



SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION

An Autonomous College Re-Accredited by NAAC
(Affiliated to the Tamil Nadu Physical Education and Sports University, Chennai)
COIMBATORE - 641 020



ACADEMIC CALENDAR 2022 – 2023



CALENDAR FOR 2022

January 2022

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February 2022

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March 2022

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April 2022

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2022

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2022

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

July 2022

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August 2022

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2022

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2022

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2022

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

SRI RAMAKRISHNA MISSION VIDYALAYA
MARUTHI COLLEGE OF PHYSICAL EDUCATION
(An Autonomous College Reaccredited by NAAC)

(Affiliated to the Tamil Nadu Physical Education & Sports University, Chennai)

SRKV Post, Periyanaickenpalayam, Coimbatore - 641 020.

Phone: 0422 - 2692443, Email: rmmcpe@gmail.com,

Website: www.srkvmcpe.org

Recognised by

National Council for Teacher Education

&

Government of Tamil Nadu



ACADEMIC CALENDAR
2022 – 2023

வழிபாடு

சரஸ்வதி தியான ஸ்லோகம்

சரஸ்வதி நமஸ்துப்யம் வரதே காமரூபிணி
வித்யராம்பம் கரிஷ்யாமி: சித்திர் பவதுமே ஸதா!!

சரஸ்வதி தேவியே! வேண்டிய வரங்களைத் தருபவளே!
உனக்கு நமஸ்காரம்! இப்போது நான் கல்வி, கலைகளை படிக்கத்
துவங்குகிறேன். எனக்கு எப்போதும் வெற்றியைத் தந்தருள
வேண்டும்.

ஸ்ரீராமகிருஷ்ண ஸ்தோத்திரம்

ஓம் ஸ்தாபகாய ச தர்மஸ்ய ஸர்வதர்மஸ்வரூபிணே
அவதார வரிஷ்டாய ராமக்ருஷ்ணாய தே நம :

ஓம். அறத்தை நிலைநாட்டியவனே, அனைத்து அறங்களின்
வடிவானவனே, அவதாரங்களுள் தலைசிறந்தவனே! உனக்கு
வணக்கம்!

ஸ்ரீ சாரதாதேவி ஸ்தோத்திரம்

ஐனனீம் ஸாரதாம் தேவீம் ராமக்ருஷ்ணம் ஜகத்குரும்
பாதபத்மே தயோ : ச்ரித்வா ப்ரணமாமி முஹூர்முஹூ

உலக அன்னையாகிய சாரதாதேவியுடையவும் உலக
குருவாகிய ஸ்ரீராமகிருஷ்ணருடையவும் தாமரைப் பாதங்களைச்
சரணடைந்து மீண்டும் மீண்டும் வணங்குகிறேன்!

விவேகானந்த பஞ்சகம்

ஓம் நம : ஸ்ரீயதிராஜாய விவேகானந்த ஸுரயே
ஸச்சித்ஸுக ஸ்வரூபாய ஸ்வாமினே தாபஹாரினே

துறவி வேந்தரும், உண்மை அறிவு இன்பம் வடிவினரும், எல்லா
துயரங்களையும் போக்குபவரும் ஆகிய விவேகானந்த ரிஷியை
வணங்குகிறேன்.

NATIONAL ANTHEM
Jana-Gana-Mana
(Thou Art the Ruler of All Minds)

The Indian National anthem, composed originally in Bengali by Rabindranath Tagore, was adopted in its Hindi version by the Constituent Assembly as the National Anthem of India on 24 January 1950. It was first sung on 27 December 1911 at the Calcutta session of the Indian National Congress. The complete song consists of five stanzas. The lyrics were rendered into English by Tagore himself.

"Jana-gana-mana-adhinayaka jaya he
Bharata-bhagya-vidhata.
Punjaba-Sindhu-Gujarata-Maratha-
Dravida-Utkala-Banga
Vindhya-Himachala-Yamuna-Ganga
Uchchhala-jaladhi-taranga
Tava Subha name jage,
Tava Subha asisa mage,
Gahe tava jaya-gatha.
Jana-gana-mangala-dayaka jaya he
Bharata-bhagya-vidhata.
Jaya he, jaya he, jaya he
Jaya jaya, jaya, jaya he."

Translation of the national anthem - Jana Gana Mana in English:

Thou are the ruler of the minds of all people, dispenser of India's destiny. The name rouses the hearts of Punjab, Sind, Gujarat and Maratha. Of the Dravid and Orissa and Bengal. It Echoes in the hills of Vindhyas and Himalayas, mingles in the music of Yamuna and Ganga and is chanted by the waves of the Indian Sea. They pray for your blessing and sing the praise. The salvation of all people – is thy hand, thou dispenser of India's destiny. Victory, Victory, Victory to these.

தமிழ்த்தாய் வாழ்த்து

நீராருங்கடலுடுத்த நிலமடந்தைக் கெழிலொழுக்கும்
சீராரும் வதனமெனத் திகழ்பரதக் கண்டமிதில்
தெக்கணமும் அதிற்சிறந்த திராவிடநல் திருநாடும்
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே
அத்திலக வாசனைபோல் அனைத்துலகும் இன்பமுற
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!
தமிழணங்கே!

உன் சீரிளமைத் திறம்வியந்து
செயல்மறந்து வாழ்த்துதுமே!

வாழ்த்துதுமே!

வாழ்த்துதுமே!

— மனோன்மனீயம் பெ. சுந்தரம்பிள்ளை

கொடிப்பாடல்

வித்தை யருளும் அன்னையின்
விளங்கு கொடியைப் போற்றுவோம்
சத்தியத்தின் கொடியிது சேவைத் தியாகக் கொடியிது அறம்
வளர்க்க வந்த நல் அருளைக் காட்டும் கொடியிது

பரமஹம்ச தேவரின் பிரியமான கொடியிது
தமிழ்மணம் விரித்திடும் தாயின் பெருமைக் கொடியிது
அமிழ்தில் இனிய அன்பினால் அணைத்து
நாங்கள் வாழுவே

அண்ணன் தம்பிமார்களாய் அகமகிழ்ந்து கூடியே
திண்மை யறிவு ஞானமும் தெய்வபக்தி தன்னுடன்
அன்பு செய்து வாழுவோம் ஆண்மையைப் பெருக்குவோம்
இன்ப மெய்தி யாவரும் இருக்க என்றும் நாடுவோம்

— ம.ப. பெரியசாமித்தூரன்

காயத்ரீ மந்திரம்

ஓம் பூர்புவஸ்ஸுவ : | தத்ஸவித்ராவரேண்யம் |

பர்கோ தேவஸ்ய தீமஹி |

தியோ யோ ந : ப்ரசோதயாத் ||

யார் நம் அறிவைத் தூண்டுகிறாரோ அந்தச் சுடர்க்
கடவுளின் மேலான ஒளியைத் தியானிப்போமாக.

ப்ருஹதாரண்யக உபநிஷத்

அஸதோ மா ஸத்கமய |

தமஸோ மா ஜ்யோதிர்கமய |

ம்ருத்யோர்மா அம்ருதங் கமய ||

ஓம் சாந்தி : சாந்தி : சாந்தி :

விநாயகர் துதி

சுக்லாம் பரதரம் விஷ்ணும் சசிவர்ணம் சதுர்புஜம்

பிரசன்ன வதனம் த்யாயேத் சர்வ விக்னோப சாந்தயே.

தூய்மையான வெண்ணிற ஆடை உடுத்தியவரும், எல்லா
இடங்களிலும் வியாபித்திருப்பவரும், சந்திரன் போன்ற நிறத்தை
உடையவரும், நான்கு கைகளை உடையவரும், எப்பொழுதும்
அருள் புரியக்கூடிய முகத்தை உடையவருமாகிய விநாயகரை
எல்லா இடையூறுகளும் நீங்குவதற்காக வணங்குகிறேன்.



சரஸ்வதி துதி

ஸரஸ்வதி நமஸ்துப்யம்

வரதே காமரூபிணி

வித்யா ரம்பம் கரிஷ்யாமி

ஸித்திர் பவதுமே ஸதா

அனைவராலும் விரும்பத்தகும் உருவத்தை உடையவளும்,
வேண்டிய வரங்களைத் தருபவளும் ஆகிய சரஸ்வதி தேவியே நான்
ஆரம்பிக்கும் இக்கல்வி சித்தியடைய உன்னை வணங்குகிறேன்.



குரு ஸ்தோத்திரம்

குருர் ப்ரம்மா குருர் விஷ்ணு;

குருர் தேவோ மகேச்வர;

குருஸாக்ஷாத் பரப்பிரம்ம

தஸ்மை ஸ்ரீ குரவே நம:

குருவே ப்ரம்மா! குருவே விஷ்ணு! குருவே மஹேஸ்வரன்!
குருவே பரப்ரம்மம்! அத்தகைய குருவை நான் வணங்குகிறேன்.



சீந்திரபைரவி

குருதேவா ஜெய குருதேவா
திருவருள் புரிவாய் குருதேவா

கருணையின் உருவே கற்பகத் தருவே
காருண்ய சீலா கலியுக வரதா
பொற்பதம் பணிந்தேன் சற்குரு தேவா
நற்கதி எனக்கு நீ தருவாயே (குருதேவா)

அன்னையும் நீயே தந்தையும் நீயே
ஆதியும் நீயே அந்தமும் நீயே
சாரதை நாதா சகலமும் நீயே
சரணடைந்தேனே உனதருள் வேண்டி (குருதேவா)



தேஷ - ஏக்தாள்

ஜய ஜய ஓம் சக்தி சாரத மா
ஜய ஜய சிவ சக்தி சாரத மா |
ஜய நாராயணி சாரத மா
சங்கரி நாரணி சாரத மா ||
மாத்ரு ஸ்வரூபிணி சாரத மா
மங்கள தாயினி சாரத மா ||



மத்யாமவதி

தாளம்: ஆதி

பல்லவி

ஐய ஸ்ரீராமகிருஷ்ண தேவா
ஐய ஐய சத்குரு நாதா

அனுபல்லவி

மயலால் மீடியுண்டு வாடும் குவலயம்
தயவால் உயிர்த்தோங்கத் தோன்றிய முகிலே

சரணம்

சாந்தம் வடியும் உன் சந்நிதி வந்ததும்
சந்தேகம் சஞ்சலம் சாம்பராய்ப் போயின
காந்திச் சுடர் விடும் கருணா ரூபனே
கைகொடுத்தெங்களைக் கரையேற்றும் ஐயனே

— ம. ப. பெரியசாமித்தூரன்



BIO - DATA

1. a) Name :
b) Class :
2. a) Father's Name :
b) Father's Occupation :
3. Date of Birth :
4. a) Age :
b) Height :
c) Weight :
d) Blood Group :
e) Aadhaar No. :
f) Email ID :
5. Nationality :
6. Religion :
7. Educational Qualification :
8. Extra - curricular Activities :
9. Highest Sports Performance:
10. Interests :
11. Present Address :
12. Permanent Address :
13. Contact Number :

College Profile

Ramakrishna Mission Vidyalaya

The Ramakrishna Mission Vidyalaya, Coimbatore, a vast complex of 14 educational service wings, commenced its activities in 1930 with the blessings of Bhagavan Sri Ramakrishna. Father of the Nation, Mahatma Gandhi, laid the foundation stone of the first wing, a school. Sri T.S. Avinashilingam, the Founder-Director, nurtured the Vidyalaya with his visionary and devoted service. Though it began humbly as a school with a single Harijan student under a thatched roof in Coimbatore in 1930, over the years it grew into a vast educational Complex. It is now spread over an area of 300 acres in Perianaickenpalayam, Coimbatore. The Vidyalaya was affiliated to the Ramakrishna Mission, Belur Math, Howrah, West Bengal, in January 1935. Swami Abhiramanandaji Maharaj is now the Secretary of the Ramakrishna Mission Vidyalaya, Coimbatore. The Vidyalaya institutions are guided by a team of dedicated monks.

SRMV Maruthi College of Physical Education (MCPE)

The Maruthi College of Physical Education (MCPE) is one of the institutions in the Vidyalaya which was started in the year 1956. This institution has been named after the great Ramayana hero, Mahavir, also called Maruthi or Hanuman. Faith and devotion are essential factors in the development of strength in any individual. Personal purity and devotion to a great cause are the necessary requisites for a healthy living. Maruthi, who personified in himself these great qualities, has stood as the ideal of manhood to millions of men in our country. And so it is only fitting that this institution is named after him.

Vision

Striving for excellence in the quality of training teachers and teacher educators in Physical Education and Sports through proper training, effective coaching, in-depth research and field based activities blended with emerging technologies and value based education on par with global standards.

