



# SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION

An Autonomous College Re-Accredited by NAAC  
(Affiliated to the Tamil Nadu Physical Education and Sports University, Chennai)  
COIMBATORE - 641 020



## CALENDAR 2021 - 2022



# CALENDAR FOR 2021

## JANUARY

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## FEBRUARY

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

## MARCH

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## APRIL

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## MAY

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## JUNE

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## JULY

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## AUGUST

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## SEPTEMBER

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## OCTOBER

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## NOVEMBER

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## DECEMBER

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



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Recognised by  
National Council for Teacher Education

&

Government of Tamil Nadu  
COIMBATORE - 641 020

**ACADEMIC CALENDAR  
2021 – 2022**

*Strength is Life Weakness is Death*

– Swami Vivekananda

## BIO - DATA

1. a) Name :  
b) Class :  
c) Name of the Institution :
  
2. a) Father's Name :  
b) Father's Occupation :
  
3. Date of Birth :
  
4. a) Age :  
b) Height :  
c) Weight :  
d) Blood Group :
  
5. Nationality :
  
6. Religion :
  
7. Educational Qualification :
  
8. Extra - curricular Activities :  
(like NSS and NCC)
  
9. Highest Sports Performance:
  
10. Interests :
  
11. Present Address :
  
  
12. Permanent Address :

## தமிழ்த்தாய் வாழ்த்து

நீராருங்கடலுடுத்த நிலமடந்தைக் கெழிலொழுக்கும்  
சீராரும் வதனமெனத் திகழ்பரதக் கண்டமிதில்  
தெக்கணமும் அதிற்சிறந்த திராவிடநல் திருநாடும்  
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே  
அத்திலக வாசனைபோல் அனைத்துலகும் இன்பமுற  
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!  
தமிழணங்கே!

உன் சீரிளமைத் திறம்வியந்து  
செயல்மறந்து வாழ்த்துதுமே!

வாழ்த்துதுமே!

வாழ்த்துதுமே!

— மனோன்மனீயம் பெ. சுந்தரம்பிள்ளை

## பிரார்த்தனைப் பாடல்

ஐய ஸ்ரீராமகிருஷ்ண தேவா  
ஐய ஐய சத்குரு நாதா

### **அனுபல்லவி**

மயலால் மிடியுண்டு வாடும் குவலயம்  
தயவால் உயர்த்தோங்கத் தோன்றிய முகிலே

### **சரணம்**

சாந்தம் வடியும் உன் சந்நிதி வந்ததும்  
சந்தேகம் சஞ்சலம் சாம்பராய்ப் போயின  
காந்திச் சுடர் விடும் கருணா ரூபனே  
கைகொடுத்தெங்களைக் கரையேற்றும் ஐயனே

— ம.ப. பெரியசாமித்தூரன்

## காயத்ரீ மந்த்ரம்

ஓம் பூர்புவஸ்ஸுவ : | தத்ஸவித்ரர்வரேண்யம் |  
பர்கோ தேவஸ்ய தீமஹி |  
தியோ யோ ந : ப்ரசோதயாத் ||

யார் நம் அறிவைத் தூண்டுகிறாரோ அந்தச் சுடர்க் கடவுளின்  
மேலான ஒளியைத் தியானிப்போமாக.

## ப்ருஹதாரண்யக உபநிஷத்

அஸதோ மா ஸத்கமய |  
தமஸோ மா ஜ்யோதிர்கமய |  
ம்ருத்யோர்மா அம்ருதங் கமய ||  
ஓம் சாந்தி : சாந்தி : சாந்தி :

## விநாயகர் துதி

சுக்லாம் பரதரம் விஷ்ணும் சசிவர்ணம் சதுர்புஜம்  
பிரசன்ன வதனம் த்யாயேத் சர்வ விக்னோப சாந்தயே.

தூய்மையான வெண்ணிற ஆடை உடுத்தியவரும், எல்லா  
இடங்களிலும் வியாபித்திருப்பவரும், சந்திரன் போன்ற நிறத்தை  
உடையவரும், நான்கு கைகளை உடையவரும், எப்பொழுதும் அருள்  
புரியக்கூடிய முகத்தை உடையவருமாகிய விநாயகரை எல்லா  
இடையூறுகளும் நீங்குவதற்காக வணங்குகிறேன்.



## சரஸ்வதி துதி

ஸரஸ்வதி நமஸ்துய்யம்  
வரதே காமரூபிணி  
வித்யா ரம்பம் கரிஷ்யாமி  
ஸித்திர் பவதுமே ஸதா

அனைவராலும் விரும்பத்தகும் உருவத்தை உடையவளும், வேண்டிய  
வரங்களைத் தருபவளும் ஆகிய சரஸ்வதி தேவியே நான் ஆரம்பிக்கும்  
இக்கல்வி சித்தியடைய உன்னை வணங்குகிறேன்.



## குரு ஸ்தோத்திரம்

குருர் ப்ரம்மா குருர் விஷ்ணு;  
குருர் தேவோ மகேச்வர;  
குருஸாக்ஷாத் பரப்மீரம்ம  
தஸ்மை ஸ்ரீ குரவே நம:

குருவே ப்ரம்மா! குருவே விஷ்ணு! குருவே மஹேஸ்வரன்! குருவே  
பரப்ரம்மம்! அத்தகைய குருவை நான் வணங்குகிறேன்.



### சிந்துபைரவி

குருதேவா ஜெய குருதேவா  
திருவருள் புரிவாய் குருதேவா

கருணையின் உருவே கற்பகத் தருவே  
காருண்ய சீலா கலியுக வரதா  
பொற்பதம் பணிந்தேன் சற்குரு தேவா  
நற்கதி எனக்கு நீ தருவாயே

(குருதேவா)

அன்னையும் நீயே தந்தையும் நீயே  
ஆதியும் நீயே அந்தமும் நீயே  
சாரதை நாதா சகலமும் நீயே  
சரணடைந்தேனே உனதருள் வேண்டி

(குருதேவா)



### தேஷ - ஏக்தாள்

ஜய ஜய ஓம் சக்தி சாரத மா  
ஜய ஜய சிவ சக்தி சாரத மா |  
ஜய நாராயணி சாரத மா  
சங்கரி நாரணி சாரத மா ||  
மாத்ரு ஸ்வரூபிணி சாரத மா  
மங்கள தாயினி சாரத மா ||



## சீந்துபைரவி

ஜய் ஜய் மாருதி ஜய் ஜய் மாருதி  
ஜய் ஜய் மாருதி

அஞ்ஜனை புதல்வா ஆஞ்ஜநேயா  
வாயு குமாரா வானர வீரா  
ருத்ர தேவா நித்ய ரூபா  
பக்தி சீலா பரமதயாலா

ராம தூதா ராமதாஸா  
ஸஞ்ஜீவி தந்த ஸுந்தர ரூபா  
ஹனுமந்த சூர தீர கம்பீர  
சிரஞ்ஜீ வியான மாருதி தேவா



## பூபாளம்

குருவடிவாகிய திருவே போற்றி  
குணமுயர் ராமகிருஷ்ண தேவனே போற்றி  
அருள் வடிவாகிய பொருளே போற்றி  
அன்புயர் சாரதா அன்னையே போற்றி  
அறவடிவாகிய அண்ணலே போற்றி  
அறிவுயர் விவேகானந்தனே போற்றி  
உயிர் வடிவாகிய ஒருவனே போற்றி  
ஒங்கார வடிவே போற்றி போற்றி

– பேராசிரியர் சொ. அரியநாயகம்



## மாண்டு

வங்கம் ஈன்ற வள்ளலே நீ வா வா வா  
சங்கரனின் திருவுருவே வா வா வா  
பங்கமில்லா வாழ்வு தர நீ வா வா வா  
சிங்கம் நிகர் வீரனே நீ வா வா வா



பரிவ்ராஜ திலகமே நீ வா வா வா  
பாரதத்தின் புதல்வனே நீ வா வா வா  
பரமஹம்ஸர் சீடனே நீ வா வா வா  
பக்தர் எம்மை காக்கவே நீ வா வா வா

சாதுக்களின் தலைவனே நீ வா வா வா  
சாதகனாய் வாழ்ச் செய்ய வா வா வா  
விவேகானந்த ஜோதியே நீ வா வா வா  
விவேகானந்த சுவாமியே நீ வா வா வா



**ஜோன்புரி**

தாளம் : த்ரிதாளம்

கை தொழுவேன் தேவா ராமகிருஷ்ணா – உன்னை  
கழலினை என்றும் கைதொழுவேன்  
காருண்ய சீலனே சாரதை நாதனே  
கழலினை நான் தினம் கை தொழுவேன்  
அஷ்டாங்க யோக தவ வலிமை கொண்டு  
அடைகின்ற நல்ல பயன்களெல்லாம்  
சத்திய ஞான தயாநிதியே உந்தன்  
நாமத்தை சொன்னால் கிடைக்குமன்றோ

துர்லபமாகிய வாழ்வினை மெய் என  
நம்பி எந்நாளும் அலைந்தேனே  
சர்வத்ர பூரணனே உன்னை காணவும்  
வகையறியேனே ராமகிருஷ்ணா

மாயா வலையில் அகப்பட்ட பிள்ளை நான்  
மதி அறியேன் ஏதும் வழி தெரியேன்  
தூய மெய்ஞான ஒளிதரும் சற்குரு  
நாதனே நாடினேன் உன் அருளை

(கை தொழுவேன்)



சிந்துபைரவி

தாளம் : ஏக்தாளம்

என்ன தவம் நீ புரிந்தாய் செம்பருத்திப் பூவே  
என்ன வரம் நீயும் பெற்றாய் செம்பருத்திப் பூவே

காற்றடித்து உதிரும் முன்னே காலன்  
கைகள் தீண்டும் முன்னே  
மொட்டவிழும் நேரத்திலே முக்திப்  
பாதை தேடிக் கொண்டாய்  
கட்டழகு கலையும் முன்னே  
காளிப்பாதம் சேர்ந்துவிட்டாய்

சொந்தபந்தம் தனைப் பிரிந்தாய்  
சுகதுக்கம் தனை மறந்தாய்  
அன்னைப் பாதம் தேடி வந்து  
அடைக்கலம் புகுந்துவிட்டாய்  
அன்னை உன்னை ஏற்றுக் கொண்டாள்  
அன்பு நெஞ்சில் சாற்றிக் கொண்டாள்  
வண்ணப்பூ உன்வாசனையை வையம்  
காணக் காட்டி நின்றாள்

உன்னைப் போல் நானாக  
அன்னைமடி சேயாக  
என்ன தவம் நான் புரிவேன்  
செம்பருத்திப் பூவே  
என்ன வரம் நான் பெறுவேன்  
செம்பருத்திப் பூவே

— சுவாமி ஹரிவரதானந்தர்



வெற்றி வேண்டுமா வாழ்வில் வெற்றி வேண்டுமா - ஒரு  
வீரனாக உலகம் உன்னை வாழ்த்த வேண்டுமா  
வெற்றிதரும் ஆற்றல் யாவும் உனக்குள் இருக்கு - அதை  
பெற்றுத் தரும் சாவி உந்தன் மனதை அடக்கு

ஒருமுகமாய் மனம் குவிந்தால் ஆற்றல் பொங்கியெழும் - அதை  
ஒரு செயலில் திருப்பி விட்டால் வெற்றி நிச்சயம்  
உறுதியோடு உழைக்கும் தன்மை உன்னிடமிருந்தால் - நீ  
நினைப்பதெல்லாம் நிறைவேறும் நம்பிக்கை கொண்டால் (வெற்றி)

