


**ACADEMIC PROFILE**

<b>Name</b>	<b>Dr. V.SAMINATHAN</b>	
<b>Designation</b>	Assistant Professor	
<b>Date of Birth</b>	20.06.1977	
<b>Office Address</b>	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education Coimbatore - 641020.	
<b>Resi. Address</b>	N0.10, Maruthi Quarters Ramakrishna Mission Vidyalaya S.R.K.V.Post, Periyanaickenpalayam Coimbatore – 641 020.	
<b>Phone (Office)</b>	0422-2692443	
<b>Resi.</b>	-	
<b>Mobile</b>	+91-9524837191	
<b>Email</b>	saamipe@gmail.com	
<b>Academic Qualifications</b>		
<b>Degree</b>	<b>University</b>	<b>Year of Passing</b>
B.Com.	Government Arts College, Namakkal, Madras University	1997
M.Com (CA)	Annamalai University	2013
B.P.Ed.	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore. [Bharathiar University]	1999
M.P.Ed.	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore. [Bharathiar University]	2000
M.Phil	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore. [Bharathiar University]	2005
Ph.D	Sri Pushpam College of Arts & science College, [Bharathidasan University]	2012
NET	Qualified UGC- NET	2012
P.G. Diploma in Yoga	Annamalai University	2008
<b>Proficiency in Sports and Games</b>		
<b>Name of the Course</b>		<b>University / Organization</b>
B.P.Ed		Represented Bharathiar University Hockey Team in the <b>SOUTH ZONE INTER-UNIVERSITY HOCKEY TOURNAMENT</b> organized by Sri Venkateswara University – Tirupathi, Andra pradesh in the year 1998 – 1999.

B.P.Ed	Represented Bharathiar University Athletic team in the <b>ALL INDIA INTER-UNIVERSITY ATHLETIC MEET</b> organized by Manonmaniam Sundranar University – Tirunelveli, Tamil Nadu in the year 1998 - 1999		
M.P.Ed	Represented Bharathiar University Hockey team in the <b>SOUTH ZONE INTER UNIVERSITY HOCKEY TOURNAMENT</b> organized by Annamalai University – Chidambaram Tamil Nadu in the year 1999 – 2000.		
<b>Experience Info</b>			
From - To	Name of the Post	Institution	Category
20-07-2000 – 31-12-2012	Assistant Professor	<i>Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education</i>	un - Aided
02-01-2013 – 15.06.2018	Physical Director Grade - I	<i>Government Hr Sec School, Sirumugaipudur, Coimbatore, Tamil Nadu.</i>	Government
Since 18.06.2018 to till date	Assistant Professor	<i>Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education</i>	Aided
<b>Areas of Academic Interest</b>			
<ul style="list-style-type: none"> <li>❖ Statistics in Physical Education</li> <li>❖ Research Methods in Physical education</li> <li>❖ Sports Training</li> <li>❖ Methods in Physical Education</li> <li>❖ Foundation of Physical Education</li> <li>❖ Measurement and Evaluation in Physical Education</li> <li>❖ Applied Biomechanics and Kinesiology</li> </ul>			
<b>Membership in Academic Bodies / Board of Studies / Editorial Board (Journals)</b>			
<b>Major Academic Publications</b>			
<ul style="list-style-type: none"> <li>❖ Member - Board of Studies in Ramakrishna Mission Vivekananda University and SRMV Maruthi College of Physical Education,</li> <li>❖ Examiner for Gobi Arts and Science College, Gobichettipalayam. Erode.</li> <li>❖ Examiner for Avinashilingam Institute for Home Science and Higher education for Women, Coimbatore.</li> <li>❖ Served as editor in journal of physical education and sports sciences. ISBN: 0976 -6618.</li> <li>❖ Teachers Recruitment Board (TRB) – Physical Education Teacher Exam Guide. - Teachers Publishing House, Coimbatore. ISBN – 978-93- 80800-43-1</li> <li>❖ Guide for Physical Education Teachers - Mercury printers &amp; Publishers, Perambalur. ISBN NO. – 978-93-5001-454-7</li> <li>❖ History of Physical Education - Shanlax Publications, Madurai. ISBN NO. 978-93-87871-29-8</li> <li>❖ Statistical Application in Physical Education - Shanlax Publications, Madurai. ISBN NO. 978-93-87871-30-4</li> </ul>			