Mission

- ◆ Training committed, competent, and skillful pre-service physical education teachers and teacher educators by equipping them with necessary practical knowledge, skills, right attitude and nurturing holistic values so as to enable them to be creative and confident in fulfilling global demands.
- ◆ Imparting effective coaching by amalgamating basic skills and innovative strategies in order to successfully encounter unforeseen situations.
- ◆ Strengthening scholastic and non-scholastic skills through systematic, field-based and outreach activities integrating appropriate ICT strategies.
- ◆ Encouraging research activities by prioritizing the thrust areas of research through re-visiting emerging trends in the field of Physical Education and Sports.

Goals and Objectives of the Institution

Goals

- ◆ To actualize Swami Vivekananda's educational vision, to impart life-building, man-making and character-building education through a balanced combination of secular and spiritual training.
- ◆ The emblem of the Ramakrishna Mission, conceived and designed by Swami Vivekananda, is an eloquent expression of its goals and objectives.

Objectives

- ◆ To educate the teacher trainees to attain proficiency in Physical Education and Sports
- ◆ To provide the essential professional attributes for teacher trainees
- ◆ To facilitate the teacher trainees to integrate the global challenges by means of innovative and self-assured practices
- ◆ To provide effective coaching in fundamental skills of major games and physical activities to succeed the unexpected circumstances with amazing results

- ◆ To incorporate the ICT strategies among teacher trainees
- ◆ To encourage teacher trainees to identify the essential areas of research in physical education and sports

College Status

- ◆ The Maruthi College of Physical Education was established in 1956 and one of the leading physical education institutions in south India.
- ◆ MCPE is recognized by the National Council of Teacher Education (NCTE).
- ◆ A government aided institute, recognized by the Government of Tamilnadu.
- ◆ National Assessment and Accreditation Council (NAAC) has re-accredited the college with B grade in the year 2016.
- ◆ University Grants Commission has conferred autonomous status to our college from the academic year 2007 - 2008.
- ◆ Registered under UGC Act and College is honoured with 12B & 2F status by UGC.
- ◆ Affiliated to the Tamilnadu Physical Education Sports University, Chennai since 2006.
- ◆ A recognized 'Research centre', which can offer M.Phil and Ph.D programmes.

Statutory Committee

S.No.	Body	No. of Members	Frequency of Meeting
1	College Committee	18	Once in 3 months
2	Governing Body	12	Once in 6 months
3	Academic Council	13	Atleast Twice a year
4	Board of Studies	21	Atleast Twice a year
5	Finance Committee	3	Atleast once a year

Non Statutory Committee

S. No.	Body	No. of Members	Frequency of Meeting
1	Admissions Committee	6	Atleast twice a year
2	Planning and Evaluation Committee	7	Atleast once a year
3	Library Advisory Committee	9	Atleast once a year
4	Grievance Redressal Committee	7	Atleast once a year
5	Ragging Curb Committee	5	Atleast Twice a year
6	Internal Quality Assurance Cell (IQAC)	21	Quarterly
7	Research and Development Cell	7	Twice a year
8	Career Guidance and Placement Cell	3	Twice a year
9	Magazine and E-Newsletter Committee	9	Twice a year
10	Intellectual Property Rights Cell	10	Twice a year
11	Guidance and Counseling Cell	6	Twice a year
12	Curriculum Development Cell	9	Twice a year
13	National Service Scheme (NSS)	3	Twice a year
14	Maruthi Alumni Association	13	Twice a year
15	Anti Ragging Committee	8	Twice a year
16	Internal Complaint Committee	8	Twice a year
17	Student Literary Association	6	Twice a year
18	Intramural Committee	4	Twice a year
19	Discipline Committee	7	Twice a year
20	Examination Committee	8	Twice a year
21	Feedback Committee	9	Twice a year
22	Social and Environmental Sensitization Club	4	Twice a year
23	Composition of Academic Audit	4	Once a year
24	Competitive Examination Cell (CEC)	9	Twice a year

PARTICULARS OF COLLEGE

Name of the College with Postal Address	: Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, SRKV Post, Periyanaickenpalayam, Coimbatore - 641 020.
Statutory Committee	: Furnished in Page No. 11
Non Statutory Committee	: Furnished in Page No. 12
College Telephone Number	: 0422 - 2692443
College Website & Mail ID	: www.srkvmcpe.org ; rmmcpe@gmail.com
Name, Address, Telephone of the Secretary	: Swami Virahananda Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020. Ph.: 0422 - 2692443
Name, Address, Telephone of the Principal	: Dr. Ch. VST Saikumar Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020. Ph.: 0422 - 2692443
Year of Establishment	: 1956
Autonomous College Since	: 2007 - 2008
Reaccredited by NAAC in	: 2016
Details of Programmes Offered	: PhD - Full Time & Part Time MPed - Full Time (2 years) BPed - Full Time (2 years) BPES - Full Time (3 years)
Details of Teaching & Administrative Staff	: Furnished in Page No. 37 & 38

PROGRAMMES

Bachelor of Physical Education and Sports

(B.P.E.S)

REGULATIONS

Eligibility for Admission

- ◆ Applicants should have passed the +2 examination in the 10+2 pattern of the Government of Tamil Nadu or any other equivalent examination recognized by the Government of Tamil Nadu or approved by the Tamil Nadu Physical Education and Sports University.
- ◆ School representation in any game or sport is mandatory for the applicants.
- ◆ The candidates should not have completed 21 years of age as of 1st July. However, a relaxation of 3 years shall be given for SC/ST candidates.
- ◆ Only male candidates are eligible for admission to the B.P.E.S degree.
- ◆ The candidate must be medically fit and free from any deformities students will undergo a medical examination at the time of admission.
- ◆ Admission shall be made on the basis of ranking for a total of 150 marks as detailed below.

S.No	Description	Marks
1	Qualifying Examination	25 marks
2	Participation in Games & Sports	25 marks
3	Games Skill test	50 marks
4	Track and Field Skill Test	50 marks
	Total	150 marks

Note: Marks obtained in the Qualifying Examination shall be converted to a maximum of 25 marks. For example, if a candidate secured 400 marks out of 600. His marks for qualifying examinations are $(400/600) \times 25 = 12.50$ marks.

Elective / Optional Courses

SEMESTER - I

Course Code	Title of the Course
Generic elective course	
221BGE1	<i>Computer Application</i>

SEMESTER - II

Course Code	Title of the Course
Generic elective course	
222BGE1	<i>Communicative English</i>

SEMESTER - III

Course Code	Title of the Course
Generic elective course	
223BGE1	<i>Environmental Science</i>

SEMESTER - IV

Course Code	Title of the Course
Discipline Specific elective course	
224BPD2	<i>Methods in Physical Education</i>
Skill-based elective course	
224BPS1	<i>Value Education and Indian Culture & Heritage</i>
Ability Enhancement Compulsory course	
224BPA1	<i>Obesity and Weight Management</i>

SEMESTER - V

Course Code	Title of the Course
Discipline Specific elective course	
225BPD1	<i>Adapted Physical Education</i>

SEMESTER - VI

Course Code	Title of the Course
Discipline Specific elective course	
226BPD1	<i>Sports Management</i>
Skill-based elective course	
226BPS1	<i>Test, Measurement and Evaluation</i>
Ability Enhancement Compulsory courses	
226BPA1	<i>Project</i>

* Every week 3 hours are allotted for elective / optional courses

Bachelor of Physical Education (B.P.Ed.)

Bachelor of Physical Education (B.P.Ed.) two years (Four Semesters Choice Based Credit System) programme is a professional programme meant for preparing teachers of physical education in classes VI to X and for conducting physical education and sports activities in classes XI and XII.

Eligibility Criteria

A candidate shall be eligible for admission to the Bachelor of Physical Education (BPEd) if he has taken a degree with 50% marks of a recognized university subject to the following conditions. The candidate should not have completed 30 years of age as on 1st July. However, relaxation of 3 years may be given for SC / ST Ex-servicemen. Experienced Physical Education Teachers shall be given relaxation of 6 years of age. He must have represented the college / university / inter-zonal / school competition / district / state in anyone of the games or athletics (as included in the inter-university competitions / IOA / SGFI / Govt of India). Graduates in Physical Education with 45% marks.

Admission Procedure

Qualifying marks Scored in UG	20 Marks
Games & Sports Certificate	25 Marks
Game Skills test (anyone game)	50 Marks
Track and Field Skill Test (100 mts, Long Jump, Shot Put)	50 Marks
Bonus marks for degree certificate in BSc Phy. Edu. / BPES or DPED	5 Marks
Total	150 Marks

Qualifying Examination

(Maximum 20 marks). Marks obtained in total at the degree level (other than BPE/BPES) should be converted to a maximum marks of 20. For graduates in Physical Education percentage of marks is calculated considering the total marks obtained.

ELECTIVE / OPTIONAL COURSES

SEMESTER - I & II

Course Code	Title of the Course
Discipline Specific Elective Courses (Any one)	
Any one paper from the basket of choices of first year	
221BDE / 222BDE	<i>Olympic Movements</i>
	<i>Health Education and Environmental Studies</i>
	<i>Contemporary Issues in Physical Education, Fitness and Wellness</i>
	<i>Sports Nutrition</i>
Ability and Skill Enhancement courses (any one)	
Semester - I	
221BAE	<i>Communication Skills and Soft Skills</i>
	<i>Diversified System of School Education</i>
Semester - II	
222BAE	<i>Social Health and Sports Services</i>
	<i>Fitness Equipment Management</i>

SEMESTER – III & IV

Course Code	Title of the Course
Discipline Specific Elective Courses (Any one)	
Any one paper from the basket of choices of second year	
223BDE	<i>Sports Management and Curriculum Design</i>
	<i>Computer Applications in Physical Education</i>
	<i>Sports Medicine, Sports Physiotherapy and Sports Rehabilitation</i>
	<i>Sports Psychology and Sociology</i>
Generic Elective Course	
Any one paper from the basket of choices of Generic electives	
223BGE	<i>Indian Cultural and Heritage</i>
	<i>Environmental Studies</i>
Ability and Skill enhancement courses (any one)	
Semester - III	
223BAE	<i>Online Courses</i>
	<i>Obesity and Weight Management</i>
Semester - IV	
224BAE	<i>Official / referee qualify examination</i>
	<i>Village Placement Programme</i>

*** Every week 3 hours are allotted for elective / optional courses**

Master of Physical Education (M.P.Ed.)

The Master of Physical Education (M.P.Ed.) two years (Four Semesters Choice Based Credit System) programme is a professional programme meant for preparing teachers of physical education for conducting physical education and sports activities in classes XI and XII as well as Assistant Professor / Directors / Sports Officers in Colleges / Universities and Teacher Education in College of Physical Education.

Eligibility Criteria

A candidate for admission to the Master of Physical Education (MPed) degree programme should have passed BPEd examination from any recognised university. They must have represented district/college/university/state in any one of the games or sports. He must be medically fit and free from physical deformities. Students will undergo medical examination at the time of admission. Candidates who have obtained at least 50% marks in the BPEd degree / BPEd (Integrated) 4 years professional degree are eligible for admission. The reservation for SC / ST / OBC and other categories shall be as per the rules of the Central Government / State Government, whichever is applicable.

Or

Graduate with Physical education as an elective subject with 40% marks.

Or

Graduate having participated in National / State / Inter-University sports I games / athletics I SGFI.

Admission Procedure

Qualifying Examination (BPEd)	25 Marks
Games & Sports Certificate	25 Marks
Game / Athletic proficiency	50 Marks
Written Test	35 Marks
Personal Interview	15 Marks
Total	150 Marks

ELECTIVE / OPTIONAL COURSES

SEMESTER - I & II

Course Code	Title of the Course
Disciplines Specific Elective Course (Anyone)	
Any one paper from the basket of choices of first year	
221MECA / 222MECA	<i>Adapted Physical Education</i>
221MECB / 222MECB	<i>Sports Technology & Sports Engineering</i>

221MECC / 222MECC	<i>Yogic Science</i>
221MECD / 222MECD	<i>Sports Management and Curriculum Design in Physical Education</i>
Ability and Skill Enhancement Course (Any one)	
Semester - I	
221AEC1	<i>Personality Development and Life Coping Skills</i>
221AEC2	<i>Management of Hypokinetic Diseases</i>
Semester - II	
222AEC1	<i>Ability Enhancement Compulsory Course - Life Skill Management</i>
222CCC1	<i>Co-Curricular Course– Village Placement Programme</i>

SEMESTER - III & IV

Course Code	Title of the Course
Discipline Specific Elective Courses for Second Year (Any one)	
223MECA / 224MECA	<i>Health Education and Sports Nutrition</i>
223MECB / 224MECB	<i>Physical Fitness and Wellness</i>
223MECC / 224MECC	<i>Special Olympics</i>
223MECD / 224MECD	<i>Sports Journalism and Mass Media</i>
Generic Elective Course (Semester III)	
223MGEC1	<i>Indian Cultural Heritage</i>
223MGEC2	<i>Value and Environmental Education</i>
Ability and Skill Enhancement Course (Any one)	
Semester - III	
223SEC1	<i>Software Based Statistical Application in Physical Education</i>
223SEC2	<i>Management of Training Gadgets</i>

Semester - IV

224SEC1	<i>Skill Enhancement Course – Any Approved Online course</i>
224SEC2	<i>Professional Preparation for SET / NET in Physical Education</i>

*** Every week 3 hours are allotted for elective / optional courses**

Doctor of Philosophy (Ph.D.)

