



SRI RAMAKRISHNA MISSION VIDYALAYA
MARUTHI COLLEGE OF PHYSICAL EDUCATION

An Autonomous College Re-accredited by NAAC
(Affiliated to the Tamil Nadu Physical Education & Sports University, Chennai)
SRKV Post, Periyanaickenpalayam, Coimbatore - 641 020
Phone: 0422 - 2692443, Fax: 0422 - 2693677, E-mail: rmmcpe@gmail.com, Web: www.srkvmcpe.org

6.5.3: Average number of quality initiatives taken by IQAC or any other mechanism for promoting quality culture during the last five years

Report of the work done by IQAC or other quality mechanisms

2019 - 2020



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REPORT OF INTERNATIONAL DAY OF YOGA

All the staff and BPEd II & MPEd II year students participated in the International Day of Yoga celebrations on 21.06.2019 at Vidyalaya Indoor Stadium. Around 700 students demonstrated various yoga activities. Dr. R. Giridharan, Associate Professor and Head, RKMVERI GAPEY welcomed the gathering. Srimat Swami Tanmayanandaji Maharaj, Senior Monk, Ramakrishna Mission Sevashrama, Kankhal, Hardwar gave presidential address. Yogi Prof. Dr. V.R. Arivazhagan (Guruji), Director, Indian Institute of Yoga and Naturopathy, Coimbatore was the chief guest. Dr. Ch. VST. Saikumar, Principal proposed vote of thanks.



Presidential address by
SrimatSwami Tanmayanandaji
Maharaj on 21.06.2019



Vote of thanks by
Dr. Ch. VST. Saikumar on
21.06.2019



Staff and BPed II & MPed II year students participated in the
International Day of Yoga celebrations on 21.06.2019

The following faculty members involved in the programme

Sl. No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

The following teacher trainees involved in the programme

S.No	Reg. No.	Name
1.	M18BPED001	DEEPANCHAKRAVARTHI A
2.	M18BPED002	PURUSOTHAMAN B
3.	M18BPED003	BAVANISANKAR P
4.	M18BPED004	PRINCE PRAVEEN W
5.	M18BPED005	SAIFUDHEEN M K
6.	M18BPED006	VIGNESHWAR S
7.	M18BPED007	MANORANJITH K

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9.	M18BPED009	SRINIVASAN R
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45.	M18BPED048	MANIKANDAN M
46.	M18BPED050	ARUN PRASATH A
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71.	M18MPED025	THARMADURAI PANDIAN N



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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)
Principal & Secretary

FACULTY DEVELOPMENT PROGRAMME (FDP)

Faculty Development Programme was conducted for teaching and non-teaching staff members on the topic “Work is worship”, on 22.06.2019. Dr.K.Sathiskumar, Principal, SRMV Gandhi Teacher Training Institute, Coimbatore, acted as resource person for the programme. All the teaching and non-teaching members attended the programme.



Dr.K.Sathiskumar, Principal, SRMV Gandhi Teacher Training Institute, Coimbatore, handling a session on the topic “Work is Worship”, in the faculty development programme for teaching and non-teaching staff members on 22.06.2019

The Following Teaching and Non-Teaching Staff Members Attended the Programme

Sl.No	Name of the Faculty Members	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor



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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)
Principal & Secretary

REPORT OF STATE LEVEL WORKSHOP CUM REFEREE EXAMINATION IN 'KHO-KHO'

State level workshop cum referee examination in 'Kho-Kho' was conducted by our college in collaboration with the Tamil Nadu State Kho-Kho Association on 26.07.2019 and 27.07.2019. In the inaugural function, Dr. Ch. VST. Saikumar, Principal welcome the gathering, Swami Nirmaleshanandaji Maharaj, Assistant Secretary, Ramakrishna Mission Vidyalaya delivered the presidential address, Sri K. Appavu Pandian, General Secretary, Tamil Nadu State Kho-Kho Association, Chennai was the chief guest.

Sri K. Appavu Pandian, General Secretary, Tamil Nadu State Kho-Kho Association, Chennai, Dr. S. Sivasankar, Director of Physical Education, Sri Ramakrishna Mission Vidyalaya College of Education, Sri S. Ravi and Sri G. Periyadurai, Technical Committee Members, Tamil Nadu State Kho-Kho Association, Chennai, served as the resource persons for this workshop.

Details of participants are given below:

S. No	Institution	Total No. of Participants
1.	SRMV Maruthi College of Physical Education, Coimbatore	46
2.	Ramakrishna Mission Vivekananda Educational and Research Institute Faculty of GAPEY, Coimbatore	18
3.	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore	22
4.	Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur	07

5.	Sarada College of Physical Education, Salem	07
6.	St. Jonhs College of Physical Education, Veeravanallur	06
7.	Others	58
Total		164

Valedictory function was held on 27.07.2019. Dr. Ch.VST. Saikumar, Principal & Secretary delivered the welcome address. Sri E.V. Natarajan, Correspondent, Star Nursery and Primary School, Coimbatore was the chief guest and distributed the certificates Dr. T. Thangamani, Assistant Professor and Convener of the workshop proposed vote of thanks.



Dr. Ch. VST. Saikumar, Principal welcome the gathering, Swami Nirmaleshanandaji Maharaj, Assistant Secretary, Ramakrishna Mission Vidyalaya inaugurating the State level workshop cum referee examination in 'Kho-Kho' on 26.07.2019



Resource person Dr. S. Sivasankar, Director of Physical Education, Sri Ramakrishna Mission Vidyalaya College of Education, handling the theory and practical session in the State level workshop cum referee examination in 'Kho-Kho' on 26.07.2019



Sri E.V. Natarajan, Correspondent, Star Nursery and Primary School, Coimbatore delivering valedictory address and Dr. T. Thangamani, Assistant Professor and Convener of the workshop proposed vote of thanks on 27.07.2019

THE FOLLOWING FACULTY MEMBERS INVOLVED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

THE FOLLOWING TEACHER TRAINEES INVOLVED IN THE PROGRAMME

S.No	Reg. No.	Name
1.	M18BPED001	DEEPANCHAKRAVARTHI A
2.	M18BPED002	PURUSOTHAMAN B
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69.	M18MPED023	HARISOORYA N
70.	M18MPED024	SAGADEVAN M
71.	M18MPED025	THARMADURAI PANDIAN N
72.	M19BPED001	VIGNESH SAI RAM N
73.	M19BPED002	VINITHKUMAR K
74.	M19BPED003	GANESHAN V
75.	M19BPED005	SATHEESHPANDIAN M
76.	M19BPED006	THIVAKAR S
77.	M19BPED007	JAGANATHAN R
78.	M19BPED008	SURYA M
79.	M19BPED009	TAMILPRIYAN T
80.	M19BPED010	VASANTH S
81.	M19BPED011	GOVINDARAJAN D
82.	M19BPED012	NISHANTH SB
83.	M19BPED013	NAVEEN J
84.	M19BPED014	SIVAPRAKASH S
85.	M19BPED015	SELVAMANI C
86.	M19BPED016	RASUKKUTTY V
87.	M19BPED017	AATHI NARAYANAN GAJAPATHI P
88.	M19BPED018	LOURDHURAJ J
89.	M19BPED019	KARTHIKEYAN V
90.	M19BPED020	SHUAIB S
91.	M19BPED021	NAVA VIKNESH R
92.	M19BPED022	MANIKANDAN A