கடலை குடிக்கலாம் நீ காற்றை நிறுத்தலாம் - உன்  
மனதை அடக்கினால் இந்த உலகை வெல்லலாம்  
இறப்பைத் தடுக்கலாம் மீண்டும் பிறக்க மறுக்கலாம் - இந்த  
இரவும் பகலும் இல்லா உலகில் என்றும் மகிழலாம் (வெற்றி)

வெற்றி தோல்வி இரண்டுமே வாழ்க்கையில் இருக்கு - அதில்  
கற்றுக் கொள்ளும் பாடம்தானே வீரனின் சிறப்பு  
தோல்வி கண்டால் வாழ்க்கையில் நீ துவண்டு விடாதே - அதில்  
பாடம் கற்று மீண்டும் முயல மறந்துவிடாதே (வெற்றி)

வெற்றி பெற்ற மனிதரெல்லாம் பாடம் கற்றதெங்கே  
தோல்வி படிகள் ஏறி பெறா வெற்றி மாலை எங்கே  
பிறந்தகன்று எழுந்தபோது விழுந்ததில்லையா - அது  
மீண்டும் மீண்டும் எழுந்து நடந்து ஓடவில்லையா (வெற்றி)

இல்லை என்ற வார்த்தை தன்னை என்றும் சொல்லாதே  
இயலாது என்று கூறி படுத்திவிடாதே  
எல்லையில்லா வலிமை எல்லாம் உனக்குள் இருக்கு - நீ  
காலம் இடம் கடந்தவன் இதை மனதில் நிறுத்து (வெற்றி)



ஓம் ஸ்தாபகாய ச தர்மஸ்ய ஸர்வதர்ம ஸ்வரூபினே |  
அவதாரவரிஷ்டாய ராமக்ருஷ்ணாய தே நம : ||

ஓம். அறத்தை நிலைநாட்டியவனே, அனைத்து  
அறங்களின் வடிவானவனே, அவதாரங்களுள்  
தலைசிறந்தவனே! உனக்கு வணக்கம்.



ஜனனீம் ஸாரதாம் தேவீம் ராமக்ருஷ்ணம் ஜகத்குரும் |  
பாதபத்மே தயோ : ச்ரித்வா ப்ரணமாமி முஹூர்முஹூ : ||

உலக அன்னையாகிய சாரதாதேவியுடையவும்  
உலக குருவாகிய ஸ்ரீராமகிருஷ்ணருடையவும் தாமரைப்  
பாதங்களைச் சரணடைந்து மீண்டும் மீண்டும்  
வணங்குகின்றேன்!



ஓம் நம : ஸ்ரீயதிராஜாய விவேகானந்த ஸுரயே |  
ஸச்சித்ஸுக ஸ்வரூபாய ஸ்வாமினே தாபஹாரினே ||

துறவிகளின் தலைவரும், சச்சிதானந்த ஸ்வரூபமாக  
இருப்பவருமான சுவாமி விவேகானந்தரை  
வணங்குகின்றேன்!



# THE NATIONAL ANTHEM OF INDIA

Jana-Gana-Mana  
(Thou Art the Ruler of All Minds)

The Indian National anthem, composed originally in Bengali by Rabindranath Tagore, was adopted in its Hindi version by the Constituent Assembly as the National Anthem of India on 24 January 1950. It was first sung on 27 December 1911 at the Calcutta session of the Indian National Congress. The complete song consists of five stanzas. The lyrics were rendered into English by Tagore himself.

"Jana Gana Mana Adhinaayaka Jaya He  
Bharat Bhagya Vidhata  
Punjab Sindh Gujarat Maratha  
Dravida Utkala Banga  
Vindhya Himachal Yamuna Ganga  
Uchhala Jaladhi Taranga  
Tubh Shubha Name Jage  
Tubh Shubha Ashisha Mange  
Gahe Tubh Jaya Gata  
Jan Gan Mangaldayak Jay He,  
Bharat Bhagya Vidhata  
Jaya He! Jaya He! Jaya He!  
Jaya, Jaya, Jaya, Jaya He"

Translation of The national anthem - Jana Gana Mana in English

Thou are the ruler of the minds of all people, dispenser of India's destiny. The name rouses the hearts of Punjab, Sind, Gujarat and Maratha. Of the Dravid and Orissa and Bengal. It Echoes in the hills of Vindhya and Himalayas, mingles in the music of Yamuna and Ganga and is chanted by the waves of the Indian Sea. They pray for your blessing and sing the praise. The salvation of all people – is thy hand, thou dispenser of India's destiny. Victory, Victory, Victory to these.

## **College Profile**

### **Ramakrishna Mission Vidyalaya**

The Ramakrishna Mission Vidyalaya, Coimbatore, a vast complex of 14 educational service wings, commenced its activities in 1930 with the blessings of Bhagavan Sri Ramakrishna. Father of the Nation, Mahatma Gandhi, laid the foundation stone of the first wing, a school. Sri T.S. Avinashilingam, the Founder-Director, nurtured the Vidyalaya with his visionary and devoted service. Though it began humbly as a school with a single Harijan student under a thatched roof in Coimbatore in 1930, over the years it grew into a vast educational Complex. It is now spread over an area of 300 acres in Perianaickenpalayam, Coimbatore. The Vidyalaya was affiliated to the Ramakrishna Mission, Belur Math, Howrah, West Bengal, in January 1935. Swami Abhiramanandaji Maharaj is now the Secretary of the Ramakrishna Mission Vidyalaya, Coimbatore. The Vidyalaya institutions are guided by a team of dedicated monks.

### **SRMV Maruthi College of Physical Education (MCPE)**

The Maruthi College of Physical Education (MCPE) is one of the institutions in the Vidyalaya which was started in the year 1956. This institution has been named after the great Ramayana hero, Mahavir, also called Maruthi or Hanuman. Faith and devotion are essential factors in the development of strength in any individual. Personal purity and devotion to a great cause are the necessary requisites for a healthy living. Maruthi, who personified in himself these great qualities, has stood as the ideal of manhood to millions of men in our country. And so it is only fitting that this institution is named after him.

## **Vision**

Striving for excellence in the quality of training teachers and teacher educators in Physical Education and Sports through proper training, effective coaching, in-depth research and field based activities blended with emerging technologies and value based education on par with global standards.

## **Mission**

- ◆ Training committed, competent, and skillful pre-service physical education teachers and teacher educators by equipping them with necessary practical knowledge, skills, right attitude and nurturing holistic values so as to enable them to be creative and confident in fulfilling global demands.
- ◆ Imparting effective coaching by amalgamating basic skills and innovative strategies in order to successfully encounter unforeseen situations.
- ◆ Strengthening scholastic and non-scholastic skills through systematic, field-based and outreach activities integrating appropriate ICT strategies.
- ◆ Encouraging research activities by prioritizing the thrust areas of research through re-visiting emerging trends in the field of Physical Education and Sports.

## **Goals and Objectives of the Institution**

### **Goals**

- ◆ To actualize Swami Vivekananda's educational vision, to impart life-building, man-making and character-building education through a balanced combination of secular and spiritual training.

- ◆ The emblem of the Ramakrishna Mission, conceived and designed by Swami Vivekananda, is an eloquent expression of its goals and objectives.

## **Objectives**

- ◆ To educate the teacher trainees to attain proficiency in Physical Education and Sports
- ◆ To provide the essential professional attributes for teacher trainees
- ◆ To facilitate the teacher trainees to integrate the global challenges by means of innovative and self-assured practices
- ◆ To provide effective coaching in fundamental skills of major games and physical activities to succeed the unexpected circumstances with amazing results
- ◆ To incorporate the ICT strategies among teacher trainees
- ◆ To encourage teacher trainees to identify the essential areas of research in physical education and sports

## **College Status**

- ◆ The Maruthi College of Physical Education was established in 1956 and one of the leading physical education institutions in south India.
- ◆ MCPE is recognized by the National Council of Teacher Education (NCTE).
- ◆ A government aided institute, recognized by the Government of Tamilnadu.
- ◆ National Assessment and Accreditation Council (NAAC) has re-accredited the college with B grade in the year 2016.
- ◆ University Grants Commission has conferred autonomous status to our college from the academic year 2007 - 2008.



- ◆ Registered under UGC Act and College is honoured with 12B & 2F status by UGC.
- ◆ Affiliated to the Tamilnadu Physical Education Sports University, Chennai since 2006.
- ◆ A recognized 'Research centre', which can offer M.Phil and Ph.D programmes.

### **Statutory Committee**

S.No.	Body	No. of Members	Frequency of Meeting
1	College Committee	18	Once in 3 months
2	Governing Body	12	Once in 6 months
3	Academic Council	13	Atleast Twice a year
4	Board of Studies	21	Atleast Twice a year
5	Finance Committee	3	Atleast once a year

### **Non Statutory Committee**

S. No.	Body	No. of Members	Frequency of Meeting
1	Admissions Committee	6	Atleast twice a year
2	Planning and Evaluation Committee	7	Atleast once a year
3	Library Advisory Committee	9	Atleast once a year
4	Grievance Redressal Committee	7	Atleast once a year
5	Ragging Curb Committee	5	Atleast Twice a year
6	Internal Quality Assurance Cell (IQAC)	21	Quarterly
7	Research and Development Cell	7	Twice a year

S. No.	Body	No. of Members	Frequency of Meeting
8	Career Guidance and Placement Cell	3	Twice a year
9	Magazine and E-Newsletter Committee	9	Twice a year
10	Intellectual Property Rights Cell	10	Twice a year
11	Guidance and Counseling Cell	6	Twice a year
12	Curriculum Development Cell	9	Twice a year
13	National Service Scheme (NSS)	3	Twice a year
14	Maruthi Alumni Association	13	Twice a year
15	Anti Ragging Committee	8	Twice a year
16	Internal Complaint Committee	8	Twice a year
17	Student Literary Association	6	Twice a year
18	Intramural Committee	4	Twice a year
19	Discipline Committee	7	Twice a year
20	Examination Committee	8	Twice a year
21	Feedback Committee	9	Twice a year
22	Social and Environmental Sensitization Club	4	Twice a year
23	Composition of Academic Audit	4	Once a year
24	Competitive Examination Cell (CEC)	9	Twice a year

## PARTICULARS OF COLLEGE

Name of the College with Postal Address	: Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, SRKV Post, Periyanaickenpalayam, Coimbatore - 641 020.
Staturory Committee	: Furnished in Page No. 11
Non Staturory Committee	: Furnished in Page No. 12
College Telephone Number	: 0422 - 2692443
College Website & Mail ID	: <a href="http://www.srkvmcpe.org">www.srkvmcpe.org</a> ; <a href="mailto:rmmcpe@gmail.com">rmmcpe@gmail.com</a>
Name, Address, Telephone of the Secretary	: Swami Virahananda Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020. Ph.: 0422 - 2692443
Name, Address, Telephone of the Principal	: Dr. Ch. VST Saikumar Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020. Ph.: 0422 - 2692443
Year of Establishment	: 1956
Autonomous College Since	: <b>2007 - 2008</b>
Reaccredited by NAAC in	: <b>2016</b>
Details of Programmes Offered	: PhD - Full Time & Part Time MPed - Full Time (2 years) BPEd - Full Time (2 years) BPES - Full Time (3 years)
Details of Teaching & Administrative Staff	: Furnished in Page No. 37 & 38

# PROGRAMMES

## Bachelor of Physical Education (B.P.Ed.)

Bachelor of Physical Education (B.P.Ed.) two years (Four Semesters Choice Based Credit System) programme is a professional programme meant for preparing teachers of physical education in classes VI to X and for conducting physical education and sports activities in classes XI and XII.

