


ACADEMIC PROFILE

Name	Dr. M. Srinivasan	
Designation	Assistant Professor	
Date of Birth	20-07-1982	
Office Address	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, SRKV post, Periyanaickenpalayam, Coimbatore-64102	
Phone(Office)		
Resi.		
Mobile	9789304314	
Email	srinigodisgreat14@gmail.com	
Academic Qualifications		
Degree	University/Institution	Year of Passing
PhD	Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of General and Adapted Physical Education and yoga, Coimbatore.	2010-12
NET-JRF	University Grants Commission (UGC)	12 th November, 2012
NET	University Grants Commission (UGC)	15 th June, 2012
M.Phil	Alagappa University, Karaikudi	2008-09
M.P.Ed	Alagappa University, Karaikudi.	2006-08
B.P.Ed	Alagappa University, Karaikudi.	2005
H.P.Ed	Maruthi College of Physical Education, Coimbatore.	2002-03
BCS	Govt. Arts. College, Paramakudi.	1999-02
MSc Yoga and Naturopathy	Tamil Nadu Physical Education and Yoga, Chennai.	2016-18
MSc Psychology	Tamil Nadu Open University	2008-2021
Certifications/Technical Qualifications		
Name of the Course	University/Organization	
PGDSM	Alagappa University, Karaikudi.	
PGDY	Faculty of General and Adapted Physical Education and yoga, Coimbatore.	
PGDP	Faculty of General and Adapted Physical Education and yoga, Coimbatore.	

PGDT	Faculty of General and Adapted Physical Education and yoga, Coimbatore.
PGDSO	Faculty of General and Adapted Physical Education and yoga, Coimbatore.
TTCY	Alagappa University, Karaikudi.
CCAT	Faculty of Disability Management and Special Education, Coimbatore.

Experience Info

From-To	Name of the Post	Institution	Category
20 th June 2018 to till date	Assistant Professor	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore	
01 st January 2014 to 19 th June 2018	Assistant Professor	Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda Educational and Research Institute, Coimbatore	
01 st December 2012 to 31 st December 2013	Assistant Professor	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore	
17 th June 2009 to 30 th November 2012	Assistant Professor	Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore	
08 th November 2003 to 30 th January 2005.	Assistant Physical Director	Karpagam Arts and Science College, Coimbatore	

Areas of Academic Interest

- Sports Biomechanics
- Exercises Physiology
- Tennis
- Ball Badminton
- Badminton
- Table Tennis

Membership in Academic Bodies/Board of Studies/Editorial Board (Journals)

Associate Editor	International Journal for Multidisciplinary Research and Development http://allsubjectjournal.com/board.html
Editorial member	International Journal of Recent Research and Applied Studies http://www.ijrras.com/editorboard.html
Associate Editor	International Journal of Physical Education, Fitness, and Sports http://www.ijpefs.nonolympictimes.org/board.html
Board Member	Directory of Journal Quality Factor (DJQF) http://qualityfactor.org/members.html

Associate Editor	Journal of Adapted Physical Education and Yoga
Board Member	International Journal of Multidisciplinary Research and Modern Education
Editorial Board member	Academic Journals online http://academicjournalonline.org/dashboard/editorial_art
Associate Editor	International Journal of Academic Research and Development http://www.multisubjectjournal.com/board.php
Associate Editor	International Journal of Advanced Research and Development http://www.multiresearchjournal.com/board.php
Associate Editor	International Journal of Advanced Education and Research http://www.allprojectjournal.com/board.php
Associate Editor	International Journal of Advanced Science and Research http://www.multiprojectjournal.com/board.php
Associate Editor	International Journal of Multidisciplinary Education and Research http://www.newresearchjournal.com/board.php
Associate Editor	International Journal of Educational Research and Development http://www.newprojectjournal.com/board.php
Associate Editor	International Journal of Adapted Physical Education & Yoga http://www.ijapey.info/
Reviewer	International Journal of Biomedical and Advance Research
External Expert	Broad-Based Board of Studies of Alagappa University College of Physical Education
Life Member	National Association of Physical Education and Sports
Life Member	Indian Federation of Computer Science in Sports
Question Paper Setter	Avinashilingam University, Coimbatore
Member	IQAC, Faculty of GAPEY, Ramakrishna Mission Vivekananda University, Coimbatore
Member	Inter-University Team selection committee.
External examiner – Practical examination	Faculty of FAR, Ramakrishna Mission Vivekananda Educational and Research Institute, Coimbatore.
Question Paper Setter	Arul Aanandhar College, Karumathur, Madurai.
Working Committee Member	All Vidyalaya Alumni Association, Coimbatore
Member	The International Society of Exercise Immunology (ISEI)
Board of Studies Member	Board of Studies, Faculty of Centre for Agricultural Education and Research, Ramakrishna Mission Vivekananda University, Coimbatore.
Question Paper Setter	SRM University, Kattankulathur.