93.	M19BPED023	PAVITH G
94.	M19BPED024	MOHANKUMAR V
95.	M19BPED025	YESUDAS A
96.	M19BPED026	OM PRAKASH V
97.	M19BPED027	PHILIP ALWIN PRINCE L
98.	M19BPED028	SARAVANAN D
99.	M19BPED029	RENISH R
100	M19BPED030	MEGANATHAN J
101	M19BPED031	RAGHU E
102	M19BPED032	SIMON ROSARIO M
103	M19BPED033	RANJITH A
104	M19BPED034	SARAVANAN P
105	M19BPED035	PRADEEP P
106	M19BPED036	VETRIVEL M
107	M19BPED037	VENKATESH R
108	M19BPED038	NAVEENKUMAR M
109	M19BPED039	TAMILSELVAN P
110	M19BPED040	DINESH K
111	M19BPED042	PRABAKARAN A
112	M19BPED043	NEHRU U
113	M19BPED044	ARUL AJITH J
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115	M19BPED047	YESWANTH A R
116	M19BPED048	KARTHIKEYAN M
117	M19BPED049	ARUN N
118	M19BPED050	PRASANTH P
119	M19MPED001	KARTHICK G
120	M19MPED002	SRIRAM P
121	M19MPED003	PARTHIPARAJ S
122	M19MPED004	VIKRAM P
123	M19MPED005	BALUSAMY L
124	M19MPED006	BOOPALAN P
125	M19MPED007	MANIVANNAN N
126	M19MPED008	SURENDHAR S
127	M19MPED009	MANOJ K
128	M19MPED010	KANNAN R
129	M19MPED011	JEROME ROSARIO A
130	M19MPED012	MARUTHAMUTHU K
131	M19MPED013	PARTHIBAN K
132	M19MPED014	AJITHKUMAR G
133	M19MPED015	NAVEENKUMAR P

134	M19MPED016	VINOTH D
135	M19MPED017	UDAYAKUMAR R
136	M19MPED018	GURUNATHAN M
137	M19MPED019	SARAVANAKUMAR B
138	M19MPED020	TAMILARASAN V
139	M19MPED021	GOKULAKANNAN S
140	M19MPED022	FRANGLIN S P
141	M19MPED023	DHAYALAN K
142	M19MPED024	CHRISTOPHER T
143	M19MPED025	DINESH KRISHNAN K
144	20190303001	ARAVIND A
145	20190303003	DHAMODHARAN B
146	20190303004	PADMASEKARAN S R
147	20190303005	PRABHU K
148	20190303006	RANJITH SINGH YADAV K
149	20190303007	SRINIVASAN A



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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)
Principal & Secretary

REPORT OF FACULTY DEVELOPMENT PROGRAMME

Faculty Development Programme was conducted for the teaching faculty on the topic “New guidelines of NAAC Self Study Report” on 29.07.2019. All the faculty members attended the programme. Dr. N. Muthaiah, Dean, Ramakrishna Mission Vidyalaya, Faculty of Disability Management and Special Education, Coimbatore acted as a resource person for the programme.



Dr. N. Muthaiah, Dean, Ramakrishna Mission Vidyalaya, Faculty of Disability Management and Special Education, Coimbatore handling a session on “New guidelines of NAAC Self Study Report” in the faculty development programme on 29.07.2019

The Following Faculty Members Attended the Programme

<i>Sl.No</i>	Name of the Faculty Members	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)
Principal & Secretary

REPORT OF TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY INTER- COLLEGIATE HOCKEY, BALL BADMINTON, BASKETBALL, TENNIS, BADMINTON AND CRICKET TOURNAMENTS

Tamil Nadu Physical Education and Sports University inter-collegiate Hockey, Ball Badminton, Basketball, Tennis, Badminton and Cricket tournaments were organised by our college from 16.09.2019 to 21.09.2019.

Results of Tamil Nadu Physical Education and Sports University inter-collegiate tournaments:

S. No	Game	Winners	Runner-up	Third Place
1.	Tennis	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore	Mother Teresa College of Physical Education, Pudukottai	-
2.	Ball Badminton	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore	YMCA College of Physical Education, Chennai	-
3.	Badminton	YMCA College of Physical Education, Chennai	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore	-
4.	Basketball	YMCA College of Physical Education, Chennai	GS College of Physical Education, Kangeyam	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore
5.	Hockey	Tamil Nadu Physical Education and Sports University, Chennai	YMCA College of Physical Education, Chennai	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore
6.	Cricket	Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur	Tamil Nadu Physical Education and Sports University, Chennai	-



Inauguration of TNPESU Inter collegiate Ball badminton tournament on 16.09.2019



TNPESU Inter collegiate tennis tournament and presenting trophies to the winners of Badminton tournament on 18.09.2019

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1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
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46.	M18BPED050	ARUN PRASATH A
47.	M18MPED001	MANIKANDAN N
48.	M18MPED002	MADHANKUMAR R
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68.	M18MPED022	ARUNKUMAR R
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70.	M18MPED024	SAGADEVAN M
71.	M18MPED025	THARMADURAI PANDIAN N
72.	M19BPED001	VIGHNESH SAI RAM N
73.	M19BPED002	VINITHKUMAR K
74.	M19BPED003	GANESHAN V
75.	M19BPED005	SATHEESH PANDIAN M
76.	M19BPED006	THIVAKAR S
77.	M19BPED007	JAGANATHAN R
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115	M19BPED047	YESWANTH A R
116	M19BPED048	KARTHIKEYAN M
117	M19BPED049	ARUN N
118	M19BPED050	PRASANTH P
119	M19MPED001	KARTHICK G
120	M19MPED002	SRIRAM P

121	M19MPED003	PARTHIPARAJ S
122	M19MPED004	VIKRAM P
123	M19MPED005	BALUSAMY L
124	M19MPED006	BOOPALAN P
125	M19MPED007	MANIVANNAN N
126	M19MPED008	SURENDHAR S
127	M19MPED009	MANOJ K
128	M19MPED010	KANNAN R
129	M19MPED011	JEROME ROSARIO A
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140	M19MPED022	FRANGLIN S P
141	M19MPED023	DHAYALAN K
142	M19MPED024	CHRISTOPHER T
143	M19MPED025	DINESH KRISHNAN K
144	20190303001	ARAVIND A
145	20190303003	DHAMODHARAN B
146	20190303004	PADMASEKARAN S R
147	20190303005	PRABHU K
148	20190303006	RANJITH SINGH YADAV K
149	20190303007	SRINIVASAN A



SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION

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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)
Principal & Secretary

REPORT OF LEADERSHIP TRAINING CAMP

The annual leadership training camp of our college was conducted for our BPEd I year students from 30.09.2019 to 04.10.2019 at Vidya Vanam School, Anaikatty, Coimbatore.



Various activities of annual leadership training camp of our college
from 30.09.2019 to 04.10.2019



Various activities of annual leadership training camp of our college
from 30.09.2019 to 04.10.2019

THE FOLLOWING FACULTY MEMBERS INVOLVED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

THE FOLLOWING TEACHER TRAINEES INVOLVED IN THE PROGRAMME

S.No	Name	Programme
1	VIGHNESH SAI RAM N	I-BPEd
2	VINITHKUMAR K	I-BPEd
3	GANESHAN V	I-BPEd
4	SATHEESH PANDIAN M	I-BPEd
5	THIVAKAR S	I-BPEd
6	JAGANATHAN R	I-BPEd
7	SURYA M	I-BPEd
8	TAMILPRIYAN T	I-BPEd
9	VASANTH S	I-BPEd
10	GOVINDARAJAN D	I-BPEd
11	NISHANTH SB	I-BPEd

12	NAVEEN J	I-BPEd
13	SIVAPRAKASH S	I-BPEd
14	SELVAMANI C	I-BPEd
15	RASUKKUTTY V	I-BPEd
16	AATHI NARAYANAN GAJAPATHI P	I-BPEd
17	LOURDHURAJ J	I-BPEd
18	KARTHIKEYAN V	I-BPEd
19	SHUAIB S	I-BPEd
20	NAVA VIKNESH R	I-BPEd
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24	YESUDAS A	I-BPEd
25	OM PRAKASH V	I-BPEd
26	PHILIP ALWIN PRINCE L	I-BPEd
27	SARAVANAN D	I-BPEd
28	RENISH R	I-BPEd
29	MEGANATHAN J	I-BPEd
30	RAGHU E	I-BPEd
31	SIMON ROSARIO M	I-BPEd
32	RANJITH A	I-BPEd
33	SARAVANAN P	I-BPEd
34	PRADEEP P	I-BPEd
35	VETRIVEL M	I-BPEd
36	VENKATESH R	I-BPEd

37	NAVEENKUMAR M	I-BPEd
38	TAMILSELVAN P	I-BPEd
39	DINESH K	I-BPEd
40	PRABAKARAN A	I-BPEd
41	NEHRU U	I-BPEd
42	ARUL AJITH J	I-BPEd
43	JERALD Y	I-BPEd
44	YESWANTH A R	I-BPEd
45	KARTHIKEYAN M	I-BPEd
46	ARUN N	I-BPEd
47	PRASANTH P	I-BPEd



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Principal & Secretary

REPORT OF MARUTHI ALUMNI ASSOCIATION MEETING

Maruthi Alumni Association (MAASS) meeting was held in our campus on 12.10.2019. In this meeting, 24 alumni of 1984-1985 batch shared their experiences.