### Eligibility Criteria

A candidate shall be eligible for admission to the Bachelor of Physical Education (BPEd) if he has taken a degree with 50% marks of a recognized university subject to the following conditions. The candidate should not have completed 30 years of age as on 1st July. However, relaxation of 3 years may be given for SC / ST Ex-servicemen. Experienced Physical Education Teachers shall be given relaxation of 6 years of age. He must have represented the college / university / inter-zonal / school competition / district / state in anyone of the games or athletics (as included in the inter-university competitions / IOA / SGFI / Govt of India). Graduates in Physical Education with 45% marks.

### Admission Procedure

Qualifying marks Scored in UG	20 Marks
Games & Sports Certificate	25 Marks
Game Skills test (anyone game)	50 Marks
Track and Field Skill Test (100 mts, Long Jump, Shot Put)	50 Marks
Bonus marks for degree certificate in BSc Phy. Edu. / BPES or DPEd	5 Marks
<b>Total</b>	<b>150 Marks</b>

## Qualifying Examination

(Maximum 20 marks). Marks obtained in total at the degree level (other than BPE/BPES) should be converted to a maximum marks of 20. For graduates in Physical Education percentage of marks is calculated considering the total marks obtained.

## ELECTIVE / OPTIONAL COURSES

### SEMESTER - I & II

Course Code	Title of the Course
<b>Discipline Specific Elective Courses (Any one)</b>	
<b>Any one paper from the basket of choices of first year</b>	
221BDE / 222BDE	<i>Olympic Movements</i>
	<i>Health Education and Environmental Studies</i>
	<i>Contemporary Issues in Physical Education, Fitness and Wellness</i>
	<i>Sports Nutrition</i>
<b>Ability and Skill Enhancement courses (any one)</b>	
<b>Semester - I</b>	
221BAE	<i>Communication Skills and Soft Skills</i>
	<i>Diversified System of School Education</i>
<b>Semester - II</b>	
222BAE	<i>Social Health and Sports Services</i>
	<i>Fitness Equipment Management</i>

### SEMESTER – III & IV

Course Code	Title of the Course
<b>Discipline Specific Elective Courses (Any one)</b>	
<b>Any one paper from the basket of choices of second year</b>	

223BDE	<i>Sports Management and Curriculum Design</i>
	<i>Computer Applications in Physical Education</i>
	<i>Sports Medicine, Sports Physiotherapy and Sports Rehabilitation</i>
	<i>Sports Psychology and Sociology</i>
<b>Generic Elective Course</b>	
<b>Any one paper from the basket of choices of Generic electives</b>	
223BGE	<i>Indian Cultural and Heritage</i>
	<i>Environmental Studies</i>
<b>Ability and Skill enhancement courses (any one)</b>	
<b>Semester - III</b>	
223BAE	<i>Online Courses</i>
	<i>Obesity and Weight Management</i>
<b>Semester - IV</b>	
224BAE	<i>Official / referee qualify examination</i>
	<i>Village Placement Programme</i>

**\* Every week 3 hours are allotted for elective / optional courses**

## **Master of Physical Education (M.P.Ed.)**

The Master of Physical Education (M.P.Ed.) two years (Four Semesters Choice Based Credit System) programme is a professional programme meant for preparing teachers of physical education for conducting physical education and sports activities in classes XI and XII as well as Assistant Professor / Directors / Sports Officers in Colleges / Universities and Teacher Education in College of Physical Education.

## Eligibility Criteria

A candidate for admission to the Master of Physical Education (MPEd) degree programme should have passed BPEd examination from any recognised university. They must have represented district/college/university/state in any one of the games or sports. He must be medically fit and free from physical deformities. Students will undergo medical examination at the time of admission. Candidates who have obtained at least 50% marks in the BPEd degree / BPEd (Integrated) 4 years professional degree are eligible for admission. The reservation for SC / ST / OBC and other categories shall be as per the rules of the Central Government / State Government, whichever is applicable.

Or

Graduate with Physical education as an elective subject with 40% marks.

Or

Graduate having participated in National / State / Inter-University sports / games / athletics / SGFI.

## Admission Procedure

Qualifying Examination (BPEd)	25 Marks
Games & Sports Certificate	25 Marks
Game / Athletic proficiency	50 Marks
Written Test	35 Marks
Personal Interview	15 Marks
<b>Total</b>	<b>150 Marks</b>

## ELECTIVE / OPTIONAL COURSES

### SEMESTER - I & II

Course Code	Title of the Course
-------------	---------------------

<b>Disciplines Specific Elective Course (Anyone)</b>	
<b>Any one paper from the basket of choices of first year</b>	
221MECA / 222MECA	<i>Adapted Physical Education</i>
221MECB / 222MECB	<i>Sports Technology &amp; Sports Engineering</i>
221MECC / 222MECC	<i>Yogic Science</i>
221MECD / 222MECD	<i>Sports Management and Curriculum Design in Physical Education</i>
<b>Ability and Skill Enhancement Course (Any one)</b>	
<b>Semester - I</b>	
221AEC1	<i>Personality Development and Life Coping Skills</i>
221AEC2	<i>Management of Hypokinetic Diseases</i>
<b>Semester - II</b>	
222AEC1	<i>Ability Enhancement Compulsory Course - Life Skill Management</i>
222CCC1	<i>Co-Curricular Course– Village Placement Programme</i>

### **SEMESTER - III & IV**

<b>Course Code</b>	<b>Title of the Course</b>
<b>Discipline Specific Elective Courses for Second Year (Any one)</b>	
223MECA / 224MECA	<i>Health Education and Sports Nutrition</i>
223MECB / 224MECB	<i>Physical Fitness and Wellness</i>



223MECC / 224MECC	<i>Special Olympics</i>
223MECD / 224MECD	<i>Sports Journalism and Mass Media</i>
<b>Generic Elective Course (Semester III)</b>	
223MGEC1	<i>Indian Cultural Heritage</i>
223MGEC2	<i>Value and Environmental Education</i>
<b>Ability and Skill Enhancement Course (Any one)</b>	
<b>Semester - III</b>	
223SEC1	<i>Software Based Statistical Application in Physical Education</i>
223SEC2	<i>Management of Training Gadgets</i>
<b>Semester - IV</b>	
224SEC1	<i>Skill Enhancement Course – Any Approved Online course</i>
224SEC2	<i>Professional Preparation for SET / NET in Physical Education</i>

**\* Every week 3 hours are allotted for elective / optional courses**

## **Doctor of Philosophy (Ph.D.)**

Rules and Regulations for Ph.D The candidates who secure 50% of the total marks altogether in entrance test, Interview and PG Degree are eligible for Ph.D. admission. The candidates qualified in NET/SLET/other National Level Eligibility Test are exempted from entrance test and they have to appear for the interview only. Such candidates secure less than 50% of marks in interview are not eligible for Ph.D. admission.

## **Common Guidelines for BPES, BPEd and MPEd**

**Attendance:** Minimum of 75 percent attendance in theory and practicals in each semester is compulsory.

**Medium of Instruction:** The medium of instruction will be English.

**Course of Study:** The total working days shall not be less than 200 working days in an academic year (Each Semester consists of not less than 100 working days excluding examination days).

**Duration:** The duration of the program shall be of two academic years with four semesters under the Choice Based Credit System. The semesters shall be from June to November and December to April for each academic year.

Students should be medically fit and free from any deformities and they should undergo medical examination at the time of admission.

### **VALUE ADDED & SELF-STUDY COURSES**

Five courses are offered by the College, and classes for these courses are conducted after normal working hours for the benefit of the B.P.E.S., B.P.Ed. and M.P.Ed. students. School teachers can also join these courses. The descriptions of the courses are as follows:

#### **1. Fundamental moves in Aerobics**

##### **Objectives & Outcomes:**

- ◆ To demonstrate the basic skills associated with aerobic activities including step aerobics and floor aerobics.
- ◆ To demonstrate the ability to perform aerobic movements in various combination and forms.
- ◆ To understand and apply the knowledge of basic choreography, music selection and effective group management.

- ◆ To demonstrate the ability to create and present various aerobic activities.
- ◆ To identify the major muscle groups and their application to aerobics.
- ◆ Explain the basic skill and fundamental moves associate with aerobics activities.
- ◆ Understanding and apply the knowledge of basic choreography, music selection and effective group management.
- ◆ Explain and understanding of health problems associated with inadequate fitness levels.
- ◆ Understanding of sound nutritional practices as related to health and physical performance.
- ◆ Analysis the physiological principles during the aerobics activities and rest periods.

## **2. Therapeutic Yoga**

The yoga is very significant for maintaining physical and mental well-being of everyone irrespective of age, status and Nationalities. If this training is given to teachers, the society will be benefited at large. Keeping these factors in view, the certificate course on Yoga has been designed.

### **Objectives & Outcomes:**

- ◆ To enable the student to have good health, mental hygiene and emotional stability.
- ◆ To attain higher level of consciousness and moral values.

## **Basic Skills and Officiating in Tennis:**

### **Objectives & Outcomes:**

- ◆ To create awareness about Basic Skills and Officiating in Tennis among the Physical Education Teacher Trainees.

- ◆ To understand the various basic skills & rules and regulations opportunities for Physical Education Teacher Trainees.
- ◆ To motivate the trainees to put in an application
- ◆ To update the knowledge in the area of Basic Skills and Officiating in Tennis.

## **Fitness and Wellness Management**

### **Objectives & Outcomes:**

- ◆ To provide an understanding of effective Fitness management procedures.
- ◆ To get acquainted with different sports science disciplines that constitute a base of an effective exercise programme.
- ◆ To provide Orientation regarding different physical and motor fitness components.
- ◆ Understand training as performance based science.
- ◆ Explain different means and methods of various training modules.
- ◆ Prepare training schedules for various sports and games.

## **Kalaripayattu**

### **Objectives & Outcomes:**

- ◆ Discuss kalaripayattu and history, development of kalaripayattu
- ◆ Identify the various forms of kalaripayattu
- ◆ Discuss the classifications of weapons
- ◆ Outline the fundamentals of kalaripayattu
- ◆ Describe the process of animal postures
- ◆ Identify the various types of leg exercises

## **OTHER FACILITIES**

### **Common Facilities and Laboratories**

#### **Smart Class**

Smartclass is a technology leveraged to improve the teaching – learning system, which has evoked a new environment, new emotion in the classrooms. It is an environment where the teacher is empowered to teach better and student is inspired to learn better than before. smartclass can boast about multimedia, mapped to CBSE, ICSE, Stateboard curriculums, and explains the most difficult concept with easy clarity, bridging the learning gaps between the two stakeholders. It is equipped with exhaustive repository of well researched, digital modules of lessons (consisting of audio-video, 2D and 3D animations and graphics) on almost every subject from KG to class XII.

#### **Library**

The library is to provide information services and in the form print and e-resources to support the scholarly and information needs of the faculty members, research scholars and students. The Library is computerized with modern facilities and resources in the form of Books, Periodicals, CD-ROMs, etc. Library adopts Open Access System to enhance the access facilities. The library has been automated by implementing RF Technology. Very few Physical Education college libraries in India have been automated by implementing of RF Technology. The college library is fully automated and a full-fledged online service is provided to its users. The library also has a Wi-Fi facility.

#### **Fitness Centre**

Our college is having multi gym facility and all of our students are utilizing it for training purposes as well as the research purpose.

