



Sri Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education
Coimbatore - 641 020.



SELF APPRAISAL REPORT
FOR RE-ACCREDITATION
VOLUME - 1

Submitted to
National Assessment and Accreditation Council

TRACK ID: TNCPE12821

May 2015





**SRI RAMAKRISHNA MISSION VIDYALAYA
MARUTHI COLLEGE OF PHYSICAL EDUCATION**

**AUTONOMOUS
SRKV POST, PERIYANAICKENPALAYAM, COIMBATORE- 641 020**

**SELF-APPRAISAL REPORT FOR
RE-ACCREDITATION**



**AUTONOMOUS COLLEGE, AFFILIATED TO
TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY,
CHENNAI**

**RECOGNIZED BY GOVERNMENT OF TAMILNADU,
NATIONAL COUNCIL OF TEACHER EDUCATION**

**ACCREDITED WITH B++ GRADE BY NAAC (MAY 2006)
(TRACK ID TNCPE12821)**

Website: www.srkvmcpe.org

Phone: 0422-2692443

SRI RAMAKRISHNA MISSION VIDYALYA
MARUTHI COLLEGE OF PHYSICAL EDUCATION
Volume - 1
CONTENTS

		Page No.
	Preface	i
	Declaration by the Head of the Institution	ii
Part - I	Institutional Data	
	A. Profile of the Institution	1 - 4
	B. Criterion-wise Inputs	5 - 30
Part - II	Evaluative Report	
	1. Executive Summary	31 - 36
	2. Criterion wise analysis	
	Criterion I: Curricular Aspects	37 - 56
	Criterion II: Teaching-Learning and Evaluation	57 - 93
	Criterion III: Research, Consultancy and Extension	94 - 132
	Criterion IV: Infrastructure and Learning Resources	133 - 160
	Criterion V: Student Support and Progression	161 - 190
	Criterion VI: Governance and Leadership	191 - 224
	Criterion VII: Innovative Practices	225 - 237
	3. Mapping of Academic Activities of the Institution	238
	4. Declaration by the Head of the Institution	239
	5. Appendices given as Volume - 2	240 - 471
	6. Best Practices	472 - 478
	Glossary	479 - 486
	Abbreviations	487 - 489

PREFACE

We are pleased to submit the Self Appraisal Report (SAR) of our college for reaccreditation (Cycle 2). It is our vision to prepare an ideal physical education teacher with emphasis on man-making and character building education. We also focus on preparing the physical education teachers of highest caliber both in theory and practical. Preference is given for creating global standards of quality teaching, research and publication and commitment to service to the community. Imbibing Indian cultural values and work ethics in the minds of student teachers.

The entire exercise is an opportunity for us to review ourselves and to analyse the progress in all criteria. The introduction of comprehensive syllabus and innovations in teaching-learning process are few initiatives for quality sustenance.

Our institution has taken laudable efforts to enhance student support activities. Inculcation of research culture among the members of faculty and students and developing the infrastructure are few among the best practices.

Consultancy and extension activities were strengthened and widened respectively. All these efforts ultimately lead to holistic development of a student. This report is the representation of quality bound processes of our institution. The role of IQAC in the campus is instrumental in maintaining post quality sustenance activities. The college complied with majority of the recommendations raised during the previous Peer Team visit.

As a custodian, I am honored to submit this report for your favourable consideration.

Dr. Ch. V.S.T. Saikumar
Principal & Secretary

Declaration by the Head of the Institution



SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION

(Government Aided Autonomous College, Affiliated to Tamil Nadu Physical Education & Sports University,
Accredited with B++ by NAAC, Our college under section 2(f) & 12(B) of the UGC Act 1956,
Recognised by National Council for Teacher Education & Government of Tamil Nadu)

Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS(Diploma in Cricket)
Principal & Secretary

Declaration by the Head of the Institution

I certify that the data included in this Self – Appraisal Report (SAR) are true to the best of my knowledge.

This SAR is prepared by the institution after internal discussions, and No part thereof has been outsourced.

I am aware that the peer team will validate the information provided in this SAR during the peer team visit.

Signature of the Head of the institution
with seal

Place: Coimbatore

Date: 20.05.2015

Dr. Ch. VST. SAIKUMAR
M.P.Ed., M.Phil., Ph.D., NIS Diploma in Cricket
PRINCIPAL
Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education
SRKV Post, Coimbatore - 641 020, Tamil Nadu

Sri Ramakrishna Vidyalaya Post, Periyanaickenpalayam, Coimbatore - 641 020, Tamil Nadu
☎ 0422 - 2692443, Fax: 0422-2693677, E-mail: rmmcpe@gmail.com, srkvmcpe@gmail.com, Web: www.srkvmcpe.org



PART I

INSTITUTIONAL DATA

A. Profile of the Institution



A. Profile of the institution

1. Name and address of the institution : Sri Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education
SRKV Post, Periyanaickenpalayam
Coimbatore – 641 020
Tamil Nadu, India
2. Website URL : www.srkvmcpe.org
3. For Communication : Sri Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education
SRKV Post, Periyanaickenpalayam
Coimbatore – 641 020
Tamil Nadu, India

Office

Name		Telephone Number with STD Code	Fax No	E-mail Address
Dr. Ch.V.S.T. Saikumar	Principal	0422-2692443	0422-2693677	vstsaikumar@gmail.com
-	Vice Principal	-	-	-
Dr.T.Jayabal	Self – appraisal Co-ordinator	0422-2692443	0422-2693677	jayabalmcpe1970@gmail.com

Residence

Name		Telephone Number with STD Code	Mobile Number
Dr. Ch.V.S.T. Saikumar	Principal	0422-2694170	94432 94170
-	Vice Principal	-	-
Dr.T.Jayabal	Self – appraisal Co-ordinator	-	74021 68639

4. Location of the Institution :
- Urban
- Semi-urban
- Rural
- Tribal
- Any other (specify and indicate)
5. Campus area in acres :

6. Is it a recognized minority institution?

Yes No

7. Date of establishment of the institution :

Month and Year

MM	YYYY
06	1956

8. University/Board to which the institution is affiliated :

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI

9. Details of UGC recognition under sections 2(f) and 12B of the UGC Act. :

2(f)		12B	
Month and Year		Month and Year	
MM	YYYY	MM	YYYY
06	1956	06	1956

10. Type of Institution :

- | | | |
|---------------------------------------|---|-------------------------------------|
| a. By funding | i. Government | <input type="checkbox"/> |
| | ii. Grant-in-aid | <input checked="" type="checkbox"/> |
| | iii. Constituent | <input type="checkbox"/> |
| | iv. Self-financed | <input type="checkbox"/> |
| | v. Any other (specify and indicate) | <input type="checkbox"/> |
| b. By Gender | i. Only for Men | <input checked="" type="checkbox"/> |
| | ii. Only for Women | <input type="checkbox"/> |
| | iii. Co-education | <input type="checkbox"/> |
| c. By Nature | i. University Dept. | <input type="checkbox"/> |
| | ii. LNIPE, NSNIS or other similar | <input checked="" type="checkbox"/> |
| | Institutes of sports and physical Education / National Institutes (specify the name of the institution and respond) | <input checked="" type="checkbox"/> |
| | iii. Autonomous College | <input checked="" type="checkbox"/> |
| | iv. Affiliated College | <input checked="" type="checkbox"/> |
| | v. Constituent College | <input type="checkbox"/> |
| | vi. Dept. of physical education of a Composite College | <input type="checkbox"/> |
| vii. Any other (specify and indicate) | <input type="checkbox"/> | |

11. Does the University / State Education Act has provision for autonomy?

Yes No

If yes, did the institution apply for autonomy :

Yes No

12. Details of Physical Education programmes offered by the institution :

S. No.	Level	Nature of Award*	Programme/ Course	Entry Qualification	Duration	Medium of instruction
i)	Primary/ Elementary	Certificate	-	-	-	-
		Diploma	-	-	-	-
		Degree	BPEd	Any Degree	One Year	English
ii)	Secondary/ Sr. Secondary/ Under Graduate	Certificate	-	-	-	-
		Diploma	-	-	-	-
		Degree	BPEd	Any Degree	One Year	English
iii.	Post Graduate	Diploma	-	-	-	-
		Degree	MPEd	BPEd	Two Years	English
iv.	Research Degree	Degree	MPhil	MPEd	One Year	English
			MPhil	MPEd	Two Years	English
			PhD	MPhil	Two Years	English
v.	Certificate Course	Certificate	CCAЕ	Std. X Pass	One Year	Tamil / English
			CCFT			
			CCKP			
			CCTS			
			CCYO			

BPEd - Bachelor of Physical Education

MPEd - Master of Physical Education

MPhil - Master of Philosophy

PhD - Doctor of Philosophy

CCAЕ - Certificate Course in Aerobics

CCFT - Certificate Course in Fitness

CCKP - Certificate Course in Kalari Payattu

CCTS - Certificate Course in Tennis

CCYO - Certificate Course in Yoga

13. Give details of NCTE recognition (for each programme)

Level	Programme	Order No. and Date	Valid upto	Sanctioned Intake	Students Enrolled
Pre-primary	-	-	-	-	-
Primary/ Elementary	-	-	-	-	-
Secondary/ Sr.secondary/ Under Graduate	BPEd	F.T N/B.P.Ed/SRV/ NCTE/ 2004 - 2005	Permanent	100 Per Year	100
Post Graduate	MPEd	F.T N/ SEC/SRV/ NCTE/ 2004 - 2005	Permanent	25 Per Year	25
Other (Specify)	-	-	-	-	-

The background features a dynamic composition of colorful, glossy ribbons in shades of green, blue, and pink, flowing across the frame. Interspersed among these ribbons are several 3D-style rings in various colors (blue, brown, orange, green, pink) that appear to be floating or attached to the ribbons. The overall aesthetic is modern and digital.

PART - I
INSTITUTIONAL DATA

B. Criterion-wise Inputs

B. Criterion-wise Inputs**Criterion I: Curricular Aspects**

1. Does the Institution have a stated

- | | | | | |
|--------------|-----|-------------------------------------|----|--------------------------|
| ◆ Vision | Yes | <input checked="" type="checkbox"/> | No | <input type="checkbox"/> |
| ◆ Mission | Yes | <input checked="" type="checkbox"/> | No | <input type="checkbox"/> |
| ◆ Values | Yes | <input checked="" type="checkbox"/> | No | <input type="checkbox"/> |
| ◆ Objectives | Yes | <input checked="" type="checkbox"/> | No | <input type="checkbox"/> |

2. Does the institution offer self-financed programme(s)?

Yes No

If yes,

a) How many programmes? b) Fee charged per programme :

3. Are there programmes with semester system :

Yes	<input checked="" type="checkbox"/>	Number	04	No	<input type="checkbox"/>
-----	-------------------------------------	--------	----	----	--------------------------

4. Is the institution representing/ participating in the curriculum development/revision processes of the regulatory bodies?

Yes No

If yes, how many faculty are on the various curriculum development committees/ boards of Universities/ regulatory authorities :

0	5
---	---

5. Number of Specializations offered in sports and games (Programme wise)

C.P.Ed. D.P.Ed. B.P.Ed. B.P.E. M.P.Ed. M.P.E.

Any other (please specify and indicate)

6. Are there Programmes where assessment of teachers by the students has been introduced:

Yes	<input checked="" type="checkbox"/>	Number	06	No	<input type="checkbox"/>
-----	-------------------------------------	--------	----	----	--------------------------

7. Are there Programmes with faculty exchange / Visiting faculty (experts in specific sports and games, experts in Medicine / Health and Hygiene, IT in sports and games etc.) :

Yes	<input checked="" type="checkbox"/>	Number	06	No	<input type="checkbox"/>
-----	-------------------------------------	--------	----	----	--------------------------

8. Is there any mechanism to obtain feedback on the curricular aspects from the

Heads of practice teaching schools Yes No

Academic peers Yes No

Alumni Yes No

Students Yes No

Employers Yes No

9. How long does it take for the institution to introduce a new programme within the existing system?

One Year

10. Has the institution introduced any new courses in physical education during the last five years?

Yes No

11. Are there courses in which major syllabus revision was done during the last five Years :

Yes	<input checked="" type="checkbox"/>	Number	05	No	<input type="checkbox"/>
-----	-------------------------------------	--------	----	----	--------------------------

12. Does the institution develop and deploy action plans for effective implementation of the curriculum?

Yes No

13. Does the institution encourage the faculty to prepare course outlines?

Yes No

Criterion II: Teaching Learning and Evaluation

1. How are students/ trainees selected for admission to various courses? (Mark "✓" against the applicable and "X" against not applicable)

- | | |
|--|-------------------------------------|
| a. Through entrance tests | <input checked="" type="checkbox"/> |
| b. Physical fitness test | <input checked="" type="checkbox"/> |
| c. Sports proficiency | <input checked="" type="checkbox"/> |
| d. Through interviews | <input checked="" type="checkbox"/> |
| e. On the basis of academic record | <input checked="" type="checkbox"/> |
| f. Combination of one or more of the above | <input checked="" type="checkbox"/> |
| g. Any other (Please specify and indicate) | <input checked="" type="checkbox"/> |

Tested in area of specialization
(Major Games)

2. Criteria for admission

a) As per NCTE norms :

Yes No

b) Norms superior to NCTE :

Yes No

c) In relaxation of NCTE norms with respect to minimum percentage of marks:

Yes No

d) In relaxation of NCTE norms with respect to qualifying course :

Yes No

e) In relaxation of special eligibility provisions of NCTE norms such as participation in national/ regional/ state/university level events :

Yes No

f) In relaxation of professional experience :

Yes No

g) In relaxation of professional experience and performance in qualifying course :

Yes No

3. Does the institution develop its academic calendar?

Yes No

4. Furnish the following information for the previous academic year

a. Date of start of the academic year : 20/06/2013

b.	Date of last admission	:	<u>06/08/2013</u>
c.	Date of closing of the academic year	:	<u>02/05/2014</u>
d.	Total teaching days	:	<u>180</u>
e.	Total working days	:	<u>200</u>
f.	Total pre-practice preparation days for exams	:	<u>10</u>
g.	Number of days for teaching practice	:	<u>20</u>
h.	Number of days for internship	:	<u>10</u>
i.	Number practice lessons for each trainee	:	<u>Internal 20; External 20 (General lesson 10; Particular lesson 10)</u>
j.	Total days for practicals	:	<u>180 (4 Hrs./day)</u>
k.	Number of days for theory	:	<u>180 (3 Hrs./day)</u>
l.	Number of days for field activity	:	<u>180</u>
m.	Number of days for intramural competitions, athletic meets, play-days etc	:	<u>Intramurals 40; Athletic project sports meet-8; Play Day-1</u>
n.	Number of days for activity evaluation	:	<u>10</u>

5. Total number of students admitted (2013-2014)

Programme	Number of Students			Reserved			Open		
	M	F	Total	M	F	Total	M	F	Total
B.P.Ed.	100	-	100	69	-	69	31	-	31
B.P.E	-	-	-	-	-	-	-	-	-
M.P.Ed.	18	-	18	17	-	17	1	-	1
M.P.E.	-	-	-	-	-	-	-	-	-

6. Highest and Lowest percentage of marks at the qualifying examination considered for admission during the previous academic session

Programme	Open		Reserved	
	Highest	Lowest	Highest	Lowest
C.P.Ed.				
D.P.Ed.				
B.P.E.				
B.P.Ed.	67%	45%	63%	45%

Programme	Open		Reserved	
	Highest	Lowest	Highest	Lowest
M.P.Ed.	72.27%	72.27%	75.80%	64%
M.P.E				

7. Is the scheme of evaluation made known to students at the beginning of the academic session?

Yes No

8. Does the institution provide for continuous evaluation?

Yes No

9. Weightage given (percentage) to internal and external evaluation

Programme	Internal (%)	External (%)
C.P.Ed.	-	-
D.P.Ed.	-	-
B.P.E.	-	-
B.P.Ed.	25%	75%
M.P.Ed.	25%	75%
M.P.E	-	-

10. Examinations

a) Number of sessional tests held for each paper	03		
b) Number of assignments for each paper	05		
c) Number of skill tests	05		
d) Date of commencement of annual examination	DD	MM	YYYY
	26	04	2014
e) Date of declaration of result	DD	MM	YYYY
	10	05	2014
f) Date of submission of dissertation (Post-graduate course)	DD	MM	YYYY
	25	04	2014

11. What is the 'unit cost' of physical education programme? (Unit cost = total annual recurring expenditure divided by the number of students/ trainees enrolled).

a) Unit cost excluding salary component

S.No	Courses	Students	Total Expenditure	Unit cost
1	BPEd	100	1110000	11100
2	MPEd - I	25	262650	10506
3	MPEd - II	18	180594	10033
4	M.Phil	7	74711	10673

b) Unit cost including salary component

S.No	Courses	Students	Total Expenditure	Unit cost
1	BPEd	100	1960000	19600
2	MPEd - I	25	475150	19006
3	MPEd - II	18	324054	18003
4	M.Phil	7	132601	18943

12. Access to Information and Communication Technology (ICT).

ICT/ Technology	Yes	No
Computers	✓	
Intranet	✓	
Internet	✓	
Software	✓	
Courseware (CDs)	✓	
Audio resources	✓	
Video resources	✓	
Teaching Aids and other related materials	✓	
Any other (specify and indicate)	✓	

13. Are there courses with ICT enabled teaching learning process?

Yes	✓	Number	04	No	
-----	---	--------	----	----	--

14. Does the institution offer computer science as a subject?

Yes No

If yes, is it offered as a compulsory or as an optional paper?

Compulsory	Optional
✓	

Criterion III: Research, Consultancy and Extension

1. Number of teachers with Ph.D/M.Phil and their percentage to the total faculty strength

	Number	%
MPhil	3	25
Ph.D	9	75

2. Does the Institution have ongoing research projects?

Yes No

If yes, provide the following details about the research projects

Funding Agency	Funding Agency	Funding Agency	Funding Agency
UGC	9,92,800.00	2 Years	-

3. Number of completed research projects during last three years and their outlay?

01

4. How does the institution motivate its teachers to take up research in physical education? (Mark '✓' for positive response and 'X' for negative response)

Teachers are given study leave

Teachers are provided with seed money

Adjustment in teaching schedule

Teachers are sponsored to workshops training programmes on Research methodology/special events

Providing secretarial support and other facilities

Any other (specify and indicate the response)

Encouraged to take up minor / major research projects

5. Does the institution provide financial support to research scholars?

Yes No

6. How many full time research scholars and how many part-time research scholars are currently registered with the faculty of the institution? (Research scholar means M.Phil. and Ph.D. students only)

	M.Phil.	Ph.D.
Full-time	10	-
Part-time	-	16

7. Does the institution support student research projects (UG & PG)?

Yes No

8. Publications: (Last five years)

	Yes	Number	No
International journals	✓	2	
National journals – referred papers	✓	18	
non referred papers	✓	5	
Academic articles in reputed magazines/news papers	✓	1	
Books			
General	✓	1	
Text Books	✓	29	
Any other (specify and indicate)	✓	-	

9. Number of research papers presented by the faculty and students (during last five years):

	Faculty	Students
National seminars	<input type="text" value="66"/>	<input type="text" value="30"/>
International seminars	<input type="text" value="17"/>	<input type="text" value="10"/>
Any other academic forum	<input type="text" value="-"/>	<input type="text" value="-"/>

10. Are there awards, recognition, patents etc. received by the faculty?

Yes	✓	Number	01	No	<input type="text"/>
-----	---	--------	----	----	----------------------

11. What types of instructional materials have been developed by the institution? (Mark '✓' for yes and 'X' for No.)

Self-instructional materials	<input checked="" type="checkbox"/>
Print materials	<input checked="" type="checkbox"/>
Non-print materials (e.g. Teaching Aids/audio-visual, multimedia, etc.)	<input checked="" type="checkbox"/>
Digitalized (Computer aided instructional materials) Question bank	<input checked="" type="checkbox"/>
Exercise equipment	<input checked="" type="checkbox"/>
Special sports equipment	<input checked="" type="checkbox"/>
Any other (specify and indicate)	<input checked="" type="checkbox"/>

(CD's are prepared by the teaching faculty for marching, aerobic dance, cricket, tennis, table tannis, badminton and kho-kho, etc.,)

12. Does the institution have a designated person for extension activities?

Yes No

If yes, indicate the nature of the post.

Full-time

Part-time

Additional charge

13. Are there NSS and NCC programmes in the institution?

Yes No

14. Are there NSO programmes in the institution (besides NCC and NSS)?

Yes No

15. Are there any other outreach programmes provided by the institution?

Yes No

16. Number of curricular/co-curricular meets organized by other academic agencies/ NGOs on the Campus during last three years.

	Academic Agencies	NGOs
Curricular	19	8
Co-curricular	14	10

17. Does the institution provide consultancy services?

Yes No

In case of paid consultancy if any; what is the net amount generated during last three years.

18. Does the institution have networking/linkage with other institutions/ organizations/ Bodies? If yes give details in the table below :

Agencies	Number
Local level	5
State level	5
National level	-
International level	1

Criterion IV: Infrastructure and Learning Resources

1. Built-up Area (in sq. mts.)

11,735.26

2. Land and Building

- | | | | |
|----|--|---|--|
| a. | Institution functions from its own building | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| b. | Institution functions from a rented building | Yes <input type="checkbox"/> | No <input checked="" type="checkbox"/> |
| c. | Institution building is under construction | Yes <input type="checkbox"/> | No <input checked="" type="checkbox"/> |
| d. | Institution building is shared for running other course(s) | Yes <input type="checkbox"/> | No <input checked="" type="checkbox"/> |
| e. | Title of the land is on free-hold ownership basis | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| f. | Title of the land is on long-lease as per law and for the period specified by NCTE | Yes <input type="checkbox"/> | No <input checked="" type="checkbox"/> |
| g. | Institution has its own playfields | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| h. | Institution utilizes hired playfields/ play field of other institutions | Yes <input type="checkbox"/> | No <input checked="" type="checkbox"/> |
| i. | Institution playfields are shared for running other course(s) | Yes <input type="checkbox"/> | No <input checked="" type="checkbox"/> |
| j. | Institution playfields are under development | Yes <input type="checkbox"/> | No <input checked="" type="checkbox"/> |

3. Computing and Audio Visual facilities available with the institution

- | | | | |
|-----|--|---|-----------------------------|
| a) | Number of computers with supporting accessories | <table border="1"><tr><td>38</td></tr></table> | 38 |
| 38 | | | |
| b) | Number of hands – on experience (hours) provided to each student per week | <table border="1"><tr><td>01</td></tr></table> | 01 |
| 01 | | | |
| c) | Number of physical education/sport related CD-ROMs available | <table border="1"><tr><td>159</td></tr></table> | 159 |
| 159 | | | |
| d) | Number of sport/health/fitness/ physical education related video cassettes available | <table border="1"><tr><td>41</td></tr></table> | 41 |
| 41 | | | |
| e) | Number of physical education/sport/health/fitness related audio-cassettes available | <table border="1"><tr><td>03</td></tr></table> | 03 |
| 03 | | | |
| f) | Website of the institution | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| g) | Access to Internet for students | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| h) | Access to Internet for teachers | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| i) | Availability of LCD projector | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| j) | Availability of OHP | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |

- k) Availability of TV Yes No
- l) Availability of VCR Yes No
- m) Availability of public-address system Yes No
4. Amount spent on maintenance and upgrading of computer facilities in the last academic year
5. Amount spent on maintenance and upgrading of laboratory facilities during the previous academic year
6. Budget allocation for campus expansion (building) and upkeep
7. Total number of posts sanctioned
- | | | Open | | Reserved | |
|--------------|--|------|---|----------|---|
| | | M | F | M | F |
| Teaching | | Nil | - | 10 | - |
| Non-teaching | | Nil | - | 10 | - |
8. Total number of posts vacant
- | | | Open | | Reserved | |
|--------------|--|------|---|----------|---|
| | | M | F | M | F |
| Teaching | | Nil | - | 5 | - |
| Non-teaching | | Nil | - | 5 | - |
9. Teaching Staff in position
- a. Number of regular and permanent teachers
- | | | Open | | Reserved | |
|---------------------|--|------|---|----------|---|
| | | M | F | M | F |
| Professor | | Nil | - | 1 | - |
| Associate Professor | | Nil | - | 1 | - |
| Assistant Professor | | Nil | - | 1 | - |
- b. Number of temporary/ad-hoc/part-time teachers
- | | | Open | | Reserved | |
|---------------------|--|------|---|----------|---|
| | | M | F | M | F |
| Professor | | Nil | - | - | - |
| Associate Professor | | Nil | - | - | - |
| Assistant Professor | | Nil | - | 4 | - |
- c. Number of teachers from
- | | |
|--------------|--------------------------------|
| Same state | <input type="text" value="6"/> |
| Other states | <input type="text" value="1"/> |

10. Teacher student ratio (program-wise) 1:20

11. a. Non-teaching staff

	Open			Reserved
Permanent	M	F	M	F
Temporary	Nil	-	2	-
	Nil	-	6	-

b. Technical Assistants

	Open			Reserved
Permanent	M	F	M	F
Temporary	Nil	-	3	-
	Nil	-	2	-

12. Ratio of Teaching: Non-teaching staff 7:13

13. Amount spent on the salaries of teaching faculty during the previous academic session (% of total expenditure) 8019631.00

14. Is there an advisory committee for the library? Yes No

15. Working hours of the Library

On working days	09 Hrs(9am-6pm)
On holidays	03 Hrs(10am-1pm)
During examinations	06 Hrs

16. Does the library have an Open access facility? Yes No

17. Library resources

1. Number of books in the library	<table style="display: inline-table; border-collapse: collapse;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">3</td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">6</td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">5</td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">3</td> </tr> </table>			3	6	5	3
		3	6	5	3		
2. Number of books added to the library during the preceding academic year	<table style="display: inline-table; border-collapse: collapse;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">2</td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">8</td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">2</td> </tr> </table>				2	8	2
			2	8	2		
3. Total Number of journals/periodicals related to Physical Education being subscribed	<table style="display: inline-table; border-collapse: collapse;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">2</td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">3</td> </tr> </table>					2	3
				2	3		
4. Number of encyclopedia available in the library	<table style="display: inline-table; border-collapse: collapse;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">1</td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">2</td> </tr> </table>					1	2
				1	2		
5. Number of books available in the reference section of the library	<table style="display: inline-table; border-collapse: collapse;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">1</td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">1</td> <td style="border: 1px solid black; width: 20px; height: 20px; text-align: center;">5</td> </tr> </table>				1	1	5
			1	1	5		
6. Compiling and reprographic facilities available	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>						

18. Mention the Total carpet area of the Library (in sq. mts.) 397.61 sq.ft.

Seating capacity of the Reading room 102

19. Status of automation of Library
- Yet to initiate
- Partially automated
- Fully automated
20. Which of the following services/facilities are provided in the library?
- Circulation
- Clipping
- Bibliographic compilation
- Reference
- Information display and notification
- Book Bank Photocopying
- Computer and Printer
- Internet
- Online access facility
- Inter-library borrowing
- Power back up
- User orientation /information literacy
- Any other (please specify and indicate)
21. Are students allowed to retain books for examinations?
- Yes No
22. Furnish information on the following
- Average number of books issued/returned per day
- | | |
|----------|----|
| Issued | 10 |
| Returned | 08 |
- Maximum number of books permitted for issue at a time
- | | |
|--------------|----|
| for students | 04 |
| for faculty | 05 |
- Maximum number of days books are permitted to be retained
- | | |
|-----------------|----|
| by the students | 05 |
| by the faculty | 07 |

Average number of users who visited/consulted the library

per month

160

Ratio of library books (excluding text books and book bank facility) to the number of students enrolled

1 : 3
(books : student)

23. Percentage of library budget in relation to total budget of the institution

10%

24. Provide the number of books/ journals/ periodicals/ Audio visual materials that have been added to the library during the last three years and their cost.

	2011-12		2012-13		2013-14	
	Number	Total Cost (In Rs.)	Number	Total Cost (In Rs.)	Number	Total Cost (In Rs.)
i. Text books	185	90126.00	53	26978.00	282	278379.00
ii. Other books	-	-	-	-	-	-
iii. Journals/ Periodicals	12	73633.50	12	101273.00	-	-
iv. Audio-visual materials	-	-	-	-	40	800.00
v. Any others papers (Newspapers)	3	2746.00	3	2250.00	3	2670.00
Magazine (Sports Star)	12	598.00	12	990.00	12	1175.00

25. Sports and Physical Education Resources available in the institution

- | | | |
|--|---|-----------------------------|
| 1. Multipurpose hall | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 2. Gymnasium | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 3. Standard athletic track | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 4. Health and fitness centre with physiotherapy facility | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 5. Anatomy Laboratory | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 6. Exercise physiology Laboratory | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 7. Human Performance Lab | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 8. Sports equipments store | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 9. Sport Psychology Laboratory | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 10. Bio-mechanics Laboratory | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |

Criterion V: Student Support and Progression

1. Programme wise "dropout rate" for the last three batches

Programmes	2011 – 12	2012 – 13	2013 – 14
D.P.Ed.	-	-	-
C.P.Ed.	-	-	-
B.P.Ed.	5	-	-
B.P.E.	-	-	-
M.P.Ed.	4	1	1
M.P.E.	-	-	-

2. Does the Institution have the tutor-ward/or any similar Mentoring system?

Yes No

If yes, how many students are under the care of a mentor/tutor?

1:20

3. Does the institution offer Remedial Instruction?

Yes No

4. Does the institution offer Bridge Courses?

Yes No

5. Examination Results during past three years (provide year wise data)

Particulars	UG			PG			M.Phil.	
	2011-12	2012-13	2013-14	2010-12	2011-13	2012-14	2012-13	2013-14
Pass percentage	100%	100%	100%	100%	100%	100%	100%	100%
Number of first classes	82	91	78	22	19	14	6	6
Number of distinctions	3	4	22	1	1	4	-	1
Exemplary performances (Gold Medal and university ranks, etc.)	Since our institution is an autonomous college, every year we award gold medals for toppers in BPEd and MPEd and MPhil courses during the Graduation Day Ceremony							

6. Number of students who have passed competitive examinations during the last three years (provide year wise data)

NET

SLET/SET

Any other (specify and indicate)

State Level Officiating Examination

	2011-12	2012-13	2013-14
NET	02	01	-
SLET/SET	-	-	-
Any other (specify and indicate)	51	53	100

7. Mention the number of students who have received financial aid during the past three years.

Financial Aid	2011-12	2012-13	2013-14
Merit Scholarship	76	69	16
Merit-cum-means scholarship	-	-	-
Fee concession (Maruthi Sports Scholarship)	10	10	10
Loan facilities (Educational Loan)	13	5	16
Any other Govt. Scholarship (specify and indicate) Sports Scholarship	-	-	-

8. Is there a Health Centre available in the campus of the institution?

Yes No

9. Did the institution organize any sport events, meets, symposia, conferences etc?

Yes No

If yes, give details for the last two years.

Level	Participants	Resource persons	Sports Events
Local / State / Regional	400	10	05
National level	250	08	03
International level	Planning to organize in 2016 and all set for take-off in 2014		

10. Does the institution provide Residential accommodation for:

Faculty Yes No

Non-teaching staff Yes No

11. Does the institution provide Hostel facility for its students?

Yes No

If yes, number of students residing in hostels

Men

Women

12. What are the recreational/leisure time facilities available to students/ trainees? (Put '✓' for applicable and 'X' for those not applicable.)

i. Indoor games

ii. Outdoor games

iii. Nature clubs

- iv. Debate clubs
- v. Student magazines
- vi. Cultural activities
- vii. Audio video facilities
- viii. Literary activities
- ix. Any others (specify and indicate)
 - a. Gymnasium
 - b. Fitness Centre

13. Does the institution have rest rooms for Women?

Yes No

14. Does the institution have rest rooms for men?

Yes No

15. Is there transport facility available?

Yes No

16. Does the Institution obtain feedback from students on their campus experience?

Yes No

17. Give information on the Cultural Events (Last year data) in which the institution participated/organised. (Excluding college day celebration)

	Organised			Participated		
	Yes	No	Number	Yes	No	Number
Inter-collegiate	<input checked="" type="checkbox"/>	-	1	<input checked="" type="checkbox"/>	-	2
Inter-university	-	-	-	-	-	-
National	-	-	-	-	-	-
Any other (specify)	<input checked="" type="checkbox"/>	-	3	<input checked="" type="checkbox"/>	-	5

18. Does the institution have an active Alumni Association?

Yes	<input checked="" type="checkbox"/>	Year of formation	1	9	8	5	No	<input type="checkbox"/>
-----	-------------------------------------	-------------------	---	---	---	---	----	--------------------------

19. Give details of the students' achievements in sports competitions at various levels during the last five years.

Level of Competition	Game / Sport	No. of Participants		Achievement
		M	F	
Inter-collegiate	All Games / Sports	648	-	Participation / Winner / Runners
District	Athletics, Football, Hockey, Basketball, Handball, Cricket, Kabaddi, Kho-Kho, Ball Badminton, Volleyball, Body Building	148	-	Participation / Winner / Runners
Inter-university	All Games	77	-	-
State	Athletics, Kabaddi, Ball Badminton, Badminton, Table Tennis, Football, Volleyball	261	-	Participation / Winner / Runners
National	Kabaddi	1	-	-
International	-	-	-	-

20. Does the institution have a Student Association/Council?

Yes No

21. Does the institution regularly publish a college magazine?

Yes No

22. Give the details of progression of the students to employment/further study (Give percentage) for last three years

	2011-12	2012-13	2013-14
Higher studies	15.60%	15.52%	26.40%
Teaching	-	-	-
Non teaching	-	-	-
Employment	84.40%	84.48%	73.60%

23. Is there a placement cell in the institution?

Yes No

If yes, how many students were employed through placement service during the past three years?

2011-12	2012-13	2013-14
92	98	93

24. Does the institution provide the following guidance and counselling services to students?

Academic guidance and Counseling

Yes No

Personal Counseling

Yes No

Career Counseling

Yes No

Criterion VI: Governance and Leadership

1. Does the institution have a functional Internal Quality Assurance Cell (IQAC) or any other similar body/committee?

Yes No

2. Frequency and number of meetings of Academic and Administrative Bodies: (last two years)

Meetings		2012-13	2013-14
Governing Body / Management		5	6
Staff Council		20	16
IQAC / or any other similar body / committee		2	4
Internal administrative Bodies	Finance Committee	1	1
	Stock Verification Committee	1	1
	Internal Audit Committee	4	4

3. What are the welfare schemes available for the teaching and non-teaching staff of the institution? (Put '✓' for applicable and 'X' for those not applicable.)

- i. Loan facility Yes No
- ii. Medical assistance Yes No
- iii. Insurance Yes No
- iv. Others (specify and indicate) Yes No
- a. Uniform, Residential Facilities
- b. Preference is give to the staff children in the management quota for admission in any Vidyalaya Institution.

4. Furnish the following details for the past three years 2011-12 2012-13 2013- 14

- a). Number of teachers who have availed the Faculty Improvement Program of the UGC/NCTE or any other recognized organization.

-	-	-

- b). Number of teachers who were sponsored for Professional development programmes including faculty exchange, short courses, training programmes etc. by the institution.

	2011-12	2012-13	2013- 14
International	-	-	-
National	-	-	-

11. During the last three years did the institution have surplus/deficit budget? (please specify the amount)

	Surplus	Deficit
2011-12	-	7,42,787.00
2012-13	-	24,52,023.00
2013-14	-	50,02,162.00

12. Is there an internal financial audit mechanism?

Yes No

13. Is there an external financial audit mechanism?

Yes No

14. Are the institutional accounts of the preceding financial year audited?

Yes No

15. Endowment fund and Reserve Fund

a. Amount of Endowment fund maintained

3	0	0	4	0	0
---	---	---	---	---	---

b. Amount of reserve fund maintained

			N	I	L
--	--	--	---	---	---

16. ICT/Technology supported activities/units:

Administration	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
Finance	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
Student Records	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
Career Counselling	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
Aptitude Testing	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
Examinations / Evaluation / Assessment	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
Any other (specify and indicate) (Attendance, Sports Meet)	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>

17. Does the institution have an efficient internal co-ordinating and monitoring mechanism?

Yes No

18. Does the institution have an inbuilt mechanism to check the work efficiency of the non-teaching staff?

Yes No

19. Are all the decisions taken by the institution during the last three years approved by the competent authority?
Yes No
20. Does the institution have the freedom and the resources to appoint and pay temporary/ adhoc/guest faculty?
Yes No
21. Is a grievance redressal mechanism in vogue in the institution? (Mark '✓' on those available and 'X' on those not available)
- | | |
|-----------------------------|-------------------------------------|
| a) for teachers | <input checked="" type="checkbox"/> |
| b) for students | <input checked="" type="checkbox"/> |
| c) for non - teaching staff | <input checked="" type="checkbox"/> |
22. Are there any ongoing legal disputes pertaining to the institution (academic or administrative)?
Yes No
23. Has the institution adopted any mechanism/process for internal academic audit/ quality checks?
Yes No
24. Is the institution sensitised to modern managerial concepts such as strategic planning, teamwork, decision-making, computerisation, TQM etc.?
Yes No

Criterion VII: Innovative Practices

1. Has the institution established Internal Quality Assurance Mechanisms?

Yes No

2. Do students participate in the Quality Enhancement of the Institution?

Yes No

3. What is the percentage of the following student categories in the institution?

S. No.	Category	Men (%)	Women (%)
1	SC	18	-
2	ST	1	-
3	OBC	50	-
4	Physically challenged	-	-
5	General Category	31	-
6	Rural	80	-
7	Urban	20	-
8	Any other (specify)	-	-

4. What is the percentage of the staff in the following category?

S. No.	Category	Teaching staff (%)	Non-teaching staff (%)
1	SC	2	1
2	ST	-	-
3	OBC	2	5
4	Women	-	-
5	Physically challenged	-	-
6	General Category	1	-
7	Any other (specify)	-	-

5. What is the percentage incremental academic growth of the students for the last two batches?

Category	At Admission		On completion of the course	
	2012-13	2013-14	2012-13	2013-14
SC	62.5	69.24	60.95	69.43
ST	57.50	62.77	55.0	65.67
OBC	62.9	69.25	62.07	69.66
Physically challenged	Not applicable			
General Category	52.38	62.05	62.28	71.46
Rural	61.5	69.15	62.18	68.54
Urban	62.8	68.33	63.85	69.77
Any other (specify)	-	-	-	-

The background is an abstract composition of vibrant green and cyan colors. It features several large, curved, leaf-like shapes that sweep across the frame. Interspersed among these shapes are thin, glowing white and light blue lines that create a sense of movement and depth. Small, realistic water droplets are scattered throughout, some resting on the tips of the green shapes. The overall effect is fresh, clean, and dynamic.

PART II

EVALUATIVE REPORT

1. Executive Summary

EVALUATIVE REPORT

1. Executive Summary

Ramakrishna Math and Mission:

Ramakrishna Math and Ramakrishna Mission are worldwide philanthropic and charitable twin organizations with headquarters situated at Belur Math on the Ganga, across Kolkata. These two organizations have branches all over the world. The number of branches at present is 152 including 37 centres abroad. The prominent work undertaken by these twin organizations are medical, educational, relief and rehabilitation, rural development including tribal development, women's welfare, youth activities, cultural and spiritual.

Shortly after the passing away of Sri Ramakrishna, the prophet of harmony of religions, in August 1886, a monastic order bearing his name was organized by his sannyasin disciples under the leadership of Swami Vivekananda. Gradually it set for itself a two fold ideal, one, to create a band of spiritual teachers and two, to carry on in conjunction with the householder disciples, missionary and philanthropic work. The former developed into Ramakrishna Math and was registered as a trust in 1901 by Swami Vivekananda. The latter work was carried on through an association called the Ramakrishna Mission Association, started by Swami Vivekananda in May, 1897. To facilitate the work of Ramakrishna Mission Association, a society named the Ramakrishna Mission was registered in 1909.

The motto of these twin organizations is:

Atmano mokshartham jagaddhitaya cha, which means of one's own liberation and for the good of the world. The philosophy of service is based on Sri Ramakrishna's dictum: shiva jnane jiva seva, that is, service of beings with the knowledge of their divinity-all work is worship. The four types of services that these organizations undertake, namely, relief, medical, educational and spiritual, stem from the four types of dana (charity) mentioned in our ancient scriptures: annadana, pranadana, vidyadana, jnanadana. These cater to the physical, intellectual and spiritual dimensions of a human being. Harmony of all these dimensions, fully developed, makes for a complete person.

A spirit of 'not only tolerance but universal acceptance' pervades all the activities of Ramakrishna Math and Ramakrishna Mission. Swami Vivekananda wanted a happy blend of the spiritual wisdom of the East and the scientific knowledge of the West. Harmony and synthesis are thus the watchwords of the Math and the Mission, which have pioneered missionary, philanthropic and service activities among all the Hindu organizations. The Math and the Mission have shown, for the first time in the religious history of India that Godward passion can and should manifest as man ward love and service.

Ramakrishna Mission Vidyalaya, Coimbatore – 641 020

The Ramakrishna Mission Vidyalaya, Coimbatore, now a vast complex of 15 educational service wings, commenced its activities in the 1930 with the blessings of Bhagavan Sri Ramakrishna. The Father of the Nation, Mahatma Gandhi, laid the foundation stone of the first wing, a school. Sri T.S. Avinashilingam, the Founder-Director, nurtured the Vidyalaya with his visionary and devoted service. Though

it began humbly as a school with a single Harijan student under a thatched roof in Coimbatore in 1930, over the years it grew into a vast educational Complex. It is now spread over an area of 300 acres in Perianaickenpalayam, Coimbatore.

The Vidyalaya was affiliated to the Ramakrishna Mission, Belur Math, Howrah, West Bengal, in January 1935. Swami Abhiramanandaji Maharaj is now the secretary of the Ramakrishna Mission Vidyalaya, Coimbatore. The Vidyalaya institutions are guided by a team of dedicated monks.

Ramakrishna Mission Vidyalaya Maruthi College of Physical Education (MCPE):

The Maruthi College of Physical Education (MCPE) is one of the institutions in the Vidyalaya which was started in the year 1956. This institution has been named after the great Ramayana hero, Mahavir, also called Maruthi or Hanuman. Faith and devotion are essential factors in the development of strength in any individual. Personal purity and devotion to a great cause are the necessary requisites for a healthy living. Maruthi, who personified in himself these great qualities, has stood as the ideal of manhood to millions of men in our country. And so it is only fitting that this institution is named after him.

DISTINCTIVE CHARACTERISTICS OF THE INSTITUTION

The Maruthi College of Physical Education, like all other educational institutions of Ramakrishna Mission, is an educational experiment designed to actualize Swami Vivekananda's educational vision. Swamiji wanted that education should be man making and character building which means that the students should develop their character in the light of the knowledge they acquire through education. The purpose of education is not merely to produce knowledgeable and skillful technicians, engineers and scientists, but to produce men and women of impeccable integrity.

A. Emphasis on Man-Making and Character-Building:

Character formation and inculcation of values take place unconsciously through living in a highly elevating academic and spiritual ambience in close contact with the monks and other dedicated teachers and staff. The values are thus caught rather than merely taught. Formal teaching is also imparted through classes and lectures, seminars and symposia on spiritual and cultural heritage of India.

B. Distinctive Features of the Maruthi College of Physical Educational Library:

- i. Spacious reading room
- ii. Extended working hours for the convenience of the students
- iii. Annual records of issue and return statistics
- iv. Information display and notification services
- v. Internet/digital resources availability
- vi. Documentation on special issues

C. The Maruthi College of Physical Education Web Site:

The Maruthi College of Physical Education have a website www.srkvmcpe.org

D. Vidyarthivrata Homa and Graduation Ceremony:

The Maruthi College of Physical Education is shining example of how a fresher ought to be accepted and embraced as a 'brother' into the academic family. The college conducts every year a beautiful ceremony called Vidyarthivrata Homa and initiates them into an ideal life of a student as envisaged by our sages. This impressive ceremony starts with an elevating 'vow taking' by new students-vows most desirable to a seeker of knowledge. There are five vows, which charge the student to pay special attention to his physical, mental, moral, intellectual and spiritual growth. After this soul-stirring ceremony, attended by almost all teachers and other staff, the new students receive the blessings of all these elders for their fruitful journey ahead in the path of wisdom and knowledge.

Graduation ceremony is another important ceremony in a students life at our college. This ceremony is conducted at the end of every year to honour the graduating students. Some eminent persons greet the outgoing students and the Secretary of the Ramakrishna Mission Vidyalaya bless and present mementoes to them.

E. Motivated and Dedicated Teachers and Staff:

The Maruthi College of Physical Education (MCPE) is blessed with a team of motivated and dedicated teachers and staff. These dedicated teachers and staff are the rock on which the Maruthi College of Physical Education edifice stands steadily.

Credentials:

- ◆ The Maruthi College of Physical Education was established in 1956 and one of the leading physical education institutions in South India.
- ◆ College is honoured with 12B & 2F status by UGC.
- ◆ MCPE is recognized by the National Council of Teacher Education (NCTE)
- ◆ MCPE is a government aided institute, recognized by the Government of Tamilnadu.
- ◆ MCPE is registered under UGC Act.
- ◆ MCPE is accredited by National Assessment and Accreditation Council (NAAC) with B++ Grade.
- ◆ MCPE is conferred with Autonomous status since 2007 by UGC.
- ◆ MCPE is affiliated to the Tamilnadu Physical Education Sports University, Chennai since 2006.
- ◆ MCPE is a recognized 'Research centre', which can offer M.Phil and Ph.D programmes.
- ◆ 100 percent recruitment for all the students through the college placement cell.

REGULATORY BODIES AND THEIR CONTROL ON THE INSTITUTIONAL FUNCTIONING:

Maruthi College of Physical Education gets the coordinated support system from the following institutions and agencies directly or indirectly, they include University Grants Commission (UGC), Tamilnadu Physical Education Sports University (TNPESU), National Council for Teacher Education (NCTE), Sports Authority of India (SAI), Sports

Development Authority of Tamilnadu (SDAT). State Department of Education and Higher Education etc.,.

University Grants Commission (UGC):

University Grants Commission (UGC) is the highest body for higher education. It provides 2f and 12B status, autonomous status and also sanctions grants under various schemes. Our college has received 70 lakhs for indoor stadium, 40 lakhs for 400 meters standard athletic track and 50 lakhs to purchase laboratory and training gadgets. University Grants Commission (UGC) also sanctions major and minor research projects and also gives financial assistance to organize seminars and workshops etc. Our college has been organizing seminars and workshops every year with the financial assistance from the University Grants Commission (UGC).

National Council for Teacher Education (NCTE):

National Council for Teacher Education (NCTE) is the regulatory body to sanction the teacher education courses like BPEd and MPEd and their intake.

TamilNadu Physical Education Sports University (TNPESU):

Our college is affiliated to TamilNadu Physical Education Sports University (TNPESU) since 2006 is the first of its kind university in India TamilNadu Physical Education Sports University (TNPESU) conducts examination for our MPhil., Scholars and gives degrees to our BPEd, MPEd, MPhil and Ph.D., students. Our college students represent TamilNadu Physical Education Sports University (TNPESU) in the South Zone and All India Inter University Tournaments.

Tamilnadu State Council for Higher Education:

Tamilnadu State Council for Higher Education is the regulatory body to accept the various courses run by our institution and to include them in the employment office for the government recruitments.

National Assessment and Accreditation Council (NAAC):

The National Assessment and Accreditation Council is intended to make quality the defining element of higher education in India through a combination of self and external quality evaluation, promotion and sustenance initiatives. Our institution was accredited with B++ grade by National Assessment and Accreditation Council (NAAC) in the year 2006.

Other regulatory bodies:

The College committee, Governing Body, Finance Committee, Academic Council and Board of Studies are principal executive bodies of our institution. These bodies monitor the academic, administrative, and financial matters and also takes care of the smooth running of the college.

Relationship with the schools and community:

- ◆ Our college has got an excellent rapport with the local schools which include government, aided and matriculation schools and our students visit these schools for practice teaching nearly 30 schools. In addition to the practice teaching, our students also visit approximately 55 government elementary schools to teach play festival activities. Besides, our MPEd students visit schools and colleges situated in rural area for giving coaching in various sports and games. Our students are also involved in various extension activities which include organizing sports and games, officiating and blood donation etc.
- ◆ The Ramakrishna Mission Vidyalaya has adopted two villages namely Arivoli nagar and Bharathi nagar. All of our students are taken to these villages and involved in laying the roads, plantation of tree saplings and orienting the villagers about the health and hygiene. Here our institution is developing sports infrastructure as well as giving coaching in games like Badminton, cricket, Tennis and Volleyball etc. In future, we would extend these programmes to more villages.
- ◆ In our vidyalaya campus we have a charitable dispensary in which consultation fee is Rs.5/- only. Specialist medical doctors are available in the departments like diabetic, neuro, ENT, cardiology, gynecology, Pediatrics, orthopedics, dermatology, asthma and allergy, general surgery etc., Moreover medicines are also available at fifty percent (50%) discount. With this charitable dispensary about 8000 students of vidyalaya and the rural population in and at around Periyanaickenpalayam and other villages are greatly benefited.
- ◆ The management of various schools and colleges understood the unique quality of training which is being imparted to the students of Maruthi College Physical Education and they are giving top priority in recruiting the physical education teachers and physical directors in their institutions and it is heartening that all of our students placed through campus selections.

CHALLENGES FACED BY THE INSTITUTION

Through 'self study' we analyse whether there is any gap between performance of the institution and the performance as envisaged by bench marks. This is done by

- Identification of best practices
- Sustainability of best practices
- Dissemination of best practices
- Adaptation of best practices

An effective internal quality management demonstrates team work, involving people from all units and levels. Improvement and training in the management systems, identification and elimination of barriers in teaching, learning and constant review and analysis of data of development is done by proper co-ordination between Management and Principal.

Participatory management procedures and creative governance of human and material resources are important areas which reflect the quality of an institution and ensure that the academic and, administrative planning in the institution move hand in hand.

The other challenges are Planning and Implementation Strategies and the judiciously allocated and effectively utilized financial resource of the institution.

Future Challenges:

1. International standard swimming pool.
2. 400 meters standard synthetic track.
3. Arranging galleries for all the courts.
4. Providing solar lights for the entire college including all the play fields.





PART II

EVALUATIVE REPORT

2. Criterion-wise Analysis

CRITERION I

Curricular Aspects



CRITERION I: CURRICULAR ASPECTS

"Education is the manifestation of the perfection which is already in man."

- Swami Vivekananda

1.1 CURRICULUM DESIGN AND DEVELOPMENT

1.1.1 State the objectives of the institution and the major considerations addressed by them?

Objectives of the Institution

The objectives of the Sri Ramakrishna Mission Vidyalaya Maruthi College of physical education are:

- ◆ To prepare qualified physical education personnel with right attitude towards work and service values.
- ◆ To build moral character and holistic personality with appreciation towards Indian traditions.
- ◆ To work for the sustainable development of the physical education professionals through innovative programmes.
- ◆ To provide vocational guidance and placement services to the students who are interested in physical education field and to equip them with futuristic approach.
- ◆ To promote social cohesion in physical education by developing responsible leaders through inclusive and adapted physical education programme.
- ◆ To promote and disseminate research oriented activities and also to serve as the centre of excellence in physical education.

Major Considerations Addressed by the Institution

Intellectual

- ◆ By creating proper environment, right intellectual ambience is provided.
- ◆ Organizing and participation in seminars and conferences of national and international standards to provide exposure to staff and students in current trends in the field.
- ◆ Literary competitions are held in our campus from time to time throughout the year to encourage appreciation of higher values.
- ◆ The spiritual and cultural life in vidyalaya campus helps the students to develop a holistic personality.
- ◆ Participation in Gurupuja, national youth day, play festival, rural coaching camp and youth convention helps in imbibing a spirit of service and sacrifice among students

Academic

- ◆ Framing up to date and relevant syllabi in consultation with experts, stakeholders, alumni and students.
- ◆ OHPs, LCDs and e-learning are used for effective content delivery.
- ◆ Research plays a vital role in the curriculum of PG course in our syllabus.
- ◆ The experience of learning with practical training and work experience is embedded in all the courses.
- ◆ Revision of syllabus is made every year, by instituting mechanism for feedback from stakeholders.