External examiner – Practical examination	Avinashilingam University, Coimbatore
External examiner – Paper valuation	Avinashilingam University, Coimbatore
External examiner - Practical examination	CMS college of arts, Coimbatore
External examiner – Paper valuation	Alagappa University, Karaikudi.
Question Paper Setter	Alagappa University, Karaikudi.
External examiner – Paper valuation	Tamil Nadu Physical Education and Sports University, Chennai, Tamil Nadu.

Major Academic Books Publications

Sl.No	Book Title	Publisher	ISBN
1.	Basics of Badminton	Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore.	ISBN – 978-81-923573-2-4
2.	TRB – Physical Education Teacher Exam Guide	Teachers Publishing House, Coimbatore.	ISBN – 978-93-80800-43-1
3.	A Guide for Physical Education Teachers	Mercury Printer & Publishers, Perambalur.	ISBN – 978-93-5001-454-7
4.	TRB – Special Teachers Exam	Teachers Publishing House, Coimbatore.	ISBN – 978-93-8080-077-6
5.	Handbook of Badminton training programme	Sports Publication, New Delhi.	ISBN-978-93-86592-34-7
6.	Calisthenics and light apparatus exercises	Ramakrishna Mission Vivekananda Educational and Research Institute, Coimbatore.	ISBN-978-93-5267-880-8
7.	Illustrated the Art of Cricket	Notion Press.com	ISBN-978-16-4249-898-1

8.	Science of Circuit Training	Sports Publication, New Delhi	ISBN-978-81-90016-75-4
Major Academic Journal Article Publications			
S.No	Year	Journal	Article
1.	2010	Journal of Physical and Sports Sciences ISSN 0976 – 6618 Vol. 2, Issue 1, pp. 48-53	Effects of yogic practices and treadmill training on selected physiological variables among college men students
2.	2011	Journal of Yoga Mimamsa ISSN 044 – 0507 Vol. XLIII, No. 1, pp. 24-39	Effects of treadmill training, yogic practices and their combination with treadmill training on selected physiological and hematological variables among college men students
3.	2011	International Journal of Physical Education, Sports Management and Yogic Sciences ISSN 2231 –1394 Vol. 1, No. 1, pp. 20-24	Effects of two different badminton training packages on selected physiological and psychological variables of college badminton players
4.	2011	Journal of adapted Physical Education, and Yoga ISSN 2229 - 4821 Vol. 1, Issue 1, pp. 60-65	Trainers training programme in Paralympics
5.	2012	Journal of Physical and Sports Sciences ISSN 0976 – 6618 Vol. 3, Issue. 2, pp. 55-64	Influence of specific ladder drills on selected physical fitness and skill performance variables of inter-collegiate badminton players
6.	2012	Recent developments in sports science and their contribution towards physical education and sports, ISBN, 978-81-924835-1-1, pp. 142-145.	Influence of video analysis on the selected skill performance variables of school level badminton players
7.	2012	International Journal of Health, Physical Education & Computer Science in Sports ISSN 2231 – 3265, Vol. 8, No. 3, pp. 12-14	Influence of video analysis on the selected skill performance variables of school level badminton players