1. Published Research Articles Journals					
S. No	Author / Co-author	Topic	Journal / ISSN	Volume / Issue	Year/ Impact factor
1.	Author	Effect of selected yogic asana training on flexibility parameters among sports persons	Journal of Physical Education and Sports sciences (JOPESS) – ISSN No.0976 -6618	Vol-2-1	January -2010
2.	Co-author	Influence of psychological skills training on selected psycho physiological and psychomotor variables of high level participants	Journal of Physical Education and Sports sciences (JOPESS)– ISSN No.0976-6618	Vol-3 -1	January -2011
3.	Author	Effect of cross training with game specific exercises on selected physiological and performance variables among field hockey players.	Bharathiar National Journal of Physical Education and Exercise Sciences (BNJPEES), ISSN No; 0976-3678	Vol-3-1	June, 2011
4.	Author	Effect of cross training on selected physical and performance variables among field hockey players	Journal of Physical Education and Sports sciences (JOPESS) – ISSN No.0976 -6618	Vol-3-2	January -2012
5.	Author	Effect of twelve weeks yogic practices on selected psychological variables among school boys	Journal of Physical Education and Sports sciences (JOPESS) – ISSN No.0976 -6618	Vol-2-1	June – 2013
6.	Author	Influence of twelve weeks of aerobic training on selected physiological variables among BP patients	International Journal of Advanced And Innovative Research. IJAIR- Volume 2 Issue 06 ISSN No; 2278-7844	Vol-2-1	June – 2013
7.	Co-author	Identification of selected anthropometric characteristics among handball players	Journal of Adapted physical education and yoga, ISSN No; 2229-4821	Vol-3-1	June – 2013
8.	Author	Effect of plyometric training on selected lung functions among hockey players	Journal of Physical Education and Sports sciences (JOPESS) –, ISSN No.0976 -6618	Vol-5-2	December – 2013
9.	Author	Influence of Physical Exercises on Body Mass Index among Obese Women	International Journal of Recent Research and Applied Studies, ISSN: 2349 – 4891,	Vol-6-1	June 2014
10.	Author	Impact of S.A.Q Training on Selected Hematological Variables Among School Boys	Journal of Physical Education and Sports sciences (JOPESS)–: ISSN No.0976-6618	Vol-6-1	June – 2014
11.	Author	Analysis of psychological differentials among boys and girls hockey players	JOPESS ISSN No.0976 -6618	Vol-6-2	December – 2014

12.	Co-author	Effects of game specific training on selected physical and performance variables among football players	Journal of Physical Education and Sports sciences (JOPESS)–: ISSN No.0976-6618	Vol-7-1	June – 2015
13.	Co-author	Effects of aerobic training and pranayama on selected motor fitness and psychological variables of physical education men students	Journal of Physical Education and Sports sciences (JOPESS) –: ISSN No.0976 -6618	Vol-8-1	June – 2016
14.	Author	Analysis of Psychological Differentials Among School Boys and Girls Hockey Players	Journal of Physical Education and Sports sciences (JOPESS) –: ISSN No.0976 -6618	Vol-8-2	Dec-2016
15	Author	Impact of Yogic practices on Selected psychological variables among boys	Star International Journal , Star Vol.5 Issue 2(6), ISSN: 2321-676X	Vol.5-2(6),	Feb-2017
16.	Author	Effect of Aerobic Exercises on Selected Physical Fitness Variables among school boys	Star International Journal , Star Vol.5 Issue 3(10), ISSN: 2321-676X	Vol.5-3(10),	Mar-2017
17.	Author	Effect of Specific Resistance Training Packages on Selected Psychological Variables Among Hockey Players	Star International Journal , Star Vol.5 Issue 7(10), ISSN: 2321-676X	Vol.5-7(10)	Jul-2017
18.	Author	Influence of Physical and Extra Curricular Activities on Cognitive Anxiety Among School Boys	Star International Journal , Star Vol.5 Issue 7(10), ISSN: 2321-676X	Vol.5-9(13),	Sep-2017
19.	Author	Influences of Circuit Training on Athletic Performances Among School Boys	Star International Journal , Star Vol.5 Issue 10(10), UGC Journal No: 63023 ; ISSN: 2321-676X	Vol.5-10(10),	October 2017
20.	Author	Analysis of Psychological Differentials Among Hockey and Kabaddi Players	Star International Journal , Star Vol.5 Issue 11(13), UGC Journal No: 63023 ; ISSN: 2321-676X	Vol.5-11(13),	Nov-2017
21.	Author	Effect of Game Specific Exercises on Selected Performance Factors of Field Hockey Players	Star International Journal, Volume 6, Issue 1(14), UGC Journal No: 63023 ; ISSN: 2321-676X	Vol- 6-1(14),	Jan - 2018
22.	Author	Impact of Concurrent Training on Selected Motor Ability Variables Among School Level Hockey Players	Star International Journal, Volume 6, Issue 2(15), UGC Journal No: 63023 ; ISSN: 2321-676X	Vol- 6-2(15),	Feb-2018
23.	Author	Influence of Aerobic Dance on Selected Psychological Variables Among School Boys	Star International Journal, Volume 6, Issue 3(10) , UGC Journal No: 63023 ; ISSN: 2321-676X	Volume 6, Issue 3(10)	Mar - 2018