Training

- ◆ Skill training is enhanced through participation in coaching camps, conducting project sports meets and organizing sports meets at divisional, state and national level and allowing our students to participate and organize external tournaments.
- ◆ Laboratories are updated and modernized with scientific equipments to provide effective practical training.
- ◆ Practical training dominates the curriculum design as this being a professional course.

Ensuring Access to the Disadvantaged

- ◆ No capitation fee is collected for any course. The institution adopts transparent system in admission on merit basis.
- ◆ Socially disadvantaged students are supported with scholarships by both the government and management. Community reservations in admissions are followed as per the government norms.
- ◆ The management helps to the disadvantaged students on the basis of personal requirement.

Equity

- ◆ Community based reservation of the Tamil Nadu state government is followed for admission to various programmes.

Self Development

- ◆ Special efforts are taken to motivate the students to take part in the competitions, debates, seminars, extra – curricular activities, sports and games etc.
- ◆ Teachers and students are motivated to participate in research, extension and community developmental programmes.
- ◆ Students are encouraged to participate in the scientific talent exhibition during Gurupuja which will improve their creativity.

Community

- ◆ Our institution is located in the rural area which caters to the needs of hundreds of first generation learners and helps them to come out of the vicious cycle of illiteracy, unemployment and poverty.

- ◆ To promote communal harmony, our college organizes play festival every year. In this programme our students teach various physical activities in different panchayat union schools where no physical education teacher is available and bring all the children to our campus and various activities are demonstrated by the children.
- ◆ The extension activities such as organizing unified play day for the intellectually challenged children is held every year to empower disabled community towards the national development.
- ◆ To promote communal harmony among the students, value education classes, youth Convention programmes are organized for the students every year.

National Development

- ◆ National youth day is celebrated on January 12th by organizing youth rally and conducting various tournaments to rural children.
- ◆ Independence day and Republic day are conducted in our institution in which all the institutions of the Vidyalaya campus take part in the parade.
- ◆ All the religious festivals like, Vinayagar Chathurthi, Saraswathi puja, Christmas and Ramzan etc., are celebrated in our institution which instils communal and religious harmony among the students.
- ◆ In the play festival the elementary school children perform the rhythmic activities like free hand, flag, coconut shell, wands, flower stick and Oyillattam (Tamilnadu folk dance) for the tunes of patriotic songs.

1.1.2 Specify the various steps in the curricular development processes.

Need Assessment

In the curricular development process top priority is given to the needs of the educational institutions (schools and colleges) and the society. By organizing workshops, seminars, and collecting the opinions from the experts, information was collected prior to formulate the curriculum.

The curriculum development process is a close loop process which is functioned by the feedback mechanism from stakeholders as narrated below:

Feedback from Stakeholders

- a) Students Feedback
 - ❖ Tutor-ward Meeting: The students are divided into few groups and discuss with a staff on various academic matters and share their opinions with the teachers. This feedback is considered prior to the board of studies meeting.
 - ❖ End of the Semester: At the end of each semester, feedbacks are collected from the students on each subject and about the staff who handles the subject.
- b) Feedback from Examination Cell
 - ❖ The controller of examination gets feedback from the students and staff concerned with the subject with regard to the semester questions and from the evaluators with regard to the questions and answers.

- c) Feedback from Faculty
 - ❖ The entire subject teachers submit their feedback pertaining to the subject they handle to the principal before the Board of Studies meeting.
- d) All the above feedbacks are submitted to the internal board of studies and discussed elaborately.
- e) The discussion and the feedbacks are submitted to the Board of studies
- f) The recommendations of the Board of Studies are submitted to the Academic Council
- g) The resolutions of the Academic Council are approved in the College Committee Meeting
- h) The entire curriculum is implemented with a time table and a copy is issued to both the examination cell and to students.

Strategies for the successful curriculum development

- ◆ The revision and modification in the curriculum are done by taking into consideration of the changing scenario and the current needs of the stakeholders.
- ◆ Changes in the curriculum are made considering the feedback given by the schools, colleges, fitness centers and health centers wherever our students are employed.
- ◆ Group discussions, workshops and seminars on curriculum development, pave the way for the success of the process of curriculum development.
- ◆ In this view a national level workshop was also conducted on 'Employers Based Curriculum Designs In Physical Education' followed by a national seminar on 'Essence of Uniform Nomenclature and Curriculum Designs for Various Courses of Physical Education in India' was also conducted to prepare a comprehensive curriculum for various courses of physical education.
- ◆ Experts in the field of Physical Education are invited as members of the academic bodies and consulted before evolving the curriculum and framing the syllabus.
- ◆ Curriculum and syllabi of other leading Physical Education institutions are fully shared while preparing the syllabus.
- ◆ Stalwarts like former Principals, Vice Chancellors and Senior Professors with rich expertise are consulted before framing the syllabus.

1.1.3 How does the institution ensure that the curriculum bears some thrust on national issues like national integration, health and fitness, environment, value education and ICT?

National Integration

Republic Day and Independence Day

Every year the institute ensures to celebrate the Republic day and Independence Day in a grand manner by making all the students of Ramakrishna Mission Vidyalaya campus (around 13 educational institutions with students strength of

1200) to participate in the parade. A rolling trophy was constituted for the best marching squad. The best marching squad is decided by the officials from the **Central Reserve Police Force (CRPF)**, Coimbatore.

Religious Celebrations

Celebrating the religious functions such as Vinayagar Chaturthi, Saraswathi Puja, Anjaneyar Jayanthi, Christmas and Ramzan in a grand manner in the college is the regular feature of the students welfare association. The students welfare association organises religious functions to instil communal harmony among the students.

Students from All over India

In our college we also admit the students not only from Tamil Nadu but from other parts of India. In the previous years, we had students from Andhra Pradesh, Kerala, Karnataka, Orissa and Tripura etc.

Camps

The students are encouraged to participate in the youth convention camp and spiritual retreat organised by the Ramakrishna Mission Vidyalaya in which values, national integration are taught.

National Youth Day

In our institute January 12th is observed as the national youth day (Swami Vivekananda's Birthday) and a youth rally is organised with school and college students. In this context our students organize various traditional games for the rural boys and girls.

Health and Fitness

In B.P.Ed., curriculum, health education has been included as the core paper, and in the M.P.Ed., Fitness and wellness has been included as an elective paper. In addition to these papers we are also offering Certificate course in Fitness as an add on course. A well equipped fitness centre with multi-stations has been established in order to provide practical knowledge to the students.

Environment

Programmes of environmental awareness by our institutions are as follows:

Leadership Training Camp

Leadership Training Camp is organized by our college for 10 days at Poondi (Western Ghats) with the permission from forest department of Tamil Nadu. The students involve in forest visit, tree plantation, removal of plastic bags, etc. at the camp.

Students Welfare Association

The students' welfare association organizes special lectures on environmental awareness and protection. 'Environmental Awareness' is being imbibed by arranging special lectures on environmental aspects. Awareness is created about air pollution, water pollution, land pollution and various preventive measures. Guest

lectures are organized every year from Tamil Nadu forest department and Salim Ali bird sanctuary to create awareness to protect the environment.

Tree Planting

Students are encouraged to plant tree saplings, in and around the college campus, and also to look after them. These tree saplings are procured from our sister institution, Institute of Agricultural and Rural Development and also from the Tamil Nadu forest department.

Value Education

Our College routine

Every day morning our college programme starts with the prayer and followed with a bhajan and also prayer before the dinner.

Vidyarthi Homa

Since 2005 the Vidyalaya management has been conducting a Vidyarthi Homa for newly admitted students. This Homa marks the auspicious beginning of their learning experience in the Vidyalaya campus. Since the number of newly admitted students is large, this event is conducted in two or three batches.

Spiritual Retreat

The Vidyalaya campus is known for conducting regular spiritual retreats for the benefits of students studying in schools and colleges and also for general devotees. Hence, the students get ample opportunities to get oriented to a spiritual life. In our GKD auditorium half-a-day programme on spiritual retreat is conducted twice in a year which includes prayer, bhajans, and meditation by the monastics.

Youth Convention

To bring back to the centre of national consciousness such self-sacrificing role models and heroes as Swami Vivekananda and others, every year our Vidyalaya conducts youth convention, a three day residential camp. The camp routine consists, meditation, yoga and, value-oriented topics by special invitees. In this programme, all of our students participate and also serve as the volunteers.

ICT

After identifying the massive role of computer education we have introduced the following papers as core and supportive papers in our curriculum:

Name of the Course	Semester	Name of the Paper
M.P.Ed.,	III - Core Paper	Software Based Statistical Application - I
	IV - Core Paper	Software Based Statistical Application - II
	II - Supportive Paper	Applications in Computers Level – I
	IV - Supportive Paper	Applications in Computers Level – II
B.P.Ed.,	II - Supportive Paper	Basics of Computer Applications

Computer Laboratory

To assist the teaching in the above mentioned supportive papers we have established a computer laboratory.

Orientation to the Teachers by the Microsoft

To impart the knowledge in the information and communication technology, a special orientation course was arranged to all the staff members and the classes were taken by the Microsoft.

1.1.4 Does the institution make use of ICT for curricular planning? If yes give details.

Yes, the institution makes use of the Information and Communication Technology (ICT) in the process of curriculum planning.

- ◆ The process of curriculum revision and modification is always assisted by the resources of ICT.
- ◆ College prepares syllabus with optimally exploring the entire creative ambit of ICT to get ready with syllabus copies which are distributed to all the students during the beginning of the academic year.
- ◆ E-Resources help the prospective teachers during the process of curriculum planning.
- ◆ Search engines smooth the process of making curricular reforms, appropriate to Autonomous College.
- ◆ Power Point is a successful mode used for preserving and exemplifying new courses and innovative changes in the curriculum in the Academic Council and Board of Studies Meeting.

1.2. ACADEMIC FLEXIBILITY

1.2.1 Does the syllabus in each course and in each section, offer flexibility in terms of theory and activity options? If yes, give details.

Yes, the syllabus in each course and in each section offers flexibility. Autonomous status of the college gives sufficient room for modifying the syllabus based on the changing scenario and need of the stakeholders.

B.P.Ed.,

The UG course has two semesters. In each semester two theory papers are allotted under elective papers.

Semester	Name of the Elective Paper
I - Elective Paper	History of Physical Education and Tournaments (or) Recreation and Camping
II - Elective Paper	Kinesiology and Biomechanics (or) Management of Sports Injuries

M.P.Ed.,

The PG course has four semesters. In each semester two theory papers are allotted under elective papers.

Semester	Name of the Elective Paper
I - Elective Paper	Rehabilitation of Sports Injuries (or) Scientific Basis of Yoga Education
II - Elective Paper	Modern Practices in Physical Education (or) Fitness for Special Population
III - Elective Paper	Adapted Physical Education (or) Fitness for Disabled
IV - Elective Paper	Exercise Physiology (or) Sports Nutrition

- ◆ In practical, ten (10) specialization games are offered. Out of these an M.P.Ed., candidate has the option to choose any one game as specialization in each academic year. The games of specialization include Badminton, Basketball, Cricket, Football, Handball, Hockey, Kabaddi, Kho-Kho, Tennis and Volleyball.
- ◆ Computer education offered as theory paper is complemented with the 'hands on experience' at the computer laboratory to give practical experience and knowledge.
- ◆ The teacher trainees who will be appointed as Physical Education Teachers and Physical Directors at schools and colleges organize Model/Project Sports Meet, to relate the knowledge acquired in theory with practical.
- ◆ Master degree students are given the freedom to choose their own specialization among the games offered and have the option of changing them every year since it is of two years course.
- ◆ Organization of intramural competitions and inter-collegiate tournaments in the campus gives ample opportunity to assimilate practical experience.
- ◆ Sports physiotherapy practical classes are arranged in the topic of strapping, massage and first aid to gain practical experience in physiotherapy.

1.2.2 Is there a plan to diversify the courses with special emphasis on fitness, recreation, competitive sports etc., to suit different levels of education? If yes, give details.

Yes. We give special emphasis for fitness and recreation at B.P.Ed., and in the M.P.Ed., more emphasis is given to competitive sports. In the B.P.Ed., an elective paper is introduced as "Recreation and Camping" and in practical minor games are introduced in the curriculum. In addition to these, leadership training camp is also included in the curriculum.

For M.P.Ed., the following theory papers support the competitive sports namely, Sports Psychology and Sports Sociology, Rehabilitation of Sports Injuries, Applied Biomechanics, Sports Training and Talent Identification, Exercise Physiology and Sports Nutrition. In addition to the regular courses, we encourage our students to take up add on courses like certificate courses in Fitness, Tennis, Yoga, and Kalari.

1.2.3 Is the time-allotment approach for practical based on scientific principles governing activities? If yes, give details.

Yes, the time allotted for the practical classes follows the scientific principles involved. The practical activities are held in the morning from 6.30 to 8.30 and again in the evening 4.00 to 6.00 daily. Students and teachers have two hours of rest time after the lunch to start practical classes.

- ◆ The results of the students on scientific method of training are taken into consideration while framing the programme.
- ◆ Knowledge of the scientific principles-governing activities like Sports Biomechanics, Kinesiology and Sports Psychology are well supported with practical.
- ◆ Practical application on first-aid is given importance to the undergraduate students during the theory hours.

1.2.4 What value added courses have been introduced by the institution during last three years which would for example: develop communication skills (verbal and written), ICT skills, life skills, Community orientation, social responsibility and others.

Development of Communication Skills (Verbal and Written)

The syllabus is modified based on the importance of communication skills and communication technology. The following papers have been introduced in the B.P.Ed., and M.P.Ed., courses as supportive papers:

For B.P.Ed.: Communication Skills

For M.P.Ed.: Communication Skills – Level: I, Communication Skills – Level: II

ICT Skills

Supportive Papers

Similarly to develop the ICT skills the following supportive papers were introduced in the B.P.Ed., and M.P.Ed., courses:

- ◆ In B.P.Ed. : Basics of computer applications
- ◆ In M.P.Ed. : Applications in computers - Level: I, Applications in computers - Level: II

Computer Laboratory

A new computer laboratory was established to impart the knowledge in the information and communication technology.

Microsoft

To impart knowledge in the information communication technology a special orientation course was arranged to all the staff members and the classes were handled by the personnel from Microsoft Company.

Computer Classes

To impart knowledge in the information and communication technology, special orientation classes were arranged on the literacy of computers and all the staff members were passed in the examination of the Microsoft Digital Literacy programme.

Life Skills

In our leadership training camp programme, the following activities are taught to develop the life skills like, campus cleaning, kit arrangement, collection of natural articles, hiking, cross country running, hill climbing, treasure hunt, progressive party games, community work, cultural activities, etc., These activities develop self-confidence, courage, discipline, obedience, sense of responsibility, co-operation and unity among the students which ultimately would help them to become good citizens.

Community orientation and Social Responsibility

Rural coaching scheme

Our college students give coaching to the students of school, polytechnic college, engineering college and arts and Science College of rural areas in and around Periyanaickenpalayam for the following games: volleyball to school children, handball to polytechnic college students and football to engineering college students. Every year our PG students give sports coaching for twenty days in two phases. Finally the students were brought to sports competitions in Vidyalaya campus.

Bharathi Nagar

Our Vidyalaya campus management has adopted a slum area, Bharathi Nagar where there are no basic amenities like road and electricity. In that, our institution takes active role in the social service in laying the roads, preparing the play grounds and teaching the recreational activities to the children of Bharathi Nagar.

Vidyalaya Walkers Club

The students of our college provide awareness about the health and importance of the exercises for the people in and around the Vidyalaya campus. The students periodically check the blood pressure and other physiological parameters of the walkers and orient them about their work schedules.

Remedial and rehabilitation programme for the special children

In our institute, we have Adapted Physical Education laboratory where many special children get remedial and rehabilitation programmes.

1.2.5 Furnish details on the following aspects of curriculum design

Interdisciplinary / Multidisciplinary Strategies

Interdisciplinary

We have introduced the following interdisciplinary subjects for B.P.Ed., and M.P.Ed., courses. In B.P.Ed., Anatomy, Physiology and Health Education, Kinesiology and Biomechanics and Management of sports injuries are included. Whereas in M.P.Ed., Sports Management, Sports Psychology and Sports Sociology, Rehabilitation of Sports Injuries, Scientific Basis of Yoga Education, Applied Bio-Mechanics, Adapted Physical Education, Exercise Physiology and Sports Nutrition are included.

Multidisciplinary

- ◆ For our M.P.Ed., course multidisciplinary subjects like Research methods, Software Based Statistical Application Level – I and II are introduced.
- ◆ Special attention is given for 'special population' which covers people with coronary heart diseases, diabetes, hypertension and asthma.
- ◆ Since fitness management is a part of our curriculum, we have established fitness center and students are given theoretical and practical exposure.
- ◆ Various laboratories are established and they have multi-disciplinary functions.

Promoting Self-Learning

Our institution promotes self learning to our students in the following aspects:

a. Intellectual Aspects

- ❖ Students are asked to prepare assignments, papers for seminars and conferences.
- ❖ All the students are encouraged to present a topic on the subject content by the mode of power point presentation.
- ❖ In addition to these, charts and working models are designed and displayed by the students during scientific talent exhibition.
- ❖ Students are allowed to give conditioning programme to the other students once in a week in which they learn and teach the exercises by naming the muscles the type of movements involved, the functions of the group of muscles and the bio-mechanical principles involved, in the process of self learning.

b. Practical aspects

- ❖ Play festival: In the play festival the following activities give scope for self learning: Preparing the equipments, designing the exercises, synchronizing the exercises with musical tunes etc.,
- ❖ Project Sports Meet: Every year students are provided academic credits for successful execution of project sports meet. By rotation, the student 'houses' namely, Bharathi, Elango, Kambar and Valluvar are given with the responsibility of organizing and officiating sports meets guided by the staff in charge.
- ❖ Students Welfare Association: The student welfare association comprises of a president and vice-president from PG course, and secretary and joint secretary from UG course under the guidance of a staff in charge. It organizes quiz, oratorical, essay writing competition, celebration of all religious festivals, inviting eminent personalities to address recent developments in physical education and sports. All these activities promote self learning of the students.

Internship Approach to Practice Teaching

- ◆ The practice teaching sessions are initially developed by a staff in charge (mentor). He conducts internal practice teaching for students and supervised by all the staff co-operatively.
- ◆ The actual practice teaching is conducted in the nearby High Schools and Higher Secondary Schools and it is informed in advance to the physical education teachers physical directors and the heads of the particular institution.
- ◆ Feedback is collected from the school authorities and submitted to the mentor.
- ◆ After the completion of practice teaching, every day a feedback is collected from the students.
- ◆ Based on the feedback from the school authorities and the students the mentor makes necessary modifications in the practice teaching for the next session.

School Experiences

Rural Coaching Scheme

Our college students give coaching in volleyball, handball and football to the students of schools, polytechnic colleges and engineering colleges of rural area in and around Periyanaickenpalayam.

Play Festival

From 1956 onwards the Maruthi college of physical education is conducting children play festival in memory of Sri Ramakrishna's centenary celebrations. This activity renders service to the children studying in panchayat union elementary schools, impart them training in various physical activities related to health, recreation and social harmony. These government schools do not offer systematic and organized physical education programs to their children due to non-availability of physical education teachers.

Around 3000 children from 60 panchayat union elementary schools from two panchayats are taught various physical exercises such as free hand exercises, flag drills, wands drills, coconut shell drills, flower stick drills, oyilattom and minor games to the devotional and patriotic songs. Also, the students are given awareness of current scientific facts through specifically designed drills.

The uniqueness of the programme is that, though the students of Maruthi College of Physical Education train the children approximately 60 schools for 20 days, a common synchronized demonstration by the children from all the schools, numbering 3000, is performed at a single venue before public without any rehearsal.

Community Work

- ◆ Our Vidyalaya campus management has adopted a slum area (Bharathi Nagar) to provide basic amenities to the locality. In that our institution takes active role in the social service in laying the roads, preparing the play grounds and teaching the recreational activities to the children of Bharathi nagar.
- ◆ During the leadership training camp our students are involved in temple cleaning removing the plastic bags and repairing the roads etc.,
- ◆ Students are encouraged to plant tree saplings, in and around college campus, and also to look after them. During the play festival our students also involve in tree plantings in their respective elementary schools' campuses.

Work Experience / Socially useful Productive Work (SUPW)

Our institution provides various work experiences/ Socially Useful Productive Work (SUPW) by the following programmes:

- a. Officiating the Tournaments: The students are encouraged to officiate in the project sports meet, intramural competitions, and other tournaments in different institutions of Coimbatore district.

b. Rural Coaching and Conducting Competitions on National Youth Day

❖ **Rural Coaching Scheme**

Our college students give coaching to the school students, polytechnic college students, engineering college students and arts and science college students of rural area in and around Periyanaickenpalayam in the following games: volleyball to school children, handball to polytechnic college students and football to engineering college students. Every year our PG students give sports coaching for twenty days in two phases. Finally the students are brought to sports competitions in Vidyalaya campus.

❖ **National Youth Day Competitions**

The Government of India has declared 12th January, the birthday of Swami Vivekananda, as the National Youth Day. Thereby, the youth of India are exhorted to follow the footsteps of the great prophet of the modern world. To celebrate this occasion, our college organizes sports competitions, literary competitions, rangoli competitions and float competitions. A rally is organised in which about 700 school and college students participate from Vidyalaya campus and neighboring educational institutions.

c. Construction: Our college students are trained in the construction and lay out of play grounds for various games as well as the athletic track. This content is also included in the syllabus for B.P.Ed., and M.P.Ed., courses. They are also allowed to lay out the play fields for nearby schools on consultancy, extension and service basis.

d. Organizing tournaments

❖ **Intramural**

All the B.P.Ed., and M.P.Ed., students of our college are divided into four equal houses namely, Bharathi, Elango, Kambar and Valluvar. The intramural committee, comprises a president and secretary from M.P.Ed., course, vice-president and joint secretary from B.P.Ed., course. This intramural committee functions under the guidance of a staff in-charge.

The intramurals committee organizes games on every Thursday. It provides opportunity to all the students to participate in games. Intramurals also provides an opportunity to organize /officiate/coach in various other games.

❖ **Extramural**

Every year our college organizes few intercollegiate tournaments of Tamil Nadu Physical Education and Sports University in various games. The games such as volleyball, cricket, badminton, ball badminton, table tennis, tennis etc are being conducted. This gives an organizational experience to the students.

❖ **Project Sports Meet**

❖ To improve organizational skills in track and field, our students are encouraged to organize the project sports meet at equal intervals by house wise i.e. Bharathi, Elango, Kambar and Valluvar under the guidance of a staff in charge.

- ❖ Each house will be given an opportunity to conduct project sports meet and the remaining three houses will participate.
 - ❖ In addition to the organizational experience all the students will get a chance to participate in various events.
 - ❖ After completion of four project sports meet all the students would become experts in track marking and in organizing the various events of athletic meet.
- e. Independence Day and Republic Day celebrations: Our students are involved in celebrating our national functions i.e., Independence Day and Republic day. During these occasions our students take part in march past and organize the entire function.
- f. Others: The college offers programme to the students to organize the competitive sports for other educational institutions in and around Coimbatore on consultancy basis.
- g. Health and Physical Fitness
- ❖ **Promoting skill-oriented learning**
In order to encourage the students, skill oriented learning the following courses are offered in our institution i.e., add on certificate course in aerobics, fitness, kalaripayattu, tennis and yoga.
 - ❖ **Sports excellence-oriented learning**
The M.P.Ed., students are advised to take track and field and one specialization in a game of their choice in the first year and second year. Students are made to submit project records in their specialization.
 - ❖ **Sport science-oriented teaching**
Our curriculum includes the following sports sciences i.e., for B.P.Ed.: General theory and methods of sports training, Kinesiology and Biomechanics and Management of Sports Injuries. For M.P.Ed.: Sports Psychology and Sports Sociology, Rehabilitation of Sports Injuries, Applied Biomechanics, Sports Training and Talent Identification, Adapted Physical Education, Exercise Physiology and Sports Nutrition.
 - ❖ **Sports management learning experiences**
We provide opportunities to our students to conduct various programmes such as play day, intramural and extramural tournaments, project sports meet, organizing sports meet and tournaments for Vidyalaya campus institutions. Under the supervision of a staff in-charge ample opportunities are given to the students to get sports management learning experiences.
 - ❖ **General well-being pedagogy and Innovation**
Inclusion of Professional Preparation (preparing for NET and SLET) and computer applications are the most innovative course work introduced at the Master's degree level.

Students are trained to analyze the game and even the strategies and tactics used in the game. Video analysis is included in the curriculum, which helps the students to correct themselves and others.

Students are benefitted in learning the first aid and the rehabilitation programme from the Physiotherapist of the college.

❖ **Innovations**

The college has a plan to introduce a new programme of “Sports Talent search and Training” programme. It has been planned to conduct physical tests to 10000 students studying in 6th and 7th standard in schools of Coimbatore district. Around 200 talented youngsters will be selected for a period of one month to provide fitness and skill training in volleyball, athletics, basketball and football disciplines. These identified students shall be recommended to different sports schemes to get them absorbed in sports schools and private schools for further training.

1.3 FEEDBACK MECHANISM

1.3.1 How does the institution encourage feedback and communication from the Students, Alumni, Employers, Community, Academic peers and other Stakeholders?

The institution encourages feedback and communication in the following ways:

Students

Tutor Ward Meeting

Once in a month tutor ward meeting is conducted by making the students into small groups and their feedback is noted by tutor.

Feedback for Syllabus and Subject Teacher

After completion of the semester examination feedback is collected from the students regarding the syllabus, question paper and also about the subject teachers.

Alumni

Alumni meetings are conducted from time to time and their opinions and suggestions are noted to modify and update the curriculum. Alumni are also invited for seminars, workshops and refresher courses organized in our campus.

Employers

Employers were asked to give their feedback regarding their physical education personnel (former students of our institute). Based upon this feedback supportive papers like communication skills and computer application have been introduced.

Community

Representatives of the community who have obtained the membership to use the facilities of the college give feedback and motivate the staff for innovation. Suggestions are given by them as they participate in various activities of the college as the members of walkers club and multi-gym.

Academic Peers

Experts in the field are invited as the resource persons for workshops, seminars, conferences etc., and their resolutions were also taken into account while modifying the curriculum.

Experts opinions and suggestions are sought for the development of the college. Coaches, Trainers and Fitness personnel are called for 'Invited talks' to get the feedback and review on learning facilities and infrastructure.

Parents

Parent Teachers Association (PTA) meeting is conducted every year and the views of parents are recorded for the improvement of the college.

Others

Academic Audit reports from the stakeholders are taken into confidence for enhancement of quality programme. Feedback received from the schools, where our students undertake the teaching practices are taken into consideration.

1.3.2 Is there a mechanism for analysis and use of the outcome from the feedback to review and identify areas for improvement and the changes to be brought in the curriculum?

- ◆ All of our subject teachers take initiative in collecting the feedback from the students, alumni, employers, community and academic peers. The areas which are required to be strengthened are identified and these suggestions are placed in the Board of Studies.
- ◆ Before implementing the changes in the curriculum the heads of the institutions from physical education are invited to involve themselves in the discussion.
- ◆ The feedback regarding the curriculum modification is received from the teachers, and after proper discussions, the review of curriculum is made based on the current needs.
- ◆ The teachers also get feedback from the practice teaching schools and their feedback is instrumental in making innovations in practice teaching.

1.3.3 What are the contributions of the institution to curriculum development?

- ◆ Since our college has got the autonomous status and all of our staff members are members of the board of studies, every year curriculum is being updated. Finally the updated curriculum is sent to the Tamil Nadu Physical Education and Sports University for their reference. Our staff members and Principal are also members of Board of Studies of other colleges.
- ◆ Every year before the Board of studies meeting, the teachers who are handling various courses of studies (B.P.Ed., and M.P.Ed.,) discuss the necessary changes to be made and then recommend the same to the Board of Studies.
- ◆ The syllabus copy is prepared every year incorporating the new changes and is distributed to the students.

1.4 CURRICULUM UPDATE

1.4.1 What are the strategies adopted by the institution for curriculum revision and update?

Need Assessment

The stakeholders, personnel from Government bodies, Professors, Principals, and Directors of Physical Education, are invited for the Board of Studies and Academic Council meetings. Modifications and revisions in the curriculum/syllabus are made through concrete and healthy deliberations of these members.

Students Input

Student inputs are collected from tutor ward meeting and also at the end of the each semester.

Feedback from the Practice Teaching Schools

All of our students visit various schools for practice teaching. Feedback from the school Physical Education Teachers/Physical Directors and Headmasters / Principals are also collected and considered for the curriculum update.

1.4.2 How frequently do the theory/activity syllabus and teaching strategies undergo revision in the light of global developments in sport activities and sport sciences? Give details on the major revisions that took place during last five years?

- ◆ Since our college has got Autonomous status, it is possible to modify the theory/activity syllabus every year through the Board of Study and Academic Council. To upgrade the syllabus, the feedback is obtained from the stakeholders i.e. students, subject teachers, parents, employers, alumni, subject experts, etc.
- ◆ The Board of Study makes revision, deletion and modification based on the immediate needs like introduction of credit system, changes in the evaluation pattern and examination reforms annually.

Major revisions during the last five years are

- ◆ Career oriented papers have been included in syllabus and they are as follows:
 - Communication skill
 - Computer Application
- ◆ Introduction of Credit System (B.P.Ed., and M.P.Ed.,)
- ◆ Introduction of Add-on Courses
- ◆ Introduction of Coaching lesson for M.P.Ed., (Specialization game and athletics)
- ◆ Introduction of practical classes in sports science laboratories (Exercise Physiology, Kinesiology and Biomechanics, Sports Physiotherapy and, Sports Psychology).
- ◆ Introduction of special games/activities for M.P.Ed., students in Kalari payattu, Aerobics, Table Tennis, and Bharathiam.

- ◆ Allotment of marks for the following activities

in B.P.Ed.,

- Play festival
- Project sports meet
- Leadership training camp

in M.P.Ed.,

- Special Games/Activities: (Kalari payattu, Aerobics, Table Tennis and, Bharathiam)
- Play festival
- Project sports meet

Examination

- ◆ Software is used for preparing mark-sheet/consolidated mark-sheet.
- ◆ New Software is installed for Database/Data-Entry at the Controller of the Examination office.

1.4.3 How are the curricular (teaching- learning processes), co-curricular and extracurricular programmes planned, (developing academic calendar, communication across the institution, feedback) evaluated and revised to achieve the objectives and effective implementation of the curriculum?

The curricular (teaching-learning processes), co-curricular and extracurricular activities are scheduled with enough space in between to implement the programmes. At the end of the academic year feedback is obtained from the staff and students which will be useful to revise the academic calendar for the successive academic year. This feedback is presented in the Internal Quality Assurance Cell (IQAC) and after its analysis, subsequent year's academic calendar is presented.

1.5 BEST PRACTICES IN CURRICULAR ASPECTS

1.5.1 What are the quality sustenance and quality enhancement measures undertaken by the institution during the last five years in curricular aspects?

The institute undertook actions for sustaining and enhancing quality.

Quality Sustenance

- ◆ Quality sustenance is maintained by collecting the feedback from all the stakeholders regarding the curricular aspects. The main stakeholders are students, subject teachers, alumni, employers, parents and the professional experts etc.
- ◆ Quality of Teaching-Learning Process is enhanced by introducing Innovative programmes, new course content, teaching methods, delivery system and evaluation pattern by making reformations.
- ◆ A strongly structured curriculum is introduced.

Quality Enhancement

- ◆ Enhancement in the quality is possible mainly through the discussions and by analysis of the experts in the Board of studies meeting and also in the academic council. Since our institution has got Autonomous status it is possible to modify the curricular aspects to upgrade the quality of the student teachers. Some of the co-curricular activities which are essential for the personality development of the student are brought into the curriculum by allocating marks.
- ◆ Having a good rapport with other institutions it is easier to implement the modifications made in the curriculum.

1.5.2 What innovations/best practices in 'Curricular Aspects' have been planned and implemented by the institution?

Theory

- ◆ In addition to the core papers and elective papers, supportive papers are also included in the curriculum.
- ◆ In B.P.Ed., Communication skills and Computer Applications are included as supportive papers.
- ◆ In M.P.Ed., Communication Skills Level I and II and Applications in Computers Level I and II are included as the supportive papers. An exclusive paper on adapted physical education is included as the elective paper.
- ◆ Introduction of Choice Based Credit System (CBCS) for M.P.Ed., and B.P.Ed.,
- ◆ Workshops and seminars on Curriculum Development.
- ◆ Preparation of the course materials by the staff concerned.
- ◆ Inclusion of Adapted Physical Education in curriculum, catering to the needs of special children.
- ◆ Introduction of Remedial Program.

Practical

- ◆ In M.P.Ed., special games/activities like Tennis, Badminton, Table Tennis, Kalari payattu, Wrestling, Gymnastics and Boxing are included in the curriculum.
- ◆ The laboratories like exercise physiology, kinesiology and bio-mechanics, sports physiotherapy and sports psychology are included in the practical.
- ◆ In B.P.Ed., marks have been allotted to the following: Project Sports Meet, Leadership Training Camp, Play Festival, Care and Maintenance of Play Fields.
- ◆ Since our college is a practical oriented academic institution, infrastructure facilities like laboratories and new play courts are added, 'Learning' and 'Practicing' go hand in hand. 'Theory' is always supported by 'Practical'.

Additional Information

1. What are the main evaluative observations/suggestions made in the first assessment report with reference to Curricular Aspects and how have they been acted upon?

The National Assessment and Accreditation Council (NAAC) Peer team appreciated the institution for its efforts to live up to the ideals of the mission, for exposing the students to the teachings of the sages, for the extracurricular activities and for maintaining the discipline among the students.

The NAAC peer team also felt that

◆ ***For the practice teaching 60 teaching lessons have been suggested for each student***

As suggested by the previous NAAC peer team our students have been taking 60 teaching lessons in their practice teaching programme.

◆ ***Communication skills of the students have to be improved***

To improve the communication skills of the students in our institution we have introduced communication skills as a supportive paper for B.P.Ed., and M.P.Ed., courses.

◆ ***Introducing the Adapted Physical Education in the syllabus***

- In our M.P.Ed., syllabus we have introduced adapted physical education as an elective paper. Moreover in the practicals adapted games are also introduced as part of the special games.
- To suit the needs of special children, activities are made by simplifying the rules and regulations of all the major games.
- A book also been published by our faculty Sri. R. Giridharan titled, 'Recreational Games and Activities for Persons with Disabilities'.

◆ ***Publish a research journal in physical education from the institute***

Our college has been publishing Journal of Physical Education and Sports Sciences (JOPESS) a bi-annual journal since 2006. For details refer **Appendix No.1**

2. What are the major quality sustenance and enhancement measures undertaken by the institution since the previous assessment and accreditation?

Autonomous status was conferred to our institution in 2007-2008. Since then we have been updating the syllabus every year through the Board of studies after getting feedback from all the stake holders i.e. students, subject teachers, alumni, parents, employers and subject experts. The modifications have been done in the subjects given in **Appendix No.2**





National Youth Day Celebration



National Youth Day Celebration



Rural Coaching - Tournaments



National Sports Day Celebration



Rural Coaching - Sports Certificate Distribution



Independence Day Celebration



Inter-collegiate Tournament - Volleyball



Independence Day Parade



Annual Leadership Training Camp



Practice Teaching - Basketball



Tutor-ward Meeting



Annual Leadership Training Camp



Gurupuja Exhibition



Saraswathy Pooja



Inter-collegiate Kho-kho Tournament



Ayutha Puja

The background features a large magnifying glass with a wooden handle, positioned over a bookshelf filled with books. A white thought bubble is located above the magnifying glass's lens. The overall color palette is warm, with shades of orange and yellow. A decorative wavy yellow ribbon is at the bottom.

CRITERION II

TEACHING-LEARNING AND EVALUATION

CRITERION II: TEACHING-LEARNING AND EVALUATION

“We want that education, by which character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one’s own feet.”

- Swami Vivekananda

2.1 ADMISSION PROCESS AND STUDENT PROFILE

2.1.1 Details on the admission policy and admission processes (defined criteria for admission, transparency, adherence to the decisions of the regulatory bodies, equity, access, etc.) of the institution?

Admission Policy

In our institution all the admissions are done based on merit and also by following the reservation criteria as per the Tamilnadu Government norms. It is a policy in Ramakrishna Mission Vidyalaya that donations are not collected for any admission. Even the management quota is also filled up based on merit without collecting any donations.

Admission Processes

Criteria for admission and transparency

Advertisement is being given in the newspapers and applications along with the prospectus are sold. The filled in applications are scrutinized by the scrutinizing committee and eligible candidates are called for interview. All the staff members are the members of the selection committee and principal as the chairman. For B.P.Ed the staff members conduct the fitness tests i.e. 100 m, Shot put, and Long jump. These fitness test performances are converted into scores by using the norms. The games are being tested by all the staff members and their average score is considered for the admission. With this procedure there is no scope for any bias and favoritism.

Adherence to the decisions of the regulatory bodies

For the admission, the Tamilnadu state government reservation policy is followed. We also follow National Council for Teacher Education (NCTE) norms while admitting the students in each course.

Equity

In the admission test all the students are given equal opportunity to exhibit their skills in their choice of games.

Access

For all the students, those who are appearing for the test, individual score cards are prepared which contains the students performance and the marks. One card is given to the student and the other is being kept by the institution for ranking the students. All the students would have the access for the admission procedures and the transparency is followed in the admission of the students for all the courses.

2.1.2 How are the programmes advertised? What information is provided to prospective students about the programs through the advertisements, prospectus and other published material of the institution?

Wide publicity is given to admission process by following means:

Advertisements in All Leading Regional Dailies

Wide publicity about our college courses, admission date, interview date and eligibility criterion is given well in advance through advertisements in all the leading regional dailies which contains our college website so that details can be accessed. For details refer [Appendix No.3](#)

Admission Publicity through College Website

The college has a website that displays all the details, including the various courses and their eligibility criteria. Website of our college is www.srkvmcpe.org

Admission Publicity through Alumni

The alumnus of our college helps us in distributing the admission notices (printed handouts).

Circulars and Visits by Staff of our College

Hand outs are printed regarding the various courses offered in our college with eligibility criteria for their admissions. These handouts are sent to various Arts and Science Colleges to display in their notice boards. Our staff members visit these institutions to motivate the students by conducting orientation meetings. For details refer [Appendix No.4](#)

The publication of admission notice is detailed below:

Year	Advertisement	Web Mode	Alumni	Visits by Staff
2006 – 2007	–	✓	✓	✓
2007 – 2008	✓	✓	✓	✓
2008 – 2009	✓	✓	✓	✓
2009 – 2010	✓	✓	✓	✓
2010 – 2011	✓	✓	✓	✓
2011 – 2012	✓	✓	✓	✓
2012 – 2013	✓	✓	✓	✓
2013 – 2014	✓	✓	✓	✓

2.1.3 How does the institution monitor admission decisions to ensure that the published admission criteria are equitably applied to all applicants?

- ◆ The admission committee (which monitors the admission process) is formulated based on the regulations of Government of Tamilnadu, Directorate of Collegiate Education and Tamilnadu Physical Education and Sports University (TNPESU).
- ◆ Interview cards are sent to all the eligible candidates with the details of interview dates.

- ◆ Transparency is ensured at all stages of admission process and proper notification is made regarding their performance. The norms for the physical fitness tests are displayed in the notice board. All the queries regarding the admission process are attended to.
- ◆ The admission criteria are well published and made known to all the candidates before the selection trials. The merit and the management quota are thus prepared and announced after the committee finalizes the list. The wait-listed candidates are called when vacancy arises for both merit and management quota.

2.1.4 Specify the strategies if any, adopted by the institution to retain the diverse student population admitted to the institution. (e.g. individuals from diverse economic, cultural, religious, gender, linguistic, backgrounds and physically challenged)

- ◆ In our institution there is no discrimination of any religion, caste, creed and race. All the religions are given equal importance for which we celebrate all the religious festivals like Christmas, Ramzan, Vijayadasami and Vinayagar Chathurthi in our campus.
- ◆ All the staff and students are supposed to wear simple white uniform to avoid the discrimination of rich and poor among the students.
- ◆ There is no linguistic barrier; even our institute encourages the students from other states also.
- ◆ We do not admit physically challenged students in our college as our courses are physical fitness oriented.
- ◆ It is acknowledged that the students studying at the College are from middle as well as low middle socio-economic status; hence efforts have been made to make education as economical as possible.
- ◆ Counseling on how to apply for the loan from the bank is given so that they will be retained even when they face the financial crisis.
- ◆ Details of Scholarships are given in the Calendar and put up on the Notice Board so that students could apply on time and benefitted.

2.1.5 Is there a provision for assessing students'/ trainees' knowledge, physical fitness and skills required for the various options offered under the programme? If yes, cite examples.

There is a provision to assess physical fitness and the skills involved in the major games for selecting the students for various courses.

For B.P.Ed., programme

Fitness (50 marks)

To assess the physical fitness level of the students, the following fitness tests are conducted: 1.100 m. dash, 2.long jump and 3.shot-put and these test scores are converted to 50 marks by following the norms. For details refer **Appendix No.5**

Major Game (50 marks)

The students can opt for any one of the major games. All the staff members give marks to the students based upon the subjective ratings. The highest and lowest scores are deleted, for the remaining marks; the average is being taken for 50 marks. All the above mentioned test items are documented in the prescribed score card in duplicate. Our institution maintains one score card and another score card is given to the student. Selection is given to the merit students by considering the reservation policy of the Tamilnadu government.

For M.P.Ed., programme

While selecting the students for M.P.Ed., programme there is a provision to assess the skill performance in any one of the major games for 50 marks.

For M.Phil., programme

Written test would comprise objective questions for 75 marks and interview would carry 25 marks. This written test covers B.P.Ed., and M.P.Ed., syllabus and also general knowledge related to sports and games.

2.2 CATERING TO DIVERSE NEEDS

2.2.1 How are the barriers to student learning identified, communicated and addressed? (Conducive environment, infrastructure, access to technology, teacher and other learning resources, teaching-learning strategies etc.)

- ◆ Our institution's academic programme is categorized into two major aspects i.e. theory and practical classes. At equal intervals the tutor ward meeting is organized by our institution. For every 20 students one staff is assigned as tutor who will interact with students with regard to their difficulties. The barriers of student learning are identified by each staff member and communicated to the Principal during the staff meetings, who will take necessary steps.
- ◆ Barriers to students learning are identified through the feedback from the teachers and student leaders, and the internal marks obtained by them.
- ◆ The teacher concerned conducts the surprise tests, class tests, and questioning in the class to identify the slow-learners.
- ◆ The personal difficulties, family situation and the financial situation which affect their learning performance are identified at the right time by the mentor.

Conducive Environment

Since most of the students are from the rural background and also from Tamil medium, difficult subjects are explained in both Tamil and English. After identifying the slow learners, special classes are arranged for both the theory and practical. In the hostel, regular study hours are maintained and monitored by our staff members during night time.

Infrastructure, Access to Technology

Facilities for power point presentation through LCD projector and availability of models and charts make the learning for the students easier. Students are provided with computer and internet facilities. Time to time guest lectures and discussions with the coaches are arranged in the smart class rooms.

Teacher and other Learning Resources

In addition to the regular teaching, library resources are made available to the students. Guest lectures are arranged on different topics by inviting subject experts from all over the country.

Teaching-Learning Strategies

Since our courses are practical oriented most of the classes are taught through demonstration method. Staff members are also encouraged to explain the skills by making use of the CDs. Teaching aids are used to make the students to learn the skills in an easy manner.

2.2.2 What are the activities envisioned in the curriculum for students to understand the role of diversity and equity in teaching learning process?

- ◆ The curriculum is prepared keeping in mind, the diversified students in their learning, understanding, skills and talent etc.
- ◆ Model Sports meet provide ample opportunity to work together and organize the athletic events.
- ◆ Leadership camp provides a new environment where staff and students stay together and learn leadership qualities.
- ◆ Adapted Physical Education is another area where differently abled (physically challenged and intellectually disabled) are provided with adapted programme (game and exercise).
- ◆ Laboratories are successful functionaries to provide research oriented professional knowledge at the college.
- ◆ Special workshops/seminars/conferences organized at the campus give professional input to the teachers and students.
- ◆ All aspects of the curriculum activities at the college have string of professionalism.

2.2.3 What are the various practices that prepare students to develop knowledge and skills related to special needs of children and to apply them effectively?

- ◆ Students are prepared to teach various demonstrations and mass displays to develop and co-ordinate, motor skills and physical process.
- ◆ Optional courses, which are practical oriented programs, help the students to gain specific knowledge and skills, related to specific needs of the children.
- ◆ Educational psychology is a part of our curriculum where the students learn to handle children during learning process. Foundations of Physical Education, deal deeply with Physiology, Sociology, Psychology and Principles of motor movements.
- ◆ Knowledge on talent identification is imparted through guest lectures, seminars and workshops. The students take up projects in talent identification of children.
- ◆ During game specialization hour (5 to 6 pm) daily, students are trained to teach and coach the budding athletes of the schools.

- ◆ Knowledge of adapted games helps them to handle the differently abled children in schools where ever they are employed.
- ◆ Intramural competitions give them adequate knowledge for officiating and organization of various tournaments.
- ◆ 200 minor games are taught to the students in which they get opportunity to learn team building, to develop social values and strengthen physical attribution.

2.2.4 What efforts does the institute make to improve professional competency of the prospective physical instructors?

Our institution makes the following efforts to improve the professional competency of the prospective physical instructors:

- ◆ Our staff members teach the fundamental skills of all the major games and track and field events.
- ◆ In our syllabus we have included wrestling, kalari payattu (defensive art), tennis and table tennis as the special games to give more exposure to the students.
- ◆ All of our post graduate (M.P.Ed.) students are exposed to kalari payattu an ancient Indian martial art and it is a unique feature of our college.
- ◆ In addition to our regular curriculum we also offer the following programmes as add on courses which will give additional advantage to our students. They are Certificate course in Yoga, Certificate course in Gym and fitness, Certificate course in Kalari payattu, Certificate course in Tennis and Certificate course in Aerobic dance.
- ◆ Our institution has been regularly conducting officiating examinations in track and field, football, handball, kabaddi and Kho-Kho.
- ◆ Our students are encouraged to take officiating assignments in the nearby schools and colleges under consultancy and extension services
- ◆ All of our Post Graduate (M.P.Ed.) students take up rural coaching for twenty (20) days.
- ◆ Our institution helps to conduct track and field meets and games for other institutions in our campus.
- ◆ Under consultancy services we encourage our students to lay play grounds, track and field for other institutions.
- ◆ In addition to conducting intramurals for all the games in our campus we also encourage and permit our students to participate in the inter-collegiate, inter university and open tournaments.
- ◆ We organize four (4) project sports meets in a year which will give enough experience for all the students in preparing the track and field, officiating and also in organizing the athletic meet.
- ◆ Marching is one of the components of our curriculum itself.
- ◆ In our institution every year we celebrate Independence Day and Republic Day for all the educational institutions of the Vidyalaya. In addition to taking part in the marching our students also get organizational experience.

- ◆ Organizing play festival for the rural panchayat elementary school children is a unique experience given to all the students of our college.
- ◆ In our institute every year we organize a national level workshop and seminar. All of our students take part in these events and also we encourage our students to present papers in the seminar.
- ◆ For all of our Post Graduate (M.P.Ed.,) students submission of thesis is a compulsory in our institution, which will expose them to research and ultimately would lead them to go for higher levels of research programmes like M.Phil., and Ph.D.,
- ◆ Professional prospective (funded by UGC) for SLET/NET is part of curriculum for master degree students.
- ◆ We organize clinics in various games and prepare the students to qualify as officials.
- ◆ The course content (curriculum) ensures that the students learn to adjust to diverse situations of work culture.
- ◆ The curriculum is designed in such a way that an individual could modify/adjust his classes according to the prevailing facilities at the schools in terms of ground, equipment, strength of the class, and their basic knowledge.
- ◆ Adapted Physical Education can help the students to provide specific sport for specific population.
- ◆ The students develop communication skills (from language laboratory, bridge course, remedial English class), soft skills (computer lab, resource centre) and Inter personal skills (through add-on course) which would help them to be more independent as well as to be prepared for team work.

2.2.5 Describe the mechanism of giving feedback to the students (on practice teaching and field activities) and how it is used for performance improvement.

Practice Teaching

- ◆ Practice teaching is a unique entity where the students learn how to handle a general and a particular lesson. Students undergo teaching practice on all Wednesdays under the guidance of a teacher allotted for this specific purpose.
- ◆ Students get good feedback from the Physical Education Teacher/Physical Director of the schools where they undergo practice teaching. For details refer **Appendix No.6**
- ◆ Students are expected to handle classes and they are monitored by the teachers. The corrections are made and feedback regarding the class is given at once.
- ◆ An evaluation is done by our staff, physical director and head of the institution of the concerned schools. Apart from that our students opinions were also collected in the form of a feedback by our staff for implementation and improvement.

Field Activities

The following field activities are included in our curriculum:

- ◆ Organizing tournaments
- ◆ Coaching the students in rural areas and various institutions
- ◆ Leadership training camp and play festival
- ◆ In our institute we have the tradition of getting feedback after completion of any activity, from the students, staff and the other stake holders involved in that activity.

2.2.6 How does the institution ensure the students preparedness for managing the diverse learning needs of students in schools?

- ◆ We make our students aware of different categories of school children namely primary, elementary, middle, high and higher secondary.
- ◆ The school children may also be classified as childhood pre adolescent, adolescent, boys and girls etc., There is another classification based on their intelligence i.e., school children can also be categorized based on their natural talent.
- ◆ In our curriculum we have added all the above mentioned categories, their characteristics and their needs. With this knowledge our students would be able to face them effectively and efficiently. These areas have been covered in our syllabus as well.
- ◆ The practice teaching schools are chosen in such a way that the student teachers will be able to get the maximum benefit in terms of their experience, knowledge enhancement and confidence in teaching.
- ◆ The schools chosen will have sufficient playfields, Infrastructural facilities, sports equipment and good physical education teachers who can correct them and mould them to be efficient teachers. Accordingly they are asked to prepare the notes of lesson and train them to be successful in handling the diverged situations of various city schools.

2.3 TEACHING–LEARNING PROCESS

2.3.1 How is 'learning' made student-centered? Give a list of the participatory learning activities adopted by the Institution and those, which contribute to self- management of knowledge, and skill development by the students?

Student Seminars

Our students are encouraged to participate in class seminars and present a topic through power point. They are also encouraged to present papers in the national seminars.

Lab Practical Assignments

As per the NCTE norms, our college has the laboratories and lab practical classes for our B.P.Ed., and M.P.Ed., students. The staff in charge of the respective laboratory handles the classes according to the syllabus and the students are divided into

small groups for practical. During the practical, student's doubts' are cleared by our faculty and they have to submit their assignments. Finally evaluation was done based on their preparation and presentation of the assignments.

Science Talent Exhibition during Gurupuja Celebrations

In Ramakrishna Mission Vidyalaya campus, Gurupuja was celebrated in commemoration of Bhagavan Ramakrishna's Centenary celebration. All the institutions of Vidyalaya Campus take part in the science talent exhibition organized during the Gurupuja celebration. Our college also takes part in this exhibition every year. It provides an opportunity to bring out the creative talents of the students. Educational exhibition conducted during Gurupuja is highly educative.