## **List of Laboratories**

- ◆ Kinesiology and Bio-mechanics Lab
- ◆ Sports Medicine Lab
- ◆ Exercise Physiology Lab
- ◆ Anatomy, Physiology & Health Education Lab
- ◆ Isokinetic lab
- ◆ Sports Psychology Lab
- ◆ Educational Technology Lab
- ◆ Computer Laboratory cum Language Laboratory

## **Methods of Curriculum Transaction**

Curriculum transaction plays a pivotal role in making to be teachers. At our College, emphasis is given on instructional techniques like Learner-centered, Experiential and Peer-learning methods. Subject-related practicals are mandatory for all the trainees. These techniques help our students to excel in their career as teachers.

## **Highlights of Evaluation System**

Two continuous internal assessment tests and one model examination are conducted in one semester. The college adopts central valuation system in which both internal and external examiners are involved. The results are published within 10 days from the last day of the semester examination. By applying the system of transparency, the college allows the students to get photocopies of the term-end examination papers. The supplementary examination system is also followed.

## **HIGHLIGHTS OF STUDENT ACTIVITIES**

Students are asked to organise seminars, workshops, educational exhibitions and student association activities. Students are encouraged to take part in state and national level seminars, workshops and educational competitions.

Students help in maintaining the library and laboratories. Students donate blood in case of emergency and render service. Participation in community work, campus cleaning, cultural programmes and leadership training camps are other activities of our students.

### **Leadership Training Camp**

Every year our college is conducting the Leadership Training Camp at Poondi. Every student shall undergo a 7 days Residential Annual Leadership Training Camp in an evergreen forest as an educational project.

### **Play Festival**

The Play Festival was started in the year 1956, to commemorate the centenary of Bhagavan Sri Ramakrishna. About 3000 children from 58 schools participate in the play festival in which they perform various types of exercises to the tune of devotional and patriotic songs. Every year around 2500 children from various Panchayat Union Elementary Schools of Perianaickenpalayam and Karamadai will participate in the demonstration of physical and play activities.

Each student must go to train elementary school students in various play activities for a period of 11 days and assist his trainees for a combined mass drill at the college campus (100 marks compulsory activity).

### **Teaching Practice**

Undergoing Intensive Practice Teaching in neighboring schools is compulsory for all the students (100 marks).

### **Project Track and Field Meet**

Every year students are provided academic credits for successful execution of project sports meet. A group of students shall be given the responsibility of organising and officiating a track and field meet and tournaments in the institution.

## **CAMPUS INTERVIEW FOR STUDENTS**

The college arranges campus interview for the students every year. 100% of the students get employment before completing the course.

## **RESIDENTIAL FACILITIES**

Residential living is not compulsory for the students of the college. The hostel in the campus provides decent boarding and lodging facilities for students and the participants of in-service programmes are accommodated in a separate hostel. Prayer hall, recreation room, reading room, first-aid kit and health care facilities are available for our students.

Sufficient quarters are available for all staff provided they wish to stay in campus.

## **RAGGING:**

Ragging is an unpardonable injustice against students community and students who indulge in this barbarian act will definitely be expelled from the institution and also punishable by law (vide GO MS No 469 ES & T / dated 24.04.1989 and DTE Lr No 109717/J3/88 dated 22.09.1989.)

## **HOSTEL RULES AND REGULATIONS**

1. Students will be allowed to stay only for that academic year.
2. Students who are willing to discontinue from the hostel has to pay the full fees.
3. 1st instalment fees have to be paid at the time of admission itself.
4. Social service is essential thing in the hostel life. Students have to keep their rooms and surroundings clean. For this, duty will be allotted on the basis of rotation.



5. For students those who go out of the campus without the permission of warden the management of college and hostel will not be responsible if at all anything happened
6. Students should not keep any costly items as well as excess money with them, else they are responsible for any loss.
7. Students should keep their cupboards safely, else recovery will be made for the repair work.
8. Cell phone and radio are strictly prohibited within the campus. If any one violate this they have to abide the disciplinary action taken by the management.
9. Students who involve in the activities which is against the name and fame of the college as well hostel will be dismissed from the college.
10. Students have to attend evening prayer without fail.
11. Students who want to go to their native place for holidays have to get prior permission from the warden
12. Students should not bring any outsiders to the hostel.
13. With regard to problems related to students, final decision will be made by the management other students will not interfere in this regard.
14. Students have to take bath only during the stipulated time.
15. With regard to disciplinary problem, parents have to meet the Principal as well as warden if needed.
16. Students will not be allowed to stay inside the hostel during the class hours, else action will be taken.
17. When going to teaching practice in schools all have to go with their uniform, and they have to maintain discipline there too. Also they should not indulge any activities which affect the name and fame of the institution.

## **Mess**

1. Vegetarian food alone is provided
2. Food will be supplied only during the mess timings. Students have to maintain silence in the mess
3. Water and food should not be wasted at any circumstances
4. Mess fees reduction will not be allowed
5. Relatives/friends will be allowed in the mess only after getting permission from the warden and amount will be collected from the student for the same.

## **OUTREACH ACTIVITIES**

### **Academic Development**

The outreach program provides students with an opportunity to understand their course content, make them aware of the determinants of health, valuing the pedagogy of transacting physical education curriculum and also developing their career. Students articulated their enthusiasm for training in outreach programmes with a sense of growing confidence in their abilities and development of practical sports skills. The academic field visits also contribute in the enhancement of their theoretical knowledge and competencies. Many studies conducted in the field of sports and games also advocate the fact that 'the opportunity to apply learned theories in a new setting would insulate more practical experience and undoubtedly enhance the students' learning opportunities.

### **Personal Development**

With the increase in out-reach activities, there is an inevitable increase in breadth of experience. These activities improve upon the identity of an individual, develop potential, facilitate employability, enhance quality of life and contribute to the realization of aspirations of students. The involvement

of students in outreach activities lays the foundation for developing not only skills in physical education but also developing life skills by acquiring them by envisioning their aims in life, and setting goals to realize and maximizing their potential.

### **Skill Enhancement**

The out-reach activities enable the college students to recognize the value of a multidisciplinary approach in physical education, and make them feel comfortable while working with others in the community. Students also realize that teaching and learning within an outreach context is neatly structured, prepackaged, and time scheduled. Working in the outreach setup had increased the participants' self-confidence as they are solely in managing their assigned duties. As a result, positive effects were observed on the students learning experience, appreciation for the need of team-work, development of organisational and communication skills.

### **Service to deprived students**

Outreach programs are beneficial not only by providing the students an academic foundation but also developing their self-confidence, leadership qualities, and their responsibilities toward the community. These activities strengthened their sense of responsibility toward their studies and had a positive impact on their attitudes to develop physical education skills among students of disadvantaged communities. Such outreach experiences were effective as an adjunct to traditional school-based training in improving students' confidence in enhancing skills in sports. Due to these experiences students not only become knowledgeable in the specialized area of physical education but also develop features such as community awareness, community involvement, commitment to service, career development, self-awareness, leadership qualities,

awareness of determinants of health, and understanding of course content.

## **Civic Responsibility**

The outreach activities provide opportunities to build a partnership between the institution and the community thus recognizing the value in developing key relationships with schools in order to support the school curriculum and students' knowledge. Working in outreach settings develop the cultural competencies while interacting and communicating with the individuals of the community, appreciation of their support, and physical education efforts extended by them.

### **Other Institutions of Vidyalaya**

**I. T.A.T. Kalanilayam (1940):** This non-residential coeducational Middle School is catering the needs of students from the local community. About 600 students, mostly from families that are financially weak, study here.

**II. Vidyalaya High School (1930):** It is the oldest of the Vidyalaya institutions. About 250 students study in Std. VI to X. Medium of instruction is Tamil. The concept of integrated education for the blind has been successfully implemented in the school for the last 20 years.

**III. Swami Shivananda Higher Secondary School (Boys Campus) (1960):** The school has about 700 students in Std. VI to XII.

**IV. Swami Shivananda Hr. Sec. School (Girls Campus) (1989):** This partly residential self-financing school has a student-strength of about 800 in LKG to XII.

**V. Institute of Agriculture and Rural Development (1956):** This offers two-year Diploma in Agriculture and Rural Development for students who have passed Plus Two. It is

recognized by the Tamil Nadu Agricultural University. Students strength is about 100.

**VI. Polytechnic College (Autonomous) (1956):** It has a student strength of about 800. Offers three-year Engineering Diploma in Mechanical, Civil, Electrical and Electronics, and Information Technology.

**VII. Industrial Training Institute (1951):** It has a student strength of about 400. Offers skill-oriented two-year Certificate courses in different trades under the National Council for Vocational Training to students who have completed SSLC or Plus Two. For the benefit of students of Vidyalaya and the general public who live around Vidyalaya, a CNC Training Centre, a Driving School and a Vehicle Emission Testing Centre are functioning. All the three are well-utilized by the students and general public.

**VIII. Gandhi Teacher Training Institute (1942):** It offers fully residential two-year Diploma in Teacher Education for students who have passed Plus Two.

**IX. College of Arts and Science (Autonomous) (1964):** The college was started in 1964 with the blessings of Srimat Swami Madhavanandaji Maharaj and has completed 58 years of purposeful service to the student community and society. "The College has a Unique Mission of developing the youth by imparting intellectual training; equipping them with vocational skills so as to make them employable; inculcating in them the right attitudes, values, and moral character; and developing a holistic personality of its students with a balanced development of head, heart and hand." The College was accredited by NAAC with 'A' grade in the year 2016. The College offered 15 UG programmes and 7 PG programmes and 3 Diploma programmes in both aided and unaided streams, besides offering 10 MPhil and PhD programmes. Besides

academic studies, students have displayed their talents and skills in sports, literary and cultural competitions held at various levels.

**X. College of Education:** The college offers B.Ed programme with methodologies in Biological Science, Commerce. Mathematics. History, Physical Science and Special English and M.Ed. Part time M.Phil and Ph.D courses are offered. This college also houses the Indira Gandhi National Open University's study centre which offers B.Ed, M.Ed and M.A Educational programmes.

Apart from the formal courses, the college offers application - oriented diploma courses such as Computer Awareness, Educational Applications of Television, Library and Information System, Educational Psychology and Child Education. Besides these, certificate courses in Spoken English and Yoga are also offered.

**XI. Faculties of the Ramakrishna Mission Vivekananda Educational and Research Institute:** Ramakrishna Mission Vivekananda Educational and Research Institute (RKMVERI), established in the year 2005, has its headquarters at Ramakrishna Mission, Belur Math, Howrah, West Bengal. Four of its faculties are functioning at the IHRDC campus of Ramakrishna Mission Vidyalyaya, Coimbatore:

**a) The Faculty of Disability Management and Special Education (FDMSE)** offers Diploma, BEd, MEd and PhD programmes in Special Education (Visual Impairment, Hearing Impairment and Mental Retardation), and other diploma programmes in Sign Language Interpretation, Community-based Rehabilitation and Computer Applications for the Disabled. Students from all over India have been pursuing these courses since it was established in 2005.

- b) The Faculty of General Adapted Physical Education and Yoga (GAPEY)** was established in the year 2007. It offers BSc (Physical Education), BPEd, MPEd, Integrated MPhil+PhD, Certificate Courses in Adapted Physical Education, Yoga, Kalaripayattu, Fitness, Aerobics and Tennis; and Diploma Course in Special Olympics and Paralympics.
- c) Faculty Center for Agricultural Education and Research (FAR):** It was established in the year 2014. It offers a 4 year B.Sc. (Agriculture) Degree Programme.
- d) Department of Computer Science(DCS) under the School of Mathematical Science:** It conducts an integrated M.Sc(CSA) Programme, M.Sc Data Science and B.Com.(Hons.), which are needed to meet newer skills, recent trends in industry and cutting-edge technology.