8.	2012	Journal of adapted physical Education, and Yoga ISSN 2229 – 4821, Vol. 2, Issue 1, pp. 45-56	Influence of conventional training programme with plyometric training on selected physical fitness, Psycho physiological and skill performance variables of college level badminton players
9.	2012	Innovative technology in sportsand allied sciences ISBN: 978–81-920866-4-4, pp. 277 -281	Effect Of Physical Exercises And Yoga Practice On Selected Physiological Variables Among Engineering College Students
10.	2012	Physiological aspects of trainingnutrition recovery and performance ISBN: 978–93-80657-73-8, pp. 110-112	Influences of plyometric training on selected physical fitness, and skill performance variables of school level badminton players
11.	2012	Impact of Physical Education indeveloping wholesome personality among students community ISBN: 978–81-923573-0-0 pp. 124-129	Influence of conventional training program with ladder training on selected physical fitness and skill performance variables of college level badminton players
12.	2012	THE SHIELD, International Journal of Physical Education &Sport Sciences ISSN: 1991- 8410Vol. 7, 69- 82	Influence of Conventional Training Programme Combined With Ladder Training on Selected PhysicalFitness And Skill Performance Variables of College Level Badminton Players
13.	2013	Journal of adapted Physical Education, and Yoga ISSN 2229 - 4821Vol. 3, Issue 1, pp. 29-38	Relationship of kinesthetic differentiation ability of upper and lower limbs among different Sports and levels of performance
14.	2013	Essence of uniform nomenclature and curriculum designs for various courses of physical education in India ISBN 978-81-9235731-7, pp. 191-192	Physical Education is noble profession- construction of syllabus for roles and responsibilities of physical educationists

15.	2013	International Journal of Physical Education, fitness and sports ISSN: 2277: 5447 Vol. 2, Issue 3, pp. 6-11	Analysis of selected psychological variables between the athletes and athletes with disabilities
16.	2013	Journal of adapted Physical Education, and Yoga, ISSN 2229 – 4821 Vol. 3, Issue 2, pp. 37-46	Critical analysis of selected coordinative abilities among different sports and levels of performance
17.	2014	Proceedings of national conference on Challenges and rehabilitation practices for the differently abled ISBN 978-93-5156-565-9, pp. 45	Role of physical education professionals to improve the physical education for differently abled persons
18.	2014	Star research An International Online journal ISSN 2321-676X May 2014, Vol. 2, Issue 4(7), pp. 43-53	Influence of yogic practice on concentration, curiosity, day-to-day experiences and personal initiative of school boys
19.	2014	International journal of recent research and applied studies ISSN 2349-4891 June 2014, Vol. 1, Issue 1(4), pp.11-14.	Effect of cricket drill training on the selected skill performance variables of school boys
20.	2014	International Journal of Physical Education, fitness and sports ISSN: 2277: 5447, Vol. 3, Issue 3, pp.11-17	Effect of specific table tennis training on the Selected skill performance variables of school Boys
21.	2014	International Journal of Multidisciplinary Research and Development ISSN: 2349- 4182 1(7): 255-257	Evaluation Of Physical Activity Between Men And Women School Teachers

22.	2015	Proceedings of national seminar on Assistive technology in education and sports for total inclusion of persons with disability – ISBN – 978-93-5196-741-5, p.41	Significance of sports assistive technology in Paralympic games
23.	2015	Proceedings of national seminar on Assistive technology in education and sports for total inclusion of persons with disability– ISBN – 978-93-5196-741-5, p.36.	Development of playing ability using the various adaptive sports technology
24.	2016	International journal of recent research and applied studies ISSN 2349-4891 Vol. 3, Issue 11(14), pp.11-14.	Effect of adapted physical activities on selected psychomotor variables of children with intellectual disability
25.	2015	Proceedings of UGC Sponsored National seminar on The role of sports sciences in achieving human excellence ISBN – 978-81-923573-3-1 - pp.378-382.	An innovative research – Assessment of human energy field in sports
26.	2015	Proceedings of UGC Sponsored National seminar on Recent developments in sports and yogic sciences – ISBN 978-81- 92869049, Volume III, pp. 47-48.	Chakras and human energy field
27.	2015	International Journal of Advances in Psychology Research ISSN 2320-7485 Vol. 3, Issue 3, pp.17-19.	Evaluation of anxiety and aggression among school level Kho-kho and Ball badminton players