Rules and Regulations for Ph.D The candidates who secure 50% of the total marks altogether in entrance test, Interview and PG Degree are eligible for Ph.D. admission. The candidates qualified in NET/SLET/other National Level Eligibility Test are exempted from entrance test and they have to appear for the interview only. Such candidates secure less than 50% of marks in interview are not eligible for Ph.D. admission.

Common Guidelines for BPES, BPEd and MPEd

Attendance: Minimum of 75 percent attendance in theory and practicals in each semester is compulsory.

Medium of Instruction: The medium of instruction will be English.

Course of Study: The total working days shall not be less than 200 working days in an academic year (Each Semester consists of not less than 100 working days excluding examination days).

Duration: The duration of the program shall be of two academic years with four semesters under the Choice Based Credit System. The semesters shall be from June to November and December to April for each academic year.

Students should be medically fit and free from any deformities and they should undergo medical examination at the time of admission.

VALUE ADDED & SELF-STUDY COURSES

Five courses are offered by the College, and classes for these courses are conducted after normal working hours for the benefit of the B.P.E.S., B.P.Ed. and M.P.Ed. students. School teachers can also join these courses. The descriptions of the courses are as follows:

1. Fundamental moves in Aerobics

Objectives & Outcomes:

- ◆ To demonstrate the basic skills associated with aerobic activities including step aerobics and floor aerobics.
- ◆ To demonstrate the ability to perform aerobic movements in various combination and forms.
- ◆ To understand and apply the knowledge of basic choreography, music selection and effective group management.
- ◆ To demonstrate the ability to create and present various aerobic activities.
- ◆ To identify the major muscle groups and their application to aerobics.
- ◆ Explain the basic skill and fundamental moves associate with aerobics activities.
- ◆ Understanding and apply the knowledge of basic choreography, music selection and effective group management.
- ◆ Explain and understanding of health problems associated with inadequate fitness levels.
- ◆ Understanding of sound nutritional practices as related to health and physical performance.
- ◆ Analysis the physiological principles during the aerobics activities and rest periods.

2. Therapeutic Yoga

The yoga is very significant for maintaining physical and mental well-being of everyone irrespective of age, status and Nationalities. If this training is given to teachers, the society will be benefited at large. Keeping these factors in view, the certificate course on Yoga has been designed.

Objectives & Outcomes:

- ◆ To enable the student to have good health, mental hygiene and emotional stability.
- ◆ To attain higher level of consciousness and moral values.

Basic Skills and Officiating in Tennis:

Objectives & Outcomes:

- ◆ To create awareness about Basic Skills and Officiating in Tennis among the Physical Education Teacher Trainees.
- ◆ To understand the various basic skills & rules and regulations opportunities for Physical Education Teacher Trainees.
- ◆ To motivate the trainees to put in an application
- ◆ To update the knowledge in the area of Basic Skills and Officiating in Tennis.

Fitness and Wellness Management

Objectives & Outcomes:

- ◆ To provide an understanding of effective Fitness management procedures.
- ◆ To get acquainted with different sports science disciplines that constitute a base of an effective exercise programme.
- ◆ To provide Orientation regarding different physical and motor fitness components.
- ◆ Understand training as performance based science.
- ◆ Explain different means and methods of various training modules.
- ◆ Prepare training schedules for various sports and games.

Kalaripayattu

Objectives & Outcomes:

- ◆ Discuss kalaripayattu and history, development of kalaripayattu
- ◆ Identify the various forms of kalaripayattu
- ◆ Discuss the classifications of weapons
- ◆ Outline the fundamentals of kalaripayattu
- ◆ Describe the process of animal postures
- ◆ Identify the various types of leg exercises

OTHER FACILITIES

Common Facilities and Laboratories

Smart Class

Smartclass is a technology leveraged to improve the teaching – learning system, which has evoked a new environment, new emotion in the classrooms. It is an environment where the teacher is empowered to teach better and student is inspired to learn better than before. smartclass can boast about multimedia, mapped to CBSE, ICSE, Stateboard curriculums, and explains the most difficult concept with easy clarity, bridging the learning gaps between the two stakeholders. It is equipped with exhaustive repository of well researched, digital modules of lessons (consisting of audio-video, 2D and 3D animations and graphics) on almost every subject from KG to class XII.

Library

The library is to provide information services and in the form print and e-resources to support the scholarly and information needs of the faculty members, research scholars and students. The Library is computerized with modern facilities and resources in the form of Books, Periodicals, CD-ROMs, etc. Library adopts Open Access System to enhance the access facilities. The library has been automated by implementing RF Technology. Very few Physical Education college libraries in India have been automated by implementing of RF Technology. The college library is fully automated and a full-fledged online service is provided to its users. The library also has a Wi-Fi facility.

Fitness Centre

Our college is having multi gym facility and all of our students are utilizing it for training purposes as well as the research purpose.

List of Laboratories

- ◆ Kinesiology and Bio-mechanics Lab
- ◆ Sports Medicine Lab
- ◆ Exercise Physiology Lab
- ◆ Anatomy, Physiology & Health Education Lab

- ◆ Isokinetic lab
- ◆ Sports Psychology Lab
- ◆ Educational Technology Lab
- ◆ Computer Laboratory cum Language Laboratory

Methods of Curriculum Transaction

Curriculum transaction plays a pivotal role in making to be teachers. At our College, emphasis is given on instructional techniques like Learner-centered, Experiential and Peer-learning methods. Subject-related practicals are mandatory for all the trainees. These techniques help our students to excel in their career as teachers.

Highlights of Evaluation System

Two continuous internal assessment tests and one model examination are conducted in one semester. The college adopts central valuation system in which both internal and external examiners are involved. The results are published within 10 days from the last day of the semester examination. By applying the system of transparency, the college allows the students to get photocopies of the term-end examination papers. The supplementary examination system is also followed.

HIGHLIGHTS OF STUDENT ACTIVITIES

Students are asked to organise seminars, workshops, educational exhibitions and student association activities. Students are encouraged to take part in state and national level seminars, workshops and educational competitions. Students help in maintaining the library and laboratories. Students donate blood in case of emergency and render service. Participation in community work, campus cleaning, cultural programmes and leadership training camps are other activities of our students.

Leadership Training Camp

Every year our college is conducting the Leadership Training Camp at Poondi. Every student shall undergo a 7 days Residential Annual Leadership Training Camp in an evergreen forest as an educational project.

Play Festival

The Play Festival was started in the year 1956, to commemorate the centenary of Bhagavan Sri Ramakrishna. About 3000 children from 58 schools participate in the play festival in which they perform various types of exercises to the tune of devotional and patriotic songs. Every year around 2500 children from various Panchayat Union Elementary Schools of Perianaickenpalayam and Karamadai will participate in the demonstration of physical and play activities.

Each student must go to train elementary school students in various play activities for a period of 11 days and assist his trainees for a combined mass drill at the college campus (100 marks compulsory activity).

Teaching Practice

Undergoing Intensive Practice Teaching in neighboring schools is compulsory for all the students (100 marks).

Project Track and Field Meet

Every year students are provided academic credits for successful execution of project sports meet. A group of students shall be given the responsibility of organising and officiating a track and field meet and tournaments in the institution.

CAMPUS INTERVIEW FOR STUDENTS

The college arranges campus interview for the students every year. 100% of the students get employment before completing the course.

RESIDENTIAL FACILITIES

Residential living is not compulsory for the students of the college. The hostel in the campus provides decent boarding and lodging facilities for students and the participants of in-service programmes are accommodated in a separate hostel. Prayer hall, recreation room, reading room, first-aid kit and health care facilities are available for our students.

Sufficient quarters are available for all staff provided they wish to stay in campus.

RAGGING:

Ragging is an unpardonable injustice against students community and students who indulge in this barbarian act will definitely be expelled from the institution and also punishable by law (vide GO MS No 469 ES & T / dated 24.04.1989 and DTE Lr No 109717/J3/88 dated 22.09.1989.)

HOSTEL RULES AND REGULATIONS

1. Students will be allowed to stay only for that academic year.
2. Students who are willing to discontinue from the hostel has to pay the full fees.
3. 1st instalment fees have to be paid at the time of admission itself.
4. Social service is essential thing in the hostel life. Students have to keep their rooms and surroundings clean. For this, duty will be allotted on the basis of rotation.
5. For students those who go out of the campus without the permission of warden the management of college and hostel will not be responsible if at all anything happened
6. Students should not keep any costly items as well as excess money with them, else they are responsible for any loss.
7. Students should keep their cupboards safely, else recovery will be made for the repair work.
8. Cell phone and radio are strictly prohibited within the campus. If any one violate this they have to abide the disciplinary action taken by the management.
9. Students who involve in the activities which is against the name and fame of the college as well hostel will be dismissed from the college.
10. Students have to attend evening prayer without fail.
11. Students who want to go to their native place for holidays have to get prior permission from the warden
12. Students should not bring any outsiders to the hostel.
13. With regard to problems related to students, final decision will be made by the management other students will not interfere in this regard.

14. Students have to take bath only during the stipulated time.
15. With regard to disciplinary problem, parents have to meet the Principal as well as warden if needed.
16. Students will not be allowed to stay inside the hostel during the class hours, else action will be taken.
17. When going to teaching practice in schools all have to go with their uniform, and they have to maintain discipline there too. Also they should not indulge any activities which affect the name and fame of the institution.

Mess

1. Vegetarian food alone is provided
2. Food will be supplied only during the mess timings. Students have to maintain silence in the mess
3. Water and food should not be wasted at any circumstances
4. Mess fees reduction will not be allowed
5. Relatives/friends will be allowed in the mess only after getting permission from the warden and amount will be collected from the student for the same.

OUTREACH ACTIVITIES

Academic Development

The outreach program provides students with an opportunity to understand their course content, make them aware of the determinants of health, valuing the pedagogy of transacting physical education curriculum and also developing their career. Students articulated their enthusiasm for training in outreach programmes with a sense of growing confidence in their abilities and development of practical sports skills. The academic field visits also contribute in the enhancement of their theoretical knowledge and competencies. Many studies conducted in the field of sports and games also advocate the fact that 'the opportunity to apply learned theories in a new setting would insulate more practical experience and undoubtedly enhance the students' learning opportunities.

Personal Development

With the increase in out-reach activities, there is an inevitable increase in breadth of experience. These activities improve upon the identity of an individual, develop potential, facilitate employability, enhance quality of life and contribute to the realization of aspirations of students. The involvement of students in outreach activities lays the foundation for developing not only skills in physical education but also developing life skills by acquiring them by envisioning their aims in life, and setting goals to realize and maximizing their potential.

Skill Enhancement

The out-reach activities enable the college students to recognize the value of a multidisciplinary approach in physical education, and make them feel comfortable while working with others in the community. Students also realize that teaching and learning within an outreach context is neatly structured, prepackaged, and time scheduled. Working in the outreach setup had increased the participants' self-confidence as they are solely in managing their assigned duties. As a result, positive effects were observed on the students learning experience, appreciation for the need of teamwork, development of organisational and communication skills.

Service to deprived students

Outreach programs are beneficial not only by providing the students an academic foundation but also developing their self-confidence, leadership qualities, and their responsibilities toward the community. These activities strengthened their sense of responsibility toward their studies and had a positive impact on their attitudes to develop physical education skills among students of disadvantaged communities. Such outreach experiences were effective as an adjunct to traditional school-based training in improving students' confidence in enhancing skills in sports. Due to these experiences students not only become knowledgeable in the specialized area of physical education but also develop features such as community awareness, community involvement, commitment to service, career development, self-awareness, leadership qualities, awareness of determinants of health, and understanding of course content.

Civic Responsibility

The outreach activities provide opportunities to build a partnership between the institution and the community thus recognizing the value in developing key relationships with schools in order to support the school curriculum and students' knowledge. Working in outreach settings develop the cultural competencies while interacting and communicating with the individuals of the community, appreciation of their support, and physical education efforts extended by them.

Other Institutions of Vidyalaya

I. T.A.T. Kalanilayam (1940): This non-residential coeducational Middle School is catering the needs of students from the local community. About 600 students, mostly from families that are financially weak, study here.

II. Vidyalaya High School (1930): It is the oldest of the Vidyalaya institutions. About 250 students study in Std. VI to X. Medium of instruction is Tamil. The concept of integrated education for the blind has been successfully implemented in the school for the last 20 years.

III. Swami Shivananda Higher Secondary School (Boys Campus) (1960): The school has about 700 students in Std. VI to XII.

IV. Swami Shivananda Hr. Sec. School (Girls Campus) (1989): This partly residential self-financing school has a student-strength of about 800 in LKG to XII.