Alumni of 1984-1985 batch visiting Iso-kinetic laboratory at our college
on 12.10.2019



Group photo of Alumni of 1984-1985 batch at our college on 12.10.2019

THE FOLLOWING FACULTY MEMBERS INVOLVED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

THE FOLLOWING TEACHER TRAINEES INVOLVED IN THE PROGRAMME

S.No	Reg. No.	Name
1.	M18BPED002	PURUSOTHAMAN B
2.	M18BPED003	BAVANISANKAR P
3.	M18BPED012	LOGESHWARAN C S
4.	M18MPED003	NITHISH B
5.	M18BPED005	SAIFUDHEEN M K
6.	M18MPED012	KEERTHIVASAN R



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FACULTY DEVELOPMENT PROGRAMME (FDP)

Faculty Development Programme was conducted for teaching staff members on the topic “Advance Sports Training Methods”, from 21.11.2019 to 23.11.2019. Dr. P.J. Sebastian, Professor, acted as resource person for the programme. All the faculty members attended the programme



Dr. P.J. Sebastian, Professor, handling a session on the topic “Advance Sports Training Methods”, in the faculty development programme for teaching staff members from 21.11.2019 to 23.11.2019

THE FOLLOWING FACULTY MEMBERS PARTICIPATED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor



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REPORT OF UGC-NET COACHING CLASS

UGC-NET coaching classes were conducted for M.Phil and MPEd students on 02nd and 03rd December, 2019. Dr. P. Rajinikumar, Assistant Professor, Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, Chennai was the external resource person.



Dr. P. Rajinikumar, Assistant Professor, Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, Chennai handling the classes, in the UGC-NET coaching classes on 02nd and 03rd December, 2019 at our college.

THE FOLLOWING FACULTY MEMBERS INVOLVED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

THE FOLLOWING TEACHER TRAINEES INVOLVED IN THE PROGRAMME

S.No	Reg. No.	Name
1	M19MPED001	KARTHICK G
2	M19MPED002	SRIRAM P
3	M19MPED003	PARTHIPARAJ S
4	M19MPED004	VIKRAM P
5	M19MPED005	BALUSAMY L
6	M19MPED006	BOOPALAN P
7	M19MPED007	MANIVANNAN N
8	M19MPED008	SURENDHAR S
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48.	M18MPED023	HARISOORYA N

49. M18MPED024
50. M18MPED025
51. 20190303001
52. 20190303003
53. 20190303004
54. 20190303005
55. 20190303006
56. 20190303007

SAGADEVAN M
THARMADURAI PANDIAN N
ARAVIND A
DHAMODHARAN B
PADMASEKARAN S R
PRABHU K
RANJITH SINGH YADAV K
SRINIVASAN A



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Principal & Secretary

STATE LEVEL WORKSHOP AND REFEREE EXAMINATION IN 'ATHLETICS'

State level workshop and referee examination in 'Athletics' was conducted by our college in collaboration with the Tamil Nadu Athletic Association on 19th and 20th December 2019. In the inaugural function, Dr. Ch. VST. Saikumar, Principal welcomed the gathering, Swami Harivratana, Secretary, Ramakrishna Mission Vidyalaya TAT Kalanilayam Middle School was the chief guest, Dr. E. Amudhan, Assistant Professor, explained the theme of the workshop. Sri S. Srinivasan, Athletic Coach, Coimbatore District's Athletic Association was honoured. Dr. T. Jayabal, Associate Professor proposed vote of thanks.

Details of participants are given below:

S. No	Name of the Institution	No. of Students appeared for the officiating examination
1.	Maruthi College	43
2.	RKMVERI GAPEY	04
3.	Sri Sarada College of Physical Education, Salem	26
4.	CMS College of Science and Commerce, Coimbatore	26
5.	From other institutions	122
Total		221

Valedictory function was held on 20th December 2019. Dr. Ch.VST. Saikumar, Principal delivered the welcome address. Dr. S. Thirumalaikumar, Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai was the chief guest and distributed the certificates, Dr. E. Amudhan, Convener of the workshop proposed vote of thanks.



Dr. Ch. VST. Saikumar, Principal welcomed the gathering and chief guest Swami Harivratananda, Secretary, Ramakrishna Mission Vidyalaya TAT Kalanilayam Middle School delivering inaugural address on 19.12.2019



Dr. E. Amudhan, Convener of the workshop delivering theme of the workshop and Resource Person, Mr.S. Srinivasan, Athletic Coach, handling a session in the State level workshop and referee examination in 'Athletics' 19.12.2019

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2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

THE FOLLOWING TEACHER TRAINEES INVOLVED IN THE PROGRAMME

S.No	Reg. No.	Name
1.	M18BPED001	DEEPANCHAKRAVARTHI A
2.	M18BPED002	PURUSOTHAMAN B
3.	M18BPED003	BAVANISANKAR P
4.	M18BPED004	PRINCE PRAVEEN W
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18.	M18BPED019	PRAVEEN C
19.	M18BPED020	SHAJITH S
20.	M18BPED021	ASHOK M
21.	M18BPED022	SHEIK HUSSAIN S
22.	M18BPED023	SAKTHI SARAVANAN K
23.	M18BPED024	KARTHIK T
24.	M18BPED025	JANA U
25.	M18BPED026	MOHANKUMAR M
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109	M19BPED039	TAMILSELVAN P
110	M19BPED040	DINESH K
111	M19BPED042	PRABAKARAN A
112	M19BPED043	NEHRU U
113	M19BPED044	ARUL AJITH J
114	M19BPED046	JERALD Y
115	M19BPED047	YESWANATH A R
116	M19BPED048	KARTHIKEYAN M
117	M19BPED049	ARUN N
118	M19BPED050	PRASANTH P
119	M19MPED001	KARTHICK G
120	M19MPED002	SRIRAM P
121	M19MPED003	PARTHIPARAJ S
122	M19MPED004	VIKRAM P
123	M19MPED005	BALUSAMY L
124	M19MPED006	BOOPALAN P
125	M19MPED007	MANIVANNAN N
126	M19MPED008	SURENDHAR S
127	M19MPED009	MANOJ K
128	M19MPED010	KANNAN R
129	M19MPED011	JEROME ROSARIO A
130	M19MPED012	MARUTHAMUTHU K
131	M19MPED013	PARTHIBAN K

132	M19MPED014	AJITHKUMAR G
133	M19MPED015	NAVEENKUMAR P
134	M19MPED016	VINOTH D
135	M19MPED017	UDAYAKUMAR R
136	M19MPED018	GURUNATHAN M
137	M19MPED019	SARAVANAKUMAR B
138	M19MPED020	TAMILARASAN V
139	M19MPED021	GOKULAKANNAN S
140	M19MPED022	FRANGLIN S P
141	M19MPED023	DHAYALAN K
142	M19MPED024	CHRISTOPHER T
143	M19MPED025	DINESH KRISHNAN K
144	20190303001	ARAVIND A
145	20190303003	DHAMODHARAN B
146	20190303004	PADMASEKARAN S R
147	20190303005	PRABHU K
148	20190303006	RANJITH SINGH YADAV K
149	20190303007	SRINIVASAN A



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REPORT OF NATIONAL YOUTH DAY RALLY

In commemoration of Swami Vivekananda's birthday and national youth day, a rally was organized on 10.01.2020. All the staff and students of Vidyalaya around 1500 members participated. Dr. S. Alagesan, Director, Ramakrishna Mission Vidyalaya SVCHC welcomed the gathering. The benedictory address was given by Swami Sahananandaji Maharaj, Treasurer, Ramakrishna Mission Vidyalaya. Sri S. Prithviraj, Inspector of Police, Periyanaickenpalayam gave youth day address and flagged off the rally. Dr. Ch. VST. Saikumar, Principal, Maruthi College of Physical Education proposed vote of thanks. Vidyalaya students carried the placards bearing Swamiji's sayings and floats were decorated with Swamiji's impressions. The rally covered the distance of three kilometers in the Periyanaickenpalayam area.