**XII. Integrated Rural Development Scheme:** The Vidyalaya has been rendering rural development service since the year 2002 under the title 'Vidyalaya Integrated Rural Development Scheme'. Economically backward residents of areas such as Arivoli Nagar, Jeeva Nagar, Ambedkar Nagar, Pudupudhur, etc., were benefited through various development activities undertaken there.

### **XIII. SUPPORT SERVICES**

**Book stall:** A bookstore / sales section has been in operation since June 2009.

**Printing Press:** A modern computerized press takes care almost all the needs of the Vidyalaya.

**Hardware Department:** With two engineers and one assistant engineer, located in the Vidyalaya Maintenance Section, takes care of the maintenance and repairs of all computers (around 1000), printers, scanners, etc., in the various institutions of the Vidyalaya.

**Maintenance and Repairs Department:** This takes care of practically all the requirements of the Vidyalaya, including the construction of new buildings etc.

**Dairy and Goatery:** About 30 milch animals are maintained to serve hands-on training to our students of the Institute of Agriculture and Rural Development.

**Disabled Trainees Vocational Production and Rehabilitation Centre:** A Notebook Section has been in operation in the Vidyalaya campus since 1992. Besides catering to the needs for notebooks of our various institutions within the campus, the section takes orders on a selective basis from other institutions as well with the primary objective of providing employment to the economically backward and the physically challenged. Notebooks are priced at bare minimum.

**Ramakrishna Mission Vidyalaya Charitable Dispensary:** The Charitable Dispensary of the Vidyalaya caters to a population of around 8000 students and 800 staff members and their families besides a large number of underprivileged people residing in the surrounding areas. In addition to regular general consultation, it also offers consultation by specialists in the areas of orthopedics, neurology, pediatrics, cardiology, gynecology, diabetes, skin, asthma, dental, ENT, general surgery, etc. On an average, around 150 patients visit the dispensary for consultation every day. As part of the medical services, many free medical camps will be organised for the benefit of the underprivileged.

**Ramayana Park based on Indian epics - a project to promote Indian values:** The Ramayana Park has been set up with the aim of taking our ancestors individual, family, social, ethical, and moral values to the general public. It is structured around the images of twenty-one important personalities of the Ramayana with their respective characteristics. The Park is



an innovative and eye-catching attempt so children can have facilities for exercise and recreation, and at the same time cultivate a mind to appreciate the Ramayana's subtle power of developing character, art, and culture.

**Sarada Noon Meal Scheme:** Ramakrishna Mission Vidyalaya Provides free noon meal scheme to the deserving students on all working days of the college. The alumni and philanthropist of the institutions also support the successful implementation of the scheme.

**Sister Nivedita Anna Yojana:** Under this scheme 50 old age people those who were isolated or abandoned by their family members in near by villages of Vidyalaya are identified and food packets are being distributed at their doorsteps on all days except Sunday. This programme initiated by Vidyalaya is governed by the Department of Social Work

The above facilities are used by the Maruthi College of Physical Education whenever necessary.

## **CELEBRATIONS AT VIDYALAYA**

**International Yoga Day:** The United Nations General Assembly declared 21<sup>st</sup> June as International Day of Yoga. Since 21<sup>st</sup> June 2015 the International Day of Yoga is being celebrated by the students of Sri Ramakrishna Mission Vidyalaya at our college ground.

**The Kalpataru Day:** The day on which Sri Ramakrishna revealed his true identity and blessed his followers is celebrated on the 1st of January every year as the Kalpataru Day.

**The Gurupuja:** The public celebration of Sri Ramakrishna's birthday is celebrated on the 1st Sunday of January every year with devotion and fervour. Thousands of devotees attend this function and receive the blessings of the Gurudev. They

listen to devotional songs and watch cultural programmes performed by the students of the Vidyalaya. Students of the Vidyalaya exhibit their scientific talents by presenting their models and invention in Science. Eminent speakers enlighten the audience their devotional fervour.

**The National Youth Day:** As declared by the Government of India, the birthday of Swami Vivekananda, is celebrated during 12th January every year. More than 1500 students including 100 staff members involve in this celebration. A youth rally is conducted with Swamiji's sayings and pictures as mobile exhibitions. Sports competitions, oratorical competition and essay writing competition are held.

**Youth Convention:** A 3-day residential 'Youth Convention' for youth from Tamil Nadu on the theme 'Young India, Arise!' is held every year. Male and female youth delegates from various educational institutions, participate in the convention. The camp routine for the three days included guided meditation, morning bhajans, yoga, talks on value-oriented topics by eminent speakers, a debate, and undertaking of pledge by the delegates. A film show on a theme of social importance is also screened during one of the sessions. Recreational games are conducted for the youth in the evenings. Participation certificates are issued to all the delegates.

**World Disability Day:** The Third Day of December every year is observed as the World Day for the Disabled all over the world. This day provides an opportunity to focus the attention of Government and the society towards the problems of the handicapped community. The handicapped draw inspiration to integrate themselves into the mainstream of social life. This occasion gives an opportunity to the community to express its solidarity with the disabled people.

**Birthdays Celebration:** The birthday of Sri Ramakrishna, Sri Sarada Devi, and Swami Vivekananda are celebrated with special puja, homa, bhajans and arati at the Vidyalaya's Prayer Hall.

**Vidyarthi Homa:** The Vidyarthi Homa is the induction of youth into the life of a student. This is performed with a homa, accompanied by mantras and bhajans reflecting the traditional values of the ancient gurukula. The newly admitted students from all the institutions of the Vidyalaya participate in the Vidyarthi Homa. Each student receives guidance regarding his conduct in student life.

**Saraswathi Puja:** The Saraswathi Puja is solemnly celebrated in all institutions, hostels and other departments of the Vidyalaya. Entire staff and students participate in the puja.

**Kalaimagal Vizha:** Kalaimagal Vizha, the annual three day event in commemoration of the Navaratri, is celebrated in the Vidyalaya during the month of October. Eminent speakers and performing artistes are invited on the occasion. Students from various institutions of the Vidyalaya give inspiring drama and dance performances.

**Graduation Ceremony:** The Graduation Ceremonies are conducted for the graduating students from the Post - Matric Institutions and Colleges of the Vidyalaya to administer oath taking and bid farewell with the counsel to function as diligent citizens in their walks of life. Dignitaries from different sectors of society embellish this occasion.

**Republic Day and Independence Day Celebration:** The Republic Day and Independence Day are Celebrated on 26th January and 15th August respectively every year in a grand scale with march past, flag hoisting and special address where

all the institutions participate together. A rolling trophy for the best marching contingent is awarded.

**Vidyalaya Foundation Day:** Vidyalaya Foundation Day is observed every year on 3rd February. As a mark of respect to the founder of the Vidyalaya, Dr. T.S. Avinashilingam, public meetings are conducted on that day and eminent persons visit the Vidyalaya to address.

**Spiritual Retreat:** Spiritual Retreats are conducted for the devotees every year. Hundreds of devotees from various parts of the nation attend the retreats. Retreats are also conducted for the members of the staff of the Vidyalaya.

### TEACHING STAFF

S.No.	Name	Designation
1.	Dr. Ch. V.S.T. Saikumar, B.Sc., M.PEd., M.Phil., Ph.D., N.I.S. Diploma in Cricket	Principal
2.	Dr. T. Jayabal, B.Com., M.PEd., P.G.D.Y., Ph.D.,	Associate Professor
3.	Dr. E. Amudhan, B.Sc., M.A., M.Sc., M.PEd., M.Phil., N.I.S(C), T.T.C.Y., D.C.A., P.G.D.S.M., P.G.D.Y., P.G.D.S.O., Ph.D.,	Assistant Professor
4.	Dr. V. Saminathan, M.Com (CA), M.PEd., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor cum Controller of Examinations
5.	Dr. T. Thangamani, B.Com., M.Com., M.Sc., (Yoga & Psy), M.PEd., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor
6.	Dr. M. Srinivasan, B.C.S., M.PEd., M.Phil., P.G.D.S.M., P.G.D.Y., P.G.D.P., P.G.D.T., Ph.D.,	Assistant Professor
7.	Dr. A. Needhiraja, B.Sc., M.PEd., M.Phil., Ph.D.,	Assistant Professor
8.	Dr. V. Balamurugan, B.C.S., M.PEd., M.Phil., P.G.D.S.M., P.G.D.Y., P.G.D.P., P.G.D.T., Ph.D.,	Assistant Professor
9.	Dr. S. Arivazhakan, B.Sc., M.PEd., M.Phil., Ph.D.,	Assistant Professor

S.No.	Name	Designation
10.	Dr. M. Prabu, B.A., M.P.Ed., M.Phil., Ph.D.,	Assistant Professor
12.	Dr. R. Dharmalingam, B.Com., M.P.Ed., M.Phil., Ph.D.,	Assistant Professor
13.	Dr. M. Ashok Kumar, B.A., M.P.Ed., Ph.D.,	Assistant Professor
14.	Sri Aaron Arshay Keets, B.B.A., M.P.Ed., NET	Assistant Professor
15.	Dr. A. Velayutham, MCA., M.L.I.Sc., M.Phil., Ph.D.,	Librarian

### **GUEST FACULTY**

S.No.	Name	Designation
1.	Dr. P.J. Sebastian	Professor
2.	Dr. A. Sathiyamoorthy, M.P.T., (Sports), CKTP, MIAP,	Assistant Professor cum Physiotherapist
3.	Dr. P. Senthil Kumar, MIB, MPed, HDCA, PDGY, PGSBSA, Ph.D.	Assistant Professor

### **ADMINISTRATIVE STAFF**

S.No.	Name	Designation
1.	Sri V. Mohanraj	Junior Assistant (Spl.Gr.)
2.	Sri L. Jagadeesan	Typist
3.	Sri R. Anandaraja	Office Assistant
4.	Sri A. Amirthalingeswaran	Computer Assistant
5.	Sri R. Rajendran	Groundsman (Super.Gr.)
6.	Sri N. Palanisamy	Groundsman (Spl.Gr.)
7.	Sri D. Gunasekaran	Groundsman
8.	Sri P. Prabhu	Groundsman
9.	Sri V. Anbu	Groundsman

S.No.	Name	Designation
10.	Sri S. Ranjithkumar	Junior Assistant
11.	Sri S. Sundaram	Office Assistant
12.	Sri R. Chandran	Groundsman
13.	Sri S. Jeevanantham	Groundsman
14.	Sri S. Sundaram	Office Assistant

### **IQAC MEMBERS**

- |                          |   |
|--------------------------|---|
| 1. Dr. Ch. VST. Saikumar | 12. Sri. B. Aaron Arshay Keets          |
| 2. Dr. T. Jayabal        | 13. Dr. A. Velayutham                   |
| 3. Dr. E. Amudhan        | 14. Dr. G. Subrmonian                   |
| 4. Dr. V. Saminathan     | 15. Sri V. Mohanraj                     |
| 5. Dr. T. Thangamani     | 16. Sri B. Balaji (Local Society)       |
| 6. Dr. M. Srinivasan     | 17. Sri A.R. Yaswanth (Student)         |
| 7. Dr. A. Needhiraja     | 18. Dr. G. Balasundar (Alumnus)         |
| 8. Dr. S. Arivazhakan    | 19. Sri K. Prakash (Employer)           |
| 9. Dr. M. Prabu          | 20. Sri N. Manoharan<br>(Industrialist) |
| 10. Dr. R. Dharmalingam  | 21. Sri K. Dharmaraj (Parent)           |
| 11. Dr. V. Balamurugan   |   |