V. Institute of Agriculture and Rural Development (1956): This offers two-year Diploma in Agriculture and Rural Development for students who have passed Plus Two. It is recognized by the Tamil Nadu Agricultural University. Students strength is about 100.

VI. Polytechnic College (Autonomous) (1956): It has a student strength of about 800. Offers three-year Engineering Diploma in Mechanical, Civil, Electrical and Electronics, and Information Technology.

VII. Industrial Training Institute (1951): It has a student strength of about 400. Offers skill-oriented two-year Certificate courses in different trades under the National Council for Vocational Training to students who have completed SSLC or Plus Two. For the benefit of students of Vidyalaya and the general public who live around Vidyalaya, a CNC Training Centre, a Driving School and a Vehicle Emission Testing Centre are functioning. All the three are well-utilized by the students and general public.

VIII. Gandhi Teacher Training Institute (1942): It offers fully residential two-year Diploma in Teacher Education for students who have passed Plus Two.

IX. College of Arts and Science (Autonomous) (1964): The college was started in 1964 with the blessings of Srimat Swami Madhavanandaji Maharaj and has completed 58 years of purposeful service to the student community and society. "The College has a Unique Mission of developing the youth by imparting intellectual training; equipping them with vocational skills so as to make them employable; inculcating in them the right attitudes, values, and moral character; and developing a holistic personality of its students with a balanced development of head, heart and hand." The College was accredited by NAAC with 'A' grade in the year 2016. The College offered 15 UG programmes and 7 PG programmes and 3 Diploma programmes in both aided and unaided streams, besides offering 10 MPhil and PhD programmes. Besides academic studies, students have displayed their talents and skills in sports, literary and cultural competitions held at various levels.

X. College of Education: The college offers B.Ed programme with methodologies in Biological Science, Commerce, Mathematics, History, Physical Science and Special English and M.Ed. Part time M.Phil and Ph.D courses are offered. This college also houses the Indira Gandhi National Open University's study centre which offers B.Ed, M.Ed and M.A Educational programmes.

Apart from the formal courses, the college offers application - oriented diploma courses such as Computer Awareness, Educational Applications of Television, Library and Information System, Educational Psychology and Child Education. Besides these, certificate courses in Spoken English and Yoga are also offered.

XI. Faculties of the Ramakrishna Mission Vivekananda Educational and Research Institute:

Ramakrishna Mission Vivekananda Educational and Research Institute (RKMVERI), established in the year 2005, has its headquarters at Ramakrishna Mission, Belur Math, Howrah, West Bengal. Four of its faculties are functioning at the IHRDC campus of Ramakrishna Mission Vidyalaya, Coimbatore:

- a) **The Faculty of Disability Management and Special Education (FDMSE)** offers Diploma, BEd, MEd and PhD programmes in Special Education (Visual Impairment, Hearing Impairment and Mental Retardation), and other diploma programmes in Sign Language Interpretation, Community-based Rehabilitation and Computer Applications for the Disabled. Students from all over India have been pursuing these courses since it was established in 2005.
- b) **The Faculty of General Adapted Physical Education and Yoga (GAPEY)** was established in the year 2007. It offers BSc (Physical Education), BPEd, MPEd, Integrated MPhil+PhD, Certificate Courses in Adapted Physical Education, Yoga, Kalaripayattu, Fitness, Aerobics and Tennis; and Diploma Course in Special Olympics and Paralympics.
- c) **Faculty Center for Agricultural Education and Research (FAR):** It was established in the year 2014. It offers a 4 year B.Sc. (Agriculture) Degree Programme.
- d) **Department of Computer Science(DCS) under the School of Mathematical Science:** It conducts an integrated M.Sc(CSA) Programme, M.Sc Data Science and B.Com.(Hons.), which are needed to meet newer skills, recent trends in industry and cutting-edge technology.

XII. Integrated Rural Development Scheme: The Vidyalaya has been rendering rural development service since the year 2002 under the title 'Vidyalaya Integrated Rural Development Scheme'. Economically backward residents of areas such as Arivoli Nagar, Jeeva Nagar, Ambedkar Nagar, Pudupudhur, etc., were benefited through various development activities undertaken there.

XIII. SUPPORT SERVICES

Book stall: A bookstore / sales section has been in operation since June 2009.

Printing Press: A modern computerized press takes care almost all the needs of the Vidyalaya.

Hardware Department: With two engineers and one assistant engineer, located in the Vidyalaya Maintenance Section, takes care of the maintenance and repairs of all computers (around 1000), printers, scanners, etc., in the various institutions of the Vidyalaya.

Maintenance and Repairs Department: This takes care of practically all the requirements of the Vidyalaya, including the construction of new buildings etc.

Dairy and Goatery: About 30 milch animals are maintained to serve hands-on training to our students of the Institute of Agriculture and Rural Development.

Disabled Trainees Vocational Production and Rehabilitation Centre: A Notebook Section has been in operation in the Vidyalaya campus since 1992. Besides catering to the needs for notebooks of our various institutions within the campus, the section takes orders on a selective basis from other institutions as well with the primary objective of providing employment to the economically backward and the physically challenged. Notebooks are priced at bare minimum.

Ramakrishna Mission Vidyalaya Charitable Dispensary: The Charitable Dispensary of the Vidyalaya caters to a population of around 8000 students and 800 staff members and their families besides a large number of underprivileged people residing in the surrounding areas. In addition to regular general consultation, it also offers consultation by specialists in the areas of orthopedics, neurology, pediatrics, cardiology, gynecology, diabetes, skin, asthma, dental, ENT, general surgery, etc. On an average, around 150 patients visit the dispensary for consultation every day. As part of the medical services, many free medical camps will be organised for the benefit of the underprivileged.

Ramayana Park based on Indian epics - a project to promote

Indian values: The Ramayana Park has been set up with the aim of taking our ancestors individual, family, social, ethical, and moral values to the general public. It is structured around the images of twenty-one important personalities of the Ramayana with their respective characteristics. The Park is an innovative and eye-catching attempt so children can have facilities for exercise and recreation, and at the same time cultivate a mind to appreciate the Ramayana's subtle power of developing character, art, and culture.

Sarada Noon Meal Scheme: Ramakrishna Mission Vidyalaya Provides free noon meal scheme to the deserving students on all working days of the college. The alumni and philanthropist of the institutions also support the successful implementation of the scheme.

Sister Nivedita Anna Yojana: Under this scheme 50 old age people those who were isolated or abandoned by their family members in near by villages of Vidyalaya are identified and food packets are being distributed at their doorsteps on all days except Sunday. This programme initiated by Vidyalaya is governed by the Department of Social Work

The above facilities are used by the Maruthi College of Physical Education whenever necessary.

CELEBRATIONS AT VIDYALAYA

International Yoga Day: The United Nations General Assembly declared 21st June as International Day of Yoga. Since 21st June 2015 the International Day of Yoga is being celebrated by the students of Sri Ramakrishna Mission Vidyalaya at our college ground.

The Kalpataru Day: The day on which Sri Ramakrishna revealed his true identity and blessed his followers is celebrated on the 1st of January every year as the Kalpataru Day.

The Gurupuja: The public celebration of Sri Ramakrishna's birthday is celebrated on the 1st Sunday of January every year with devotion and fervour. Thousands of devotees attend this function and receive the blessings of the Gurudev. They listen to devotional songs and watch cultural programmes performed by the students of the

Vidyalaya. Students of the Vidyalaya exhibit their scientific talents by presenting their models and invention in Science. Eminent speakers enlighten the audience their devotional fervour.

The National Youth Day: As declared by the Government of India, the birthday of Swami Vivekananda, is celebrated during 12th January every year. More than 1500 students including 100 staff members involve in this celebration. A youth rally is conducted with Swamiji's sayings and pictures as mobile exhibitions. Sports competitions, oratorical competition and essay writing competition are held.

Youth Convention: A 3-day residential 'Youth Convention' for youth from Tamil Nadu on the theme 'Young India, Arise!' is held every year. Male and female youth delegates from various educational institutions, participate in the convention. The camp routine for the three days included guided meditation, morning bhajans, yoga, talks on value-oriented topics by eminent speakers, a debate, and undertaking of pledge by the delegates. A film show on a theme of social importance is also screened during one of the sessions. Recreational games are conducted for the youth in the evenings. Participation certificates are issued to all the delegates.

World Disability Day: The Third Day of December every year is observed as the World Day for the Disabled all over the world. This day provides an opportunity to focus the attention of Government and the society towards the problems of the handicapped community. The handicapped draw inspiration to integrate themselves into the mainstream of social life. This occasion gives an opportunity to the community to express its solidarity with the disabled people.

Birthday Celebration: The birthday of Sri Ramakrishna, Sri Sarada Devi, and Swami Vivekananda are celebrated with special puja, homa, bhajans and arati at the Vidyalaya's Prayer Hall.

Vidyarthi Homa: The Vidyarthi Homa is the induction of youth into the life of a student. This is performed with a homa, accompanied by mantras and bhajans reflecting the traditional values of the ancient gurukula. The newly admitted students from all the institutions of the Vidyalaya participate in the Vidyarthi Homa. Each student receives guidance regarding his conduct in student life.

Saraswathi Puja: The Saraswathi Puja is solemnly celebrated in all institutions, hostels and other departments of the Vidyalaya. Entire staff and students participate in the puja.

Kalaimagal Vizha: Kalaimagal Vizha, the annual three day event in commemoration of the Navaratri, is celebrated in the Vidyalaya during the month of October. Eminent speakers and performing artistes are invited on the occasion. Students from various institutions of the Vidyalaya give inspiring drama and dance performances.

Graduation Ceremony: The Graduation Ceremonies are conducted for the graduating students from the Post - Matric Institutions and Colleges of the Vidyalaya to administer oath taking and bid farewell with the counsel to function as diligent citizens in their walks of life. Dignitaries from different sectors of society embellish this occasion.

Republic Day and Independence Day Celebration: The Republic Day and Independence Day are Celebrated on 26th January and 15th August respectively every year in a grand scale with march past, flag hoisting and special address where all the institutions participate together. A rolling trophy for the best marching contingent is awarded.

Vidyalaya Foundation Day: Vidyalaya Foundation Day is observed every year on 3rd February. As a mark of respect to the founder of the Vidyalaya, Dr. T.S. Avinashilingam, public meetings are conducted on that day and eminent persons visit the Vidyalaya to address.

Spiritual Retreat: Spiritual Retreats are conducted for the devotees every year. Hundreds of devotees from various parts of the nation attend the retreats. Retreats are also conducted for the members of the staff of the Vidyalaya.

TEACHING STAFF

S.No.	Name	Designation
1.	Dr. Ch. V.S.T. Saikumar, B.Sc., M.PEd., M.Phil., Ph.D., N.I.S. Diploma in Cricket	Principal
2.	Dr. T. Jayabal, B.Com., M.PEd., P.G.D.Y., Ph.D.,	Associate Professor
3.	Dr. E. Amudhan, B.Sc., M.A., M.Sc., M.PEd., M.Phil., N.I.S(C), T.T.C.Y., D.C.A., P.G.D.S.M., P.G.D.Y., P.G.D.S.O., Ph.D.,	Assistant Professor
4.	Dr. V. Saminathan, M.Com (CA), M.PEd., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor cum Controller of Examinations
5.	Dr. T. Thangamani, B.Com., M.Com., M.Sc., (Yoga & Psy), M.PEd., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor
6.	Dr. M. Srinivasan, B.C.S., M.PEd., M.Phil., P.G.D.S.M., P.G.D.Y., P.G.D.P., P.G.D.T., Ph.D.,	Assistant Professor
7.	Dr. A. Needhiraja, B.Sc., M.PEd., M.Phil., Ph.D.,	Assistant Professor
8.	Dr. V. Balamurugan, B.C.S., M.PEd., M.Phil., P.G.D.S.M., P.G.D.Y., P.G.D.P., P.G.D.T., Ph.D.,	Assistant Professor
9.	Dr. P. Senthil Kumar, MIB, MPED, HDCA, PDGY, PGSBSA, Ph.D.	Assistant Professor
10.	Dr. S. Arivazhakan, B.Sc., M.PEd., M.Phil., Ph.D.,	Assistant Professor
12.	Dr. M. Prabu, B.A., M.PEd., M.Phil., Ph.D.,	Assistant Professor
13.	Dr. R. Dharmalingam, B.Com., M.PEd., M.Phil., Ph.D.,	Assistant Professor
14.	Dr. M. Ashok Kumar, B.A., M.PEd., Ph.D.,	Assistant Professor
15.	Sri Aaron Arshay Keets, B.B.A., M.PEd., NET	Assistant Professor
16.	Dr. A. Velayutham, MCA., M.L.I.Sc., M.Phil., Ph.D.,	Librarian

