre building construction work	Fitness Centre	2942344.42
<b>Total</b>			<b>2942344.42</b>

### Students Service Account

Sl. No	Nature of Expenses	Amount
1	Flex Printing for Laboratory	9438.00
2	White Board , Library/College Name Board etc.,	23572.00
3	<b><u>Building Repairs &amp; Maintenance</u></b> Painting at vehicle shed roof, COE, Toilet Block, Toilet Block at Basket Ball court, Fencing paint, Electrical / Carpentry work at our campus for NAAC Visit	296691.25
<b>Total</b>		<b>329701.25</b>

- ❖ Bhoomi Puja function was conducted on 01.01.2016 to construct a fitness centre with sports sciences back up in the vacant space between the fitness centre building and the tennis indoor stadium block. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya and other monks were involved in this holy ceremony.
- ❖ Dr. S. Alagesan, Professor and Head, Ramakrishna Mission Vivekananda University GAPEY, unveiled master plan of the Maruthi College of Physical Education (birds eye view) on 01.01.2016.

### **3. Proposed to NSS special camp**

NSS special camp was conducted on 13.03.2016 at Sri Bharathi Nagar. The camp was inaugurated by Sri Vaarahi Manikanda Swamigal of Naickenpalayam, and presided over by Swami Sahanandaji Maharaj, Sri Ramakrishna Mission Vidyalaya and the chief guest was Sri A. Arivarasu, President, Gudalur Panchayat. The activities conducted in the camp: a. Asanas b. Plantation of the saplings c. Cleaning the Village d. Organising games for boys, girls and to the elders e. cultural programmes f. Arranging special lectures: i) Dr. S. Viswanathan, HOD, Department of Tamil, SRKV College of Arts and Science ii) Dr. S. Alagesan, Professor & Head, RMVU, GAPEY iii) Dr. R. Parimala, Chief Medical Officer, Swami Chidbhavananda Rural Hospital, No.4. Veerapandi. In the valedictory function, Swami Nirmaleshanandaji Maharaj, Sri Ramakrishna Mission Vidyalaya distributed the prizes and Dr. S. Sivasankar, NSS programme officer proposed vote of thanks.

## V.Student Support and Progression

### Proposals chalked out

1. Special Coaching classes are to be arranged for the low scoring students
2. Proposed to participate in Kalpatharu Day function
3. Proposed to offer service by our students and staff in Gurupuja celebration
4. Proposed to conduct IV<sup>th</sup> Project Track and Field Meet
5. Proposed to encourage our students to participate in many tournaments/competitions
6. Proposed to encourage our students to take part in national youth rally
7. Proposed to celebrate republic day
8. Proposed to invite various institutions to conduct the campus placement
9. Proposed to conduct tutor ward meeting
10. Proposed to conduct guest lectures by eminent personalities for our students at regular intervals
11. Proposed to participate in the graduation day ceremony
12. Proposed to celebrate achievers day function
13. Propose to celebrate annual day function

### Proposals implemented

#### 1. Special Coaching classes are to be arranged for the low scoring students

Special coaching classes arranged for the low scoring students to improve their learning in the particular theory papers by the subject teachers.

<b>Special Time table for Low Acheivers</b>			
<b>Semester - II &amp; IV (2015-2016) - 02.30pm to 3.30pm</b>			
<b>Day</b>	<b>BPEd</b>	<b>MPEd-I</b>	<b>MPEd-II</b>
<b>Mon</b>	Dr.SS	Dr.MRJ	Dr.CSK/Dr. MRJ
<b>Tue</b>	Sri SM	Dr.TJ	Dr.EA
<b>Wed</b>	Dr.EA	Dr.EA	Dr.SA
<b>Thu</b>	-	-	-
<b>Fri</b>	Dr.MRJ/Sri MP	Dr.TJ/Sri RG	Dr.SS/Dr.AN/ Dr.RG

<b><u>BPEd</u></b>	
1. Officiating of Sports & Games and Training Methods	- Dr. AN
2. Kinesiology, Biomechanics and Sports Injuries	- Sri SM
3. Organisation, Administration and Supervision in Physical Education	- Dr EA
4. Recreation and Camping	- Sri MP
5. Fundamentals of Yoga	- Dr. SS
<b><u>MPEd-I</u></b>	
Sports management and Curriculum Design	- Dr. MRJ
Officiating and Coaching in Specialization Game - I	- Dr. TJ
Theories of Track and Field	- Dr. EA
Adapted Physical Education	- Dr. RG
Fitness for Special Population	- Dr. TJ
Application of Computer	- Dr. AN
<b><u>MPEd-II</u></b>	
1. Sports Psychology and Sports Sociology	
2. Statistical Application in Physical Education	Dr.EA
3. Experimental Techniques in Laboratories	Dr.SA
4. Fitness and Wellness (or)	Dr.R.G
Yogic Therapy	Dr.SS

## **2. Proposed to participate in Kalpatharu Day function**

All of our staff and students participated in Kalpatharu Day function and Holy Mother Sri Sarada Devi's Birthday Celebration on 01.01.2016.

## **3. Proposed to offer service by our students and staff in Gurupuja celebration**

Our staff & students participated in the following works during Gurupuja Celebrations on 03.01.2016.

<b>S. No</b>	<b>Name of the Duty</b>	<b>Staff</b>	<b>Students</b>
1	Assisting Annadanam Cooking & Serving	4	20
2	Arrangements for Exhibition	2	45
3	Ramayana Park Tickets	9	0
4	Special Invitees Meals Arrangements	1	13
5	Tiffin for Bhajan Parties		
6	Fixing the sign boards		
7	Recreational Games	3	22
8	Scooters and Motor Cycles	1	20
	<b>Total</b>	<b>20</b>	<b>120</b>

## **4. Proposed to conduct IV<sup>th</sup> Project Track and Field Meet**

The 4<sup>th</sup> project sports meet organized by the Milkha Singh house on 11.03.2016, Swami Anapekshananda, Correspondent, Sri Ramakrishna Mission Vidyalaya Polytechnic College, Coimbatore inaugurated the sports meet and hoisted the national flag. In the valedictory function, Dr. R. Annadurai, Associate Professor, Department of Physical Education, Bharathiar University, Coimbatore gave medals to the winning athletes.

## **5. Proposed to encourage our students to participate in many tournaments/competitions**

The following students of our college have been selected to represent the Tamil Nadu Physical Education and Sports University in the South Zone Inter University competitions.



S. No	Name	Course	Game/Event	Date	Place
8.	M. Sakthivel	MPEd I	Cricket	21.01.2016 to 01.02.2016	Saveetha University, Chennai
9.	M. Ravi	MPEd II			
10.	R. Rajkumar				
11.	C. Sivasamy				
12.	T. Boopathi Manikandan				
13.	S. Udayakumar				

- ❖ Our college MPEd II year student C. Saravanakumar secured 3<sup>rd</sup> place in the National Level Chennai Marathon organized by the Wipro on 31.01.2016 and received certificate, medal, sports watch and cash prize of Rs.20,000.00. More than 10,000.00 athletes participated in this competition.
- ❖ Our college cricket team secured 3<sup>rd</sup> position in the Coimbatore District inter-collegiate cricket tournament organized by Coimbatore District Cricket Association and Sri Sakthi Engineering College, Coimbatore from 08.02.2016 to 17.02.2016.
- ❖ Our college cricket team secured 3<sup>rd</sup> position in the Chief Minister's Trophy organized by Relax Cricket Club, Modakurichi from 20.02.2016 to 21.02.2016 and also received the cash prize of Rs.15000/-
- ❖ Our college MPEd I year students G.Hariharan and T.Rajkumar represented the Salem district hockey team secured first place in the Chief Minister's Trophy organized by Coimbatore district hockey association from 18.02.2016 to 20.02.2016 and received certificate, medal and cash prize of Rs.5000.00 each.

#### **6. Proposed to encourage our students to take part in national youth rally**

- National Youth Day Rally pre-meetings were conducted on 07.01.2016 and 18.01.2016 at MCPE smart class room. All the heads and co-ordinators from Vidyalaya Institutions participated in the meeting.
- In commemoration of Swami Vivekananda's birthday and national youth day, a rally was organized on 21.01.2016. All the staff and students of Vidyalaya around 1500 members participated. Dr. N. Muthaiah, Principal, SRMV College of Education welcomed the gathering. The benedictory address was given by Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya Institutions. Sri S. Vetriventhan, Inspector of Police, Periyanaickenpalayam gave youth day address and flagged off the rally. Dr. Ch. VST. Saikumar, Principal, Maruthi College of Physical Education proposed vote of thanks. Our college and Vidyalaya students carried the placards bearing Swamiji's sayings and floats were decorated with Swamiji's impressions. The rally covered the distance of three kilometers in the Periyanaickenpalayam area.

#### **7. Proposed to celebrate Republic Day**

- ❖ Republic Day rehearsal was conducted on 22.01.2016 in our college ground. All the contingents from various Vidyalaya institutions took part in the rehearsal.
- ❖ The 67<sup>th</sup> Republic Day celebration was held in our college ground on 26.01.2016. Around 1000 students representing various institutions of the Vidyalaya participated. Swami Abhiramanandaji Maharaj hoisted the national flag and delivered Republic Day address. Sub Inspector E. Sankara Subramanian and Sub Inspector Om Prakash Yadav, CRPF, Coimbatore acted as judges to select the best marching contingents. Vidyalaya High School won the junior rolling trophy securing 35.5 points and Ramakrishna Mission Vivekananda University GAPEY won the senior rolling trophy by securing 36 points.

### Junior Trophy

SI.No	Name of the Institution	Position
1.	TAT Kalanilayam	3 <sup>rd</sup>
2.	Vidyalaya High School	1 <sup>st</sup>
3.	Swami Shivananda Hr. Sec. School (TM)	4 <sup>th</sup>
4.	Swami Shivananda Hr. Sec. School (EM)	2 <sup>nd</sup>
5.	Industrial Training Institute	4 <sup>th</sup>

### Senior Trophy

SI.No	Name of the Institution	Position
1.	Maruthi College of Physical Education	2 <sup>nd</sup>
2.	Polytechnic College	5 <sup>th</sup>
3.	Vivekananda University, GAPEY	1 <sup>st</sup>
4.	Vivekananda University, FDMSE	6 <sup>th</sup>
5.	Vivekananda University, FAR	4 <sup>th</sup>
6.	College of Arts and Science	3 <sup>rd</sup>

### 8. Proposed to invite various institutions to conduct the campus placement

S. No.	Name of the Institution	Date	No. of students Attended	No. of students selected	Salary
1.	Leap Start, Bangalore	05.03.2016	01	-	-
2.	Sports Gurukul, Mumbai	07.03.2016	05	05	Rs.20,000 + Rs.3,000 allowance
3.	Rite Stride, Chennai	09.03.2016	04	01	Rs.18,000 + allowance
4.	Edu Sports, Bangalore	10.03.2016	03	02	Yet to be announced
5.	Fitness One, Chennai	11.03.2016	03	02	Rs.12,000
6.	Century Foundation Mat. Hr. Sec. School, Tirupur	14.03.2016	04	03	Rs.17,000 + Free boarding and lodging
7.	Sportify, Bangalore	16.03.2016	09	04	Rs.18,000 + Free boarding and lodging

### 9. Proposed to conduct tutor ward meeting

Tutor ward meeting were periodically conducted on 29.01.2016 and 14.03.2016

### 10. Proposed to conduct guest lectures by eminent personalities for our students at regular intervals

- ❖ Mr. S. Rajkumar, Wing Commander, Indian Air Force, Shillong gave a motivational lecture to our students on 30.12.2015. He was involved in the last rites of Dr. APJ. Abdul Kalam.
- ❖ Sri Manu Karan, Ms. Sangeetha Manoharan, Sri Sriram and Sri Vignesh Babu from Tamilnadu Frisbee Association, Chennai, gave a guest lecture and practical demonstration for our staff and students on 22.02.2016.
- ❖ Prof. V. Anto, Director, Academic Relations and Lt. Esan, from Center for Career in Uniformed Services (Established by ex. Defence Officers), gave a guest lecture to our staff and students on 02.03.2016.