## STAFF RESPONSIBILITIES - 2021 – 2022

Staff	Theory	Practical	Other Responsibilities	MPEd Spec.
Dr. Ch. VST. Saikumar	<ol style="list-style-type: none"> <li>1. Communication Skills – I BPed</li> <li>2. Personality Development and Life Coping Skills – I MPEd</li> <li>3. Health Education and Sports Nutrition – II MPEd</li> <li>4. Life Skill Management – I MPEd</li> <li>5. Sports Journalism and Mass Media – II MPEd</li> <li>6. Dissertation – II MPEd</li> </ol>	<ol style="list-style-type: none"> <li>1. Cricket – II BPed &amp; MPEd</li> <li>2. Ball badminton – I BPed</li> </ol>		Cricket
Dr. T. Jayabal	<ol style="list-style-type: none"> <li>1. Adapted Physical Education and Inclusive Education – II BPed</li> <li>2. Sports Technology and Sports Engineering – I MPEd</li> <li>3. Sports Nutrition and Weight Management – I BPed</li> </ol>	<ol style="list-style-type: none"> <li>1. Teaching Practice – I &amp; II BPed</li> <li>2. Class Room Teaching - I &amp; II MPEd</li> <li>3. Leadership Training Programme – I BPed</li> <li>4. Kabaddi – II BPed</li> <li>5. Village Placement Programme – I MPEd</li> <li>6. Combative Sports – II MPEd</li> <li>7. Callisthenics</li> </ol>	<ol style="list-style-type: none"> <li>1. IQAC coordinator</li> <li>2. MPEd II year class teacher</li> <li>3. In-charge of Sports Equipments Fitness Centre</li> <li>4. Weightlifting and powerlifting</li> <li>5. Leadership Training Camp</li> <li>6. Certificate course in weightlifting and powerlifting</li> <li>7. Iso-Kinetic Lab</li> <li>8.</li> </ol>	Kabaddi

Staff	Theory	Practical	Other Responsibilities	MPed Spec.
Dr.E.Amudhan	<ol style="list-style-type: none"> <li>1. Education Technology and Methods of Teaching in Physical Education – BPEd</li> <li>2. Organization, Administration and Supervision in Physical Education – BPEd I</li> <li>3. Theories of Track and Field – II MPed</li> <li>4. Applied Statistics in Physical Education &amp; Sports – MPed II</li> <li>5. Research and Statistics in Physical Education – M.Phil</li> </ol>	<ol style="list-style-type: none"> <li>1. Track and Field (Running events) – I BPEd &amp; I MPed</li> <li>2. Track and Field Hurdles – I MPed</li> <li>3. March-past &amp; Yoga – I BPEd</li> <li>4. Internship at schools – I MPed</li> <li>5. Volleyball – II BPEd</li> </ol>	<ol style="list-style-type: none"> <li>1. MPed I year class teacher</li> <li>2. Research Coordinator</li> </ol> In-charge of: <ol style="list-style-type: none"> <li>1. Educational Exhibition (Gurupuja)</li> <li>2. Time Table</li> <li>3. Preparation of M.Ped. Syllabus</li> <li>4. Students Hand Book</li> <li>5. Certificate Course in Yoga</li> <li>6. Seminar</li> <li>7. Extramural Director</li> <li>8. Career Guidance and Counseling</li> <li>9. Placement Cell</li> <li>10. Consultancy and Extension services</li> <li>11. Iso Kinetic Lab</li> </ol>	Athletics & Volleyball



Staff	Theory	Practical	Other Responsibilities	MPEd Spec.
Dr. V. Saminathan	<ol style="list-style-type: none"> <li>Olympic Movements – BPEd I</li> <li>Computer Application in Physical Education – II BPEd</li> <li>Theories of Sports and Games and Officiating and Coaching Part-I – I BPEd</li> <li>Research and Statistics in Physical Education – II BPEd</li> <li>Applied Statistics in Physical Education and Sports – I MPEd</li> <li>Measurement and Evaluation in Physical Education – BPEd-II</li> </ol>	<ol style="list-style-type: none"> <li>Hockey – I BPEd</li> <li>Throwing events – II BPEd</li> <li>Fitness Training – II MPEd</li> <li>Jumping events – I BPEd</li> <li>Softball – II BPEd</li> <li>Combined events – II MPEd</li> <li>Leziurn – I BPEd</li> </ol>	<ul style="list-style-type: none"> <li>Controller of Examinations</li> <li>I BPEd class teacher</li> <li>In-charge of Teaching Practice – I BPEd</li> <li>Certificate course in Fitness</li> <li>National Youth Day Celebration</li> </ul>	Hockey
Dr.T.Thangamani	<ol style="list-style-type: none"> <li>History, Principles and Foundation of Physical Education – I BPEd</li> <li>Sports Management and Curriculum Design - I MPEd</li> <li>Sports Psychology and Sociology – II BPEd</li> <li>Value and Environmental Education – II MPEd</li> <li>Environmental Studies – I BPEd</li> <li>Sports Psychology and Sports Sociology – II MPEd</li> </ol>	<ol style="list-style-type: none"> <li>Throwball – II BPEd</li> <li>Football – II BPEd</li> <li>Mass Demonstration Activities – I BPEd</li> <li>Throwing Events – II MPEd</li> </ol>	<p>In-charge of:</p> <ol style="list-style-type: none"> <li>BPEd II year Class Teacher</li> <li>Students Literary Association (coordinator)</li> <li>Sports Psychology Lab</li> <li>Project Sports Meet</li> <li>Viswanathan Anand House</li> <li>Play Festival</li> <li>Course material</li> <li>Achievers Day Celebrations</li> <li>Preparation of BPEd Syllabus</li> </ol>	Football

Staff	Theory	Practical	Other Responsibilities	MPed Spec.
Dr. M. Srinivasan	<ol style="list-style-type: none"> <li>1. Health Education and Environmental Studies – BPed I</li> <li>2. Sports Medicine Physiotherapy and Rehabilitation – II BPed</li> <li>3. Kinesiology and Biomechanics – II BPed</li> <li>4. Sports Biomechanics and Kinesiology – II MPed</li> <li>5. Obesity and Weight Management – II BPed</li> </ol>	<ol style="list-style-type: none"> <li>1. Malkhamb – I BPed</li> <li>2. Gymnastics floor exercise – I MPed</li> <li>3. Gymnastics (with apparatus) – II MPed</li> <li>4. Badminton – I BPed</li> <li>5. Tennis – I BPed</li> <li>6. Table Tennis – I BPed</li> <li>7. First Aid and Injury Management – II BPed</li> <li>8. Mass Demonstration Activities &amp; Adapted Activities – I BPed</li> </ol>	<p>In-charge of:</p> <ol style="list-style-type: none"> <li>1. BPed II year Class Teacher</li> <li>2. Uniform Distribution</li> <li>3. Kinesiology &amp; Bio mechanics lab</li> <li>4. Certificate course in Tennis</li> <li>5. Milka Singh House</li> <li>6. Project Sports Meet</li> <li>7. Theory classes</li> <li>8. coordinator</li> </ol> <p>Consolidating the college reports</p>	Badminton
Dr. A. Needhiraja	<ol style="list-style-type: none"> <li>1. Anatomy and Physiology - BPed I</li> <li>2. Physiology of Exercise – I MPed</li> <li>3. Officiating and Coaching – BPed II</li> <li>4. Theories of Specialization Games – II MPed</li> <li>5. Physical Fitness and Wellness – II MPed</li> </ol>	<ol style="list-style-type: none"> <li>1. Aerobics – I BPed &amp; I MPed</li> <li>2. Basketball – I BPed</li> <li>3. Handball – II BPed</li> <li>4. Tennikoit – II BPed</li> </ol>	<p>In-charge of:</p> <ol style="list-style-type: none"> <li>1. BPed I class teacher</li> </ol> <p>In-charge of:</p> <ol style="list-style-type: none"> <li>1. Anatomy and Physiology &amp; Health Education &amp; Exercise physiology lab</li> <li>2. Certificate course in Aerobics</li> <li>3. Intramural Director</li> <li>4. NSS programme officer</li> <li>5. National sports day celebration</li> </ol>	Basketball

Staff	Theory	Practical	Other Responsibilities	MPed Spec.
Dr. S. Arivazhakan	<ol style="list-style-type: none"> <li>1. Vivekananda's Philosophy of Education – I BPEd</li> <li>2. Management of Hypokinetic Diseases – I MPEd</li> <li>3. Management of Training Gadgets – I BPEd</li> <li>4. Racket Straining &amp; Net Spinning – I BPEd</li> <li>5. Theories of Sports and Games and Officiating Part-II – II BPEd</li> </ol>	<ol style="list-style-type: none"> <li>1. Gymnastics – I BPEd</li> <li>2. Coaching Lesson and Rural Coaching – II BPEd</li> </ol>	In-charge of <ol style="list-style-type: none"> <li>1. Adapted Physical Education lab</li> </ol>	Tennis
Dr. M. Prabu	<ol style="list-style-type: none"> <li>1. Sports Psychology and Sports Sociology – I MPEd</li> <li>2. Organisation &amp; Administration in Physical Education – I BPEd</li> </ol>	<ol style="list-style-type: none"> <li>1. Lezium – BPEd – I</li> <li>2. Kabaddi and Practice Teaching – II BPEd</li> <li>3. Malla Khamb – I BPEd</li> <li>4. Football – II BPEd</li> </ol>	In-charge of <ol style="list-style-type: none"> <li>1. Gurupuja exhibition assistance</li> <li>2. Sachin Tendulkar House</li> <li>3. Project sports meet</li> </ol>	
Dr. R. Dharmalingam	<ol style="list-style-type: none"> <li>1. Educational Technology and Methods of Teaching in Physical Education – I BPEd</li> <li>2. Yoga Education – I BPEd</li> <li>3. Research and Statistics in Physical Education – II BPEd</li> </ol>	<ol style="list-style-type: none"> <li>1. Kalari and Silambam – II BPEd</li> <li>2. Badminton – I BPEd</li> <li>3. Compactive Sports – II MPEd</li> </ol>		

Staff	Theory	Practical	Other Responsibilities	MPed Spec.
Dr. V. Balamurugan	1. Contemporary Issues in Physical Education – I BPEd 2. Adapted Physical Education and Inclusive Education – II BPEd 3. Test, Measurement and Evaluation in Physical Education – I MPed 4. Adapted Physical Education – I MPed 5. Physical Fitness and Wellness – II MPed 6. Class Room Teaching – I MPed	1. Track and Field (Running Events) – I BPEd 2. Kho-Kho – II BPEd		
B. Aaron Arshay Keets	1. Olympic Movement – I BPEd 2. Measurement and Evaluation in Physical Education – II BPEd 3. Fitness Equipment Management – I BPEd 4. Kinesiology and Bio-mechanics – II BPEd 5. Classroom teaching – II MPed	1. Obesity and Weight Management – II BPEd		