28.	2015	Indian Streams Research Journal - International Recognition Multidisciplinary Research Journal ISSN 2230-7850 Vol. 5, Issue 6	Effect of specific preparatory training on selected Motor fitness variables of inter collegiate football Players of various positions
29.	2015	International Journal of scientific Research I SSN2277-8179 Vol. 4, Issue 8, August, pp.476-479.	Effect of Specific Preparatory Training on Selected Physiological variables of Inter Collegiate Football Players of Various Positions
30.	2015	International Journal of Multidisciplinary Educational Research ISSN 2277-7881 Vol. 4, Issue 8 (3), August, pp.64-73.	Effect of Specific Preparatory Training on Selected skill performance variables of Inter Collegiate Football Players of Various Positions
31.	19 th and 20 th , November 2015.	International conference on Prospective approaches and applications of Yoga and Physical Activity for better life	Effect of eight weeks yoga training on balance and handeye coordination of individuals with intellectual disabilities
32.	2015	International Journal of Law, Education, Social and Sports Studies ISSN 2394-9724 Vol. 2, Issue 3, pp.143-151.	Effect of specific training on selected physical fitness, physiological, psychological and skill performance variables of high school male kho-kho players
33.	2016	International Journal of Advanced Science and Research ISSN 2455- 4227 January 2016, Vol. 1, Issue 1, pp.39-40.	Effect of ladder training on selected physical fitness variables on school volleyball players

34.	2016	International journal of recent research and applied studies ISSN 2349-4891 March 2016, Vol. 3, Issue 3, 3(9), pp.35-38.	Effect of traditional training on selected skill performance variables of inter-collegiate cricket pace bowlers
35.	2016	International Journal of Recent Scientific Research, ISSN: 0976-3031, Vol. 7, Issue, 4, pp. 10561-10564, April.	Effect of e-content assistive and imagery specific training with traditional training on selected bio-motor abilities of intercollegiate cricket pace bowlers
36.	2016	International Journal of Multidisciplinary Research and Modern Education (IJMRME) ISSN 2454 – 6119, Volume II, Issue I, 2016, pp.519-525.	Effect of e-content assistive and imagery specific training with traditional training on selected skill performance variables of intercollegiate Cricket pace bowlers
37.	2016	International Journal of Current Research and Modern Education (IJCRME) ISSN: 2455 - 5428 Volume I, Issue I, 2016, pp. 334-339.	Effect of e-content assistive with traditional training on selected skill performance variables of intercollegiate cricket pace bowlers
38.	2016	International Journal of Adapted Physical Education & Yoga, Vol. 1, No. 2, pp. 28-34. ISSN: 2455 - 8958	Effect of e-content assistive with traditional training on selected biomotor abilities of intercollegiate cricket pace bowlers
39.	2016	International Journal of Adapted Physical Education & Yoga, Vol. 1, No. 2, pp.8-16. ISSN: 2455 - 8958	Impact of adapted yoga with recreational games practice on selected biomotor variables of intellectually challenged children
40.	2016	Indian Streams Research Journal, Vol. 6, No. 5, pp. 49-55, ISSN: 2230 – 7850	Effect of adapted physical activities on selected biomotor variables of boys with intellectual disability,