Paper Presentation in International Conference/Seminar						
S.No	Level	Theme	Topic	Organis ation	Date	Status
1	International	Exhibition on 'Modern Trends in Exercise Physiology and Nutrition',	Components of Talent Identification In sports Performance	TNPES U-Chennai -	Feb, 15 &16 - 2008	
2	International	Application of science, engineering & technology in sports -	Effect of Yogic Training On Flexibility Parameters among Sports persons.	MAM College Of Engineering, Truchirapalli	Dec, 7 & 8 - 2009	
3	International	Positive Perspectives of Adapted Physical Education -	Influence of Motor Training Programme Combined with Floor Hockey Drills on Selected Motor Fitness, Physiological and Skill Performance variables of Individuals with Intellectual Disability	Ramakrishna Mission Vivekananda University, FGapey, Coimbatore,	Sep, 19 &20 - 2011	
4	International	Prospective Approaches and Applications of yoga & Physical Activity for Better Life	Prediction of Handball Playing Ability From Selected Anthropometrical, Physical, Physiological and Psychological Variables Among College Level Players	All Saints' College Tiruvannanthapuram-	Nov- 19 &20, 2015	
5	International	Bridging Innovations in Sports, Education and Nutrition	Effects of Cross Training with Specific Drill on Selected Bio - Motor Variables and Skill Performance Variables of College Men Badminton Players	Avinashilingam University, Coimbatore	8th & 9th February, 2018	

Paper Presentations in National Conferences / Seminars						
S.No	Level	Theme	Title of the Paper	Organised by	Date	Status
1	National	Innovative concepts of inter disciplinary approaches towards physical education	Stress Management Techniques	Algappa University, Karaikudi	Sep-14, 2007	
2	National	Seminar on Healthy Ageing through yoga therapeutic means and sports -	Healthy Initiatives for Longer Life	Algappa University, Karaikudi -	Sep, 18 - 2008	
3	National	Conference on Role of Sports Sciences and Technology in Enhancing Sports Performance	Effect of Pranayama on Stress	Bharathidasan University - Truchirapalli,	Mar, 21 - 2009	
4	National	Practical approaches and applications in sports medicine -	Prevention of Sports Injuries In Early Ages.	MDT. Hindu College- Tirunelveli -	Jan,- 29, 2010	UGC sponsored
5	National	Role of science, technology and yoga in enhancing sports performance and health -	Effect of Yoga programme on selected physiological Variables Among Hockey Players	Meenaakshi Ramaswamy Physical Education College, Ariyalur	Feb, 6 - 2010	
6	National	Essentials of a Qualified teacher in yoga	Yoga Exercises for Pregnant Women	Ramakrishna Mission Vivekananda University, FGAPEY & Maruthi College of Physical Education, Coimbatore -	Mar, 26 & 27 - 2010	
7	National	teaching in physical education : Quality concern-	Qualified Teacher in Physical Education	SRMV, Maruthi College of Physical Education	Mar, 18 & 19 - 2011	NAAC sponsored

8	National	Recent technologies in sports sciences	Effect of Kalaripayattu Training on Psychomotor Variables among High School boys	Bharathiar University, Coimbatore,	Mar, 22 & 23 - 2011	UGC sponsored
9	National	Development of sports in Rural areas: Issues and Challenges -	Effect of Cross Training with Game Specific Exercises on Selected Physical and physiological Variables among Field Hockey Players	Gobi Arts & College, Gobichetipalayam,	Dec, 16 & 17 - 2011	UGC sponsored
10	National	Impact of Physical Education in Developing Wholesome Personality among Student Community-	Specific Exercises on Selected Physiological variables Among Field Hockey Players	SRMV, Maruthi College of Physical Education, Coimbatore,	Mar, 16&17-2012	
11	National	Modern trends in sports management	Effect of Cross training with Specific Exercises on Selected Performance Variables among field Hockey Players	Ayya Nadar Janaki Ammal college, Sivakasi	Mar, 21 & 22 - 2012	UGC sponsored
12	National	Recent Developments in sports science and their contribution towards physical education	Effect of Cross training on Selected Physical Fitness Variables among field Hockey Players	Sree Sevugan Annamalai College, Devakottai,	Oct, 5 & 6 - 2012	UGC sponsored