Thesis / Project Work

For all of our postgraduate students thesis work is compulsory component in our curriculum. This would help them in going for research programmes like M.Phil., and Ph.D.,

Student Welfare Association

The student welfare association comprises of a president and vice-president from M.P.Ed., and secretary and joint secretary from B.P.Ed., under the guidance of a staff in charge. The student welfare association organizes quiz, oratorical, essay writing competitions, celebration of all religious festivals, inviting eminent personalities to address about recent developments in physical education and sports, value education. It provides opportunity to all the students to participate in these activities and to improve their personality.

Project Sports Meet

To improve and develop organizing ability of track and field competitions, our students are encouraged to organize model sports meet in the name of project sports meet at equal intervals by each house i.e. Bharathi, Elango, Kambar and Valluvar guided by the staff in charge.

Intramurals

All the B.P.Ed., and M.P.Ed., students of our college are divided into four houses namely Bharathi, Elango, Kambar and Vallvar. The intramural committee comprises of president and joint secretary from M.P.Ed., vice-president and secretary from B.P.Ed., under the guidance of a staff in-charge. The intramurals committee organizes games on every Thursday. It provides opportunity to all the students to participate in games. Intramurals also provide an opportunity to organise/officiate/coach in various games.

Leadership Training Camp

Leadership training camp is organized by our college for ten (10) days in a protected area, which is under Forest Department of Tamil Nadu, Coimbatore Range at Poondi. The students are involved in tree plantation, removal of plastic bags, etc. at the camp. Moreover, from time to time, the student association organises special lectures on environmental awareness and protection. In the 'Leadership Training Camp', all the students are exposed to various activities like, campus cleaning, kit arrangement, collection of natural articles, hiking, cross country running, hill climbing,

treasure hunt, progressive party games, community work, cultural activities, etc. These activities develop self confidence, courage, discipline, obedience, sense of responsibility, co-operation and unity among the students, which ultimately would help them to become good citizens. 'Environmental Awareness' is being imbibed by arranging special lectures on environmental aspects. Awareness is created about air pollution, water pollution, land pollution and various preventive measures.

Cultural Activities

Our students are encouraged to participate in the various cultural activities within the vidyalaya campus and also outside. Kalaimagal vizha is one such occasion in Vidyalaya celebrated during Dasara in three forms of arts like literature, music and drama. Our students take part in these events. Participation in the cultural activities would develop hidden talents, creativity and confidence to face the audience among our students.

Officiating

Our students are exposed to various officiating examinations like volleyball, football, Handball, athletics which would make them as qualified officials.

Rural Coaching

Our postgraduate students visit various schools which are located in rural area and give coaching in the games like volley ball, football, and handball etc., These school teams are brought to our college on a particular date and competitions are conducted. Cash awards are given to the winners and runners. This rural coaching scheme develops coaching ability of our postgraduate students and also gives them organizational experience by conducting the tournaments. Moreover rural area students are benefited through this coaching and our college also provides the balls and equipments for the practice to the schools where they do not have the minimum facilities.

Play Festival

Our students are taught various physical exercises such as free hand, flag exercises, coconut shell exercises, wands exercises, flower stick exercises, yogasanas, kalari payattu, oyilattam and minor games. Our students visit around sixty (60) panchayat union elementary schools and teach all the above mentioned exercises for about 3000 school children. The trained children are brought to our campus and they demonstrate all these exercises for patriotic and devotional songs. Through this play festival activity our students get teaching experience, class management, leadership qualities, discipline, punctuality and the attitude to serve the society.

National Youth Day Competitions

The Government of India has declared 12th January, the birthday of Swami Vivekananda, as the National Youth Day. Thereby, the youth of India are exhorted to follow the footsteps of the great prophet of the modern world. Every year National Youth Day was celebrated on 10th January in Vidyalaya campus. To celebrate this occasion, our college organizes sports competitions, literary competitions, rangoli competitions and float competitions. A procession is carried out in the nearby locality depicting the sayings of Swami Vivekananda by about

1000 school and college students from Vidyalaya and neighbouring educational institutions.

2.3.2 How does the institution engage students in “Active Learning” (Use of learning resources such as library, web site, focus groups, individual projects, simulation, peer teaching, role-playing, internships, practicum, etc.)?

In our library, there are 3500 books and 21 reputed journals in physical education which are made available for all the students. Through these materials students prepare their assignments, theory examination and research papers for presentation in seminars and conferences.

Web site

Our institution has got exclusive website i.e. www.srkvmcpe.org. through which information was upgraded regularly. In our curriculum, “basics of computer” level - I and II are included as a supportive paper for B.P.Ed., and M.P.Ed., students. From these classes our students would improve their knowledge about the computers and software which will help them to collect the supportive materials for theory and practical classes.

Focus groups

During the theory and practical hours specific topics are allotted to all the students. All the students are given opportunity to present their topics through power point presentation.

Individual projects

All the M.P.Ed., students prepare their thesis under the guidance of a staff, who shall be the Advisor/Guide. Thesis is to be completed in the fourth semester. Thesis must be submitted with the signature of the Advisor/Guide and Professor\Principal.

Simulation

Students are motivated to participate in the following

- ◆ Organising sports and games at various levels.
- ◆ Appearing for officiating examinations conducted by the various state level games and sports associations.
- ◆ Participating District and State level cultural and oratorical competitions conducted by the colleges and private organisations.
- ◆ Conducting coaching programmes in the nearby colleges and schools and government departments.

Peer Teaching

- ◆ Practice Teaching: Practice teaching is to give exposure to our students for handling classes in the actual situations. As per the NCTE regulations, each student has to take 30 physical education classes (general lesson 15 and particular lesson 15)

- ◆ Teachers' day celebrations: Every year on September 5th, the Teachers' Day is celebrated in a fitting manner in our institution. The M.P.Ed., students take theory and practical classes for our B.P.Ed., students.
- ◆ Students are motivated to handle classes both theory and practical to their peer group, which improves their teaching ability as well as self-confidence.

Role-Playing

Our students are given chance to act as officials and coaches for the various teams of other institutions.

Internships

- ◆ Our college students give coaching to the school students, polytechnic college students, engineering college students and arts and science college students of rural area in and around Periyanaickenpalayam in the following games: volleyball, handball and football for a period of ten(10) days. After giving coaching, the teams are brought to our campus. The sports competitions are held at Maruthi College of physical education campus and prizes are awarded.
- ◆ Our students are sent to around 60 panchayat union elementary schools to teach various physical exercises such as free hand exercises, flag drills, wands drills, coconut shell drills, flower stick drills, oyilattam, and minor games for play festival.
- ◆ Practice teaching also is given to our students to get practical experience.

2.3.3. How does the institution provide for the following teaching-learning experiences in its academic calendar? Give details.

A comprehensive planning for both first and second semesters is prepared well in advance and given to all the students. Students get clear picture about the activities that they are to be performed in each semester by which the psychologically prepare themselves for the year.

Transaction of Theory Courses Including Method Courses

Along with the calendar we are also providing syllabus copy of each course to the concerned students. This will create awareness among the students about the theory subjects and practical classes that they have to undergo and also the allotment of marks with evaluation pattern. Course plan and course materials were prepared and given by all of our staff members which will help the students to understand the transaction of theory courses.

Transaction of Skill and Prowess in Activities

- ◆ The theory and practical classes are taught to the students as per the course plan regularly. The students' level of understanding is identified in every class and teaching is modified to achieve the aim.
- ◆ Practical classes are conducted from 6.30 am to 8.30 am & 4 pm to 6 pm daily.
- ◆ Light apparatus exercises have been taught for a week, whereas the skills of major games have been taught for 15 days.
- ◆ The students record the activities after each session & submit it to the teacher for correction and evaluation.

- ◆ Internal marks are awarded based on their performance during the test conducted immediately after the session.
- ◆ The methods used to teach practical activities are
 - Demonstration Method
 - Set-Drill Method
 - At will Method
 - Dramatization Method
 - Part Method
 - Whole Part Whole Method
 - Progressive Method
 - Video Analysis
 - CD / DVDs / Clippings
 - Transaction of laboratory sessions and practical.

Transaction of Laboratory Sessions and Practical

- ◆ By rotation, laboratory sessions are assigned to B.P.Ed., and M.P.Ed., students.
- ◆ Students are supervised by the staff in charge.
- ◆ The practical classes are also handled by our staff members both in the morning and evening sessions.
- ◆ There are 10 laboratories functioning at the college as below:
 - Sports psychology laboratory
 - Exercise physiology laboratory
 - Anatomy, physiology and health education laboratory
 - Kinesiology, Bio-mechanics and Human performance laboratory
 - Sports Medicine laboratory
 - Computer laboratory
 - Educational technology laboratory
 - Adapted physical education laboratory
 - Yoga and meditation laboratory
 - Language laboratory

Preparation for Practice Teaching

- a. Pedagogic-content analysis
 - ❖ **General lesson**
Consists of introductory part, formal part, special part, recreation, and concluding part.
 - ❖ **Particular lesson**
Consists of introductory part, teaching the fundamentals, practice the fundamentals, lead up activity and concluding part.
- b. Lesson planning
 - ❖ **General lesson**
The total allotted time of 45 minutes is divided into introductory part 7 minutes, formal part 10 minutes, special part 10 minutes, recreation part 10 minutes, concluding part 8 minutes.

❖ **Particular lesson**

The total allotted time of 45 minutes is divided into introductory part 7 minutes, teaching the fundamentals 15 minutes, practice the fundamentals 15 minutes, lead up activity and concluding part 8 minutes.

- c. Developing core teaching skills in simulated setting (micro teaching) both on the playfield (activity teaching) and in the classroom (teaching of the theory)
Micro teaching awareness is provided to all of our students by arranging guest lectures from the colleges of education and physical education.
- d. Observation of lessons demonstrated by the teacher: Staff in charge of the practice teaching demonstrates a model lesson plan for both the general and as well as the particular lesson. All the students observe his model lesson plan and they also prepare their lesson plan similarly.

Classroom Teaching

- a. Observation of peer teaching
When the student is handling a class on specific topic assigned by the subject teacher, the peer students observe his class and give the grading.
- b. Peer feedback
After presentation of a student, his peers will give their evaluation and feedback, this enables every student to understand strengths and weaknesses of his teaching. Finally the subject teacher would give proper guidance to every student.
- c. Teaching on the field – officiating, lessons and other activities

❖ **Practice Teaching**

In the internal practice teaching, the students are asked to prepare lesson plans and they practice teaching by using the peer group as subjects. Besides the teacher, the peer groups also provide feedback to his teaching. Before the start of the practice teaching, they are exposed to various methods of teaching through the demonstration classes by all of our staff members. After that all the students are sent for practice teaching in the schools under the supervision of staff of our college. An evaluation also was done by our staff, physical director and head of the institution of the concerned schools. Apart from that our students' opinions are collected in the form of a feedback by our staff.

❖ **Play festival**

All of our students learn play festival physical exercises such as free hand, flag, wands, coconut shell, flower stick, yogasanas, kalari payattu, oyilattam and minor games. We send our students to various panchayat union elementary schools where there are no physical education teachers to teach physical activities for patriotic and devotional songs. This assignment given to our students provide tremendous practical experience of teaching, management and also social service.

d) Rural coaching

Our students visit rural area educational institutions like schools, polytechnic colleges and Arts and science colleges and give coaching in volleyball, handball and football. All these teams are brought to our campus and competitions are conducted and prizes are also given. This assignment would provide coaching experience, team management and organizing the tournaments to our students.

Internship

Our internship consists of three assignments namely, external practice teaching, play festival and rural coaching scheme. All these assignments would provide teaching experience, managerial skills and organizational abilities to our students.

Supervision and Evaluation of Practice Teaching

a) Supervision

During practice teaching, every student teacher is expected to serve as physical education teachers of the concerned school and integrate himself with the school system. The concerned faculty members visit the student teachers from time to time and guide him to solve the problems, if any.

b) Evaluation of practice teaching:

- ❖ The faculty members visit the schools during the practice teaching days. However the direct supervision of the teaching practice is done by the Physical Education Teacher of the school.
- ❖ Each and every class will be supervised and monitored and their notes of lesson are corrected at the schools. The remarks are given by the Physical Education Teacher (PET)/Physical Director (PD) of the school, who grade the students and send the confidential report to the Principal directly.

Scheme of Evaluation for Practice Teaching

Name of the Lesson	Internal	External	Total
General lesson			
Internal Yearly Assessment by School (25 marks) and Colleges (25 marks)	50	100	150
Particular lesson			
Internal Yearly Assessment by School (25 marks) and Colleges (25 marks)	50	100	150
Grand Total (internal 100 external 200 marks)			300

For the external examination, there shall be at least one external and one internal examiner. Each student should maintain a workbook, which shall contain records of lessons to be supervised by a qualified physical education teacher and also marks are awarded by the college which should be submitted to the examiners conducting the external examination in practice teaching. Candidate who fails in practice teaching examination may present himself in the next external examination for practice teaching.

Reflection on Teaching by Trainees

Students learn various skills related to sports and games in our institution. But, this practice teaching exposure will give an opportunity to all of our teacher trainees to teach the skills to the school students. This will give lot of confidence to the teacher trainees since they shall have to face the same situation when they get an appointment in schools as physical education teacher and in colleges as physical director.

Trainees develop confidence day by day. They recognize and understand the situation of the school and contribute to the maximum. There are many situations provided to the student trainees in addition to the teaching practice classes.

Interaction with the School / Community

During practice teaching, the student teacher gets an opportunity to acquaint himself with the existing conditions of the schools. With this regard our institution gets feedback from the school and the trainees.

The students learn lot more than the practice teaching. They try to understand and predict their future in terms of reality. They learn how to get adjusted to the situation and to be more responsible. They get involved with the community and take up additional responsibility of helping the school with 'Demonstrations and Displays' and even handling the teams.

They establish good rapport with physical education department in every school and make its impact during their teaching practice.

Innovations

- a) Play festival: Play festival is a unique programme of Maruthi College of Physical Education as no other physical education institute in Tamilnadu is organising such activity.
- b) Science talent exhibition: Students have the ample opportunities for creativity while preparing working models for the science talent exhibition.
- c) Rural coaching for the youth: M.P.Ed., students are exposed to give coaching in the rural areas and conduct tournament.
- d) Adapted physical education: Various gadgets for adapted physical education are designed and made through the department of adapted physical education.
- e) Game strategic boards: Students are encouraged to prepare innovative strategic boards and teaching aids of their game of specialisation.
- f) Preparation of CDs: Our staff members have prepared CDs and Videos in various games and other activities like, marching, yoga, play festival, tennis, badminton etc.

2.3.4 What are the practices of the institution to impart ethics and values in physical education?

The following are the some of the discourses organized by our institution to impart ethics and values in physical education:

Our College Routines

Everyday classes start with prayer at 6:30 am followed by practical classes and breaks at 8:30 am for breakfast. Then theory classes are starting at 10 am and closes at 1 pm for lunch break. The afternoon session for games specialization and participation starts at 4 pm and college closes at 6 pm on that day. During all these times our college students are always in the dress code of wearing uniform white in colour for theory and sports dress for practical classes and no way the colour dress allowed on any working day. As a part of our campus culture students are not involved in group chit chatting and encouraged to be active in class room teaching and library use. To inculcate smooth functioning of daily routines and not to be affected by any of the previous days' confrontation every day our college is started with prayer in the morning.

Students' Welfare Association

The student welfare association comprises of a president and vice-president from M.P.Ed., and secretary and joint secretary from B.P.Ed., under the guidance of a staff in-charge. It organizes quiz, oratorical, essay writing competition, celebration of all religious festivals, inviting eminent personalities to address about recent developments in physical education and sports, value education for students etc.

It provides opportunity to all the students to participate in these activities and to improve their knowledge in physical education and sports.

Spiritual Retreat

Our Vidyalaya is known for conducting regular spiritual retreats for the benefit of students studying in schools and colleges and also for general devotees. Hence, the students of our college get ample opportunities to get oriented to a spiritual life. In our GKD auditorium half-a-day programme on spiritual retreat was conducted twice in a year which includes prayer, bhajans, and, meditation by our monastics.

Youth Convention

Every year our Vidyalaya conducts youth convention a three day residential camp entitled 'Young India, Arise' was held in the month of December as a precursor to Swami Vivekananda's 150th Birth Anniversary. Around 1700 delegates boys and girls, studying plus one and above, and men and women up to 30 years of age, attend the camp.

The camp routine for three days includes prayer, meditation, yoga and value-oriented topics by special invitees.

Vidyalaya Foundation Day

- ◆ The founder director of Sri Ramakrishna Mission Vidyalaya Sri T.S. Avinashilingam (Ayya) has been inspired by Gandhian thoughts and educational ideals of Swami Vivekananda, realized to serve the downtrodden community through education.
- ◆ Ayya with ideals of Swami Vivekananda's educational thoughts developed this institution along with Ramakrishna Mission.
- ◆ Till date a large number of population are benefited by simple, economical and value based education. The growth of Vidyalaya is seen differently from

other commercial based educational institutions to holistic and spiritualized educational institution.

- ◆ To share the milestones in upbringing of this institution a memorial day is celebrated as Vidyalaya foundation day every year.
- ◆ On the eve of Vidyalaya foundation day distinguished alumni are honoured and a founder's day address will be given by an eminent personality who could narrate ideals of Vidyalaya for which it stands for.

Swami Vivekananda Chicago Address Recitation Competition

Our Vidyalaya conducts an event titled, "Swami Vivekananda Chicago Address recitation competition", held for students of all the institutions of the Vidyalaya. The event was held in three categories: Metric, Post-metric and College level, and the competitions are conducted in English, Tamil and Hindi. Following preliminary rounds held at the respective institutions (winners get cash awards) during August and the first week of September, the finals are held on September 2nd week. In this function a distinguished personality will deliver the chief guest's address. Prizes (cash awards) are distributed to the winners.

Graduation Day Ceremony

In the Gurukula form of education system every student is honoured before leaving their institution. Similarly, at the end of the academic year our students are honoured with Vedic rituals so as to get divine force and guidelines from elderly scholars. Added to it, our graceful Swamijis of Ramakrishna order shower their blessings for the prosperous future of students.

2.3.5 What are the instructional approaches (various models of teaching used) and experiences provided for ensuring effective learning?

Lecture method is used for both B.P.Ed., and M.P.Ed., courses. Apart from this, learning experience is provided to students by the following methods:

- ◆ Classroom board and chalk method.
- ◆ Question - answer sessions.
- ◆ Group discussion and case study methods for learning.
- ◆ Periodical assignments submitted by our students.
- ◆ Subject oriented activities for both B.P.Ed., (play festival) and M.P.Ed., (rural area coaching scheme)
- ◆ Subject oriented practical.
- ◆ Conducting class level seminars by using the working (teaching) models provided in the laboratories.
- ◆ Debates and guest lectures on subject wise programmes through students' welfare association.
- ◆ Peer group tutoring
- ◆ Participation in seminars, workshops, conferences and science talent exhibitions etc., both within and outside the college.

- ◆ Audio visual presentations using LCD.
- ◆ Field Visits: Visiting the various avenues of physical education i.e. multi - gym, sports centres, other physical education colleges and universities, for enhancing the level of knowledge.

2.3.6 How many hours in a year are allotted to teaching practical activities listed under “skill and prowess” section of the syllabus? Also mention whether allotment of hours for different activities is uniform or content-based.

- ◆ All courses follow the semester pattern and the total number of working days is 100 per semester. There are regular activities from Monday through Friday. (Saturdays are spent for add-on courses).
- ◆ 4 hours are allotted for practical in each working day.
- ◆ Activities like Light apparatus, Calisthenics, Marching and Asanas are taught as group activities. One teacher demonstrates and teaches the exercise and all the faculty members correct the students and oversee the teaching-learning process.
- ◆ Gymnastics, Defensive arts and Rhythmic activities which include coordinated movements are given longer duration for learning.
- ◆ The major games are allotted with more days as it takes lot of time to learn all the skills, techniques and strategies.
- ◆ Two hours per week is spent for teaching practice.
- ◆ Master’s degree students will have Training Methods for two hours/week.

2.3.7 Which indigenous activities (regional or traditional games or martial arts) are included in the syllabus for skill and prowess and how many hours are spent on them in a year?

- ◆ Pluralistic state like Tamilnadu has emerged with various culturally rich background activities. Those activities are evolved from different traditional origins and have its own uniqueness for the wholesome development of human being. These activities are included in the syllabus and taught to develop the physical skills, prowess and mental toughness of the student and carry over to next generation.
- ◆ Indigenous activities taught are
 - Indigenous games:
 - ❖ Kho-Kho
 - ❖ Kabaddi
 - ❖ Ball Badminton
 - ❖ Throwball
 - ❖ Tennikoit
 - Indigenous exercises
 - ❖ With apparatus: Dumb bells, Wands, Hoops, Indian clubs and Poles
 - ❖ Without apparatus: Dhands and Baithaks
 - ❖ On apparatus: Pole Malkhamb and Rope Malkhamb

- Indigenous rhythmic activities
 - ❖ Lezium
 - ❖ Folk dance
- Indigenous defensive arts
 - ❖ Silambam
 - ❖ Kalari
- Yogic activities
 - ❖ Asanas
 - ❖ Surya Namaskar
- ❖ Bharathiam
- ❖ Wrestling
- ❖ Meditation
- ◆ In B.P.Ed., kabaddi, kho-kho, dhands and baithaks, rhythmic activities and minor games are included in the curriculum. Approximately 40 hours are allotted for these activities
- ◆ In M.P.Ed., kabaddi and kho-kho are included as the specialization games, in special games: kalaripayattu (Indian martial art) and wrestling are included. 80 hours are allotted for these activities.
- ◆ We also teach rhythmic activities like lezium, bangra, thappattam and oyilattam (Tamilnadu folk dances).
- ◆ We offer certificate courses in Yoga and Kalaripayattu as add on course.

2.3.8 What are the major initiatives for encouraging student teachers to use / adopt technology in practice teaching?

- ◆ Students usually in the lesson plan prepare charts and additional information is shown with diagrammatic representation.
- ◆ A few of them use models. Models are prepared using the available equipments and innovations are the best mode to prepare them.
- ◆ Students use technology to present the techniques in the correct way. Sequential movements are downloaded and explained using You-Tube. Students use skills of top athletes and their demonstrations form the mental picture in the minds of the learner.
- ◆ VCDs are normally used to demonstrate difficult skills. Video camera is used to record the techniques when performed. Power point presentation, Video Analysis and Silicon coaches (web site) are used for the acquisition of knowledge in the areas.

2.4 Teacher Quality

2.4.1 How does the Faculty keep themselves and the students abreast and aware of the changing values in health, fitness and performance-oriented competitive sports and games?

- ◆ Free internet access is available for our staff and students
- ◆ For our staff and students, recent books and journals of national and international levels are available in our library.
- ◆ Our college has rapport with the state associations and federations of various games. They inform to our colleges about latest changes in rules and regulations
- ◆ Refresher courses are conducted in our college and our staff is also encouraged to attend the refresher courses conducted by other institutions.
- ◆ Seminars, conferences, workshops are organized by our staff and attending the same conducted by other institutions.
- ◆ Our college is always motivating our students and faculty to keep in touch with the recent developments in the subjects. The recent developments in our field are discussed in detail in the seminars, clinics and workshops.
- ◆ All the students are provided, with English news paper 'Times of India' free of cost by the management.
- ◆ Officiating examinations conducted by the associations are very helpful to both teachers and students.
- ◆ This college being research oriented with M.P.Ed, M.Phil., and Ph.D., scholars, a lot of latest application-oriented' research work is carried out every year to give new knowledge to the field of Physical Education and Sports.

2.4.2 Are the practice teaching sessions developed cooperatively in partnership, involving the school staff and mentor teachers? If yes, give details.

The practice teaching sessions were initially developed by a staff in charge. And the staff conducts internal practice teaching for all of our students and it is supervised by staff members. The actual practice teaching was conducted in the allotted schools and was informed in advance to the physical education teachers and the heads of the particular institution. During practice teaching in the schools, feed backs are collected by our staff from the school authorities and submitted to the mentor teacher. After the completion of practice teaching the feedback was also collected from the students. Every year that record was maintained by the mentor teacher and the lessons are updated according to the needs of the students.

Practice Teaching coordinator and all the teachers get involved in teaching practice and they are expected to visit the teaching practice schools. They have 'face to face' inter action with the Headmasters/Headmistress/Principals to identify their effective performance.

Thus there is a cooperative effort taken by all the individuals for the successful programme in teaching practice. For practice teaching schools list refer **Appendix No. 7**

2.4.3 What is the ratio of students to the identified practice teaching schools? Give the details on what basis the ratio has been decided?

The ratio of students and the identified practice teaching schools? Give the details on the following criteria:

The maximum number of 'Student Teachers' sent to a particular school is not more than five (5). This is to provide ample feasibility for the Physical Education Teacher/ Physical Director of the school to monitor and supervise the classes handled by the trainees.

The Basic Criteria of Choosing the Schools are

- ◆ Supportive institutions
- ◆ Schools which give importance to Physical Education and Sports
- ◆ Support from heads of the institution
- ◆ Responsible Physical Education teachers
- ◆ School with quality Physical Education programme
- ◆ Working time of the school
- ◆ Ground facilities and equipment
- ◆ Distance between school and the college
- ◆ Travel time
- ◆ Need of the school (in terms of specific games)
- ◆ Strength in a particular class
- ◆ Boys school/Girls school/Co-educational

2.4.4 How does the institution ensure that the students are updated on the policy directions and physical education needs of the schools?

On first day of the teaching practice, the student trainees are instructed to meet the Head of the institution to understand the Policies of the School and the rules and regulations of the school to be followed by them.

The Physical Education teachers give directions to the student trainee. The schools monitor their attendance and keep in touch with the College for specific need(if any).

2.4.5 How does the institution strengthen the regular academic programmes through non-formal (leadership camps, organizing sports competitions, play days, recreational games etc.) and practical training in organizational skills such as officiating in sports and athletic meets?

All non-formal and practical training are directly linked with the objectives of the academic programme. And they are part of the curriculum, by planning and organizing the non formal programs in a progressive way the institution is able to provide the greatest opportunity to the students.

Maximum benefits are availed by sending the students for officiating without affecting the regular educational programme at the campus. This is done systematically.

Leadership Training Camp

Leadership training camp is meant for developing leadership qualities among the students. This camp gives ample opportunities to the students to bring out their natural talent which are hidden and also make the students those who are 'introverts' as 'extroverts'. This also brings social awareness and environmental awareness among the students.

Organizing Sports Competitions

Our institution organizes various sports and games for the following departments:

- ◆ Tamil Nadu Physical Education and Sports University
- ◆ Tamilnadu Police department
- ◆ Tamilnadu Forest department
- ◆ Private companies
- ◆ Nearby schools and colleges
- ◆ Apart from that our institution celebrates Swami Vivekananda's birthday as National Youth Day and on this occasion various competitions are conducted at our premises.

Play Days

Play festival is being organized by the Maruthi College of Physical Education for the past 50 years in memory of Sri Ramakrishna's Pramahamsar's centenary celebration. This extension activity renders service to the children studying in Panchayat Union Elementary Schools and impart them training in various physical activities related to health, enjoyment and social harmony. These Government schools do not offer systematic and organized physical education in the school programs to their children due to non-availability of physical education teachers. Around 3000 children from 60 Panchayat Union Elementary schools from town panchayats are taught various physical exercises such as free hand exercises, flag drills, wands drills, coconut shell drills, flower stick drills, oyilattom and minor games and patriotic tunes. Also, the students are given awareness of current scientific facts through specifically designed drills. The uniqueness of the programme is that, though the students of Maruthi College of Physical Education train the children approximately 60 schools for 20days, a common synchronized demonstration by the children from all the schools, numbering 3000, is performed at a single venue before public without any rehearsal.

Recreational Games

Throughout the year, many sports and cultural activities are conducted by our institution which provides ample opportunities for a healthy recreation for our students. The interested students have opportunities to learn instrumental and vocal music such as tabala, violin, etc., from full time music teachers of the Vidyalaya. The students are also given ample opportunities for gardening, and indoor games etc.

2.4.6 How does the institution provide for adequate flexibility and scope in the operational curriculum for providing varied learning experiences to the students both in the campus and in the field?

The institution is always on the lookout for opportunities in and around the college for providing greater practical and theoretical knowledge for the students. The flexibility is made possible because of the exposure and the contact with other Government and Private agencies.

The institution has established a good rapport and hence it is possible to provide them varied experiences which ultimately reach the goal of the institution.

The sports promotional activities (school sports meets, recreational sports organized by the IT sector, fun games) which are organized by public sector pave the way for the students to learn the process of 'event management'.

2.5 EVALUATION PROCESS AND REFORMS

2.5.1. Provide details of various assessment/evaluation processes (internal assessment, midterm assessment, term end evaluations, external evaluation) used for assessing student learning?

For B.P.Ed.,

The course of study shall consist of three parts i.e., Part I theory 900 marks (internal 250 marks, External 650 marks), Part II Practice teaching 300 marks (internal 100 marks and external 200 marks), Part III Practical 1200 marks(internal)

In Part I Theory: 900 Marks

Semester	Name of the Paper	Internal			External		
		No of Papers	Marks	Total	No of Papers	Marks	Total
I	Core Papers	3	25	75	3	75	225
	Elective Paper	1	25	25	1	75	75
	Supportive Paper	1	25	25	1	25	25
Total				125			325
Grand Total (125 + 325)							450

Semester	Name of the Paper	Internal			External		
		No of Papers	Marks	Total	No of Papers	Marks	Total
II	Core Papers	3	25	75	3	75	225
	Elective Paper	1	25	25	1	75	75
	Supportive Paper	1	25	25	1	25	25
Total				125			325
Grand Total (125 + 325)							450

The process of internal examination (25 marks) in Part I - theory is as follows:

- ◆ Mid semester examinations (5 Marks): It will be graded by the subject teachers. Examination will be conducted for 50 marks for each paper. The marks will be converted to 5 marks.
- ◆ Assignment / Seminar (5 Marks): The teachers will give assignments to the students and 5 marks are allotted for assignments (for each unit 1 mark).
- ◆ Pre-semester (10 Marks): Pre-semester examination will be held at the end of each semester before the final semester examination covering all portions for 75 marks. Marks awarded in this examination will be converted to 10 marks.
- ◆ Attendance (5 Marks): Regularity in attending classes will be graded as per the percentage of attendance.

Percentage of Attendance		5 Marks
99 - 100 %	– 5 Marks	
95 - 98 %	– 4 Marks	
90 - 94 %	– 3 Marks	
85 - 89 %	– 2 Marks	
80 - 84 %	– 1 Mark	

In case a student misses to appear for an internal test of pre-semester due to Participation in competition or due to genuine reasons, he may be permitted to appear for a special test.

The process of external examination (75 marks) in Part II – practical is as follows:

Semester examinations are conducted for 75 marks. The evaluation is done by external examiners.

Part II Practice Teaching 300 Marks

Semester	Types of Lesson	Internal	External
II	General	50	100
	Particular	50	100
	Total	100	200
Grand Total 100+200= 300			

Practice teaching includes observation and, practice teaching internally at the college and externally in the neighboring schools. Students are required to complete 30 teaching lessons. 15 general and 15 particular lessons in schools within a period of 10 working days under the supervision of the physical education staff in the schools. For the external practice teaching examination, there shall be at least one external and one Internal examiner.

Part III Practical (Internal) 1200 Marks

Name of the Practical	Marks
Major Games (Playing ability and officiating): Badminton (25), Ball Badminton (25), Basketball (50), Cricket (50), Football (50), Handball (50), Hockey (50), Kabaddi (25), Kho-Kho (25), Netball (25), Table Tennis (25), Tennis (25), Throw ball (25), Volleyball (50)	500
Track and Field Event (Performance and Officiating)	100
First Aid, Athletic injuries - Prevention, Management, Physiotherapy Treatment, Rehabilitation, Massage	50
Yogic Practices (Asanas, Pranayamas, Suryanamaskar, Meditation, Kriyas)	50
Gymnastics	50
Indigenous Activities: Dands Baitak (25), Light Apparatus (25), Rhythmic (25), Callisthenics (25)	100
Marching	25
Minor Games	25
Leadership Training Camp (50)	50
Play Festival	100
Officiating in any two games (25 + 25)	10
Project Sports Meet	28
Care and Maintenance of Play Fields	40
Total	1200

For M.P.Ed.,

The course of study shall consist of two parts i.e., Part I theory 1850 marks (internal 500 marks. External 1350 marks), Part II Practical 1350 marks (internal 1050 marks and external 300 marks).

In Part I Theory: 1850 Marks

Semester	Name of the Paper	Internal			External		
		No of Papers	Marks	Total	No of Papers	Marks	Total
I	Core papers	3	25	75	3	75	225
	Elective paper	1	25	25	1	75	75
	Supportive paper	1	25	25	1	25	25
Total				125			325
Grand Total (125 + 325)							450

Semester	Name of the Paper	Internal			External		
		No of Papers	Marks	Total	No of Papers	Marks	Total
II	Core Papers	3	25	75	3	75	225
	Elective Paper	1	25	25	1	75	75
	Supportive Paper	1	25	25	1	25	25
Total				125			325
Grand Total (125 + 325)							450

Semester	Name of the Paper	Internal			External		
		No of Papers	Marks	Total	No of Papers	Marks	Total
III	Core Papers	3	25	75	3	75	225
	Elective Paper	1	25	25	1	75	75
	Supportive Paper	1	25	25	1	25	25
Total				125			325
Grand Total (125 + 325)							450

Semester	Name of the Paper	Internal			External		
		No of Papers	Marks	Total	No of Papers	Marks	Total
IV	Core Papers	2	25	50	2	75	150
	Elective Paper	1	25	25	1	75	75
	Dissertation	1	25	25	1	75	75
	Supportive Paper	1	25	25	1	25	25
Total				125			325
Grand Total (125 + 325)							450

Internal each semester 125 x 4 semesters = 500 marks

External each semester 325 x 4 semesters = 1300 marks

Total 1800 marks

The process of internal examination (25 marks) in Part I - theory is as follows:

- ◆ Mid semester examinations (5 Marks): It will be graded by the subject teachers. Examination will be conducted for 50 marks for each paper. The marks will be converted to 5 marks.
- ◆ Assignment / Seminar (5 Marks): The teachers will give assignments to the students and 5 marks are allotted for assignments (for each unit 1 mark).
- ◆ Pre-semester (10 Marks): Pre-semester examination will be held at the end of each semester before the final semester examination covering all portions for 75 marks. Marks awarded in this examination will be converted to 10 marks.

- ◆ Attendance (5 Marks): Regularity in attending classes will be graded as per the percentage of attendance.

Percentage of Attendance	5 Marks
99 - 100 % – 5 Marks	
95 - 98 % – 4 Marks	
90 - 94 % – 3 Marks	
85 - 89 % – 2 Marks	
80 - 84 % – 1 Mark	

In case a student fails to appear for an internal test of pre-semester due to Participation in competition and due to genuine reasons, he may be permitted to appear for a special test.

The process of external examination (75 marks) in Part II – practical is as follows:

Semester examinations are conducted for 75 marks. The evaluation is done by external examiners.

PART II PRACTICAL

The Practical (1350 Marks) for M.P.Ed., Students Are Taught in Two Years (Internal 1050 Marks, External 300 Marks) Are as Follows:

Semester	Name of the Practical	Internal	External
I	Measurement and Evaluation	50	-
	Elective Paper Practical	50	-
Total		100	-

Semester	Name of the Practical	Internal	External
II	Elective Paper Practical	50	-
	Coaching	50	-
	Play Festival	50	-
	Care and Maintenance	50	-
	Project Sports Meet	50	-
	Track and Field	100	100
	Specialization Game I	100	100
Total		450	200

- ◆ Measurement and Evaluation: Students should undergo internal practical examination and submit a record book.
- ◆ Coaching: The candidate has to undergo coaching programme in nearby institutions.
- ◆ Track and Field: The candidate has to specialize in Track and Field during first year in the following events: 1. Sprint 2. Middle and Long Distance Running 3. Long Jump 4. Triple Jump 5. Pole Vault 6. High Jump 7. Shot Put 8. Discus Throw 9. Javelin Throw 10. Hammer Throw 11. Hurdles 12. Combined Events 13. Relay Races.

- ◆ Specialization Game I: In the first year the candidate has to select any one of the following games as specialization: Basketball, Cricket, Football, Handball, Hockey, Kabaddi, Tennis and Volleyball.

Semester	Name of the Practical	Internal	External
III	Software Based Statistical Application I	50	-
	Elective Paper Practical	50	-
Total		100	-

Semester	Name of the Practical	Internal	External
IV	Laboratory	100	-
	Special Games	100	-
	Specialization Game II	100	100
	Software Based Statistical Application II	50	-
Total		350	100

- ◆ Laboratory: The candidate has to undergo practical in the following laboratories.
1. Sports Psychology 2. Exercise Physiology 3. Sports Physiotherapy 4. Kinesiology and Biomechanics
- ◆ Special Games: The candidate has to undergo practical in the following games as mentioned below Kalari payattu, Adapted Games, Table Tennis, and Bharathiam.
- ◆ Specialization Game II: In the second year, the candidate has to select any one of the following games as the Specialization, other than the game which was already selected in the first year. (Basketball, Cricket, Football, Handball, Hockey, Kabaddi, Tennis and Volleyball).

For the external practical examination, there would be one external examiner and one internal examiner who is the concerned staff handling the practical class. If a candidate fails in practical (specialization), he will be required to take the same at the time of the examination held for regular students in the subsequent years. To pass in practical internal examination, a student has to score a minimum of 50% marks in aggregate for each semester.

Semester	Internal	External
I	100	-
II	450	200
III	100	-
IV	350	100
Total	1050	300
Grand Total	1350	

2.5.2 Is ICT used in assessment and evaluation processes? If yes give details.

- ◆ ICT is the part and parcel of the everyday life and therefore it is the same for the student teachers.
- ◆ Yes, the office of the Controller of Examination uses software for all data entry and method of arriving at the final mark for a subject.
- ◆ The entry of the Mark Sheet is also software based and computer assisted.
- ◆ Marks are entered in to the computers through which the total marks of the students are calculated and the results are prepared.
- ◆ The prepared results are published in the college website.

2.5.3 How are the assessment/evaluation outcomes communicated and used in improving the curriculum transaction and performance of the students?

End semester results are published in our college website and the students can download the mark sheet.

- ◆ Mid semester examinations marks are intimated to the parents of our students and also parents meeting is being organised every year.
- ◆ Student profile card is prepared in which marks, students' performance, details of the attendance are recorded. These things are discussed with the students along with their parents and their suggestions are noted.
- ◆ The feedback from the students, teachers and the parents is taken into consideration for improving the curriculum transaction and there by the performance of the students.
- ◆ The end semester results are kept on the notice board and also put on our college website.
- ◆ After the theory and practical examinations the consolidation and finalization of subject wise marks are subject to the approval of the following procedures:
 - Examination Committee meeting
 - Passing Board Meeting
 - Declaration of Results
- ◆ The central valuation is completed within six days from the last examination.
- ◆ Passing Board Meeting is conducted and the results are published through our college website within 10 days from the last day of valuation.
- ◆ Altogether, within 15 days time from the last examination of the semester, the results are declared for all the programmes.
- ◆ Statement of marks and cumulative certificate are issued by our college and the provisional certificate and degree certificate are issued by the Tamil Nadu Physical Education and Sports University.
- ◆ The institution communicates to the parents, regarding the valuation outcome of each semester by conducting parents meeting. (for each semester during November and March)

2.5.4. What level of proficiency is expected of the students in each of the practical component of the activity/event/sport? (Detail on the activity and specify the level for each of them on the scale given below).

S. No.	Particulars	Status
1	Theory	Good
2	Practical	V. Good
3	Major Games	V. Good
4	Athletics	Good
5	Practice Teaching	V. Good
6	Physical Fitness Components	Good
7	Training Methods	V. Good
8	Officiating	V. Good

In Internal Practical, a minimum of 70%, Very Good is expected from our students.

2.5.5. How does the institution monitor the overall performance (including theory, skill and prowess, teaching ability and organizational ability) of students to ensure the achievements of the course objectives?

The methodology of evaluation is communicated to all the B.P.Ed., and M.P.Ed., students through the issue of curriculum design (syllabus) at the beginning of the year. Further the method of evaluation include the following:

- ◆ Central valuation for both B.P.Ed., and M.P.Ed., is followed.
- ◆ All question papers for both B.P.Ed., and M.P.Ed., are set by external examiners only.
- ◆ Passing board committee consisting of 10 members which includes a university nominee and headed by the principal discusses and finalises the matters related to examinations.
- ◆ Semester examinations.
- ◆ Midterm tests and seminars.
- ◆ The attendance and internal marks are displayed in the notice board.
- ◆ The extent of participation in co-curricular activities is recorded.
- ◆ Project work evaluation is done concurrently for M.P.Ed., students.
- ◆ The examination results are published in the college website to enable the students and parents for easy access.

Our institution had the mechanism for redressal of grievances regarding evaluation as follows:

- ◆ Revaluation, re-totalling and transparency are provided to the students.
- ◆ Students' representation about the correction in mark sheets, certificates, etc., is dealt by a committee consisting of the controller of examinations, principal and faculty members.
- ◆ Results passing board committee also looks into grievances and decides based on the feedback form from the students, subject teachers and external evaluators.

2.6 BEST PRACTICES IN TEACHING-LEARNING AND EVALUATION PROCESS

2.6.1 Detail on any significant innovations in teaching/learning/evaluation introduced by the institution?

Since our college has got autonomous status we are able to update the syllabus every year after getting the feedback from the subject teachers, students, evaluators and other stake holders.

Innovations in Teaching-Learning

In teaching the theory subjects, all the teachers are encouraged to prepare power points extensively which will improve the attention span of the students and also concentration levels would be high as the presentations are very attractive and effective.

While teaching the practical, our staff members make use of the following teaching aids to make the classes more interesting and efficient:

S. No.	Name of the Game	Name of the Teaching Aid
1	Ball Badminton	Wall practice, stroke targets, serving accuracy
2	Basketball	Shooting for accuracy
3	Cricket	Batting: Hanging balls, bowling machine Bowling: Bowling accuracy, bowling high arm action marker Fielding: Uneven catching, throwing net, throwing for accuracy
4	Football	Rebound board, Accuracy ring, Hanging ball to improve Heading, Dodging stick, cones, mini goals.
5	Handball	Rebound board, Shooting ring
6	Hockey	Hitting and stopping rebounder board, Dribbling and dodging: dribbling around the cones, Scooping: scooping ring, shooting: shooting target, Passing: passing accuracy
7	Kabaddi	Escaping bar, raiders kicking the ball and touching Indian clubs with hand
8	Kho-Kho	Chasing: Frame kho, Pole dive: Nail board, pole dive and touching the banging ball, Dive: reach dive (horizontal and vertical), dive and touch the hanging ball
9	Shuttle Badminton	Hitting for accuracy, serving for accuracy, strokes targets
10	Table Tennis	Table tennis ball feeding machine, strokes target
11	Tennis	Tennis ball feeding machine, wall practice, strokes target
12	Throwball	Shooting for accuracy ring, Rebound wall

Learning

- ◆ Learning through watching (High Level Sports Meets and Tournaments, advanced play surfaces and play courts)
- ◆ Introduction of National Library and Information Services Infrastructure for Scholarly Content (N.LIST), Information and Library Network (INFLIBNET), Research centre

- ◆ Introduction of Language lab for self learning
- ◆ Organizing seminars and workshop specifically for students
- ◆ Handling classes through power point presentations
- ◆ Micro teaching
- ◆ Student's seminar
- ◆ Working models for all the games and track and field
- ◆ Models and charts for teaching Anatomy and Physiology.

In addition to the above all, our teachers are encouraged to prepare CD's of their game of specialization with the fundamental skills, drills and lead up games.

Innovations in Evaluation

- ◆ For internals passing minimum is not fixed
- ◆ Question paper setting is made external
- ◆ Mark sheets-New software used, with colour sheet
- ◆ Internal marks for student's seminar and assignments are provided provision for re-examination for students who were unable to appear for internal due to inter university competitions. Provision for supplementary examination for outgoing student who fail in one subject.

2.6.2. How does the institution reflect on the best practice in the delivery of instruction, including use of technology?

Theory

- ◆ While teaching theory part, our staff members and student teachers extensively use power point.
- ◆ Latest information regarding the subject matter is also collected from the relative websites from the internet.
- ◆ The students are asked to prepare charts and working models in relation to the subject.
- ◆ Internet facility is made available for the faculty and students to keep abreast the latest developments.
- ◆ The students are motivated by bringing Guests and outstanding Alumni who act as catalysts.
- ◆ Purchase of latest books and Journals including e-journals.
- ◆ The teachers also use laboratories for imparting knowledge with practice aspects of a subject.

Practical

- ◆ In the case of handling practical, videos are shown to the students to explain fundamental skills and strategies of the concerned game.
- ◆ Training gadgets and teaching aids are used for all the major games for effective teaching learning.

Additional Information

1. What are the main evaluative observations/suggestions made in the first assessment report with reference to Teaching-Learning and Evaluation and how have they been acted upon?

The National Assessment and Accreditation Council (NAAC) peer team appreciated the excellent reputation of the institution in the society and its scope for loftier academic programmes and development activities. It also appreciated the efforts of the institution in motivating the students and also for the remedial measures with utmost promptness and precision whenever necessary.

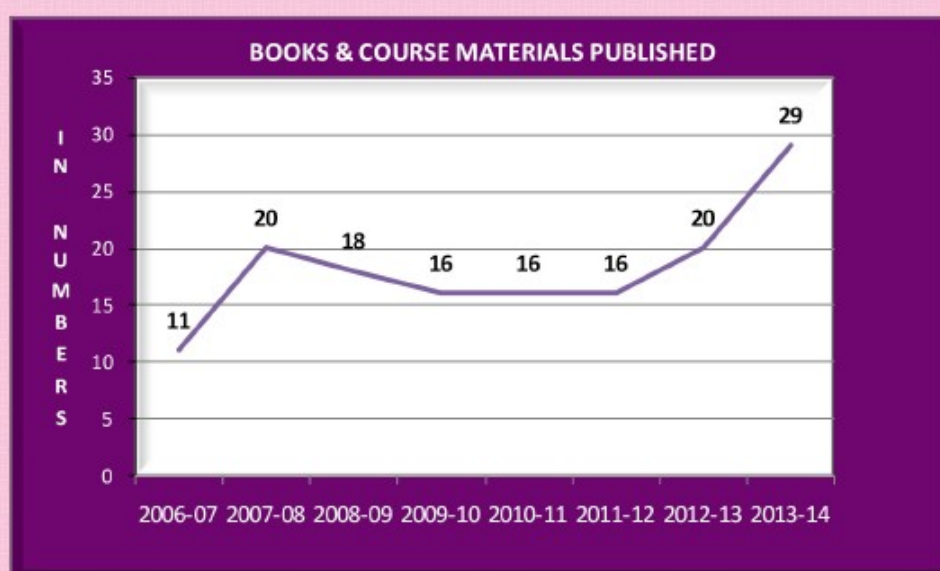
The NAAC peer team also felt that

- ◆ The staff members are to be encouraged in participating the national and international seminars
- ◆ As suggested by the previous NAAC peer team, all the staff members have been motivated to participate and present papers in the national and international seminars/conferences. For this, staff members are supported with financial assistance. Moreover organising national level seminars is a regular feature in our college. For details refer [Appendix No.8](#)
- ◆ Publication of books by the staff members to be improved
- ◆ As suggested by the previous NAAC peer team, all the staff members are encouraged to publish the course material as well as other books related to physical education. Management has been extending the financial support for publishing the books. The following books are published by our staff members:

S. No.	Name of the Faculty	Books & Course Materials Published by Our Staff								
		2006-07	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13	2013-14	Total
1	Dr. S. ALAGESAN, Principal (Retired on May 2010 and served as part time faculty till date)	4	4	1	2	3	1	1	1	17
2	Dr. G. PALANISWAMI, Principal incharge (Retired on May 2010)	3	2	2	3	-	-	-	-	10
3	Dr. V. PERUMAL, Associate Professor (Retired on May 2010)	1	3	3	1	-	-	-	-	8
4	S.ELANGO, Librarian, appointed from Dec-1986	-	-	-	-	-	-	-	2	2
5	Dr. Ch. V.S.T. SAIKUMAR, Principal from May 2010 and Secretary from August 2013	1	4	2	2	1	2	4	5	21
6	Dr. T. JAYABAL, Associate Professor, appointed from June 1994	1	2	3	3	2	2	2	2	17

S. No.	Name of the Faculty	Books & Course Materials Published by Our Staff								Total
		2006-07	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13	2013-14	
7	Dr. S.T.N. RAJESWARAN, Assistant Professor from July 2006 and relieved on February 2009)	1	2	3	1	-	-	-	-	7
8	V. VALLIMURUGAN, Lecturer, from July 2006 and relieved on October 2008	-	1	2	-	-	-	-	-	3
9	V. SAMINATHAN, Lecturer and Assistant Professor from July 2006 and relieved on December 2012	-	2	1	2	3	3	2	-	13
10	Dr.A.SATHIYAMOORTHY, Physiotherapist from April-2006 to September 2009 and served as part time faculty from October-2010 to August 2011, Septembr 2012 to till date	-	-	-	2	3	1	-	1	7
11	M.GANESHKUMAR, Assistant Professor from April-2006 to April 2007, and served as part time faculty May 2007 to August 2012, and worked in our college Assistant Professor from September 2012 and relieved on November 2012	-	-	-	-	-	1	-	-	1
12	A.NEEDHIRAJA, Assistant Professor from April-2006 to April 2008, and served as part time faculty August 2012 to December 2013, Now he is Assistant Professor from January 2014 to till date	-	-	-	-	-	-	-	3	3
13	S.SIVASANKAR, Assistant Professor from April 2006 to May 2008, and served as part time faculty from June 2008 to August 2012 and now he is Assistant Professor from September 2012 to till date	-	-	-	-	1	1	1	1	4
14	R.GIRIDHARAN, Assistant Professor from July-2006 to April-2007 and served as part time faculty from May 2007 to May 2009 and September-2011 to December 2012 and Assistant Professor in our college from January 2013 to December 2013, Now he is a part time faculty from Jaunary 2014 to tilldate	-	-	1	-	-	1	1	1	4

S. No.	Name of the Faculty	Books & Course Materials Published by Our Staff								
		2006-07	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13	2013-14	Total
15	Dr.M.SRINIVASAN, Assistant Professor, Part time faculty from June 2009 to Novemeber 2012, and Assistant Professor from December 2012 to December 2014 and now served as part time faculty from February 2014 to till date.	-	-	-	-	1	-	1	2	4
16	Dr.E.AMUDHAN,Assistant ProfessorPart time faculty from April 2007 to May 2010 and now he is Assistant Professor from June, 2010 to till date	-	-	-	-	2	1	3	5	11
17	Dr.M.RAJKUMAR, Assistant Professor from September, 2010	-	-	-	-	-	2	2	4	8
18	N.KUMAR, Assistant Professor part time faculty from June 2010 to August 2012 and Assistant Professor from September -2012 and releived on November -2012	-	-	-	-	-	1	1	-	2
19	Dr.P.J.SEBASTIAN, Professor, from May 2011	-	-	-	-	-	-	2	2	4
Total		11	20	18	16	16	16	20	29	146



For details refer Appendix No.9

2. What are the other quality sustenance and enhancement measures undertaken by the institution since the previous assessment and accreditation.

The institute encourages the faculty members to use computer assisted instructions, over head projectors etc. in their teaching-learning process. For this purpose, all the material required to be used are provided to the faculty members before hand.