GUEST FACULTY

S.No.	Name	Designation
1.	Dr. A. Sathiyamoorthy, M.P.T., (Sports), CKTP, MIAP,	Assistant Professor cum Physiotherapist
2.	Dr. S. Manikandan, M.A., TPT., Ph.D.,	Assistant Professor (Tamil)
3.	Sri R. Thennarasu, M.A.,	Assistant Professor (English)

ADMINISTRATIVE STAFF

S.No.	Name	Designation
1.	Sri V. Mohanraj	Junior Assistant (Spl.Gr.)
2.	Sri L. Jagadeesan	Typist
3.	Sri R. Anandaraja	Office Assistant
4.	Sri R. Rajendran	Groundsman (Super.Gr.)
5.	Sri N. Palanisamy	Groundsman (Spl.Gr.)
6.	Sri P. Prabhu	Groundsman
7.	Sri D. Gunasekaran	Groundsman
8.	Sri V. Anbu	Groundsman
9.	Sri S. Ranjithkumar	Junior Assistant
10.	Sri S. Sundaram	Office Assistant
11.	Sri R. Chandran	Groundsman

IQAC MEMBERS

1. Dr. Ch. VST. Saikumar
2. Dr. T. Jayabal
3. Dr. E. Amudhan
4. Dr. V. Saminathan
5. Dr. T. Thangamani
6. Dr. M. Srinivasan
7. Dr. A. Needhiraja
8. Dr. S. Arivazhakan
9. Dr. M. Prabu
10. Dr. R. Dharmalingam
11. Dr. V. Balamurugan
12. Sri. B. Aaron Arshay Keets
13. Dr. A. Velayutham
14. Dr. G. Subrmonian
15. Sri V. Mohanraj
16. Sri B. Balaji (Local Society)
17. Sri A.R. Yaswanth (Student)
18. Dr. G. Balasundar (Alumnus)
19. Sri K. Prakash (Employer)
20. Sri N. Manoharan (Industrialist)
21. Sri K. Dharmaraj (Parent)

STAFF RESPONSIBILITIES - 2022 – 2023

Staff	Theory	Practical	Other Responsibilities	MPeD Spec.
Dr. Ch. VST. Saikumar	<ol style="list-style-type: none"> 1. Sports Psychology and Sports Sociology – I MPEd 2. Indian Cultural and Heritage – II MPEd 3. Sports Psychology and Sports Sociology – II BPEd 4. Sports Management and Curriculum Design in Physical Education – I MPEd 5. Sports Journalism and Mass Media – II MPEd 	Tennis – MPEd	Tennis	
Dr. T. Jayabal	<ol style="list-style-type: none"> 1. Sports Nutrition and Weight Management – I BPEd 2. Sports Technology and Sports Engineering – I MPEd 3. Research Process in Physical Education and Sports Sciences – I MPEd 4. Athletic Care and Rehabilitation – I MPEd 5. Value and Environmental Education – II MPEd 	<ol style="list-style-type: none"> 1. Teaching Practice – II BPEd 2. Class Room Teaching – II MPEd 3. Leadership Training Programme – I BPEd 4. Kabaddi – II BPEd 	<ul style="list-style-type: none"> • IQAC coordinator • MPEd II year class teacher • In-charge of English language lab • Leadership Training Camp • Certificate course in weightlifting and powerlifting 	Kabaddi

Staff	Theory	Practical	Other Responsibilities	MPEd Spec.
Dr.E.Amudhan	<ol style="list-style-type: none"> 1. Education Technology and Methods of Teaching in Physical Education – BPEd I 2. Organizational, Administration and Supervision in Physical Education – BPEd I 3. Test Measurement and Evaluation in Physical Education – MPEd-I 4. Theories of Track and Field – II MPEd 5. Applied Statistics in Physical Education & Sports – II MPEd 6. Class Room Teaching – II MPEd 	<ol style="list-style-type: none"> 1. Track and Field Hurdles – I MPEd 2. March-past & Yoga – I BPEd 3. Internship at schools/colleges – I MPEd 	<ul style="list-style-type: none"> • MPEd I year class teacher • Research coordinator • In-charge of Gurupuja exhibition • Sports Equipments Educational Technology Lab • Time Table • Students Hand book • Seminar • Extramural Director • Placement Cell • IPR Cell • Yoga Hall • Consultancy and Extension services 	Athletics & Volleyball

Staff	Theory	Practical	Other Responsibilities	MPeD Spec.
Dr.V.Saminathan	<ol style="list-style-type: none"> Olympic Movements – BPEd I Sports Nutrition and Weight Management – BPEd I Research and Statistics in Physical Education – II BPEd Measurement and Evaluation in Physical Education – BPEd-II Applied Statistics in Physical Education and Sports – I MPEd 	<ol style="list-style-type: none"> Hockey – I BPEd Softball – II BPEd Combined events – II MPEd Lezium – I BPEd Internship – II MPEd Practice Teaching – I BPEd 	<ul style="list-style-type: none"> Controller of Examinations IBPEd class teacher In-charge of Teaching Practice – I BPEd Certificate course in Fitness National Youth Day Celebration 	Hockey
Dr.T.Thangamani	<ol style="list-style-type: none"> History, Principles and Foundation of Physical Education – I BPEd Yoga Education – BPEd I Sports Management and Curriculum Design – II BPEd Yogic Science – MPEd-I Indian Cultural and Heritage – II BPEd Health Education and Environmental Studies – I BPEd Diversified System of Schools 	<ol style="list-style-type: none"> Throwball – II BPEd Football – II BPEd Calisthenics Mass Demonstration Activities – I BPEd Village Placement Programme – I MPEd Yoga – I MPEd 	<ul style="list-style-type: none"> In-charge of BPEd II class teacher Students Literary Association Sports Psychology Lab Intramural House Play Festival Course material Career guidance and counseling Preparation of BPEd Syllabus Alumni Association 	Football

Staff	Theory	Practical	Other Responsibilities	MPed Spec.
Dr.M.Srinivasan	<ol style="list-style-type: none"> 1. Sports Medicine Physiotherapy and Rehabilitation – II BPed 2. Sports Biomechanics and Kinesiology – I MPed 3. Adapted Physical Education – I MPed 4. Scientific principles of sports training – II MPed 5. History and Foundation of Physical Education – I BPES 6. Personality Development and Life Coping Skills – I MPed 7. Theories of Sports and Games-I – I BPed 8. Management of Training Gadgets – II BPed 9. Any Approved on-line courses 	<ol style="list-style-type: none"> 1. Malkhamb – I BPed 2. Gymnastics (with apparatus) – II MPed 3. Badminton – I BPed 4. Tennis – I BPed 5. First Aid and Injury Management – II BPed 6. Fitness Training – II MPed 7. Table Tennis – I BPed 8. Ball Badminton – I BPed 	<p>In-charge of BPES I year class teacher</p> <ul style="list-style-type: none"> • Uniform Distribution • Kinesiology & Bio mechanics lab • Self-Study and Value Added Courses • Intramural Director • Consolidating the college reports and website updating • Gurupuja Games In-charge 	Badminton

Staff	Theory	Practical	Other Responsibilities	MPed Spec.
Dr.A.Needhiraja	<ol style="list-style-type: none"> 1. Anatomy and Physiology - BPED I 2. Physiology of Exercise – I MPED 3. Theories of Sports and Games Part-II – BPED II 4. Physical Fitness and Wellness – II MPED 5. Fitness Equipments Management – I BPED 6. Class Room Teaching – II MPED 	<ol style="list-style-type: none"> 1. Aerobics – I BPED & I MPED 2. Basketball – I BPED 3. Tennis – II BPED 	<ul style="list-style-type: none"> • BPED I class teacher • In-charge of Anatomy and Physiology & Health Education & Exercise • National sports day celebration • NSS programme officer • Intramural House Unnat Bharat Abhiyan • Swachh Bharat & Swachh Vidyalaya 	Basketball
Dr.V.Balamurugan	<ol style="list-style-type: none"> 1. History, Principles and Foundation of Physical Education – I BPED 2. Health Education and Sports Nutrition – II MPED 3. Contemporary issues in Physical Education, Fitness and Wellness – I BPED 4. Sports Training – II BPED 5. Theories of Sports and Games – I BPES 6. Obesity and Weight Management – II BPED 	<ol style="list-style-type: none"> 1. Throwing events – II BPED 2. Kho-Kho – II BPED 3. Jumping events – I BPED 4. Handball – II BPED 5. Teaching Coaching and Officiating Track and Field I & II 	<ul style="list-style-type: none"> • BPES I class teacher • In-charge of Intramural House • Practical classes coordinator • Educational Technology Lab 	Handball

Staff	Theory	Practical	Other Responsibilities	MPEd Spec.
Dr.P.Senthilkumar	<ol style="list-style-type: none"> 1. Environmental Studies – I BPEd 2. Adapted Physical Education and Inclusive Education – II BPEd 3. Kinesiology and Biomechanics – II BPEd 4. Life Skill Management – I MPEd 	<ol style="list-style-type: none"> 1. Combative Sports – II MPEd 2. Throwing Events – II MPEd 3. Gymnastics floor exercise – I MPEd 4. Adapted Activities – I BPEd 5. Cricket – II BPEd 6. Kalari and Silambam – II BPEd 	<ul style="list-style-type: none"> • BPEd-II year class teacher • In-charge of Adapted Physical Education lab • Gurupuja exhibition assistance • Play Festival assistance • Education Technology lab • Fitness Centre • Weightlifting and Powerlifting • Intramural House 	Cricket
Dr. S. Arivazhakan	<ol style="list-style-type: none"> 1. History, Principles and Foundation of Physical Education – I BPEd 2. Sports Management and Curriculum Design – II BPEd 3. Indian Cultural and Heritage – II BPEd 4. Health Education and Environmental Studies – I BPEd 	<ol style="list-style-type: none"> 1. Malkhamb – I BPEd 2. Tennis – I BPEd 	<ul style="list-style-type: none"> • Unnat Bharat Abhiyan 	Tennis

Staff	Theory	Practical	Other Responsibilities	MPed Spec.
Dr. M. Prabu	<ol style="list-style-type: none"> 1. Education Technology and Methods of Teaching in Physical Education – BPEd I 2. Organization, Administration and Supervision in Physical Education – BPEd I 3. Test, Measurement and Evaluation in Physical Education – MPed-I 4. Any Approved on-line courses 	<ol style="list-style-type: none"> 1. Kabaddi – II BPEd 2. Softball – II BPEd 3. Combined events – II MPed 4. Combative Sports – II MPed 	<ul style="list-style-type: none"> • English language lab • Leadership Training Camp • Certificate course in weightlifting and powerlifting 	Kabaaddi
Dr. R. Dharmalingam	<ol style="list-style-type: none"> 1. Olympic Movements – BPEd I 2. Sports Nutrition and Weight Management – BPEd I 3. Measurement and Evaluation in Physical Education – BPEd-II 4. Management of Hypokinetic Diseases – IMPed 	<ol style="list-style-type: none"> 1. Track and Field (Running events) – I MPed 2. Volleyball – II BPEd 3. March Past & Yoga- I BPEd 	<ul style="list-style-type: none"> • Certificate course in yoga • International Day of Yoga • Fitness Centre 	Volleyball
B. Aaron Arshay Keets	<ol style="list-style-type: none"> 1. Anatomy and Physiology - BPEd I 2. Theories of Sports and Games Part-II – BPEd II 3. Physical Fitness and Wellness – II MPed 4. Fitness Equipments Management – I BPEd 	<ol style="list-style-type: none"> 1. Cricket – II BPEd 2. Throwing events – II MPed 3. Gymnastics floor exercises – IMPed 	<ul style="list-style-type: none"> • Anatomy and Physiology & Health Education & Exercise physiology lab • Swachh Bharat & Swachh Vidyalaya 	Cricket

Staff	Theory	Practical	Other Responsibilities	MPEd Spec.
Dr. M. Ashok Kumar	<ol style="list-style-type: none"> 1. Sports Biomechanics and Kinesiology – I MPEd 2. Scientific principles of sports training – II MPEd 3. History and Foundation of Physical Education – I BPES 4. Personality Development and Life Coping Skills – I MPEd 	<ol style="list-style-type: none"> 1. Football – II BPEd 2. Tennis – II BPEd 3. Kho-Kho – II BPEd 	<ul style="list-style-type: none"> • Sports Psychology Lab • Play Festival 	Football
Dr.A.Velayutham	<ol style="list-style-type: none"> 1. Library 2. Computer Application in Physical Education – II BPES 3. Information and Communication Technology and Educational Technology in Physical Education – II MPEd 	-	In-charge for <ul style="list-style-type: none"> • College magazine • Website updating • Career guidance and counseling 	-
Dr.S.Manikandan	<ol style="list-style-type: none"> 1. BPES Degree 2. Communication skills 		<ul style="list-style-type: none"> • College magazine • Tamil oratorical Completion • Cultural Events • Quiz 	

Staff	Theory	Practical	Other Responsibilities	MPed Spec.
R.Thennarasu	3. BPES Degree 4. Communication skills		<ul style="list-style-type: none"> • College magazine • English oratorical Completion • Cultural Events • Quiz 	
Dr.A.Sathya Moorthi Physiotherapist	1. Sports Medicine - II MPed 2. Athletic Care and Rehabilitation – II MPed	Athletic Care, Physiotherapy and Rehabilitation First Aid and Injury Management – II BPED	Sports Physiotherapy Lab	-

CODE OF CONDUCT FOR TEACHING & ADMINISTRATIVE STAFF

1. Staff shall discharge their duties efficiently and diligently to match with the academic standards and performance norms lay down by the College Management from time to time.
2. Staff shall update their knowledge and skills to equip them professionally for the proper discharge of duties assigned to them.
3. Staff shall conduct themselves with absolute dignity and decorum in dealing with the superiors, colleagues and students every time.
4. Staff shall not absent from duties at any time without prior permission from higher-ups.
5. Staff shall not associate with any political party or take part in any other organizational activity, which is not in line with the duties and ethics of the teaching profession.
6. Staff shall not attempt to bring any political or outside pressure on their superior authorities in respect of service matters.
7. Staff shall not participate in any strike or demonstration and / or indulge in any criticism of College Management policy or of the Government for any reason whatsoever.
8. Staff shall not act in any manner that violates the norms of decency or morality in their conduct or behaviour inside and outside the College Campus.
9. Staff shall not incite, provoke or instigate any students or any other member of the staff into any form of action against the College Management, or that seeks to disrupt the academic activities of the College.
10. Staff shall not by act or deed degrade harass or insult any other person for any reason whatsoever or act in a manner unbecoming of the teaching profession.
11. Staff in the service of the College shall at all the time strive for academic excellence in the discharge of their

duties and conduct themselves in the manner of a perfect role model for others to emulate.