### **11. Proposed to participate in the Graduation Day Ceremony**

Graduation Day Ceremony was held on 29.02.2016 at Venkatakrishnan Indoor Stadium. In this function Swami Abhiramanandaji Maharaj, Secretary of the Ramakrishna Mission Vidyalaya Institutions, Coimbatore presided over the function and delivered presidential address. 23 MPEd students and 07 M.Phil scholars took oath in this function.

### **12. Proposed to celebrate achievers day function**

Achievers felicitation function was celebrated on 18.03.2016 at Niranjanananda Prayer Hall. Dr. Ch. VST. Saikumar, Principal and Secretary of Maruthi College welcomed the gathering. Swami Abhiramanandaji Maharaj, Secretary Ramakrishna Mission Vidyalaya presided over the function. Sri A. Arivarasu, President, Gudalur Town Panchayat, was the chief guest and Ms. K.A. Subbulakshmi, former volleyball coach was the special guest. On this occasion, outstanding sportsmen of this academic year 2015-2016 were felicitated with trophies, medals, certificates and travelling kit. Dr. T. Jayabal, Associate Professor proposed vote of thanks.

### **13. Propose to celebrate annual day function**

Our College Annual day was celebrated jointly with RMVU GAPEY on 02.04.2016. 'Padmasri' P.R. Krishnakumar, Chancellor, Avinashilingam University for Women, Managing Director, AVP Group of Institutions, Coimbatore and Sri G. Prakash Reddy, Airport Director, Coimbatore International Airport, Coimbatore were the guests. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya, Coimbatore presided over the function. Dr. Ch. VST. Saikumar, Principal, Maruthi College of Physical Education welcomed the gathering and presented the Maruthi College of Physical Education annual report. Dr. S. Alagesan, Professor, proposed vote of thanks. Both MCPE and RMVU GAPEY students performed the following demonstrations of physical activities: 1. Rope Yoga 2. Judo 3. Archery 4. Bharathiam 5. Yogasanas 6. Kalari 7. Silambam 8. Lezium 9. Gymnastics – Vaulting Horse 10. Tableau 11. Folk Dance – Bhangra 12. Pyramid 13. Gymnastics – Trampoline.

## **VI. Governance, Leadership and Management**

### **Proposals chalked out**

1. Proposed to audit the college accounts periodically

### **Proposals implemented**

1. Proposed to audit the college accounts periodically Internal audit for our college accounts was completed on 12.02.2016 for the 3<sup>rd</sup> quarter of the financial year 2015 – 2016.

## **VII. Innovations and Best Practices**

### **Proposals chalked out**

1. Various working models may be prepared by our students which would help to teach the safety guidelines to the school children
2. Proposed to conduct health and fitness awareness programme to Vidyalaya walkers and general public
3. Proposed to display our college exhibition prepared by our students in the prominent institutions.

### **Proposals implemented**

#### **1. Various working models may be prepared by our students which would help to teach the safety guidelines to the school children**

All of our BPEd students were visiting 45 elementary schools to teach play festival activities for school children from 05.02.2016 to 25.02.2016. During that time they were prepared working models to teach the safety guidelines to the school children during these play festival training days.

#### **2. Proposed to conduct health and fitness awareness programme to Vidyalaya walkers and general public**

Various health and fitness awareness programmes and body and mind oriented games were organized to Vidyalaya walkers and general public during Gurupuja (Gurudevvar Birthday) celebration and at regular interval.

### 3. Proposed to display our college exhibition prepared by our students in the prominent institutions.

- Our college exhibition prepared by our students and staff entitled, “Maruthi College of Physical Education: 60 years of service to the society” was displayed during Bhagavan Sri Ramakrishnar’s Birthday Gurupuja function celebrated in our Vidyalaya campus on 03.01.2016. Around 50,000 people were benefitted by our exhibition.
- Our college exhibition prepared by our students was display in the state level school exhibition organized by S.B.O.A Matriculation Higher Secondary School, Coimbatore on 20.01.2016 and 22.01.2016.

### SUPPORTIVE INFORMATIONS FOR ANNEXURE – I

#### 1.The Staff members sent Minor/Major Research Project proposals to UGC

S.No.	Name of the Staff	Title of the Research Project Proposal	Minor/Major Research Project
01	Sri S.Elango, Librarian & Sri .Velayudham	Design and development of library web portal using D-spade for physical education and sports sciences at Maruthi College of Physical Education	Major Research Project
02	Dr. T.Jayabal & Dr. A.Needhiraja	Survey to Identify the Prevalence of Diabetes in Rural Areas of Coimbatore District and the Effect of Yogasana Programme on Type II Diabetes Mellitus	Major Research Project
03	Dr.E.Amudhan	Survey on the urban school children for obesity disorder and effect of yogic practices on anthropometric and physiological parameters of obese children	Minor Research Project
04	Dr.S.Sivasankar	Effect of yogic practices on selected physical and psychomotor variables of persons with visual impairment	Minor Research Project
05	Dr. A.Needhiraja	Effects of two different modes of aerobic dance on selected biomotor, physiological and biochemical variables of school children with pre-obesity	Minor Research Project
06	Dr.M.Ramajayam	Effect of pranayama practices on selected cardio pulmonary and body composition variables of asthma patients	Minor Research Project

## 2.List of Text Books added during the year 2015- 2016

S.No	TITLE	AUTHOR	PUBLISHER
1	MANAVARKAL VETRIKKU SWAMI VIVEKANANDAR	VIVEK SANKAR	SRMV
2	AMUDHA THULIGAL	SRI RAMAKRISHNA MATH	SRMV
3	VIVEKANANDAR PARVAIYIL INDHU MADHAM	SWAMI VIVEKANANDA	SRMV
4	PUTHIYA KANNOTTATHIL SINTHITHAL	VIVEK SANKAR	SRMV
5	SWAMI RAMAKRISHNANANDAR PUGALPPADANGALUM VARALARUM	HARIHARI KRISHNAMOORTHY	SRMV
6	SWAMI VIVEKANANDAR AVARKALIN THIRAMIKKA MELALARKALAVATHARKANA SOOTHIRANGAL	VIVEK SANKAR	SRMV
7	VEERAMIKKA MANITHARKALAVATHARKU SWAMI VIVEKANANDARIN THALAMAI PORUPERKUM SOOTHIRANGAL	VIVEK SANKAR	SRMV
8	VIVEKANANDAR YAAR ?	NELLAIYAPPAN	SRMV
9	VIVEKA THULIKAL	SW VIVEKANANDAR	SRMV
10	TARKALA INDIA	SWAMI VIVEKANANDA	SRMV
11	RAMAYANAM	SWAMI VIVEKANANDA	SRMV
12	MAHABHARATAM	SWAMI VIVEKANANDA	SRMV
13	PRAHALADAN	SWAMI VIVEKANANDA	SRMV
14	RISHIGAL AAVOM	SWAMI VIVEKANANDA	SRMV
15	INDHIYAVAN EDHIRKALAM	SWAMI VIVEKANANDA	SRMV
16	SWAMI VIVEKANANDARI SINTHANAI THULIGAL	SRK MADAM	SRMV
17	DINAM ORU VEERAMOZHIL	SWAMI VIVEKANANDA	SRMV
18	SAMUDAYATTHIL PODHUVUDAMAI KOTPADU	SWAMI VIVEKANANDA	SRMV
19	BHARATAME UYIRTTEZHUL	SWAMI VIVEKANANDA	SRMV
20	PERARUGNARKALIN VA	VIJAYA ARUN	EDUCTOINAL PUBLISHERS
21	UNAKKULLE ORU ULAGAM	KARTHIK	KARTHICK
22	SODHANAIGAL SATHANAYIN VETRI PADIGAL	KARTHIK	JAYASANKAR PUBLICATIONS
23	THAN MATHIPPAI UYARTHA VAZHICAL	SARASWATHI K N	JAYASANKAR PUBLICATIONS
24	UN KAIKALE MOOLADHANAM	SARASWATHI K N	JAYASANKAR PUBLICATIONS
25	VIZHITHEZHU ELAIGNANE	VIJAYAKUMAR, HITECH	JAYASANKAR PUBLICATIONS
26	UNNAIYE SETHIKIKOZH	ANBUMATHI	JAYASANKAR PUBLICATIONS
27	FIRST AID	KEECH PIPPA	JONS & BARTLETT
28	PILATES:BEGINNERS GUIDE	BRIGNELL ROGERS	JONS & BARTLETT
29	BANISH YOUR BELLY	ROBINSON, KENTON	JONS & BARTLETT
30	INTERVIEWS MADE EASY	PARKINSON, MARK	JONS & BARTLETT

31	CHESS OPENNINGS	RADHAKRISHNAN	SURA
32	BE AMBITIOUS	SYLENDRA BABU .I.P.S	FIRST EDITION
33	HEALTH AND HAPPINESS	SYLENDRA BABU .I.P.S	FIRST EDITION
34	PRINCIPLES OF SUCCESS IN INTERVIEW	SYLENDRA BABU .I.P.S	FIRST EDITION
35	HEALTH AND HAPPINESS	SYLENDRA BABU .I.P.S	SURA
36	CHESS OPENNINGS	RADHAKRISHNAN	SURA
37	IAS THERVUM ANUGUMURAIYUM	IRAYANBU V	SIGHNS PUBLICATIONS
38	INDIA 2020	APJ ABDUL KALAM	NEW CENTURY BOOK HOUSE
39	INDIA 2020	APJ ABDUL KALAM	NEW CENTURY BOOK HOUSE
40	MUTHAL UTHAVI	MUBARAK ALI	NEW CENTURY BOOK HOUSE
41	EZHAVATHU ARIVU	IRAYANBU V	SIGHNS PUBLICATIONS
42	EZHAVATHU ARIVU PART II	IRAYANBU V	SIGHNS PUBLICATIONS
43	EZHAVATHU ARIVU PART III	IRAYANBU V	SIGHNS PUBLICATIONS
44	NARIPPAL	IRAYANBU V	SIGHNS PUBLICATIONS
45	SAGAVARAM	IRAYANBU V	SIGHNS PUBLICATIONS
46	ULLOLI PAYANAM	IRAYANBU V	SIGHNS PUBLICATIONS
47	ODUM NATHIYIN OSAI	IRAYANBU V	NEW CENTURY BOOK HOUSE
48	ODUM NATHIYIN OSAI PART I	IRAYANBU V	NEW CENTURY BOOK HOUSE
49	MENKATRIL VIZHAI SUGAME	IRAYANBU V	NEW CENTURY BOOK HOUSE
50	MRDAIYIL PESALAM VAARUNGAL	ARANDHAI NARAYANAN	NEW CENTURY BOOK HOUSE
51	CHINNA CHINNA VEZHICHANGAL	IRAYANBU V	NEW CENTURY BOOK HOUSE
52	THANNAMBIKKAI MUNNETRATHIN MUTHAL PADI	SIVASURIYAN	NEW CENTURY BOOK HOUSE
53	MAHILCHI PERUM VAZHICAL	SIVASURIYAN	NEW CENTURY BOOK HOUSE
54	POOBALATHIRKORU PULLANGULAL	IRAYANBU V	SIGHNS PUBLICATIONS
55	NOOLAHATHANDHAI ARANGANAATHAN	BALASUBRAMANIAN	NEW CENTURY BOOK HOUSE
56	UDAL SYALIYAL	PON.VIJAYALAKSHMI	NEW CENTURY BOOK HOUSE
57	SUTRU SOOLAL KALVI	SUSILA APPADURAI	NEW CENTURY BOOK HOUSE
58	VETRIYAI NOKI	SELLANAYAKI	NEW CENTURY BOOK HOUSE
59	KANAVAI NANAVAKKUVOM	SIVASOORIYAN	NEW CENTURY BOOK HOUSE
60	MEHAVRDIPPU	SUBRABARATHIMANIYAN	NEW CENTURY BOOK HOUSE
61	FUNCTIONAL ENGLISH	MALATHI	NEW CENTURY BOOK HOUSE
62	MATRAM	KANYUT RAJ	NEW CENTURY BOOK HOUSE
63	UNNAKKUNIHAR NEEYE	CHANDHURU	THAMARAI PUBLICATIONS
64	AALUMAI MEMBADU	SUNDHARA SEENIVASAN	THAMARAI PUBLICATIONS
65	THANNAMBIKKAI KOL	ANISH SEQUERA	THAMARAI PUBLICATIONS
66	KAALATHAI PAYAN PADUTHUVATHU EPPADY	RATHINARAJ	THAMARAI PUBLICATIONS
67	ARIVUTHRANOOTUM AAYIRAM THAKAVALKAL	EMAJAN T N	THAMARAI PUBLICATIONS