- ◆ Faculty members also use the computers for browsing the internet which immensely help them in preparing their instructions and in providing latest information.
- ◆ Lectures are delivered in seminar hall with the help of LCD.
- ◆ Evaluation process is closely linked with teaching-learning activity in that the former provides sustenance for the latter.
- ◆ Providing smart class room with latest technological gadgets.
- ◆ Seminars are specifically organised for the M.Phil., and M.P.Ed., Students of all Professional Institutions.
- ◆ Modernization and use of Technology (software) was introduced in the office of Controller of Examination.
- ◆ Latest editions of books have been added and Computerization of Library/ Information and Library Network (INFLIBNET), National Library and Information Services Infrastructure for Scholarly Content (N-LIST)
- ◆ Introduction of CBCS.
- ◆ Students are encouraged to participate in seminars/conferences.
- ◆ Better rapport with the stake holders and implementation of proper Feedback Mechanism.
- ◆ Modernization of classroom with ICT tools and software.
- ◆ Introduction of placement cell and career counselling.
- ◆ Video Analysis/Silicon coach.
- ◆ Students are given wide exposure to officiate in various competitions.
- ◆ Officiating examinations are conducted in sports and games and Track and Field.
- ◆ Academic audit is done by the external expert with regard to the transaction of course content and evaluation process.
- ◆ Internal Quality Assurance Cell (IQAC) is held and the experts discuss the activities of the college and suggest measures to improve in the teaching-learning process and facilities.





Play Festival

Practice Teaching

Cultural Activity

Annual Leadership Camp

Annual Leadership Camp

Class-room Teaching

Class-room Teaching

Graduation Day Celebration

Graduation Day Celebration

Students Participating Recitation Competition

Rural Sports Coaching

Rural Coaching - Prize Distribution

Teachers Day Celebration

CRITERION III



**RESEARCH, CONSULTANCY
AND EXTENSION**

CRITERION III: RESEARCH, CONSULTANCY AND EXTENSION

"Some failure in life is inevitable. It is impossible to live without failing in something unless you live so cautiously that you might as well have never lived at all. In which case, you failed by default."
- J.K. Rowling

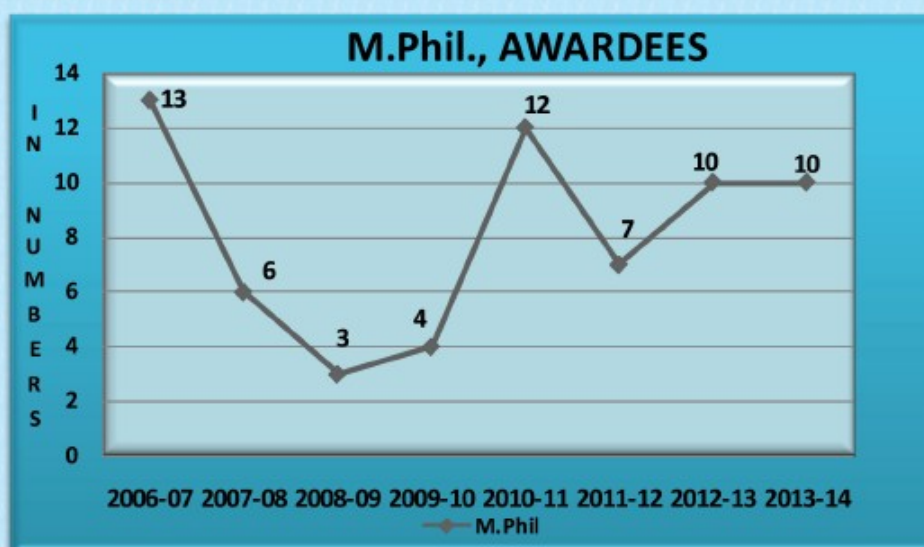
3.1 PROMOTION OF RESEARCH

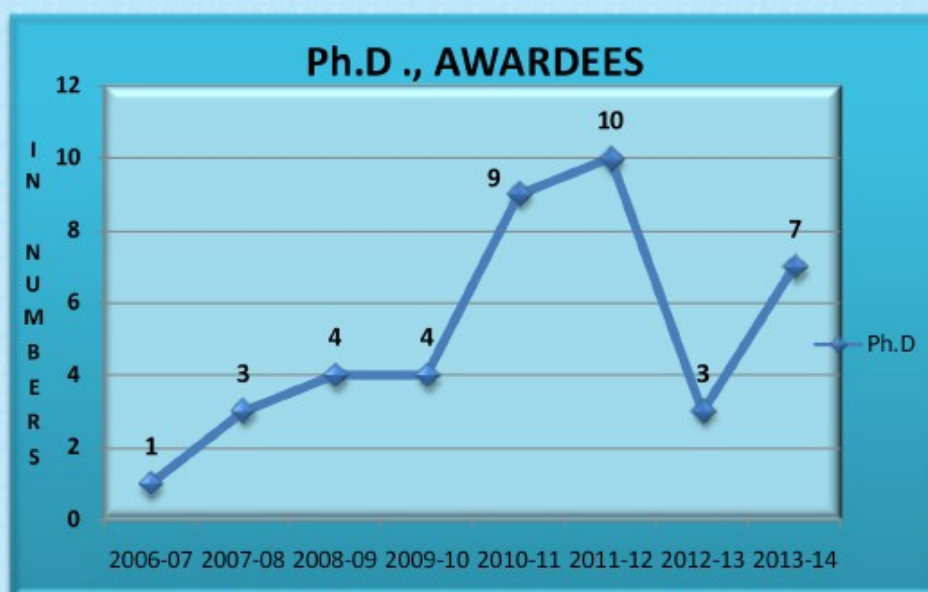
3.1.1 Describe how the institution promotes research in health, physical education, sport, recreation, and allied sport sciences?

In our institution we encourage our research scholars to take up the research studies in the key areas related to health, physical education, sports, recreation, and allied sport sciences. The list of some of the research studies carried out from our institution is given in **Appendix No.10**

3.1.2 How does the institution motivate its teachers to take up research in physical education?

- ◆ Our institution encourages all of our staff members to pursue their doctoral programmes.
- ◆ Staff members with doctoral degrees are encouraged to guide M.Phil., and PhD., programmes. For details refer **Appendix No. 11**
- ◆ All of our staff members are encouraged to do minor and major research projects through University Grants Commission (UGC) and Directorate of Research and Defence Organisation (DRDO) etc.
- ◆ Our management encourages the staff members to publish articles in the research journals.
- ◆ Teachers profile inclusive of their special education, qualification and achievements.





3.1.3 What are the thrust areas of research prioritized by the institution?

The thrust areas of research prioritized by the institution are fitness, adapted physical education, training methods, sports psychology, exercise physiology, sports medicine and yoga.

3.1.4 Give details of the Minor / Major research projects (if any) completed by staff members of the institution in last five years.

A minor research project on "Situational based analysis on causation of injuries in Kabaddi" was done by Dr. T.Jayabal, Associate Professor during the year 2008 – 2009. Rs.70,000/- was sanctioned by UGC for the above said project.

UGC had sanctioned Rs.9,92,800/- towards the major research project of Dr. S. Alagesan, Principal investigator and Dr. Ch. V.S.T. Saikumar, co-investigator, during the year 2012-2013. The title of the major research project is "Design and Development of Recreational Adapted Gadgets and Physical Activities and their effects on Functional abilities and Psychomotor Ability of intellectually challenged children"

Research Proposals Submitted for the Minor / Major Projects

S. No.	Name of the Principal Investigator	Name of the Co-Investigator	Major/ Minor Project	Name of the Proposal	Year
1.	Dr. S. Alagesan		Major Research Project	"National Sports Talent Identification Programme"	2006 - 2007
2.	Dr. V. Perumal	Sri R. Giridharan		"Identifying the Causes of Diabetics Stress, Blood Pressure and Comparison of Aerobic Exercise and Yogic Exercises on Rural Based Diabetics Mellitus at Different Ages"	
3.	Dr. Ch. VST. Saikumar	Sri M. Ganeshkumar		"A Study on the Influence of Selected Genetics Variables on the Performance of Batsmen in Cricket"	
4.	Dr. STN. Rajeswaran			"Geographical Based Analysis of Factors (Topography, Morphological, Hematological, Physical, Physiological, Psychological and Sociological) Predicting and Determining the Performance of boys in Track and Field – A Case Study of Coastal Area in Tamilnadu."	
5.	Dr. S. Alagesan	Sri V. Saminathan	Minor Research Project	"Influence of Play Festival Activities on the Development of Motor Fitness, Body Awareness, Self Concept, Social Behaviour and Intelligence among Elementary School Children"	
6.	Dr. G. Palaniswamy	Sri A. Needhiraja		"Construction of Norms for Basketball Skills tests for College Women Players in South India"	

S. No.	Name of the Principal Investigator	Name of the Co-Investigator	Major/ Minor Project	Name of the Proposal	Year
7.	Dr. T. Jayabal		Minor Research Project	"Situational Based Analysis on Causation of Injuries in Kabaddi"	2006 - 2007
8.	Dr. Ch. VST. Saikumar	Sri V. Saminathan	Major Research Project	"Survey to Identify the Prevalence of Diabetes in Rural Areas of Coimbatore District and the Effect of Yogasana Programme on Diabetic Mellitus"	2009-2010
9.	Dr. T. Jayabal	Dr. A. Sathiyamoorthy		"Effects of Manual Therapy and Physiotherapy Techniques on Selected Bio-Mechanical and Bio-Feedback Variables among Disabled Children"	
10.	Sri S. Elango			"Creation of a web-interactive Ph.D dissertation database for research in the field of Physical Education in India"	
11.	Dr. S. Alagesan	Sri. V. Swaminathan		"Influence of play festival activities on the development of motor fitness, body awareness, self concept, social behavior and intelligence among elementary school children"	
12.	Dr. Ch. VST. Saikumar	Sri V. Saminathan		Exercise intervention in the prevention of Type II Diabetes in Rural Areas of Coimbatore District, Tamilnadu	2010-2011
13.	Sri S. Elango			"Compilation of an Annotated International e-Bibliography of Ph.D Dissertations on Physical Fitness Studies of Disabled Persons"	

S. No.	Name of the Principal Investigator	Name of the Co-Investigator	Major/ Minor Project	Name of the Proposal	Year
14.	Dr. T. Jayabal	Dr. A. Sathiyamoorthy	Major Research Project	Effect of Physiotherapy Techniques on Selected Bio-Mechanical and Bio-Feedback Variables among Disabled Children"	2010-2011
15.	Dr. Ch. VST. Saikumar	Sri V. Saminathan		A Study on the Influence of Emotional Quotient Variables on the Performance of Batsmen in Cricket	2011-2012
16.	Sri S. Elango			Citation Analysis And Measuring Impact Factor For Indian Physical Education And Sports Science Journals	
17.	Dr. T. Jayabal	Dr. A. Sathiyamoorthy		Effects Teaching Assistive Techniques for Disabled Children's Parents	
18.	Dr.E.Amudhan			Geographical Based Factors Predicting and Determining the Performance of boys in Track and Field – A Case Study of Rural Areas in Coimbatore Educational District, Tamilnadu	
19.	Dr.M.Rajkumar			Nutrition package on performance variables for high school level volleyball players in Rural Areas of Coimbatore Educational District, Tamilnadu	

S. No.	Name of the Principal Investigator	Name of the Co-Investigator	Major/ Minor Project	Name of the Proposal	Year
20.	Dr. Ch. VST Saikumar	Dr. S. Alagesan	Major Research Project	Design and development of recreative and adapted gadgets and physical activities and their effects on social skills, functional abilities and psychomotor abilities of intellectually challenged children.	2012-2013
21.		Sri M. Srinivasan		Efficacy of Coaching Aided with Biomechanical Analysis for Tennis Players	
22.	Sri S. Elango			Compilation of Descriptive E-Bibliography on Physical Fitness of Disabled Persons	
23.	Dr. T. Jayabal	V. Saminathan		Implementation of Sports Programme For Rural Population And Its Effect on Physical Fitness, Social Values And Life Skills	
24.				Identifying the Causes of Diabetic Stress, Blood Pressure and Comparison of Aerobic Exercise and Yogic Exercises on Rural Based Type II Diabetic Men	
25.	Dr.E.Amudhan	V. Saminathan		Intervention of Play Festival Activities on Motor Fitness, Body Awareness, Self Concept and Social Behaviors among Elementary School Children	

S. No.	Name of the Principal Investigator	Name of the Co-Investigator	Major/ Minor Project	Name of the Proposal	Year
26.	Dr.E.Amudhan		Major Research Project	Analysis of self concept and performance achievement of higher level athletic participants in Rural Areas of Coimbatore Educational District, Tamilnadu	2012-2013
27.	Dr.M.Rajkumar			Varied Forms of Exercise Interventions on stabilizing Cognitive Anxiety, Somatic Anxiety and Self-Confidence of men volleyball players in Rural Areas of Coimbatore Educational District, Tamilnadu	
28.	Dr. Ch. VST Saikumar	Sri M. Srinivasan		The effects of specific pre-season training on selected physical fitness variables, bowling speed, bowling accuracy and bowling ability of fast bowlers in cricket	2013-2014
29.	Sri.S.Elango			Construction of decennial e-citation index in the field of General and Adapted physical physical Education and yoga research in India	
30.	Dr. T. Jayabal	Dr.A.Needhiraja		Fitness training Quality assessment Indicators of physical fitness in school obesity children of southern region of India	

S. No.	Name of the Principal Investigator	Name of the Co-Investigator	Major/ Minor Project	Name of the Proposal	Year
31.	Dr.E.Amudhan	Dr.S.Sivasankar	Major Research Project	Analysis of predominance of selected motor ability components, physiological, psychological and anthropometric variables of university women hockey players in india	2013-2014
32.	Dr.M.Rajkumar			Design and development of tactical-technical workout in volleyball to male hill players	

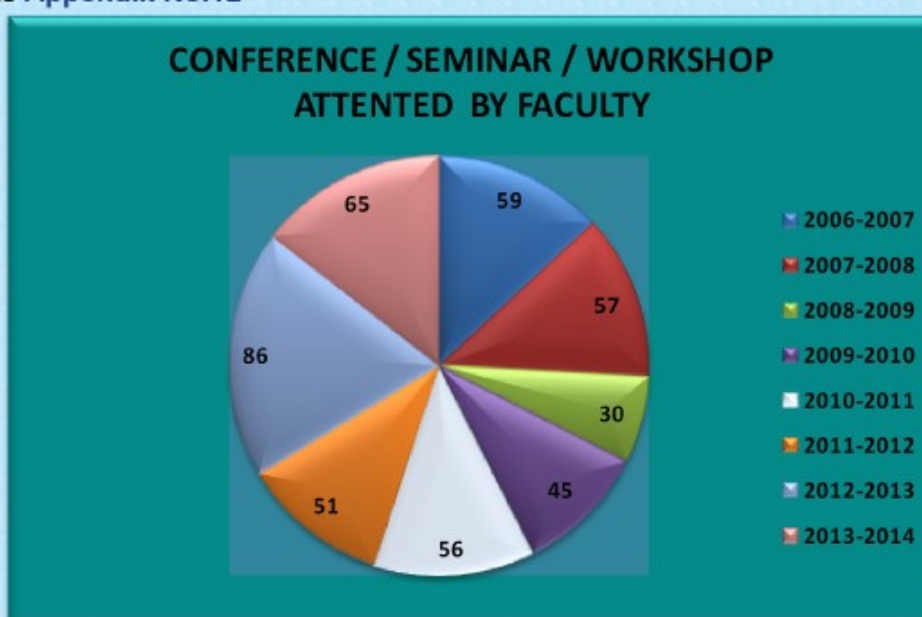
3.1.5 Give details of the Conference / Seminar / Workshop attended and/organized by the faculty members in last five years.

The details of Conference / Seminar / Workshop organized and attended by the faculty members are given below as year wise:

S. No.	Name of the Faculty	Year wise Attended and Organized by our Faculty								Total
		2006-2007	2007-2008	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014	
1	Dr.S.Alagesan	3	3	2	4	6	3	6	4	31
2	Dr.G.Palaniswamy	3	3	2	2	0	0	0	—	10
3	Dr.V.Perumal	3	3	2	2	0	0	0	—	10
4	S.Elango Librarian	3	3	2	3	3	3	8	5	30
5	Dr.Ch.V.S.T.Saikumar	3	3	2	2	4	3	7	5	29
6	Dr.T.Jayabal	5	3	2	3	3	3	6	6	31
7	Dr.S.T.N.Rajeswaran	3	5	1	0	0	0	—	—	9
8	V.Vallimurugan	5	3	1	0	0	0	—	—	9
9	Dr.V.Saminathan	3	3	2	5	3	7	5	—	28
10	Dr.A.Sathiyamoorthy	8	3	2	3	0	0	0	6	22
11	M.Ganeshkumar	3	3	2	3	3	4	0	—	18
12	J.Samuvel Jesudass	4	3	0	0	0	0	0	—	7
13	A.Needhiraja	3	3	0	0	0	0	4	5	15
14	S.Sivasankar	3	3	3	3	6	0	6	6	30
15	R.Ravichandran	3	0	0	0	0	0	0	—	3
16	R.Giridharan	4	6	3	0	0	4	7	6	30
17	Dr.M.Srinivasan	0	0	0	3	6	3	8	6	26
18	Dr.E.Amudhan	0	7	2	5	7	4	8	5	38
19	Dr.M.Rajkumar	0	0	0	0	5	6	10	6	27

S. No.	Name of the Faculty	Year wise Attended and Organized by our Faculty								Total
		2006-2007	2007-2008	2008-2009	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014	
20	N.Kumar	0	0	0	0	4	3	5	—	12
21	Dr.P.J.Sebastian	0	0	0	0	0	3	6	5	14
22	R.Kalidasan	0	0	2	4	3	2	0	—	11
23	C.Kumaresan	0	0	0	3	3	3	0	—	9
Total		59	57	30	45	56	51	86	65	449

Details of Conference / Seminar / Workshop attended organized are listed in are listed as **Appendix No.12**



3.2 RESEARCH AND PUBLICATION OUTPUT

3.2.1 List the journals in which the faculty members have published papers in the last five years.

Since the college publishes a Research Journal, (Journal of Physical Education and Sports Sciences JOPESS) most of the faculty members do publish articles in the Journal.

The faculty members have published papers in the last five years are as follows:

1. Journal of Physical Education and Sports Sciences (JOPESS)
2. Journal of Adapted Physical Education and Yoga
3. Other Journals. For details refer **Appendix No.13**

3.2.2 Give details of the awards, honors and patents received by the faculty members in last five years.

S. No.	Name of the Staff	Designation	Name of the Honors/Awards	Honors/Awards by	Academic Year
1	Dr.S.Alagesan	Principal (Retd.)	Football	Coimbatore District Football Association	2009-2010
2	Dr.Ch.VST. Saikumar	Principal	Paramacharya	Erode District Cricket Association	2010-2011
3	Dr.T.Jayabal	Associate Professor	Best Coach Award in Kabaddi	Coimbatore District Amateur Kabaddi Association	
4	Dr.S.Sivasankar	Assistant Professor	The Best Kho-Kho Coach Award	Coimbatore District Kho-Kho Association	2011-2012
5	Dr.E.Amudhan	Assistant Professor	Yogacharya Award	Tamilnadu State Yoga Association	2012-2013
6	Dr.A.Needhiraja	Assistant Professor	Best Coach Award in Handball	Tamilnadu State Handball Association	2013-2014

* Awards/recognition for innovation/research work during the last three years

3.2.3 Give details of instructional and other materials developed including teaching aids and/or used by the institution for enhancing the quality of teaching during the last three years.

Course materials are prepared by our staff members and given to the students of B.P.Ed., and M.P.Ed., in all the subjects (For details refer **Appendix No.14**). Classes are being taken by the staff through Power Point presentation with the help of LCD and plasma TV. Practical classes are being handled by using teaching aids which are prepared by the staff members. Our staff members have prepared the CDs' in the following games and activities: Basketball, Cricket, Badminton, Table tennis, Tennis, Marching, Play festival, and Yoga. CDs' of various games are regularly procured and used by the staff members. The details are given below:

S. No.	Name of the Game	Name of the Teaching Aid
1	Ball badminton	Wall practice, stroke targets, serving accuracy
2	Basketball	Shooting for accuracy
3	Cricket	Batting: Hanging balls, bowling machine Bowling: Bowling accuracy, bowling high arm action marker Fielding: Uneven catching, throwing net, throwing for accuracy
4	Football	Rebound board, Accuracy ring, Hanging ball to improve Heading, Dodging stick, cones, mini goals.
5	Hockey	Hitting and stopping rebounder board, Dribbling and dodging: dribbling around the cones, Scooping: scooping ring, shooting: shooting target, Passing: passing accuracy
6	Kabaddi	Escaping bar, raiders kicking the ball and touching the Indian clubs with hand
7	Kho-Kho	Chasing: Frame kho, Pole dive: Nail board, pole dive and touching the banging ball, Dive: reach dive (horizontal and vertical), dive and touch the hanging ball
8	Badminton	Hitting for accuracy, serving for accuracy, strokes targets
9	Table Tennis	Table tennis ball feeding machine, strokes target
10	Tennis	Tennis ball feeding machine, wall practice, strokes target

3.2.4 To what extent does the institution prepare and use audio-visual (AV) materials, ICT and other teaching aids? Give details on the following.

Besides the use of Black Boards, the teachers employ the following audio-visual aids:

- ◆ Over-head Projector
 - ◆ Teaching aid as 'video-graphical' presentation of techniques of games and sports
 - ◆ Power Point Presentation/Multi Media Projector
 - ◆ Use of CDs
 - ◆ Video Analysis-Video Camera
 - ◆ Films related to Training Methods and Matches shown as teaching aids
 - ◆ Sports film & Sport Documentaries
 - ◆ Computers and Internet
 - ◆ Digital Camera
 - ◆ Movie Camera to capture the movement for analysis
- i. **Any special physical education and sports related AV materials prepared or procured and used by the college.**

A CD on unified play day is prepared by our institution. Unified play day is the concept in which a normal child partnering with an intellectually challenged

child in performing the various physical activities. We have been organizing unified play day in our college every year.

■ **Software for Bio-mechanical Analysis**

Our college has procured software for the Bio-mechanical analysis of movement. It is able to make 'gait' analysis and 'movement' analysis. It is possible to analyze the movements like throwing, jumping and running by using the software. This is mostly used for teaching in Bio-mechanics in movement analysis.

ii. **Any physical education and sports related AV materials used by the faculty for teaching/learning/training of students.**

- ◆ Teachers have prepared their own packages for teaching difficult subjects like Kinesiology, Bio-mechanics, Exercise Physiology and Statistics in Physical Education.
- ◆ All the teachers are 'Computer literates' and they have their personal Laptops. LCD projector is fixed in most of the classes and they use Audio Visual-Aids.
- ◆ M.Phil., Students are trained to use the SPSS packages for 'statistical data analysis' and so to use Excel for simple data analysis like descriptive statistics and correlational statistics.
- ◆ Number of sports related AV materials are being used by the staff members which are available at the educational technology laboratory.

The details of various sports related AV materials are procured and used for effective theory and practical teaching given below:

S. No	Name of the CD
1	Plyometric
2	Fundamentals in Foot Ball II
3	Football - Skills
4	Fundamentals - I soccer
5	Fundamentals - III soccer
6	Cassettes Master
7	Vidyalaya - CD
8	Play festival - 2006
9	Kalaimagal Day Celebration - 2009
10	Strength Training
11	Weight Training
12	Yoga Sundaram
13	NatWest series - India batting

S. No	Name of the CD
14	Gym Snork Out 2008
15	Special Olympics
16	Special Olympics Coaching Guide Athletics
17	Fitness PRG
18	Sachin Super Centuries
19	Tennis - 4
20	Brockport physical fitness test
21	Tennis - 3
22	Workshop on Officiating & Coaching Volley Ball & Basket Ball : Practical Session - Volleyball
23	Annual Day - 2010
24	Flexibility for Sports Performance
25	Strength Ball Training
26	Basket Ball Skills & Drills
27	Power for Sports Performance
28	Tennis - I
29	Basket Ball Skills & Drills
30	Get Strong
31	Strength for Sports Performance
32	Teaching children Physical Education By George Graham
33	Essentials of Team Building
34	Soccer Offensive Tactics
35	Functional Testing in Human Performance
36	Yog for Constipation
37	Yoga Nidhra
38	Yog for Stomach Ailments
39	Yog for childless Couple
40	Yoga Science Saturday
41	Dhyan Yoga Meditation
42	Yoga Vignyan Yoga Science Wednesday
43	Yoga for Pregnant Women - Part - I
44	Yog for Obesity
45	Yog for Physical Elegance

S. No	Name of the CD
46	Yog for muscular Dystrophy
47	Yog for Children
48	Yoga Science Thursday
49	Yoga Science Tuesday
50	Yog for Asthama
51	Self Realisation
52	Sakhriga Dhyan
53	Rashtra Dharma
54	Yog - Misconceptions, Risks & Precautions
55	Yog for Cancer
56	Yoga for Leucoderma
57	Yog Practices & Life Style
58	Yoga Vingyam Yoga Science Monday
59	Yog for Women
60	Yog for Youth
61	Tennis -3
62	Tennis - 4
63	Annual Day - 2011
64	Defensive Soccer Tactics
65	Soccer Defensive Tactics
66	Essentials Team Building
67	Functional testing in Human Performance
68	Offensive Success Tactics
69	TNPESU Inter Collegiate Volleyball Final MCPE Vs YMCA – Valedictory Function
70	Workshop on Officiating Coaching Volleyball & Basketball by Somasundara Moorthy
71	High Powered Plyometric
72	Workshop on Officiating Coaching Volleyball & Basketball by A.Chandran
73	Workshop on Officiating Coaching Volleyball & Basketball by V.Arumugam
74	World Cup Cricket – WCC – 2011
75	Training for Speed, Agility & Quickness
76	Workshop on Officiating Coaching Volleyball & Basketball- Inauguration by V.Arumugam
77	Sachin Tendulkar World Records
78	Speed for Sports Performance

S. No	Name of the CD
79	Body Building
80	Human Body
81	Yog for Vertical Column Spinal Cord
82	Yog for Physical Elegance
83	Yog for Skin Diabetes
84	Yog for Diabetes
85	Yog for Muscular Skeletal Disorders
86	Yog Science Sunday
87	Yog for Parkinson & Paralysis
88	Yog for Hepatitis / Jaundice
89	Ashtang Yoga
90	Yog for Various Ailments
91	Yoga Science Friday
92	Annual Day - 2011
93	Play Festival - 2011
94	The Human Body
95	Throws - I
96	Special Olympics Coaching Guide Golf
97	Annul Day - 2012
98	Soccer - Under 16 Vol. 1
99	Soccer - Under 16 Vol. 2
100	Soccer Fundamentals I
101	Soccer Fundamentals II
102	Soccer Fundamentals III
103	Soccer Attacking with 3 Forwards
104	Soccer - Drills
105	Football - Drills
106	Basketball - Passing
107	Basketball - Shooting
108	Hockey - Drills
109	Volleyball - 1

S. No	Name of the CD
110	Volleyball - 2
111	Volleyball - 3
112	Relay
113	Athletic - Throws
114	Computer Course Kit
115	Learn and Train Tennis
116	Floor Exercise
117	Sachin Super Shots
118	Speed and Agility
119	Shuttle Doubles and Singles
120	Sachin Super Centuries
121	Netwest series India Batting
122	Sports Training
123	Basketball - 2
124	Basketball Drills
125	Time Out
126	Fitness Training
127	Weight Training
128	Body Building
129	Vidyalaya CD
130	Handball: Iran Vs Kuwait
131	Unified Sports Day
132	Human Body
133	Physical Fitness Test DVD
134	Dynamic Human Vol.1
135	Dynamic Human Vol.2
136	Human Body - CD1
137	Human Body - CD2
138	Basketball - 1
139	Gym Work Out
140	Yoga - I

S. No	Name of the CD
141	Yoga - II
142	Human Images of the Body
143	Olympic Museum
144	College Day 2008 - DVD MCPE
145	Play Festival - 2005 MCPE
146	Play Festival - 2007 MCPE1
147	Play Festival - 2007 MCPE2
148	Play Festival - 2008 MCPE Video
149	Play Festival - 2008 Songs
150	Play Festival - 2008 MCPE Songs Video
151	Play Festival - 2008 MCPE
152	Play Festival - 2008
153	Play Festival MCPE Photo CD 2009
154	Play Festival MCPE Video 2009
155	Kalaimagal Day - 2009 MCPE
156	Jallikattu
157	Strength Training
158	Play Festival 2010 DVD
159 to 203	Play Festival Songs - Multiple Copies

iii. Any other innovative approaches adopted or used by the faculty.

- ◆ Our faculty members apply many innovative approaches like using lab equipment and power point presentation for handling their theory and practical classes.
- ◆ Teachers use 'Data-Card' to get directly themselves connected to internet and this phenomena is useful for 'You tube' downloads and display of live matches and live programmes in the class rooms.

3.2.5 Give details on various training programs and/or workshops- organised by the institution

Organised by the Institution

Every year our institution organises one or two workshops in games and sports and in sports sciences for the benefit of our students and others too.

Attended by the Staff

Every year all the staff are attending workshops in games and sports conducted for the benefit of our students and others too which are conducted by the college.

S. No	Theme	Seminar/ Conferences/ Workshops	Level	Date
1	Officiating and Coaching in Yogasana	Workshop	State Level	9 th & 10 th March 2007
2	Officiating and Coaching in Volleyball			10 th & 11 th March 2009
3	Officiating and Coaching in Basketball and Volleyball was conducted for school teachers in and around Coimbatore			27 th & 28 th September 2010
4	Employers Based Curriculum Designs in Physical Education		National Level	18 th August 2012
5	Officiating Examination on Athletics		State Level	8 th & 9 th November, 2012
6	Workshop cum Officiating Examination in "Kabaddi"			17 th & 18 th September 2013
7	Workshop cum Officiating Examination in "Handball"			13 th & 14 th December 2013

3.3 CONSULTANCY

3.3.1 Did the institution provide any consultancy services during last five years? If yes, give details.

- ◆ Our institution provides consultancy services to the schools, colleges, industries, fitness centres etc. by charging reasonably. We provide consultancy services in the following ways:
- ◆ IT companies procure the services of our faculty members to develop and sustain gym facilities.
- ◆ Organizing and Officiating Track and field Meets, Games and Tournaments besides laying of track and play courts at schools and colleges are regular features of our institution. All educational institutions approach the college for paid or unpaid consultancy services.
- ◆ Faculty members provide consultancy services to various schools to prepare the court, ground marking and help them for display and demonstrations.
- ◆ Special schools get consultancy from teachers who are specially trained at the college for remedial programs, inclusive education and exercise therapy.
- ◆ Fitness therapy
- ◆ Exercise prescription for special population.
- ◆ Adapted Physical Education for differently abled
- ◆ Individualized fitness training

3.3.2 Are the faculty/staff members of the institute competent to undertake consultancy? If yes, list the areas of competency of staff members and the steps initiated by the institution to publicise the available expertise. Some of the areas where the physical education institutions provide (paid or unpaid) consultancy services are listed below. You may specify any other, which you have taken up beyond the listed examples.

Name of the Staff	Designation	Area of Competency
Dr. Ch. VST. Saikumar	Principal	Cricket, Tennis, Badminton
Sri S. Elango	Librarian	Library
Dr. T. Jayabal	Associate Professor	Kabaddi, Play Festival
Dr. E. Amudhan	Assistant Professor	Track and field, Yoga, Indigenous Activities
Dr. S. Sivasankar	Assistant Professor	Kho-Kho, Throwball, Unified Play Day
Dr. A. Needhiraja	Assistant Professor	Basketball, Handball
Dr. M. Ramajayam	Assistant Professor	Tennis, Badminton
Sri S. Muniraj	Assistant Professor	Hockey
Sri. M. Prabu	Assistant Professor	Football
Dr. S. Sukumari	Physiotherapist	Sports Injuries and Rehabilitation
Sri. A. Velayutham	Assistant Librarian	Library
Dr. S. Alagesan	Professor & Head	Hockey, Bharathiam, Football
Dr. P.J. Sebastian	Associate Professor	Tennis, Football
Dr. M. Srinivasan	Assistant Professor	Badminton, Table Tennis
Sri. R. Giridharan	Assistant Professor	Hockey, Adapted games
Sri. P. Senthilkumar	Assistant Professor	Cricket, Table Tennis

i. Construction and maintenance of sport infrastructure

Since our staff members are well versed in construction and maintenance of various sports and games in their area of specialization, the nearby schools, colleges and industries are approaching our institution to develop sports infrastructure construction as well as its maintenance. As per their requirement we are sending our staff members for providing both paid and unpaid consultancy services to all the sports and games.

ii. Selection and purchase of standard equipment for sport and physical activities

Each staff member possesses the advanced knowledge of the equipment used in his specialized areas and hence they are able to suggest the best, suitable equipment, its quality and standard which help the user to be benefitted technically.

iii. Organization of athletic meets and competitions

Our staff members does consultancy services along with our students in organising athletic meet and various competitions to the organizations like forest department, Police department, KSB Pumps, Karunya University, GKD Matriculation Hr. Sec. School, SRMV Polytechnic College, SRMV ITI and various other institutions.

iv. Research and development in physical education, sport and sport sciences

- ◆ Our staff members guide research scholars (M.Phil., and Ph.D.,) of various universities like Tamil Nadu Physical Education and Sports University, Bharathiyar University, Ramakrishna Mission Vivekananda University and Karpagam University.
- ◆ Various professional scholars get guidance and consultation from the qualified and approved research guides of our college regarding their research methodology and statistics.
- ◆ At postgraduate level, M.P.Ed students are encouraged to take up innovative projects in applied research at their own interest and specialization guided by the staff.
- ◆ M.Phil., scholars have been trained and inspired to take up cross sectional research studies using the professional and arts and science students of various age categories.
- ◆ To record an interdisciplinary approach in research, students undergoing postgraduate courses in other colleges are also granted permission to undertake projects in the areas like Sports Nutrition, Sports Physiology, Sports Psychology etc.,

v. Fitness development, fitness assessment and fitness management

In our institute, we have a modernized fitness centre through which we are able to assess the fitness levels of our students, clients of the fitness centre, members of the walkers club and members of the sports academies like tennis, badminton and cricket.

After assessing their fitness levels, suitable exercise programmes are designed and prescribed for each individual. This will be monitored by the fitness instructor.

vi. In-service training to physical education teachers of schools, physical Educators And Coaches

Regularly every year we are organizing workshops on athletics and other games like handball, kabaddi and kho – kho for the benefit of the students and others. In this, lot of physical education personnel those who are in-service are benefitting from all over the state. Our staff members are also the resource persons for several refresher and orientation courses, which are organized by the physical education departments and colleges.

vii. Correction of physical defects through exercise therapy

We provide extension services in identifying the physical defects and prescribing the suitable exercise therapy to our sister institutions like Swami Shivananda Hr. Sec. School, Sri Ramakrishna Mission Vidalaya High School, T.A.T Kalanilayam Middle School.

viii. Movement education

We extend our services to improve physical fitness and motor fitness through movement education to the elementary schools. For details refer **Appendix No.15**

3.3.3 How much revenue has been generated through consultancy in the last five years?

Ramakrishna Mission is service oriented organization. Hence, nominal charges are collected towards the consultancy services.

3.3.4 How does the institution and the faculty share and use the revenue generated through consultancy?

The revenue generated through consultancy is being used to maintain the play grounds and equipments.

3.3.5 Apart from the normal teaching work, do the teachers (who are competent) give extra sports coaching to the talented sports-persons in a specific game/ sport of their interest? If yes, give details.

Yes, The details are as follows:

S. No.	Name of the Staff	Designation	Name of the Specialized Game
1	Dr. Ch. VST. Saikumar	Principal	Cricket, Tennis, Badminton
2	Dr. T. Jayabal	Associate Professor	Kabaddi
3	Dr. E. Amudhan	Assistant Professor	Track and field, yoga
4	Dr. S. Sivasankar	Assistant Professor	Kho-Kho, Throw ball
5	Dr. A. Needhiraja	Assistant Professor	Basketball, Handball
6	Dr. M. Ramajayam	Assistant Professor	Tennis, Badminton
7	Sri S. Muniraj	Assistant Professor	Hockey
8	Sri. M. Prabu	Assistant Professor	Football
9	Dr. S. Sukumari	Physiotherapist	Sports Injuries and Rehabilitation
10	Sri. A. Velayutham	Assistatnt Librarian	Library
11	Dr. S. Alagesan	Assistant Professor	Hockey, Football
12	Dr. P.J. Sebastian	Professor & Head	Tennis, Football
13	Sri M. Srinivasan	Assistant Professor	Ball Badminton, Table Tennis, Badminton
14	Sri R. Giridharan	Assistant Professor	Hockey
15	Sri. P. Senthilkumar	Assistant Professor	Cricket, Table Tennis

The college has established three sports academies that are functioning in the college campus. They are:

- ◆ Badminton Academy
- ◆ Tennis Academy
- ◆ Kalaripayattu Academy

Teachers take care of the Badminton and Tennis academies, where as kalari is taught by an expert from Kerala. These academies function during Saturday and Sunday.

3.4 EXTENSION ACTIVITIES

3.4.1 What are the future plans and major activities the institution would like to take up for providing community orientation to students?

The Ramakrishna Mission Vidyalaya has adopted two villages namely Arivoli Nagar and Bharathi Nagar. All of our students are taken to these villages and involved in laying the roads, plantation of tree saplings and orienting the villagers about the health and hygiene. Here our institution is developing sports infrastructure as well as giving coaching in games like volleyball, kabaddi, etc. In future, we would extend these programmes to more villages.

Our institution is organizing an innovative programme called rural coaching, where our students are sent to around 50 rural educational institutions to give coaching in volleyball, football, and handball.

3.4.2 What are the efforts of the institution to bring in “community orientation” in its functioning?

- ◆ Health and Hygiene awareness programmes at rural areas
- ◆ Fitness development
- ◆ Sports academies (Badminton, Tennis, Kalaripayattu)
- ◆ Programmes for the differently abled
- ◆ Walkers club in the campus
- ◆ Yoga programmes
- ◆ Rural sports meet
- ◆ Tree plantation
- ◆ Blood donation

3.4.3 Does the institution offer courses in First Aid, Life Saving / handling emergency etc.? If yes, list them giving the objectives of the courses offered.

To all of our students, a certificate course in first aid is conducted by St. John's Ambulance. The objective of the course is to extend the first aid treatment to the victim at an emergency situation. Since it is a lifesaving skill it is very essential to the physical education teacher trainees.

The objectives are to teach the students to handle the varied situations by providing first aid in the followings:

- ◆ At the play field
- ◆ At Swimming Pool
- ◆ During competitions

- ◆ At play fields when using the implements (Shot put, Javelin, Discus)
- ◆ There was a mock 'life-saving programme' by the fire service department, which was found a fruitful life-saving lesson for the students.
- ◆ The curriculum content of the First-aid programme includes the life guard training and handling emergency.

3.4.4 How has the local community benefited from the institution? (Contribution of the institution through various extension activities, outreach programmes, partnering with NGO's and GO's)

Contribution of the institution through various extension activities are as follows:

Play Festival

Play festival is mainly targeted to the government elementary schools where there are no physical education teachers are available and the school children are not getting any physical exercise and activity. Our student teachers teach various physical activities which include free hand exercises, flag drills, wands drills, coconut shell drills, flower stick drills, oyilattom and minor games to the tunes of patriotic and devotional songs. With these activities the school children are benefitted in the form of physical fitness, recreation, discipline, patriotism and spiritualism etc.

Walkers Club

In our Vidyalaya campus every day more than hundred people come for 'walking' both in the morning and evening. They are of different age groups consist of both men and women. Our research scholars help these walkers by conducting the physiological tests like blood pressure, vital capacity, body composition, respiratory rate and resting heart rate. Our research scholars also assist these walkers in preparing the individual optimal work load considering their age, gender and fitness levels.

Adapted Physical Education

In our Vidyalaya campus there is a department called adapted physical education and yoga, in association with them our college students are involved in organizing the unified play day, where normal child and a special child perform the activity together. This unified play day is creating awareness in the society about the role of adapted physical education in the personality development of the special children.

Coaching Academies

Our institution offers coaching to the school children in the games like badminton, tennis and cricket during the weekends and holidays. These school children are benefitted with the scientific training and coaching given by our staff and students and their performance have been gradually improving. Many students are securing places in the open tournaments.

Maruthi Fitness Centre

In the Maruthi fitness centre every day around 200 members do their fitness workouts. The members include public from the local areas and many students from the various institutions of the Vidyalaya.

Sports Medicine Centre

In the sports medicine centre, rehabilitation of the sports injuries are treated not only to our students but also to the students of other institutions and to the public from local area.

Gurupuja Educational Exhibition

Educational exhibition is one of the important activities of the Vidyalaya Gurupuja festival. The educational exhibition is organised on a grand scale for the benefit of nearby schools, colleges including the public. The various institutions of the Vidyalaya actively participate in the exhibition and contribute various exhibits on selected themes. Our students get the opportunity to organise the educational exhibition under the guidance of staff members and they also observe the exhibits of other Vidyalaya institutions. The entrance to the exhibition is open to all the school children, teachers, and devotees and public.

Outreach Programmes and Partnering with NGO's

- ◆ Bharathi Nagar slum area development: Ramakrishna Mission Vidyalaya has adapted a slum area known as Bharathi Nagar. Vidyalaya is taking care of development of roads, education for children and also empowering men and women with professional skills like tailoring, masonry work, carpentry etc. In this programme our college has taken initiative to create awareness among the villages regarding the health and hygiene. Moreover our staff members and students are involved in laying out play areas and teaching recreational activities to the children which also improve their health and fitness.
- ◆ Rural coaching to youth: Our post graduate students make a visit to nearby rural areas and give coaching to the school and college students in various games. On a particular day all the teams were brought into our campus and competitions were conducted according to the age categories and prizes and cash awards are given to the winners.
- ◆ Play Festival: The main motto of conducting play festival in our campus is to provide physical and recreational activities to the elementary school children where there are no physical education programmes available.
- ◆ Partnering with NGOs': Our institution has an understanding with various non-governmental organizations like St.John's Ambulance, Tamil Nadu Athletic Association, Tamil Nadu Kabaddi Association, Tamil Nadu State Handball Association Tamil Nadu State Kho-Kho Association where our students serve as volunteers in conducting their programmes and tournaments.
- ◆ Our institution has also understanding with RVS College of Physiotherapy, KG College of Physiotherapy and Parthiban Nursing home with regard to treatment and rehabilitation programmes.

- ◆ Partnering with GO's: Our college extends services of our staff and students to the governmental organizations like police department, Tamil Nadu State forest department, Government Schools and colleges in laying out the sports fields, organizing tournaments and coaching the teams etc.,

3.4.5 How has the institution benefited from the community? (Community participation in institutional development, institution community networking, institution school networking, etc.)

- ◆ It is absolutely true that public are greatly benefitted with the activities like rural coaching scheme, play festival, practice teaching, organizing Gurupuja function, unified play day etc.,
- ◆ At the same time our student teachers are benefitted with all these programmes as they get lot of exposure and experience which would ultimately make them a good physical education teacher.
- ◆ Revenue is generated through the membership in badminton, cricket, fitness centre, and tennis and this amount is mainly used to maintain and upgrade the facilities and equipments.
- ◆ Most of the Associations help to organize officiating clinics and conduct the examinations and make it possible for the students to become qualified officials. The officiating exams conducted at the college for the past five years are:
 - Athletics
 - Kabaddi
 - Kho-Kho
 - Handball
- ◆ Physical Education Professionals from Tamil Nadu Physical Education and Sports University and other professional institutions, Directorate of Collegiate Education, serve as members in the statutory bodies of the college.
- ◆ Placement cell of the college attracts the educational institutions and the Sports Industry to get connected with the college to select candidates for their organizations.
- ◆ The contributing members of the college who are permitted to use the facilities of the college help the students financially. They always support the institution by giving valid suggestions for the development of the college and actively participate in every program of the college.
- ◆ The officials who are the 'walkers' in the campus help the college in a unique way by their professional assistance.
- ◆ All the local schools and colleges have a strong bondage with the Institution and they assist one another with a 'give and take policy'. The students are sent for conducting sports meet and also to understand the real life work situation.
- ◆ The media helps the college by high lighting the programmes so as to make the community and public understand the role played by the college.

3.4.6 Indicate the broad areas of various extension activities of the institution/ department and the objectives of the activity(s)

i) Community recreation

Every year we celebrate the youth day, i.e. Vivekananda's birthday. With respect to this our M.P.Ed., students are sent to rural area schools and colleges offer coaching in volleyball, hockey, football, handball and competitions are conducted for all the teams and cash awards are also given to the winners. The objective of this programme is to extend coaching to the rural area schools and colleges in order to provide them health, fitness and recreation

ii) Sport for out-of school children

Our Ramakrishna Mission Vidyalaya adopted two villages namely Arivoli Nagar, and Bharathi Nagar. In these villages we are providing sports infrastructure facilities as well as giving coaching to the local community children and adults for the games of volleyball, kabaddi etc. we are encouraging the people to get involved in sports and games activities. The objective of this programme is to create awareness of health and hygiene through sports.

iii) Fitness awareness programme for women, adults and old aged people

We have a Vidyalaya walkers club for the benefit of local community. In this club around 200 people i.e., men, women, adults, veterans are members. These people are given fitness awareness like importance of fitness, benefits of fitness, way of walking, and training load for each individual to get optimum benefits from walking.

iv) Coaching activity at the campus during holidays for school children

We have Maruthi sports academy in badminton, tennis, cricket and kalari. Many local people and children are participating in the programme. This programme has mutual benefit as the children get the facilities and expertise from the staff so that their skills are improved .where as the institution is benefited through the membership fees.

v) Personality development activity/programme/camps for enthusiastic and desiring children

Every year Ramakrishna Mission Vidyalaya regularly organises three day residential youth convention, for the students of our institutions and other institutions across the state. Since it is optional, only the desiring students are taking part in this youth camp. The main objective of this youth convention is to create patriotism, and to make the youth to understand the rich cultural heritage of our country.

vi) Health and hygiene awareness programmes/camps

Our institution has taken initiative to make health and hygiene awareness programmes at Bharathi Nagar and Arivoli Nagar. In this programme we are give health instructions as well as the importance of hygiene to the people.

vii) Organizing blood donation camps

We maintain a cordial relationship with the hospitals like K.R. Hospital, Ramakrishna Hospital etc. Whenever they are in need of blood for emergency situation they contact us for blood. The students those who are interested to donate the blood are sent for blood donation.

viii) Social work

Our students and staff are doing social work at vellingiri temple at the time of leadership training camp. At Bharathi Nagar and Arivoli Nagar we create sports and games infrastructural facilities, organizing competitions in sports and games.

Tree saplings are planted by our students in the schools when they go for practice teaching, rural coaching and for play festival activities.

ix) Population education

Population education is given to the people of Bharathi Nagar through our staff and students. Here the impact of over population are explained to the public.

x) Physical Education for the challenged

Our staff and students are well aware of the special children and their needs during the organization of unified play day. Apart from this we have organized district and state level competitions for the disabled. We have included one theory paper in the M.P.Ed., course and also we are having an adapted physical education laboratory for the research purpose. Some of the PG students are doing research by using the special children as subjects for their project work.

xi) National Health Awareness Programmes like HIV, AIDS, Diabetes, Polio Vaccination etc.

In our institution we have a walkers club, where the local community people are the members. These people are given health instructions with respect to the impact of obesity, heart problems, hypertension, diabetics etc. and also they are informed about their present level of obesity, diabetes by means of scientific tests. Specific training programmes are chalked out as per the individual requirement to get rid of the specific problems.

xii) Medical camps

In our Vidyalaya campus we have a charitable dispensary in which consultation fee is Rs.5/- only. Specialist medical doctors are available in the departments like diabetic, neuro, ENT, Cardiology, Gynaecology, Paediatrics, orthopedics, dermatology, asthma and allergy, general surgery etc., Moreover medicines are also available at fifty percent (50%) discount. With this charitable dispensary about 8000 students of Vidyalaya and the near rural population in and at around Periyanaickenpalayam are greatly benefited.

xiii) Environmental Awareness Programmes

Environmental awareness programme is organized to our students by arranging a guest lecture programme where resource persons are called from

the forest department. The resource persons will give lectures about the wild life, problems associated with plastics, uses of forest, wild animals. During the leadership training camp our students are creating environmental awareness by drama and villu pattu to the local people.

xiv) Any other (Specify and give details)

Every year first Sunday of January our Ramakrishna Mission Vidyalaya is celebrating Gurupuja. During this Gurupuja our students are involved in various social service activities namely anna danam serving, educational exhibition duty, helping in Gurupuja pandal construction, as volunteers at book stall and vehicle parking etc.

Our staff and students are exposed to the special children during the organization of unified play day. Apart from this we have organized district and state level competitions for the disabled.

3.4.7 How does the institution develop social and citizenship values and skills among its students?

The Vidyalaya is known for conducting regular spiritual retreats for the benefit of students studying in schools and colleges and also for general devotees. Hence, the students of our college get ample opportunities to get oriented to a spiritual life.

Moreover, the students are trained in leading a healthy community life as the B.P.Ed., and M.P.Ed., courses run by our college are partially residential. In the campus, morning and evening prayers are conducted. Students are involved in campus cleaning etc., and in the hostel, self-serving system is followed to impart lessons in dignity of labor.

Social Service activities and religious discourses, readings from selected works of exalted personalities are conducted to develop the mental well being of the students.

Once in a week all the staff members visit all the hostel rooms and select one room for its cleanliness and proper arrangement of the articles in the room. A rolling trophy is constituted and this will be given in the general assembly. This system promotes motivation and healthy competition among the students in keeping their rooms neat and tidy.

3.4.8 Is there any specific project completed by the institution relating to the community development in the last five years? If yes, give details.

Our institute has "Sports Talent search and Training" programme. In this, preliminary physical tests are conducted to 10000 students studying in 6th and 7th standard in schools of Coimbatore district. Around 100 talented youngsters are selected for a period of one month and fitness and skill training shall be imparted to them in volleyball, athletics, basketball and, football disciplines. These identified students are recommended to different sports schemes to be absorbed in sports schools and private schools for further training. This project was conducted consecutively for 3 years.

A minor research project on "Situational based analysis on causation of injuries in Kabaddi" was done by Dr. T.Jayabal, Associate Professor, during the year 2008 - 2009. Rs.70,000/= was sanctioned by UGC for the above said project.

For the major research project submitted by our staff members

Dr. S. Alagesan (Principal Investigator) Dr. Ch. V.S.T. Saikumar (Co-investigator) UGC sanctioned Rs.9,92,800/- entitled "Design and development of recreative and adapted gadgets and physical activities and their effects on social skills, functional abilities and psychomotor abilities of intellectually challenged children".

3.5 COLLABORATIONS

3.5.1 Are there NSO programmes in the institution besides NCC and NSS? If yes, give details on the NSO programmes.

These programmes are not applicable to the college of physical education.

3.5.2 Name the national and/or international level organizations, if any, with which the institution has established linkages in the last five years and detail the benefits resulted out of such linkages specifically to the following

Curriculum Development

Our institution has linkages with edu sports and leap start franchises which recruit our students in the various educational institutions as the physical directors, with their feedback we have included English communication skills and applications in computer in our curriculum.

Maruthi College of Physical Education has links with Tamil Nadu Physical Education and Sports University (TNPESU) for guidance regarding the curriculum development.

All 13 affiliated colleges of Tamil Nadu Physical Education and Sports University, Universities which organize Physical Education courses and other institutions like Annamalai University, Alagappa University, Bharathiar University, Bharathidasan University, Manonmaniam Sundaranar University, Madurai Kamaraj University and Pondicherry University have linkage with our colleges. The experts from these colleges visit our institution as resource persons, members of board of studies, Academic Council and External examiners etc.,

Teaching

Our institution has linkage with St.John's Ambulance which organizes first-aid classes and also gives certification to our students. Our institution has linkage with RVS Physiotherapy College of and their staff members handle rehabilitation of sports injuries to our students.