Benedictory address by Swami Sahananandaji Maharaj on 10.01.2020



Inaugural Function of National Youth Day Celebration on 10.01.2020



National Youth Day Rally on 10.01.2020



National Youth Day Rally on 10.01.2020

THE FOLLOWING FACULTY MEMBERS INVOLVED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

THE FOLLOWING TEACHER TRAINEES INVOLVED IN THE PROGRAMME

S.No	Reg. No.	Name
1.	M18BPED001	DEEPANCHAKRAVARTHI A
2.	M18BPED002	PURUSOTHAMAN B
3.	M18BPED003	BAVANISANKAR P
4.	M18BPED004	PRINCE PRAVEEN W
5.	M18BPED005	SAIFUDHEEN M K

6.	M18BPED006	VIGNESHWAR S
7.	M18BPED007	MANORANJITH K
8.	M18BPED008	ABIMANYU C
9.	M18BPED009	SRINIVASAN R
10.	M18BPED010	GNANASUNDARAMOORTHY P
11.	M18BPED011	GOWTHAM S
12.	M18BPED012	LOGESHWARAN C S
13.	M18BPED013	RAMESH P
14.	M18BPED014	DHARANITHARAN N
15.	M18BPED015	MAHESHKUMAR S
16.	M18BPED016	MANOJKUMAR K
17.	M18BPED017	SHIVAKUMAR K
18.	M18BPED019	PRAVEEN C
19.	M18BPED020	SHAJITH S
20.	M18BPED021	ASHOK M
21.	M18BPED022	SHEIK HUSSAIN S
22.	M18BPED023	SAKTHI SARAVANAN K
23.	M18BPED024	KARTHIK T
24.	M18BPED025	JANA U
25.	M18BPED026	MOHANKUMAR M
26.	M18BPED027	NANTHAKUMAR L
27.	M18BPED028	GOPINATH A
28.	M18BPED029	NAVEEN BALAJI T
29.	M18BPED030	VIJAYAKANTH G
30.	M18BPED031	PRAVEEN P
31.	M18BPED032	KARTHICK M

32.	M18BPED033	GOBINATH V
33.	M18BPED034	GANABATHI V
34.	M18BPED035	MURUGAVEL M
35.	M18BPED037	PARTHASARATHY M
36.	M18BPED038	PRAKASH S
37.	M18BPED039	MUTHUKUMARAN V
38.	M18BPED040	KARTHIK R
39.	M18BPED042	ARUL NAVEEN KUMAR Y
40.	M18BPED043	TAMILSELVAN S
41.	M18BPED044	SATHISHKUMAR B
42.	M18BPED045	MURALIDHARAN D
43.	M18BPED046	ANBARASAN P
44.	M18BPED047	NAVEENKUMAR S
45.	M18BPED048	MANIKANDAN M
46.	M18BPED050	ARUN PRASATH A
47.	M18MPED001	MANIKANDAN N
48.	M18MPED002	MADHANKUMAR R
49.	M18MPED003	NITHISH B
50.	M18MPED004	ARUNRAJ S
51.	M18MPED005	RAJKUMAR M
52.	M18MPED006	VIVEKKUMAR J
53.	M18MPED007	KARTHIKEYAN K
54.	M18MPED008	VIGNESHKUMAR K
55.	M18MPED009	GNANAVADIVEL N
56.	M18MPED010	ISRABEL K
57.	M18MPED011	SANKAR P
58.	M18MPED012	KEERTHIVASAN R

59.	M18MPED013	VENUGOPAL K
60.	M18MPED014	SUNDARAVEL R
61.	M18MPED015	VENKATESHAN D
62.	M18MPED016	REGINALD D
63.	M18MPED017	PONNAIAH M
64.	M18MPED018	ARUNACHALAM BALAJI V
65.	M18MPED019	MAGESH T
66.	M18MPED020	NAVEENKUMAR R
67.	M18MPED021	PAVITHRAN S
68.	M18MPED022	ARUNKUMAR R
69.	M18MPED023	HARISOORYA N
70.	M18MPED024	SAGADEVAN M
71.	M18MPED025	THARMADURAI PANDIAN N
72.	M19BPED001	VIGHNESH SAI RAM N
73.	M19BPED002	VINITHKUMAR K
74.	M19BPED003	GANESHAN V
75.	M19BPED005	SATHEESH PANDIAN M
76.	M19BPED006	THIVAKAR S
77.	M19BPED007	JAGANATHAN R
78.	M19BPED008	SURYA M
79.	M19BPED009	TAMILPRIYAN T
80.	M19BPED010	VASANTH S
81.	M19BPED011	GOVINDARAJAN D
82.	M19BPED012	NISHANTH SB
83.	M19BPED013	NAVEEN J
84.	M19BPED014	SIVAPRAKASH S
85.	M19BPED015	SELVAMANI C

86.	M19BPED016	RASUKKUTTY V
87.	M19BPED017	AATHI NARAYANAN GAJAPATHI P
88.	M19BPED018	LOURDHURAJ J
89.	M19BPED019	KARTHIKEYAN V
90.	M19BPED020	SHUAIB S
91.	M19BPED021	NAVA VIKNESH R
92.	M19BPED022	MANIKANDAN A
93.	M19BPED023	PAVITH G
94.	M19BPED024	MOHANKUMAR V
95.	M19BPED025	YESUDAS A
96.	M19BPED026	OM PRAKASH V
97.	M19BPED027	PHILIP ALWIN PRINCE L
98.	M19BPED028	SARAVANAN D
99.	M19BPED029	RENISH R
100	M19BPED030	MEGANATHAN J
101	M19BPED031	RAGHU E
102	M19BPED032	SIMON ROSARIO M
103	M19BPED033	RANJITH A
104	M19BPED034	SARAVANAN P
105	M19BPED035	PRADEEP P
106	M19BPED036	VETRIVEL M
107	M19BPED037	VENKATESH R
108	M19BPED038	NAVEENKUMAR M
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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)
Principal & Secretary

REPORT OF INAUGURATION OF ISOKINETIC LABORATORY

Inauguration of Isokinetic laboratory (UGC Funded) was held at our college on 24.01.2020.

Dr. S. Rajasekaran, Chairman, Department of Orthopaedic and Spine Surgery, Ganga Medical Centre & Hospitals Pvt Ltd, Coimbatore inaugurated the laboratory. Swami Garishthananda, Secretary, Ramakrishna Mission Vidyalaya and Swami Sarvarupananda, Ramakrishna Mission Home of Service, Varanasi graced the function. All other monks, heads of the Vidyalaya institutions, Physiotherapists and Physical Education Professionals were also participated in this function.