12. The College Management may, however, at its sole discretion provide an opportunity to the staff for presenting specific case through a personal hearing before taking a final decision. The decision of the College Management will be final and binding and will not be subject to any appeal to any individual or forum.

CODE OF CONDUCT FOR STUDENTS

1. Students are expected to maintain the highest standard of discipline and dignified manner of behaviour inside as well as outside College campus they shall abide by the rules and regulations of college and should act in a way that the discipline and esteem of the college.
2. All the students are expected to be present in the class well within time late coming will also result in loss of attendance for the corresponding hour.
3. Students should get up from their seat when the teacher enters the classroom and remain standing till the teacher takes his seat or they are allowed by the teacher to sit. Silence shall be observed during class.
4. Teachers shall be treated appropriately with good morning sir/ good afternoon sir and thank you sir when the teacher leaves the class room.
5. No student shall enter or leave the class room when the session is on without the permission of the teacher concerned.
6. In the events of seminar and workshop it is compulsory that all the students should be present for the entire session.
7. All leave application (regular and medical) shall be submitted in time for sanction by concern class teacher. Application for medical leave shall be accompanied by a valid medical certificate.

8. All the students are expected to attend college functions in college uniform unless otherwise specified.
9. All the students shall wear their identity card.
10. Students are encouraged to make use of the library, common computing facilities and to involve in professional body activities or any program authorized by the college beyond class hours however under normal circumstances students shall Retreat to their hostel for residence by 6:00 p.m.
11. All the students are advised not to use mobile phone in the college campus.
12. Keep the campus neat and clean do not put any waste anywhere in the campus except in the waste basket kept.
13. Conception of intoxicant psychotropic substance in any form or smoking or using chewing gum, pan masala etc. are strictly prohibited.
14. It is strongly advised to refrain from activities such as scribbling or noting on walls, door or furniture which could deface the college and destroy the academic ambience.
15. Carefully handle the furniture, equipment, fixtures and appliance of the college and lab. Careless handling/ misuse of the above could result personal injuries or damages to property.
16. Students are not permitted to arrange any unauthorised celebrations and decorations of any magnitude in the campus.
17. Students are not permitted to disturb or display (both physical and electronically) material such as notices banners etc. in the campus without the permission of the competent authority.
18. Students are expected to make use of academic, co-curricular and extracurricular facilities available to the optimum levels. This will certainly make them physically

fit, academically competent, mentally alert and socially sensitive.

19. On duty leave applications will not be entertained beyond 10 working days from the actual date of leave under any circumstance. The maximum number of on duty leave admissible is restricted to 10 days per semester.
20. During internal examinations of 2 hour period, students are not allowed to leave the hall within 1 hour from the beginning of the exam and students have to occupy the seat five minutes before the commencement of the examination.
21. Political activity in any form is not permitted in the college campus. Unauthorised meetings, propaganda, processions or fund collections are forbidden within the college, hostels and outside the college.
22. Harassing juniors, ill treatment to other fellow students or any such form of ragging is objectionable and liable to be treated as criminal offence by the law enforcing agencies as per the directives of Honorable Supreme Court of India.
23. Expulsion from the college is leads to expulsion from the hostel as well.
24. If there is a case against a students for a possible breach of code of conduct, then a committee will be formed to recommend suitable disciplinary action who shall inquire into the alleged violation and accordingly suggest the action to be taken against the said student. The committee may meet with the student to ascertain the time the misconduct and suggest one or more of the following disciplinary actions based on the nature of conduct.
25. Community service- For a specified period of time to be extended if need to need be. However, any future misconduct along with failure to comply with any conditions imposed may lead to severe disciplinary action, including suspension or expulsion.

26. Expulsion- Expulsion of a student from the institute permanently. Indicating prohibition from entering the Institute premises or participating in any student related activities or campus residence etc.
27. Monetary penalty- May also include suspension or forfeiture of scholarship/ Fellowship for a specific time period.
28. Suspension- A student may be suspended for a specified period of time which will entail prohibition in participating the students related activities, classes, programs etc. Additional, the students will be forbidden to use various Institute facilities unless permission is obtained from the competent authority. Suspension may also followed by possible dismissal, along with the following additional penalties. Ineligibility to reply for admission to the institute for a period of three years and withholding the grade card or certificate for the programmes studied in the institute.

CODE OF CONDUCT FOR ADMINISTRATIVE OFFICER

1. All matters related to UGC/College to be checked corrected and make available to the Principal/ Director & Secretary.
2. Attending 6 days in a week and whenever required extend it to clear pending duties.
3. Keeping list of students having fees arrears up to date, taking appropriate follow-up as per the direction of the management.
4. All the requirements related to the college like Library/ Class room/ Staff room/ Computer Lab/ other labs of the college has to be assessed and invite quotations from different vendors and do the comparative study on price and quality before the purchase. (The quotations can be forwarded to Management for finalization and clarifications).
5. Don't involve in irrelevant discussion and maintain silence in the office and surroundings.
6. Responsibility for the overall performance and monitoring of the college developmental activities.

7. Gathering, adapting, storing and distributing information's within the College.
8. Organizing, providing leadership and controlling all administrative functions in the department.
9. Rendering a service to other functions within the organization.
10. Efficient housekeeping & catering requirement for guest / employee.
11. Liaison works with all Government offices like Collector (students' scholarship), Police station (Any problem solving), Telephone Electricity, Water, Panchayat, etc.
12. Monitor printing and updating documents of the organization.
13. Maintenance and supervision of all office and academic records.





What Our Emblem Signifies

The wavy waters in the picture are symbolic of Karma, the lotus of Bhakti and the rising sun of Jnana. The encircling serpent is indicative of yoga and the awakened Kundalini Shakti, while the swan in the picture stands for the Paramatman. Therefore, the idea of the picture is that by the union of Karma, Jnana, Bhakti and Yoga the vision of the Paramatman is obtained.

- *Swami Vivekananda*

The Olympic Oath

"In the name of all competitors, I promise that we shall take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of sportsmanship, for the glory of sport and the honour of our teams."

THE OLYMPIC MOTTO

"Citius, Altius, Fortius - Communiter"

These three Latin words mean

"Faster, Higher, Stronger - Together"

ACADEMIC CALENDAR - 2022-2023

JUNE 2022

Date	Day	Programme	Working days in a month	Total working Days
1	Wednesday			
2	Thursday			
3	Friday			
4	Saturday			
5	Sunday			
6	Monday			
7	Tuesday			
8	Wednesday			
9	Thursday			
10	Friday			
11	Saturday			
12	Sunday			
13	Monday			
14	Tuesday			
15	Wednesday			
16	Thursday			
17	Friday			
18	Saturday			
19	Sunday			
20	Monday	World Tennis Day		
21	Tuesday	International Day of Yoga		
22	Wednesday			
23	Thursday	Olympic Day World Handball Day		
24	Friday			
25	Saturday			
26	Sunday			
27	Monday			
28	Tuesday			
29	Wednesday			
30	Thursday			

JULY 2022

Date	Day	Programme	Working days in a month	Total working Days
1	Friday			
2	Saturday			
3	Sunday			
4	Monday			
5	Tuesday	World Badminton Day		
6	Wednesday			
7	Thursday			
8	Friday			
9	Saturday	In house discussions on current developments and issues in Physical Education		
10	Sunday	Bakrid		
11	Monday	Pre-Board of Studies Meeting		
12	Tuesday			
13	Wednesday	Time table committee Meeting		
14	Thursday			
15	Friday			
16	Saturday	Board of Studies Meeting		
17	Sunday			
18	Monday	College Re-opens for BPEd & MPEd - ODD Semester	1	1
19	Tuesday	World Football Day	2	2
20	Wednesday		3	3
21	Thursday		4	4
22	Friday		5	5
23	Saturday	Academic Council Meeting	6	6
24	Sunday			
25	Monday		7	7
26	Tuesday		8	8
27	Wednesday		9	9
28	Thursday		10	10
29	Friday		11	11
30	Saturday			
31	Sunday			

AUGUST 2022

Date	Day	Programme	Working days in a month	Total working Days
1	Monday	Selection Trials for BPES, BPed & MPed	1	12
2	Tuesday		2	13
3	Wednesday		3	14
4	Thursday		4	15
5	Friday		5	16
6	Saturday		6	17
7	Sunday			
8	Monday	Classes begin for BPed, MPed & BPES - ODD Semester	7	18
		Parents meeting		
9	Tuesday	Muharram		
10	Wednesday	Deeksharambh – Student Induction Programme	8	19
11	Thursday		9	20
12	Friday		10	21
13	Saturday	Independence Day Rehearsal	11	22
14	Sunday	Preparation for Independence Day Celebration		
15	Monday	Independence Day		
16	Tuesday	Deeksharambh – Student Induction Programme	12	23
17	Wednesday		13	24
18	Thursday		14	25
19	Friday	Krishna Jayanti		
20	Saturday			
21	Sunday			
22	Monday		15	26
23	Tuesday	Division of Groups for Intramural, Students Literary Association Election, Inauguration of Students Literary Association and Intramural Tournaments	16	27
24	Wednesday	Orientation, discussion and training regarding sports training gadgets	17	28
25	Thursday	CIA-I Test for BPed & MPed - ODD Semester	18	29
26	Friday	Orientation programme on “Method of organising various, learning resources and developing ICT based learning situation” CIA-I Test for BPed & MPed - ODD Semester	19	30
27	Saturday	CIA-I Test for BPed & MPed - ODD Semester	20	31
28	Sunday			
29	Monday	CIA-I Test for BPed & MPed - ODD Semester; National Sports Day Celebration	21	32
30	Tuesday		22	33
31	Wednesday	Vinayakar Chathurthi		

SEPTEMBER 2022

Date	Day	Programme	Working days in a month	Total working Days
1	Thursday	Internal teaching practice orientation programme	1	34
2	Friday	Developing Teaching Competencies	2	35
3	Saturday		3	36
4	Sunday			
5	Monday	Teacher's Day Celebration	4	37
6	Tuesday	Assessment of Learning	5	38
7	Wednesday	ICT skills for effective learning in physical education for lesson plan preparation	6	39
8	Thursday	Organizing Learning (lesson plan)	7	40
9	Friday		8	41
10	Saturday	Swami Vivekananda Chicago Address - Recitation Competition	9	42
		World First-aid Day		
11	Sunday			
12	Monday	Developing assessment tools for both online and offline learning	10	43
		Leadership Training Camp for BPEd I year		
13	Tuesday	Leadership Training Camp for BPEd I year	11	44
14	Wednesday		12	45
15	Thursday		13	46
16	Friday	IQAC First Quarterly meeting	14	47
		Effective use of learning apps for learning in physical education and sports		
17	Saturday	Methods of evaluating students learning	15	48
18	Sunday			
19	Monday	CIA-I Test for BPEd, MPEd & BPES - ODD Semester	16	49
		Mentor Mentee meeting		
20	Tuesday	CIA-I Test for BPEd, MPEd & BPES - ODD Semester	17	50
21	Wednesday	CIA-I Test for BPEd, MPEd & BPES - ODD Semester	18	51
		SRMV Maruthi College Foundation Day		
22	Thursday	CIA-I Test for BPEd, MPEd & BPES - ODD Semester	19	52
23	Friday	CIA-I Test for BPEd, MPEd & BPES - ODD Semester	20	53
		National Volleyball Day		
24	Saturday	First Project Track and Field Meet	21	54
		NSS Day, Clinic on Career and Personal Counselling		
25	Sunday			
26	Monday	Evaluation of various students abilities	22	55
27	Tuesday		23	56
28	Wednesday	Workshop on Communication Skills	24	57
		Kalaimagal Vizha		
29	Thursday	TNPESU - Inter Collegiate Tournaments	25	58
		Kalaimagal Vizha		
30	Friday	TNPESU - Inter Collegiate Tournaments	26	59
		FDP on Latest research trends in Physical Education and Sports		
		KalaimagalVizha		