Training

Our institution has linkages with Tamil Nadu Athletic Association, Tamil Nadu Handball Association and Tamil Nadu Kabaddi Amateur Federation and Tamil Nadu Kho-Kho Association. These organizations give training to our students in

their respective areas and also prepare our students to appear in the officiating examinations.

Practice Teaching

We are having MOU with Chief Educational Officer for practice teaching. For this our students visit many schools with the permission of respective Assistant Educational Officer (AEO), District Educational Officer (DEO) and Chief Educational Officer (CEO), to handle classes for the students.

Research

Our institution has linkages with Ramakrishna Mission Vivekananda University and all our staff members are approved guides for thesis research programmes.

Consultancy

Our institution has linkages with Tamil Nadu forest department and our staff and students serve as the consultants for their state level tournaments and track and field meet.

Extension

Our institution has close association with various schools and colleges. We extend our services in organizing the tournaments and conducting coaching camps for their students.

Publication

From our institution we are publishing a bi annual research Journal "Journal of Physical Education and Sports Sciences" popularly known as JOPESS.

Student Progression to Higher Studies and Research

In our institution we have the provision for B.P.Ed., M.P.Ed., MPhil., Ph.D., (part time). Hence the students are well informed and motivated to go for higher studies of their choice.

Student Placement

Every year in the month of February and March we organize campus interviews through our placement cell. More than forty (40) institutions are coming forward to conduct the campus interviews in our institution. It is very heartening to note that all of our students (100%) getting placement through our placement cell.

3.5.3 Give details of institution – schools – community / institutions - industry networking.

Institution - Schools - Community Networking

Our institute possess network with the schools for practice teaching, play festival activities and organizing inter school tournaments for various games and sports.

Our college students are visiting 15 Higher Secondary schools for practice teaching, 55 Elementary schools for play festival and, 48 institutions (36 schools and 12 colleges) for rural coaching.

Institution - Community Networking

Ramakrishna Mission Vidyalaya is a charitable trust which indulges in lot of community services particularly to the downtrodden and slum area. Our institute takes active part in all the community developmental activities taken up by the Vidyalaya management.

Institutions - Industry Networking

Our institution helps to organize tournaments for the employees of the nearby industries like Pricol, KSB pumps, Robert BOSCH etc. Moreover our staff members act as consultants in the fitness assessment of the industrial employees and also help in developing sports infrastructural facilities in the various industries.

3.5.4 Does the institution have

i) Twinning programmes

Maruthi College of Physical Education conducts Certificate courses in Fitness, Yoga, Tennis, Kalaripayattu and Aerobic dance are conducted for the benefit of students to have dual degree along with the regular course. The courses will be conducted during Saturdays.

ii) Student Exchange Programmes

The college is seriously planning for staff and students mutual exchange programme with the Ramakrishna Mission institutions spread all over India and abroad.

iii) Collaboration with institutions and organizations like LNIPE, SAI, NSNIS, NCTE State/National Sports Associations, Sport Science Societies, etc. for professional development of staff and students. (Give details wherever applicable)

There are many professional interactions with LNIPE for conducting seminars and to participate as members in the Board of Studies.

Every year there is a minimum of 3 to 5 staff and students who attend the 6 weeks orientation courses at various training centres of the country. 90% of the faculty members have completed the certification programme conducted at NSNIS.

Written communications are maintained with NCTE which are official and need based.

Dr. VST. Saikumar, Principal has served as a member of the Expert Committee at South East Region Office, SERO, Hyderabad and maintains a very good rapport with UGC and Regional offices.

Every teacher at the college has specialized in one game/sport and hence they have a very sound relationship with the State and the National Associations. Most of the teachers are qualified State and National referees and they assist the associations in so many ways. We not only invite Association heads as guest of honour for the sports meet, but help them in organizing the state championship if required.

Our staff members are having membership in the following state and national level sports associations.

S. No	Name of the Staff	Designation	Name of the Academic Bodies / Societies / Associations
1	Dr. Ch. VST. Saikumar	Principal	Cricket
2	Sri S. Elango	Librarian	Library
3	Dr. T. Jayabal	Associate Professor	Kabaddi
4	Dr. E. Amudhan	Assistant Professor	Athletics
5	Dr. S. Sivasankar	Assistant Professor	Kho-Kho, Throwball
6	Dr. A. Needhiraja	Assistant Professor	Badminton, Table Tennis
7	Dr. M. Ramajayam	Assistant Professor	Tennis, Badminton
8	Sri S. Muniraj	Assistant Professor	Hockey
9	Sri. M. Prabu	Assistant Professor	Football
10	Dr. S. Sukumari	Physiotherapist	Sports Injuries and Rehabilitation
11	Sri. A. Velayutham	Assistant Librarian	Library
12	Dr. S. Alagesan	Assistant Professor	Hockey
13	Dr. P.J. Sebastian	Professor & Head	Tennis
14	Sri M. Srinivasan	Assistant Professor	Tennis
15	Sri R. Girdharan	Assistant Professor	Hockey
16	Sri. P. Senthilkumar	Assistant Professor	Cricket

3.5.5 How does the faculty collaborate and interact with the faculty of schools, other Physical Education college and Universities?

Interaction with the Schools:

Our institution organizes workshops and refresher courses for the physical education teachers and physical directors to update their knowledge in the latest changes in the rules and regulations of the various games. Every year we conduct these programmes in collaboration with the alumni association.

Interaction with the Physical Education Colleges and University Departments:

- ◆ There exists good understanding and relationship among the Physical Education colleges because the teachers are invited as experts, resource persons, coaches and team managers. There is perfect coordination between the affiliated colleges of TNPESU, as we jointly organize the intercollegiate tournaments, coaching camps and intercollegiate quiz competitions and paper presentations.
- ◆ Teachers are invited to be the examiners, and evaluators during the examination. We utilize the services of the teachers visiting the college by arranging meetings with the students, staff and the management. This being a pioneer institution, other colleges always look upon for guidance and support.

- ◆ Senior teachers of the Department of Physical Education and the colleges are invited as members of the board of studies, academic council.
- ◆ Academic Audit is another feature when experts from the field of Physical Education visit our college.
- ◆ All the Physical Education colleges together participate in the Inter Physical Education Tournament hosted by any one of the colleges. It is the best place and time we come together and share our thoughts and ideas and brain storm on specific professional issues.
- ◆ Articles of our Journal are sent to experts for review and vice versa, which give professional impetus among physical education colleges.

3.5.6 Are the faculty actively engaged with teachers and other school personnel to design, evaluate and deliver various physical education activities including teaching in the Schools? If yes give details.

- ◆ Our faculty members are actively involved in designing the physical education activities of various schools and this knowledge is very much beneficial in planning the curriculum to our physical education courses.
- ◆ Teachers actively participate in the school programme by helping them to organize, conduct and plan. Most of the teachers appointed in schools are found to be our students and they expect the Almamater for their support and guidance. Teachers and senior students are sent to schools in preparing mass demonstration for their sports meets.
- ◆ Senior teachers and the Principal are invited as the Chief Guests for the sports meets in City Schools which gives a very good opportunity to get proper feedback about the work done by the PETs in schools.
- ◆ Most of the teachers in schools come for help when they do higher studies, like M.Phil., and Ph.D., They visit the Library of the college to update their knowledge. Our college is a great source of innovation in designing physical activities.

3.5.7 Does the institution work and plan the extension activities along with NGO's and GO's? If yes, give details of the tie-ups and the activities.

Yes. Our institution consults with the NGO's (St.John's Ambulance, Vasan Eye Hospital, Pricol, KSB pumps) and GO's (Tamil Nadu Police Department, Tamil Nadu Forest Department, Education Department) for conducting coaching camps and tournaments for their teams.

3.6 BEST PRACTICES IN RESEARCH, CONSULTANCY AND EXTENSION

3.6.1 What are the major measures adopted by the institution to enhance the quality of Research, Consultancy and Extension activities during the last five years?

Research

In our teaching faculty all are of Doctorate holders:

- ◆ Our faculty members are the recognized research guides in the Tamil Nadu Physical Education Sports University, Chennai.
- ◆ Our faculty members are also recognized guides of the Ramakrishna Mission Vivekananda University.
- ◆ Our college has been recognized by the Tamil Nadu Physical Education and Sports University, as the 'Research Centre'.
- ◆ For all of our Post Graduate (PG) students, thesis work has been made compulsory.
- ◆ All the staff members are encouraged to involve in major and minor research projects.
- ◆ Submission of Major Projects to UGC and Tamil Nadu State Council of Science and technology
- ◆ More than 30 Doctorates have been awarded from our institution.
- ◆ Establishment of Research Laboratories
- ◆ Computerization of the Library and purchase of new edition books
- ◆ Automation of library
- ◆ Registered Research Journal Publication
- ◆ Development of Computer Lab and Resource Centre

Consultancy and Extension Activities

- ◆ All the staff members are actively involved in various consultancy services to the schools and colleges in laying the play fields, athletic track, construction of indoor stadium and swimming pools.
- ◆ Every year number of extension activities have been carried out by our staff and students in organizing the coaching camps, tournaments and also in officiating.
- ◆ Village Placement Programme (VPP) and Rural coaching are another activities, where our students go to rural area schools and give coaching in various games to the students. Competitions are also conducted for them.

3.6.2 What are significant innovations/good practices in Research, Consultancy and Extension activities of the institution?

- ◆ Our institution has produced many Doctorates in the area of sports training, sports psychology, health and fitness and yoga. Some of our faculty members have undertaken research programmes in adapted physical education.
- ◆ All the staff members are extensively engaged in consultancy and extension activities.
- ◆ A Scientifically sound programme of theory and practical experience in research is provided to the students of M.P.Ed., M.Phil., and Ph.D., scholars.
- ◆ The research laboratories are well equipped with the modern research equipment in the area of human performance and health sciences
- ◆ The institution has highly qualified teaching faculty, who take keen interest in the development of research activities. Faculty of this institution motivates the students to present their research papers in the National and International seminars.
- ◆ Information and Library Network (INFLIBNET), National Library and Information Services Infrastructure for Scholarly Content (N-LIST)
- ◆ Organization of SET/NET classes including professional preparation in curriculum
- ◆ Increased number of Consultancy programmes at the college
- ◆ Established Research Centre and Resource Centre
- ◆ Extension Activities

Additional Information

1. What are the main evaluative observations/suggestions made in the first assessment report with reference to Research, Consultancy and Extension and how have they been acted upon?

The National Assessment and Accreditation Council (NAAC) appreciated the various extension activities of the institute and also, the number of MOU's it had with various organizations.

The NAAC peer team also felt that

- *Research infrastructure needs modernization, rather than improvisation, for which the financial and technical help can be sought from other organization/institutes of repute-both governmental and non-governmental – in the field of physical education and sport sciences.*

As suggested by the previous NAAC peer team, to modernize our research laboratories we have purchased the following equipments with the financial assistance from the UGC grants are:

- Body composition analyzer, Digital spirometer, 2D Camera, Cricket bowling machine, Tennis ball feeding machine, Table Tennis ball feeding machine.
- For the last five years our institution purchased laboratory equipments for about Rs. 18,40,285.00 from UGC grant and our management.
- The details of the equipments purchased and its area of research are as follows:

Academic Year	Name of the Equipment	Amount in Rs.	Area of Research
2008-2009	Gymnastic Mattress	354285.00	Training methods
2010-2011	Sports motion analysis with laptop	594455.00	Bio-mechanics
	Body composition analyzer with health monitor software, Fitness centre equipment	275240.00	Exercise physiology, Fitness
2011-2012	Cricket bowling machine	267302.00	Sports training
	Digital Spiro meter	145000.00	Exercise physiology
	Tennis ball feeding machine	152003.00	Sports training
	Table tennis ball feeding machine	52000.00	Sports training

Academic Year	Name of the Equipment	Amount in Rs.	Area of Research
2012-13	Classroom Talky	7920.00	Educational Technology
	Interactive White Writing Board	37000.00	
	CPU for interactive board	21000.00	
	Speaker	3500.00	
	High Fi System (Computer)	31100.00	
	NEC projector	27200.00	
	Ceiling Mount Kit	3950.00	
2013-14	C1 Dumbbells 180 Kg	125000.00	Sports Training
	C1 Dumbbell Plates 50 Kg		
	EZ Curl bar		
	Barbell Rod 40 L		
	Tricep Extension Rope		
	Push up Stand		
	Air Walker		
	Spider Rowing		
	Abdominal Crunch		
	Rubber Mat 100mm without pasting		
	Multi limp Tricycle	300000.00	Adapted Physical Education Laboratory
	Finger Manipulation Gadget		
	Arm Sturdiness Gadget		
	Reaction Timer		
	Finger Dexitality Board		
Core I3 System - Computer	86850.00	Computer and English language laboratory	
Cortex Air Check Machine	850000.00	Anatomy, Physiology and Exercise Physiology laboratory	

Academic Year	Name of the Equipment	Amount in Rs.	Area of Research
2013-14	Finger Goniometer	126300.00	Sports Medicine Centre
	Swiss Ball		
	Thera Band		
	Digital Skinfold Caliper		
	Physio Tralley		
	Weighing Machine		
	Wooble board		
	Stretcher		
	Yoga Mat		
	Girth Measurer		
	Hand Grip Dynamo meter		
	Balance Board		
	Knee Hammer		
	Manipulation Table		

- **The staff members have to be engaged with research projects.**

As suggested by the previous NAAC peer team, staff members have submitted many research proposals out of which one minor research project is completed and another major research project has been sanctioned by the UGC.

Minor Research Project Completed

A minor research project on “**Situational based analysis on causation of injuries in Kabaddi**” was done by Dr. T.Jayabal, Associate Professor, during the year 2008 – 2009. Rs.70,000/- was sanctioned by UGC for the above said project.

Major Research Project Sanctioned

Name of the Investigator	Name of the Major Research Project
Dr. S. Alagesan (Principal Investigator)	Design and development of recreative and adapted gadgets and physical activities and their effects on social skills, functional abilities and psychomotor abilities of intellectually challenged children.
Dr. Ch. V.S.T. Saikumar (Co-investigator)	

- **MOUs with the higher level bodies**

As suggested by the previous NAAC peer team, Memorandum of Understanding (MOUs) have been made with the following state level organizations: the Tamil Nadu State Athletic Association, Tamil Nadu State Amateur Kabaddi Association, Tamil Nadu Handball Association, Tamil Nadu State Kho-kho Association

2. What are the other quality sustenance and enhancement measures undertaken by the institution since the previous assessment and accreditation.

- ◆ Every year our institution has been organizing a national level seminar which gives lot of exposure and experience to our faculty as well as students in organizing such an event. For all of our post graduate students, presentation of thesis is compulsory, which gives them an idea about research. All of our teaching staff members are having Doctoral degree and are guiding M.Phil., and Ph.D., scholars.
- ◆ Establishment of Resource Centre
- ◆ Introduction of Registered Research Journal
- ◆ Information and Library Network (INFLIBNET), National Library and Information Services Infrastructure for Scholarly Content (N-LIST) Programme
- ◆ Submission of Major Projects
- ◆ Good Professional Growth and Enhanced quality of Research
- ◆ Getting UGC Grants for Research and Extension Activities
- ◆ Introduction of Professional Preparation for SLET/NET
- ◆ Internet facility.
- ◆ Our institution is involved in many consultancy and extension programmes. For details refer **Appendix No.16**





Sports Psychology Laboratory



Adapted Physical Education Laboratory



Anatomy Laboratory



Exercise Physiology Laboratory



Sports Medicine Centre



Gurupuja Exhibition



Dental Camp



Maruthi Fitness Centre



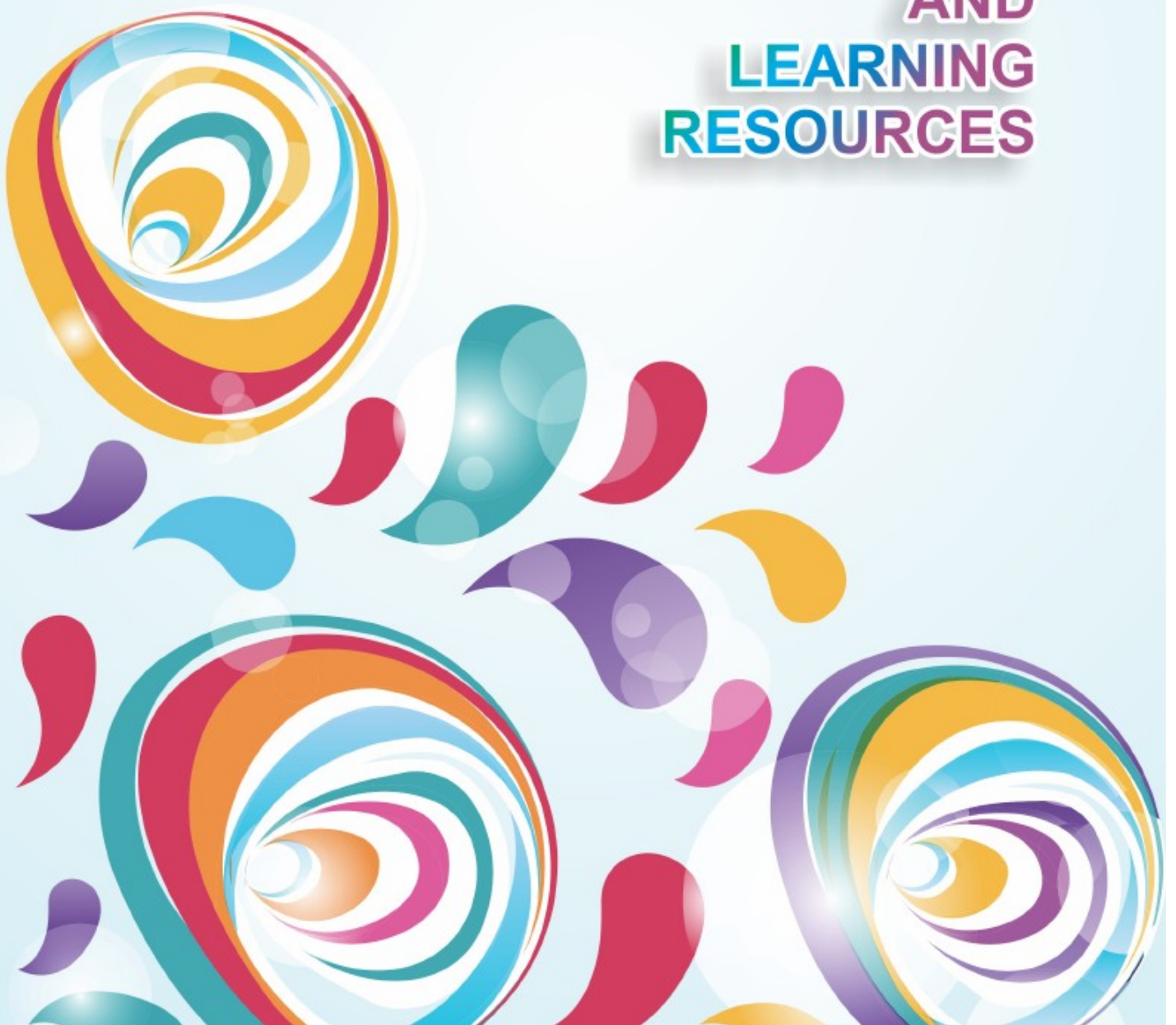
Rural Development: Bharathi Nagar



Rural Development: Bharathi Nagar

CRITERION  IV

**INFRASTRUCTURE
AND
LEARNING
RESOURCES**



CRITERION IV: INFRASTRUCTURE AND LEARNING RESOURCES

"It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change."
- Charles Darwin

4.1 PHYSICAL FACILITIES

4.1.1 Does the institution have the physical infrastructure as per NCTE norms? If yes, specify the facilities and the amount invested for developing the infrastructure. Enclose the master plan of the building.

Yes, The College is unique with excellent infra-structural facilities. The institution satisfies the norms of National Council for Teachers Education (NCTE) in terms of facilities, grounds, classrooms, laboratories, playfields, teaching and non teaching staff.

Our Institution's master plan is given in the **Appendix No.17**. Apart from the college building, the sprawling campus of our college contains a hostel (with a total accommodation facility for about 300 students), a multipurpose mansion, a fitness center and various play fields for different games. The following facilities are available with the college as per the NCTE norms:

S. No	Name	No's	Amount Invested (5 Years)
1.	Administrative Block:		35,22,098.65
	Secretary Room	1	
	Principal Room	1	
	Office Room	1	
	Office Records Room	1	
2.	Research Laboratories:		
	Sports Psychology Laboratory	1	
	Anatomy, Physiology and Health Education Laboratory	1	
	Kinesiology, Biomechanics Laboratory	1	
	ICT and Educational Technology Laboratory	1	
	Athletic Care and Rehabilitation Laboratory	1	
	Adapted Physical Education Laboratory	1	
	Human Performance Laboratory	1	
	English Language and Computer Laboratory	1	
Yoga and Meditation Hall	1		
3.	Class Rooms:		
	Two Class Rooms for B.P.Ed.,	2	
	Two Class Rooms for M.P.Ed.,	2	
	One Class Room for M.Phil.,	1	

S. No	Name	No's	Amount Invested (5 Years)
4.	Other Facilities:		
	Publication Unit	1	
	IQAC and NAAC Coordinator Room	1	
	Library	1	
	Prayer Hall	1	
	Placement Cell	1	
	Students Rest Room	1	
	Meeting Hall	1	
	Staff Room	1	
	Examination Cell	1	
	Toilets for Students	1	
	Toilets for Staff	1	
	Toilets for Guests	1	
	Staff Quarters	3	
	Two Wheeler Parking	1	
	Four Wheeler Parking	1	
5.	Sports and Games Facilities		
	Indoor Gymnasium Cum Synthetic Badminton Courts	4	
	Indoor Gymnasium Hall	1	
	Gymnastics Mats	32	
	Vaulting Horse	1	
	Vaulting Horse Takeoff Board	2	
	Trampoline	1	
	Roman Rings	1 set	
	Horizontal Bar	1	
	Parallel Bar	1	
	Multipurpose Tennis Indoor Stadium	1	
	Table Tennis Hall	1	
	Fitness Centre	1	
	Jogging Track	1	
	Football Field	1	
	Hockey Field	1	
	Cricket Oval	1	
	Cricket Practice Net	1	
	Tennis Courts	3	
	Volleyball Courts	3	
Basketball Courts	2		
Kabaddi Courts	2		
Kho-Kho Fields	2		

S. No	Name	No's	Amount Invested (5 Years)
	Ball Badminton Courts	2	
	Handball Field	1	
	Throw Ball Courts	2	
	Softball Field	1	
	Tennis Wall Practice	1	
	Sports Equipments Store Room	3	
6.	Hostel Campus		Maintained by our Management
	Hostel Buildings	2	
	Dining Halls	2	
	Kitchen	1	
	Rest Room for Mess Staff	2	

4.1.2 How does the institution plan to meet the need for augmenting the infrastructure to keep pace with the academic growth?

- ◆ The infrastructure is developed based on the curriculum and need based demand. The institute continuously augments its infrastructure to keep pace with its academic growth.
- ◆ The institute has the potential and a policy of expansion and augmentation of the infrastructure to keep in place a learner friendly and conducive classroom environment.
- ◆ Every year, funds are earmarked in the budget to meet the existing needs and for augmentation in library, ICT laboratory, college building (for renovation and maintenance), science laboratory, etc. Play grounds are properly maintained and additional sports material and other materials are made available to the students.
- ◆ The budgetary provisions are accordingly made to meet the requirements for augmentation.
- ◆ The institute has made an effort to successfully provide additional infrastructure to add material as needed under the revised norms laid down by the NCTE. Institute lawn is upgraded and improved by adding more saplings and plants.

Need and Supply to the Stakeholders

Status	Demand	Infrastructure Developed
M.P.Ed., One Year	Changed to 2 years	Two new class rooms are constructed
Teaching-Learning Process	Challenges of ICT	LCD's are fixed in the class rooms, smart class room is made.
Invention of Sports Academy	Sports Promotion	Cricket Nets, Kalari center, Tennis Indoor Stadium and Badminton courts with synthetic surface.

Status	Demand	Infrastructure Developed
Fitness and Health	Health awareness	Fitness center for Men
Research and Consultancy	Knowledge Development	Research Centre, Resource Centre and 10 Laboratories are established
Remedial English	Communication Skills	English Language laboratory, Remedial English Courses
Technology	Quality Education	Internet Facility, INFLIBNET, N-LIST
New Knowledge	Additional Certification	Introduction of Add on Courses and Optional courses
Career Oriented Courses	UGC-Innovation	Professional preparation for NET/SLET
Hostels	Stay facility-Students strength increased	New Men's Hostel Block was constructed
Curriculum Development	Changing demands of the society	Periodical changes are brought in the curriculum
Staff Quarters	Type of working hours/ Residential	Quarters are being provided within the campus.

The expenditure to meet with augmenting the infrastructure is from:

- ◆ The Management
- ◆ Government Funds
- ◆ UGC Funds
- ◆ The institution has augmented the infrastructure for academic growth by building new blocks and also by extending the existing ones.

Modern Laboratory equipments are purchased as follows

Academic Year	Name of the Equipment	Amount in Rs.	Area of Research
2008-2009	Gymnastic Mattress	354285.00	Training Methods
2010-2011	Sports Motion Analysis with Laptop	594455.00	Bio-Mechanics
	Body Composition Analyzer with Health Monitor Software, Fitness Centre Equipment	275240.00	Exercise Physiology, Fitness
2011-2012	Cricket Bowling Machine	267302.00	Sports Training
	Digital Spiro Meter	145000.00	Exercise Physiology
	Tennis Ball Feeding Machine	152003.00	Sports Training
	Table Tennis Ball Feeding Machine	52000.00	Sports Training

Academic Year	Name of the Equipment	Amount in Rs.	Area of Research
2012-13	Classroom Talky	7920.00	Educational Technology
	Interactive White Writing Board	37000.00	
	CPU for Interactive Board	21000.00	
	Speaker	3500.00	
	High Fi System (Computer)	31100.00	
	NEC Projector	27200.00	
	Ceiling Mount Kit	3950.00	
2013-14	C1 Dumbbells 180 Kg	125000.00	Sports Training
	C1 Dumbell Plates 50 Kg		
	EZ Curl bar		
	Barbell Rod 40 L		
	Tricep Extension Rope		
	Push Up Stand		
	Air Walker		
	Spider Rowing		
	Abdominal Crunch		
	Rubber Mat 100mm without Pasting		
	Multi Limp Tricycle	300000.00	Adapted Physical Education Laboratory
	Finger Manipulation Gadget		
	Arm Sturdiness Gadget		
	Reaction Timer		
	Finger Dexterity Board		
	Core I3 System - Computer	86850.00	Computer and English Language Laboratory
Cortex Air Check Machine	850000.00	Anatomy, Physiology and Exercise Physiology Laboratory	
Finger Goniometer	126300.00	Sports Medicine Centre	
Swiss Ball			
Thera Band			
Digital Skinfold Caliper			

Academic Year	Name of the Equipment	Amount in Rs.	Area of Research
	Physio Tralley		
	Weighing Machine		
	Wooble Board		
	Stretcher		
	Yoga Mat		
	Girth Measurer		
	Hand Grip Dynamo meter		
	Balance Board		
	Knee Hammer		
	Manipulation Table		

Totally a sum of Rs.1,55,90,922.45 has been spent for the augmentation of the infrastructure in the last five years.

4.1.3 What are the various play fields and sports and games infrastructure available with the institution and how does the institution ensure their optimum use?

Adequate play fields and sports and games infrastructure available with the institution are presented in the **Appendix No.18**

Our institution utilises the available facilities optimally in the following ways:

- ◆ Our college practical classes are conducted from 6.30 to 8.30 in the morning and 4.00 to 6.00 in the evening. Theory classes are conducted from 10.00 a.m to 1.00 p.m regularly.
- ◆ Apart from the regular academic programmes, Badminton academy, Tennis academy, Kalari centre, fitness centre are functioning without disturbing regular academic programmes.
- ◆ Apart from the regular academic programmes, job oriented and career oriented programmes (officiating examinations in various games and sports, workshops, clinics, etc.,) are conducted by our college after the regular college hours.
- ◆ During the holidays the students will have team practices and recreational activities.
- ◆ The space which is not used by the college during holidays is utilized for sports promotion by the schools and colleges, and private firms and corporate sectors. The income generated is used for the maintenance of the ground.
- ◆ The facilities like Gymnasium, Multi Gym are thus used optimally.
- ◆ Sports meets of other institutions are also conducted in our campus using our infrastructure facilities.

4.1.4 Give details on the availability and use of multi-purpose/ special purpose halls, (if available).

- ◆ Our college is having a multipurpose tennis indoor stadium, which can be used to conduct tournaments, meetings, seminars, workshops and to practice play festival activities etc.,
- ◆ Our college is having a specific purpose badminton stadium, which has got four synthetic badminton courts. It is used to teach badminton skills to our B.P.Ed., students and to M.P.Ed., specialization students, it is also used to conduct research studies as well. During weekends badminton academy is organized. It is also used to conduct various badminton tournaments.
- ◆ Apart from these facilities, our Vidyalyaya is having an international standard indoor stadium which can accommodate two volley ball courts or two basket ball courts, In this stadium we organize youth conventions, Graduation day ceremony, unified play day and Annual day functions etc.,
- ◆ G.K.D. Auditorium is also available in Vidyalyaya campus to conduct cultural programmes, seminars, and meetings.
- ◆ Yoga and Meditation hall is available for multipurpose activities.

4.1.5 What are the various general and specialization laboratories/facilities available with the institution?

i) Laboratories

Our college has well equipped laboratories for UG, PG and research programmes. The available laboratories are

S. No.	Laboratories	Size
1	Sports Psychology Laboratory	24' x 34'6"
2	Human Anatomy and Physiology and Exercise Physiology Laboratory	40' x 20'
3	Kinesiology, Biomechanics and Human Performance Laboratory	24' x 34'6"
4	Educational Technology Laboratory	16' x 10'
5	Sports Medicine Laboratory	41'9" x 20', 3'6" x 10'
6	Adapted Physical Education Laboratory	30' x 20'
7	Computer Laboratory & English Language Laboratory	16' x 36'9"
8	Yoga and Meditation Laboratory	111'6" x 32'0"

ii) General Facilities

- ◆ Charitable Dispensary
- ◆ State Bank of India
- ◆ Post office
- ◆ Printing Press
- ◆ Canteen
- ◆ G.K.D Auditorium
- ◆ Guest House

iii) Specialized Facilities

- ◆ Residential Quarters
- ◆ Hostels
- ◆ Temple shrine
- ◆ Maintenance section

iv) Sports and Games Facilities

S. No.	Facilities	Numbers
1	Indoor Gymnasium Cum Synthetic Badminton Courts	4
2	Indoor Gymnasium Hall	1
3	Gymnastics Mats	32
4	Vaulting Horse	1
5	Vaulting Horse Takeoff Board	2
6	Trampoline	1
7	Roman Rings	1 Set
8	Horizontal Bar	1
9	Parallel Bar	1
10	Indoor Synthetic Tennis Stadium	1
11	Table Tennis Hall	1
12	Fitness Centre	1
13	Jogging Track	1
14	Football Field	1
15	Hockey Field	1
16	Cricket Oval	1
17	Cricket Practice Net	2
18	Tennis Courts	5
19	Volleyball Courts	3
20	Basketball Courts	2
21	Kabaddi Courts	2
22	Kho-Kho Fields	2
23	Ball Badminton Courts	2
24	Handball Field	1
25	Throw Ball Courts	2
26	Softball Field	1
27	Tennis Wall Practice	1
28	Sports Equipments Store Room	3

4.2 MAINTENANCE OF INFRASTRUCTURE

4.2.1 What efforts are made to keep the campus beautiful and pollution free? (It should include information on keeping sport infrastructure in fine, trim and hazard free condition.)

Efforts are made to keep the campus beautiful and pollution free in the following ways

- ◆ Maruthi College of Physical Education is a part of the large educational complex popularly known as Ramakrishna Mission Vidyalaya in a sprawling 315 acres campus which has got more than 10,000 trees in the campus. These trees are creating peaceful and serene ambience in the campus. Most of the trees are connected with the drip irrigation scheme; the main source of water is drawn from used water (bath room). Student volunteers are identified as the care takers for all the plants in the campus.
- ◆ Usage of plastic materials is discouraged in Vidyalaya campus.
- ◆ Tree plantation is done periodically in Vidyalaya campus.
- ◆ Keeping sport infrastructure in fine, trim and hazard free condition.

To maintain the play fields, our institution is having the support staff like

S. No.	Supportive Staff	No's
1	Sweepers	4
2	Gardeners	2
3	Markers	4
	Total	10

In addition to this, we have included care and maintenance of play fields in the curriculum itself for all the courses. This would improve a sense of belongingness among the students in maintaining the play fields and equipments. This experience would benefit them when they join educational institutions as Physical Education Teachers and Physical Directors.

Repair works are done by the maintenance section of the central management, which has all the departments like civil, mechanical, electrical, etc., and stock of spares in bulk.

Regular servicing of the faulty equipments is carried out by external agencies to ensure hazard free functioning of the equipments.

4.2.2 What is the budget allocation and utilization in the last five years for the maintenance of the following?

- ◆ Building
- ◆ Play Fields
- ◆ Transport / Vehicle (Give justification for the allocation and unspent balance if any).
- ◆ Laboratories
- ◆ Furniture
- ◆ Equipments
- ◆ Computers

The amount spent on each head is given below (year wise)

PARTICULARS	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13	2013-14	TOTAL
Building	555,093.10	1,584,763.51	106,590.10	3,903,933.67	3,722,271.87	1,485,013.00	6,120,125.81	17,477,791.06
Play field	149,341.69	412,639.09	188,736.05	139,573.75	2,127,683.53	1,600,000.00	180,210.91	4,798,185.02
Laboratory Equipments	111,250.00	258,211.20	165,495.00	855,305.00	1,918,378.00	131,670.00	1,737,582.00	5,177,891.20
Furniture	95,000.00	141,536.00	199,000.00	201,291.00	100,580.00	103,880.00	273,800.00	1,115,087.00
Computer	122,000.00	99,750.00	153,120.00	320,000.00	251,186.00	60,200.00	199,890.00	1,206,146.00
Total	1,032,684.79	2,496,899.80	812,941.15	5,420,103.42	8,120,099.40	3,380,763.00	8,511,608.72	29,775,100.28

4.2.3 How does the institution maintain the available infrastructure facilities?

- ◆ Buildings
- ◆ Play Fields
- ◆ Others

i) Buildings

Regular repairs and white wash of all our buildings are being carried out by the maintenance section of the central management, which has all the departments like, civil, mechanical, electrical, etc.

ii) Play Fields

Our college play fields are maintained in the following ways:

- ◆ By the markers
- ◆ By the specialization students with the guidance of concerned staff in charge.
- ◆ By all the students, as there is a provision for maintenance of play fields in the time table for all the courses.

iii) Others

- ◆ Specific equipments of the laboratories and sports equipments like cricket bowling machine, tennis ball feeding machine, table tennis ball feeding machine are maintained by the technicians of concerned agencies and companies.
- ◆ Apart from maintenance section of the central management, our institute has Annual Maintenance Contract/Annual Service Contract with reputed firms and suppliers to look after the equipments like Motors, Gym equipments, Computers, Air conditioners, Xerox machines etc.

4.2.4 Is there a sport infrastructure development and management committee in the Institution / department? If yes, give the details of its composition and its achievements over the years.

Yes. In our institution we have a sport infrastructure development and management committee.

Composition and its Achievements

Composition:

Secretary & Principal	:	Dr. Ch. VST. Saikumar
Senior Staff members	:	Dr. T. Jayabal, Associate Professor Dr E. Amudhan, Assistant Professor
Professional experts	:	Dr. P.J. Sebastian, Professor Ramakrishna Mission Vivekananda University Dr. S. Alagesan, Professor Ramakrishna Mission Vivekananda University

Achievements

The new facilities added after the Accreditation processes are as follows:

S. No.	Facilities	No's
1	Indoor Badminton Synthetic Courts	4
2	Smart Class Room	1
3	Renovation of 400 m. track and field with drainage system	1
4	Tennis Indoor stadium with synthetic surface	2
5	Construction of a separate Controller of examination wing	1
6	Establishment of Computer laboratory	1
7	Ball badminton Courts	2
8	Throw ball courts	2
9	Yoga and Meditation hall	1
10	Tennis clay courts	3
11	New English language laboratory	1

4.2.5 Furnish the details of non-consumable and consumable sport, games and activity equipment available with the institution and give the break-up of the amount spent during the previous year on the up-keep and replenishment of equipment

Non Consumables

Examples of non-consumable equipment available:

- ◆ Play fields
- ◆ Post
- ◆ Courts, etc.

Consumables

Examples of consumable equipment available:

- ◆ Balls
- ◆ Nets
- ◆ Racquets, etc., For details refer **Appendix No.19**

4.2.6 State whether or not the equipment acquired by the institution is adequate to carry out the activities of the programme. If no, give details on how the deficiency is met.

The equipments available in our institution are adequate to carry out all the programmes of our institution.

4.3 LIBRARY AS LEARNING RESOURCE CENTRE

4.3.1 Does the institution have a qualified librarian and sufficient technical staff to support the library - materials collection and media/computer services?

The institution has a qualified librarian possessing M.Lib.Sc., He is well experienced and competent enough to maintain the library and its resources. With his knowledge and experience he is able to purchase good books, new editions, and subscribe e-journals. He is also able to guide the staff and students based on their requirements.

He takes care of the resource centre and related research activities. He takes care of the journal subscription, publications and purchase of other books. The e-resources provided are obtained and monitored.

The library has a library assistant to support the librarian.

4.3.2 Is there an advisory committee for the library? If yes give details including the composition, functioning and the major decisions (during last three years) of the library committee.

Yes, there exists an advisory committee for the library and the members function effectively in the process of purchase of books, journal and all related responsibilities.

Advisory Committee

The Advisory committee of the library consists of:

- | | | |
|---------------------------------------|---|-------------------------|
| ◆ Dr. Ch. VST. Saikumar | - | Principal and Secretary |
| ◆ Sri S. Elango, Librarian | - | Chair Person |
| ◆ Dr. T. Jayabal, Associate Professor | - | Faculty Member |
| ◆ Dr. E. Amudhan, Assistant Professor | - | Faculty Member |

Duties of the Advisory committee

- ◆ To decide on expanding the learning resources at the library.
- ◆ To take care of the resource centre.
- ◆ To work on journals, internet facility, book lending, purchase of books, e-resources.
- ◆ To provide basic amenities at the library and to ensure suitable environment for reading and learning.
- ◆ To have reprographic facilities, bar coding, check out slots, and to have additional facility for research scholars with Kiosk.

- ◆ The librarian collects details of the books through catalogues, Internet, lecturers, librarians of other physical education colleges and the University to know the new arrivals and new editions of the books. He further discusses the need in the staff meetings.
- ◆ Most of the times, our college librarian displays the books during the staff meetings and try to get the opinion and ideas from them before placing the order.
- ◆ The book catalogue is circulated among the staff members and, they select the books which are useful for their subjects.
- ◆ Subject teachers also submit a list of books and journals which are to be purchased.

Major decisions of the committee

- ◆ It is decided to give a face – lift to the library.
- ◆ To have separate section for the research – oriented courses, (M.P.Ed., M.Phil., and Ph.D.,) and scholars.
- ◆ To procure latest Research Quarterly journals.
- ◆ To subscribe more number of journals.
- ◆ To facilitate proper lighting facilities.
- ◆ To develop digital library.

Works Done

- ◆ Security system has been installed.
- ◆ Information and Library Network (INFLIBNET).
- ◆ Fully automated.
- ◆ New furniture procured.
- ◆ National Library and Information Services Infrastructure for Scholarly Content (N-LIST), e-Journals.
- ◆ Research topics stored.

4.3.3 What is the mechanism adopted by the institution to systematically review the various library resources for adequate access, relevance, etc, and to make acquisition decision.

Every year teachers are informed to recommend the learning resources according to the syllabus modification. Books are recommended by the staff through reference from their peer team and available reviews. Most of the books listed are in accordance with NCTE and TNPESU recommendations. Staff members are also recommend the books which are relevant to the syllabus.

4.3.4 Are the library processes (issue, acquisition etc.,) computerized? If yes, give details.

Yes. Library has commercial based library automation software which is used for library books accessioning and circulation. Books are barcoded. Barcoding is used for the library services.

4.3.5 Does the institution library have Computer, Internet and Reprographic facilities? If yes, give details on the access to the staff and students and the frequency of use.

- ◆ The library is attached with the resource centre which is used by the research scholars and with internet facility and re-prographic facility.
- ◆ The college has a separate Computer centre with twenty (20) computers with internet connectivity.
- ◆ The teachers as well as the research scholars can access the internet facility whenever needed.

Library Hour

- ◆ B.P.Ed students have minimum one hour of Library and M.P.Ed., and M.Phil., have minimum 2 hours of library per week.
- ◆ Other than the library hour, students can use the library in the afternoon between 3.00 and 4.00 pm.
- ◆ The library will be kept opened in the night on any special demand by the students.
- ◆ The library works from morning 9.00 am to 1.00 pm, 3.00pm to 6.00pm. During the examination season, (if required) it will be opened in the late evening too.

4.3.6 Does the institution make use of Inflibnet/Delnet/IUC facilities? If yes, give details.

The college uses Information and Library Network (INFLIBNET), National Library and Information Services Infrastructure for Scholarly Content (N-LIST) which gives access to 5000 e-journals. Teachers are given the pass word to get the advantage of browsing through the e-journals.

4.3.7 How do the staff and students come to know of the new arrivals?

- ◆ Mostly, the books which are to be bought will be known to the teachers during the staff meetings.
- ◆ The new arrivals are placed in separate shelves for the students to refer and skim through.
- ◆ The newly arrived books are also mentioned in the notice board.
- ◆ The new arrivals are not issued for few months based on the demand. However if more copies are available, they are issued to the students.

4.3.8 Does the institution's library have book bank facilities? If yes, give details on the use of the book bank facility by the students?

Yes, the institute library has been developing book bank facility for students. The books from the book bank are to be issued to needy students for use throughout the academic year without imposing any terms and conditions. Even no caution money and maintenance is to be charged from such students. The book bank facility is largely extended to M.P.Ed., students and M.Phil., scholars.

4.4 ICT AS LEARNING RESOURCE

4.4.1 How does the institution incorporate the new technologies into its programmes?

Our institution incorporates the new technologies as follows:

- ◆ Our College has a computer laboratory which is also used by the faculty to prepare computer aided teaching / learning materials.
- ◆ 3D video camera for biomechanical analysis (attached with computer), Body composition analyzer (attached with computer).
- ◆ Digital spirometer.
- ◆ Cricket bowling machine, Tennis ball feeding machine, Table tennis ball feeding machine.
- ◆ Additional portable projector is also available.
- ◆ Technology used in treatment, rehabilitation and remedial programmes.
- ◆ Technology used in assessment (Reaction timer).

Technology in the form of software is used

- ◆ For Data Base
- ◆ For Students Profile
- ◆ At College Office
- ◆ In the Controller of Examinations section
- ◆ For Demonstration of activities
- ◆ At English language laboratory
- ◆ At computer laboratory
- ◆ In the research laboratories.

4.4.2 Does the institution have a dedicated computer lab facility available in the institution? If yes give details of the hardware, software, number of computers, access hours per student, etc. and how the institution ensures the optimum use of the facility.

Yes. Our institution has an exclusive computer laboratory facility. The hardware consists of latest version Intel Pentium Dual Core I and softwares are: Microsoft Excel, Statistical Package for Social Sciences (SPSS), Structure Query Language (SQL), Visual Basic (VB) and Internet connectivity is available in our computer laboratory and the students have the freedom to use the internet any time, provided the computers are free.

Optimum Utility of Computers

To ensure the optimum utility of computers, in our curriculum we have included the basics of computers (B.P.Ed.), Applications in Computers - I (M.P.Ed., 1st year), Applications in Computers - II (M.P.Ed., 2nd year).

4.4.3 How and to what extent does the institution make use of the new technologies/ ICT in curriculum transactional processes? (Computers, internet, audio visual and other media and materials)

Computers, Internet, Audio Visual and other media and material are used at the greater extent for the followings

- ◆ Teaching
- ◆ Simulation and Modeling
- ◆ Practice Teaching
- ◆ College day, Convocation day and other celebrations
- ◆ Examination reforms and evaluation
- ◆ Training and Coaching
- ◆ Seminar and Workshop
- ◆ Research and Consultancy
- ◆ Demonstration
- ◆ Practical (Lab)
- ◆ Meetings and Presentations
- ◆ Organization of sports meet
- ◆ Guest Lectures
- ◆ Mass Demonstrations
- ◆ Communications (Fax, Modem)

For Research

- ◆ Technology is used in research by scholars, when they use the interview technique. Voice-Recording of subjects is used as data.
- ◆ E-mail is used for data collection.
- ◆ Web based research sites and search engines help the research scholars to collect the review of related literature.
- ◆ Data analysis is done using SPSS.
- ◆ Online (downloaded) tests are conducted for research projects.

4.4.4 What are major areas for which student teachers use /adopt technology in practice teaching? (Developing lesson plans, physical fitness and other sports and games related activities, evaluation, preparation of teaching aids)

- ◆ The student teachers prepare teaching aids and models by using the ICT to include in the practice teaching. These methodologies are very much useful for the school children to understand the skills, subject matter and the concepts.
- ◆ Technology is much used in practice teaching. Occasionally 'student-teachers' are video-graphed when they handle the class or make presentations and feedback is given about their teaching ability.
- ◆ Master degree students often are exposed to seminar topics and they use technology when they make presentations.

- ◆ For preparing their lesson plans our student teachers make use of the internet facility for downloading the more information and videos related to the skill or activity which the student teacher is preparing. The same procedure is also used in preparing the teaching aids in the relevant subject.

4.4.5 Is there a provision in the curriculum for imparting computer skills to all students? If yes give details on the modalities and the major skills imparted.

Yes. In B.P.Ed., a supportive paper, "Basics of Computers" has been included, where as in M.P.Ed., computer skills are included as the core papers (Software based Statistical Application - I and II) as well as the supportive papers (Basics of Computer Application Level - I and II).

4.5 OTHER FACILITIES

4.5.1 How is the instructional infrastructure optimally used? Does the institution share its facilities with others for e.g.: serve as information technology resource in physical education to the institution (beyond the program), to other institutions and to the community, provide support facilities to other institutions, organizations and so on.

Optimum Utility of the Infrastructure Facilities

- ◆ Apart from the regular academic programmes, Badminton, Tennis, Kalaripayattu and Cricket academies are functioning without disturbing regular academic programmes.
- ◆ Library reference is allowed to the students of other institutions also.
- ◆ Officiating examinations for various games and sports are conducted at our college to our students as well as for the benefit of Alumni and to other sportsmen.
- ◆ Sports meets of other institutions are also conducted in our campus using our infrastructure and man power.

Computer lab

We share our computer laboratory facility with our sister institution, Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga.

Research Laboratories

We share our laboratories for the research scholars of other universities to do their research projects.

4.5.2 Are the classrooms equipped for the use of latest technologies for teaching? If yes, give details. If no, indicate the institution's future plans to modernize the classrooms.

Yes, special provisions are made to use the latest technologies for teaching. The class rooms are equipped with the LCD projector and the modernized ceramic boards. The class rooms provide a good ambience for learning. A smart class room is also available along with the smart board.

The institution has a vision as well as commitment. It is determined to grow quantitatively as well as rise in the sphere of quality. Perfection is its aim that it strives to achieve. Therefore, it has to have a plan for future too. Following are some of its future plans.

- ◆ Change of old classroom furniture with modern comfortable and more durable furniture.
- ◆ Procurement of more slide projectors, OHPs and LCDs.
- ◆ Developing the video conferencing facility .

4.5.3 Give details on the facilities available with the institution to ensure the health and hygiene of the staff and students (rest rooms for women, wash room facilities for men and women, canteen, health center etc.)

- ◆ Staff room is provided for all the staff members and enough toilet facilities are provided for staff and students separately. Canteen facility is available in the Vidyalyaya premises. A charitable dispensary centre is available in our Vidyalyaya premises for the welfare of staff, students and also for the public.
- ◆ Women are not admitted in our college since it is a men's college. However separate toilet facilities are made available for women.
- ◆ To ensure proper health conditions at the campus, following measures are taken
 - Proper drainage system.
 - Purification of the well water.
 - Dental Check-up.
 - Water doctor facility.
 - Mosquito repellent spray.
 - Proper waste management system.
 - Periodical medical examinations.
 - Health awareness talk/walk

4.5.4 How does the institution consider the environmental issues associated with the infrastructure? (Energy saving devices, using environment friendly naturally degrading materials, water conservation etc.)

- ◆ In our Vidyalyaya campus plastics are prohibited and for all the purposes. Degradable paper cups and plates are used.
- ◆ Consumption of fresh water is minimized by utilizing the bathroom water of the hostels for the gardening purposes.
- ◆ Rain water harvesting tanks were dug in our Vidyalyaya campus which will improve the underground water level.

4.5.5 Does the institution allow the use of sport infrastructure by external agencies such as neighborhood sports clubs, sports associations, corporate sector, business houses, sports enthusiasts and the like? If yes, give details.

- ◆ The institution allows the external agencies to use the sport infrastructure if they are able to strictly adhere to the conditions framed by the college authorities.
- ◆ This permission is given only on weekends or holidays when the students do not use the sports infrastructure at the college.

Walkers Club

In our Vidyalaya campus every day more than hundred people come for walking both in the morning and evening. They are of different age groups consist of both men and women. Our research scholars help these walkers by conducting the physiological tests like blood pressure, vital capacity, body composition, respiratory rate and resting heart rate. Our research scholars also assist these walkers in preparing the individual optimal work load considering their age, gender and fitness levels.

Adapted Physical Education

In our Vidyalaya campus there is a department called adapted physical education and yoga, in association with them, our college students are involved in organizing the unified play day, where normal child and a special child perform the activity together. This unified play day is creating awareness in the society about the role of adapted physical education in the personality development of the special children.

Coaching Academies

Our institution provides coaching to the school children in the games like badminton, tennis and cricket during the weekends and holidays. These school children are benefited with the scientific training and coaching given by our staff and students and their performance have been gradually improving. Many students are securing places in the open tournaments.

Maruthi Fitness Centre

In the Maruthi fitness centre every day around 200 members participate in their fitness workouts. The members include public from the local areas and many students from the various institutions of the Vidyalaya.

Sports Medicine Centre

In the sports medicine centre, sports injuries are treated not only to our students but also to the students of other institutions and to the public from local area.

Sports meet of other Institutions

Every year sports meets are conducted for other institutions in our campus using our infrastructure facilities. The details of the sports programmes are given below:

Year	Month	Sports and Games Organised to other Institutions
2007	January	Anna University students utilised our grounds for their intramurals in various games from 15 th to 19 th May 2007.
	August	Our college students organized and acted as officials in the North Zone inter school tournament in 12 games during 8 th , 9 th and 10 th August 2007 at our college ground.
		North Zone Bharathiar Day tournament was held at our college from 16.08.2007 to 18.08.2007 organized by Swami Shivananda Higher Secondary School. Our M.P.Ed., Students acted as officials in the tournament.
	September	Our college students acted as officials in the North Zone inter school Athletic Meet on 3 rd , September 2007 at our college ground.