68	VAAZHVAI ANUBAVIKKA ITHUTHAN NERAM	ANNAN	THAMARAI PUBLICATIONS
69	VETRIKKU VERUENNA VENDUM	PASUMAIKUMAR	THAMARAI PUBLICATIONS
70	KAALAM KAIKKULLE VETRI PAIKKULLE	PALANIYAPPAN M A	THAMARAI PUBLICATIONS
71	VAAZHAVAIAKKUM VAAZHKKAI THIRANKAL	PASUMAIKUMAR	THAMARAI PUBLICATIONS
72	SAALAI VIBATHUKKALAI THAVIRKKAMUDIYUM	AYYATHURAI S	THAMARAI PUBLICATIONS
73	UNGALAAL MUDIYUM NAMBUNGAL	ANNAN	THAMARAI PUBLICATIONS
74	PADAIPPATRALAI VALARTHUKOLVATHEPPADI	PASUMAIKUMAR	THAMARAI PUBLICATIONS
75	VETRI THARUM URAIYADALKAL	SUNDARASEENUVASAN	THAMARAI PUBLICATIONS
76	YOU CAN BEAWINNER	BEENA ANIL	THAMARAI PUBLICATIONS
77	MUNNETRATHIRKKANAMUKYA THAKAVALGAL	LINGHASAMAY C	KARTHICK
78	MANITHA UDAL	KARUPANNAN	KARTHICK
79	CREATIVITY	VELUSAMY-	KARTHICK
80	HOW TO WIN FRIENDS AND INFLUENCE PEOPLE	DALE CARNEGIE	THAMARAI PUBLICATIONS
81	SPOKEN AND WRITTEN ENGLISH	JAYAKARAN	THAMARAI PUBLICATIONS
82	SHARPEN YOUR MEMORY	LORAYNE,HARRY	THAMARAI PUBLICATIONS
83	WORLD FAMOUS GREAT SPEECHES	JAGAN GAGAN	THAMARAI PUBLICATIONS
84	13 KEYS TO SUCCESS	JAGAN GAGAN	THAMARAI PUBLICATIONS
85	ENGLISH GRAMMER	JAYAKARAN	DK
86	FITNESS FOR LIFE	ROBERTS MATT	DK
87	MOOLAYAI KOORMAYAKKA300 PAYIRCHIGAL	LENIN M	SIXTH SENSE PUBLICATIONS
88	VAAZHKKAYAI VALAMAANKUM ENNANGAL	VIMAL NATH	SIXTH SENSE PUBLICATIONS
89	PIRACHINAYE VARUGA	UMAMAHESWARAN NADA	SIXTH SENSE PUBLICATIONS
90	IVVALAVUTHANA NEE	SOMA VALLIYAPPAN	SIXTH SENSE PUBLICATIONS
91	THANNAMBIKKAI	LENIN MA	SIXTH SENSE PUBLICATIONS
92	SOLLATHATHAIYUM SEY	SOMA VALLIYAPPAN	SIXTH SENSE PUBLICATIONS
93	IVARKAL VENRATHU IPPADITHAAN	LENIN MA	SIXTH SENSE PUBLICATIONS
94	INTHA VINAADI	NAHOOR ROOMI	SIXTH SENSE PUBLICATIONS
95	VETRIKKU VENDUM THANNAMBIKKAI	LENIN MA	SIXTH SENSE PUBLICATIONS
96	CONFIDENCE CORNER	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
97	NAMBIKKAI MINNALKAL PART2	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
98	CONFIDENCE CORNER PART 3	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
99	CONFIDENCE CORNER PART 4	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
100	CONFIDENCE CORNER PART 5	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
101	CONFIDENCE CORNER PART 6	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM

102	APJ ABDULKALAM:ELATCHIYA VEERAR	DEVANATH C S	VIJAYA PATHIPAKAM
103	ULAGA PUGALPETRA NIRVAAGA UTHIGAL	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
104	NEENGAL VELVATHU NITCHAYAM	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
105	NINAITHATHUPOLAVE VETRI	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
106	MANATHU VAITHAAL MALAYAI NAGARTHALAAM	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
107	VAAZHVIL PORAADUNGAL VAAZHKKAIYUDAN ALLA	MARABIN MAINDHAN MUTHIYAA	VIJAYA PATHIPAKAM
108	PIRABALANGALIN NAMBIKKAI NODIKAL	KANAGADHURIGA	VIJAYA PATHIPAKAM
109	IRAYANBU I A S MAANAVARKALUKKU SONNATHU	SABEETHA JOSEPH	NEW CENTURY BOOK HOUSE
110	MU VARADHARASANAR MAANAVARKALUKKU SONNATHU	SABEETHA JOSEPH	NEW CENTURY BOOK HOUSE
111	VELLUM VARAI VIDAATHE	PASUMAI KUMAAR	NEW CENTURY BOOK HOUSE
112	NIMIRNDHU NIL PART I	GOBINATH	NEW CENTURY BOOK HOUSE
113	THALAMAI PANBUKAL	PASUMAI KUMAAR	NEW CENTURY BOOK HOUSE
114	APJ ABDUL KALAA	PONRAJ V	NEW CENTURY BOOK HOUSE
115	MUNNERA 300 VAZHICAL	KUNDRIL KUMAAR	NEW CENTURY BOOK HOUSE
116	J KRISHNAMOORTHY MAANAVARKALUKKU SONNATHU	SABEETHA JOSEPH	NEW CENTURY BOOK HOUSE
117	RAVINDRANATH TAGORE MAANAVARKALUKKU SONNATHU	SABEETHA JOSEPH	NEW CENTURY BOOK HOUSE
118	DR RADHAKRISHNAN MAANAVARKALUKKU SONNATHU	SABEETHA JOSEPH	NEW CENTURY BOOK HOUSE
119	KIRUBANANDHA VAARIYAAR MAANAVARKALUKKU SONNATHU	SABEETHA JOSEPH	NEW CENTURY BOOK HOUSE
120	P FOR NEENGAL	RAGAVAN J S	NEW CENTURY BOOK HOUSE
121	KAALAM UNGAL KALADIYIL	SOMA VALLIAPPAN	NEW CENTURY BOOK HOUSE
122	ALPHA DHYANAM	NAGOOR RUMI	NEW CENTURY BOOK HOUSE
123	PHYSIOTHERAPY	LAKSHMANA S	NEW CENTURY BOOK HOUSE
124	ANBU VIDHIKAL	RICHARD TEMBLER	NEW CENTURY BOOK HOUSE
125	IMPROVE YOUR SELF ESTEEM	ANANDHA MURUGAN	SHIVAM
126	TIPS FOR MOTIVATION	ANANDHA MURUGAN	SHIVAM
127	UNARCHIVASAPPADALAMA	KRISHNANAN EZHIL	PRODIGY
128	EFFECTIVE COMMUNICATION	MOORTHY, MUKUND	NEW CENTURY BOOK HOUSE
129	AAZHNDHU YOSIKKALAMA	SALOMAN SIBI K	PRODIGY
130	PIRARAI PURINDHUKOLVOMA	SALOMAN SIBI K	PRODIGY
131	URAVU PENALAAMA	SALOMAN SIBI K	PRODIGY
132	MANA ALUTHAM VIRATTALAAMA	SOMA VALLIAPPAN	NEW CENTURY BOOK HOUSE
133	PIRACHANAICALAI THEERKKALAAMA	SALOMAN SIBI K	PRODIGY
134	AAZLNDHU YOSIKKALAAMA	KRISHNAN, EZHIL	NEW CENTURY BOOK HOUSE



135	PESA PALAKALAMA	SALOMAN SIBI K	PRODIGY
136	MAARUPATTU SINDHIKKALAAMA	SALOMAN SIBI K	NEW CENTURY BOOK HOUSE
137	HOW TO OVER COME YOUR FEAR TO SPEAK IN PUBLIC	ANANDHA MURUGAN	SHIVAM
138	HOW TO MASTER YOUR ENGLISH WRITING TALENT	ANANDHA MURUGAN	SHIVAM
139	MASTER YOUR SPOKEN AND WRITTEN ENGLISH	ANANDHA MURUGAN	SHIVAM
140	YOUR SURE SUCCESS IN INTERVIEWS	MURALIDHARAN	SHIVAM
141	SUYA MUNNETRA KATHAIKAL	SURIYA MOORTHY S	KANNADASAN PATHIPPAKAM
142	NAMBIKKAI MALARATTUM SATHANAIKAL THODARATTUM	DEVANATHAN C S	KANNADASAN PATHIPPAKAM
143	ENNANGALAI MEMBADUTHUNGAL	KOPMEYAR	KANNADASAN PATHIPPAKAM
144	BAYANGALAI VELVATHU EZHITHU	MARTIN S W	KANNADASAN PATHIPPAKAM
145	MANAM THARUM VETRI	NAPOLEAN HILL	KANNADASAN PATHIPPAKAM
146	NIRAIVAZHIKKUM VAAZHVVU	JAMES ALAN	KANNADASAN PATHIPPAKAM
147	VALAMANA ENNANGALIL MALARUM ARPUTHANGAL	MARTIN A S	KANNADASAN PATHIPPAKAM
148	OVVORU NALUM ARPUTHAM	NAPOLEAN HILL	KANNADASAN PATHIPPAKAM
149	AMAITHI ATTRAL ABARIMITHAM	MARTIN, ARISAN SWET	KANNADASAN PATHIPPAKAM
150	ITHO VETRIPERA SAKTHI	STABLES	KANNADASAN PATHIPPAKAM
151	APJ ABDUL KALAM	SIVALINGAM-TRANS	KANNADASAN PATHIPPAKAM
152	APJ ABDUL KALAM	SIVADARSHINI-TRANS	KANNADASAN PATHIPPAKAM
153	10 VAZHIKAL	KRISHNAMURTHY A J	KANNADASAN PATHIPPAKAM
154	NALLANA ENNUNGAL	SIVA SURIYAN	KANNADASAN PATHIPPAKAM
155	NAMBIKKAYAI BALAPADUTHUNGAL	SUBRAMANI K S	KANNADASAN PATHIPPAKAM
156	ALUMAI THIRAN	DHAYANITHI	KANNADASAN PATHIPPAKAM
157	PUTHIYAI THEETTU PUTHUMAI KAATTU	SANDHIRASEJKARAN THA	KANNADASAN PATHIPPAKAM
158	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
159	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
160	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
161	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
162	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
163	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE

164	APJ ABDUL KALAM	SRINIVASAN M-TRANS	KANNADASAN PATHIPPAKAM
165	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
166	APJ ABDUL KALAM	NAGALAKSHMI-TRANS	KANNADASAN PATHIPPAKAM
167	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
168	APJ ABDUL KALAM	APJ ABDUL KALAM	SHIVAM
169	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
170	APJ ABDUL KALAM	SIVALINGAM-TRANS	KANNADASAN PATHIPPAKAM
171	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
172	THUNINDHAVANUKKE VETRI	HANSAN	KANNADASAN PATHIPPAKAM
173	SUTRU SOOLAL IYAL	DHARMARAJ J	KANNADASAN PATHIPPAKAM
174	APJ ABDUL KALAM	APJ ABDUL KALAM	PIERS SPENCE
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185	PSYCHOLOGY -SCIENCE	HUFMANN	ADDISON WISELY
186	PSYCHOLOGY -	DAVIS, STEPHEN	ADDISON WISELY
187	PSYCHOLOGY -	BERNSTEIN	ADDISON WISELY
188	PSYCHOLOGY -AND YOU	ROMANO	ADDISON WISELY
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203	PSYCHOLOGY -THEMES AND VARIATIONS	WEITEN WAYNE	MCGRAW HILL PUBLISHERS
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211	INVITATION TO PSYCHOLOGY	TAVRIS	PIERS SPENCE
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357	ALGEBRA AND TRIGONOMETRY GRAPHS AND MODELS	MARVIN L.BITTINGER	ADDISON WISELY
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366	TRIGONOMETRY	MARGARET L.LIAL	ADDISON WISELY
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1,125	FUNDAMENTALS OF MANUFACTURING	MANUFACTURING ENGINEERING	SOUTH WESTERN

		CERTIFICATION	
1,126	ELEMENTARY STATISTICS	JAY R.SCHAFFER	PRENTICE HALL
1,127	BEGINNING AND INTERMEDIATE ALGEBRA	SHERRI MESSERSMITH	MCGRAW HILL PUBLISHERS
1,128	CALCULUS AND ANALYTIC GEOMETRY	MAURICE D.WEIR	ADDISON WISELY
1,129	CALCULUS	TAN S.T	BROOKS/COLE
1,130	PHYSIOLOGY OF BEHAVIOR	NEIL R. CARLSON	ALLYN AND BASCON
1,131	TEST BANK 2 TO ACCOMPANY PSYCHOLOGY IN EVERYDAY LIFE	JOHN BRINK	WORTH
1,132	COLLEGE ALGEBRA	MARVIN L.BITTINGER	ADDISON WISELY
1,133	ANKYLOSAURUS	RUPERT OLIVER	RAY ROURKE
1,134	SOLUTIONS MANUAL FOR COLLEGE ALGEBRA	GORDON FULLER	BROOKS/COLE
1,136	PRACTICE OF SOCIAL RESEARCH	EARL BABIE	WADSWORTH
1,138	VAAZHNDH BARATHATHHIL	DR.APJ ABDULKALAM	SRMV
1,140	PREALGEBRA	CHARLES P.MCKEAGUE	BROOKS/COLE
1,142	MAPLE APPROACH TO CALCULUS	JOHN T. GRESSER	PRENTICE HALL
1,144	PRECALCULUS	MICHAEL SULLIVAN	PRENTICE HALL
1,146	CALCULUS	HUGHES HALLETT	ADDISON WISELY
1,148	FUNDAMENTALS OF COLLEGE ALGEBRA	EARL W.SWOKOWSKI	PRENTICE HALL
1,150	APPLIED CALCULUS FOR BUSINESS ECONOMICS LIFE SCIENCES AND SOCIAL SCIENCES	RAYMOND A.BARNETT	PRENTICE HALL
1,152	PRECALCULUS	RAYMOND A BARNETT	MCGRAW HILL PUBLISHERS
1,154	CONTEMPORARY PRECALCULUS	THOMAS W. HUNGERFORD	BROOKS/COLE
1,156	ELEMENTARY STATISTICS	ALLAN G.BLUMAN	MCGRAW HILL PUBLISHERS
1,158	COLLEGE ALGEBRA	MARGARET L.LIAL	ADDISON WISELY
1,160	FUNDAMENTALS OF COLLEGE ALGEBRA	EARL W.SWOKOWSKI	PRENTICE HALL
1,162	COLLEGE TRIGONOMETRY	STANLEY I.GROSSMAN	SAUNDRS
1,164	PRINCIPLES OF GENERAL CHEMISTRY	MARTIN S.SILBERBERG	MCGRAW HILL PUBLISHERS
1,166	CHEMISTRY IN THE COMMUNITY	HENRY HEIKKINEN	WADSWORTH
1,168	BIOLOGY	KENNETH R.MILLER	PRENTICE HALL
1,170	GEOLOGY TODAY	BARBARA W.MURCK	JOHN WILEY
1,172	BIOLOGY	KENNETH R.MILLER	PRENTICE HALL
1,174	BIOLOGY	KENNETH R.MILLER	PRENTICE HALL
1,175	BIOLOGY	KENNETH R.MILLER	PRENTICE HALL
1,176	COLLEGE MATHEMATICS	RAYMOND A.BARNETT	PRENTICE HALL
1,177	BEGINNING AND INTERMEDIATE ALGEBRA	SHERRI MESSERSMITH	MCGRAW HILL PUBLISHERS
1,178	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,179	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,180	SOCIOLOGY	CHRISTOPHER BATES	HOLT,RINEHART & WINSTON

		DOOB	
1,181	THINK SOCIOLOGY 2011	JOHN D.CARL	PEARSON
1,182	ESSENTIALS OF SOCIOLOGY	ANTHONY ZUMPETTA	ALLYN AND BASCON
1,183	SOCIOLOGY	JOHN J.MACIONIS	PRENTICE HALL
1,184	ESSENTIALS OF SOCIOLOGY	ANTHONY GIDDENS	ALLYN AND BASCON
1,185	SOCIOLOGY	KANWAL PRASHER	ALLYN AND BASCON
1,186	SOCIOLOGY	JOHN J.MACIONIS	PRENTICE HALL
1,187	SOCIOLOGY AND YOU	JON L.SHEPARD	NATIONAL RESTAURANT ASSOCIATION
1,188	SOCIOLOGY	KANWAL PRASHER	ALLYN AND BASCON
1,189	PRACTICAL SKEPTIC	LISA J.MCLNTYRE	MCGRAW HILL PUBLISHERS
1,190	PHYSIOLOGY OF SPORT AND EXERCISE	JACK H.WILLMORE	HUMANKINETICS
1,191	PHYSIOLOGY OF SPORT AND EXERCISE	JACK H.WILLMORE	HUMANKINETICS
1,192	PHYSIOLOGY OF SPORT AND EXERCISE	JACK H.WILLMORE	HUMANKINETICS
1,193	PHYSIOLOGY OF SPORT AND EXERCISE	JACK H.WILLMORE	HUMANKINETICS
1,194	CONSIDER PHILOSOPHY	BRUCE N.WALLER	PRENTICE HALL
1,195	FUNAMENTALS OF ANATOMY AND PHYSIOLOGY	FREDERIC H.MARTINI	PRENTICE HALL
1,196	PHILOSOPHY	LOUIS P.POJMAN	OXFORD
1,197	PHYSICAL GEOLOGY	JAMES S.MONROE	WESTLAND
1,198	MACROECONOMICS	RUDIGER DORNBUSCH	THOMSON LEARNING ACADEMIC RESOURCE CEBTRE
1,199	EXPLORING MICROECONOMICS	ROBER L.SEXTON	THOMSON LEARNING ACADEMIC RESOURCE CEBTRE
1,200	COLLEGE PHYSICS	REGINA L.NEIMAN	BROOKS/COLE
1,201	PHYSIOLOGY	EWALD E.SELKURT	CHELSEA GREEN
1,202	MACROECONOMICS	WILLIAM A.MCEACHERN	THOMSON LEARNING ACADEMIC RESOURCE CEBTRE
1,203	ABOUT PHILOSOPHY	ROBERT PAUL WOLFF	PRENTICE HALL
1,204	MICROECONOMICS AND BEHAVIOR	ROBERT H.FRANK	MCGRAW HILL PUBLISHERS
1,205	MICROECONOMICS AND BEHAVIOR	ROBERT H.FRANK	MCGRAW HILL PUBLISHERS
1,206	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,207	PRINCIPILES OF ACCOUNTING	MARIAN POWERS	HOUGHTON MIFFLIN
1,208	MACROECONOMICS	WILLIAM A.MCEACHERN	THOMSON LEARNING ACADEMIC RESOURCE CEBTRE
1,209	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,210	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,211	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,212	STUDY GUIDE FOR USE WITH MICROECONOMICS	CAMPBELL	MCGRAW HILL PUBLISHERS

		R.MCCONNELL	
1,213	PRINCIPLES OF MICROECONOMICS	GREGORY MANKIWI N	SOUTH WESTERN
1,214	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,215	PRINCIIPLES OF ACCOUNTING	MARIAN POWERS	HOUGHTON MIFFLIN
1,216	MICROECONOMICS AND BEHAVIOR	ROBERT H.FRANK	MCGRAW HILL PUBLISHERS
1,217	STUDY GUIDE TO ACCOMPANY MICROECONOMICS	JOHN BROCK	WORTH
1,218	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,219	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,220	PHILOSOPHY	LOUIS P.POJMAN	OXFORD
1,221	PERSPECTIVES IN PHILOSOPHY	MICHAEL BOYLAN	HARCOURT COLLEGE
1,222	CALCULUS	TAN S.T	BROOKS/COLE
1,223	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,224	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,225	PRINCIPLES OF MICROECONOMICS	GREGORY MANKIWI N	SOUTH WESTERN
1,226	MICROECONOMICS	RICHARD G.LIPSEY	ADDISON WISELY
1,227	MACROECONOMICS	ROBERT J.GORDON	SCHOLASTIC
1,228	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,229	LANGUAGE OF LITERATURE	ARTHUR N.APLEBEE	MCGRAW HILL PUBLISHERS
1,230	SWAMI VIVEKANANDAR	SW ASUDHOSANANDA	SRMV
1,231	SWAMI VIVEKANANDAR	SW ASUDHOSANANDA	SRMV
1,232	UGC-NET/JRF/SET TEACHING & RSEARCH APTITUDE	LAL,JAIN	UPKAR
1,233	UGC-NET/JRF/SET TEACHING & RSEARCH APTITUDE	KAUTILYA K	UPKAR
1,234	UGC NET/SLET PHYSICAL EDUCATION	CHOPRA J.K	UNIQUE
1,235	GNERAL KNOWLEDGE OVERVIEW WITH CURRENT AFFAIRS	UPKAR	UPKAR
1,236	GENERAL STUDIES PAPER -I & II	UNIQUE	UNIQUE

### 3.List of References Books added during the year 2015- 2016

Sl. No.	Title	Authors	Publisher
1.	Science of flexibility	Michael ,Alter j	Humankinetics
2.	Changing the world	Joseph kennedy	Indian publisher ref ar
3.	Mistakes worth making	Susan	Humankinetics
4.	Physical dimensions of aging	Spirduso	Humankinetics
5.	Interdisciplinary research	Repko	Sighns publications
6.	Whats wrong with timmy	Maria shiver	Indian publisher ref ar
7.	Personility theory and assment	Boyle	Sage publications