13	National	Relevance of swami Vivekananda's Philosophy to Education and Physical Education in the current High – tech Era -	Modern Trends Physical Education	SRMV, Maruthi College of Physical Education, Coimbatore,	Dec, 20 & 21- 2013	
14	National	The role of sports sciences in achieving human excellence	Influence of Resistance Training on Selected Physical Fitness Variables of Field Hockey Players	SRMV, Maruthi College of Physical Education, Coimbatore	Mar, 1 3th & 14th - 2015	UGC sponsored
15	National	Road Map to 2020 Olympics	Scientific Approach to a Successful 2020	SRMV, Maruthi College of Physical Education, Coimbatore,	23rd & 24th Feb, 2017	
16	National	Technology innovation and Entrepreneurship in sports	Effect of E - Content Based Coaching on Selected Fundamental Skills in Handball	Bharathiar University, Coimbatore,	23rd & 24th Mar - 2017	
17	National	yoga for world peace	Impact of Yogasana Programme on Selected Psychological Variables among School Boys	SRMV, Maruthi College of Physical Education, Coimbatore	26 th & 27th February 2018	
18	National	impact of Technology in sports performance	Effect of Specific Skill training on With and Without Visual Aids on Selected Skill Performance Variables of College Level Male handball players	Vinayaka Mission's College of Physical Education, Salem	23rd and 24th March 2018	



19	National	modern trends and developments in yoga	Effect of savasana Combined with Conventional Training on Dribbling & Shooting of Hockey Players	Bharathidasan University	Mar, 21 - 2017	
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**Attended in Conferences / Seminars / Workshops**

S.No	Level	Theme	Organised by	Date	Status	Number of Days
1	National	Sports Medicine	SRMV, Maruthi College of Physical Education, Coimbatore,	Mar-12 & 13- 1999		Two Days
2	National	Adapted Education	SRMV, Maruthi College of Physical Education, Coimbatore,	Mar-30 & 31 - 2000		Two Days
3	State Level	Modern Trends in Physical Education	SRMV, Maruthi College of Physical Education, Coimbatore	2002		Two Days
4	State Level	New Games	SRMV, Maruthi College of Physical Education, Coimbatore	2003.		Two Days
5	National	Trends Emerging in Physical Education in the 21 <sup>st</sup> Century	SRMV, Maruthi College of Physical Education, Coimbatore,	29 and 30 Jan, 2004		Two Days
6	National	Personality Development, Sports Fitness and Health Related Fitness	SRMV, Maruthi College of Physical Education, Coimbatore,	2004.		Two Days
7	National	Talent Identification for Sports	SRMV, Maruthi College of Physical Education, Coimbatore,	28 – 30 Mar, 2006		Three Days

8	National	to Evolve a standardized age test and age related changes in factors affecting sports performance	SRMV, Maruthi College of Physical Education, Coimbatore,	12-14 Mar, 2007		Three Days
9	National	Preservation and Propagation of Indigenous sports and Games of India	SRMV, Maruthi College of Physical Education, Coimbatore,	Feb, 28 & 29 -2008		Two Days
10	National	Preservation and Propagation of Indigenous sports and Games of India	SRMV, Maruthi College of Physical Education, Coimbatore,	Mar, 26 & 27 - 2009	UGC Sponso red	Two Days
11	National	Multiple Approaches Towards Intellectually Challenged Children	SRMV, Faculty of Disability Management and Special Education & FGAPEY, Coimbatore,	12 & 13 Feb, 2009.		Two Days
12	Workshop	Trends in Basketball, Volleyball and Football	SRMV, Maruthi College of Physical Education, Coimbatore	3 & 4 Apr, 2000		Two Days
13	Workshop	Current Trends in Cricket and Hockey	SRMV, Maruthi College of Physical Education, Coimbatore	2001.		Two Days
14	Workshop	Track and Field	SRMV, Maruthi College of Physical Education, Coimbatore	17 & 18 Jan, 2002.		Two Days
15	Workshop	Total Quality Management and Funding Agencies	SRMV, Maruthi College of Physical Education, Coimbatore	2005		Two Days
16	Workshop	officiating in Basketball and Volleyball	SRMV, Maruthi College of Physical Education, Coimbatore	27 & 28 Sep, 2010		Two Days