Dr. S. Rajasekaran, Chairman, Ganga Medical Centre & Hospitals Pvt Ltd, Coimbatore inaugurating the Iso kinetic laboratory. Swami Garishthananda, Secretary, Ramakrishna Mission Vidyalaya and Swami Sarvarupananda, Ramakrishna Mission Home of Service, Varanasi graced the function on 24.01.2020



Assessment of quartericeps muscles' strength and VO₂ Max in the laboratory on 24.01.2020



Assessment of gait analysis during the occasion on 24.01.2020

THE FOLLOWING FACULTY MEMBERS INVOLVED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

THE FOLLOWING TEACHER TRAINEES INVOLVED IN THE PROGRAMME

S.No	Reg. No.	Name
1.	M18BPED005	SAIFUDHEEN M K
2.	M18BPED021	ASHOK M
3.	M19BPED021	NAVA VIKNESH R
4.	M19BPED022	MANIKANDAN A

5.	M19BPED023	PAVITH G
6.	M19BPED026	OM PRAKASH V
7.	M19BPED027	PHILIP ALWIN PRINCE L
8.	M19BPED028	SARAVANAN D
9.	M19BPED029	RENISH R
10.	M19BPED036	VETRIVEL M

ஸ்ரீ ராமகிருஷ்ண மிஷன் வித்யாலயத்தில்

விளையாட்டு வீரர்களுக்கான பரிசோதனை ஆய்வுக் கூடம் திறப்பு



விளையாட்டு வீரர்களுக்கான ஆய்வுக் கூடத்தை வெள்ளிக்கிழமை திறந்து வைத்துப் பார்வையிடுகிறார் கோவை கங்கா மருத்துவமனையின் தலைமை மருத்துவர் எஸ்.ராஜசேகரன். உடன், ஸ்ரீராமகிருஷ்ண வித்யாலய கல்வி நிறுவனங்களின் செயலர் சுவாமி கரிஷ்டானந்தர், சுவாமி சர்வரூபானந்தர் உள்ளிட்டோர்.

பெநாபாளையம், ஜன. 24: பெரியநாயக்கன்பாளையத்தில் உள்ள ஸ்ரீ ராமகிருஷ்ண மிஷன் வித்யாலய மாருதி உடற்கல்வியியல் கல்லூரியில் விளையாட்டு வீரர்களின் தசை மற்றும் உழைப்பாற்றலை மேம்படுத்தும் பரிசோதனை ஆய்வுக் கூடம் வெள்ளக்கிழமை திறக்கப்பட்டது.

பல்கலைக்கழக மானியக் குழுவின் உதவியுடன் ரூ.1 கோடி மதிப்புடைய சிறப்புக் கருவிகளுடன் விளையாட்டு வீரர்களுக்காக பிரத்யேகமாக பரிசோதனை மையம் உருவாக்கப்பட்டுள்ளது. இந்த மையத்தில் விளையாட்டு வீரர்களின் திறன், அறுவை சிகிச்சை செய்துள்ள விளையாட்டு வீரர்களின் தசை வலு, செயல் திறன், அதன் விசை உருவாக்கம் ஆகியவற்றை துல்லியமாக அளவிட முடியும்.

விழாவில் மாருதி உடற்கல்வியியல் கல்லூரி செயலர் வி.எஸ்.உ. சாய்குமார் வரவேற்றார். வித்யாலய கல்வி நிறுவனங்களின் செயலர் சுவாமி கரிஷ்டானந்தர் தலைமை வகித்தார். சுவாமி சர்வரூபானந்தர் முன்னிலை வகித்தார். சிறப்பு விருந்தினராக கோவை கங்கா மருத்துவமனையின் தலைமை மருத்துவர் எஸ்.ராஜசேகரன் கலந்துகொண்டு ஆய்வுக் கூடத்தை திறந்துவைத்தார். இணைப் பேராசிரியர் ஜெயபால் நன்றி கூறினார்.





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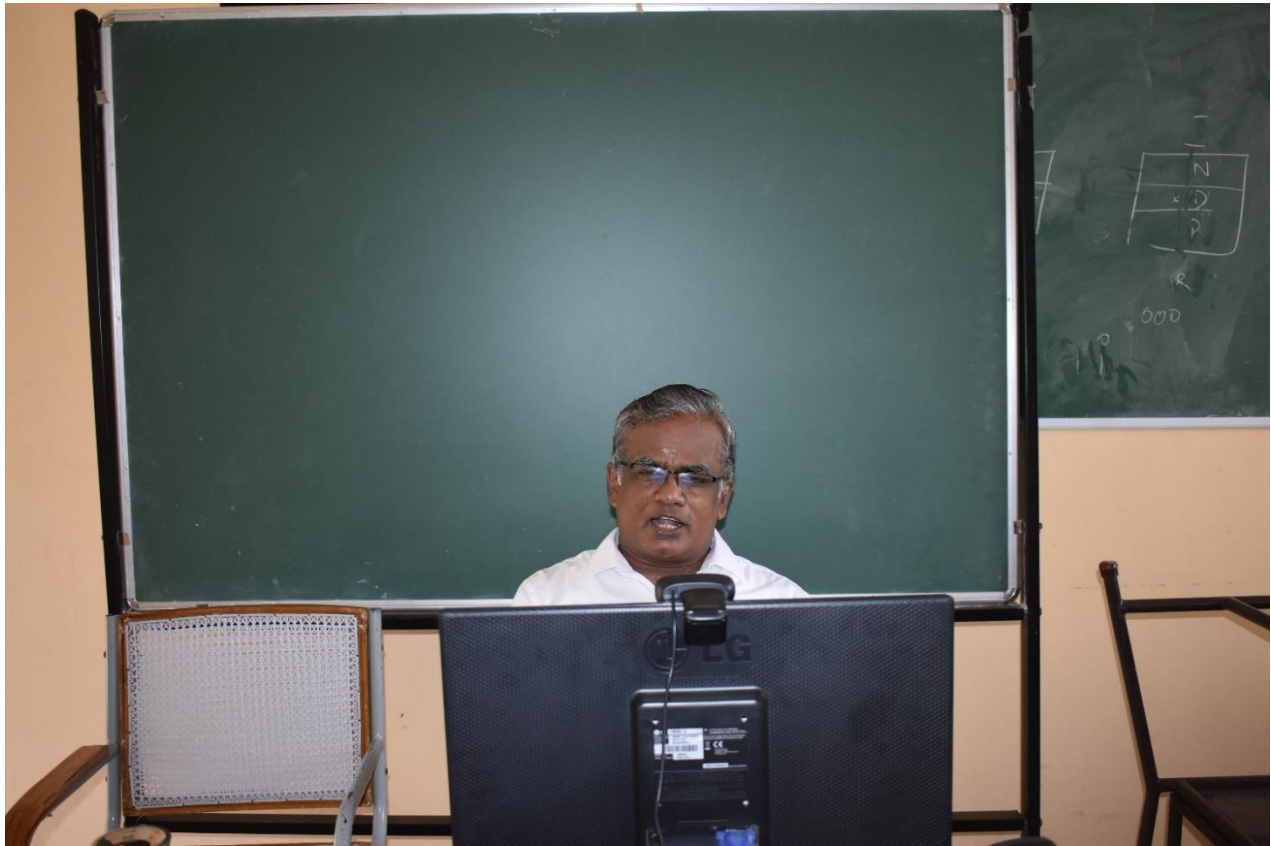
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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)
Principal & Secretary

REPORT OF FACULTY DEVELOPMENT PROGRAMME

Faculty Development Programme was conducted for the teaching faculty on the topic “New guidelines of NAAC Self Study Report” on 30.01.2020. All the faculty members attended the programme. Dr. N. Muthaiah, Dean, Ramakrishna Mission Vidyalaya, Faculty of Disability Management and Special Education, Coimbatore acted as a resource person for the programme.



Dr. N. Muthaiah, Dean, Ramakrishna Mission Vidyalaya, Faculty of Disability Management and Special Education, Coimbatore handling a session on “New guidelines of NAAC Self Study Report” in the faculty development programme on 30.01.2020

THE FOLLOWING FACULTY MEMBERS PARTICIPATED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor



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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)
Principal & Secretary

REPORT OF MARUTHI ALUMNI ASSOCIATION MEETING

Maruthi Alumni Association (MAASS) meeting was held in our campus on 02.02.2020.

Around 16 Alumni with their family members participated in the meeting.