8.	Special olympics alpine skiing	Kennedy	Indian publisher ref ar
9.	Special olympics aquatics	Euniel kennedy	Indian publisher ref ar
10.	Whats wrong with timmy	Maria shiver	Indian publisher ref ar
11.	Strength training for young athletes	Kraemer	Humankinetics
12.	Contemporary issues in sociology of sport	Viankass	Humankinetics
13.	Whats wrong with timmy	Maria shiver	Indian publisher ref ar
14.	In pursuit of excellence	Orlic, terry	Humankinetics
15.	Social psychology in sports	Lowell, jowett	Humankinetics
16.	Contemporary issues in sociology and sports	Vianaakkas	Humankinetics
17.	Introd to humanbody	Tortora,gerand	Humankinetics
18.	Biomechanics of sports and exercises	Mcgnis\	Humankinetics
19.	Research methods in physical activity	Thomas	Humankinetics
20.	Exercisercise p[psychology	Buck worth	Humankinetics
21.	Advanced fitness assessment and exercise prescription	Heyward, vivian, hichard	Humankinetics
22.	Physical education for physically handicapped	Suresh kumar	Sports publications
23.	Contemporary sport management	Parks	Humankinetics
24.	Measurement and evaluation in human performance	Marrow	Humankinetics
25.	Foundations of sports and exercise psychology	Weinberg	Humankinetics
26.	Research methods in biomechanics	Robertson	Humankinetics
27.	The encyclopaedia of associatiopn football	Golesworthy maurice	Malayalam
28.	Management concepts and practices	Tim hammagan	Malayalam
29.	Encyclopaedia of indian physical culture	Mujumdar	Malayalam
30.	Teaching elementary health science	Bender	Malayalam
31.	Encyclopedia Of athletics	Watman	Malayalam
32.	New encyclopedia of sports	Hickok ralph	Malayalam
33.	Family medical care	John f.klaght	Malayalam

34.	Family medical training	John f.knight	Addison wisely
35.	Family medical care	Knight(johnson)	Krishnamoorthy &co
36.	Total tennis training	Kriese chuck	Malayalam
37.	Medical &health	Wagman .j.richard	Malayalam
38.	Medical and health encyclopedia	Richard j. Wagman	Addison wisely
39.	Medical &health encyclopedia	Wagman .j.richard	Malayalam
40.	Medical and health encyclopedia	Richard j. Wagman	Addison wisely
41.	Research in edu	Best. W.john	Malayalam
42.	The guinnes encyclopaedia of intrnational sports record and result	Mathew	Malayalam
43.	Advanced deluxe dicyionary	Deluxe publishers	Malayalam
44.	Exercise rhyiology	William d. Mc ardle	Malayalam
45.	Teaching physical activities to impaired youth	Miller arthur.g	Malayalam
46.	Encyclopedia of sports records 1997	Francis antony	Aa book house
47.	Cycle racing	Henry.(jim)	Lotus publishers
48.	The ultimate encyclopaedia of soccer	Lineker gary	Malayalam
49.	Exercise physiology	-	Malayalam
50.	An encyclopaedia of tests &measurements	Dhananjoy shaw	Malayalam
51.	Encyclopaedia of sports and games	Goel r g	Malayalam
52.	Theapeutic recreation and adapted physical activities for mentally retarded individuals	Michel e. Crawford	Malayalam
53.	The physiological basis of phy edu	Fox	Malayalam
54.	Occupational therapy	Hopkins l.hellen	Malayalam
55.	Wellness	Anspaugh, daniel	May field publ g company
56.	Gazetteers of india tamil nadu state	Velmani k.s.k	Malayalam
57.	Special education	Yesselduke	Humankinetics
58.	Foundations of sports & exercise psychology	Weinberg	Humankinetics
59.	Exercise psychology	Buck worth	Humankinetics
60.	Advance in sports psychology	Horn	Humankinetics
61.	Motor learning and performance	Schmidt	Humankinetics
62.	Adapted physical education	Kelly	Humankinetics

63.	Contemporary sports management	Park	Humankinetics
64.	Innovative analysis of human movement	Stergion	Humankinetics
65.	Therapeutic exercis for mausculo skeletal injuries	Houglam	Mcgraw hill publishers
66.	Introduction to kinesiology	Hoffman	Mcgraw hill publishers
67.	Sport marketing	Mullin j bernard	Humankinetics
68.	The oxford english dictionary	Simpson	Cbs pub
69.	The oxford english dictionary	Simpson	Cbs pub
70.	The oxford english dictionary	Simpson	Cbs pub
71.	The oxford english dictionary	Simpson	Cbs pub
72.	The oxford english dictionary	Simpson	Cbs pub
73.	The oxford english dictionary	Simpson	Cbs pub
74.	The oxford english dictionary	Simpson	Cbs pub
75.	The oxford english dictionary	Simpson	Cbs pub
76.	The oxford english dictionary	Simpson	Cbs pub
77.	The oxford english dictionary	Simpson	Cbs pub
78.	The oxford english dictionary	Simpson	Cbs pub
79.	The oxford english dictionary	Simpson	Cbs pub
80.	The oxford english dictionary	Simpson	Cbs pub
81.	The oxford english dictionary	Simpson	Cbs pub
82.	The oxford english dictionary	Simpson	Cbs pub
83.	The oxford english dictionary	Simpson	Cbs pub
84.	The oxford english dictionary	Simpson	Cbs pub
85.	The oxford english dictionary	Simpson	Cbs pub
86.	Ugc informative hand book	Ugc	Wmc browse
87.	Ugc informative hand book	Ugc	Wmc browse
88.	Psycho social aspects of sports	Bhupinder sing	Malayalam
89.	A guide for ugc examination for physical education	Suresh kutty	Khel sahitya
90.	Encyclopaedia of sports training	Gangopathyaya	Khel sahitya
91.	Encyclopaedia of sports training	Gangopathyaya	Khel sahitya
92.	Atlas of human body	Glopbal book publisher	Lea & febiger
93.	Living biographies of great philosophers	Dana lee	Indian book house



94.	Human values	Tripathi	Jaypee publications
95.	Statistics for people who hate statistics	Salkind	Sage publications
96.	Physiology of exercise	Willmore , j h	Humankinetics
97.	Action research 3rd ed	Stringer	Sage publications
98.	Case study research	Yin	Sage publications
99.	Reserach quartly of exercise & sports	Mark g.fischman	A&c publishers
100.	Adapted physical education and sport	Winnick, joseph	Humankinetics
101.	Bio mechanics of sports and exercise	Mcginnick	Humankinetics
102.	Encyclopaedia of recreational games	Sitaram sharma	Sports educational technologies
103.	Encyclopaedia of recreational games	Sitaram sharma	Sports educational technologies
104.	Modern methods of teaching english	Sita ram sharma	Friends publications
105.	Top of everything 2013	Caroline ash	Cbs pub
106.	Ultimate family visual dictionary	Mccarry	Cbs pub
107.	Advanced fitness assessment and exercise prescription	Heyward,vivian h	Humankinetics
108.	1001 inventions that changed the world	Challoner	Cbs pub
109.	Managing teams	Heller	Sterling publishers
110.	Achieving excellence	Heller	Sterling publishers
111.	Effective leadership	Heller	Sterling publishers
112.	Marketing effectively	Heller	Sterling publishers
113.	Selling successfully	Heller	Sterling publishers
114.	Encyclopaedia of health and yoga	Aneja op	Sports publications
115.	Encyclopaedia of health and yoga	Aneja op	Sports publications
116.	Encyclopaedia of health and yoga	Aneja op	Sports publications
117.	Encyclopaedia of health and yoga	Aneja op	Sports publications
118.	Encyclopaedia of health and yoga	Aneja op	Sports publications
119.	Encyclopaedia of teaching physical education	Suresh kutty	Sports publications
120.	Encyclopaedia of educaton in physical education	Gopalakrishnan	Sports publications

121.	Encyclopaedia of history of physical education	Hemanth verma	Sports publications
122.	Encyclopaedia of history of physical education	Hemanth verma	Sports publications
123.	Encyclopaedia of sports training	Querash	Sports publications
124.	Encyclopadea of commonwealth games	Antony francis	Sports publications
125.	Psychology in physical education and sports	Kamalesh	Khel sahitya
126.	Keep-fit	Nelson	Sighns publications
127.	Encyclopaedia of physical education vol 2	Tyagi arun kumar	Khel sahitya
128.	Teaching children physical education	Graham	Humankinetics
129.	Fundamentals of athletic training	Cartwright	Humankinetics
130.	Biomechanics of sport and exercise	Mcginis peter	Humankinetics
131.	Lifespan motor development	Hayward k	Humankinetics
132.	Foundations of sport and exercise psychology	Weinberg, roberts	Humankinetics
133.	Adapted physical education and sport	Winnick, joseph	Humankinetics
134.	Exercises in physical education and sports	Gopalakrishna	Sports educational technologies
135.	Global trends in physical education	Ghuman	Friends publications
136.	Learning and teaching in physical education	Bailey, richard	Friends publications
137.	Mechanical analysis of motor skills development	Abahy bucha	Sports educational technologies
138.	Mental development and school health programme	Crow and crow	Prerna publications
139.	Quest for physical education	Gopalkrishna r	Friends publications
140.	Sports exercise psychology	Burton, robert	Friends publications
141.	Foundations of sports and exercise psychology	Siedentop	Humankinetics
142.	Advanced fitness assessment and exercise prescription	Hayward	Humankinetics
143.	Research methods in physical activity	Thomas j r	Humankinetics
144.	Aacsm's health/fitness facility standards and guidelines	American college of sports medicine	Humankinetics
145.	Adapted physical	Sherrill, claudine	Mcgraw hill publishers

	activity,recreation and sport		
146.	Adapted physical education and sport	Winnick,joseph	Humankinetics
147.	Advanced fitness assessment and exercise prscription	Hayward	Humankinetics
148.	Physical activities in the wheelchair and out	Anna davies	Humankinetics
149.	Occupational therapy	Pedretti,lorraine williams	Mosby
150.	Sportsand recreational activities	Mood	Mosby
151.	Ugc net jrf set teaching and research aptiude	Satish sonkar	Indian book house
152.	Adaptive physical education	Gopalkrishnan.r.w	Sports publications
153.	Abc of sports medicine	Greg mclatchie	Sports publications
154.	Knowledge encyclopedia	Random house	Random house
155.	Worksite health promotion	Chenoweth, david h	Humankinetics
156.	Basketball drills, plays, and strategies :	Adkins, clinton m.	Betterway books
157.	Outdoor fitness : step out of the gym and into the best shape of your life in 8 weeks or less	Vindums tina	Friends publications
158.	Physical education for lifelong fitness	Naspe - national association for sport and physica	Humankinetics
159.	Essentials for health and wellness	Edlin, gordon	Jons & bartlett
160.	Concepts of athletic training	Pfeiffer, ronald p	Jons & bartlett
161.	Principles and practice of sport management	Barr carol a	Jons & bartlett
162.	Courting success	Nadkarni, shirish	Badminton 45
163.	Nutrition for fitness and sport	Williams, melvin h.	Mcgraw hill publishers
164.	Core concepts in health	Insel, paul m.	May field publq company
165.	Complete guide to exercising away stress	Awrence, debbie	A & c black
166.	Sports and exercise in midlife	Gordon, stephen l	American academy of orthopaedic surgeons
167.	Improve your tennis iq	Applewhaite, charles	Piers spence
168.	How to play tennis	Williams, venus	A & c black
169.	Complete guide to stretching	Norris, christopher m.	Dk
170.	Advanced fitness assessment and exercise prescription	Heyward, vivian h	Humankinetics
171.	Pilates	Isacowitz, rael	Humankinetics

172.	Ugc-net/jrf/set teaching & research aptitude	Lal,jain	Upkar
173.	Ugc-net/jrf/set teaching & research aptitude	Kautilya k	Upkar
174.	Ugc net/slet physical education	Chopra j.k	Unique