41.	2016	International Journal of Recent Research and Applied Studies, Volume 3, Issue 7 (8), pp. 44-49, ISSN 2349-4891	Impact of Adapted Physical Activities on Selected Motor Fitness Variables of Girls with Intellectual Disability
42.	2016	International Journal of Recent Research and Applied Studies, Volume 3, Issue 11, pp. 64-67, ISSN 2349-4891	Impact of adapted with unified exercise programme on selected fundamental motor skills of children with intellectual disability
43.	2016	International journal of Academic research Voice of intellectuals, Volume 3, No 9(4), pp. 110-116	Combined effects of recreational games with yogic practice on selected fundamental motor skills of school students
44.	2016	Proceedings of Emerging trends in fitness and sports sciences, ISBN 978-81-923573-4-8	Combined effects of recreational games with gymnastics training on selected fundamental motor skills of school students
45.	2016	International Journal of Recent Research and Applied Studies, ISSN 2349-4891, Volume 3, Issue 12 (18), pp. 78-83,	Effect of Yogic Practice and SAQ training on Selected Physical Fitness Variables of Students with Hearing Impairment
46.	2016	American Journal of Arts and Design 2016; 1(1): 15-20	Effect of Yogic Practice and SAQ Training on Selected Coordinative Abilities of Students with Hearing Impairment
47.	2017	Proceedings on Road Map to 2020 Olympics ISBN 978-81-923573-4-8	Combined effect of recreational games yogic practice and gymnastics training on selected fundamental motor skills of school students
48.	2017	International Journal of Recent Research and Applied Studies, ISSN 2349-4891, Volume 4, Issue 4, pp. 38-43, April 2017	Combined Effects of Recreational Games with Gymnastics Training on Selected Fundamental Motor Skills of School Students

49.	2017	International Journal of Adapted Physical Education & Yoga, Vol. 2, No. 4, pp. 22-29. ISSN: 2455 - 8958	Combined effects of recreational games yogic practice and gymnastics training on selected fundamental Motor skills of school students
50.	2017	International Journal of Recent Research and Applied Studies, Volume 4, Issue 5 (2)	Effect of Specific Drills through Table Tennis Ball Feeding Machine on Selected Skill Performance Variables of Non-Table Tennis Players
51.	2017	International Journal of Adapted Physical Education & Yoga, Vol. 2, No. 10, pp. 15-25. ISSN: 2455 - 8958	Influence of pranayama with and without flexibility exercises on the selected physiological variables of obese schoolboys
52.	2017	International Journal of Adapted Physical Education & Yoga, Vol. 2, No. 11, pp. 16-22. ISSN: 2455 - 8958	Effect of yogic practice on selected life skills of children with visual impairment
53.	2018	International Journal of Adapted Physical Education & Yoga, Vol. 3, No. 2, pp. 16-25. ISSN: 2455 - 8958	Effect of yogic practice and SAQ training on selected physiological variables of students with hearing impairment
54.	2018-2019	International Journal of Adapted Physical Education and Yoga, Vol. 3, No. 10, pp. 17 to 27, October 2018	Impact of traditional with computer-assisted tennis training on selected skill performance Variables of school students
55.	2019-2020	International Journal of Engineering Research and Modern Education Volume 5, Issue 1, 2020	Combined effect of yogic practice with aerobic dance on selected anthropometrical variables Among overweight students
56.	2020-2021	Sambodhi (UGC Care Journal) Vol-44 No.-01 (II) January-March (2021) ISSN: 2249-6661	Effect of Adapted Badminton Training with Specific Drills on Selected Skill Performance Variables of Children with Intellectual Disability
57.	2020-2021	Vol. 12 No. 4 (2021): Indian Journal of Public Health Research & Development	Application of Video Analysis for Enhancing Kinematic Parameters and Techniques of Yoga Performers http://medicopublication.com/index.php/ijphrd/article/view/16619

			DOI: https://doi.org/10.37506/ijphrd.v12i4.16619
58.	2021-2022	Vol. 13 No. 1 (2022): Indian Journal of Public Health Research & Development, 27-34	Influence of badminton skills training on selected bio-motor and skill performance variables
59.	2021-2022	Journal of Education Rabindra Bharati University, Vol. : XXIV, No. :1(VIII), 2022, 34-39, ISBN - 0972-7175	Effect of yogic practice and aerobic dance on selected physiological variables among overweight boys during COVID19 pandemic