Year	Month	Sports and Games Organised to other Institutions
2009	September	Our College students acted as officials in the Pricol cricket tournament on 30.08.2009 and Shuttle tournament on 19.09.2009 and 20.09.2009 at our college.
	October	Anna University students utilised our grounds for their intramurals in cricket on 10 th to 11 th October 2009.
2010	January	Our college students acted as officials in the KSB pumps badminton tournament on 24.01.2010 at our college indoor court.
	March	Anna University hockey team utilized our hockey field on 23.03.2010
	May	Coimbatore Premier League cricket tournament of D TV channel was conducted from 15.05.2010 to 18.05.2010 at our college premises.
	August	Our M.P.Ed., II year students acted as officials in the North Zone, Bharathiar day & Republic day tournaments, organized by AVB Mat. Hr. Sec. School, Thekkupalayam, Coimbatore, on 18 th , 19 th and 23 rd , August, 2010, at our college premises.
	September	Sri Ramakrishna Mission Vidyalaya, College of Arts and Science, Department of Physical Education, organised athletic meet at our college premises on 15.09.2010. Dr. Ch. VST. Saikumar, was the chief guest of the meet. Our college students acted as officials in the children's sports meet of Pricol employees on 26.09.2010 at our college premises.
2011	January	Emerald Jewel Industry, Coimbatore, sports day cricket tournament was conducted on 23.01.2011 at our college premises.
	February	Our college M.P.Ed., I year and II year students acted as officials of the SRKV Swami Sivananda Hr. Sec. School, Sports Day tournaments for Volleyball, Handball, Kho-Kho, Football and Athletics from 17-02-2011 to 19-02-2011 at our college grounds.
	March	Our college M.P.Ed., I year students acted as officials in the Coimbatore Region Private ITC's Sports Meet, organised by SRMV, ITI on 06.04.2011 at our college premises
		Our college students acted as officials in the KSB pumps volleyball tournament on 20-03-2011 at our college play grounds
	May	Anna University cricket and basket ball teams utilized our ground from 30.04.2011 to 01.05.2011 and 07.05.2011 to 08.05.2011
	June	KSB pumps cricket team and badminton team utilized our play fields on 12.06.2011 and 19.06.2011 respectively
	July	AS Technologies, Coimbatore, cricket team utilized our cricket field on 10.07.2011.
		Six of our college M.P.Ed., students acted as officials of the SRKV Swami Sivananda Hr. Sec. School, Intramural tournaments for Volleyball, Basketball, Kho-Kho and Football from 19-07-2011 to 20-07-2011 at our college grounds.
August	M.P.Ed., I & II year students acted as officials for the North Zone School (boys) - Athletic Meet organised by the SRMV TAT Kalanilayam, at our college premises on 19.08.2011.	

Year	Month	Sports and Games Organised to other Institutions
2011	December	The shuttle badminton team of Robert Bosch Engineering & Business Solutions Ltd, Saravanampatti, Coimbatore, utilized our indoor synthetic shuttle courts on 04.12.2011.
2012	February	KSB pumps utilized our indoor Badminton courts on 19.02.2012 and Volleyball courts on 26.02.2012
	July	All India Inter Sainik Schools South Zone Meet , Sainik School, Amaravathinagar, Udumalpet
		Volleyball, Basketball, Football, Hockey, Sainik Shool, Udumalpet
	August	Athletic meet, Vidyalaya Polytechnic
		Athletic meet, SRMV College of Arts and Science
		Volleyball, Basketball, Football, Hockey, Kumaraguru College of Technology
		Kabaddi/Kho-Kho, St. John's Matriculation Hr. Sec. School, Presscolony, Coimbatore
		Basketball, St. John's Matriculation Hr. Sec. School, Presscolony, Coimbatore
		Football, St. John's Matriculation Hr. Sec. School, Presscolony
	September	North Zone girls hockey tournament, Angappa Matriculation Hr. Sec. School, Edayarpalayam, Coimbatore
		North Zonal School level hockey tournament, St. John's Matriculation Hr. Sec. School, Presscolony
		Basketball tournament, Immaculate Matric. Hr. Sec. School, Veerapandipirivu, Coimbatore
		Throw ball tournament, Violet Matric. Hr. Sec. School, Coimbatore
		Volleyball tournament, Violet Matric. Hr. Sec. School, Subramaniyampalayam, Coimbatore
October	Football, Ball Badminton, Table Tennis tournament, Govt. Hr. Sec. School. Asokapuram	
	North Zonal School tournament, St. John's Matriculation Hr. Sec. School, Press colony	
	Anna University Zonal Athletics Tournament, Coimbatore Institute of Technology, Coimbatore	
December	Anna University Zonal Tennis Tournament, Kumaraguru College of Technology, Coimbatore	
	Badminton and volleyball, KSB pumps, Coimbatore	
2013	January	20th Tamilnadu District Forest Sports Meet, Forest College ground, Coimbatore
		Indigenous games of Gillithandu and kabaddi as the part of Kovai Vizha celebrations, Kathir College of Engineering, Coimbatore
		volleyball, football, basketball, hockey and kabaddi, Tamil Nadu state forest departments

Year	Month	Sports and Games Organised to other Institutions
2013	January	Covai Vizha Kiddies Sports meet, Kumaraguru College of Technology, Coimbatore
		Sports and games, Ramakrishna Mission Vidyalaya ITI
		20th District Forest Sports Meet, Forest College ground, Coimbatore
		Kovai Vizha celebrations 2013, Kathir College of Engineering, Coimbatore
		Kovai Vizha Kiddies Sports meet, Kumaraguru College of Technology, Coimbatore
		Various sports and games, Sri Ramakrishna Mission Vidyalaya ITI, Coimbatore
		'Swami Vivekananda's Trophy' kabaddi tournament, Swami Sivananda Hr. Sec. School, Coimbatore
	February	Swami Vivekananda's Trophy' kabaddi tournament, Swami Sivananda Hr. Sec. School, Coimbatore
		Cricket, KSB pumps, Coimbatore
	March	Inter school sports and games (volleyball, kabaddi & kho-kho), Periyanaickenpalayam Town Panchayat, Coimbatore
		Sports meet, Sri Ramakrishna Mission Vidyalaya ITI
		Annual Sports Meet, Sri Ramakrishna Mission Vidyalaya TAT Kalanilayam middle school
		inter school sports and games, Narasimanaickenpalayam Govt. High. School grounds
		Inter ITI tournaments, Sri Ramakrishna Mission Vidyalaya ITI campus
		Annual Sports Meet of TAT Kalanilayam, Maruthi College grounds
		badminton, volleyball, and cricket, KSB pumps
	volleyball, football, basketball, hockey and kabaddi, Tamil Nadu state forest department	
	April	cricket and volleyball tournaments, Cambridge Institute, Periyanaickenpalayam
	June	Premier Play Field Club Coimbatore, Coimbatore District Badminton Ranking Tournament
	July	Lakshmi Narayanan Visalakshi College of Arts and Science, Coimbatore, Bharathiar University Inter-Collegiate Badminton Tournament
		Pricol Ltd., Coimbatore, Pricol Staff Volleyball Tournament
		Sri Ramakrishna Mission Vidyalaya Polytechnic College, Annual Athletic Meet
	August	Bharathiar University, Coimbatore, Inter-Collegiate kabaddi tournament
Kumaraguru College of Technology, Coimbatore, 10th KCT Sports Fest 13'		
Thavathiru Kandasamy Swamigal Matriculation School, Coimbatore, B Zone – Girls Zonal Meet		

Year	Month	Sports and Games Organised to other Institutions
2013	August	Sri Ranganathar Institute of Polytechnic College, Coimbatore, IPAA Division Men Kho-Kho Tournaments
		South India Baptist Mat. Hr. Sec. School, Coimbatore, Independence day/Bharathiar day games
		Infant Jesus Convent Mat. Hr. Sec. School, Coimbatore, North Zone Boys Tournament
		Udumalpet Hockey Association, Udumalpet, Zonal Tournament (Hockey)
		Nachiar Vidyalayam Mat. Hr. Sec. School, Pollachi, Zonal Tournament
		RVS College of Arts and Science, Coimbatore, Bharathiar University Inter Collegiate Tennis Tournament
	September	Sri Ramakrishna Polytechnic College, Vattamalaipalayam, Coimbatore, Inter Polytechnic Volleyball Tournament
		Kumaraguru College of Technology, Coimbatore, Athletic meet
		Park College of Engineering and Technology, Coimbatore, Anna University A-Zone Inter Collegiate Handball Tournament
		United Institute of Technology, Coimbatore, Anna University Zone XI Women Volleyball Tournament
		Periyar University, Salem, Periyar University Inter Collegiate Football Tournament for Men
		Kumaraguru College of Technology, Coimbatore, Anna University Zone XI Hockey Tournament
		Kumaraguru College of Technology, Coimbatore, Anna University Zone XI Athletic Tournament
SRKV Vidyalaya Polytechnic College, Coimbatore, Polytechnic Sports Meet		
Anna University, Coimbatore, basketball		
October	Creative axes (E) services, Coimbatore, Table Tennis tournament	
2014	January	Forest College ground, Coimbatore, 21st District Forest Sports Meet
		Vidyalaya Polytechnic College, Annual sports meet
	February	Sri Guru Institute of Technology at Saravanampatti, Coimbatore, Intramurals
		PSG College of Technology, Coimbatore, Mini Marathon
		KSB pumps, Coimbatore, Cricket and badminton

4.5.6 Does the institution have its website? If yes, what is the information posted on the site and how often is it updated?

Yes the institution has its website (www.srkvmcpe.org).

The following informations are posted in the website and updated periodically:

- ◆ Courses offered.
- ◆ Admission procedure.
- ◆ Facilities.
- ◆ Fee Structure.
- ◆ Staff details.
- ◆ Laboratories.
- ◆ Updating the website with current events done with the help of the technical assistants.
- ◆ Academic programmes.
- ◆ Examination results.
- ◆ Alumni registration.
- ◆ Infrastructure and Play fields.
- ◆ Students' Activities.
- ◆ Placement cell.

4.6 BEST PRACTICES IN INFRASTRUCTURE AND LEARNING RESOURCES

4.6.1 How does the faculty seek to model and reflect on the best practice in the diversity of instruction, including the use of technology?

- ◆ Teachers are encouraged to use innovative methods to enhance the teaching learning process.
- ◆ Classroom environment is made conducive for the use of teaching aids and activity based teaching and learning.
- ◆ The faculties make use of facilities available in the Educational Technology laboratory like computers, television, DVD player, Interactive board, LCD etc.
- ◆ Silicon coach website is used as a tool to teach the fundamental skills of various games.
- ◆ Video clippings are used for teaching the difficult skills.
- ◆ The teachings are video recorded and corrections are done for improvement.
- ◆ Technology based, modernized class rooms are provided.
- ◆ Smart class room with Interactive Board (IQ) is available.
- ◆ The faculty members use smart class room with Interactive Board (IQ) board for teaching.

4.6.2 List innovative practices related to the use of ICT, which contributed to quality enhancement of the institutional provisions.

The following are the innovative practices related to ICT that contributed to the quality enhancement:

- ◆ Lesson plan preparation through computer.
- ◆ Lecture modules using computers are developed and applied.
- ◆ Use of LCD for seminars/workshops.

- ◆ Match analysis, Gait analysis, Evaluation of performances, SPSS and Data Analysis.
- ◆ Recording of practice teaching classes to correct the students in teaching, and as feedback mechanism.
- ◆ Important events like Common Wealth Games, International Matches, World Cup etc. are screened using mega screen.
- ◆ Using ICT based equipment, for scientific researches.
- ◆ Learning officiating techniques.
- ◆ Computer projects, dissertation and assignments are prepared using ICT.

4.6.3 What innovations/best practices in Infrastructure and Learning Resources are in vogue or adopted/adapted by the institution?

- ◆ Library is the backbone of any educational institution. The institute is fortunate enough to have a rich and well maintained library and it is computerized. It is accessible for student teachers, and to the faculty as well as researchers. Trained and experienced staff provides required services promptly and happily.
- ◆ Our Vidyalaya management is gracious enough to meet the additional expenditure in completing the UGC projects. For example UGC has sanctioned Rs.70 lakhs for constructing tennis indoor stadium. Whereas 1.10 crores is required to complete the project. Our management had spent the additional expenditure of Rs.40 lakhs to complete the project.
- ◆ In our Vidyalaya campus more than 15 educational institutions are existing in 315 acres. All these institutions are in perfect understanding to share their infrastructure facilities and other resources mutually.
- ◆ Our institute is providing the services to the public like fitness centre, indoor shuttle badminton courts, cricket and tennis through membership. With this maintenance of the equipments and facilities have been improved.
- ◆ Our institution is also offering coaching schemes to the young children in Kalaripayattu, tennis, shuttle badminton and cricket.

Additional Information

1. What were the evaluative observations made under Infrastructure and Learning Resources in the previous assessment report and how have they been acted upon?

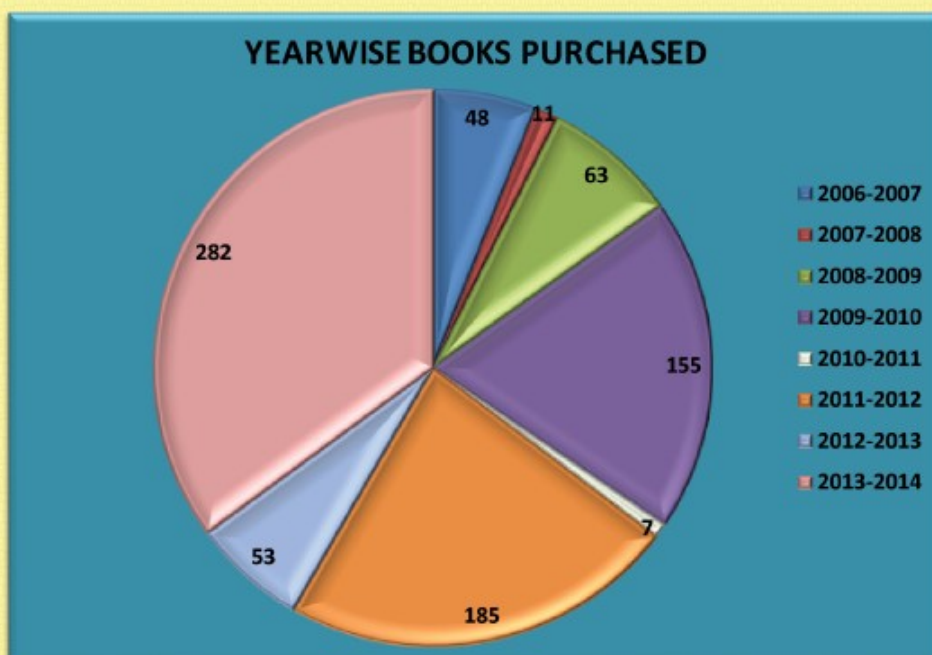
The National Assessment and Accreditation Council peer team appreciated the packing of management, a world-wide organization with its immense resources. It also mentioned that the sport infrastructure available in the college compares pretty well with any progressive institution in physical education in the country.

The NAAC peer team also felt that:

Purchase of books and journals for the college library have to be enhanced.

As suggested by the previous NAAC peer team, the following books and journals have been added each year and the details are given below:

Year	No. of Books	Amount	No. of Journals	Amount
2006 - 2007	48	68169.00	-	
2007 – 2008	11	19921.00	-	
2008 – 2009	63	88418.00	-	
2009 – 2010	155	54089.00	-	
2010 – 2011	7	2684.00	16	215783.20
2011 – 2012	185	90126.00	12	73633.50
2012 – 2013	53	26978.00	12	101273.00
2013 - 2014	282	278379.00	-	
Total	804	628764.00	40	390689.70



- ◆ Details of books and journals available in the library are given in the **Appendix No.20**
- ◆ Moreover Radio Frequency Identifying Device (RFID) based antitheft antenna has been added to our library which prevents any malpractice in the library.
- ◆ Stand by generators, online UPS and inverters are fixed to avoid interruption of work.
- ◆ Installation of Resource Centre and language laboratory.
- ◆ New facilities, infrastructure and ICT are developed.

2. What are the other quality sustenance and enhancement measures undertaken by the institution since the previous assessment and accreditation with regard to Infrastructure and Learning Resources?

Relating to the infrastructure and learning resources, the following measures have been taken since the previous assessment

In the XI UGC plan we are able to get the following grants for

S. No.	Grant	Amount
1.	Indoor tennis stadium	70 lakhs under construction
2.	Athletic track and field	40 lakhs Completed
3.	Equipments for laboratories and gadgets	25 lakhs Utilised
4.	Equipments for laboratories (Phase – I)	25 lakhs





Indoor Synthetic Tennis Courts



Indoor Badminton Courts



Office



Smart Class



Conference Hall



Controller of Examinations



Publication Unit



Prayer Hall

CRITERION V

STUDENT SUPPORT AND PROGRESSION



CRITERION V: STUDENT SUPPORT AND PROGRESSION

“Blessed are they whose bodies get destroyed in the service of others.”

- Swami Vivekananda

5.1 STUDENT PROGRESSION

5.1.1 How does the institution assess the students' preparedness for the programme and ensure that they receive appropriate academic and professional advice through the commencement of their professional education programme (students pre-requisite knowledge and skill to advance) to completion?

Students preparedness for the programme is assessed in the following ways

- ◆ Medical examination conducted by the physician, whether the student is fit enough to undergo the training.
- ◆ Personal interview was conducted to find out the postural defects among the students.
- ◆ Admission procedure includes a series of tests to measure the skill and abilities of a candidate who intends to continue in physical education.
- ◆ Minimum eligibility qualification i.e., participation in the inter-collegiate tournament, will reflect on his achievement and will also mirror his interest in physical education program.
- ◆ Government guidelines, National Council for Teacher Education (NCTE) norms, UGC and University stipulations for admission ensure his fitness and preparedness for the course of study.
- ◆ The attendance of the new comers is a best source of assessment to identify their interest towards the programme. If found irregular they are called and checked for their preparedness to continue the course.
- ◆ The students are oriented about the programme of the college during the first week of the academic year. The students who are found to be unenthusiastic are identified by the class teacher and counselled with the help of their parents.
- ◆ The candidates are fully informed about the placement cell and its functioning at the college.

5.1.2 Does the institution have any direct relationship with state sport associations for deriving various benefits for the students and coaching facility under the NSO programme? If yes, give details.

Our institution has memorandum of understanding with the various Sports Associations and Federations to conduct the officiating examinations and the list is given below

- ◆ Tamil Nadu Amateur Kabaddi Association.
- ◆ Tamil Nadu Athletic Association.

- ◆ Tamil Nadu Handball Association.
- ◆ Tamil Nadu Kho-Kho Association.

These associations would orient about the latest rules and regulations to our students. Subsequently they conduct officiating examinations in both theory and practical and they will also issue the certificates and identity cards to the qualified students. These qualified students would also be invited to officiate in the tournaments conducted by the sports Associations. Our institutions would also get the intimation regarding the tournaments organized by these associations.

- ◆ Coaches from state associations are invited to handle special sessions and workshops during the academic sessions.
- ◆ Coaches of Sports Development Authority of Tamil Nadu and Sports Authority of India (working and retired) are utilized to the best to gain specific Knowledge in specialized areas.
- ◆ Association Presidents and Member Secretaries are invited as the guests of honour to create better understanding between organizations.
- ◆ Workshops and refresher courses are organised in collaboration with the professional associations which paves way to have a professional relationship with other Associations.

5.1.3 Give details on the achievement-oriented incentives provided by the institution to motivate students in general and talented sports-persons in particular to participate and win laurels in extramural sport competitions beyond inter-college and inter-university level contests. For example:

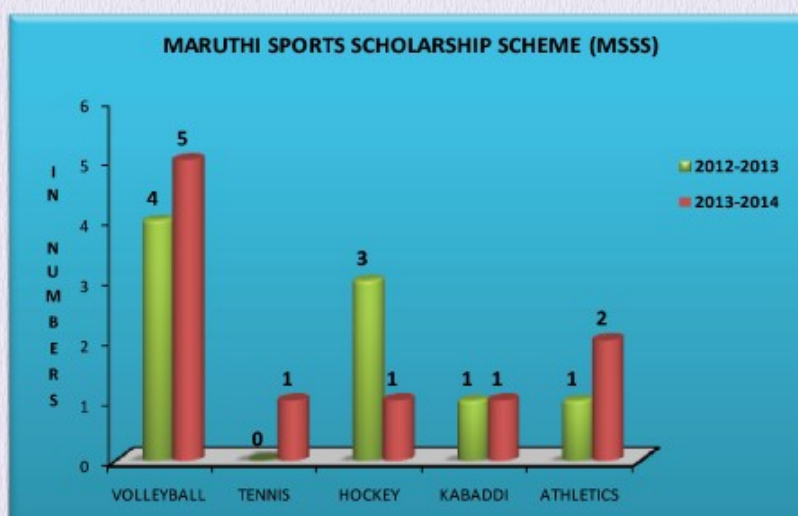
Our management is very generous in providing the sports scholarships for ten (10) deserving sports persons every year. This includes paying the college fee to the selected sports persons. This amount would be Rs.25000/- approximately for each student per year.

Sports Scholarship for the year 2012-2013

S. No	Name of the Student	Course	Semester	Game	Year	Amount
1	K.Palanichamy	MPEd	III & IV	Volleyball	2012-13	21954.00
2	K.R.Manikandan	MPEd	I & II	Volleyball	2012-13	22902.00
3	R.Kamalakaran	BPEd	I & II	Volleyball	2012-13	23371.00
4	D.Vinoth Rohan	BPEd	I & II	Volleyball	2012-13	23371.00
5	P.Ramkumar	BPEd	I & II	Hockey	2012-13	23371.00
6	N.Nandakumar	BPEd	I & II	Hockey	2012-13	23371.00
7	S.Saranraj	BPEd	I & II	Hockey	2012-13	23371.00
8	R.Rajkumar	BPEd	I & II	Athletics	2012-13	23371.00
9	Duttapati Babu	MPEd	I	Kabaddi	2012-13	11102.00
Total						196184.00

Sports Scholarship for the year 2013-2014

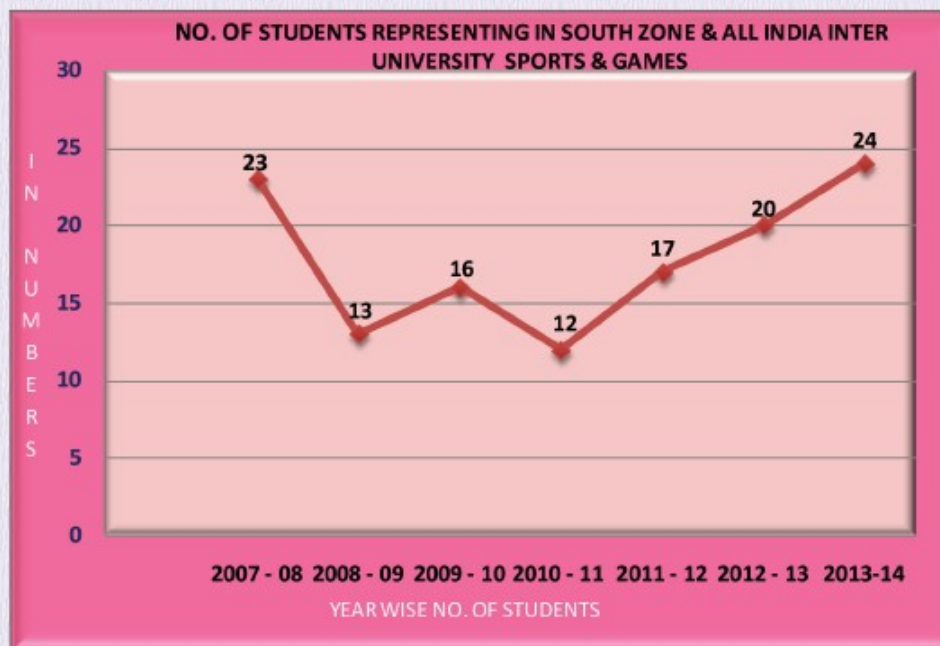
S. No	Name of the Student	Course	Semester	Game	Year	Amount
1	D. Vinoth Rohan	I MPEd	I & II	Volleyball	2013-2014	25000.00
2	G. Murugesan	BPEd	I & II	Volleyball	2013-2014	25000.00
3	K. Arulkumar	I MPEd	I & II	Volleyball	2013-2014	25000.00
4	R. Kamala Kannan	I MPEd	I & II	Volleyball	2013-2014	25000.00
5	K.R. Manikandan	II MPEd	III & IV	Volleyball	2013-2014	25000.00
6	M. Rajakkani	BPEd	I & II	Tennis	2013-2014	25000.00
7	B. Ramprakash	BPEd	I & II	Hockey	2013-2014	25000.00
8	S. Raja	I MPEd	I & II	Kabaddi	2013-2014	25000.00
9	G. Stephen	BPEd	I & II	Athletics	2013-2014	25000.00
10	N. Surendran	BPEd	I & II	Athletics	2013-2014	25000.00
Total						250000.00

**i) Marks Reserved for Achievement in Particular Sports/Activity**

- ◆ There is a proposal to award two additional credits for higher level participation i.e. university or state.
- ◆ For qualifying every state level officiating examination one credit may be awarded.

ii) High Achievement is Publicly Commended

High achievers in theory, practical, open tournaments and representing south zone and all india inter university sports and games are appreciated in the general assembly. Best student award is given during the college annual day function by considering academic excellence, performance in the games and sports and discipline. Further best student awardees are honoured by inscribing their names in the roll of honour board.



iii) Cash Awards are provided according to the Level of Achievement

We encourage our students to participate in the open tournaments. When they win the tournaments and cash awards, our management will distribute the money among the players only. And more over those teams are honoured in the public function.

iv) High Achievers' Names are inscribed on the Honour Boards displayed in the Institution / Department

Our institution has the roll of honour for students who secured first rank in U.G and P.G. courses and also roll of honour for the best student of the academic year.

v) The Institution / Department provides rewards such as Blazers, Monograms, Ties etc., for outstanding performance

Yes, the institution provides track suits, shoes and kit bags for the deserving students.

vi) The Institution / Department ensures through special efforts that the outstanding Sports-Persons get better placement

High achievers in sports are recommended for higher education and various job related departments. Placement cell prioritizes them during appointments when demands are made by the sports industry.

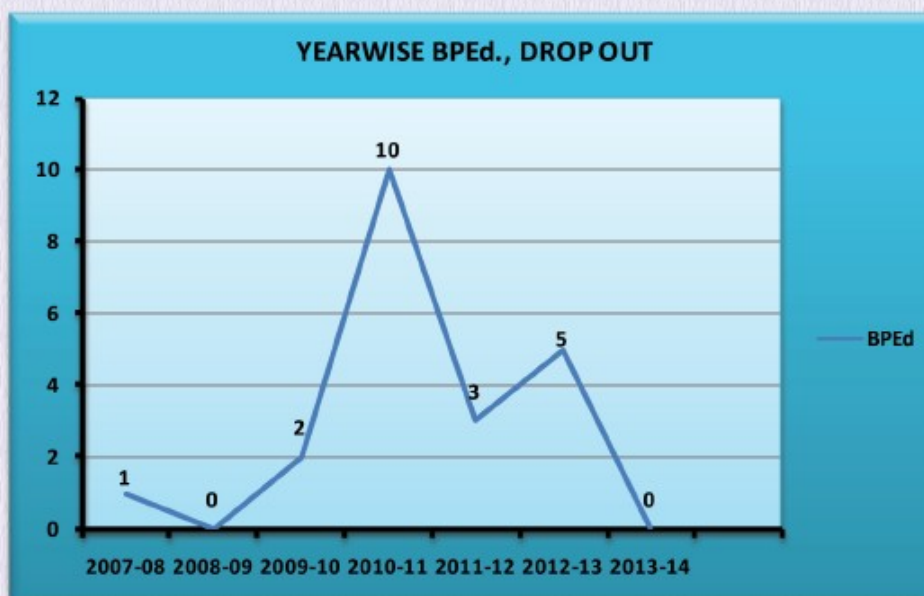
5.1.4 How does the institution ensure that the campus environment promotes motivation, satisfaction, and development and performance improvement of the students?

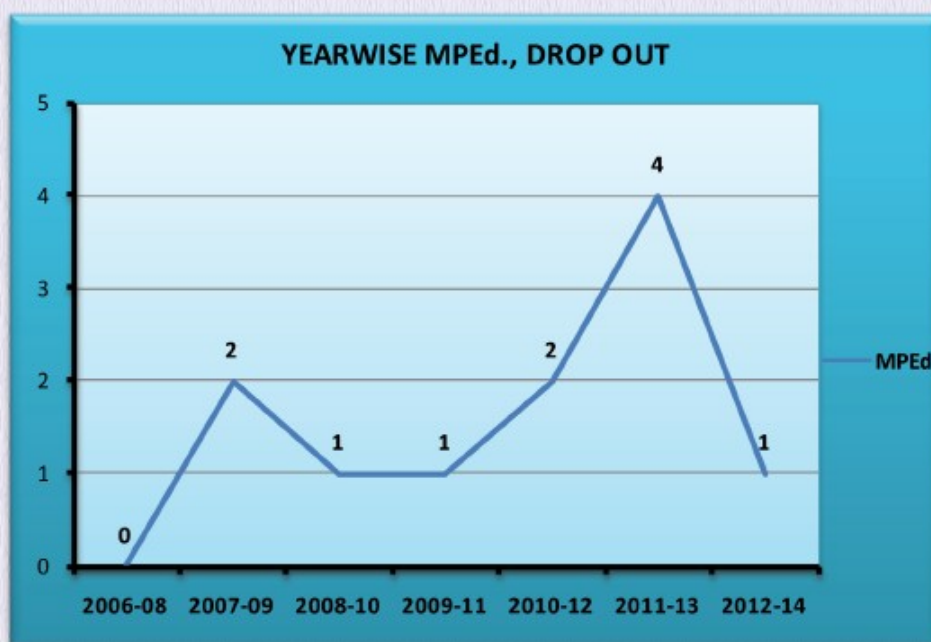
- ◆ Our management is very generous in providing the sports scholarships for ten (10) deserving sports persons every year. This includes paying the college fee to the selected sports persons. This amount would be Rs.25000/- approximately for each student per year.
- ◆ Our management is encouraging the students who have got 100% attendance by giving Rs.1000/- (one thousand) cash award and certificate to the students.
- ◆ Performance improvement is assured by providing wide range of opportunities like
 - Exhibition Matches
 - Project Sports Meets
 - Intramural competition
 - Every day 1 hour is allotted in the timetable to specialize the game of their choice.
 - Practice matches with elite athletes
- ◆ The students are deputed to act as the officials in various tournaments in and outside of our college campus.
- ◆ Intramural competitions are organised for our students in various games and sports by dividing them into four houses i.e. Bharathi, Elango, Kamar and Valluvar which provides an opportunity for cent percent participation.
- ◆ The college provides variety of extracurricular activities for the students to learn and to practice.
- ◆ The campus provides a supportive ambience for the active program in sports academies and coaching of Cricket, Badminton, Tennis and Kalari payattu.
- ◆ Students are motivated to speak in English during the theory hours to develop their fluency in English.
- ◆ In the project sports meet individual championship and house championship are being given. Similarly in the intramurals overall championship trophy is given to the house which secured the maximum points.
- ◆ In the hostel a rolling trophy is given every week to the students who keep their room clean and tidy.
- ◆ In the leadership training camp, each and every activity is being given points and the prizes were also given accordingly.
- ◆ We also invite the experts from the educational franchises like Edu-Sports and the Leap start to give motivational talks to the students for their better job opportunities.

5.1.5 Describe the possible reasons of drop out (if any) and the measures adopted by the institution for minimizing the drop out?

The Percentage of dropout is very minimal in our institution. Getting the government job opportunities or being selected in police department, military services etc., is the main reason for dropout.

BPEd		MPEd	
Batch	No. of Students Drop out / Left	Batch	No. of Students Drop out / Left
2006 - 2007	1	2006 - 2008	-
2007 - 2008	-	2007 - 2009	2
2008 - 2009	2	2008 - 2010	1
2009 - 2010	10	2009 - 2011	1
2010 - 2011	3	2010 - 2012	2
2011 - 2012	5	2011 - 2013	4
2012 - 2013	-	2012 - 2014	1
2013 - 2014	-	2013 - 2015	1





The measures adopted by the institution for minimizing the drop out are as follows:

- ◆ The economically backward students get the benefit of financial assistance of the Government in the form of scholarships.
- ◆ In the parents meeting, the class teachers address the issues such as absenteeism and under performance. So the parents are aware of their ward's performance.

5.1.6 What additional services are provided to students for enabling them to compete for the job and progress to higher education?

- ◆ In our institution placement cell is functioning extremely well. Various schools, colleges and fitness centres were invited and also allowed to conduct campus interviews in our institution. Generally all the students get placement either in the schools, colleges or fitness centres.
- ◆ Ramakrishna Mission Vidyalaya Academy for Competitive Examinations (RMV ACE) has been giving coaching to appear for the competitive examinations like UPSC and TNPSC.
- ◆ In addition to the regular academic programme, special coaching for University Grants Commission National Eligibility Test (UGC NET), State Eligibility Test (SET) and Teachers Recruitment Board (TRB) examinations are being given. Conducting officiating examinations in various sports and games give additional advantage to our students.
- ◆ In our institution we encourage and motivate the students to go for higher studies and we also offer B.P.Ed., M.P.Ed., M.Phil., and Ph.D., and add on courses. In addition to this we also give orientation to the students those who want to aspire for diploma in coaching from National Institute of Sports (NIS)

5.2 STUDENT SUPPORT

5.2.1 What are the various provisions in the institution, which support and enhance the effectiveness of the faculty in teaching and mentoring of students?

Staff members are supported to enhance their qualification and teaching ability in the following ways:

- ◆ Our institution permits the staff members to undergo orientation and refresher courses from time to time.
- ◆ Arranges the special classes from the Microsoft company for all the staff members to impart knowledge in the software.
- ◆ All the staff members are encouraged to submit the list of latest books, journals and CD's in their area of subject and game of specialization to enhance their knowledge in their specific fields. Recommended books are purchased for college library.
- ◆ Our institution gives financial support to the staff members to attend seminars, conferences and workshops etc.,
- ◆ We also invite the resource persons and experts in the specialized areas to address to our staff members.
- ◆ Teachers are benefitted with free internet facilities (Resource Center, Library, Computers Centre) through which they learn new methodologies of teaching, learning, training, silicon coach and other advanced strategies like video analysis.
- ◆ Teachers are benefitted by the N-LIST/INFLIBNET which provides an advantages of skimming through 5,000 e-journals. Teachers are encouraged to edit books (Buck Rules Book), prepare course material and prepare projects (minor and major) and they are motivated to enhance their curriculum based knowledge.
- ◆ We also permit and encourage our staff members to undergo coaching from National Institute of Sports (NIS) and also from the yoga institutes which will improve their practical abilities.
- ◆ Our institution supports the staff members financially, in publishing the books.

Mentoring / Counseling the Students

- ◆ **Tutor Ward Meeting:** Tutor ward meeting are periodically arranged to get the feedback from the students. So that the faculties can improve their teaching strategy.
- ◆ **Class teacher:** Class teacher is responsible for preparing the students profile and monitor the students attendance, discipline and progression in the continuous assessment tests.

5.2.2 Does the institution have remedial programmes for academically low achievers?

If yes, give details.

- ◆ Yes, the subject and class teachers identify the students of low achievers both in theory and practical.
- ◆ Special coaching classes are being arranged to improve their theory and practical standards. Individual counselling is also given to students with proper solutions.
- ◆ Remedial programme in English is organized (by the Part-time English lecturer) every afternoon for the students to understand the lectures better as the medium of instruction is English.
- ◆ Special classes are organised in practical skills for the low achievers.

5.2.3 What is the grievance redressal mechanism adopted by the institution for students? What are the major grievances redressed in last two years?

Suggestion boxes have been placed in the college as well as in the hostel and the students are informed to put their grievances and suggestions in those boxes. The class teachers and the mentors of each class collect the grievances from the students and brought to the notice of grievance redressal committee. The grievance of a particular student or group of students are taken up by the grievance redressal cell which consists of the Principal, class teacher and the senior staff members and come out with the suitable solution.

The major grievances redressed in last two years are:

- ◆ The students wanted to have special coaching English communication skills. English communication skills included in the curriculum as the supportive paper.
- ◆ The students wanted to have basic computer knowledge and the application of SPSS programme. Computers are brought in as the supportive paper.
- ◆ PG students wanted to have NET/SET special coaching classes. Special coaching classes for NET/SET are arranged.
- ◆ The students wanted to have add on courses like Yoga, Fitness, Tennis, Kalari payattu and Aerobics. Certificate courses in Yoga, Fitness, Tennis, Kalari payattu and Aerobics are arranged.

5.2.4 How is the progress of the candidates at different stages of programme monitored and advised?

The progress of the students is monitored through their performance in theory and practical. They are evaluated by the subject teachers through Continuous Assessment Test (CAT). The marks are periodically entered in students profile. Low achievers among the students are advised during tutor ward and parent meetings.

Theory

Internal evaluation done by the various components of Continuous Assessment Test (CAT) (assignments, attendance, pre-semester exams etc.,) and advice is given to the students accordingly.

Practical

- ◆ Fundamental skills, techniques, tactics of various games of the students are monitored by the teachers by conducting periodical tests.
- ◆ Students who make themselves absent for more than three days (consecutively) are brought to the knowledge of Principal who informs their parent/guardian for further action.
- ◆ The regularity of the student in attending the theory and practical classes are monitored by the class teachers and advice is given to the irregular students.
- ◆ Students, who are weak in studies, are assisted with 'study material' in local language (Tamil).
- ◆ It is always a joint venture of the Principal, Teacher and the Parent in terms of 'Education' and Discipline' of the students. The students who are not progressing as expected will be informed to the parent or the local guardian to channel them towards positive direction.

5.2.5 How does the institution ensure the students' competency to begin practice teaching (Pre-practice preparation details) and what is the follow-up support in the field provided to the students during practice teaching in schools?

- ◆ Initially there will be model classes by the teachers, explaining the method of various parts of a lesson (formal part, special part, recreation part and so on)
- ◆ The first semester will be used for Internal Practice Teaching with corrections, modifications and evaluation done.
- ◆ Teaching practice notes in which they write two lessons per week will be corrected by the concerned teacher who handles teaching practice.
- ◆ First semester classes on practice teaching will give sufficient pre-practical preparation, supported by teachers.
- ◆ In Second semester, the student will be assigned to various schools where they will take twenty lessons.
- ◆ Intensive practice teaching will be supported with a record note and with 20 lessons (10 General Lesson and 10 Particular Lesson)
- ◆ The concerned Physical Education Teacher at the school and the teacher of the college will assess their competency in teaching.
- ◆ Feedback sessions and appropriate mechanism will modify them suitably based on the review.
- ◆ The students will be given opportunity to 'report' the experience at the Practice Teaching Schools.
- ◆ The common meeting with the students after the practice teaching will help to overcome the barrier/hurdles faced during the practice teaching.

5.2.6 Give details on the student counseling facilities available to the students of the institution?

i) General Career Counseling

- ◆ Class teacher takes care of the general counselling of the concerned class. We have a staff in charge for the placement cell and counselling.
- ◆ Students those who are having specific problems can have the guidance from the staff. In addition to this in the tutor ward meeting also counselling will be given. We also invite the human resource personnel from the reputed employment franchises like Edu - Sports and Leap Start to give career counselling to our students.

ii) Sports-Specific counseling to Talented Sports-Persons

- ◆ Avenues of the sports scholarships are informed to the sports talented students.
- ◆ Job opportunities available in the government and private sectors to the sports persons were also informed.
- ◆ Opportunities available to start coaching academies and also fitness and yoga centres are also explained

iii) Academic Counseling

Various higher education courses available and their job opportunities are explained to the students. Importance of NET/SET/JRF for lectureship and research are explained. Role of officiating examinations and their uses are also explained.

iv) Personal counseling to low achievers

Theory

Special classes are arranged to handle the low achievers to improve their grades. Special lectures by the eminent personalities are arranged to motivate the low achievers. Specific problems of the students are identified and appropriate measures are taken to address them.

Practical

Special coaching classes are arranged for the low achievers in the practical. Emphasis is given to understand and practice the fundamental skills.

v) Therapeutic counseling on health, fitness, behaviour etc.,

A qualified physiotherapist is available in our campus to give counselling on injuries, health, fitness and behaviour etc., Experts are invited like medical doctors fitness consultants and psychologists to address health, fitness and behavior etc., The college is having Memorandum of Understanding (MOU) with R.V.S College of Physiotherapy, coimbatore and Parthiban hospital, Coimbatore. Experts from these institutions visit our college for medical assistance.

In our Vidyalaya charitable dispensary, free medical check-ups are done frequently for dental, eye, diabetes etc. Expert doctors are available for further counseling and treatment if any disorder is diagnosed.

vi) Placement Services

Placement cell is the most prominent aspect of our institute. Every year around 30 campus interviews are being arranged from schools, colleges, fitness centres and private franchises. All the students are getting placement offers through these campus interviews.

Placement Details (2008-2009)

Course	No. of Students Enrolled	No. of Students Drop-out	No. of Students Completed	Opted for Higher Studies	On Campus Placement			Off Campus	
					No. of Students Appeared	No. of Students Placed	Percentage	No. of Students Placed	Percentage
BPEd (2008-2009)	36	0	36	22	37	13	91%	1	9%
MPEd (2008-2010)	25	2	23	-		21	92%	2	8%
Total	61	2	59	22	37	34	92%	3	8%

Details of placement distribution (2008-2009)

S. No.	Details of sources	On campus Placement		Off Campus
		Number of Students Appeared	Number of Students Placed	Number of Students Placed
1	Matriculation schools	25	17	1
2	CBSE schools	5	1	
3	International schools	6	2	
4	Private Physical Educational Franchise	9	3	
5	Colleges	26	11	2
Total		71	34	3

Placement Details (2009-2010)

Course	No. of Students Enrolled	No. of Students Drop-out	No. of Students Completed	Opted for Higher Studies	On Campus Placement			Off Campus	
					No. of Students Appeared	No. of Students Placed	Percentage	No. of Students Placed	Percentage
BPEd (2009-2010)	63	2	61	24	55	35	94%	2	6%
MPEd (2008-2010)	19	1	18	-		17	94%	1	6%
Total	82	3	79	24	55	52	94%	3	6%

Details of placement distribution (2009-2010)

S. No.	Details of sources	On campus Placement		Off Campus
		Number of Students Appeared	Number of Students Placed	Number of Students Placed
1	Matriculation schools	35	26	1
2	CBSE schools	15	7	
3	International schools	18	3	
4	Private Physical Educational Franchise	12	5	
5	Colleges	18	11	2
Total		98	52	3

Placement Details (2010-2011)

Course	No. of Students Enrolled	No. of Students Drop-out	No. of Students Completed	Opted for Higher Studies	On Campus Placement			Off Campus	
					No. of Students Appeared	No. of Students Placed	Percentage	No. of Students Placed	Percentage
BPEd (2010-2011)	85	10	75	13	110	60	96%	2	4%
MPEd (2009- 2011)	19	18	18	-		18	100%	-	-
Total	104	28	93	13	110	78	98%	2	2%

Details of placement distribution (2010-2011)

S. No	Details of sources	On campus Placement		Off Campus
		Number of Students Appeared	Number of Students Placed	Number of Students Placed
1	Matriculation schools	61	53	2
2	CBSE schools	8	5	-
3	International schools	12	5	-
4	Private Physical Educational Franchise	10	5	-
5	Colleges	19	10	-
Total		110	78	2

Placement Details (2011-2012)

Course	No. of Students Enrolled	No. of Students Drop-out	No. of Students Completed	Opted for Higher Studies	On Campus Placement			Off Campus	
					No. of Students Appeared	No. of Students Placed	Percentage	No. of Students Placed	Percentage
BPEd (2011-2012)	88	3	85	12	145	73	100%	-	-
MPEd (2010- 2012)	26	2	24	5		19	100%	-	-
Total	114	5	109	17	145	92	100	-	-

Details of placement distribution (2011-2012)

S. No	Details of sources	On campus Placement		Off Campus
		Number of Students Appeared	Number of Students Placed	Number of Students Placed
1	Matriculation schools	61	57	-
2	CBSE schools	20	10	-
3	International schools	19	6	-
4	Private Physical Educational Franchise	22	7	-
5	Colleges	23	12	-
Total		145	92	-

Placement Details (2012-2013)

Course	No. of Students Enrolled	No. of Students Drop-out	No. of Students Completed	Opted for Higher Studies	On Campus Placement			Off Campus	
					No. of Students Appeared	No. of Students Placed	Percentage	No. of Students Placed	Percentage
BPEd (2012-2013)	100	5	95	14	163	81	100%	-	-
MPEd (2011-2013)	25	4	21	4		17	100%	-	-
Total	125	9	116	18	163	98	100%	-	-

Details of placement distribution (2012-2013)

S. No	Details of sources	On campus Placement		Off Campus
		Number of Students Appeared	Number of Students Placed	Number of Students Placed
1	Matriculation schools	81	47	-
2	CBSE schools	22	13	-
3	International schools	17	12	-
4	Private Physical Educational Franchise	21	11	-
5	Colleges	22	15	-
Total		163	98	-

Placement Details (2013-2014)

Course	No. of Students Enrolled	No. of Students Drop-out	No. of Students Completed	Opted for Higher Studies	On Campus Placement			Off Campus	
					No. of Students Appeared	No. of Students Placed	Percentage	No. of Students Placed	Percentage
BPEd (2013-2014)	100	-	100	18	149	82	100%	-	-
MPEd (2012- 2014)	19	1	18	7		11	100%	-	-
Total	119	1	118	25	149	93	100%	-	-

Details of placement distribution (2013-2014)

S. No	Details of sources	On campus Placement		Off Campus
		Number of Students Appeared	Number of Students Placed	Number of Students Placed
1	Matriculation schools	79	42	-
2	CBSE schools	23	17	-
3	International schools	21	13	-
4	Private Physical Educational Franchise	16	11	-
5	Colleges	10	10	-
Total		149	93	-

VI) Any other

Ramakrishna Mission Vidyalaya Academy for Competitive Examinations (RMVACE) is giving coaching to our students regarding the various competitive examinations. It is also conducting the coaching classes for Union Public Service Commission (UPSC) and Tamil Nadu Public Service Commission (TNPSC) examinations and it is a great opportunity to our students to attend this coaching scheme.

5.2.7 Does the institution provide sports coaching to students/trainees? Are students encouraged to qualify as sport officials (referees, umpires, table officials) so as to add to their competency? If yes, give details thereof.

In M.P.Ed., we offer various specializations and the students have the option of selecting their area of interest. Students have been given coaching in their area of specialization. We also have the sports academies like Badminton, Tennis and cricket. Every year we conduct officiating examinations in athletics, handball, kho-kho and kabaddi through the respective associations. We also offer certificate courses in Tennis, Fitness, Kalari payattu, Yoga and Aerobics.

5.2.8 Are the students from the institution encouraged to join specialized coaching courses provided by the various National Institutes and other organizations? If yes, give details for the last three years.

We are encouraging our students to go for specialized coaching courses in the NSNIS centers.

Year	Name of the Course	No. of Students
2006-2007	NSNIS (Regular and Summer Courses)	5
2007-2008		8
2008-2009		7
2009-2010		12
2010-2011		13
2011-2012		10
2012-2013		13
2013-2014		15

5.2.9 Does the institution publish 'its' updated prospectus/handbook annually? If yes, what are the aspects on which information is provided in the prospectus/ handbook?

Yes. The college publish prospectus and handbook with the updated content every year. The handbook contains particulars of the college, list of the governing body members, college committee members, board of studies members, academic council members etc. It also includes particulars of the teaching and non-teaching staff, goals and objectives of the institution, courses offered and eligibility criteria for various courses and examination procedures. The handbook also contains tentative planning of the academic year of two semesters.

The following particulars are given in the college handbook

- ◆ Student Bio-Data
- ◆ Particulars of College
- ◆ Governing Body Members List
- ◆ College Committee Members List
- ◆ Academic Council Members List

- ◆ Board of Studies Members List
- ◆ Teaching Staff Particulars (Aided and Part-time)
- ◆ Non Teaching Staff Particulars (Aided and Part-time)
- ◆ Brief History of Ramakrishna Mission Vidyalaya
- ◆ Brief History of Maruthi College of Physical Education
- ◆ Goals and Objectives of the Institution
- ◆ College Status
- ◆ Library
- ◆ Fitness Centre
- ◆ Laboratories
- ◆ Common Guidelines for B.P.Ed., and M.P.Ed.,
 - Grading
 - Attendance
 - Medium of Instruction
 - Course of Study
 - Admission Procedure
- ◆ Important Events of the College
 - Leadership Training Camp
 - Coaching Programme
 - Practice Teaching
 - Play Festival
- ◆ Anti Ragging Rules
- ◆ Other Institutions of Vidyalaya
- ◆ Celebration at Vidyalaya
 - Kalpataru Day
 - Gurupuja
 - National Youth Day
 - World Disability Day
 - Birthday Celebration
 - Vidyarthi Homa
 - Saraswathi Puja
 - Kalaimagal Vizha
 - Republic Day and Independence Day Celebration
 - Graduation Ceremony
 - Vidyalaya Foundation Day
 - Spiritual Retreat
- ◆ Examinations – Rules and Regulations
- ◆ Continuous Internal Assessment Tests
- ◆ Examinations

- ◆ Semester Examinations
 - Requirements to appear for Semester Examinations
 - Conduct of Examination – General
 - Reasons for disqualifying a student from appearing Examination
 - Punishments for Malpractice
 - Classification of successful candidates
 - Passing Minimum
 - First class with Distinctions
 - First class
 - Second Class
- ◆ Hostel Rules And Regulations
- ◆ Staff Responsibilities
- ◆ Festival Calendar
- ◆ Academic Activities (semester wise) For details refer **Appendix No.21**

Prospectus

The prospectus is printed for each course separately and updated annually which contains the following data (copy of the prospectus is attached in **Appendix No.22**)

- ◆ Profile of the Organisation
- ◆ Ramakrishna Math and Ramakrishna Mission
- ◆ The motto of Ramakrishna Math and Ramakrishna Mission
- ◆ Legal Standing
- ◆ Registration Status
- ◆ Establishment of Maruthi College of Physical Education
- ◆ Facilities in the College
- ◆ Activities in the College
- ◆ Students Welfare Association
- ◆ Courses Offered and Their Eligibility
- ◆ Common Guidelines for BPEd and MPEd
 - Medium of Instruction
 - Course of Study
 - Passing of Results
 - Value Education
 - Adapted Physical Education
 - Communication Skill and Computer Application
 - Rule of Reservation
 - Admission Procedure
 - Medical Fitness Certificate
 - Practice Teaching
 - Leadership Camp
 - Project Sports
 - Play Festival

- ◆ Registration of Application
- ◆ Scholarships
- ◆ Sports Scholarships
- ◆ Rules and Regulations
- ◆ Other Institutions of Vidyalaya Campus
- ◆ Fee Details

5.2.10 Does the institution provide training and access to library and other education related electronic information, audio/ video resources, computer hardware and software related and other resources available in the institution to the student teachers after graduating from the institution? If yes give details on the same.

Training and access to Library

- ◆ The graduated students from our institution take their further studies such as research project planning and overseas assignments either from our institution or outside are encouraged to use our learning resources for their proficiency.
- ◆ In this regard the pursuing graduates are trained to use our library by following the rules of our college.
- ◆ Our library is giving personalized assistance and support services to the graduates in acquiring proper information with quick disposal. And also the internet research skills orientation is provided to the graduates and they are guided for online resources in our field.
- ◆ Other education related electronic information, audio/ video resources, computer hardware and software related and other resources available in the institution to the student teachers.
- ◆ The graduated students are also permitted to copy the CD'S available from our library and from the educational technology laboratory.
- ◆ Each class have been provided with library hours in their regular time table. Students are permitted to borrow books from the library.