Staff	Theory	Practical	Other Responsibilities	MPed Spec.
Dr. M. Ashok Kumar	<ol style="list-style-type: none"> <li>1. History Principles and Foundation of Physical Education – I BPEd</li> <li>2. Curriculum Design and Sports Management – II BPEd</li> <li>3. Sports Technology and Sports Engineering – I MPed</li> <li>4. Theories of Sports and Games and Officiating Part-I – I BPEd</li> <li>5. Sports Psychology and Sports Sociology – II BPEd</li> </ol>	Mass Demonstration Activities – I BPEd		
Dr. A. Sathiyamoorthy	<ol style="list-style-type: none"> <li>1. Anatomy and Physiology – I BPEd</li> <li>2. Sports Medicine Physiotherapy and Rehabilitation – II BPEd</li> <li>3. Obesity and Weight Management – II BPEd</li> <li>4. Physiology of Exercise – I MPed</li> </ol>	1. First-Aid and Injury Management – II BPEd	Sports Medicine Lab	
Dr. P.J. Sebastian	<ol style="list-style-type: none"> <li>1. Scientific Principles of Sports Training – II MPed</li> <li>2. Sports Training – II BPEd</li> </ol>			
Dr. N. Velusamy	<ol style="list-style-type: none"> <li>1. Communication Skill – I BPEd</li> </ol>			
Sri. A. Velayutham	<ol style="list-style-type: none"> <li>1. Computer Application in Physical Education – II BPEd</li> </ol>	-	In-charge for <ul style="list-style-type: none"> <li>• College magazine</li> <li>• Web uploading</li> <li>• Career guidance and counseling</li> </ul>	

## **CODE OF CONDUCT FOR TEACHING & ADMINISTRATIVE STAFF**

1. Staff shall discharge their duties efficiently and diligently to match with the academic standards and performance norms lay down by the College Management from time to time.
2. Staff shall update their knowledge and skills to equip them professionally for the proper discharge of duties assigned to them.
3. Staff shall conduct themselves with absolute dignity and decorum in dealing with the superiors, colleagues and students every time.
4. Staff shall not absent from duties at any time without prior permission from higher-ups.
5. Staff shall not associate with any political party or take part in any other organizational activity, which is not in line with the duties and ethics of the teaching profession.
6. Staff shall not attempt to bring any political or outside pressure on their superior authorities in respect of service matters.
7. Staff shall not participate in any strike or demonstration and / or indulge in any criticism of College Management policy or of the Government for any reason whatsoever.
8. Staff shall not act in any manner that violates the norms of decency or morality in their conduct or behaviour inside and outside the College Campus.
9. Staff shall not incite, provoke or instigate any students or any other member of the staff into any form of action against the

College Management, or that seeks to disrupt the academic activities of the College.

10. Staff shall not by act or deed degrade harass or insult any other person for any reason whatsoever or act in a manner unbecoming of the teaching profession.
11. Staff in the service of the College shall at all the time strive for academic excellence in the discharge of their duties and conduct themselves in the manner of a perfect role model for others to emulate.
12. The College Management may, however, at its sole discretion provide an opportunity to the staff for presenting specific case through a personal hearing before taking a final decision. The decision of the College Management will be final and binding and will not be subject to any appeal to any individual or forum.

## **CODE OF CONDUCT FOR STUDENTS**

1. Students are expected to maintain the highest standard of discipline and dignified manner of behaviour inside as well as outside College campus they shall abide by the rules and regulations of college and should act in a way that the discipline and esteem of the college.
2. All the students are expected to be present in the class well within time late coming will also result in loss of attendance for the corresponding hour.
3. Students should get up from their seat when the teacher enters the classroom and remain standing till the teacher takes his

seat or they are allowed by the teacher to sit. Silence shall be observed during class.

4. Teachers shall be treated appropriately with good morning sir/ good afternoon sir and thank you sir when the teacher leaves the class room.
5. No student shall enter or leave the class room when the session is on without the permission of the teacher concerned.
6. In the events of seminar and workshop it is compulsory that all the students should be present for the entire session.
7. All leave application (regular and medical) shall be submitted in time for sanction by concern class teacher. Application for medical leave shall be accompanied by a valid medical certificate.
8. All the students are expected to attend college functions in college uniform unless otherwise specified.
9. All the students shall wear their identity card.
10. Students are encouraged to make use of the library, common computing facilities and to involve in professional body activities or any program authorized by the college beyond class hours however under normal circumstances students shall Retreat to their hostel for residence by 6:00 p.m.
11. All the students are advised not to use mobile phone in the college campus.
12. Keep the campus neat and clean do not put any waste anywhere in the campus except in the waste basket kept.



13. Conception of intoxicant psychotropic substance in any form or smoking or using chewing gum, pan masala etc. are strictly prohibited.
14. It is strongly advised to refrain from activities such as scribbling or noting on walls, door or furniture which could deface the college and destroy the academic ambience.
15. Carefully handle the furniture, equipment, fixtures and appliance of the college and lab. Careless handling/ misuse of the above could result personal injuries or damages to property.
16. Students are not permitted to arrange any unauthorised celebrations and decorations of any magnitude in the campus.
17. Students are not permitted to disturb or display (both physical and electronically) material such as notices banners etc. in the campus without the permission of the competent authority.
18. Students are expected to make use of academic, co- curricular and extracurricular facilities available to the optimum levels. This will certainly make them physically fit, academically competent, mentally alert and socially sensitive.
19. On duty leave applications will not be entertained beyond 10 working days from the actual date of leave under any circumstance. The maximum number of on duty leave admissible is restricted to 10 days per semester.
20. During internal examinations of 2 hour period, students are not allowed to leave the hall within 1 hour from the beginning of the exam and students have to occupy the seat five minutes before the commencement of the examination.

21. Political activity in any form is not permitted in the college campus. Unauthorised meetings, propaganda, processions or fund collections are forbidden within the college, hostels and outside the college.
22. Harassing juniors, ill treatment to other fellow students or any such form of ragging is objectionable and liable to be treated as criminal offence by the law enforcing agencies as per the directives of Honorable Supreme Court of India.
23. Expulsion from the college is leads to expulsion from the hostel as well.
24. If there is a case against a students for a possible breach of code of conduct, then a committee will be formed to recommend suitable disciplinary action who shall inquire into the alleged violation and accordingly suggest the action to be taken against the said student. The committee may meet with the student to ascertain the time the misconduct and suggest one or more of the following disciplinary actions based on the nature of conduct.
25. Community service- For a specified period of time to be extended if need to need be. However, any future misconduct along with failure to comply with any conditions imposed may lead to severe disciplinary action, including suspension or expulsion.
26. Expulsion- Expulsion of a student from the institute permanently. Indicating prohibition from entering the Institute premises or participating in any student related activities or campus residence etc.
27. Monetary penalty- May also include suspension or forfeiture of scholarship/ Fellowship for a specific time period.

28. Suspension- A student may be suspended for a specified period of time which will entail prohibition in participating the students related activities, classes, programs etc. Additional, the students will be forbidden to use various Institute facilities unless permission is obtained from the competent authority. Suspension may also followed by possible dismissal, along with the following additional penalties. Ineligibility to reply for admission to the institute for a period of three years and withholding the grade card or certificate for the programmes studied in the institute.

### **CODE OF CONDUCT FOR ADMINISTRATIVE OFFICER**

1. All matters related to UGC/College to be checked corrected and make available to the Principal/ Director & Secretary.
2. Attending 6 days in a week and whenever required extend it to clear pending duties.
3. Keeping list of students having fees arrears up to date, taking appropriate follow-up as per the direction of the management.
4. All the requirements related to the college like Library/ Class room/ Staff room/ Computer Lab/ other labs of the college has to be assessed and invite quotations from different vendors and do the comparative study on price and quality before the purchase. (The quotations can be forwarded to Management for finalization and clarifications).
5. Don't involve in irrelevant discussion and maintain silence in the office and surroundings.
6. Responsibility for the overall performance and monitoring of the college developmental activities.

7. Gathering, adapting, storing and distributing information's within the College.
8. Organizing, providing leadership and controlling all administrative functions in the department.
9. Rendering a service to other functions within the organization.
10. Efficient housekeeping & catering requirement for guest / employee.
11. Liaison works with all Government offices like Collector (students' scholarship), Police station (Any problem solving), Telephone Electricity, Water, Panchayat, etc.
12. Monitor printing and updating documents of the organization.
13. Maintenance and supervision of all office and academic records.





## What Our Emblem Signifies

The wavy waters in the picture are symbolic of Karma, the lotus of Bhakti and the rising sun of Jnana. The encircling serpent is indicative of yoga and the awakened Kundalini Shakti, while the swan in the picture stands for the Paramatman. Therefore, the idea of the picture is that by the union of Karma, Jnana, Bhakti and Yoga the vision of the Paramatman is obtained.

- *Swami Vivekananda*

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## The Olympic Oath

*"In the name of all competitors, I promise that we shall take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of sportsmanship, for the glory of sport and the honour of our teams."*

### THE OLYMPIC MOTTO

*"Citius, Altius, Fortius - Communiter"*

*These three Latin words mean*

*"Faster, Higher, Stronger - Together"*

## CALENDER 2021-2022

<b>Date</b>	<b>Day</b>	<b>AUGUST - 2021</b>
1	Sunday	
2	Monday	
3	Tuesday	
4	Wednesday	
5	Thursday	
6	Friday	
7	Saturday	
8	Sunday	
9	Monday	Online classes begin
10	Tuesday	
11	Wednesday	
12	Thursday	
13	Friday	
14	Saturday	
15	Sunday	Independence Day
16	Monday	
17	Tuesday	
18	Wednesday	
19	Thursday	
20	Friday	Muharram
21	Saturday	Onam
22	Sunday	
23	Monday	
24	Tuesday	
25	Wednesday	
26	Thursday	
27	Friday	
28	Saturday	
29	Sunday	
30	Monday	
31	Tuesday	

<b>Date</b>	<b>Day</b>	<b>SEPTEMBER - 2021</b>
1	Wednesday	Off line classes begin
2	Thursday	
3	Friday	
4	Saturday	Teacher's day celebration
5	Sunday	
6	Monday	
7	Tuesday	Faculty Development Programme
8	Wednesday	Faculty Development Programme
9	Thursday	VinayakaChaturthi celebration
10	Friday	Ganesh Chaturthi/VinayakaChaturthi
11	Saturday	
12	Sunday	
13	Monday	
14	Tuesday	Off line class begin for 1st years/ Student Induction Programme for freshers/ CIA-I Test (BPed -II &MPed- II)
15	Wednesday	Induction Programme for freshers/CIA-I Test (BPed -II & MPed- II)
16	Thursday	
17	Friday	CIA-I Test (BPed -II &MPed- II)
18	Saturday	CIA-I Test (BPed -II &MPed- II)
19	Sunday	Student Literary Association & Intramural Committee Group Division
20	Monday	
21	Tuesday	
22	Wednesday	
23	Thursday	
24	Friday	Inaugurations of Student Literary Association & Intramural
25	Saturday	
26	Sunday	
27	Monday	
28	Tuesday	
29	Wednesday	
30	Thursday	

<b>Date</b>	<b>Day</b>	<b>OCTOBER - 2021</b>
1	Friday	
2	Saturday	Mahatma Gandhi Jayanti
3	Sunday	
4	Monday	
5	Tuesday	
6	Wednesday	First Project track & Field sports meet
7	Thursday	Guest Lecture
8	Friday	
9	Saturday	
10	Sunday	
11	Monday	First Day of Durga Puja Festivities
12	Tuesday	
13	Wednesday	Saraswathi Pooja Celebration
14	Thursday	
15	Friday	
16	Saturday	
17	Sunday	
18	Monday	
19	Tuesday	Milad un-Nabi/Id-e-Milad
20	Wednesday	
21	Thursday	
22	Friday	
23	Saturday	
24	Sunday	
25	Monday	
26	Tuesday	
27	Wednesday	
28	Thursday	NSS Inaugural Programme
29	Friday	Vigilance Awareness Week Celebration
30	Saturday	
31	Sunday	