Alumni of visiting Iso-kinetic laboratory at our college on 02.02.2020



Group photo of Alumni during the Alumni meet at our college on 02.02.2020

THE FOLLOWING FACULTY MEMBERS PARTICIPATED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

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S.No	Reg. No.	Name
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2.	M19BPED021	NAVA VIKNESH R
3.	M19BPED023	PAVITH G
4.	M19BPED027	PHILIP ALWIN PRINCE L
5.	M19BPED028	SARAVANAN D



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REPORT OF SYNCHRONIZED PHYSICAL TRAINING (PLAY FESTIVAL) YOGA WORLD RECORD (2019 - 2020)

Bhagavan Sri Ramakrishna Paramahamsar's centenary memorial 84th Play Festival Yoga World Record for school children was organized by our college on 14.02.2020 at our college ground. Approximately 3100 school children from 60 schools from Periyanaickenpalayam, Karamadai and Sarkar Samakulam Panchayat Union Government Elementary School demonstrated five yoga activities for the Yoga World Record i.e. 1. Padmasana 2. Parvatasana 3. Vajrasana 4. Ustrasana 5. Yoga Mudrasana and also demonstrated the rhythmic exercises to the tunes of devotional, patriotic and folk songs. Swami Garishthanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya presided over the function. Sri. K. Murali Babu, Chief Manager, Ashwath Inc. Tirupur and Dr. Yuva Dayalan, Founder & President, Yuva College of Yoga, Hong Kong were the chief guests. Headmasters and Headmistresses of Elementary Schools from Periyanaickenpalayam, Karamadai and Sarkar Samakulam Panchayat Unions, Heads of Institutions and staff members from Vidyalaya institutions participated in this function. t-shirts, tree saplings, caps, participation certificates were presented to all the schools authorities and to school children. Dr. Ch. VST. Saikumar, Principal and Secretary welcomed the dignitaries and Dr. T. Thangamani, Assistant Professor proposed vote of thanks.



Inaugural Function of Play Festival on
14.02.2020



Performing Yogasana by School Children
in the Play Festival on 14.02.2020



Performing Yogasana by School Children
in the Play Festival on 14.02.2020



Performing Flag Drill by School Children in
the Play Festival on 14.02.2020



Performing Flower Stick Drill by School
Children in the Play Festival on 14.02.2020



Performing Oyilattam (Folk Dance) by School
Children in the Play Festival on 14.02.2020



Receiving Yoga World Record Certificate in the Play Festival on 14.02.2020

DINAMALAR – 15.02.2020



■ பெரியநாயக்கன்பாளையம் ராமகிருஷ்ண மிஷன் வித்யாலயத்தில், ஒரே இடத்தில், 3 ஆயிரம் மாணவ, மாணவியர் திரண்டு, யோகாசனம் செய்து உலக சாதனை நிகழ்த்தினர்.

யோகாவில் குழந்தைகள் சாதனை!

பெ.நா.பாளையம், பிப். 15-
பெரியநாயக்கன்பாளையம் ராமகிருஷ்ண மிஷன் வித்யாலய மாருதி உடற்கல்வியியல் கல்லூரியில், கோவை மாவட்ட பள்ளி மாணவர்கள் பங்கு பெற்ற விளையாட்டு விழா நேற்று நடந்தது. இதில், மாணவர்கள் யோகாவில் உலக சாதனை நிகழ்த்தினர்.

பெரியநாயக்கன்பாளையம் ராமகிருஷ்ண பரமஹம்சரின் நூற்றாண்டு நிறைவு நினைவு, 84ம் ஆண்டு விளையாட்டு விழாவில், பள்ளி மாணவர்கள் யோகா செய்து, உலக சாதனை படைத்தனர்.

மொத்தம், 3,000 மாண

வர்களில், 2,847 மாணவர்கள் யோகாசனத்தை சரியாக செய்து, சாதனை படைத்தனர்.

பத்மாசனம், பரிவத்தாசனம், வஜ்ராசனம், உஸ்டாசனம், யோகமுத்திரசனம் ஆகிய யோக ஆசனங்களை, அனைவரும் ஒரே நேரத்தில் செய்து உலக சாதனை படைத்தனர்.

தொடர்ந்து, பள்ளி மாணவ, மாணவியரின் கொடி பயிற்சி, தேங்காய்த்தொட்டி பயிற்சி, வாண்ட்ஸ் பயிற்சி, பூப்பந்து பயிற்சி, அபிநய ஆடல், ஒயிலாட்டம், யோகாசனப் பயிற்சிகளை செய்து காண்பித்தனர்.

விளையாட்டு விழா

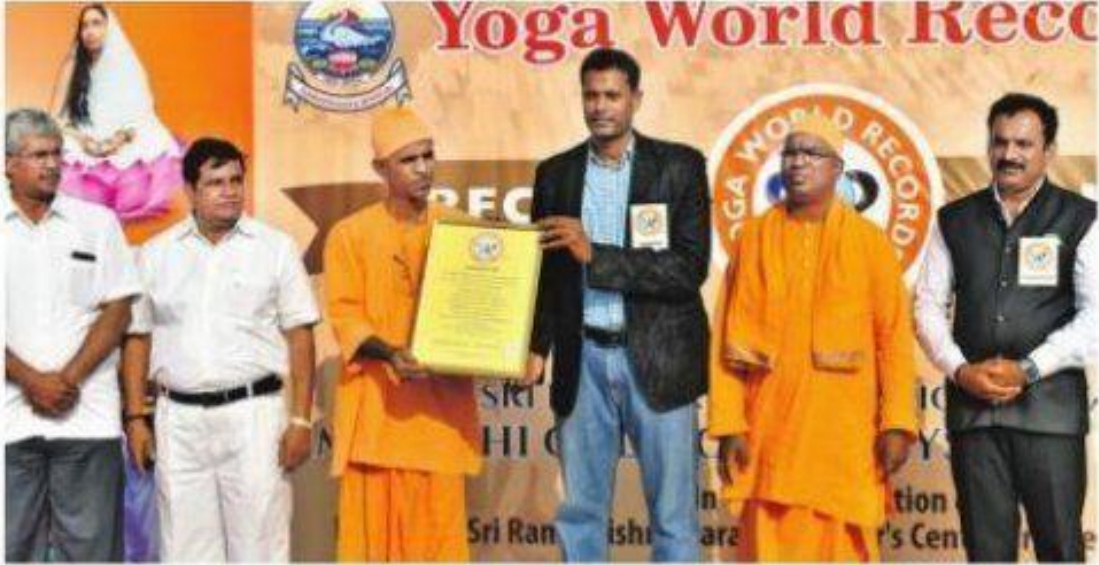
வுக்கு, பெரியநாயக்கன்பாளையம், சர்க்கார் சாம குளம், மற்றும் காரமடை ஒன்றியங்களில், ஊராட்சி ஒன்றிய தொடக்கப்பள்ளி, நடுநிலைப்பள்ளிகளில் பயிலும் மாணவர்கள் கலந்துகொண்டனர்.

இவ்விழாவுக்கு, வித்யாலய கல்வி நிறுவனங்களின் செயலாளர் சுவாமி கரிஷ்டானந்தர் தலைமை வகித்தார்.

மாருதி உடற்கல்வியியல் கல்லூரி முதல்வர் சாய்குமார் வரவேற்றார். உலக சாதனை அமைப்பின் நிறுவனத் தலைவர் யுவ தயாளன் யோக உலக சாதனை சான்றிதழ் வழங்கினார்.



2,847 குழந்தைகள் ஒரே நேரத்தில் யோகாசனங்கள் செய்து உலக சாதனை



உலக சாதனை நிகழ்த்தியதற்கான சான்றிதழை வித்யாலய கல்வி நிறுவனங்களின் செயலர் சுவாமி கரிஷ்டானந்தரிடம் வழங்குகிறார் உலக யோகா விளையாட்டு அமைப்பின் நிறுவனத் தலைவர் யுவதயாளன்.

