



SRI RAMAKRISHNA MISSION VIDYALAYA
MARUTHI COLLEGE OF PHYSICAL EDUCATION
(AUTONOMOUS)

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M.Phil Awardees					
S.No	Reg.No	Name	Year of Study	Guide Name	Title
1	20120303001	B.Balamurugan	2012-2013	Dr.E.Amudhan	EFFICACY OF SPECIFIC YOGIC PRACTICES ON SELECTED HYPOKINETIC DISEASE RELATED VARIABLES OF COLLEGE MEN
2	20120303002	N.Kalyana Sundaram	2012-2013	Dr.Ch.VST.Saikumar	EFFECT OF PLYOMETRIC TRAINING AND AEROBIC EXERCISES ON SELECTED PHYSICAL FITNESS VARIABLES AMONG INTER- COLLEGIATE HOCKEY PLAYERS
3	20120303003	M.Prabu	2012-2013	Dr.Ch.VST.Saikumar	EFFECTS OF KALARI TRAINING ON SELECTED PHYSICAL FITNESS VARIABLES OF COLLEGE MEN
4	20120303004	S.A.Sathish Kumar	2012-2013	Dr.T.Jayabal	COMPARATIVE EFFECTS OF CIRCUIT TRAINING AND CIRCUIT WEIGHT TRAINING ON SELECTED MOTOR FITNESS VARIABLES AMONG COLLEGE MEN KABADDI PLAYERS
5	20120303005	G.Scot Newton	2012-2013	Dr.M.Rajkumar	LIFESTYLE ON SELECTED PHYSICAL FITNESS VARIABLES AMONG URBAN RURAL AND TRIBAL SCHOOL CHILDREN IN COIMBATORE DISTRICT

6	20120303006	M.Suresh Kumar	2012-2013	Dr.Ch.VST.Saikumar	EFFECT OF WALKING PROGRAMME ON SELECTED HAEMOTOLOGICAL VARIABLES AND PHYSIOLOGICAL VARIABLES OF MIDDLE AGED MEN
7	20130303001	R. Dharmalingam	2013-2014	Dr.E.Amudhan	EFFECT OF KALARIPAYATTU TRAINING ON SELECTED PHYSICAL FITNESS AND PHYSIOLOGICAL VARIABLES OF COLLEGE MEN
8	20130303002	D. Muthukumar	2013-2014	Dr.E.Amudhan	EFFECT OF SPECIFIC SKILL TRAINING ON SELECTED PHYSICAL FITNESS PHYSIOLOGICAL PSYCHOMOTOR AND PERFORMANCE VARIABLES OF KABADDI PLAYERS
9	20130303003	N. Rajamoorthy	2013-2014	Dr.M.Rajkumar	EFFECT OF SPECIFIC DRILLS ON SELECTED SKILL PERFORMANCE VARIABLES OF COLLEGE TENNIS PLAYERS
10	20130303004	R. Srinivasan	2013-2014	Dr.T.Jayabal	EFFECT OF CURRENT PHYSICAL EDUCATION PROGRAMME ON SELECTED MOTOR FITNESS VARIABLES OF HIGH SCHOOL LEVEL BOYS
11	20130303005	Y. Srinivasulu	2013-2014	Dr.Ch.VST.Saikumar	EFFECT OF SPECIFIC TRAINING PROGRAMME ON SELECTED PHYSICAL FITNESS PHYSIOLOGICAL AND SKILL PERFORMANCE VARIABLES OF HIGH SCHOOL LEVEL MALE KHO-KHO PLAYERS
12	20130303006	R. Tamilselvan	2013-2014	Dr.T.Jayabal	EFFECT OF CORE MUSCLE STRENGTH AND STABILITY TRAINING PROGRAMME ON PHYSICAL FITNESS