5.3 STUDENT ACTIVITIES

5.3.1 Does the institution have an Alumni Association? If yes,

Yes

i) List the current office bearers

- ◆ President - Dr. B.M. Veeraswami
- ◆ Vice president - Sri T. S. Mohanraj
- ◆ Secretary - Dr. T. Radhakrishnan
- ◆ Treasurer - Dr. STN. Rajeswaran

ii) The year of establishment and the last election held

Year of establishment: 1975, and the last election held on August, 2012

iii) List Alumni Association activities of last two years

- ◆ Membership drive
- ◆ Executive committee meetings
- ◆ Association arranges for the 'Alumni Home Coming' of various batches to meet at the college and to spend the day
- ◆ Workshops have been conducted every year. The following workshops are conducted in the last two years:

S. No.	Theme	Seminar/ Conferences/ Workshops	Level	Date
1.	Employers Based Curriculum Designs in Physical Education	Workshop	National Level	18 th August 2012
2.	Officiating Examination on Athletics	Workshop	State Level	8 th & 9 th November, 2012
3.	Workshop cum officiating examination in 'Kabaddi'			17 th & 18 th September, 2013
4.	Workshop cum officiating examination in 'Handball'			13 th & 14 th December, 2013

- ◆ Officiating examinations are conducted in the following games: Track and field, football, handball, kabaddi and kho-kho
- ◆ Seminars conducted by our institution are informed to all the alumni
- ◆ All the major activities of our college are informed to the alumni

iv) Details of the Top 10 Alumni Occupying Prominent Positions / Excelled in Sports and Games

- ◆ Dr. B.M Veeraswami, Principal, Maruthi College of Physical Education
- ◆ Dr. A. Pushparajan, Principal, Maruthi College of Physical Education
- ◆ Dr. G. Palaniswamy, Principal, Maruthi College of Physical Education
- ◆ Dr. S. Alagesan, Principal, Maruthi College of Physical Education
- ◆ Dr. Ch. VST Saikumar, Principal, Maruthi College of Physical Education
- ◆ Dr. K. Chandrasekaran, Professor and head, Department of physical education, Madurai Kamaraj University, Madurai.
- ◆ Dr. Kapil Dev, Professor and Head, Department of physical education, Amaravathi University, Maharashtra.
- ◆ Dr. R. Gandhi, Chief Coach, Department of Athletics, Sports Authority of India, Bangalore.
- ◆ Dr. Sakthi Ranjan Misra, Principal, Baliapal College of Physical Education, Baliapal, Balasore, Odisha

- ◆ Mr. P. Ramakrishna, District Sports Officer, (Nellore, Andhra Pradesh)
- ◆ Mr. G. Venkateswara Rao, District Sports Officer, (Guntur, Andhra Pradesh)

Many of our alumni have occupied very high positions in the police department.

v) Details on the Contribution of Alumni to the Growth and Development of Institution

- ◆ Alumni association in its meeting has the mass agenda of planning for the growth and development of the college. Through membership drive Alumni generate fund which is used to increase the facilities of the college Alumni association takes important role in all activities of the college, contributing much for the planning and organization of all events, tournaments and special program.
- ◆ Alumni at the college act as counsellors and advisors for the Principal and Teachers.
- ◆ They motivate and encourage by giving pep-talk during their visit to the institution.
- ◆ They take part in the celebrations of the college like College Day, Sports Meet and Valedictory functions to give valuable feedback and reviews.
- ◆ They get involved in career counselling and placement avenues.
- ◆ Their active participation in Alumni Association activities, helps the college to grow in a professional way.
- ◆ A few members of the Governing body and Board of Management, do suggest innovative programmes at the college.
- ◆ Alumni contribute as members of academic bodies like Board of Studies and Academic Council.
- ◆ Alumni act as coaches to most of the games.
- ◆ They show the road map to the principal, staff and students of the college to guide in the right path.

5.3.2 How does the institution encourage students to participate in extracurricular activities including sports and games?

Our institution encourages the students to participate in the following extracurricular activities:

- | | |
|---|---------------------------------------|
| ◆ Cultural programmes | ◆ Community based services |
| ◆ Elocution and literary competition | ◆ Youth camp |
| ◆ Sports quiz | ◆ Spiritual retreat |
| ◆ Participating in the open tournaments | ◆ Gurupuja and educational exhibition |
| ◆ Inter collegiate and inter physical education tournaments | ◆ Youth rally and |
| | ◆ Vidyarthi Homa |

5.3.3 How does the institution involve and encourage students to publish materials like catalogues, wall magazines, college magazine, etc.

We encourage our students to prepare sports news and display the same in the display boards which were allotted specifically for each course. Class teacher will be guiding the students and also edit the materials. A faculty member is given charge of guiding and supporting students in the publishing of college magazine. College magazine published annually give opportunities to students to express their literary skills.

5.3.4 Does the institution have a student council or any similar body? Give details on– constitution, major activities and funding.

Constitution of Students Welfare Association

The student welfare association comprises of a president and vice-president from PG course, and secretary and joint secretary from UG course under the guidance of a staff in-charge. The office bearers of the Students' Welfare Association are elected through voting by the students in a democratic way.

Major Activities

- ◆ **Conducting all the major festivals of all religions:** Our institution celebrates all the major festivals of all religions like Vinayagar chaturthi, Saraswathi pooja, Ramzan and Christmas. This will enable the quality of accepting all religions which will lead to religious harmony among the students community.
- ◆ **Inviting eminent personalities and organizing special guest lecturers:** To improve the fine qualities and characteristics of a physical education teacher and director, our institution invite many eminent personalities and organizing special guest lectures in physical education and sports and games.
- ◆ **Tree plantation:** Our college is very keen on the environmental development. Our students visit various places to give coaching, officiating, organizing, practice teaching, play festival training and rural coaching scheme. Our teacher trainees where ever they go influence eco friendly atmosphere through creating awareness by oratorical way and in planting the tree saplings.
- ◆ **Blood donation:** Serving to the society is not barred from our college principles. Main service among all is life saving. In this context our students are not tired with blood donation at any time anywhere. Any emergency call for want of blood to the intensive care patients from hospitals will be attended by our students. Blood donation camp conducted by our Vidyalaya institutions will be coordinated by our students.

Quiz, Elocution, Essay writing Competitions

Students' welfare association, organize quiz, essay writing and elocution competitions for the students. The winners of these events were honored during the felicitation functions.

Swami Vivekananda Chicago Address Recitation Competition

Our Vidyalaya conducts an event titled, "Swami Vivekananda Chicago Address recitation competition", for students of all the institutions of the Vidyalaya. The

event was held in three categories – Metric, Post-metric and College level, and the competitions were conducted in English, Tamil and Hindi. Our students' Welfare Association organises this event by distributing Swamiji's lectures to all the students and by conducting the preliminary competition.

Teachers' Day Celebration

Our former president Dr. Sarvepalli Radhakrishna's birthday which falls on September 05th being celebrated as teacher's day. In our institute every year we invite a dedicated retired teacher and we felicitate him. He would address to the students regarding the importance of teachers' day. On this day our senior students would handle the both theory and practical classes and in the evening there would be a sports competition between the staff and students which would improve cordial relationship among them.

5.3.5 Give details of the various bodies (academic and administrative) which have student representation on it.

Academic and Administrative Bodies Students' Representation

- ◆ **Board of studies (BOS):** Two students are included as the members in Board of studies (BOS) to express their feedback regarding the Introduction of new courses, curriculum development and evaluation pattern.
- ◆ **Disciplinary Committee:** Decision making and problem solving.
- ◆ **Grievance Redressal Committee:** Suggestions, Representations, and Solution making.
- ◆ **Uniform Committee:** Designing, Ideas and Opinion, Distribution of uniforms and shoes.
- ◆ **Students' welfare schemes:** Innovations and implementations.
- ◆ **Scholarship committee:** Information and Processing.

5.3.6 Does the institution have a mechanism to seek and use data and feedback from its graduates and current students to improve the preparation of the programme and the growth and development of the institution? If yes give details.

Effective feedback mechanism, inbuilt in the system, is the means by which the internal coordination and monitoring is accomplished. This feedback takes place at various levels. On the basis of these feedbacks, quality checks are made through appropriate interventions. The details in this regard are as follows:

- ◆ **Students' feedback:** At the end of every academic session, a feedback from the students is received and shared with staff members by issue of letters. Strengths and weaknesses, as per the feedback report, are shared with them. They are also requested to propose faculty development programs to improve their performance in specific fields.

- ◆ The graduated students when they visit the college, immediately after their course, bring out lots of suggestions for improvement. The Principal and the Senior teachers are very receptive and their opinions are taken-up and discussed with the other staff and if needed with the Management.
- ◆ Graduation day and College day are special days in which well wishers of the college are invited for interactive session with the teachers and the management.
- ◆ Retired teachers are 'called-in' during various occasions and they really help the institution with suggestions and opportunities for students to have a wide range of learning situation.
- ◆ **Teachers' feedback:** Feedback from teachers is also obtained in a prescribed format. They submit a feedback concerning students studying under him and also self assessment of their own strengths and weakness. The principal also submits his assessment on all the teachers.
- ◆ **Non-teaching staffs' feedback:** Feedback from the non-teaching staff is got through the office superintendent.
- ◆ **Hostel staff feedback:** The warden of the hostel is the major source of feedback regarding the students. In addition to this, other staffs (Hostel Supervisors) also give useful feedback about their health, attitude, conduct and behaviour.
- ◆ **Parents' feedback:** The feedback from the parents/guardians about the college and the hostel comes mainly through the hostel in charge and the supervisors. On some occasions the parents are called by the principal to discuss the academic performance or discipline of their wards.
- ◆ **Alumni's feedback:** Useful feedback is often obtained from our ex-students, especially during meetings or programs conducted by the Alumni Association. This feedback is more objective, matured and constructive as ex-students are in a position to assess the limitations and strengths of the college.

5.4 BEST PRACTICES IN STUDENT SUPPORT AND PROGRESSION

5.4.1 Give details of institutional best practices in Student Support and Progression.

- ◆ To empower the students and keeping abreast with what is latest and the best our institution arranges extra classes, guest lectures, group discussion, seminars, workshop and conferences from time to time.
- ◆ The institute maintains a well equipped library and runs it on model lines. It has textbooks, other books, reference material, journals, encyclopaedia, magazines, newspapers, research journals, and internet facilities. These facilities are available to the students on roll as well as to those who have already passed out.
- ◆ Student teacher relationship is at its best in the institute. In the Vidyalaya campus, students call the teachers as 'Anna' (elder brother) and teachers call the students as 'Thambi' (younger brother).

Along with the above mentioned facilities, the institution ensures quality learning and effective training. This includes the following:

Co-operative Learning

- ◆ Students are also encouraged to learn cooperatively in and outside the classroom, or wherever they are.
- ◆ The institute seeks to promote multi-cultural values, inclusive learning and democratic ways of thinking and living, in order to promote peace and respect for a dignified peaceful co-existence.
- ◆ The institute takes extra pains to ensure physical development of its students. It keeps them active through various activities.

Placement Services

- ◆ In addition to serving the students' interest during the course of training by adopting student-centered approach, the institute also takes care of future interests of its product.
- ◆ The institute strives to have hundred per cent placement for its students. As noted earlier, the institute maintains a placement cell to attain the objective. Placement rate is going up. Besides, it renders assistance to those who aspire for higher studies.

Scholarship

- ◆ With the suggestion from the IQAC, our management was kind enough to provide sports scholarships for ten meritorious sportsmen every year for the outstanding sportsmen for them, the entire college fee is borne by the management.
- ◆ Through our college more than eighty percent students get government scholarships. Our college also helps the students in getting their educational loans.

Free News Paper: All the students of our institute are supplied with the English news paper, 'Times of India' free of cost by our management.

Earn while learning: Our college provides part time jobs to our students considering their talent and their economic situation. For example: Fitness instructor and as the coaches of badminton, cricket and tennis in the academies run by our institution.

Group Insurance Scheme: All of our students are covered under the group insurance scheme in which any accidents and the sports injuries are reimbursed

Vidyalaya Charitable Dispensary: All of our students could get expertise consultancy services from the Vidyalaya charitable dispensary by paying Rs.5/- only. All the laboratory tests and medicines are available at fifty percent (50%) discount of the maximum retail price (MRP).

Some of the Student Welfare Measures which are in practice are given below

- ◆ Well established laboratories and methods of application of theoretical knowledge.
- ◆ To promote good communication skills and improve teaching ability of students, computer-cum-english language laboratory is established in our institution.

- ◆ To take care of the academic excellence of the students, tutor-ward system is followed in our institution.
- ◆ Observance of transparency in admission is highly appreciated by the students, parents and the society at large.
- ◆ The handbook is issued during the first week, to sensitize the students about the various college activities around the year.
- ◆ Supply of handouts and formation of e-groups for better learning process.
- ◆ In order to speed up the publication of the results of the students examination work is computerized.
- ◆ Students are given officiating opportunities, in various schools and colleges.

To Enhance the Quality Sustenance and Enhancement the following activities are carried out in our Institution

- ◆ During the general assembly the following points are announced: 1.Sports news in Tamil and English 2.Update the rules and regulation of the sports and games. 3. Achievers in sports and games are honoured.
- ◆ Periodical organization of sports quiz
- ◆ Latest rules and changes in the mechanism of officiating are explained by the concerned teacher during general assembly.
- ◆ Students are involved in construction and maintenance of courts to gain knowledge on maintenance of courts and equipments.
- ◆ Measures are taken to deliver latest and modern trends in physical education through
 - Invited guests
 - Field visits, study tours
 - Workshops/seminars
 - Media presentation

Additional Information

1. What were the evaluative observations made under Student Support and Progression in the previous assessment report and how have they been acted upon?

The National Assessment and Accreditation Council (NAAC) peer observed that the relationship between the college administration and the Vidyalaya mission management is very intimate and cordial. Both the faculty and the students are a disciplined and highly motivated lot. Discipline among the staff and students, is praise worthy. Fee collected from the students is not high.

The NAAC peer team also felt that motivating the students to clear the UGC net examinations

- ◆ Our college has been conducting special coaching classes for all the PG students to appear in the NET, SET, TRB examinations. For this experts from other institutions are also invited to handle this special coaching programme.
- ◆ In our Vidyalaya there is a coaching centre known as Ramakrishna Mission Vidyalaya Academy for Competitive Examination (RMVACE). This scheme provides an opportunity for all the students those who want to appear for all types of competitive examinations like TNPSC, Railway Services, UPSC examinations etc.,

2. What are the other quality sustenance and enhancement measures undertaken by the institution since the previous assessment and accreditation with regard to Student Support and Progression?

Sports Scholarship: Our management was kind enough to provide sports scholarships for ten meritorious sportsmen every year; the entire college fee is borne by the management.

Placement Cell: Our institution is taking keen interest by inviting the various educational agencies like Edu Sports and Leap Start to get their feedback and fulfill the needs of the employers. For the last two years all of our students have been placed through the campus interviews organized by our college placement cell.

Innovations towards quality sustenance and enhancement are:

- | | |
|--|--|
| ◆ Technology based teaching process | ◆ Establishment of new laboratories |
| ◆ 'Earn while learn' scheme | ◆ Establishment of new courts and fields |
| ◆ UGC Schemes and Financial Assistance | ◆ Internet Connectivity |
| ◆ Rural Sports | ◆ Sports Academies |

Financial Support

- ◆ Loan Scholarship for SC/ST (State Government)
- ◆ SC/ST Scholarship (State Government)
- ◆ Backward and Most Backward class Scholarship (State Government)
- ◆ Awards – Rank holders (endowment)

Curricular Program

- | | |
|---|--------------------------------------|
| ◆ Introduction of Career Oriented Programme | ◆ Research and laboratory facilities |
| ◆ Add-on and Optional courses | ◆ Value Education |
| ◆ English Language laboratory | ◆ Credit System |





Teachers Day Celebration



Teachers Day Celebration



SLET / NET Exam Coaching



Vidyarthi Homa



Recitation Competition



Charitable Dispensary



Alumni Meeting



Placement Service



Placement Service



Parents Meeting



Parents Meeting



Parents Meeting



Seminars & Workshops



Organising Sports



Organising Sports

A golden scale of justice stands on a wooden surface, with a wooden gavel resting on its base. The background is a dark, blurred bookshelf. The text "CRITERION VI" is written in yellow, bold, sans-serif font in the upper right quadrant.

CRITERION VI

GOVERNANCE AND LEADERSHIP

CRITERION VI: GOVERNANCE AND LEADERSHIP

"Pay as much attention to the means of work as to its end."

- Swami Vivekananda

6.1 INSTITUTIONAL VISION AND LEADERSHIP

6.1.1 What are the institution's stated purpose, vision, mission and values? How are they made known to the various stakeholders?

Ramakrishna Mission and Math was founded by Sri Ramakrishna's chief apostle, Swami Vivekananda (1863-1902), one of the foremost thinkers and religious leaders of the present age, who is regarded as 'one of the main moulders of the modern world', in the words of an eminent western scholar A.L. Basham.

The Headquarters of these centres are situated in Belur Math, Howrah, West Bengal. All branch centres of the Ramakrishna Math come under the administrative control of the Board of Trustees, whereas all branch centres of the Ramakrishna Mission come under the administrative control of the Governing Body of the Ramakrishna Mission. Although Ramakrishna Math and Ramakrishna Mission are legally and financially separate, they are closely inter-related in several other ways, and are to be regarded as twin organizations. The Math and the Mission together have 172 branch centres all over India and in different parts of the world.

The motto of Ramakrishna Math and Ramakrishna Mission is: 'Atmano mokshartham jagad hitaya cha: For one's own liberation and for the welfare of the world'. The main goals and objectives of these twin organizations based on the principles of Practical Vedanta are:

- ◆ To spread the idea of the potential divinity of every being and how to manifest it through every action and thought.
- ◆ To spread the idea of harmony of religions based on Sri Ramakrishna's experience that all religions lead to the realization of the same reality known by different names in different religions. The Mission honours and reveres the founders of all the world religions such as Buddha, Christ and Mohammed.
- ◆ To treat all work as workshop, and service to man as service to God.
- ◆ To make all possible attempts to alleviate human suffering by spreading education, rendering medical service, extending help to villagers through rural development centres, etc.
- ◆ To work for all-round welfare of humanity, especially for the uplift of the poor and the downtrodden.
- ◆ To develop harmonious individuals through their combined practice of Jnana, Bhakti, Yoga and Karma.

The Maruthi College of Physical Education (MCPE) is one of the institutions in the Vidyalyaya which was started in the year 1956. This institution has been named after the great Ramayana hero, Mahavir, also called Maruthi or Hanuman. Faith and devotion are essential factors in the development of strength in any individual. Personal purity and devotion to a great cause are the necessary requisites for a healthy living. Maruthi, who personified in himself these great qualities, has stood as the ideal of manhood to millions of men in our country. And so it is only fitting that this institution is named after him.

OUR VISION

The vision of the college is to provide personal, intellectual and professional growth of its students and staff and to produce an ideal physical education teacher with emphasis on man making and character building education.

OUR MISSION

- ◆ Preparing physical education teachers of highest caliber both in theory and practical.
- ◆ Aspiring for global standards of quality teaching, research and publication and commitment to service to the community.
- ◆ Imbibing Indian cultural values and work ethics in the minds of student teachers.

VALUES

'Service to human kind is service to God' is the motto of Ramakrishna Mission, The core values which are practical in our campus are given below.

Religious harmony: In our institute admissions are given to all the courses based upon the merit irrespective of their caste and community. Functions of all the religions are being celebrated in the campus which would develop religious harmony and brotherhood among the student community.

Dignity of labour: In our institute no work is considered as high and low. All the staff and students join together and successfully complete their tasks. For example: various works in Gurupuja celebration (pandal construction, annadanam cooking and serving, vehicle parking, chappal stand, educational exhibition, watch and ward, games, Ramayanam theme park etc.,) organizing play festival, college day activities, maintenance of play fields (spreading the soil, watering, rolling and marking the play grounds and track) self serving in the hostel etc.,

Participating in the social service activities: All of our staff and students are actively involved in the Bharathi Nagar slum area development. The activities include creating awareness about the health and hygiene among the people of this area. Our students are also involved in tree planting, laying out the play field and construction of the roads. In the weekends, our students teach recreational activities to the children of this area.

Patriotism: Patriotic events like Independence day and Republic day are organized in grand manner in our institution. In the play festival elementary school children perform the physical demonstrations to the tunes of patriotic songs. Every year January 12th is celebrated as National youth day and on this occasion youth rally is being organized. Organising youth convention is a regular annual feature in our campus in which hundreds of youth participate in a three day residential camp. In this camp much importance is given to the patriotism, Indian culture and heritage

Social Awareness:

- ◆ The motto of our Ramakrishna Mission is service to mankind is service to God. Based upon these principles in our campus we have plenty of activities to create social awareness and responsibility among our students.
- ◆ These activities include our students acting as volunteers in officiating and organizing various sports and games.
- ◆ Our Vidyalaya management is running a charitable hospital for the welfare of public. Our students take part in many of the medical activities like blood donation camps, eye check up camp, diabetic camp, dental camp, asthma camp etc.,
- ◆ Our students visit rural areas for giving coaching in games like volleyball, football and handball etc., and also conduct competitions to these youth.

Spiritual Development: Our students are exposed to daily bhajans, prayers and also to the lectures of Swamijis. In our Vidyalaya campus Vidyarthi homa and spiritual retreats are regular events which are beneficial for the students. Every year in the Vidyalaya campus a recitation competition on Swami Vivekananda's speeches is being organized and many of our students take part in this competition. These speeches inspire our students in developing patriotism and spiritualism.

6.1.2 Give information on how the mission include the institution's goals and objectives in terms of addressing the needs of the society, the students it seeks to serve, the school sector, Institution's traditions and value orientations?

- ◆ Maruthi College of Physical Education is a part of large educational complex namely Ramakrishna Mission Vidyalaya started in 1930 with foundation stone laid by Mahatma Gandhi and presently serving through 15 educational institutions. Our college was established in 1956.
- ◆ Vidyalaya stands for the ideals and thoughts of Sri Ramakrishna, Holy mother Sarada Devi, Swami Vivekananda and Mahatma Gandhi. Accordingly, the goals and objectives of our institution are the blend of the ideologies of all these great people.
- ◆ The mission of the college expressed through its goals and objectives to actualise the educational vision of Swami Vivekananda. He wanted life-building, man-making and character-building education which is a result of harmonious blend of the best elements of Eastern and Western values.

- ◆ This mission defines the distinctive character of the Maruthi College of Physical Education. It addresses the needs of the society and students by fulfilling an important and urgent need, development of human values at the individual and collective level.
- ◆ Further, the students' immediate need is the attainment of excellence in his chosen career, both theoretical and practical, while his ultimate need is the acquisition of wisdom.
- ◆ Swami Vivekananda's vision of a wholesome personality produced by the right type of education with fully developed faculties of heart, head and hand, addresses both the above needs.
- ◆ The broad purpose of physical education included the fostering of the love of games and an appreciation of exercise as a basis for sound health.
- ◆ The mission is to prepare 'knowledge-based leaders' in physical education with over all development of physical, mental, moral and spiritual values who can contribute to the nation in creating healthy citizens.

The Mission of the Institution reaches its objectives of addressing the need of the society through,

- ◆ Preparing leaders of physical education with over all development, who are called to serve the society through their profession.
- ◆ Extension activities and out-reach programmes organized by the college.

Our institution extends its services to the schools and institutions in the following ways

- ◆ Helping the schools during Practice Teaching.
- ◆ Rural coaching for school and college students.
- ◆ Assisting the schools during sports meets.
- ◆ Organizing tournaments at schools and colleges.
- ◆ Organising play festival for elementary school children.
- ◆ Preparing courts/fields and track marking.
- ◆ Assisting the Government programmes through volunteers and officiating.

The tradition of our institution is a service orientation in its entire programmes. The following programmes are organized at the campus that reflects the service rendered by our institution.

- ◆ Tree planting in our campus.
- ◆ Cleaning the play area at the campus.
- ◆ Organizing blood donation camps.
- ◆ Teachers and principal are members of various professional bodies, academic bodies, associations, universities and governmental and non governmental agencies, who serve and contribute with their potential resources.

6.1.3 How and with what frequency are the visions, mission and implementation plans monitored, evaluated and revised?

- ◆ Every programme is analyzed through PERT (Programme, Evaluation and Review Techniques) and SWOT (Strength, Weaknesses, Opportunity and Threat) analysis.
- ◆ The vision, mission and implementation of plans are monitored by the members of the college committee, governing body and academic council.
- ◆ There is regular academic audit and work audit which reviews and monitors the work in progress.
- ◆ Frequent staff meetings help the principal to understand the success of the 'course plan' and submit the report to the management, which enables them to implement new plans.
- ◆ The college committee and governing body meet once in three months to evaluate the programmes of the college. They also participate in college programmes to get proper feedback.
- ◆ Administrative head the secretary and academic head the principal coordinate with each other and implement the programmes with their managerial skills and insightful leadership qualities to achieve the objectives of the Institution.
- ◆ 'Action-plans' implemented through programmes and activities are monitored by the members of the college committee, university and government nominees through governing body meetings.

Every year in the Internal Quality Assessment Cell (IQAC), the vision, mission and implementation plans are analyzed and remedial measures are also taken whenever it is necessary; some of the activities which are monitored by the IQAC are given below.

- ◆ The academic programmes ensure that students who graduate from the institution are committed citizens and leaders who are ready to participate in building stronger communities and society.
- ◆ Expand the intellectual capacity of the students of various academic programmes, many options in subjects are offered to them.
- ◆ Introduction of need based career oriented courses in the curriculum.
- ◆ Imparting to the students the conceptual human relations.
- ◆ Frequent Updating of syllabus.
- ◆ Skill orientation (practical, job training etc) to curriculum guidance.
- ◆ Our college has been recognized to conduct research programmes like M.Phil., and Ph.D.,
- ◆ Motivation for research begins at the PG level by including group or individual projects to the PG students. Individual project for PG students is compulsory.
- ◆ OHPs and LCDs are used to make teaching-learning effective.
- ◆ Active working of "Research and Publication Council".

- ◆ Organizing workshops, seminars and research programmes by the teachers.
- ◆ Annual leadership training and play festival are being carried out by our institution and also undertaking extension activities. Students' participation in these activities is subject to evaluation.
- ◆ The curriculum also includes internships, projects, field visits, seminars etc. enriched library, internet, and various associations for the development of students.
- ◆ Research consultancy.
- ◆ M.Phil., and Ph.D., guidance by our teachers to part-time scholars and in Tamil Nadu physical education and Sports University and other universities.
- ◆ Undertaking of minor and major UGC / DRDO / other projects (the proposals sending details are attached as **Appendix No.23**)
- ◆ Value education is provided to the students.
- ◆ An extensive exhibition is arranged on RAMAKRISHNA PARAMAHAMSA'S BIRTHDAY celebrations (Gurupuja) and our college participates in this event.
- ◆ Computer training is given to teaching and non-teaching staff of our college.

6.1.4 How does the institution identify and address the barriers (if any) in achieving the vision/mission and goals?

The institution identifies the barriers in achieving the vision/mission and goals through:

- ◆ Feedback received from various sources like 'parents & teachers' association, alumni association, examination results, feedback from stakeholders and graduated students.
- ◆ Peer Group
- ◆ Management Meetings
- ◆ Government Audit Report
- ◆ Board Meetings
- ◆ Academic Audit
- ◆ Examination Audit
- ◆ Review meetings: The review meetings help them to identify the lacuna and to bring out the possible solutions to overcome the barriers.

6.1.5 Enumerate the top management's commitment, leadership role and involvement for effective and efficient transaction of teaching and learning processes (functioning and composition of various committees and Board of Management (BOM), BOG, etc.)

- ◆ The management committee's involvement is reflected in their participation in all the college activities and the academic bodies. With their experience and their knowledge they are able to support in planning, organizing and evaluating.
- ◆ Any type of facility desired by the teachers for efficient transaction of the teaching-learning processes is arranged by the management with utmost priority.

- ◆ Any administrative problems which may hinder the progress of educational system in the colleges is immediately sorted out by the management so that it may not hinder the vision.
- ◆ Most of the members of the board are educationists who can suggest activities which can improve the quality of the teaching-learning process.

The college is fortunate to have a committed, qualified and experienced top level management who are very knowledgeable in:

- ◆ Policy Making
- ◆ Framing Rules and Regulations
- ◆ Forming Guidelines
- ◆ Constituting Committees
- ◆ Designing Master Plans
- ◆ Implementing Action Plans
- ◆ Employing
- ◆ Financing
- ◆ Controlling

With the support of the college administration and the college council, the principal ensures the involvement of all stakeholders in the effective and efficient transaction of the teaching-learning processes.

- ◆ As an autonomous institution, the entire responsibility of heading (academic and administration) the college is vested with the principal.
- ◆ The Principal acts in accordance with the rules and regulations as prescribed by the Tamil Nadu Govt., Parent University, UGC and NCTE with regard to administration of aided colleges and represents the college to the above organizations.
- ◆ He provides leadership in planning, organization and execution of all programmes from admission to publication of results, staff recruitment, management of finance and coordination of departments.
- ◆ He plays a key role as ex-officio member of the College Committee, Governing Body and all other statutory and non statutory committees.
- ◆ Organization and administration of multifarious functions.
- ◆ Maintaining discipline among students
- ◆ Overall administration to see that academic programmes go on regularly and in order.
- ◆ Coordination and decentralization of work in the college office
- ◆ Redressal of student and staff grievances
- ◆ Developing and maintaining a cordial relationship with the management
- ◆ The principal is the spokesperson of the mission and vision as envisaged by the institution to all the stakeholders.

College Committee

Powers and Functions of the College Committee

The college committee shall be the principal executive body of the institute and shall have the following powers. The Board shall supervise the work of the College and its administration and exercise all such powers necessary for the smooth running of the college. For details refer **Appendix No.24**

The Board Shall

- ◆ Manage and administer the revenues and properties of the institution and to conduct all administrative affairs of the college.
- ◆ Ensure that a record is kept of all business transacted in every meeting in an appropriate, 'Minute book'.
- ◆ Accounts of all sums of money received and expended by the college and of all properties, credits and liabilities of the college should be known to the board.
- ◆ Scrutinizes the statement of annual accounts and the balance-sheet along with the auditor's report.
- ◆ Pass the annual report, consider the budget proposals for the ensuing year and recommend the same with such modifications and comments that are necessary.
- ◆ Propose any change in policy in the management and running of the college.
- ◆ Make all appointments to the full-time teaching staff of the college and fix their salaries and allowances, in accordance with the rules of Tamilnadu government education department.
- ◆ Exercise disciplinary powers over all the members of the full-time and part-time teaching and non-teaching staff.
- ◆ Fix from time to time the nature and amount of fees payable by the students.
- ◆ Constitute sub-committees for specific purposes such as finance, personnel etc.

Board of Governing Body

Composition of Board of Governing Body

S. No.	Members	Category	Nature of Work
1	5 members	Management	Trust or management as per the constitution or byelaws, with the chairman or president/director as the chairperson.
2	2 members	Teachers of the college	Nominated by the Principal based on seniority.
3	1 member	Educationist or industrialist	Nominated by the management
4	1 member	UGC nominee	Nominated by the UGC
5	1 member	State government nominee	Academician not below the rank of professor or state government official of Directorate of Higher Education/State Council of Higher Education.
6	1 member	University nominee	Nominated by the university
7	1 member	Principal of college	Ex-officio

Term: Two years, except for the UGC Nominee whose term will be a full six years. Meetings are conducted twice a year.

Functions

- ◆ Fix the fees and other charges payable by the students of the college on the recommendations of the finance committee.
- ◆ Institute scholarships, fellowships, studentships, medals, prizes and certificates on the recommendations of the academic council
- ◆ Approve institution of new programmes of study leading to degrees and/or diplomas.
- ◆ Perform such other functions and institute committees, as may be necessary and deemed fit for the proper development, and fulfil the objectives for which the college has been declared as autonomous. For details refer **Appendix No.25**

Finance Committee (as per Autonomous Guidelines)

Composition of the Finance Committee

- ◆ One person nominated by the governing body of the college for a period of two years
- ◆ One senior-most teacher of the college nominated in rotation by the principal for two years

Term and Functions

The finance committee will be an advisory body to the governing body, and meets twice a year to consider:

- ◆ Budget estimates relating to the grant received/receivable from UGC, and income from fees, etc. collected for the activities to undertake the scheme of autonomy.

- ◆ Audited accounts for the above.
- ◆ To recommend to the governing body about the financial need towards various programme/activities of the college. For details refer **Appendix No.26**

Academic Council

Composition of the Academic Council

- ◆ The principal (Chairman)
- ◆ All the heads of department in the college.
- ◆ Four teachers of the college representing different categories of teaching staff by rotation on the basis of seniority of service in the college
- ◆ Not less than four experts from outside the college representing such areas as Industry, Commerce, Law, Education, Medicine, Engineering etc., to be nominated by the Governing Body
- ◆ Three nominees of the university.
- ◆ A faculty member nominated by the principal (member secretary)

Terms of Members

The term of the nominated members shall be two years.

Meetings

The principal shall convene a meeting of the academic council at least once a year.

Functions

- ◆ Scrutinise and approve the proposals with or without modification of the boards of studies with regard to courses of study, academic regulations, curriculum, syllabi and modifications thereof, instructional and evaluation arrangements, methods, procedures relevant thereto etc., provided that where the academic council differs on any proposal, it will have the right to return the matter for reconsideration to the board of studies concerned or reject it, after giving reasons to do so.
- ◆ Make regulations regarding the admission of students to different programmes of study in the college.
- ◆ Make regulations for sports, extra-curricular activities, and proper maintenance and functioning of the playgrounds and hostels.
- ◆ Recommend to the governing body proposals for institution of new programmes of study.
- ◆ Recommend to the governing body institution of scholarships, studentships, fellowships, prizes and medals, and to frame regulations for the award of the same.
- ◆ Advise the governing body on suggestions(s) pertaining to academic affairs made by it.
- ◆ Perform such other functions as may be assigned by the governing body. For details refer **Appendix No.27**

Board of Studies

Composition

- ◆ Head of the department concerned (Chairman).
- ◆ The entire faculty of each specialization.
- ◆ Two experts in the subject from outside the college to be nominated by the academic council.
- ◆ One expert to be nominated by the vice-chancellor from a panel of six recommended by the college principal.
- ◆ One representative from industry/corporate sector/allied area relating to placement.
- ◆ One postgraduate meritorious alumnus to be nominated by the principal.
- ◆ The chairman, board of studies, may with the approval of the principal of the college, co-opt:
 - Experts from outside the college whenever special courses of studies are to be formulated.
 - Other members of staff of the same faculty.

Term

The term of the nominated members shall be two years.

Meeting

The principal of the college shall draw the schedule for meeting of the board of studies for different departments. The meeting may be scheduled as and when necessary, but at least once a year.

Functions

- ◆ Prepare syllabi for various courses keeping in view the objectives of the college, interest of the stakeholders and national requirement for consideration and approval of the academic council;
- ◆ Suggest methodologies for innovative teaching and evaluation techniques;
- ◆ Suggest panel of names to the academic council for appointment of examiners.
- ◆ Coordinate research, teaching, extension and other academic activities in the department/college. For details refer **Appendix No.28**

6.1.6 How does the management and head of the institution ensure that responsibilities are defined and communicated to the staff of the institution?

- ◆ The various responsibilities related to academic events and programmes are assigned by the principal in consultation with the secretary.
- ◆ Major responsibilities like deputy warden, controller of examinations, are usually decided by the college committee. However, regarding the academic programmes, principal is given freedom and power in planning, organizing and in implementation of all the activities in consultation with the secretary of the college.

- ◆ Secretary, who is the supreme authority of the college holds meeting with the staff at least twice in a semester. During that time major issues are discussed and decisions are made. The various responsibilities are assigned to the teachers in the beginning of the year. The various committees are also formed in the meetings. Senior faculty members are very much part of every 'policy-making' decisions.
- ◆ The responsibilities are well defined and entrusted to the staff members, some of the responsibilities are: IQAC coordinator, NAAC coordinator, practice teaching coordinator, project sports meet coordinator, Intramurals director, students welfare association advisor etc.
- ◆ The additional responsibilities are given to the teachers based on their experience, ability and specific interest on the task assigned.
- ◆ The Principal assigns additional responsibilities to the staff members well ahead during February/March so that the teachers are ready to start the work from the beginning of the academic year (July).
- ◆ In the staff council meetings teachers submit the reports related to the activities assigned to them.
- ◆ The staff meetings are conducted usually twice in a month and special staff meetings are conducted on the basis of the need and urgency.

6.1.7 How does the management/head of the institution ensure that valid information (from feedback and personal contacts etc.) is available for the management to review the activities of the institution?

The following mechanism is adopted to obtain feedback from different sources.

- ◆ Personal interaction
- ◆ Tutor ward meeting
- ◆ Parent teacher meeting
- ◆ Through students grievance redressal committee
- ◆ Alumni meeting

The principal initially collects valid information and checks for authenticity. Then it is brought to the notice of the secretary for suggestion and action. The principal is always guided by the secretary in this regard.

Based on the feedback from the stakeholders - the staff, students and management interact in tandem and settle the non-academic issues every now and then. academic issues are taken to the board of studies and academic council for the incorporation of the improvements.

6.2 ORGANIZATIONAL ARRANGEMENTS

6.2.1 Give the organizational structure and the details of the different committees (academic and administrative bodies) constituted by the institution for management of different institutional activities? Give details of the meetings held and the major decisions made and implemented regarding academic management, finance, infrastructure, faculty, research, extension and linkages and examinations during the previous year.

In addition to the college committee and governing body, we have a management committee of the parent organization namely, 'Ramakrishna Mission Vidyalaya' for better management of the college.

Ramakrishna Mission Vidyalaya

- ◆ Management committee

Maruthi College of Physical Education

- ◆ College committee

Academic Bodies

- | | |
|-------------------------------------|--------------------------|
| ◆ Governing Body | ◆ IQAC |
| ◆ Board of Studies | ◆ Uniform Committee |
| ◆ Academic Council | ◆ Library Committee |
| ◆ Research Committee | ◆ Finance Committee |
| ◆ Grievance and Redressal Committee | ◆ Ragging curb Committee |
| | ◆ Placement Cell |

Activity-Based Co-ordination Committees

- | | |
|---------------------------------|------------------------|
| ◆ Students' Welfare Association | ◆ Cultural Committee |
| ◆ Hostel Committee | ◆ Intramural Committee |
| ◆ Literary Committee | |

Finance

Annual Budgeting

- | | |
|-----------------|--|
| ◆ Fee structure | ◆ Purchase of sports equipment |
| | ◆ Developing Infrastructure facilities |

Audits

- | | |
|--------------------|---------------------|
| ◆ Government Audit | ◆ Examination Audit |
| ◆ Management Audit | |

Budget approval for

- | | |
|-------------------------|-----------------------------|
| ◆ Tennis Indoor stadium | ◆ Maintenance of play field |
| ◆ 400 m. track | ◆ Purchase of equipment |

- ◆ Development of play facilities
- ◆ Increase of salary/bonus
- ◆ Purchase of Lab and Library equipment

- ◆ Allocation of amount for the purchase of lab equipment
- ◆ Major works done to develop the sports facilities, and basic amenities

Development of facilities

- ◆ Synthetic flooring of Badminton Courts
- ◆ Purchase of audio-visual aids
- ◆ Smart class room
- ◆ Cricket Bowling machine
- ◆ Tennis ball feeding machine
- ◆ Table Tennis ball feeding machine

Faculty

- ◆ Appointment of teaching staff
- ◆ Faculty development programmes for staff
- ◆ Workshop/Refresher course/Seminar/Orientation for staff
- ◆ Appointments of teaching staff are made by following the guidelines of the university and the directorate of collegiate education.
- ◆ Administrative staff posts are filled-up in consultation with the finance committee.
- ◆ Appointment of support staff
- ◆ Staff welfare schemes
- ◆ Staff training

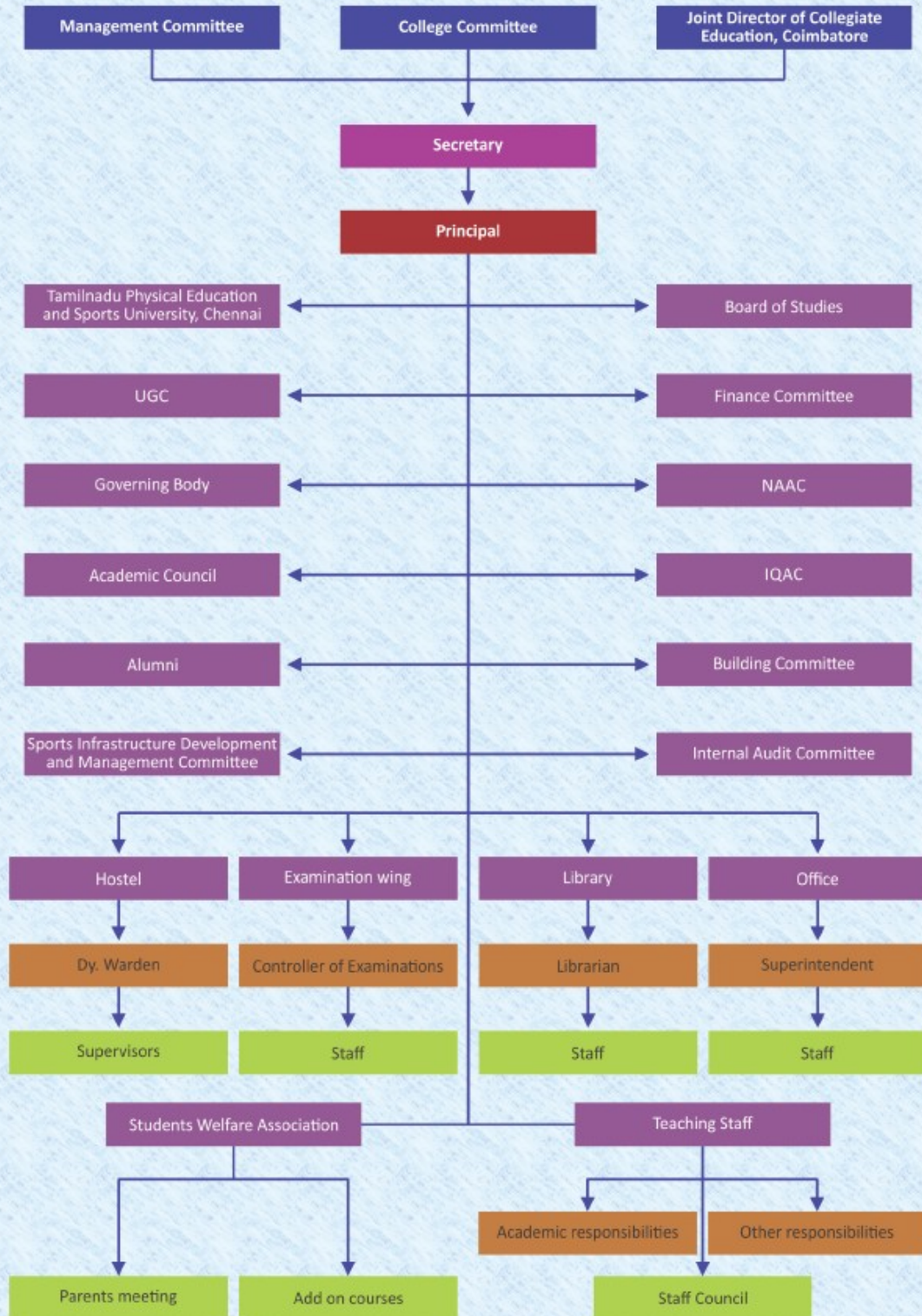
Research

- ◆ Establishment of resource centre
- ◆ Purchase of computers and provision for internet facilities
- ◆ Purchase of lab equipments
- ◆ Organization of workshop/ seminar
- ◆ Research projects
- ◆ Registration of journal
- ◆ Establishment of research lab
- ◆ Educative programmes
- ◆ INFLIBNET, N-LIST, Online Delivery System
- ◆ e-journals, books and research journals
- ◆ Internet connectivity
- ◆ Staff training on research
- ◆ Exchange programmes
- ◆ Books publications

Examination

- ◆ Examination reforms
- ◆ Software/programming
- ◆ ID cards
- ◆ Internal assessment
- ◆ Improvement of facilities for the conduct of examination
- ◆ External evaluation/revaluation
- ◆ Colour mark sheets with photo
- ◆ Automatic data processing (software)
- ◆ External question paper setting

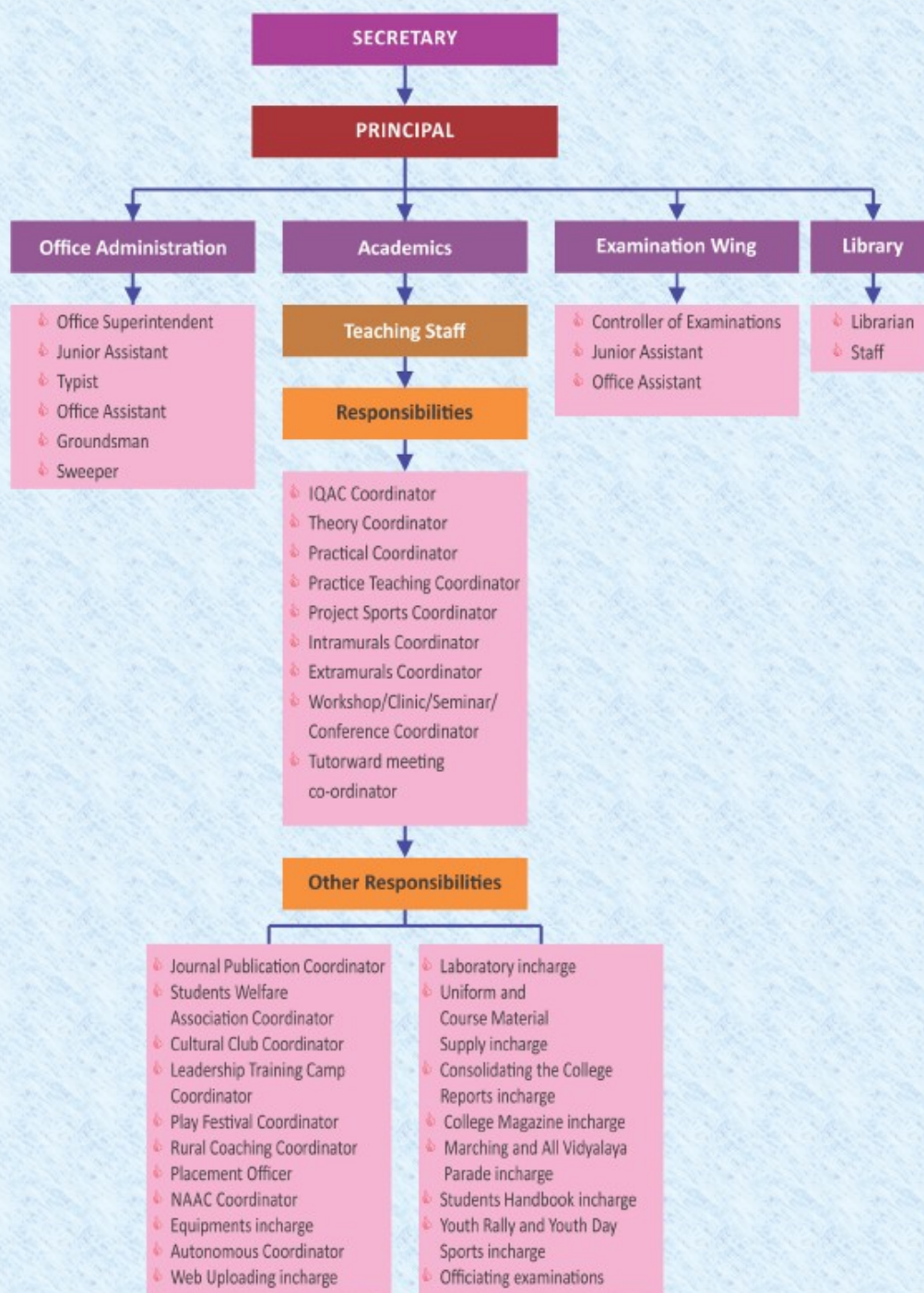
ORGANISATIONAL CHART



6.2.2 To what extent is the administration decentralized? Give the structure and details of its functioning.

- ◆ The administrative functions of the institution are carried out in a participatory manner through committees. Major administrative decisions of the institution are taken in the meetings of the college committee, governing body, board of studies, and academic council.
- ◆ Academics, other responsibilities for the staff members, office administration, examination wing, and library are the five wings of the institution.
- ◆ The administration is decentralized by the principal. He monitors all the day-to-day activities of the college with the help of the staff, the controller of examinations, IQAC coordinator, placement officer, office superintendent and the librarian.
- ◆ Assignment of work and supervision of administrative staff is done by the office superintendent under the guidance of the principal.
- ◆ There are several committees under the chairmanship of the principal to facilitate smooth administration.
- ◆ The controller of examinations is adequately empowered to decide on examination related issues.
- ◆ A feeling of ownership and solidarity is created in the minds of all stakeholders and with the strong backing of built-in discipline.

DECENTRALISATION OF THE ADMINISTRATION



6.2.3 How does the institution collaborate with other sections/departments of the institution and school personnel to improve and plan the quality of educational provisions?

- ◆ Our Ramakrishna Mission Vidyalaya campus consists of fifteen (15) educational institutions.
- ◆ Every week wednesday morning there will be a meeting of all the heads of the institution under the chairmanship of general secretary of the vidyalaya. Each head of the institution will present the programmes carried out in their educational institution in that particular week. With this procedure a very smooth co-ordination and co-operation is existing among all the institutions.
- ◆ The infrastructural and other facilities are being shared among the institutions without disturbing one another.
- ◆ Our institution has got very good rapport with all the government schools, matriculation higher secondary schools and public schools which allow our students for practice teaching, play festival activities and also for rural coaching.

6.2.4 Does the institution use the various data and information obtained from the feedback in decision-making and performance improvement? If yes, give details.

- ◆ The organization collects feedback from various sources and reviews them accordingly. It is placed at various related committees and teachers are made to involve themselves in the process of decision making. This ensures problem solving as well as 'performance-improvement'. Even the suggestions and views of the students' representatives are valued when decisions are made.
- ◆ Students are the biggest stakeholders in the educational system and hence they are made part of the decision making mechanism.
- ◆ The information of the feedback is presented in the staff meeting and then in the IQAC to take necessary action.

6.2.5 What are the institution's initiatives in promoting co-operation, sharing of knowledge, innovations and empowerment of the faculty? (Skill sharing across departments' creating/providing conducive environment).

- ◆ Co-operation of the staff is maintained and promoted by a good cohesive atmosphere at the campus as well as the College.
- ◆ Freedom of expression in the staff meetings and work culture in the institution makes the environment conducive.
- ◆ Every programme is collectively planned and executed by the teachers together and that promotes not only the quality of the programme but harmony is expressed and reflected in every aspect of the programme.
- ◆ Teachers are entrusted with power to organize project meets, special programmes that are sports related and contributory to the professional growth.
- ◆ Empowerment of the teacher is done by knowing the individual abilities, skills and expertise of the teacher.

- ◆ Refresher courses, orientation courses, sit-in training help the teachers in updating their knowledge and their own area of specialization.
- ◆ Staff are encouraged and supported to undergo NIS (short term) courses, and to present research papers at the seminar.
- ◆ Non teaching staff have computer based degrees and other vocational training to enhance their work efficiency.
- ◆ Teachers share knowledge on specific areas by making presentations at the staff gathering.
- ◆ A very conducive atmosphere prevails at the campus because of the cordial and supportive nature of the management.
- ◆ The management has worked out welfare schemes for the management staff.
- ◆ Our institution encourages the staff members for their innovative ideas in preparing CD's and teaching aids in their specialized areas.

6.2.6 How does the management encourage and support involvement of the staff for improvement of the effectiveness and efficiency of the institutional processes?

Our management encourages the staff in the following ways to motivate them.