பெநா.பாளையம், பிப்.14: பெரியநாயக் கன்பாளையத்தில் ஸ்ரீ ராமகிருஷ்ண மிஷன் வித்யாலய மாருதி உடற்கல்வியியல் கல்லூரியில் ஒரே நேரத்தில் 2,847 குழந்தைகள் யோகாசனங்களை செய்து உலக சாதனை நிகழ்த்தினர்.

மாருதி கல்லூரியில் நடைபெற்ற விளையாட்டு விழாவுக்கு வித்யாலய கல்வி நிறுவனங்களின் செயலர் சுவாமி கரிஷ்டானந்தர் தலைமை வகித்தார். கல்லூரி முதல்வர் வி.எஸ்.டி.சாய்குமார் வரவேற்றார். முன்னதாக விழாவில் கலந்து கொண்ட 2,847 ஆயிரத்துக்கும் மேற்பட்ட மாணவ, மாணவிகள் வரிசையாக நின்று கட்டழகுப் பயிற்சி, கொடிப் பயிற்சி, தேங்காய் தொட்டிப் பயிற்சி, பூப்பந்துப் பயிற்சி, அபிநய ஆடல், ஒயிலாட்டம் ஆகியவற்றைச் செய்து பார்

வையாளர்களைக் கவர்ந்தனர்.

தொடர்ந்து உலக சாதனை நிகழ்ச்சியாக ஒரே நேரத்தில் 2,847 மாணவ, மாணவிகள் கூடி யோகாசனங்கள் செய்து காண்பித்தனர். அவர்கள் பத்மாசனம், வஜ்ராசனம், உத்கடாசனம், யோகமுத்ரா ஆகிய யோகாசனங்களை செய்து உலக சாதனை நிகழ்த்தினர்.

ஹாங்காங்கில் உள்ள உலக யோகா விளையாட்டு அமைப்பின் நிறுவனத் தலைவர் யுவதயாளன் உலக சாதனைக்கான சான்றிதழை வித்யாலய கல்வி நிறுவனங்களின் செயலர் சுவாமி கரிஷ்டானந்தரிடம் வழங்கினார். அஸ்வத் நிறுவன தலைமை நிர்வாக அதிகாரி கே.மு.ரணிபாபு சிறப்பு விருந்தினராக கலந்து கொண்டார். உதவிப் பேராசிரியர் தங்கமணி நன்றி கூறினார்.

THE FOLLOWING FACULTY MEMBERS INVOLVED IN THE PROGRAMME

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor

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2.	M18BPED002	PURUSOTHAMAN B
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37.	M18BPED039	MUTHUKUMARAN V
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39.	M18BPED042	ARUL NAVEEN KUMAR Y
40.	M18BPED043	TAMILSELVAN S
41.	M18BPED044	SATHISHKUMAR B

42.	M18BPED045	MURALIDHARAN D
43.	M18BPED046	ANBARASAN P
44.	M18BPED047	NAVEENKUMAR S
45.	M18BPED048	MANIKANDAN M
46.	M18BPED050	ARUN PRASATH A
47.	M18MPED001	MANIKANDAN N
48.	M18MPED002	MADHANKUMAR R
49.	M18MPED003	NITHISH B
50.	M18MPED004	ARUNRAJ S
51.	M18MPED005	RAJKUMAR M
52.	M18MPED006	VIVEKKUMAR J
53.	M18MPED007	KARTHIKEYAN K
54.	M18MPED008	VIGNESHKUMAR K
55.	M18MPED009	GNANAVADIVEL N
56.	M18MPED010	ISRABEL K
57.	M18MPED011	SANKAR P
58.	M18MPED012	KEERTHIVASAN R
59.	M18MPED013	VENUGOPAL K
60.	M18MPED014	SUNDARAVEL R
61.	M18MPED015	VENKATESHAN D
62.	M18MPED016	REGINALD D
63.	M18MPED017	PONNAIAH M
64.	M18MPED018	ARUNACHALAM BALAJI V
65.	M18MPED019	MAGESH T
66.	M18MPED020	NAVEENKUMAR R
67.	M18MPED021	PAVITHRAN S
68.	M18MPED022	ARUNKUMAR R

69.	M18MPED023	HARISOORYA N
70.	M18MPED024	SAGADEVAN M
71.	M18MPED025	THARMADURAI PANDIAN N
72.	M19BPED001	VIGHNESH SAI RAM N
73.	M19BPED002	VINITHKUMAR K
74.	M19BPED003	GANESHAN V
75.	M19BPED005	SATHEESH PANDIAN M
76.	M19BPED006	THIVAKAR S
77.	M19BPED007	JAGANATHAN R
78.	M19BPED008	SURYA M
79.	M19BPED009	TAMILPRIYAN T
80.	M19BPED010	VASANTH S
81.	M19BPED011	GOVINDARAJAN D
82.	M19BPED012	NISHANTH SB
83.	M19BPED013	NAVEEN J
84.	M19BPED014	SIVAPRAKASH S
85.	M19BPED015	SELVAMANI C
86.	M19BPED016	RASUKKUTTY V
87.	M19BPED017	AATHI NARAYANAN GAJAPATHI P
88.	M19BPED018	LOURDHURAJ J
89.	M19BPED019	KARTHIKEYAN V
90.	M19BPED020	SHUAIB S
91.	M19BPED021	NAVA VIKNESH R
92.	M19BPED022	MANIKANDAN A
93.	M19BPED023	PAVITH G
94.	M19BPED024	MOHANKUMAR V
95.	M19BPED025	YESUDAS A

96.	M19BPED026	OM PRAKASH V
97.	M19BPED027	PHILIP ALWIN PRINCE L
98.	M19BPED028	SARAVANAN D
99.	M19BPED029	RENISH R
100	M19BPED030	MEGANATHAN J
101	M19BPED031	RAGHU E
102	M19BPED032	SIMON ROSARIO M
103	M19BPED033	RANJITH A
104	M19BPED034	SARAVANAN P
105	M19BPED035	PRADEEP P
106	M19BPED036	VETRIVEL M
107	M19BPED037	VENKATESH R
108	M19BPED038	NAVEENKUMAR M
109	M19BPED039	TAMILSELVAN P
110	M19BPED040	DINESH K
111	M19BPED042	PRABAKARAN A
112	M19BPED043	NEHRU U
113	M19BPED044	ARUL AJITH J
114	M19BPED046	JERALD Y
115	M19BPED047	YESWANATH A R
116	M19BPED048	KARTHIKEYAN M
117	M19BPED049	ARUN N
118	M19BPED050	PRASANTH P
119	M19MPED001	KARTHICK G
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144	20190303001	ARAVIND A
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146	20190303004	PADMASEKARAN S R
147	20190303005	PRABHU K
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149	20190303007	SRINIVASAN A



SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION

An Autonomous College Re-accredited by NAAC

(Affiliated to the Tamil Nadu Physical Education & Sports University, Chennai)

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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)
Principal & Secretary

INTERNATIONAL CONFERENCE ON 'YOGA FOR GLOBAL HEALTH, HAPPINESS AND HARMONY'

Our college organized **INTERNATIONAL CONFERENCE** on '**YOGA FOR GLOBAL HEALTH, HAPPINESS AND HARMONY**' during 06th and 07th March 2020. In the inaugural function, Dr. Ch. VST. Saikumar, Principal delivered the welcome address, Dr. T. Thangamani, Assistant Professor presented the theme of the Conference, Swami Garishthanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya institutions delivered the presidential address and also released the Conference proceedings. Dr. C.K. Ashok Kumar, Council Member, International Vegetarian Union, London delivered the keynote address. In addition to our students, a total number of 137 delegates from outside participated in the Conference.