					VARIABLES OF INTER COLLEGIATE HOCKEY PLAYERS
13	20140303001	S.Arivazhakan	2014-2015	Dr.Ch.VST.Saikumar	EFFECT OF SPECIFIC DRILLS WITH BALL FEEDING MACHINE ON SELECTED MOTOR QUALITIES COORDINATIVE ABILITIES AND SKILL PERFORMANCE VARIABLES OF TENNIS PLAYERS
14	20140303002	P.Karthick	2014-2015	Dr.A.Needhiraja	EFFECT OF PROPRIOCEPTION TRAINING ON SELECTED SKILL VARIABLES OF INTER COLLEGIATE BASKETBALL PLAYERS
15	20140303003	M.Marimuthu	2014-2015	Dr.T.Jayabal	EFFECTS OF WEIGHT TRAINING AND CONCURRENT WEIGHT TRAINING WITH OWN BODY WEIGHT RESISTANCE TRAINING PROGRAMME ON PERFORMANCE RELATED FITNESS COMPONENTS OF MALE INTER COLLEGIATE KABADDI PLAYERS
16	20140303004	S.Mohan Kumar	2014-2015	Dr.M.Ramajayam	IMPACT OF PLYOMETRIC TRAINING WITH SPECIFIC DRILLS ON SELECTED PHYSICAL FITNESS PHYSIOLOGICAL AND SKILL PERFORMANCE VARIABLES OF COLLEGE LEVEL BADMINTON PLAYERS
17	20140303005	S.Parthiban	2014-2015	Dr.S.Sivasankar	EFFECT OF YOGIC PRACTICES AND AEROBIC EXERCISES ON SELECTED PHYSICAL FITNESS AND PHYSIOLOGICAL

					VARIABLES AMONG SCHOOL BOYS
18	20140303006	P.Senthil	2014-2015	Dr.E.Amudhan	EFFECT OF YOGASANAS ON SELECTED PHYSICAL AND ANTHROPOMETRICAL VARIABLES OF INTELLECTUALLY CHALLENGED PERSONS
19	20140303007	P.Varadharaj	2014-2015	Dr.E.Amudhan	ISOLATED EFFECT OF YOGASANA AND PRANAYAMA TRAINING ON SELECTED PHYSIOLOGICAL PSYCHOLOGICAL AND HEMATOLOGICAL VARIABLES OF INTER SCHOLASTIC GIRLS
20	20150303001	P.Aswanth Anand Kumar	2015-2016	Dr.A.Needhiraja	ANALYSIS OF BODY COMPOSITION FEATURES AMONG BASKETBALL HANDBALL AND FOOTBALL PLAYERS
21	20150303002	B.Gokul	2015-2016	Dr.Ch.VST.Saikumar	EFFECT OF BALL FEEDING MACHINE ON SELECTED BIO MOTOR AND SKILL PERFORMANCE VARIABLES OF NON TABLE TENNIS PLAYERS
22	20150303003	S.Marimuthu	2015-2016	Dr.E.Amudhan	COMPARATIVE ANALYSIS OF SELECTED PHYSICAL FITNESS PHYSIOLOGICAL AND BODY COMPOSITION VARIABLES AMONG GOVERNMENT MATRICULATION AND CBSE SCHOOLS BOYS OF COIMBATORE DISTRICT

23	20150303004	S.Mohankumar	2015-2016	Dr.S.Sivasankar	EFFECT OF SAQ TRAINING ON SELECTED BIO-MOTOR VARIABLES BODY COMPOSITION AND OVERALL PLAYING ABILITY OF SCHOOL LEVEL KHO-KHO PLAYERS
24	20150303005	V.Pandiarajan	2015-2016	Dr.M.Ramajayam	IMPACT OF SPECIFIC DRILLS TRAINING AND SPECIFIC DRILLS WITH VISUAL AIDS TRAINING PROGRAMME ON SELECTED PHYSICAL FITNESS SKILL PERFORMANCE VARIABLES AND OVER ALL PLAYING ABILITY OF PRE ADOLESCENCE TENNIS LEARNERS
25	20150303006	J.Vidhyadharan	2015-2016	Dr.T.Jayabal	IMPACT OF SPORTS VISION TRAINING ON SELECTED PSYCHOLOGICAL AND SKILL PERFORMANCE VARIABLES OF MEN VOLLEYBALL PLAYERS
26	20150303007	K.Vishnuvardhan Reddy	2015-2016	Dr.E.Amudhan	EFFECT OF VARIED PACKAGES OF STRENGTH TRAINING ON SELECTED BODY COMPOSITION MOTOR FITNESS AND PHYSIOLOGICAL VARIABLES OF INTER SCHOLASTIC BOYS
27	20160303001	B.Aaron Arshay Keets	2016-2017	Dr.Ch.VST.Saikumar	IMPACT OF CONCURRENT TRAINING WITH CRICKET BOWLING MACHINE TRAINING ON SELECTED MOTOR FITNESS COORDINATIVE ABILITIES AND SKILL PERFORMANCE VARIABLES AMONG MALE INTER COLLEGIATE