Paper Presentations in International Conferences/Seminars

Sl. No	Paper title	Conference
9.1 International Conferences		
1.	Creation of an innovative curriculum and certification programme for enriching sports for persons with disabilities	International conference on sports vision and mission for grooming athletes and para athletes for Olympics – 2020 on 16 th & 17 th March, 2018 jointly organized by Alagappa University College of Physical Education and Parasports center, Karaikudi.
2.	Combined effect of recreational games, yogic practice on selected fundamental motor skills of school students	UGC Sponsored Two-day International seminar on Role of Physical Education and Yoga in human development organized by Departments of Physical Education and IQAC, S.K.S.D Mahila Kalasala UG & PG (A), Tanuku.
3.	Effect of adapted yoga with recreational games practice on selected physiological variables of intellectually challenged children	Global conference on Scientific culture in physical education and sports organized by Department of Physical Education, Punjabi University, Punjab, India on 20 th and 23 rd , February 2016.
4.	Effect of specific training on selected physical fitness, physiological and skill variables of high school female Kho-Kho players	International conference on Health Indicators for physical and cognitive fitness education organized by Faculty of Education, Alagappa University, Karaikudi, India on 26 ^h and 27 th , February 2016.
5.	Effect of eight weeks yoga training on balance and hand eye coordination of individuals with intellectual disabilities	International conference on Prospective approaches and applications of Yoga and Physical Activity for better life organized by Department of Physical Education, All Saint's College, Trivandrum, Kerala, India on 19 th and 20 th , November 2015.

6.	Effect of physical exercises and yoga practice on selected physiological variables among engineering college students	International conference on Innovative technology in sports and allied sciences organized by Alagappa University, Karaikudi on 19 th and 20 th October 2012.
7.	Role of physical education teacher on effective A dapted Physical education programme	International seminar on Positive Perspectives of Adapted Physical Education organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore on 19 th & 20 th September, 2011.
8.	Effect of yogic practices, Treadmill training and Combined training on Selected physiological and Hematological variables among college men students	International conference on Modern trends in sports technology, management & allied science organized by AlagappaUniversity, Karaikudi on 8 th and 9 th March 2010.
9.	Influence of pranayama for lung capacity	International conference on Emerging Trends in Fitness for Longevity and Education for Empowerment organized by Alagappa University, Karaikudi on 5 th and 6 th March 2009.
10.	Comparative study physical fitness between players and non-players among under fifteen school boys	International conference on Emerging Trends in Fitness for Longevity and Education for Empowerment organized by Alagappa University, Karaikudi on 5 th and 6 th March, 2009.
11.	Comparative effect study of plyometric exercises on Selected physiological Variables between middle distance runners and jumpers of inter collegiate men athletes	International Conference and Exhibition on Modern trends in exercise physiology and nutrition organized by Tamil Nadu Physical Education and Sports University, Chennai on 15 th and 16 th February, 2008.
12.	Diet management for sports	International conference on Metabolic syndrome in yoga and naturopathy organized by Alagappa University, Karaikudi on 18 TH and 19 th . December 2007.
Paper Presentations in National Conferences/Seminars		
	Adaptive Yoga practice for Persons with Visual Impairment Innovative approaches in the application of yogic practice for persons with visual impairment	International Conference on Yoga for Harmony of body and mind organized by Alagappa University College of Physical Education on 24 th and 25 th October, 2019 National conference on Role of yoga for health and lifestyle management, SRMV Maruthi College of Physical Education, Coimbatore on 1 st & 2 nd March 2019
		National conference on Global trends in

Inclusion of Paralympics sports in schools	assistive technology and adapted sports in schools, Ramakrishna Mission Vivekananda Educational and Research Institute, Coimbatore on 15 th & 16 th March 2019
Yoga for Children with Visual Impairment	National symposia on yoga organized by Shri Paranjothi Yoga College, Udumapet on 17 th March, 2018.
Benefits of adaptive yoga for persons with disabilities	National conference on Modern perspectives of sports science and yoga for the enhancement of sports performance organized by Department of Physical Education, Ganesar College of Arts and Science, Melasivapuri on 3 rd March, 2018.
Ensuring peaceful life through yoga for persons with disabilities	National conference on Yoga for world peace organized by Maruthi College of Physical Education, Coimbatore on 26 th and 27 th February, 2018.
Ensuring quality sports for women with disabilities	National conference on Ensuring inclusive and equitable quality education and sports for the empowerment of women with disabilities organized by Ramakrishna Mission Vivekananda Educational and Research Institute, Coimbatore on 23 rd and 24 th February, 2018.
Adapted sports for children with disability	Two Day National seminar on EDU TECH JAMBOREE organized by Avinashilingam Institute for Home Science and Higher Education for Women on 17 th & 18 th January, 2018.
Combined effect of recreational games, yogic practice on selected fundamental motor skills of school students	National conference on Technology innovation & entrepreneurship in sports organized by Department of Physical Education, Bharathiar University, Coimbatore on 23 rd and 24 th March, 2017.
Combined effect of recreational games, yogic practice on selected fundamental motor skills of school students	National conference on Technology innovation & entrepreneurship in sports organized by Department of Physical Education, Bharathiar University, Coimbatore on 23 rd and 24 th March, 2017.