Dr. Ch. VST. Saikumar, Principal delivering the welcome address and Swami Garishthanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya institutions delivering the presidential address on 6.3.2020



Dr. C.K. Ashok Kumar, Council Member, International Vegetarian Union, London delivered the keynote address and Swami Garishthanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya institutions released the Conference proceedings on 6.3.2020

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43.	M18BPED046	ANBARASAN P
44.	M18BPED047	NAVEENKUMAR S
45.	M18BPED048	MANIKANDAN M
46.	M18BPED050	ARUN PRASATH A
47.	M18MPED001	MANIKANDAN N
48.	M18MPED002	MADHANKUMAR R
49.	M18MPED003	NITHISH B
50.	M18MPED004	ARUNRAJ S

51.	M18MPED005	RAJKUMAR M
52.	M18MPED006	VIVEKKUMAR J
53.	M18MPED007	KARTHIKEYAN K
54.	M18MPED008	VIGNESHKUMAR K
55.	M18MPED009	GNANAVADIVEL N
56.	M18MPED010	ISRAVEL K
57.	M18MPED011	SANKAR P
58.	M18MPED012	KEERTHIVASAN R
59.	M18MPED013	VENUGOPAL K
60.	M18MPED014	SUNDARAVEL R
61.	M18MPED015	VENKATESHAN D
62.	M18MPED016	REGINALD D
63.	M18MPED017	PONNAIAH M
64.	M18MPED018	ARUNACHALAM BALAJI V
65.	M18MPED019	MAGESH T
66.	M18MPED020	NAVEENKUMAR R
67.	M18MPED021	PAVITHRAN S
68.	M18MPED022	ARUNKUMAR R
69.	M18MPED023	HARISOORYA N
70.	M18MPED024	SAGADEVAN M
71.	M18MPED025	THARMADURAI PANDIAN N
72.	M19BPED001	VIGNESH SAI RAM N
73.	M19BPED002	VINITHKUMAR K
74.	M19BPED003	GANESHAN V
75.	M19BPED005	SATHEESHPANDIAN M
76.	M19BPED006	THIVAKAR S
77.	M19BPED007	JAGANATHAN R
78.	M19BPED008	SURYA M
79.	M19BPED009	TAMILPRIYAN T
80.	M19BPED010	VASANTH S
81.	M19BPED011	GOVINDARAJAN D
82.	M19BPED012	NISHANTH SB
83.	M19BPED013	NAVEEN J
84.	M19BPED014	SIVAPRAKASH S
85.	M19BPED015	SELVAMANI C
86.	M19BPED016	RASUKKUTTY V
87.	M19BPED017	AATHI NARAYANAN GAJAPATHI P
88.	M19BPED018	LOURDHURAJ J
89.	M19BPED019	KARTHIKEYAN V
90.	M19BPED020	SHUAIB S

91.	M19BPED021	NAVA VIKNESH R
92.	M19BPED022	MANIKANDAN A
93.	M19BPED023	PAVITH G
94.	M19BPED024	MOHANKUMAR V
95.	M19BPED025	YESUDAS A
96.	M19BPED026	OM PRAKASH V
97.	M19BPED027	PHILIP ALWIN PRINCE L
98.	M19BPED028	SARAVANAN D
99.	M19BPED029	RENISH R
100	M19BPED030	MEGANATHAN J
101	M19BPED031	RAGHU E
102	M19BPED032	SIMON ROSARIO M
103	M19BPED033	RANJITH A
104	M19BPED034	SARAVANAN P
105	M19BPED035	PRADEEP P
106	M19BPED036	VETRIVEL M
107	M19BPED037	VENKATESH R
108	M19BPED038	NAVEENKUMAR M
109	M19BPED039	TAMILSELVAN P
110	M19BPED040	DINESH K
111	M19BPED042	PRABAKARAN A
112	M19BPED043	NEHRU U
113	M19BPED044	ARUL AJITH J
114	M19BPED046	JERALD Y
115	M19BPED047	YESWANTH A R
116	M19BPED048	KARTHIKEYAN M
117	M19BPED049	ARUN N
118	M19BPED050	PRASANTH P
119	M19MPED001	KARTHICK G
120	M19MPED002	SRIRAM P
121	M19MPED003	PARTHIPARAJ S
122	M19MPED004	VIKRAM P
123	M19MPED005	BALUSAMY L
124	M19MPED006	BOOPALAN P
125	M19MPED007	MANIVANNAN N
126	M19MPED008	SURENDHAR S
127	M19MPED009	MANOJ K
128	M19MPED010	KANNAN R
129	M19MPED011	JEROME ROSARIO A
130	M19MPED012	MARUTHAMUTHU K
131	M19MPED013	PARTHIBAN K

132	M19MPED014	AJITHKUMAR G
133	M19MPED015	NAVEENKUMAR P
134	M19MPED016	VINOTH D
135	M19MPED017	UDAYAKUMAR R
136	M19MPED018	GURUNATHAN M
137	M19MPED019	SARAVANAKUMAR B
138	M19MPED020	TAMILARASAN V
139	M19MPED021	GOKULAKANNAN S
140	M19MPED022	FRANGLIN S P
141	M19MPED023	DHAYALAN K
142	M19MPED024	CHRISTOPHER T
143	M19MPED025	DINESH KRISHNAN K
144	20190303001	ARAVIND A
145	20190303003	DHAMODHARAN B
146	20190303004	PADMASEKARAN S R
147	20190303005	PRABHU K
148	20190303006	RANJITH SINGH YADAV K
149	20190303007	SRINIVASAN A



SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION

An Autonomous College Re-accredited by NAAC

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Dr.Ch.VST.Saikumar, M.P.Ed., M.Phil., Ph.D., NIS. (Diploma in Cricket)

Principal & Secretary

REPORT OF ONE DAY NATIONAL LEVEL WEBINAR ON 'FITNESS PROTOCOLS FOR KIDS AND ELDERLY PEOPLE DURING PANDEMIC'

DATE: 29.05.2020

OBJECTIVES

1. To understand the severity of 'Pandemic' situation
2. To orient about the 'Corona' and the precautions to be taken
3. To highlight the importance of fitness for kids and elders
4. Specific fitness protocols for kids and elders during pandemic
5. To engage the kids and elders in a productive way during the pandemic

The resource person, Dr. P.J. Sebastian, highlighted the following aspects in his presentation

1. Importance fitness for Kids and Elders
2. Common problems of the kids and elders during pandemic
3. Fitness protocols for Kids
4. Fitness protocols for Elders
5. How to make fitness routines more entertaining
6. Include more 'Fun' to the activities
7. Avoid health issues through fitness routines
8. Regular exercises boost 'Immunity'



**Sri Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education**

Autonomous, Affiliated to Tamil Nadu Physical Education and Sports University, Re-accredited by NAAC

Coimbatore -20

organising

**One Day National Level WEBINAR on
*Fitness Protocols for Kids and
Elderly People during Pandemic***

Date: 29.05.2020, Friday, Time: 11.00 a.m. (IST)

Resource Person



Dr. P.J. SEBASTIAN, M.P.Ed., M.S., Ph.D.,
Professor, SRMV Maruthi College of Physical Education,
SRKV Post, Periyanaickenpalayam, Coimbatore - 641 020, Tamil Nadu
Former Senior Scientific Officer, Sports Authority of India (SAI)

Google Meet

Registration Link:

<https://forms.gle/uGMAzhrD5CN1Vkob6>

Contact:
Dr. Ch. VST. Saikumar, Principal & Secretary (+91) 94432 94170
Dr. V. Saminathan, Assistant Professor (+91) 95248 37191

Note: E-Certificate will be provided to all the participants



Webinar Photos – Resource Person



**THE FOLLOWING FACULTY MEMBERS PARTICIPATED IN THE
PROGRAMME**

Sl.No	Name of the faculty	Designation
1.	Dr. Ch. VST. SAIKUMAR	Principal
2.	Dr. T. JAYABAL	Associate Professor
3.	Dr.E.AMUDHAN	Assistant Professor
4.	Dr.V.SAMINATHAN	Assistant Professor
5.	Dr.T.THANGAMANI	Assistant Professor
6.	Dr.M.SRINIVASAN	Assistant Professor
7.	Dr.A.NEEDHIRAJA	Assistant Professor
8.	Dr.P.SENTHILKUMAR	Assistant Professor