- ◆ Every institutional activity is planned and executed by the collective efforts of the management, principal and the teachers. Senior teachers are very much part of every policy making forum. By virtue of their positions they participate in all the academic and administrative processes like planning, implementation, feedback and evaluation.
- ◆ Institution follows the transparent, standard and strategic operating procedures for its functioning.
- ◆ Management provides every support to the staff in their development.
- ◆ The senior teachers with their experience, guide and assist the other teachers to make all programmes effective.
- ◆ By creating congenial and cordial working atmosphere.
- ◆ By providing academic freedom without any interference.
- ◆ Giving opportunities for self improvement.
- ◆ Encouraging the staff members to undergo orientation and refresher courses training.
- ◆ Allowing the staff members for specialized training in the National Institute of Sports (NIS).
- ◆ Encouraging the staff members by providing financial assistance to present papers in the seminars, conferences and workshops.
- ◆ Motivating the staff members to publish the research articles in the journals.

- ◆ Encouraging the staff members by providing financial assistance to publish course materials and books related to the physical education and sports.
- ◆ All of our staff members are eligible of availing medical leave, earned leave, PF loan, and to become the member of the co-operative society.

6.3 STRATEGY DEVELOPMENT AND DEPLOYMENT

6.3.1 How does the institution allocate resources (human and financial) for accomplishing and sustaining the changes resulting from the action plans?

Financial Resources

- ◆ Since our college has got 2 f, 12b identification status, receives autonomy grant as well as, UGC merged scheme every year.
- ◆ The College does have a well planned and very much purposeful development plan. Every programme is targeted towards the goals and objectives of the Institution.
- ◆ The allocated resources are systematically shared based on the requirement. If at all there is a change in action plan, they are analyzed strategically and changes are made without affecting the prime objective of the programme.
- ◆ The Secretary with the consultation of the management decides upon the allocation of funds to be made for accomplishing the target.
- ◆ Financial resources are allocated towards:
 - Maintenance
 - Payment/Salary
 - Purchase
 - Innovation
 - Establishment
 - Reimbursement
 - Construction
 - Repair work

Human Resources

- ◆ The college follows a standard recruitment procedure which is well documented and developed considering the guidelines of Government, Directorate of Collegiate Education and the University. Human resources are decentralized and monitored for achieving the mission/vision of the college.
- ◆ Regarding the human resources in addition to the institution's strength we also have the support from the fifteen (15) educational institutions which are located in our Vidyalaya campus itself.
- ◆ Our institution has got the backup of a world renowned organization known as 'Ramakrishna Mission'. For any deficit of financial matters our management whole heartedly comes forward and extends the needful financial help for the completion of any project or assignments undertaken.

6.3.2 How are the objectives communicated and deployed at all levels to ensure individual employees' contribution for institutional development?

- ◆ Every wednesday our vidyalaya management conducts the meeting for all the heads of the institutions. All the heads present their institutional reports of that particular week.
- ◆ The decisions on the major programmes of vidyalayya like Gurupuja, youth rally, youth convention are taken in this heads meeting.
- ◆ Later the heads will convey the messages and works to be carried out to the staff members of their respective institutions.
- ◆ Similarly specific programmes organized by our institution like play festival, rural coaching, leadership training camp, extension and consultancy etc.

6.3.3 Describe the procedure of developing and deploying the institutions academic plan.

At the end of the academic year IQAC meeting is convened to review the previous academic year's activities and feedback from the various stakeholders. After analysing the previous academic years performance and feedbacks the forth coming academic years activities are planned. Based upon the suggestions given by the IQAC, annual calendar is prepared for the entire academic year.

- ◆ A committee consisting of all staff under the chairmanship of the principal prepares the annual college academic calendar. Our academic session begins in June/July and ends in April/May every year. The session is roughly divided into two semesters i.e. June to November and December to May.
- ◆ Examinations are held by the college at the end of each semester in addition to the continuous internal assessment tests and model examinations.
- ◆ Annual academic calendar includes the following activities: Continuous Assessment Tests (CAT), model and semester examinations, Internal and external practice teaching, practical examinations, Important functions (Students welfare association, Intramural committee, social celebrations (Gurupuja, Kalpatharu day, youth rally), Independence day and Republic Day Celebrations, Holidays etc.,
- ◆ The time schedule given to the students in advance regarding the various activities helps them to plan for the whole academic year.
- ◆ Finally the feedback is collected from the staff, students, physical educational personnel from schools and colleges and experts for the developing and deploying the institutions academic plan.

6.3.4 Has the institution a Management Information System (MIS) in place? If yes, give details on how it is used to select, collect, align and integrate data and information on academic and administrative aspects of the institution.

- ◆ Yes, the college has the Management Information System (MIS) in place. To integrate data and information on academic and administrative aspects, the institution takes ICT oriented cohesive efforts by administrators, academicians and students.

- ◆ The following steps are taken to keep the MIS in place
 - Proper financial records of both government and management are maintained at the office.
 - Innovative computerized methods are used by installing specific software for maintaining various data like
 - ❖ Students' attendance
 - ❖ Students' mark
 - ❖ Admission details
 - ❖ Staff and students' Achievement
 - ❖ Books purchased
 - ❖ Minutes of the meetings
 - ❖ Placement of students
 - ❖ Day to day fee collections, students' admission, Internal marks, campus Income, donations are integrated through MIS.
 - ❖ Students' profile
 - ❖ Payment of fees details
 - ❖ Staff appointments
 - ❖ Purchase of lab equipments
 - ❖ Annual reports
 - ❖ Composition and functioning of BOS and AC meetings
 - ❖ Examination reforms
- ◆ The entire system is monitored by the administrative head, the secretary and the academic head, the principal.
- ◆ The office work is supervised by the Office Superintendent
- ◆ The entire responsibility of maintaining the records of the examinations are done at the office of controller of examinations. The entire system is programmed and computerized. There are few specific softwares used to collect data, make entry and process them.

6.3.5 Detail on the workload policies and practices that encourage faculty to be engaged in a wide range of administrative and professional activities including teaching, research, assessment, mentoring, working with schools and community engagement.

As per the NCTE and university norms, the minimum work load of an assistant professor is 7 hours of theory and 12 hours of practical per week. This work load is strictly followed.

The college being a professional teacher training institute and 'Practical-Oriented' college it follows a unique working pattern as follows:

Morning Practical	06.30 am to 08.30 am
Theory	10.00 am to 01.00 pm
Evening Practical	04.00 pm to 06.00 pm
Afternoon Session	02.30 pm to 03.30 pm – Computer classes / English remedial classes

On Saturdays

- ◆ 06.30 am to 08.30 am – Add on Courses (Practical)
- ◆ 10.00 am to 01.00 pm – Add on Courses (Theory)

A well planned time-table is prepared for both theory and practical classes which are attached as For details refer **Appendix No.29**

In addition to the contact hours, the teachers spend the following non-contact hour for the following works, which are routine in nature.

Senior teachers take up the additional responsibilities of being the theory and practical co-ordinators.

Teachers engagement in administrative and professional activities.

- ◆ The teachers are assigned with major responsibilities like deputy wardenship, Class mentors, which make them to be involved in the administrative responsibilities.
- ◆ However their work is systematically planned so that the teachers get time to prepare for the classes and to work on the research papers, publications, assessment, mentoring and community based programme.
- ◆ Senior most teachers are the members of the following committees who can participate in the process of policy making
 - College Committee
 - Library Committee
 - Governing Body
- ◆ Teachers are the pillars who towers the name of the college high with their additional investment of time, knowledge and energy, whenever there is a programme like,
 - Project meets
 - Inter-collegiate tournament
 - Sports festival
 - National day celebrations

6.4 HUMAN RESOURCE MANAGEMENT

6.4.1 How are the needed resources (human and financial) planned and obtained to support the implementation of the mission and goals?

The major resources like human and financial are the two fundamental entities which need more consideration.

Planning of the Human Resources

The 'human capital' which controls the entire academic activities of the college is taken care of through the following preparatory processes.

- ◆ Appointments (following the guidelines of UGC, NCTE, TNPESU, DCE, Government of Tamil Nadu)
- ◆ Guest faculties
- ◆ Part-time faculty
- ◆ Special lectures
- ◆ Faculty development programme
- ◆ In-service training
- ◆ Promotions and regularization
- ◆ Staff exchange programme
- ◆ Peer team evaluation and self appraisal
- ◆ Staff grievance redressal mechanism
- ◆ Refresher course/Orientation course

The members of the board meet the faculty very frequently to find out their needs and demands. The staff who are paid by the management are supported well with a good increment and sound recognition for their experience and qualifications. All the faculty members (teaching) are provided with quarters within the campus.

Planning of the Financial Resources

Our's is a Government aided college. The financial regulations of the institution are based on the clearly 'laid-down procedures' of the financial management with total transparency. The planning is done by the finance committee which consists of the following persons:

- ◆ Secretary
- ◆ Treasurer
- ◆ Accounts Officer assisted by Government Clerks, Chartered Accountant.
- ◆ Principal
- ◆ Financial Advisor

Auditors

The college faces the Audits (Government, Accounts General, Management Audit) every year and maintains accounts with the following three Banks, who cater to the need of the different accounts maintained by the colleges,

- ◆ The State Bank of India
- ◆ Indian Bank
- ◆ ICICI Bank

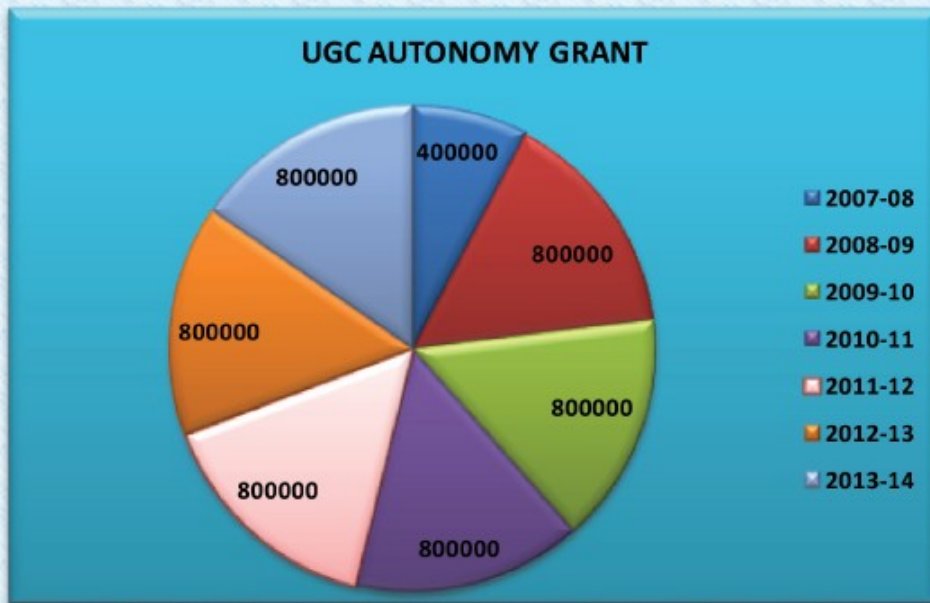
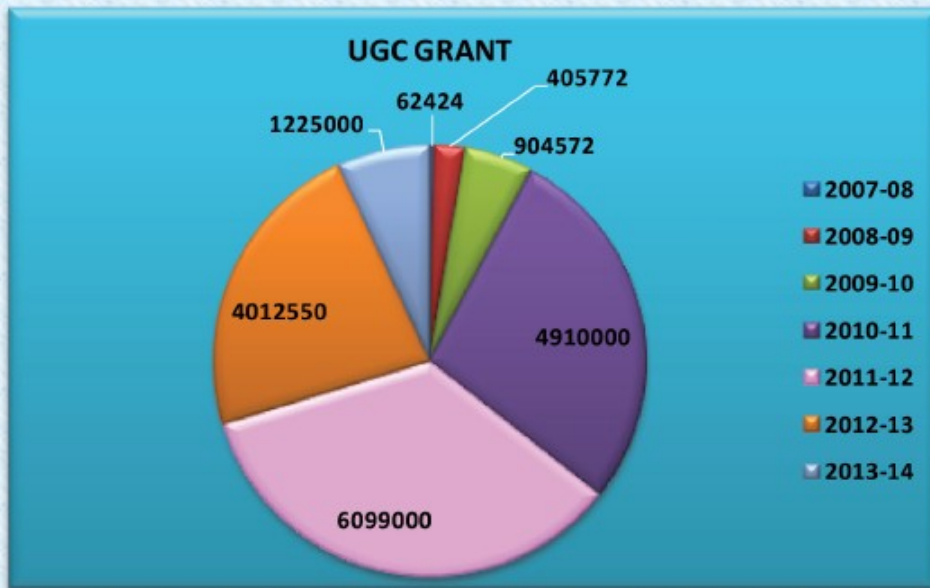
There are three different staff to handle and operate three different major accounting heads like,

- ◆ Government Account
- ◆ Management Account
- ◆ UGC Account

The details of the grants received from the Government, UGC are as follows:

UGC Grant received for the past five years (2007 - 2008 to 2013 - 2014)

S No.	Head of the Account	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13	2013-14
1	UGC Grant	62424.00	405772.00	904572.00	4910000.00	6099000.00	4012550.00	1225000.00
2	UGC Autonomy Grant	400000.00	800000.00	800000.00	800000.00	800000.00	800000.00	800000.00
Total		462424.00	1205772.00	1704572.00	5710000.00	6899000.00	4812550.00	2025000.00



The statement of accounts for the previous year (2013-14) are attached as **Appendix No.30**

6.4.2 Does the institution have an inbuilt mechanism to check the work efficiency of the non-teaching staff? If yes, give details.

The institution has a sound system of monitoring the work of the non-teaching staff and the supportive staff. They are monitored in the following aspects:

- ◆ Maintenance of records
- ◆ Maintenance of registers and files
- ◆ Maintenance of proper accounts
- ◆ Preparation of salary acquitancy
- ◆ Maintenance of admission procedures
- ◆ Appointments
- ◆ Scholarship
- ◆ Publication examination results

The aforesaid things are monitored and supervised by the office superintendent. All these are verified by the internal auditing and also external auditing.

6.4.3 Is there a grievance redressal mechanism in the institution for the staff? If yes, how does it handle the grievances of the employees and others? Give details of last three years.

There is no formal grievance redressal mechanism for the staff and the other employees. However, their grievances are paid attention to. They are free to voice-out their demands and grievances to the official in charge and that will be placed at the apex committee for further action.

Teaching, non teaching and supportive staff do not present it as grievance but they have freedom to represent their need as a requirement.

The details of their grievance and the solution are,

- ◆ The markers wanted uniform to be used during their ground work.
- ◆ The markers are given uniform every year for their ground work.
- ◆ Festival advance, salary advance and leave salary were given based on the demand.

6.4.4 Does the institution have the freedom and the resources to appoint and pay temporary/adhoc/part-time faculty? If yes, give details. If no, state how the workload resulting from additional programs/courses/ expansions is managed?

Yes. Our institution has the freedom and the resources to appoint and pay temporary/adhoc/part-time faculty to execute the additional programs/courses/ expansions to be managed. The college utilizes the services of part time staff to meet the additional demand of the workload.

6.4.5 What are the major initiatives of the institution for ensuring personal and professional/career development of the teaching and non-teaching staff of the institution (training, organizing and sponsoring professional development activities, promotional policies, etc.)

The major initiatives of the institution for ensuring personal and professional/career development of the teaching and non-teaching staff of the institution are as follows:

- ◆ All faculty members are familiar with the use of computers, internet, audio visual aids and computer aided teaching packages.
- ◆ All of our staff members are encouraged to go for higher studies, like M.Phil., Ph.D., etc.,
- ◆ They are also motivated to undergo National Institute of Sports (NIS) training courses, and other software programmes like SPSS and Microsoft training programmes.
- ◆ All of our staff members are allowed to undergo orientation and refresher courses which are mandatory for the career advancement.
- ◆ All of our staff members are encouraged to submit the minor and major research project proposals and are also motivated to present the papers in the national and international conferences and to publish research articles in the reputed journals.
- ◆ The staff members are encouraged to publish professional books.
- ◆ Our college office computer assistant is permitted to undergo online training for staff salary and students scholarship, conducted by Joint Director of Collegiate Education, Coimbatore.
- ◆ Non teaching staff of our office was sent to our Vidyalaya campus Arts and Science college computer laboratory for orientation in computer application.
- ◆ V.Mohanraj, Junior Assistant, was permitted to undergo Income Tax TDS Awareness programme conducted by Income Tax department of Coimbatore TDS circle.
- ◆ Our management generously permits to avail the bank loans and also recommends for the eligible promotions.
- ◆ All these initiatives would definitely enhance the professional ability of staff members and also helpful for their career development.

6.4.6 What are the mechanisms in place for performance assessment (teaching, research, service) of faculty? (Self-appraisal method, comprehensive evaluations by students and peers). Does the institution use the evaluation outcome to improve teaching, research and service of the faculty? If yes give details.

The college uses a spectrum of performance – assessment mechanisms

- ◆ Peer group assessing the abilities through Questionnaire
- ◆ Self-appraisal reports
- ◆ Confidential report by the Principal
- ◆ Feedback from,
 - Students
 - Alumni
 - Peer group
- ◆ Additional contribution and services rendered by the teachers are assessed through the success and outcome of the programme.

- ◆ 'Teaching ability' assessed through a mechanism of getting feedback from the evaluators (external) of the particular theory paper/practical examination.
- ◆ Rarely the teachers are 'video-recorded' during their teaching and it is reviewed.
- ◆ Their research out-put is listed by their participation and presentation in seminar/conference and publications.
- ◆ Major and minor projects, research guidance expose their research orientation and knowledge.

6.4.7 What are the various health, insurance and first-aid services available to the students/ trainees and members of the teaching and non-teaching staff of the institution?

- ◆ Vidyalaya Charitable Dispensary: All of our students could get expertise consultancy services from the vidyalaya charitable dispensary by paying Rs.5/- only. All the laboratory tests and medicines are available at fifty percent (50%) discount of the maximum retail price (MRP).
- ◆ In our campus the physiotherapist is available to handle the first aid treatment and on field injury management.
- ◆ Ambulance facility is readily available in our campus itself for emergency incidents. To assure the health among the students, campus cleaning and pure drinking water is provided for all students and staff.
- ◆ In our college we have well equipped sports medicine and physiotherapy laboratory to treat the sports injuries.
- ◆ Tamil Nadu state government is providing health insurance for all the aided teaching and non-teaching staff members. For the self financing teaching and non-teaching staff our management is providing health care facilities through the dispensary.
- ◆ All the students have been provided with health insurance.
- ◆ Dental camp

6.4.8 What are the welfare measures for the staff and faculty, which affect and improve, staff well-being, satisfaction and motivation?

- ◆ The management has a strong cherished desire and willingness to take care of the employees both aided and un-aided, teaching and non-teaching. The following are the welfare measures taken by the management.
 - Leave salary
 - Festival advance
 - Salary advance
 - Special advance towards medical expenses
 - Provident fund/EPF
 - Uniforms (office assistants, markers)
 - Group insurance
 - Health insurance
- ◆ Our staff members are allowed to avail housing loan, educational loan and personal loan through the bank.

- ◆ In our vidyalaya we have co operative society where all the staff members are stakeholders and are also eligible to avail personal loan up to one lakh.
- ◆ Staff children are given priority in the management quota for admissions in any of the courses run by Ramakrishna Mission Vidyalaya.
- ◆ In filling up the self financing jobs, priority is given to the family members of the vidyalaya staff.
- ◆ Staff members are also provided with residential facility within the campus at the nominal rates.
- ◆ Fifty percent (50%) concession is given to the staff children in utilizing the sports facilities of our institution.
- ◆ Ramakrishna Mission and Math centres are spread all over the India and abroad and Vidyalaya management helps in providing the accommodation to our staff members in these centres.

6.4.9 How does the institution ensure that the statutory and regulatory requirements pertaining to human resources are fulfilled? (NCTE norms, University/ State Govt. regulations). How many faculty have been recruited without the essential qualifications prescribed by the regulatory body?

- ◆ Our college being the government aided and autonomous, follows the guidelines given by the apex academic governing bodies. Paper advertisement is made before filling up the posts.
- ◆ All of our staff members are with the basic eligibility qualifications (Ph.D./SET/ NET) only.

6.4.10 Does the institution follow any testing methods to periodically evaluate the physical fitness of the faculty? If yes, give details. Is there a mechanism in the institution to reward and motivate staff members? If yes, give details.

- ◆ Physical fitness of the staff members is periodically tested, using Cooper's 12 minutes run and walk test. The teachers participate in the morning conditioning along with the students which motivate the students, at the same time it is beneficial to the teachers in terms of the 'functional fitness'. All the teachers are found to be fit to make necessary demonstrations of the skills/techniques at the play field as they teach.
- ◆ All of our staff members participate in the games and sports during the evening hours regularly and the staff members are encouraged to participate in the open tournaments also. Our staff members were the winners in Tennis and Badminton for so many years in the inter- physical education tournaments for staff members.
- ◆ In the competitions conducted by our students in connection with the celebration of national sports day and teachers day our staff team were the winners in Hockey and Volleyball.

6.4.11 Is there a mechanism in the institution to reward and motivate staff members? If yes, give details.

- ◆ Every year during the Gurupuja festival the senior most staff members are honored by the management.
- ◆ Employees children will be given admissions in the vidyalaya educational institutions through management quota.
- ◆ Teachers are provided with sports uniform.
- ◆ Participation in seminar/workshop-financial support and leave.
- ◆ Employees provident fund scheme.
- ◆ Staff quarters.
- ◆ Free access to internet facility.
- ◆ Advance/Bonus/Incentives/Remunerations.
- ◆ Increment based on the experience and the qualifications.
- ◆ Teachers achievements are made known to others through
 - Reports
 - News letter
 - Photos displayed on the notice board
 - Announced at the staff council meetings
 - Paper cuttings displayed at the notice boards
 - Honoured at the college day and other celebrations
 - Mentioned in the college annual magazine
 - Sent for publications at the news papers and other sports magazines.

6.5. FINANCE MANAGEMENT AND RESOURCE MOBILIZATION

6.5.1 What are the budgetary resources to fulfill the vision and mission and offer quality programs? (Budget allocations over the past five years, depicted through income expenditure statements, future planning, resources allocated during the current year, and excess/deficit)

Managing resources, space, money, material and human are the crux of management of any organization-more so for educational institutions. Managing human, financial and material resources require proper planning, implementation and evaluation. The emphasis on quality, competence and commitment was in evidence in all the regulations governing by the management. Our college has procedures for developing meaningful budget, based on norms and has established monitoring mechanism and well defined time bound internal and external auditing system.

The resources are mobilized through proper allocation of funds giving priority to quality programme in learning and teaching process, infrastructure, students' support, research, extension and evaluation.

The following are the budgetary resources:

- ◆ UGC development grant
- ◆ UGC autonomy grant
- ◆ Management fund
- ◆ Play festival for rural elementary schools
- ◆ National youth day competitions
- ◆ Workshop, clinics, conference and seminar
- ◆ Leadership training camp for our teacher trainees
- ◆ Inter Physical education institutions tournaments
- ◆ College day
- ◆ Maruthi sports scholarship scheme
- ◆ Rural Coaching Camp for rural area school students
- ◆ Sports Academies to school students
- ◆ Fitness training centre for research scholars

The budget for the last five years (2009-10 to 2013-14) & resources allocated during the current year excess / deficit (2013-14) are attached as Appendix No.31

6.5.2 Does the institution get financial support from the government? If yes, mention the grants received in the last three years under different heads. If no, give details on the sources of revenue and income generated by the institution.

Yes, The college receives grant with regard to salary to staff.

- ◆ The UGC provides financial assistance with regard to infrastructure development and laboratory equipments.
- ◆ The management supports financially for all other developments of the institute.

6.5.3 How does the institution decide on fee and other charges to be paid by the students? (Give the detailed break-up of fee and other charges and the total amount collected from the students annually for each of the programmes) Have there been any changes in the tuition and other fees during the past three years. If yes, give details.

- ◆ Our college is affiliated to Tamil Nadu Physical Education and Sports University, Chennai and the courses are approved by the Tamil Nadu Government. We follow the rules and regulations governed by the Tamil Nadu Government.
- ◆ The changes incorporated for the past three years are,

■ Increasing University affiliating charges	■ Publications
■ Tournament fees to be paid to the University	■ Mess fees
	■ Electric charges

6.5.4 Is the operational budget of the institution adequate to cover the day-to-day expenses? If no, how is the deficit met?

Yes, the operational budget of the institution is adequate to cover the day-to-day expenses.

6.5.5 Are the accounts audited regularly? If yes, give the details of internal and external audit procedures and information on the outcome of last two audits. (Major pending audit paras, objections raised and dropped)

Yes the management had internal audit department to audit our college once in every three months in a year. Also the joint director of collegiate education, Coimbatore region was the external audit authorities. There was no major pending objection raised during the last two year audit.

6.5.6 Has the institution computerized its finance management systems? If yes, give details.

Yes, the institution has computerized finance management system for the following

- ◆ Sale of prospectus
- ◆ Students admission
- ◆ Fee collection
- ◆ Maintenance of day book and other subsidiary books
- ◆ Preparation of receipt and payments every month
- ◆ Financial statement to government authorities
- ◆ Preparation of income and expenditure statement and, balance sheet

6.6 BEST PRACTICES IN GOVERNANCE AND LEADERSHIP**6.6.1 What are the significant best practices in Governance and Leadership carried out by the institution?**

- ◆ Our institution is run by the world renowned Ramakrishna Mission which is known for its charitable works in education, health and social services. This organization provides the right kind of ambience and role models for all the staff and students to emulate.
- ◆ Our management organizes many events in the Vidyalaya, focussing to create an awareness among the students to understand the rich cultural and spiritual heritage of India, and to imbibe patriotism and also to make all of our students as a socially responsible citizens.
- ◆ The institution has a successful built in hierarchical system of governance for decision making and implementing them to serve the students and staff towards achieving the goals and objectives of higher education.

The best practices identified are

- ◆ The institution bears a major social responsibility and significantly strengthen the dialogue with all stakeholders
 - Schools and colleges (by organizing tournaments, refresher courses, helping them in officiating and organization)

- Senior teaching faculty as members of governing body of the higher educational Institutions (syndicate members, academic council, Ph.D., evaluators, experts, committee members (UGC, NCTE, NAAC))
- ◆ E-governance – System of governance based on technology (MIS, Software)
- ◆ Periodic and regular review performance for improvement through,
 - Audits (Examination audit, A.G. audit, management audit, government audit, work audit)
 - College committee, IQAC, governing body, board of studies, academic council
- ◆ Effective use of autonomy and perfect mobilization

Autonomy

- ◆ Periodic reformation and curriculum developments, introduction of new academic programs examination reforms, optimal utilization of facilities and resources.
- ◆ Introduction of 'media centric teaching-learning process'.
- ◆ Strengthening of the college infrastructure.
- ◆ Welfare Schemes for all relevant constituencies
 - Scholarships
 - ❖ Adi dravida welfare scholarship
 - ❖ Adi dravida loan scholarship
 - ❖ Backward class scholarship
 - ❖ Most backward class scholarship
 - ❖ Denotified class scholarship
 - Teaching, Non-teaching and supportive staff
 - ❖ EPF, ESI, medical allowances, salary advances, personal loan arrangement, Uniform.

Additional Information

1. What were the evaluative observations made under Governance and Leadership in the previous assessment report and how have they been acted upon?

The National Assessment and Accreditation Council (NAAC) peer team observed that the college comes under the gigantic canopy of a worldwide philanthropic and charitable organization called Ramakrishna Mission (society) registered in 1909. Located in the rural area, the college endeavours to realize Swami Vivekananda's vision of education, harmonious blend of jnana (knowledge), bhakti (devotion), Karma (work), and yoga (concentration) as enshrined in the emblem of the Ramakrishna Mission.

NAAC peer team felt that Memorandum of Understandings with various bodies (MOUs) has to be made in a larger perspective

After getting NAAC peer team advise the following MOUs have been made which are practically useful for all the students of our college:

- ◆ Tamil Nadu State Athletic Association
- ◆ Tamil Nadu State Amateur Kabaddi Association
- ◆ Tamil Nadu Handball Association
- ◆ Tamil Nadu State Kho-kho Association
- ◆ RVS College of physiotherapy
- ◆ K.G. College of physiotherapy

2. What are the other quality sustenance and enhancement measures undertaken by the institution since the previous Assessment and Accreditation with regard to Governance and Leadership?

Feedback is obtained from the students, staff members, alumni, parents of the student teachers and other stakeholders. This feedback is considered in the IQAC in framing the activities of every academic year.

- ◆ Keeping pace with the modern development, the college has computerized the examination cell, library and administrative office.
- ◆ Management Information System (MIS) is evolved as a powerful strategy in accessing information like,
 - Students fees
 - Students' attendance
 - Library access
 - Lab access
 - Leave and its regulations
 - Visitor's list
 - UGC, Government, etc.
- ◆ Offering job oriented programmes.
- ◆ Concentrating on soft skills to the students to address the high expectations of sports institutions.
- ◆ Effective teacher's assessment through self-appraisal and student feedback.



Rural Coaching Competitions for College & School Students



Board of Studies



College Committee



Assisting Govt. Programmes



Assisting Govt. Programmes



Dental Camp



Cleaning the Play Area



Organising Play Festival



Organising Play Festival





CRITERION VII
INNOVATIVE PRACTICES

CRITERION VII: INNOVATIVE PRACTICES

"If you are succeeding all the time, you should ask yourself whether you are taking enough risks. If you do not take enough risks, you may also be losing out on many opportunities."
- Azim Premji

7.1 INTERNAL QUALITY MANAGEMENT

7.1.1 How does the institution evaluate the achievement of the goals and objectives?

The institution takes special efforts to create an impact on its academic excellence. Every programme or activity is planned and implemented focusing on the vision and objectives of the institution. The goals in physical education and objectives aiming at excellence in physical education are achieved through bodies like staff council, academic council, board of studies and college committees. Every segment/unit of the curriculum has its own methods and techniques of evaluation through the continuous assessment examination and assignments which measure the value of the programme.

The institution's internal quality assurance systems, inclusive practices and Strong stake holders relationship reflect on the institution's 'quality culture'. The expert opinions are taken into consideration with regard to the reaching the goals and objectives of the institution.

The institution always accepts the changes for the improvement of its quality. To ensure the internal quality factors of the campus, the institution is periodically reviewed by various committees from the UGC, state government and from the university, as per the guidelines from NAAC.

The college has an IQAC committee for internal quality check. To monitor and improve the quality of faculty, the following steps are taken:

- ◆ Self appraisal report of the teaching staff, which are used for career advancements.
- ◆ Peer appraisal report from the teaching staff, which are used for team work
- ◆ Teacher wise analysis of subject performance in the end semester examinations.
- ◆ The teaching and other activities are monitored by the Principal on the administrative section.

7.1.2 How does the institution ensure and monitor the quality of its academic programmes?

- ◆ The institution is sensitive to the quality of education as well as to changing educational, social and market demands.
- ◆ The institution has Internal Quality Assurance Cell (IQAC) which meets every year to assess the performance of the programmes approved by it.

- ◆ The quality is reflected in the implementation of the academic programmes and quantum of target achieved.
- ◆ Quality of the institution in its academic programme is ensured through examinations, seminars, workshops and state level clinics.
- ◆ The recent trends in the field of physical education and sports sciences have been exposed to the students by way of organizing refresher courses, special programs on training methods, etc.
- ◆ The college takes utmost care in planning and implementation of the academic programmes. To sustain the quality of its academic programmes, the stakeholders' feedback and the previous years' results are the benchmark for further improvement.
- ◆ The institute makes all out efforts to
 - Ensure adherence to academic calendar with the help of schedule for all activities
 - Monitors attendance of students and also keeps the students informed on monthly basis.
 - Maintains and ensures stock verification
 - **Theory:** The quality of the theory part is monitored by conducting midterm examinations, assignments, pre semester examinations and semester examinations. Feedback is also obtained from the class teachers, subject teachers, students and also from the partner.
 - **Practical:** Performance in the practical is assessed periodically by conducting tests and also internal evaluation and external evaluation by the examiners.
 - **Practice teaching:** Practice teaching is monitored by all the staff members when the students handle classes for their peer group. Our students teaching ability is also monitored by the physical education teachers and physical directors of the respective schools where our students visit for their practice teaching.

7.1.3 How does the institution ensure and monitor the quality of its administration and financial management processes?

- ◆ The day-to-day administration of the college is looked after by the principal with controller of examination and office superintendent.
- ◆ In addition, various statutory bodies such as governing body, academic council, board of studies, finance committee, etc., have also been constituted to regulate the academic procedures.
- ◆ The members of the college committee invest a lot of their precious time and effort to monitor and supervise the work at the college. They extend full support to all institutional personnel and a conscious dedication is imbibed at all levels to perform the task of working at the institution.

- ◆ Besides, there are statutory committees to prepare the college prospectus, calendar and planning of year long academic activities, committee to schedule the extension activities and the controller of examinations to supervise the entire procedure of the conduct of examinations.
- ◆ The principal plays a positive and creative role towards quality enhancement and the sustenance of all the activities of the college. The principal plays a pivotal role in administrative process and mobilizing the resources jointly with the guidance of the secretary.
- ◆ The following practices are in-built into the system to ensure the quality of its administrative and financial management processes.
 - Feedback from the faculty, and employees.
 - Transparency in the matters related to finance and administration.
 - University auditing- quarterly report is submitted to the university.
 - Internal audit system.
 - Annual auditing through chartered accountant.
 - Feedback from students.
 - Grievance Cell/Complaint/Suggestion Box.
- ◆ The financial planning ensures that no planned activity is withheld or dropped due to want of funds. The financial regulations of the institution are based on, 'clearly laid-down procedures' of financial management.
- ◆ The sources of income for the academic programme in particular and for the institution in general are legitimate and known and hence all the items of expenditure are budgeted. There is transparency in all transactions.
- ◆ Management maintains the transparency in the financial issues by adhering to:
 - The Government audit, AG Audit and the management audit (Internal audit) are promptly done and periodically reviewed.

7.1.4 Has the institution established an Internal Quality Assurance Cell (IQAC) or any other similar body / committee / cell? If yes give its year of establishment, composition, functions and major initiatives.

Institution has established an Internal Quality Assurance Cell. IQAC is established in the year 2006-07

Frequent meetings are conducted towards updating the knowledge through

- ◆ Innovative Programmes.
- ◆ Examination Reforms.
- ◆ Curriculum Modifications.
- ◆ Remedial Programmes.

Any progressive initiative comes from the IQAC which consists of

- ◆ Senior teachers.
- ◆ Coordinator.
- ◆ Specialists.
- ◆ Controller of Examinations.

Functions of IQAC

- ◆ Assures the quality of the Internal processes of the institution.
- ◆ Identifies quality improvement of the activities.
- ◆ Manages the programmes.
- ◆ Evaluates to find out the value obtained.
- ◆ Monitors sustenance of programmes.
- ◆ Overcomes the barriers.

Major Initiatives

Curricular Development

Every year, new knowledge is added taking into consideration the following aspects,

- ◆ Modern trends in physical education.
- ◆ Challenges and opportunities in relation to the present scenario.
- ◆ Demands of the stakeholders.
- ◆ Evaluative pattern.

Teaching-Learning Process

- ◆ Modernized delivery system.
- ◆ ICT enabled learning process.
- ◆ Systematic, progressive teaching and training methods.

Teaching Methodology

- ◆ Strategy deployment.
- ◆ Quality enhancement of teachers.

Students' Support System

- | | |
|--|---|
| ◆ Introduction of scholarships. | ◆ Remedial programme (slow - learners). |
| ◆ UGC assistance for the marginalized. | ◆ Students' counselling cell. |
| ◆ Innovative practices. | ◆ Earn while learn scheme. |

Major Initiatives

- ◆ Introduction of choice based credit system.
- ◆ Examination reforms (external question paper setting).
- ◆ Introduction of Innovative programmes like,

❖ Research Journal.	❖ Career Oriented Programme.
❖ Add on Courses.	❖ Adapted Physical Education.
❖ Placement Cell.	❖ Optional Courses.
❖ Counselling Cell.	❖ Value Added Programme.

7.1.5 How does the institution identify and share good practices with various constituents of the institution?

- ◆ Sharing expertise during the conduct of Conference/ Workshop/ Clinic organized by constituent colleges.
- ◆ Inter-collegiate tournaments and Inter-institutional competitions.
- ◆ Bringing experts as guest lecturers.
- ◆ Senior lecturers as members of statutory academic bodies.
- ◆ Teachers, as guides helping the other institutions.
- ◆ Consultancy programme.
- ◆ Publishing articles in the Journal published by other Institutions.
- ◆ Sharing resources like reading material, handouts, and published articles.
- ◆ Students' visit to various institutions to collect data for research and to refer books from the library.
- ◆ Field visit of the students from other universities and institutions to see our infrastructure, library and laboratories facilities.
- ◆ Teachers as resource persons to other institutions.

7.1.6 Is the institution sensitizes to modern managerial concepts such as strategic planning, team work, decision-making, computerization and TQM? If yes, give details.

Strategic Planning

- ◆ At the end of every academic year a meeting is organized in the form of Internal Quality Assurance Cell (IQAC) which gives the direction and planning for the academic year to be implemented.
- ◆ Based on Internal Quality Assurance Cell (IQAC) guidelines and after having discussions with all the staff members, Annual academic calendar is prepared.
- ◆ Every year the syllabus is also modified after getting feedback from the staff members, students, alumni and all the stake holders. This will be referred to the Board of Studies (BOS) and later on to the Academic Council for their approval.

Team Work

- ◆ All the curricular activities and extracurricular activities, consultancy, and extension works are listed down and they will be distributed among all the staff members considering their area of interest, competency and work load.
- ◆ All the staff members are motivated to share the responsibilities in a cooperative way for the successful completion of the works.

Decision-making

- ◆ Our institution follows a democratic, rational, team-based model of decision making. Since team- based functionality is the cornerstone of administrative practices in our college, decision making is delegated to the various teams at each level of an activity.

- ◆ A high degree of transparency is maintained in the process. The decision making process is thus a consequence of collective teamwork and participatory administration with all the different groups, as mentioned above, feel a sense of participation.
- ◆ Policy decisions of regular and general nature are taken at the college committee while major decisions involving considerable financial involvement, starting of new courses, etc., needs the approval of the managing committee of the Ramakrishna Mission Vidyalaya, who inturn is advised by the governing body of the Ramakrishna Mission. Then the decisions are made in a democratic way with the consent of all the stakeholders
- ◆ The Principles of Total Quality Management is strictly adhered and the salient features are identified and managed. Computerization of every unit/system (Office, Admission, Examination, Administration) is done through Interactive Mode.

Computerization

All the documents and accounts are computerized in the office systems. All the staff and students are sensitized about the usage of computers and in particular the internet. Our college library is also computerized with the bar coding. Our college results are also published in the college website.

Total Quality Mangement

All of our students are being evaluated by our examination system. The employers who visit our institution to conduct campus interviews also assess the quality of our students.

7.2 INCLUSIVE PRACTICES

7.2.1 How does the institution sensitize teachers to issues of inclusion and the focus given to these in the national policies and the school curriculum?

- ◆ Our staff members have been given exposure about the inclusive education and they are also encouraged to participate in the national level seminars and conferences related to adapted physical education. We also had in our library good number of books related to adapted physical education and inclusive education.
- ◆ The institution is sensitive to the issues of inclusion in the national policies and the school curriculum. There is a provision in the academic plan for students to learn about the inclusion and exceptionalities as well as gender issues and their impact on learning.
- ◆ The following activities organized by the college provide learning environments fostering positive social interaction and active engagement in learning.
 - Fitness awareness programmes conducted at the villages (VPP)
 - Adapted game organized at the school for the disabled

- ◆ The following part of curriculum reflects the inclusive practices of the college
 - Adapted Physical Education
 - Value Education
 - Special Education
 - Rehabilitation and Remedial Programme

7.2.2 What is the provision in the academic plan for students to learn about inclusion and exceptionalities as well as gender differences and their impact on learning?

Gender Differences

In our curriculum we have included the following contents which highlight gender differences.

Gender differences and the related issues are handled gently. The students become broad-minded, once they take up the task of learning together.

7.2.3 Details on the various activities envisioned in the curriculum to create learning environments that foster positive social interaction, active engagement in learning and self-motivation.

- ◆ Rural coaching camp is included in the curriculum of the PG course.
- ◆ Leadership training camp is included in the curriculum of the UG course.
- ◆ Practice teaching classes in the government schools is included in the curriculum for the UG course.
- ◆ Teaching play festival activities in the government schools is included in the curriculum for the UG and PG course.
- ◆ Organising sports meets, conducting tournaments and officiating to the various government departments i.e. Tamil Nadu state police department, Tamil Nadu state forest department and to various educational institutions.
- ◆ All of our academic programmes are closely associated with learning and self motivation.

7.2.4 How does the institution ensure that student teachers develop proficiency for working with children from diverse backgrounds and exceptionalities?

- ◆ Our students offer coaching to the students of rural area schools, handle practice teaching classes in the government schools as well as matriculation schools. Moreover, our students also teach play festival activities and unified play day to the elementary school children. All these activities provide lot of exposure to our students in understanding the school children of various backgrounds.
- ◆ Adapted physical education included as an optional paper in M.P.Ed.,

7.2.5 How does the institution prepare its students to address to the special needs of the physically challenged and differently-abled students enrolled in the schools?

In our M.P.Ed., we have included a paper, 'Adapted Physical Education' to cater to the needs of physically challenged and differently-abled students enrolled in the schools. Our institution is also involved in organizing the programmes such as Unified play day.

7.2.6 How does the institution handle and respond to gender sensitive issues (activities of women cell and other similar bodies dealing with gender sensitive issues)

Our institution admits only men candidates for PG and UG courses. So it is not applicable.

7.3 STAKEHOLDER RELATIONSHIPS

7.3.1 How does the institution ensure the access to the information on organizational performance (Academic and Administrative) to the stakeholders?

- ◆ All the activities of our institution are uploaded in our college web site periodically. Human resources of the campus are effectively used for planning and implementing academic and other related programmes.
- ◆ The stakeholders of the institution viz., management, staff, students, parents, members of the fitness centre, walkers club, sports academies, authorities like Directorate of collegiate education, School education, TNPESU, NCTE, employers etc., have an active role in the overall planning and developmental activities of the institution.
- ◆ The management plans in such a way that the students get high quality education at an affordable cost. Based on the current needs, the management in consultation with the staff members revise the curriculum of the courses.
- ◆ The staff of the institution, through various academic and advisory bodies, plan the curricular, co-curricular and extracurricular aspects of the institution.
- ◆ The representatives of the students are given due role in various bodies such as intramural committee, students welfare association and cultural activities.

7.3.2 How does the institution share and use the information / data on success and failures of various processes, satisfaction and dissatisfaction of students and stakeholders for bringing qualitative improvements?

- ◆ The institution is able to attract students because of the conducive atmosphere prevailing in the campus, quality education which is in line with the institution's Vision and Mission and the availability of good teaching faculty and a pleasing campus environment.
- ◆ The library facilities enhance their performance to meet their expectations of learning.
- ◆ The student's grievance cell in the campus looks after the various complaints of the students and necessary steps are taken to solve them amicably.

- ◆ The Feedback mechanism and evaluation system help the teachers, principal and the management to get information about the value of the programme, its barriers and failures. The information received is shared among the personnel related to the programme and through meeting, discussions and ice breaking sessions, the problems if any, are solved.

For example

The communication skill which forms the fundamental professional competency of 'teachers' found to be lacking in the students, was identified through the feedback given by the heads of the Institutions (schools and colleges). Understanding the need for improving this ability and to help the teachers to get their message across and to ensure them that they not only go with the professional knowledge but with effective communication skill, remedial measures have been taken. This would enable the teachers to both connect with students and enhance their learning process and foster interest, enthusiasm and participation in the class.

- ◆ Remedial Measures taken to implement
 - Including english communication skills in the curriculum.
 - Establishing english language laboratory.
- ◆ Inclusion of new curricular subject courses based on the recent changes in the field of physical education and sports.
- ◆ Introduction of new value added programme like,
 - Defensive Arts: Kalari payattu and Wrestling.
- ◆ Conducive atmosphere of higher learning, the innovative programmes at the campus and hundred percent job opportunities for the students satisfying the stakeholders to the greater extent.

7.3.3 What are the feedback mechanisms in vogue to collect, collate and data from student, professional community, Alumni and other stakeholders on program quality? How does the institution use the information for quality improvement?

The college obtains the feedback in the following ways

Students

- ◆ Through feedback on subjects during tutor ward meeting.
- ◆ Feedback on question paper immediately after the semester examinations are over.

Alumni

- ◆ Feedback on subjects by conducting alumni meeting periodically.
- ◆ Getting feedback while conducting workshops and seminars.

Employers

- ◆ Getting feedback from different employers when they come for conducting campus interviews.

Academic Peers

- ◆ Getting feedback on subjects when organizing workshops and seminars.
- ◆ Getting feedback from eminent professionals when they visit our institution during various occasions.

Finally all the feedbacks and suggestions will be analyzed in the staff meeting and the suggestions are taken to the Board of Studies (BOS) and Internal Quality Assurance Cell (IQAC).

Additional Information

1. How are the core values of NAAC reflected in the various functions of the institution?

Our institution is striving hard and moving forward to inculcate the core values of the NAAC in the following ways:

Contributing to National Development

- ◆ In our institution we give equal opportunities to all the students irrespective of caste, creed, religion and region.
- ◆ So many students from Kerala, Karnataka, Andhra Pradesh, Odisha, Tripura, Arunachal Pradesh and other places of north India have completed their education successfully from our institute.
- ◆ We organize youth rally, Independence Day, Republic day, youth convention to inculcate patriotism and to create awareness among our student community about the greatness of our ancient Indian culture and traditions.
- ◆ The activities offered at the campus lead to 'capacity-building' of individuals to meet the needs of the 'health' of the society and the country, there by contributing to the development of the Nation as a whole. This is done by the country, there by contributing to the development of the Nation as a whole. This is done by organizing various activities like,
 - Health Awareness Programme
 - Anti Obesity Measures
 - Fitness Programme for,
 - ❖ Special Population
 - ❖ Differently Abled Children

Fostering Global Competencies among Students

- ◆ Our institution has been taking all the necessary initiatives to enhance the competency of the students.
- ◆ In this we have introduced communication skills and computer applications in our curriculum for all the courses. Students are also exposed to internet facilities and also motivated to participate in the national and international seminars and workshops.

Inculcation of Value System in Students

- ◆ The main aim of the establishing Ramakrishna Mission Vidyalaya is to provide the right kind of education which Swami Vivekananda envisages a man making and character building education.
- ◆ Inculcating the values take place in our Vidyalaya not only in the class rooms but in the hostel and the entire activities are focused to imbibe the appropriate values, commensurate with social, cultural, economic and environment realities at the local, national and international levels,

- Students' welfare Association programmes
- Participation in competitions
- Value Education in curriculum
- Adapted Physical Education
- Inclusive Education
- Social Activities
- Rural Sports

Promoting the use of Technology and Quest for Excellence

- ◆ All of our students are exposed to the computers and to internet which makes them competent enough to use the technology.
- ◆ Our institution has also procured the latest equipments which are useful for the research as well as training purpose. These equipments include 2D video camera for biomechanical analysis (attached with computer), body composition analyzer (attached with computer), digital spirometer, cricket bowling machine, tennis ball feeding machine and table tennis ball feeding machine.
- ◆ Significant development is visible which are attributed to the impact of technology.
 - Technology-Based teaching learning process.
 - Research through technological innovations (Silicon coach, Video analysis).
 - Laboratories and practical records.
 - Using SPSS (for Statistics) in research.
 - Computer-Assisted lab equipment.
 - Automated library.
 - Software-based examination reformation/data entry/mark sheets.
 - Electronic data management system.
 - Electronic resources and e-Learning.
 - Management Information System (MIS).

Quest for Excellence

The college demonstrates a drive to develop itself into a center of excellence in all its functioning.

- Formation of committees and governance.
- Strategy development and deployment.
- Development of infra-structural facilities.
- Students' support.
- Faculty development programme.
- 'Market-driven programmes' for better placement opportunities.

The institution's vision, mission and the objectives form the foundation for reaching the core values of the NAAC.

2. What are the major innovations of the institution since the previous assessment and accreditation?

Our institution has made the following innovations since the previous assessment and accreditation:

- ◆ Play festival is the major area of the innovation by institution. No other institution is having play festival programme of this kind.
- ◆ Staff members have also published the books in their area of specialization.
- ◆ The staff members have prepared CDs which consist of teaching fundamental skills in their respective specialization.
- ◆ Preparation of play activities for children according to their age group is another area of innovation.
- ◆ Designing adapted games to fulfil the needs of special children is another innovation by our institution.
- ◆ Innovation is recognized in all the aspects of teaching learning process, thus taking forward the effectiveness of education at the college on a wider and a higher platform with a total restructured and reformed.
- ◆ Adapted physical education programme is initiated to cater to the much – taunted population.
- ◆ Sports academies are yet another new programme strongly rooted with an intention of developing skillful participation in different sports.
- ◆ Rural villages are adopted and sports activities are introduced with an intention of encouraging mass participation.

Curricular Innovations

- ◆ Professional preparation for NET/SLET - One of the much high lighted curricular innovations since the last accreditation has been done.
- ◆ As a result, substantial number of our students have faired extremely well at the national competitive exams and cleared the eligibility test to become qualified teachers.
- ◆ The following innovative programs have been pursued since the last assessment and accreditation to enable the students to take up different jobs in the arena of placement

■ Gym Instructors	■ Therapists	■ Adapted
■ Personal Trainers	■ Sports Psychologists	■ Physical Educationists
■ Yoga Therapists	■ Fitness Trainers	
■ Exercise	■ Aerobic Trainers	

And thus the educational activities provided at the colleges have delivered a full fledged physical education personnel with over all development of body, mind and spirit who are not only called as the 'Drill Masters' but 'Professionals' who can cater to the need of every population who tends to participate in physical activity.

"Arise! Awake! Stop not till the goal is reached."

- Swami Vivekananda





Sports Training Gadgets

The background features a vibrant, abstract design with sweeping, curved bands of color in shades of yellow, orange, green, and blue. Scattered throughout are numerous small, white, glowing circular spots, some of which are larger and more prominent. The overall effect is dynamic and modern.

3. MAPPING OF ACADEMIC ACTIVITIES OF THE INSTITUTION



**4. DECLARATION BY THE
HEAD OF THE INSTITUTION**

Declaration by the Head of the Institution



SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION

(Government Aided Autonomous College, Affiliated to Tamil Nadu Physical Education & Sports University,
Accredited with B++ by NAAC, Our college under section 2(f) & 12(B) of the UGC Act 1956,
Recognised by National Council for Teacher Education & Government of Tamil Nadu)

Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS(Diploma in Cricket)
Principal & Secretary

Declaration by the Head of the Institution

I certify that the data included in this Self – Appraisal Report (SAR) are true to the best of my knowledge.

This SAR is prepared by the institution after internal discussions, and No part thereof has been outsourced.

I am aware that the peer team will validate the information provided in this SAR during the peer team visit.

Signature of the Head of the institution
with seal

Place: Coimbatore

Date: 20.05.2015

Dr. Ch. VST. SAIKUMAR
M.P.Ed., M.Phil., Ph.D., NIS Diploma in Cricket
PRINCIPAL
Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education
SRKV Post, Coimbatore - 641 020, Tamil Nadu

Indoor Synthetic Tennis Courts



Eight Lane Standard Track with Drainage System





**Sri Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education**

An Autonomous College Accredited with B++ Grade
(Affiliated to Tamil Nadu Physical Education and Sports University, Chennai)
SRKV Post, Coimbatore - 641 020, Email: rmmcpe@gmail.com
Phone: (0422) 2692443, Fax: 2693677, Website: www.srkvmcpe.org