#### 4.List of Journals Subscribed for the year 2015 -2016

S.No	Name of Journals
1.	American Journal of Health Education
2.	Strategies : A journal for Physical and Sports Educators
3.	Applied research in coaching and athletics annual
4.	Herald of health
5.	JOPERD: The Journal of Physical Education Recreation & DANCE
6.	International Journal of Physical Education
7.	Journal of Exercise Science and Physiotherapy
8.	journal of sports and sports sciences, sports research Quarterly
9.	Olympic review
10.	Research Quarterly for Exercise and Sports
11.	Scientific Journal in sport and Exercise (LNCP)
12.	International journal Yoga

#### 5.List of Complementary Journals subscribed during the year 2015 -2016

S.No	Name of Journals
1.	Journal of Physical Education and Sports Sciences (MCPE)
2.	Prabuddha Bharata or Awakened India
3.	Kdham world
4.	Karur vilayuttu mursu
5.	Pesy : International journal of physical education sports management and yogic sciences
6.	Adapted Physical Activity Quarterly
7.	Sports Star
8.	Ulaga Champion News
9.	Vaarththai
10.	Vilayuttu ulagam

**ANNEXURE – II**  
**Academic Calendar**  
**I & III Semester**

<b>S.No</b>	<b>Date</b>	<b>Program</b>
1	18.06.2015	Reopen for II MPed
2	06.07.2015	Reopen for I MPed & I BPed and parents meeting
3	07.07.2015	M.Phil entrance exam
4	14.07.2015	Division of groups for Intramural
5	15.07.2015	Election for students literary association
6	16.07.2015	Intramural Inaguration
7	18.07.2015	Ramzan Holiday
8	24.07.2015	Students literary association inaguration
9	31.07.2015	Tutor ward meeting
10	05.08.2015	I project track and field meet
		IQAC first quarterly meeting
11	13.08.2015	All Vidyalaya rehersal for Independence Day celebrations
12	14.08.2015	Preparation for Independence day celebrations
13	15.08.2015	Independance day celebrations
14	17.08.2015 to 18.08.2015	I CIA examinations
15	21.08.2015 & 22.08.2015	Workshop - GAPEY
16	26.08.2015	Colloquium for II MPed & M.Phil
17	27.08.2015	Tutor ward meeting
18	29.08.2015	National Sports Day celebrations
19	05.09.2015	Teachers Day & Gokulasthami Holiday
20	08.09.2015 to 12.09.2015	Inter Collegiate tournaments
21	16.09.2015	II Project Sports meet
22	17.09.2015	Vinayagar Chathurthi
23	24.09.2015	Bakrid - Holiday
24	25.09.2015	Leadership Training Camp for I BPed, Rural coaching for I MPed & Internship for II MPed begins
25	01.10.2015	Leadership Training Camp for I BPed, Rural coaching for I MPed & Internship for II MPed ends
26	02.10.2015	Gandhi Jayanathi - Holiday
27	06.10.2015	Teaching practice at schools for BPed begins
		IQAC second quarterly meeting

28	17.10.2015	Teaching practice at schools for BPEd ends
29	19.10.2015 to 20.10.2015	Practical Examinations
30	21.10.2015 & 22.10.2015	Ayutha Pooja, Saraswathi Pooja & Vijayadasami - Holiday
31	24.10.2015	Moharam - Holiday
32	26.10.2015 & 27.10.2015	II CIA examinations
33	02.11.2015 to 06.11.2015	Pre semester examinations
34	07.11.2015	Last working day for ODD semester
35	10.11.2015	Deepawali - Holiday
36	12.11.2015 to 16.11.2015	Semester Examinations

### II & IV Semester

S.No	Date	Program
1	07.12.2015	Reopening for even semester
2	09.12.2015 to 12.12.2015	UGC NET coaching classes
3	16.12.2015	III Project Track & Field meet
4	18.12.2015 & 19.12.2015	Workshop
5	24.12.2015	Miladi Nabi - Holiday
6	25.12.2015	Christmas - Holiday
7	01.01.2016	Kalpatharu Day
8	03.01.2016	Guru Puja
9	07.01.2016	IQAC third quarterly meeting
10	09.01.2016	National Youth Day Rally
11	11.01.2016 to 15.01.2016	Pongal Holidays
12	18.01.2016 to 19.01.2016	I CIA examinations
13	22.01.2016	All Vidyalaya rehearsal for Republic Day celebrations
14	25.01.2016	Preparation for Republic day celebrations

15	26.01.2016	Republic Day celebrations
16	27.01.2016	Play Festival activities at school begins
17	05.02.2016 & 06.02.2016	Seminar - GAPEY
18	07.01.2016	IQAC meeting
19	18.02.2016	Play Festival activities at school ends
20	19.02.2016	Play Festival Function
21	11.03.2016 & 12.03.2016	Seminar - MCPE
22	13.03.2016	Parents Meeting
23	17.03.2016	Annual Day group divisioning
24	18.03.2016	IV Project track & field meet
25	21.03.2016 & 22.03.2016	II CIA examinations
26	22.03.2016 to 23.03.2016	M.Phil CIA-II examinations
27	26.03.2016	Annual Day
28	04.04.2016 to 06.04.2016	Internal Practicals
29	07.04.2016 & 08.04.2016	External Practical Exam
30	11.04.2016 & 12.04.2016	External Teaching Practice for I MPed
31	18.04.2016 to 22.04.2016	Pre semester examinations
32	25.04.2016 to 29.04.2016	Semester Examinations
33	05.05.2016	IQAC meeting – fourth quarterly and AQAR

## ANNEXURE - III

### FEEDBACK FROM STAKEHOLDERS

A well conceptualized feedback system, involving all stakeholders, provides an opportunity for programme planning, curriculum design and syllabus revision. The recommendations of NCTE, the Tamilnadu Physical Education and Sports University, Chennai and the statutory bodies of our institution were considered during the revision process. Our college has systematically collect feedback from students, staff and employers every year through various modes etc. as given below:

- Feedback is conducted through e-questionnaire for the students because they will keep secrecy and replication of answers.
- Employers and faculty are requested to submit their feedback at periodical staff meetings.
- Descriptive enumeration of college activities and supportive activities to alumni by the college is collected at the alumni meeting and personal communication through Email, and invited for periodic discussion as feedback.
- Any new programme implementation is valued from the executive alumni member over the personal contact.
- Moreover, a feedback is also collected from the students at the end of the every semester, during practice teaching, parents meeting, at the time of course completion as well as after results received.
- Feedback is obtained from the parents during semester wise parents meeting.
- Reviews from the employers are obtained at the time of practice teaching, and statutory meetings of the college and from the community through various extension service programmes organized by our college.
- Opinions and suggestions from academic peers at the time of important occasions held in our college.
- Further, at the time of institutional training and project work our students are engaged to collect feedback from schools, colleges, sports clubs, industries, institutions, and professionals
- Seminars, Group Discussions and Assignments are introduced as encouraging steps for the improvement of quality of teaching, learning and evaluation and providing homely atmosphere to the students.
- Teaching excellence is also enhanced through feedback that enables to evaluate teacher effectiveness in every course. In addition to formal feedback, faculty members obtain informal feedback from students, review them and used for improving their competency.

## ANNEXURE - IV

### Revision/update of regulation or syllabi and its salient aspects

- The revision and updating of syllabus is done with concurrent to professional needs as well as community interaction and industry need as follows:



## For BPED

### BPED syllabus

- As per the NCTE regulations, the duration of the BPED course is two academic years. It was decided to follow the NCTE regulations.
- It was resolved to make the following necessary changes in the BPEd syllabus.

#### 1. Distributions of theory papers for 4 semesters.

Sem	NCTE frame work	Suggestions
Semester I	<b>Core course:</b> 1. History, Principles and foundation of Physical Education 2. Anatomy and Physiology 3. Health Education and Environmental Studies <b>Elective course:</b> 1. Olympic Movement 2. Officiating and coaching	<b>Core course:</b> 1. History, Principles and foundation of Physical Education 2. Anatomy and Physiology 3. Educational Technology and Methods of Teaching in Physical Education <b>Elective course:</b> 1. Olympic Movement 2. Health Education and Environmental Studies
Semester II	<b>Core course:</b> 1. Yoga Education 2. Educational Technology and Methods of Teaching in Physical Education 3. Organization and Administration <b>Elective course:</b> 1. Contemporary issues in physical education, fitness and wellness 2. Sports Nutrition and Weight Management	<b>Core course:</b> 1. Yoga Education 2. Sports training 3. Organization and Administration <b>Elective course:</b> 1. Contemporary issues in physical education, fitness and wellness 2. Sports Nutrition and Weight Management

<b>Semester III</b>	<p><b>Core course:</b></p> <ol style="list-style-type: none"> <li>1. <b>Sports training</b></li> <li>2. Computer Applications in Physical Education</li> <li>3. Sports Psychology and Sociology <b>Elective course:</b></li> </ol> <ol style="list-style-type: none"> <li>1. Sports Medicine, Physiotherapy and Rehabilitation</li> <li>2. Curriculum Design</li> </ol>	<p><b>Core course:</b></p> <ol style="list-style-type: none"> <li>1. <b>Measurement and Evaluation in Physical Education</b></li> <li>2. Computer Applications in Physical Education</li> <li>3. Sports Psychology and Sociology</li> </ol> <p><b>Elective course:</b></p> <ol style="list-style-type: none"> <li>1. Sports Medicine, Physiotherapy and Rehabilitation</li> <li>2. Curriculum Design</li> </ol>
<b>Semester IV</b>	<p><b>Core course:</b></p> <ol style="list-style-type: none"> <li>1. <b>Measurement and Evaluation in Physical Education</b></li> <li>2. Kinesiology and Biomechanics</li> <li>3. Research and Statistics in Physical Education</li> </ol> <p><b>Elective course:</b></p> <ol style="list-style-type: none"> <li>1. Theory of sports and game</li> <li>2. Sports Management</li> </ol>	<p><b>Core course:</b></p> <ol style="list-style-type: none"> <li>1. Theory of sports and game</li> <li>2. Kinesiology and Biomechanics</li> <li>3. Officiating and coaching</li> </ol> <p><b>Elective course:</b></p> <ol style="list-style-type: none"> <li>1. Research and Statistics in Physical Education</li> <li>2. Sports Management</li> </ol>

2. As per the NCTE regulations in each paper there are 4 units only. It was resolved to change into 5 units pattern.

3. It was resolved to delete the following games/sports due to non availability of facilities to conduct.

- Swimming
- Boxing
- Fencing
- Squash

4. It was resolved to maintain the existing examination pattern.  
(i.e, Internal-25 marks, External –75 marks)

5. It was resolved to maintain the existing internal marks breakups.

Continuous Assessment Tests (Best out of 2 converted to 5 marks)	5 Marks
Pre semester	10 Marks
Assignments	5 Marks
Attendance Percentage of Attendance 95 % - and above - 5 Marks 90 % – 94 % - 4 Marks 85 % – 89 % - 3 Marks 81 % – 84 % - 2 Marks 80 % - 1 Mark	5 Marks
<b>Total</b>	<b>25 Marks</b>

#### For MPED

It was resolved to follow the existing MPED syllabus for the academic year 2015-2017.