					CRICKET PLAYERS
28	20160303002	D.Arul Prabu	2016-2017	Dr.S.Sivasankar	EFFECT OF SPECIFIC SKILL TRAINING WITH AND WITHOUT LADDER TRAINING ON SELECTED MOTOR FITNESS VARIABLES COORDINATIVE ABILITIES AND SKILL PERFORMANCE VARIABLES OF MEN VOLLEYBALL PLAYERS
29	20160303003	P.Gopi	2016-2017	Dr.A.Needhiraja	EFFECT OF SPECIFIC TRAINING PROGRAM ON SELECTED PHYSICAL FITNESS AND SKILL PERFORMANCE VARIABLES OF COLLEGE LEVEL HANDBALL PLAYERS
30	20160303004	V.Gopinath	2016-2017	Dr.A.Needhiraja	EFFECT OF SPECIFIC SKILL TRAINING ON WITH AND WITHOUT VISUAL AIDS ON SELECTED SKILL PERFORMANCE VARIABLES OF COLLEGE LEVEL MALE HANDBALL PLAYERS
31	20160303005	A.Prabhakaran	2016-2017	Dr.M.Ramajayam	COMPARATIVE EFFECT OF SPECIFIC DRILLS WITH AND WITHOUT ELASTIC BAND TRAINING ON BIOMOTOR PSYCHOLOGICAL AND SKILL PERFORMANCE VARIABLES ON COLLEGE LEVEL MEN TENNIS LEARNERS
32	20160303006	J.Rabin	2016-2017	Dr.E.Amudhan	COMPARATIVE ANALYSIS OF SELECTED PHYSICAL FITNESS AND BODY COMPOSITION VARIABLES OF UNIVERSITY ATHLETES OF VARIOUS UNVERSTIES OF NORTH INDIA AND

					SOUTH INDIA
33	20160303007	U.Ramki	2016-2017	Dr.S.Sivasankar	EFFECT OF SPECIFIC SKILL TRAINING WITH AND WITHOUT LADDER TRAINING ON SELECTED PHYSICAL FITNESS VARIABLES COORDINATIVE ABILITIES AND OVERALL PLAYING ABILITY OF MEN KHO-KHO PLAYERS
34	20160303010	R.Vinothkumar	2016-2017	Dr.T.Jayabal	EFFECT OF SPECIFIC SKILL TRAINING WITH SWISS BALL TRAINING AND PLYOMETRIC TRAINING ON SELECTED PHYSICAL FITNESS AND PHYSIOLOGICAL VARIABLES OF INTER COLLEGIATE KABADDI PLAYERS
35	20170303001	P.Boopal	2017-2018	Dr.A.Needhiraja	EFFECT OF AEROBIC DANCE ON SELECTED COORDINATIVE ABILITIES VARIABLE OF PHYSICAL EDUCATION TEACHER TRAINEES
36	20170303002	G.Dinesh Kumar	2017-2018	Dr.E.Amudhan	ISOLATED EFFECT OF BATTLE ROPE AND TYRE WORKOUTS ON SELECTED MOTOR FITNESS AND BODY COMPOSITION VARIABLES OF SCHOOL BOYS
37	20170303003	M.Kabilan	2017-2018	Dr.T.Jayabal	EFFECT OF SPECIFIC SKILL TRAINING WITH AND WITHOUT SPORTS VISION TRAINING ON SKILL PERFORMANCE VARIABLES AND COORDINATIVE ABILITIES OF TENNIS PLAYERS

38	20170303004	P.Karthikeyan	2017-2018	Mr.S.Muniraj	EFFECT OF BATTLE ROPE TRAINING ON SELECTED MOTOR FITNESS AND SKILL PERFORMANCE VARIABLES OF JUDO PLAYERS
39	20170303005	M.Ponnangan	2017-2018	Dr.E.Amudhan	ISOLATED AND COMBINED EFFECT OF PLYOMETRICE AND LADDER TRAINING ON SELECTED BIO-MOTOR ABILITIES OF HOCKEY PLAYERS
40	20170303006	M.Sakthivel	2017-2018	Dr.Ch.VST.Saikumar	EFFECT OF PLYOMETRIC TRAINING ON SELECTED MOTOR FITNESS AND SKILL PERFORMANCE VARIABLES OF PACE BOWLERS IN CRICKET
41	20170303007	G.Sri Prakash	2017-2018	Dr.S.Sivasankar	EFFECT OF SPECIFIC TRAINING WITH AND WITHOUT PILATE EXERCISES ON SELECTED BIO MOTOR FITNESS COMPONENTS AND SKILL PERFORMANCE VARIABLES OF COLLEGE LEVEL FOOTBALL PLAYERS
42	20170303008	A.Suresh Kumar	2017-2018	Dr.T.Jayabal	ISOLATED AND COMBINED EFFECTS OF SKILL TRAINING WITH CIRCUIT TRAINING ON SELECTED PHYSICAL FITNESS AND SKILL PERFORMANCE VARIABLES OF INTERCOLLEGIATE KABADDI PLAYERS
43	20170303009	P.R.Yuvaraj	2017-2018	Dr.M.Ramajayam	INDIVIDUALIZED AND COMBINED EFFECTS OF BRISK WALKING FARTLEK TRAINING ON CARDIO RESPIRATORY ENDURANCE AND SELECTED

