

7.2.1 – Describe at least two institutional best practices

Best practice-I

Title of the best practice: Sharing the expertise through intra institutional linkage

1. To strengthen the system of governance among the sister institutions of Vidyalaya.
2. To optimally utilize and strengthen the institutions of Vidyalaya through exchange of resources/expertise.

The context:

The campus of Ramakrishna Mission Vidyalaya is multidisciplinary in nature with a total of 18 educational institutions functioning with relatively common ideals and mission.

The practice:

The Ramakrishna Mission Vidyalaya management has a policy in vogue that the expertise of the sister institutions of the Vidyalaya must be shared by all other institutions in the campus whenever they are found to be beneficial.

Evidence of success:

Through the weekly and monthly meetings, every institution becomes aware of the activities taking place in every other institution of the Vidyalaya, thereby providing opportunities for students and faculty of their institution to take part in those activities/programmes or make use of them to their benefit. The multidisciplinary nature of the campus provides opportunities for the institutions to share their human resources and infrastructural facilities with sister institutions. The linkage with Sri Ramakrishna Mission Vidyalaya College of Arts and Science has helped in providing an inter-disciplinary curricular experience to the students of Maruthi college of physical education.

Problems encountered and resources required:

No major problems are faced in the process of sharing of expertise as the Vidyalaya management ensures that it is complementary to contribute to total quality management of all institutions in the campus. Goal-oriented, open-minded and supportive management is guiding all the sister institutions to have smooth co-operation and benefit among them.

Best practice-II

Title of the best practice: Establishing world record in yoga

Objectives:

1. To create world in yoga.
2. To develop awareness among the school children about the benefits of regular practice of yoga.

The context:

1. Research studies have shown that many psychosomatic disorders can be healed through yoga.
2. Regular practice of yoga gives general health and develops immunity.

The practice:

Approximately 3100 school children from 60 schools from Periyanaickenpalayam, Karamadai and Sarkar Samakulam Panchayat Union Government Elementary Schools demonstrated five yoga activities for the Yoga World Record i.e. 1. Padmasana 2. Parvatasana 3. Vajrasana 4. Ustrasana 5. Yoga Mudrasana.

Evidence of success:

After thorough verification, the panel of judges have declared the 'yoga world record' to the institution for the mass demonstration of Five Asanas properly by 3100 school children.

Problems encountered and resource required:

1. Transporting the various schools children to one place.
2. Providing food for the children.
3. The management generously provided the required facilities.