#### QUESTION PAPER PATTERN

##### CIA – I (25 marks)

Part-I	Multiple choice questions (10x1mark)	10 marks
Part-II	05 mark questions (3x5) (3 out of five)	15 marks
<b>Total</b>		<b>25 marks</b>

##### CIA – II (25 marks)

Part-I	Multiple choice questions (10x1mark)	10 marks
Part-II	05 mark questions (3x5) (3 out of five)	15 marks
<b>Total</b>		<b>25 marks</b>

#### Pre semester and semester question pattern

- It was resolved to change the question paper pattern in the following manner

PART	DESCRIPTION	MARKS
I	<b>Multiple choice questions</b> - Write the answers to all the questions (Four Questions from each Unit) 10x1marks	20
II	Write short notes (either /or method) Answer all the questions (Two questions from each unit) 5x5marks	25
III	Answer in detail (Essay type Question): Answer any three questions out of five questions (One questions from each unit) 3x10marks	30
<b>Total</b>		<b>75</b>

**ANNEXURE - V**

**Articles published by our staff during 2015-2016 as follows:**

<b>S.No</b>	<b>Name of the Staff</b>	<b>Title of the Article</b>	<b>Name of the Journal with ISSN No</b>	<b>Name of the Publisher</b>	<b>Month and Year of Publication</b>
1	Dr.Ch.VST.Saikumar	Impact of Aerobic Dance on Selected Physiological Variables of Sedentary College Students	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
2	Dr.Ch.VST.Saikumar	Impact of yoganasana programme on selected psychological variables of sedentary college students	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
3,4	Dr.E.Amudhan	Comparative analysis of selected psychological variables between district level forest department's athletes and players	Journal of Adapted Physical Education and Yoga, Vol.5 ISSN : 2229-4821	Ramakrishna Mission Vivekananda University	June, 2015
		Effect of kalaripayattu training on selected Physiological variables of college men	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
5,6	Dr.E.Amudhan	Comparative analysis of selected physical fitness variables between high and low altitude school boys	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
7		Comparative analysis of selected physical fitness variables of industrial training institute sportsmen among various districts of Coimbatore region	Journal of Adapted Physical Education and Yoga, ISSN - 2229-4821	Ramakrishna Mission Vivekananda University	December, 2015

8		Effect of Dands and Baithaks on Selected Physical Fitness Components Among College Level Boys	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
9	Dr.S.Sivasankar	Influence of Yogic practices on memory of persons with intellectually disabled	International Recognition Multi disciplinary Research Journal ISSN: 2231-5063, impact factor: 3.4052(UIF)	Golden Research Thouths	November, 2015
10		Effect of yogic practice and aerobic exercises on vital capacity among school boys	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
11	Dr.A.Needhiraja	Effect of Game-Specific Training on Selected Physical and Performance Variables Among Football Players	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
12		Analysis of psychological characteristics among different team games	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
13		Comparative effect of mcconnell taping kinesio tex taping methods with lower body plyometric training on selected physical fitness variables and pain	Journal of Adapted Physical Education and Yoga, ISSN - 2229-4821	Ramakrishna Mission Vivekananda University	December, 2015

		among university level volleyball players with patello-femoral pain syndrome			
14	Sri S. Muniraj	Analysis of Somato Body Type on Selected Physical Fitness Variables of Active Physical Education Men Students	Journal of Physical Education and Sports Sciences, Vol.7, ISSN	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
15		Influence of specific skill training on skill performance of field hockey players	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
16		Impact of own body weight circuit training program on physical and physiological variables of school boys	Journal of Adapted Physical Education and Yoga, ISSN - 2229-4821	Ramakrishna Mission Vivekananda University	December, 2015
17	Dr.M.Ramajayam	Analysis of Somato Body Type on Selected Physical Fitness Variables of Active Physical Education Men Students	Journal of Physical Education and Sports Sciences, Vol.7, ISSN	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June,2015
18		Impact of plyometric training with specific drills on selected physical fitness variables of college level badminton players	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015
19		Impact of specific drills with visual aids on selected skill performance variables of pre adolescent tennis learners			
20		Impact of plyometric training with specific	Journal of	Ramakrishna	December,

		drills on selected skill performance variables of college level badminton players	Adapted Physical Education and Yoga, ISSN - 2229-4821	Mission Vivekananda University	2015
21	Sri M.Prabu	Analysis of psychological characteristics among different team games	Journal of Physical Education and Sports Sciences, Vol.7, ISSN-0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	December, 2015

#### ANNEXURE - VI

**Seminar and conference proceedings of paper presentation by our staff during 2015-2016 as follows:**

S.No	Name of the Staff	Title	Name of the Seminar/Conference/Symposia, Workshop, etc.,	Name of the sponsoring agency	Place and Date
1	Dr. E. Amudhan	Isolated Effect of Yogasana and Prayanama Training on VO2 Max of Inter Scholastic Girls	National Seminar on “Scientific Approaches and Application of Yoga and Holistic Lifestyle for Better Tomorrow” ISBN: 978-81-925-229-1-3	Directorate of Collegiate Education, Government of Kerala and Department of Physical Education, Government College, Tripunithura, Ernakulam District, Kerala	Kerala 25.11.2015 and 26.11.2015
2		Isolated Effect of Yogasana and Prayanama Training on Selected Physiological Parameters of Inter Scholastic Girls	“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015
3	Dr.S.Sivasankar	Influence of Yogic Practices on Span of Attention of Persons intellectually Disabled	“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015

4	Dr.A.Needhiraja	Prediction of handball playing ability from the selected Anthropometrical, Physical, Physiological and Psychological variables among inter collegiate players	“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015
5	Dr. M. Ramajayam	“Effect of Pranayama Practices on Selected Physiological Variables of School Boys”	National Conference on Yoga Herbal and Traditional Medicines ISBN: 978-81-927985-0-7	Indian Institute of Yoga and Naturopathy, Coimbatore at TNAU, Coimbatore	Coimbatore, 09.08.2015
6	Dr. M. Ramajayam	“Analysis of Muscular Strength and Muscular Endurance of South Indian Adolescent School Boys ”	7th Asia Pacific Conference on Exercise and Sports Science	Manav Rachna International University, Faridabad	Faridabad 14.10.2015 to 16.10.2015
7		Yoga Therapy for Back Pain	“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015
8		Impact of Yogasanas Training Physical Exercises Training Combined Training on Selected Body Composition Variables of School Boys	National Seminar on “Scientific Approaches and Application of Yoga and Holistic Lifestyle for Better Tomorrow” ISBN: 978-81-925-229-1-3	Directorate of Collegiate Education, Government of Kerala and Department of Physical Education, Government College, Tripunithura, Ernakulam District, Kerala	Kerala 25.11.2015 and 26.11.2015
9		“Impact of shuttle feeding machine training on selected skill performance variables of school level badminton players”	National Conference on “Training, Nutrition and Analeptic Regimen on Corporeal Property and High Performance in Sports	Bharathiar University, Coimbatore	Coimbatore 31.03.2016



10	Sri S. Muniraj	“Effect of Pranayama Practices on Selected Physiological Variables of School Boys”	National Conference on Yoga Herbal and Traditional Medicines ISBN: 978-81-927985-0-7	Indian Institute of Yoga and Naturopathy, Coimbatore at TNAU, Coimbatore	Coimbatore, 09.08.2015
11		Impact of Scientific Training on Skill Performance of Field Hockey Players	“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015

#### ANNEXURE - VII

##### Faculty Attended in Seminar/Conference/Symposia, Workshop, etc.,

S.No	Name of the Staff	Name of the Seminar/Conference/Symposia, Workshop, etc.,	Name of the sponsoring agency	Place and Date
1	Dr. VST. Saikumar	National level Workshop on “Brunt of Sports Sciences on High Level Sports Performance”	Department of Advanced Training and Coaching, Tamil Nadu Physical Education and Sports University, Chennai	03.10.2015
2	Sri S. Elango	state level conference on “Digital Library Services for Academic Excellence: opportunities and challenges”	Department of Library and Information Science, St. Joseph’s College of Commerce, Bengaluru	03.03.2016
3	Dr. E. Amudhan	National Seminar on “Scientific Approaches and Application of Yoga and Holistic Lifestyle for Better Tomorrow” ISBN: 978-81-925-229-1-3	Directorate of Collegiate Education, Government of Kerala and Department of Physical Education, Government College,	Kerala 25.11.2015 and 26.11.2015

			Tripunithura, Ernakulam District, Kerala	
4		“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015
5		“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015
6	Dr.S.Sivasankar	National Conference on “Practices and Challenges Encountered in Implementing Policies related to Special Education, Sports and Adapted Games”	Ramakrishna Mission Vivekananda University	05.02.2016 & 06.02.2016
7	Dr.A.Needhiraja	“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015
8		National Conference on Yoga Herbal and Traditional Medicines ISBN: 978-81-927985-0-7	Indian Institute of Yoga and Naturopathy, Coimbatore at TNAU, Coimbatore	Coimbatore, 09.08.2015
9	Dr. M. Ramajayam	7th Asia Pacific Conference on Exercise and Sports Science	Manav Rachna International University, Faridabad	Faridabad 14.10.2015 to 16.10.2015
10		“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015
11	Dr. M. Ramajayam	National Seminar on “Scientific Approaches and Application of Yoga and Holistic Lifestyle for Better Tomorrow” ISBN: 978-81-925-229-1-3	Directorate of Collegiate Education, Government of Kerala and Department of Physical Education, Government College,	Kerala 25.11.2015 and 26.11.2015

			Tripunithura, Ernakulam District, Kerala	
12		National Conference on “Training, Nutrition and Analeptic Regimen on Corporeal Property and High Performance in Sports	Bharathiar University, Coimbatore	Coimbatore 31.03.2016
13		Presented a paper in the National Conference entitled, “Impact of shuttle feeding machine training on selected skill performance variables of school level badminton players”	Bharathiar University, Coimbatore	31.03.2016
14		National level workshop on Yoga	Tamil Nadu Physical Education and Sports University, Chennai	09.04.2016
15	Sri S. Muniraj	National Conference on Yoga Herbal and Traditional Medicines ISBN: 978-81-927985-0-7	Indian Institute of Yoga and Naturopathy, Coimbatore at TNAU, Coimbatore	Coimbatore, 09.08.2015
16		“Prospective Approaches and Applications of Yoga and Physical Activity for Better Life” ISBN: 978-81-910811-4-5	All Saints College, Trivandrum, Kerala	Kerala 19.11.2015 to 20.11.2015
17	Sri A. Velaytham	Regional – South Workshop on “Institutional Digital Repository” for National Digital Library (NDL) Project	Central Library, IIT Madras, Chennai	25 <sup>th</sup> and 26 <sup>th</sup> March, 2016

**ANNEXURE - VIII**

**Faculty acted as a Resource Person in Seminar/Conference/Symposia, Workshop, etc.,**

<b>S.No</b>	<b>Name of the Staff</b>	<b>Name of the Seminar/Conference/Symposia, Workshop, etc.,</b>	<b>Name of the sponsoring agency</b>	<b>Place and Date</b>
1	Dr. VST. Saikumar	Ramakrishna Mission Vidyalaya Academy for Competitive Examinations (RMVACE)	Ramakrishna Mission Vidyalaya, Coimbatore	Coimbatore, 22.05.2015
2		UGC sponsored National Seminar on "Personality Development through sports"	Department of Physical Education, P.B. Siddhartha College of Arts and Science, Vijayawada, Andhra Pradesh	03.07.2015 & 04.07.2015.
3		UGC Sponsored National Seminar entitled 'Fitness and Wellness Through Sports'	Department of Physical Education and Sports, Sri Krishnadevaraya University, Anantapuramu, Andhra Pradesh.	08.11.2015
4	Dr. S. Sivasankar	State level workshop cum referee examination in 'Kho-Kho'	Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education Coimbatore	21.08.2015 & 22.08.2015
5	Dr. A. Needhiraja	"Aerobics for fitness"	Sasurie Academy of Engineering, Coimbatore	19.03.2016

## ANNEXURE – IX

### BEST PRACTICE – I TITLE OF THE PRACTICE

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#### MAN MAKING AND CHARACTER BUILDING EDUCATION

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#### INTRODUCTION

Sri Ramakrishna Mission Vidyalaya was established on the ideals of Swami Vivekananda. In our Maruthi College of Physical Education, the entire educational process revolves around the man making and character building education. According to Swami Vivekananda, “the end of all education, all training should be man making. The end and aim of all training is to make the man grow. What our country now wants is muscles of iron and nerves of steel, gigantic wills which nothing can resist, it is man-making education all round that we want”. Swamiji further emphasizes that, “we want education by which character is formed, strength of mind is increased, the intellect is expanded and by which one can stand on one’s own feet. We need technical education and all else that will develop industries, so that men instead of seeking for service may earn enough by independent self-employment to provide for themselves”.