					BIO CHEMICAL VARIABLES OF COLLEGE MEN
44	20170303010	V.Yuvaraj	2017-2018	Mr.M.Prabu	EFFECT OF CIRCUIT TRAINING PROGRAMME ON SELECTED PHYSICAL FITNESS VARIABLES AND CARDIOPULMONARY VARIABLES OF INTERCOLLEGIATE LEVEL FOOTBALL PLAYERS
45	20160303009	P.Satheeswaran	2017-2018	Dr.T.Jayabal	EFFECT OF WEIGHT TRAINING AND CONCURRENT WEIGHT TRAINING WITH SPECIFIC SKILL TRAINING ON SELECTED BIO-MOTOR VARIABLES AND OVERALL PLAYING ABILITY OF INTER COLLEGIATE KABADDI PLAYERS
46	20180303001	R.Kanagaraj	2018-2019	Dr.A.Needhiraja	EFFECT OF FARTLEK AND STAIRCASE TRAINING PROGRAMME ON SELECTED PHYSICAL FITNESS AND PERFORMANCE VARIABLES OF LONG DISTANCE RUNNERS
47	20180303002	K.Palanisamy	2018-2019	Dr.T.Jayabal	EFFECT OF PLYOMETRIC TRAINING AND SAQ TRAINING ON SELECTED PHYSICAL FITNESS VARIABLES AMONG ADOLESCENT SCHOOL LEVEL BOYS
48	20180303004	T.P.Thangarasu	2018-2019	Dr.E.Amudhan	INFLUENCE OF LADDER AND TYRE TRAINING ON SELECTED MOTOR FITNESS BODY COMPOSITION AND SKILL PERFORMANCE VARIABLES OF SCHOOL LEVEL TENNIS PLAYERS

49	20180303005	P.Vijayakumar	2018-2019	Dr.Ch.VST.Saikumar	ISOLATED AND COMBINED EFFECT OF TRADITIONAL TRAINING AND TRAINING WITH GADGETS ON SELECTED MOTOR FITNESS PHYSIOLOGICAL AND SKILL PERFORMANCE VARIABLES OF PRE ADOLESCENCE TENNIS PLAYERS
50	20190303001	A.Aravind	2019-2020	Dr.M.Srinivasan	EFFECT OF SPECIFIC DRILLS WITH TRAINING AIDS ON SELECTED MOTOR FITNESS VARIABLES AND SKILL PERFORMANCE VARIABLES OF SCHOOL LEVEL BADMINTON PLAYERS
51	20190303003	B.Dhamodharan	2019-2020	Dr.E.Amudhan	ISOLATED EFFECT OF AEROBIC DANCE AND RESISTANCE TRAINING ON SELECTED PHYSICAL PHYSIOLOGICAL ANTHROPOMETRICAL AND BODY COMPOSITION VARIABLES OF INTER COLLEGIATE PLAYERS
52	20190303004	S.R.Padmasekaran	2019-2020	Dr.Ch.VST.Saikumar	EFFECTS OF GADGETS TRAINING WITH AND WITHOUT YOGIC PRACTICES ON SELECTED PHYSICAL PHYSIOLOGICAL AND PERFORMANCE VARIABLES AMONG CRICKETERS
53	20190303005	K.Prabhu	2019-2020	Dr.T.Thangamani	EFFECT OF BALL CONTROLLING DRILLS AND RECREATIONAL GAMES ON SELECTED MOTOR FITNESS VARIABLES OF FOOTBALL LEARNERS

54	20190303006	K.Ranjith Singh Yadav	2019- 2020	Dr.V.Saminathan	IMPACT OF SPECIFIC RESISTANCE TRAINING ON SELECTED ANTHROPOMETRIC MEASURES AND BODY COMPOSITION VARIABLES AMONG MALE BODY BUILDERS
55	20190303007	A.Srinivasan	2019- 2020	Dr.T.Jayabal	EFFECT OF CIRCUIT TRAINING AND INTERVAL TRAINING ON SELECTED PHYSICAL AND PHYSIOLOGICAL VARIABLES OF COLLEGE MEN KABADDI PLAYERS