17	National Level Workshop	Employers Based Curriculum Design in Physical Education	SRMV, Maruthi College of Physical Education, Coimbatore	12 Aug, 2012		One day
18	National Workshop	Career Oriented Curriculum in Physical Education	RMVU, Faculty of General & Adapted Physical Education and Yoga, Cbe	02 Nov, 2012		One day
19	State Level Workshop	on Athletics	SRMV, Maruthi College of Physical Education, Coimbatore	8 <sup>th</sup> & 9 <sup>th</sup> Nov, 2012.		Two Days
20	Workshop	Officiating and Coaching in Football	Coimbatore	19 <sup>th</sup> Oct, 2012		Two Days
21	National workshop	Statistical Software Application in Physical Education and sports Science Research	Tiruchirappalli	18 & 19 Mar, 2012	UGC Sponso red	Two Days
22	Workshop	“Officiating and Coaching in Kho-Kho”	SRMV, Maruthi College of Physical Education, Coimbatore	2013		Two Days
23	National Level Workshop	on Officiating and Coaching in Handball	Coimbatore,	2013		Two Days
24	State Level	Workshop and officiating examination in Kabaddi	SRMV, Maruthi College of Physical Education, Coimbatore	17 <sup>th</sup> & 18 <sup>th</sup> September, 2013		Two Days
25	State level workshop	“Current System of Physical Education and Adapted Physical Education in Schools in Tamil Nadu	Coimbatore	2014		Two Days
26	State level	workshop on Athletics	Coimbatore,	2015		Two Days
27	State Level	Workshop and officiating in Throwball	Coimbatore	3 <sup>rd</sup> & 4 <sup>th</sup> September, 2014.		Two Days

28	State Level	Workshop on Athletics	Coimbatore on	19 <sup>th</sup> & 20 <sup>th</sup> December, 2014	Two Days
29	State Level	Workshop and Officiating Examination in Kho-Kho	Coimbatore	21 <sup>st</sup> & 22 <sup>nd</sup> August, 2015.	Two Days
30	State Level	Workshop on Archery, Carrom, Chess, Tennikoit and Taekwondo	Coimbatore	15 <sup>th</sup> & 16 <sup>th</sup> September, 2015.	Two Days
31	State Level	Workshop on Gymnastics and Mallakhamb	Coimbatore	2 <sup>nd</sup> & 3 <sup>rd</sup> September, 2016.	Two Days
31	State Level	Workshop on Athletics	Coimbatore	16 <sup>th</sup> & 17 <sup>th</sup> December, 2016	Two Days
32	State Level	Workshop on Traditional Sports, Games and Physical Cultures	Coimbatore	25 <sup>th</sup> & 26 <sup>th</sup> September-2018	Two Days

**Organization of Academic Conferences / Workshops / Designing Courses**

S.No	Name of the seminar /conference/ symposia etc organised	Level - International/National/State/District	Name of the Sponsoring Agency	Place and Date
1.	Current Trends in Cricket and Hockey	State level	SRMV Maruthi College of Physical Education.	Coimbatore, 2001

**Invited Lectures / Chairing / Resource Person / Keynote Address**

S.No	Resource Person In Seminar/Workshop/Conference/Symposia	Name of the sponsoring agency	Place and date
1	Rules and Interpretation for New Games	Department of School Education	Coimbatore, 2005
2	Special speech about physical fitness and its importance	Jagannath textile, Karumathampatti	Coimbatore, 2007
3	Rules and Interpretation for New Games	Sports Development Authority of Tamilnadu	Ooty, 2010
4	Rules and Interpretation for New Games	Department of School Education, 2006	Coimbatore, 2006
5	Method of Teaching	Directorate of Teacher Education Research and Training (DTERT), Tamil Nadu	Coimbatore, 2015
6	Science of Yoga	Refresher Course in yoga, SSA	Coimbatore, 2016
7	Method of Teaching	Refresher Course in Physical Education, Directorate of teacher education	Coimbatore, 2016
8	Physical Directors and Physical Education teachers Knowledge Enhancement programme	Department of School Education	Coimbatore, 2018