#### **How to establish good character:**

Swami Vivekananda considered that formation of good character is the essence of education and explained how it can be formed. “The character of any man is but the aggregate of his tendencies, the sum total of the bent of his mind. As pleasure and pain pass before his soul, they leave upon it different pictures, and the result of these combined impressions is what is called a man’s character. We are what our thoughts have made us. When a man has done so much good work and has so many good thoughts, there is an irresistible tendency in him to do good. Even if he wishes to do evil, his mind as the sum total of his tendencies will not allow him to do. He is completely under the influence of the good tendencies. When such is the case, a man’s good character is said to be established.”

#### **Personality development:**

“Personality is thus something beyond the body. It is a combination of many qualities. Strength, courage, firmness, ability to inspire people are some of the qualities common to men and women of outstanding personality. Personality is the sum total of all biological and acquired dispositions, impulses, tendencies and instincts of the individual. It is the total quality of an individual’s behavior, as it revealed in his habits, thoughts and expressions, attitudes and interests, his manner of functioning and his personal philosophy of life.”

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## Objectives of the Practice

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1. To prepare the Physical Education teachers with outstanding leadership qualities.
2. “Service to mankind is the service to God” is the motto of Ramakrishna Mission hence; emphasis is given to service to the society.
3. “Work is worship” no work in the Vidyalaya is considered as low and high and all the students are have been made to understand this principle through various activities.
4. Value education is being given top priority in our campus which gives wisdom to our students, to have discriminating ability, to understand which is right, which is wrong and which is to be followed.
5. The education in our Vidyalaya campus is not only meant for giving training for the required skills but also to prepare them to live the life with moral and ethical values.

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## The Practice

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The annual calendar is planned well in advance by allotting suitable schedule for theory and practical activities to prepare a good physical education teacher. Planning has been put forth in designing the various activities for our students to develop leadership qualities among them. The activities include leadership training camp, project sports meet, intramural activities, practice teaching, external tournaments, rural coaching, play festival; participating in cultural programmes, our staff and students serve the society through the various extension activities, which include organizing sports and games to various institutions, officiating and laying play fields, etc.,

### **NSS Programme:**

Our institution conducts many programmes which help the community. These activities include serving in the slum areas like Arivoli Nagar and Bharathi Nagar, involving in the tree plantation and watering activities, blood donation, serving as the volunteers in the charitable hospital run by the Ramakrishna Mission Vidyalaya etc. These activities create a sense of responsibility among the students towards the society.

In the vidyalaya campus ‘work culture’ is practiced by the Swamijis, heads of the institutions and staff members. Hence it is very easy to make the students to understand the value and importance of work culture. This includes self serving in the hostel mess, cleaning the hostel rooms, maintaining the play fields etc., Only a good follower could become a good leader, with this principle all the students are provided with ample opportunities to volunteer themselves in various activities throughout the year which make them as good leaders.

The core principle of our institution is to incorporate value education to the students. Many activities have been planned to imbibe moral and ethical and patriotism to the students. The activities include Gurupuja, Independence day, Republic day, National Youth day, Youth convention, special lectures by Swamijis, spiritual retreat, Vidyarthi homa etc.

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### **Obstacles Faced and Strategies Adopted**

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**a) Hesitation to take up the activities:** Initially students would hesitate to take part in the social activities like serving in the slum areas and cleaning the play fields etc. But through the orientation, all the staff members motivate the students to understand the importance of serving the poor people. Moreover, included the maintenance of play fields was included in the curriculum.

**b) Irregular and not punctual:** When the students are irregular and not punctual in attending the classes, all the staff members are involved in correcting the students through their exemplary work culture. All the staff members are very punctual for all the sessions and activities which make the students to follow.

**c) Ignorance of ethical, moral and spiritual activities:** In our campus, we have many monks who would be addressing the students on various occasions, which takes away the ignorance of the students on the issues of ethical, moral and spirituality.

**d) Inhibition and low self confidence:** College curriculum and the entire environment of the Vidyalaya make the students to involve in various social activities, cultural activities and sports events which would take away their inhibition and make them more confident.

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### **Impact of the Practice**

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Students would join our college from various backgrounds but mainly from the rural and also from the economically weaker sections. They do not have exposure to the various activities which would contribute to their overall personality development.

But with the exposure to the multifaceted activities of the Vidyalaya in general and particularly man making and character building education which is imparted in our Maruthi College of Physical Education is making huge impact on the personality development of our students.

Some of the prominent behavioural changes among the students

- Maintenance of punctuality
- Dignity of labour
- Positive attitude
- Sense of responsibility
- Sincerity to the work

**Result:** Over a period of time, the educational institutions, which are recruiting the teaching staff, understood the difference in the attitude of the students of Maruthi College of Physical Education and the students of other institutions and started giving top priority to our college students while conducting the campus interviews.

Our students are in great demand for the job opportunities; hence for the past two years 100% placement is taking place. Some of the students are getting more than two job opportunities.

**Conclusion:** The vision of our college is “to provide personal, intellectual and professional growth of its students and staff and to produce an ideal physical education teacher with emphasis on man making and character building education”. Hence the entire programme, planning and execution of our college activities are directed only towards the man making and character building education.

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### **Resources Required**

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Our institution is having all the resources required to imbibe man making and character building education to all of our students. All the staff members are role models to the students in maintaining the punctuality and in executing the duties to the perfection.

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### **Contact Persons for Further Details**

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1. Dr. Ch.VST. Saikumar, Principal
2. Dr. T.Jayabal, Associate Professor
3. Dr.E.Amudhan, Assistant Professor

Plenty of books and CDs are available in our college library related to personality development, moral, ethical and religious scriptures.



**BEST PRACTICE – II**  
**TITLE OF THE PRACTICE**

**TITLE OF THE PRACTICE**

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**ADAPTED GAMES AND REHABILITATION PROGRAMME FOR PERSONS WITH DISABILITY**

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**INTRODUCTION**

An estimated 10% of the world's population experiences some form of disability or impairment (WHO Action Plan 2006-2011). According to the India Census 2001: 2.19 crore people with disabilities live in India (2.13%). This includes persons with visual, hearing, speech, locomotor and mental disabilities. People with disability have more often sedentary lifestyles than people in general. A sedentary lifestyle that results from inadequate levels of physical fitness can contribute to a number of health problems, including obesity, hypertension, low back pain, osteoporosis, coronary heart disease, diabetes, colon cancer, anxiety and depression, and premature mortality. Regular physical activity is not prevalent in the lives of persons with disabilities. Physical fitness and regular physical activity are key factors in health and well being of all individuals.

In the current world the fitness and nutritional status among the population has become a big threat. By this the rate of birth of special children is alarmingly increasing. Our college is extending helping hand to this problem, and also stepped into innovations in this field to be a trend setter. As a first step we screened the regional population and as per their need rehabilitation and therapeutic services were provided only to children with intellectual disability in the year 2007. However, recently the scope of entire project has been extended to cover all the major disabilities.

Our college developed a sustainable curriculum in the field of Adapted Physical Education for creating awareness among the student-teachers of physical education. The pathway to achieving the theme, a group of concerned experts and therapists were gathered and designed rehabilitative and therapeutic welfare programmes for persons with disabilities through application of various therapies in numerous ways for the optimal development. The aim of the project was two fold. First was to concentrate on the academic progress and second one was to multidisciplinary rehabilitative approach to the parents and special children.

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**Objectives of the Practice**

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- a) It provides awareness among teacher trainees, special educators, curriculum developers and educational administrators, parents and others in service of disabled, particularly in teaching and training.
- b) It promotes research and publications in the area of adapted physical education.
- c) It improves the health-related physical fitness of the persons with disability.
- d) It organizes seminars inside the college premises.
- e) It joins hand with other nodal agencies to offer innovative programmes for persons with disability.
- f) It provides opportunities to get exposure to various therapies
- g) It provides inclusive welfare programmes to create social acceptance among the society

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## **The Practice**

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The present practice came into existence by organizing national level bocce coaching and training camp for the intellectual disability in 2007. Consequently, various programmes were further designed in our college premises such as curriculum adaptation for the physical education course, encouraging research scholars, various disability sports in different categories, designing adapted games for persons with disabilities, designing adapted gadgets, rehabilitation set ups like physiotherapy, play therapy and prosthetic & orthotic unit etc.

### **Developing Adapted Physical Education Programmes**

- Introduced Circle Kabaddi (Hearing Impaired), Maze Relay (Visually Impaired), Modified Kho-Kho (Visually Impaired), Ramp Bowling, Circle Bowler, T-stand Cricket, Wheelchair Hockey (Orthopaedically Disabled)
- Formulated adapted rules and regulations for the tournaments and officiating

### **Client Based Training Programmes**

- Institution based programmes - adapted yoga, physical activities, therapeutic exercises and recreative games for the persons with disabilities
- Unified Play Day – Multidisciplinary training programme for the intellectually disabled children

### **Organizing Disability Sports Competitions**

- National and state level Special Olympics and Paralympics Competitions
- Conducting adapted game tournaments and competitions at the District level

### **Research Work**

- Enormous research works/projects and evaluation have been done in the area
- Our faculty members have also completed their PhD in the area of adapted physical education.

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## **Obstacles Faced and Strategies Adopted**

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The financial assistance may prove to be burden but this is cheerfully overcome by various well-wishers. The management offers its share if the programme suffers for want of money.

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## **Impact of the Practice**

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We strongly believe that an optimal development of a special child is achieved through application of various therapies in numerous ways. It will provide an interdisciplinary model and a platform to exchange from divergent fields to yield new and enhanced benefits. As a whole the college aims to provide programmes which creates an impact as well as awareness among the student teachers and the special population, to say, academic values and ethics, administration skills, social values, sports & games and problem solving.

The impacts are multi-fold and covers various aspects such as

- Inclusive recreational activities for persons with disabilities
- Based on the disability, the recreational and fitness activities were given by our students under the headship of Dr. A. Sathiyamoorthy, Sports Physiotherapist.
- Seminars and Workshops for physical educators and special educators
- The students are given an opportunity to choose the adapted physical education as an elective subject at master's degree level.
- The differently abled are assisted in all their competitions by the college students particularly by those who have taken adapted physical education as an elective.
- Inter-school competitions are regular features at the campus for which our student volunteers to work with the organizers
- Special Olympics Programmes were organized at the campus under the leadership of Dr. M. S. Nagarajan, Sports Manager, Special Olympics Asia Pacific region.
- The college students are specially trained and are encouraged to work with differently abled children in evaluating the physical fitness levels of the special children and to offer physical fitness activities.

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### **Resources Required**

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- Human resources like qualified physical educationists, physiotherapists, occupational therapists, medical officer, special education teachers, and social worker.
- Physical resources, like play fields, play equipments, gymnasium, indoor stadium, various therapeutic units and transportation facilities.
- Financial resources for conducting programmes and implantation of events and competitions

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### **Contact Persons for Further Details**

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1. Dr. Ch.VST. Saikumar, Principal
2. Dr. S. Alagesan, Principal (Retired), Guest faculty
3. Dr. S.Sivasnagar, Assistant Professor
4. Dr. A.Sathiya Moorthy, Sports Physiotherapist

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