<b>Date</b>	<b>Day</b>	<b>NOVEMBER - 2021</b>
1	Monday	
2	Tuesday	
3	Wednesday	
4	Thursday	Diwali/Deepavali
5	Friday	
6	Saturday	
7	Sunday	
8	Monday	
9	Tuesday	
10	Wednesday	
11	Thursday	
12	Friday	
13	Saturday	
14	Sunday	
15	Monday	Internal Practical (BPed -II & MPed- II)
16	Tuesday	
17	Wednesday	External Practical (BPed -II & MPed- II)
18	Thursday	CIA-II Test (BPed -I & MPed- I) PRESEMESTER (BPed -II & MPed- II)
19	Friday	
20	Saturday	
21	Sunday	
22	Monday	
23	Tuesday	
24	Wednesday	
25	Thursday	
26	Friday	Constitution Day
27	Saturday	
28	Sunday	
29	Monday	
30	Tuesday	

<b>Date</b>	<b>Day</b>	<b>DECEMBER - 2021</b>
1	Wednesday	Intercollegiate Badminton Tournament
2	Thursday	
3	Friday	
4	Saturday	
5	Sunday	
6	Monday	
7	Tuesday	
8	Wednesday	Intercollegiate Ball Badminton Tennis & Table Tennis Tournament
9	Thursday	
10	Friday	
11	Saturday	
12	Sunday	
13	Monday	
14	Tuesday	Intercollegiate Cricket Tournament
15	Wednesday	
16	Thursday	
17	Friday	
18	Saturday	
19	Sunday	
20	Monday	
21	Tuesday	
22	Wednesday	
23	Thursday	
24	Friday	
25	Saturday	Christmas
26	Sunday	
27	Monday	
28	Tuesday	
29	Wednesday	
30	Thursday	
31	Friday	

<b>Date</b>	<b>Day</b>	<b>JANUARY - 2022</b>
1	Saturday	Kalpatharu Day/ New Year's Day
2	Sunday	Anjaneyar Jayanthi
3	Monday	
4	Tuesday	
5	Wednesday	
6	Thursday	
7	Friday	
8	Saturday	
9	Sunday	
10	Monday	
11	Tuesday	
12	Wednesday	National Youth Day/ Swami Vivekananda Jayanti
13	Thursday	Boghi
14	Friday	
15	Saturday	Surya Pongal/ Thiruvalluvar Day
16	Sunday	MattuPongal/ UzhavarThirunal
17	Monday	External Practical (BPed -I & MPed- I)
18	Tuesday	
19	Wednesday	
20	Thursday	
21	Friday	
22	Saturday	Internal Practical (BPed -I & MPed- I)
23	Sunday	
24	Monday	
25	Tuesday	
26	Wednesday	Republic Day
27	Thursday	
28	Friday	Leadership Training Camp
29	Saturday	
30	Sunday	
31	Monday	

<b>Date</b>	<b>Day</b>	<b>FEBRUARY - 2022</b>
1	Tuesday	Vidyalaya Foundation Day /Online Pre semester (BPEd -I & MPEd- I)
2	Wednesday	
3	Thursday	Online Pre semester (BPEd -I &MPEd- I)
4	Friday	
5	Saturday	
6	Sunday	
7	Monday	
8	Tuesday	
9	Wednesday	
10	Thursday	
11	Friday	
12	Saturday	Online Semester (BPEd -I & MPEd- I)
13	Sunday	
14	Monday	
15	Tuesday	
16	Wednesday	Off line Classes Begin for Even Semester
17	Thursday	
18	Friday	
19	Saturday	
20	Sunday	
21	Monday	Guest lecture
22	Tuesday	
23	Wednesday	
24	Thursday	
25	Friday	Second Project track & Field sports meet
26	Saturday	
27	Sunday	
28	Monday	

<b>Date</b>	<b>Day</b>	<b>MARCH - 2022</b>	
1	Tuesday		
2	Wednesday		
3	Thursday		
4	Friday		
5	Saturday		
6	Sunday		
7	Monday	Student Exchange Programme	
8	Tuesday		
9	Wednesday		
10	Thursday		
11	Friday		
12	Saturday		
13	Sunday		
14	Monday		
15	Tuesday		Play Festival Programme
16	Wednesday		
17	Thursday	Placement Counselling Programme	
18	Friday	Faculty Development Programme	
19	Saturday		
20	Sunday		
21	Monday		
22	Tuesday	Workshop on Laughter Yoga	
23	Wednesday		
24	Thursday		
25	Friday	Third Project track & Field sports meet	
26	Saturday		
27	Sunday		
28	Monday		
29	Tuesday	CIA-I Test (BPEd & MPEd)	
30	Wednesday		
31	Thursday		

<b>Date</b>	<b>Day</b>	<b>APRIL - 2022</b>
1	Friday	
2	Saturday	Telugu New Year
3	Sunday	
4	Monday	
5	Tuesday	
6	Wednesday	
7	Thursday	
8	Friday	
9	Saturday	
10	Sunday	Ram Navami
11	Monday	
12	Tuesday	
13	Wednesday	Ugadi
14	Thursday	Mahavir Jayanti / Tamil New Year / Dr Ambedkar Jayanti / Vishu
15	Friday	Good Friday
16	Saturday	
17	Sunday	Easter
18	Monday	
19	Tuesday	
20	Wednesday	
21	Thursday	
22	Friday	
23	Saturday	
24	Sunday	
25	Monday	
26	Tuesday	
27	Wednesday	
28	Thursday	CIA-II Test (BPEd & MPEd)
29	Friday	
30	Saturday	

<b>Date</b>	<b>Day</b>	<b>MAY - 2022</b>
1	Sunday	May Day
2	Monday	
3	Tuesday	
4	Wednesday	
5	Thursday	
6	Friday	
7	Saturday	
8	Sunday	
9	Monday	
10	Tuesday	
11	Wednesday	
12	Thursday	Fort Project Sports Meet
13	Friday	
14	Saturday	International Day of yoga
15	Sunday	
16	Monday	Mentor Mentee Meeting
17	Tuesday	
18	Wednesday	
19	Thursday	Internal Practical (BPEd & MPEd)
20	Friday	
21	Saturday	
22	Sunday	
23	Monday	External Practical / Thesis Submission
24	Tuesday	External Practical
25	Wednesday	
26	Thursday	
27	Friday	
28	Saturday	
29	Sunday	PRE SEMESTER
30	Monday	
31	Tuesday	

<b>Date</b>	<b>Day</b>	<b>JUNE - 2022</b>
1	Wednesday	SEMESTER
2	Thursday	
3	Friday	
4	Saturday	
5	Sunday	
6	Monday	
7	Tuesday	
8	Wednesday	
9	Thursday	
10	Friday	
11	Saturday	
12	Sunday	
13	Monday	
14	Tuesday	
15	Wednesday	
16	Thursday	
17	Friday	
18	Saturday	
19	Sunday	
20	Monday	
21	Tuesday	
22	Wednesday	
23	Thursday	
24	Friday	
25	Saturday	
26	Sunday	
27	Monday	
28	Tuesday	
29	Wednesday	
30	Thursday	



## EXAMINATION DATES

Programme	Batch	Year	Semester	Name of the Examination	Month & Year	Date
BPEd & MPed	2020-2022	2nd year	3rd sem	CIA-I TEST	September-2021	13.09.2021 to 17.09.2021
BPEd & MPed	2021-2023	1st year	1st sem	CIA-I TEST	October-2021	20.10.2021 to 23.10.2021
BPEd & MPed	2020-2022	2nd year	3rd sem	CIA-II TEST		
BPEd & MPed	2021-2023	1st year	1st sem	CIA-II TEST	November-2021	18.11.2021 to 22.11.2021
BPEd & MPed	2020-2022	2nd year	3rd sem	PRESEMESTER		
BPEd & MPed	2020-2022	2nd year	3rd sem	INTERNAL PRACTICAL	November-2021	15.11.2021 to 16.11.2021
BPEd & MPed	2021-2023	1st year	1st sem		January-2021	04.01.2022 & 05.01.2022
BPEd & MPed	2020-2022	2nd year	3rd sem	EXTERNAL PRACTICAL	November-2021	17.11.2021
BPEd & MPed	2021-2023	1st year	1st sem		January-2021	17.01.2022
BPEd & MPed	2021-2023	1st year	1st sem	ONLINE PRESEMESTER	February-2021	01.02.2022 to 04.02.2022

<b>Programme</b>	<b>Batch</b>	<b>Year</b>	<b>Semester</b>	<b>Name of the Examination</b>	<b>Month &amp; Year</b>	<b>Date</b>
BPEd & MPed	2020-2022	2nd year	3rd sem	ONLINE SEMESTER	February-2021	10.02.2022 to 15.02.2022
BPEd & MPed	2021-2023	1st year	1st sem			
BPEd & MPed	2020-22 & 2021-23	1st & 2nd year	2nd & 4th Sem	CIA-I TEST	March-2021	28.03.2022 to 31.03.2022
BPEd & MPed	2020-22 & 2021-23	1st & 2nd year	2nd & 4th Sem	CIA-II TEST	April-2022	27.04.2022 to 30.04.2022
BPEd & MPed	2020-22 & 2021-23	1st & 2nd year	2nd & 4th Sem	INTERNAL PRACTICAL	May-2022	18.05.2022 to 20.05.2022
BPEd & MPed	2020-22 & 2021-23	1st & 2nd year	2nd & 4th Sem	EXTERNAL PRACTICAL	May-2022	23.05.2022 & 24.05.2022
BPEd & MPed	2020-22 & 2021-23	1st & 2nd year	2nd & 4th Sem	PRESEMIESTER	May-2022	27.05.2022 to 31.05.2022
BPEd & MPed	2020-22 & 2021-23	1st & 2nd year	2nd & 4th Sem	SEMIESTER	June-2022	06.06.2022 to 10.06.2022

# TIME TABLE - I Semester

PERIODS DAYS	6.30 am - 7.30 am	7.30 am - 8.30 am	10.00 am - 11.00 am	11.00 am - 11.55 am	Interval		12.05 pm - 1.00 pm	Lunch		4.00 pm - 5.00 pm	5.00 pm - 6.00 pm
	MONDAY										
TUESDAY											
WEDNESDAY											
THURSDAY											
FRIDAY											
SATURDAY											

# TIME TABLE - II Semester

PERIODS DAYS	6.30 am - 7.30 am	7.30 am - 8.30 am	10.00 am - 11.00 am	11.00 am - 11.55 am	12.05 pm - 1.00 pm	4.00 pm - 5.00 pm	5.00 pm - 6.00 pm
MONDAY							
TUESDAY							
WEDNESDAY							
THURSDAY							
FRIDAY							
SATURDAY							



## NOTES

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# CALENDAR FOR 2022

## JANUARY

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## FEBRUARY

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

## MARCH

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## APRIL

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## MAY

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## JUNE

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## JULY

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	3
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## AUGUST

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## SEPTEMBER

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## OCTOBER

Su	Mo	Tu	We	Th	Fr	Sa
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

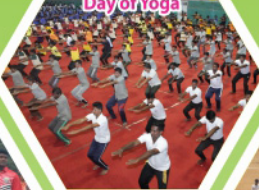
## NOVEMBER

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## DECEMBER

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**International  
Day of Yoga**



**Project Sports Meet**



**College Building**



**Inter-collegiate  
Tournaments**



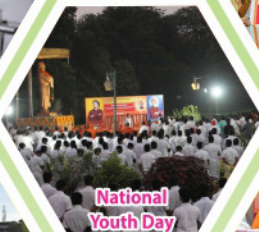
**MCPE**



**National Service  
Scheme**



**National  
Youth Day**



**Republic Day**



**Play Festival**