OCTOBER 2022

Date	Day	Programme	Working days in a month	Total working Days
1	Saturday	Inter Collegiate Tournaments Alumni interaction with Freshly enrolled students	1	60
2	Sunday	Gandhi Jayanti		
3	Monday		2	61
4	Tuesday	Ayudha Pooja		
5	Wednesday	Vijaya Dasami		
6	Thursday	Internal Teaching Practice Examination (BPED) Allotment of internship (MPed) Orientation for internship (BPED)	3	62
7	Friday	Inter Collegiate Tournaments	4	63
8	Saturday		5	64
9	Sunday	Inter Collegiate Tournaments Milad-Un-Nabi		
10	Monday	Teaching Practice BPED (Begins) Construction of teacher made and performance test for BPED teacher trainees during teaching practice - Begins	6	65
11	Tuesday		7	66
12	Wednesday	Orientation on E-Learning Resources and Learning apps	8	67
13	Thursday		9	68
14	Friday	Workshop on Soft skills for MPed	10	69
15	Saturday	Youth Awakening Day (Dr. Abdul Kalam Birthday)	11	70
16	Sunday			
17	Monday	Library Advisory Committee Meeting	12	71
18	Tuesday		13	72
19	Wednesday		14	73
20	Thursday		15	74
21	Friday	Teaching Practice for BPED (Ends) Construction of teacher made and performance test for BPED teacher trainees during teaching practice - Ends	16	75
22	Saturday	World Swimming Day	17	76
23	Sunday			
24	Monday	Deepavali		
25	Tuesday			
26	Wednesday	CIA-II Test for BPED, MPed & BPES	18	77
27	Thursday		19	78
28	Friday		20	79
29	Saturday		21	80
30	Sunday			
31	Monday	National Unity Day - Rastriya Ekta Diwas	22	81

NOVEMBER 2022

Date	Day	Programme	Working days in a month	Total working Days
1	Tuesday	Workshop on Athletics	1	82
2	Wednesday		2	83
3	Thursday		3	84
4	Friday		4	85
5	Saturday		5	86
6	Sunday			
7	Monday		6	87
8	Tuesday	In house Research Orientation - Finalization of Thesis titles for MPed II year	7	88
9	Wednesday	In house Research Orientation - Colloquium for MPed II year	8	89
10	Thursday		9	90
11	Friday	National Education Day	10	91
		Technology Use and Integration		
		Online Assessment Learning		
		Effective use of learning apps in physical education and sports		
12	Saturday	Second Project Track and Field Meet	11	92
13	Sunday			
14	Monday	National Library Week	12	93
		World Diabetes Day – Awareness programme		
		IPR cell meeting		
		Unnat Bharat Abhiyan - Village Survey		
		Field visit for PG students		
15	Tuesday	Internal Practical Examination	13	94
16	Wednesday		14	95
17	Thursday	Peer feedback on game of Specialization (MPed)	15	96
18	Friday	Career guidance and Counselling	16	97
19	Saturday		17	98
20	Sunday			
21	Monday	External Practical Examination	18	99
22	Tuesday		19	100
23	Wednesday	In-house Research Practice – Presentation of Research Proposals by teachers	20	101
24	Thursday	Pre semester exam BPed, MPed & BPES - Begins	21	102
25	Friday	Pre semester exam BPed, MPed & BPES	22	103
26	Saturday		23	104
27	Sunday			
28	Monday	Pre semester exam BPed, MPed & BPES	24	105
29	Tuesday	Pre semester exam BPed, MPed & BPES - Ends	25	106
30	Wednesday			

DECEMBER 2022

Date	Day	Programme	Working days in a month	Total working Days
1	Thursday			
2	Friday	World Basketball Day		
3	Saturday			
4	Sunday			
5	Monday	Semester exam BPEd, MPEd & BPES		
6	Tuesday			
7	Wednesday			
8	Thursday			
9	Friday			
10	Saturday	IQAC meeting (Second quarter)		
11	Sunday			
12	Monday			
13	Tuesday	MOU's and activities review meeting		
14	Wednesday			
15	Thursday	Holy Mother Sarada Devi Jayanti		
16	Friday			
17	Saturday			
18	Sunday			
19	Monday			
20	Tuesday	Time table committee Meeting		
21	Wednesday	Classes start for EVEN Semester	1	1
22	Thursday		2	2
23	Friday		3	3
24	Saturday	Alumni Meeting	4	4
25	Sunday	Christmas		
26	Monday		5	5
27	Tuesday		6	6
28	Wednesday		7	7
29	Thursday		8	8
30	Friday	Mentor Mentee meeting	9	9
31	Saturday			

JANUARY 2023

Date	Day	Programme	Working days in a month	Total working Days
1	Sunday	New Year, Kalpatharu Day / Gurupuja Educational Exhibition		
2	Monday	UGC NET Coaching Classes	1	10
3	Tuesday		2	11
4	Wednesday		3	12
5	Thursday		4	13
6	Friday	Third Project Track and Field Meet	5	14
7	Saturday		6	15
8	Sunday			
9	Monday		7	16
10	Tuesday		8	17
11	Wednesday		9	18
12	Thursday	National Youth Day	10	19
13	Friday		11	20
14	Saturday	Swami Vivekananda Jayanti		
15	Sunday	Pongal		
16	Monday	Thiruvalluvar Day, Mattu Pongal		
17	Tuesday	UzhavarThirunal		
18	Wednesday		12	21
19	Thursday	Students Exchange Programme	13	22
20	Friday		14	23
21	Saturday		15	24
22	Sunday			
23	Monday		16	25
24	Tuesday	Republic Day Rehearsal	17	26
25	Wednesday		18	27
26	Thursday	Republic Day		
27	Friday	Value Added & Self-Study Courses Examinations	19	28
28	Saturday		20	29
29	Sunday			
30	Monday	CIA-I Test - EVEN Semester	21	30
31	Tuesday		22	31

FEBRUARY 2023

Date	Day	Programme	Working days in a month	Total working Days
1	Wednesday	CIA-I Test - EVEN Semester	1	32
2	Thursday		2	33
3	Friday	CIA-I Test - EVEN Semester	3	34
		Vidyalaya Foundation Day & Alumni Meeting		
		Play Festival Activities at Schools Begin		
		Village Placement Programme Begins		
4	Saturday	MPEd Internship	4	35
		CIA-I Test - EVEN Semester		
5	Sunday			
6	Monday	Faculty exchange programme	5	36
		CIA-I Test - EVEN Semester		
7	Tuesday	Faculty exchange programme	6	37
8	Wednesday		7	38
9	Thursday		8	39
10	Friday		9	40
11	Saturday			
12	Sunday			
13	Monday		10	41
14	Tuesday		11	42
15	Wednesday		12	43
16	Thursday	Village Placement Programme Ends	13	44
17	Friday	Play Festival Physical Activities Demonstration	14	45
18	Saturday		15	46
19	Sunday			
20	Monday	Mentor Mentee meeting	16	47
21	Tuesday	Bhagavan Sri Ramakrishna Jayanti	17	48
22	Wednesday	School visit- State/Matriculation/CBSE/ICSE/ Kendriya Vidyalaya	18	49
23	Thursday		19	50
24	Friday	Workshop on Handball	20	51
25	Saturday		21	52
26	Sunday			
27	Monday		22	53
28	Tuesday		23	54

MARCH 2023

Date	Day	Programme	Working days in a month	Total working Days
1	Wednesday		1	55
2	Thursday	Fourth Project Track and Field Meet	2	56
3	Friday		3	57
4	Saturday			
5	Sunday			
6	Monday		4	58
7	Tuesday	National Conference/ Seminar	5	59
8	Wednesday		6	60
9	Thursday		7	61
10	Friday	CIA-II Test II & IV Semester	8	62
11	Saturday		9	63
12	Sunday			
13	Monday		10	64
14	Tuesday	CIA-II Test II & IV Semester	11	65
15	Wednesday		12	66
16	Thursday	IQAC meeting (Third quarter)	13	67
17	Friday	Annual Day Group Division	14	68
18	Saturday			
19	Sunday			
20	Monday		15	69
21	Tuesday		16	70
22	Wednesday	Telugu New Year		
23	Thursday	Mentor Mentee meeting	17	71
24	Friday	Campus Interview	18	72
		World Kabaddi Day		
25	Saturday		19	73
26	Sunday			
27	Monday		20	74
28	Tuesday		21	75
29	Wednesday		22	76
30	Thursday		23	77
31	Friday	Annual Day Celebrations (Cultural Events)	24	78

APRIL 2023

Date	Day	Programme	Working days in a month	Total working Days
1	Saturday			
2	Sunday			
3	Monday		1	79
4	Tuesday	Mahaveer Jayanthi		
5	Wednesday		2	80
6	Thursday	World Table Tennis Day	3	81
7	Friday	Good Friday		
8	Saturday		4	82
9	Sunday			
10	Monday		5	83
11	Tuesday		6	84
12	Wednesday		7	85
13	Thursday		8	86
14	Friday	Tamil New Year		
15	Saturday			
16	Sunday			
17	Monday		9	87
18	Tuesday		10	88
19	Wednesday		11	89
20	Thursday		12	90
21	Friday		13	91
22	Saturday	Ramzan		
23	Sunday	World Book Day		
24	Monday	Internal Practical Exam	14	92
		World Cricket Day (Sachin Tendulkar Birth Day)		
25	Tuesday	Internal Practical Exam	15	93
26	Wednesday	External Practical Exam	16	94
27	Thursday		17	95
28	Friday	In-house Research Practice – Presentation of Research Proposals by teachers	18	96
29	Saturday		19	97
30	Sunday			

MAY 2023

Date	Day	Programme	Working days in a month	Total working Days
1	Monday	May Day		
2	Tuesday		1	98
3	Wednesday		2	99
4	Thursday	Pre semester Exam - EVEN Semester - begins	3	100
5	Friday	Pre semester Exam - EVEN Semester	4	101
6	Saturday		5	102
7	Sunday	World Athletics Day		
8	Monday	Pre semester Exam - EVEN Semester	6	103
9	Tuesday	Pre semester Exam - EVEN Semester - ends	7	104
10	Wednesday			
11	Thursday			
12	Friday			
13	Saturday			
14	Sunday			
15	Monday	Semester Exam - EVEN Semester		
16	Tuesday			
17	Wednesday			
18	Thursday			
19	Friday			
20	Saturday			
21	Sunday			
22	Monday			
23	Tuesday			
24	Wednesday			
25	Thursday			
26	Friday			
27	Saturday			
28	Sunday			
29	Monday			
30	Tuesday			
31	Wednesday			

Common Activities

Common Activities

S. No	Name of the activities	Staff in-charge	Date/Day
1.	Deeksharambh (Student Induction Programme)	Dr. T. Thangamani	10.8.2022 - 12.8.2022
2.	Compensatory coaching for those engaged in outreach assignments	All staff	As and when needed
3.	Individualized sports coaching	All staff	
4.	Peer Assisted Coaching in Game of Specialization	All staff	Semester Holidays
5.	Peer Feedback in Game of Specialization	All staff	As and when needed
6.	Internship - Teaching Practice (BPEd I year)	Dr. V. Saminathan	Every Wednesday
7.	Internship - Teaching Practice (BPEd II year)	Dr. T. Jayabal	Every Thursday
8.	Internship - Coaching Practice (MPEd)	Dr. E. Amudhan	Every Thursday
9.	Laboratory Utilization	Concerned staff in-charge	28.11.2022
10.	Care and maintenance of play fields	All staff	As and when needed
11.	Educational Exhibition	Dr. E. Amudhan & Dr. P. Senthilkumar	Nov & Dec
12.	Outreach activities	Dr. E. Amudhan	As and when needed
13.	Gender sensitivity, Yoga, Digital India, National Water Mission	Dr. A. Needhiraja	9.1.2023, 20.2.2023, 27.2.2023, 28.2.2023

S. No	Name of the activities	Staff in-charge	Date/Day
14.	<ul style="list-style-type: none"> • Relevant educational documents are obtained on a regular basis • Documents are made available from other libraries on loan • Documents obtained as and when teachers recommend • Documents obtained as gifts to College 	Dr. A. Velayutham	23.11.2022 to 31.11.2022
15.	Redressal of student grievances including sexual harassment and ragging cases - Activities	All Staff	Once in a month
16.	IQAC meetings	Dr. T. Jayabal	Once in 3 months
17.	Academic Administrative Audit (AAA)	Dr. T. Jayabal	Yearly Once
18.	Online teaching for Part IV courses	Concerned Faculty	Every Monday & Friday (2.30 pm - 3.30 pm)
19.	Intramural	Dr. M. Srinivasan	Every Wednesday (3.30 – 6.00 pm)
20.	Fit Vidyalaya Internship Programme for MPed	Dr. V. Saminathan	Every Thursday (3.30 - 4.30 pm)
21.	Sports Science Laboratory utilization for MPed	Concerned Faculty	Every Wednesday and Friday (6.30 to 8.30 am)

S. No	Name of the activities	Staff in-charge	Date/Day
22.	Special lectures by experts for all programmes: Career Guidance and Placement Cell	Dr. T. Thangamani & Dr. M. Ashokkumar	2nd Monday of every month (12.00 to 1.00 pm)
23.	Discussion on recent policies & regulations (MPED I & II year)	Dr. M. Srinivasan & Dr. V. Balamurugan	4th Monday of every month (12.00 to 1.00 pm)
24.	Presentation of seminars by Teachers for MPED II year	Dr. A. Velayutham	3rd Friday of every month (12.00 to 1.00 pm)
25.	Swachh Bharat	Dr. A. Needhiraja & Sri. B.Aaron Arshay Keets	3rd Friday of every month (6.30 to 8.00 am)
26.	Unnat Bharat Abhiyan	Dr. A. Needhiraja & Dr.S.Arivazhakan	14 - 30 November 2022
27.	Organizing Learning (lesson plan)	Dr. T. Jayabal & Dr. V. Saminathan	Every Wednesday & Thursday
28.	Developing Teaching Competencies	Dr. T. Jayabal & Dr. V. Saminathan	Every Wednesday & Thursday
29.	Assessment of Learning	Dr. V. Saminathan & Dr. M. Prabhu	Every Wednesday & Thursday
30.	Technology Use and Integration	Dr. A. Velayutham	11th November 2022

S. No	Name of the activities	Staff in-charge	Date/Day
31.	Facilitating Inclusive Physical Education	Dr. M. Srinivasan	As and when needed
32.	Organizes events of mutual interest- literary, cultural and open discussions on pertinent themes to school education –	Dr. T. Thangamani & Dr. M. Ashokkumar	Every Monday
33.	Capability building and skill enhancement initiatives & Career and Personal Counselling	Dr. T. Thangamani & Dr.S.Arivazhakan	Saturday

OTHER IMPORTANT EVENTS

Code of Conduct

- ◆ For Students – SIP
- ◆ Professional ethics programmes periodically for students, teachers, administrators and other staff

Faculty Development Programme

- ◆ FDP on Bloom's Taxonomy
- ◆ FDP on ICT integrated Learning Resources in Physical Education and Sports
- ◆ FDP on MS office
- ◆ Outcome Based Education – 5th August
- ◆ Faculty - Article writing - 8th November

FDP for Administrative Staff

- ◆ MS word
- ◆ MS excel

Special Lectures

- ◆ Career Guidance and Placement Cell
- ◆ Soft skills development Programme
- ◆ Life skills course
- ◆ Maintenance of Registers and Records in Physical Education
- ◆ Roles and responsibilities of Physical Education Teachers

- ◆ Orientation of new games in school education
- ◆ Diversified school education system
- ◆ Bharathiar Day Games, Republic Day Games and Republic Day Sports
- ◆ Orientation on Racketlon

Workshop

- ◆ Athletics
- ◆ Handball

Feedbacks

- ◆ Parents
- ◆ Trainee, Mentor and Head of institution (Internship Phase II)
- ◆ Peer
- ◆ Alumni
- ◆ Trainee, Mentor and Head of institution (Internship Phase I)

Seminars

Orientation Programmes

- ◆ Innovative Teaching Approaches
- ◆ Effective Communication - I Year
- ◆ NEP / NCFTE
- ◆ Profession standard for Teachers (PST)
- ◆ NSS Camp
- ◆ Visit to Vidyalaya Educational Institutions
- ◆ Mock Interview
- ◆ Mock Test for Competitive Exams
- ◆ International Day of Yoga

Class Teachers

BPES - I	Dr. M. Srinivasan & Dr. V. Balamurugan
BPEd - I	Dr. V. Saminathan & Dr. A. Needhiraja

BPEd - II	Dr. T. Thangamani & Dr. P. Senthilkumar
MPed - I	Dr. E. Amudhan
MPed - II	Dr. T. Jayabal
Value Added and Self-Study Courses	
Fundamental moves in Aerobics	Dr. A. Needhiraja & Dr. M. Ashokkumar
Therapeutic Yoga	Dr. E. Amudhan & Dr. T. Thangamani
Basic Skills and Officiating in Tennis	Dr. M. Srinivasan & Dr.S.Arivazhakan
Fitness and Wellness Management	Dr. V. Saminathan & Dr. R. Dharmalingam
Kalaripayattu	Dr. P. Senthilkumar & Dr. M. Prabhu
Online Courses	
SWAYAM / MOOC	Dr. M. Srinivasan & Dr. V. Balamurugan
Intramural & Extramural Director	
Intramural	Dr. M. Srinivasan & Dr. M. Ashokkumar
Extramural	Dr. E. Amudhan & Sri. B.Aaron Arshay Keets
Theory and Practical Coordinators	
Theory	Dr. T. Thangamani
Practical	Dr. V. Balamurugan

Internship

BPEd: Dr. T. Jayabal, Dr. V. Saminathan & Dr. T. Thangamani

MPed: Dr. E. Amudhan

S. No.	Name of the programme	Date
1.	Internship: Teaching Practice (BPEd IIInd year teacher trainees)	Every Wednesday & Thursday
2.	Internship: Teaching Practice (MPed IIInd year teacher trainees)	Every Thursday

S. No.	Name of the programme	Date
3.	Internship Phase - I (BPEd)	10.10.2022 - 21.10.2022
4.	Internship (Synchronised Physical Activities) Phase - II (BPEd)	3.2.2023 - 17.2.2023
5.	Internship - MPEd	3.2.2023 - 17.2.2023
6.	Orientation, discussion and training regarding sports training gadgets	24.8.2022 & 25.8.2022
7.	Orientation programme on "Method of organising various, learning resources and developing ICT based learning situation"	26.08.2022
8.	Internal teaching practice orientation programme (Content mapping, formulating learning objective and preparation of model lesson plan)	01.09.2022
9.	ICT skills for effective learning in physical education and sports Integrating ICT resources for lesson plan preparation	7.9.2022
10.	Organizing Learning (lesson plan)	8.9.2022
21.	ICT skills for effective learning in physical education: Developing assessment tools for both online and offline learning	12.09.2022 & 12.11.2022
22.	Developing Teaching Competencies	14.9.2022 & 15.09.2022
23.	Effective use of learning apps for learning in physical education and sports	15.09.2022 & 11.11.2022
24.	Methods of evaluating students learning	11.9.2022 & 22.9.2022
25.	Evaluation of student's abilities	28.9.2022 & 29.09.2022
26.	Assessment of Learning	6.9.2022 & 7.10.2022

S. No.	Name of the programme	Date
27.	Identifying and selecting online learning resources in physical education and sports	19.9.2022 & 14.11.2022
28.	Construction of teacher made and performance test for BPEd Ist and IInd year teacher trainees during teaching practice	10.10.2022 to 21.10.2022

Organisation of Important Events and Programmes

1.	International Day of Yoga	21.06.2022
2.	The Orientation Programme for Fit Vidyalaya	20.07.2022
3.	Faculty Development Programme on, 'Receiving letters and Bill Payment' for Administrative Staff	23.07.2022
4.	Selection trials for BPEd and MPEd Programmes	01.08.2022
5.	Student Induction Programme (SIP)	17.08.2022 and 18.08.2022
6.	Student literary Association election	23.08.2022
7.	Major Dhyanchand's birthday, National Sports Day	29.08.2022
8.	Parents meeting	10.08.2022
9.	In Commemoration of 125 years of Ramakrishna Math & Ramakrishna Mission and 75th Anniversary of Indian Independence, a State Level Inter-school Yogasana Competition	30.07.2022
10.	76th Independence Day celebration	15.08.2022
11.	Anti-drug Abuse awareness programme	10.08.2022
12.	NSS inaugural programme	06.09.2022
13.	Teachers Day Celebration	05.09.2022
14.	First project track and field meet	16.09.2022
15.	Second project track and field meet	12.11.2022
16.	Leadership training camp	10.09.2022 to 14.09.2022
17.	An orientation programme on "e-learning resources and learning apps"	13.10.2022

18.	An orientation programme on "Soft Skills"	14.10.2022
19.	Tamil Nadu Physical Education and Sports University inter-collegiate Cricket and Tennis tournaments	29.09.2022 - 01.10.2022
20.	Tamil Nadu Physical Education and Sports University inter-collegiate Ball Badminton and Hockey tournaments	7.10.2022 to 09.10.2022
21.	State level workshop cum officiating examination in 'Athletics'	01.11.2022 to 02.11.2022
22.	Capability building and skill enhancement initiative special lectures	07.11.2022
23.	Workshop on Handball	24.2.2023 & 25.2.2023
24.	National Conference/ Seminar	7.3.2023 & 8.3.2023
25.	Energy Conservation	
	Orientation Programme on Energy Conservation for students	9.1.2023
26.	Waste Management	
	Orientation Programme on Waste Management for students	22.12.2022
27.	Green Initiatives	
	Orientation programme on Green Initiatives	28.11.2022

Examinations

ODD Semester	
CIA - I	September 19 - 23, 2022
CIA - II	October 26 - 31, 2022
Internal Practical Examination	November 15 - 16, 2022
External Practical Examination	November 21 - 22, 2022
Pre Semester Examination	November 25 - 30, 2022
End Semester Examination	December 5 - 9, 2022

EVEN Semester

CIA - I	January 30 - February 3, 2023
CIA - II	March 10 - 15, 2023
Internal Practical Examination	April 24 - 25, 2023
External Practical Examination	April 26 - 27, 2023
Pre Semester Examination	May 4 - 9, 2023
End Semester Examination	May 15 - 19, 2023

Value Added and Self-Study Courses

Fundamental moves in Aerobics	27 January 2023
Therapeutic Yoga	27 January 2023
Basic Skills and Officiating in Tennis	28 January 2023
Fitness and Wellness Management	28 January 2023
Kalaripayattu	28 January 2023

International Sports Events of the Academic Year (2022-2023)

Sport	Event	Date	Location
Tennis	Wimbledon	Jun 27 - Jul 10 2022	London, England
Field Hockey	Womens FIH Hockey World cup	July 1 - July 17 2022	Terrassa, Spain and Amstelveen, Netherlands
Athletics	IAAF World Athletics Championship	Jul 15-24 2022	Eugene, Oregon USA
Commonwealth Games	Multi-sports	Jul 28 - Aug 8	Birmingham, England
Volleyball	World Volleyball Championships (men)	Aug 26 - Sep 11 2022	Poland & Slovenia
Tennis	US Open	Aug 29 - Sep 11 2022	New York, USA
Volleyball	World Volleyball Championships (Women)	Sep 23 - Oct 15 2022	Netherlands & Poland

Sport	Event	Date	Location
Basketball	FIBA Women's Basketball World Cup	Sep 22-Oct 1 2022	Sydney, Australia
Table tennis	World Championship	Sep 30 - Oct 9 2022	Chengdu, China
Cricket	ICC world T20 (Men)	Oct 16 - Nov 13 2022	Australia
Football (Soccer)	FIFA World cup	Nov 20-Dec 18 2022	Qatar
Weightlifting	World Championship	Dec 5-16 2022	Colombia
Swimming	FINA World Swimming Championships (25m)	Dec 13-18 2022	Australia
Tennis	Australian Open	Jan 16-29 2023	Melbourne, Australia
Multi-sports	Winter World University Games	Jan 12-22 2023	Lake Placid, USA
Handball	World Championships (men)	Jan 12-29 2023	Poland and Sweden
Field Hockey	Men's Hockey World Cup	Jan 13-29 2023	Bhubaneswar & Rourkela, India
Multi-sports	Special Olympics World Winter Games	Jan 21-27 2023	Kazan, Russia
Cricket	ICC World T20 (women)	Feb 9-26 2023	South africa
Cricket	World Cup	Feb 9 - Mar 26 2023	India
Multi-sports	South-East Asian Games	May 5-16 2023	Phnom Penh, Cambodia
Table Tennis	World Championship	May 22-28 2023	Durban, South Africa
Tennis	French Open	May 28 - Jun 11	Paris, France



Notes

Notes

Notes

CALENDAR FOR 2023

January 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2023						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

July 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