Role of educational institutions for the sportsmen's outreach to Olympics	National conference on Road map to 2020 Olympics organized by Maruthi College of Physical Education, Coimbatore on 23 rd and 24 th February, 2017.
Adapted physical activity games and recreational games for persons with visual impairments	National conference on Empowering persons with visual impairment for quality livelihood through education and adapted physical education organized by Ramakrishna Mission Vivekananda University, Coimbatore on 27 th and 28 th January, 2017.
Adaptation in fundamental movement skills for persons with visual impairment	National conference on Empowering persons with visual impairment for quality livelihood through education and adapted physical education organized by Ramakrishna Mission Vivekananda University, Coimbatore on 27 th and 28 th January, 2017.
Combined effects of recreational games with yogic practice on selected fundamental motor skills of school students	National conference on UGC- Two day National seminar on Holistic approach to health and wellness organized by A.S.DGovt College for Women on 23 rd and 24 th September, 2016.
Creation of policies on sports for disabled and adapted games	National conference on Practices and challenges encountered in implementing policies related to special education, sports and adapted games organized by Ramakrishna Mission Vivekananda University, Coimbatore on 5 th and 6 th February, 2016.
Effect of adapted physical activity on selected psychomotor variables of persons with intellectual disability	National conference on Practices and challenges encountered in implementing policies related to special education, sports and adapted games organized by Ramakrishna Mission Vivekananda University, Coimbatore on 5 th and 6 th February, 2016.
Effect of specific training on selected physical fitness, physiological, psychological and skill performance variables of high school male kho-kho players	UGC sponsored National seminar on Nurturing world class sports persons-roles, strategies and responsibilities organized by Andhra Christian College , Guntur on 16 th and 17 th October, 2015.

Effect of adapted physical activities on selected physical fitness variables of children with intellectual disability	National seminar on Fit and Healthy India organized by Alagappa University College of Physical Education, Karaikudi on 28 th and 29 th September, 2015.
Chakras and human energy field	UGC sponsored National seminar on Recent developments in sports and yogic sciences organized by Alagappa University College of Physical Education on 19 th and 20 th March, 2015.
An innovative research – Assessment of human energy field in sports	UGC sponsored National Seminar on The role of sports sciences in achieving human excellence organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 13 th & 14 th March, 2015.
The role of assistive technology in yoga for children with intellectual disabilities	National seminar on Assistive technology in education and sports for total inclusion of persons with disability organized by NIEPMED and Ramakrishna Mission Vivekananda University, Coimbatore on 06 th and 07 th February, 2015.
Role of Physical Education professional in developing adapted physical education programme for differently abled persons	National Seminar on Challenges and Rehabilitation practices for the differently abled organized by Ramakrishna Mission Vivekananda University, Coimbatore on 4 th & 6 th February, 2014
Beliefs of Swami Vivekananda on Physical Education and Sports	National Seminar on Relevance of Swami Vivekananda's Philosophy to Education and Physical Education in the Current High-tech Era organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 20 th & 21 st December, 2013.
Physical Education is noble profession – Construction of syllabus for roles and responsibilities of Physical Educationists	National Seminar on UGC sponsored National Seminar on Essence of uniform Nomenclature and curriculum designs for various courses of physical Education in India organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 19 th & 20 th April, 2013.
Influences of video analysis on the selected skill performance variables of school level badminton players	UGC sponsored National Seminar on Recent developments in sports science and their contribution towards physical education and sports organized by department of Physical Education, Sree Sevugan Annamalai College, Devakottai on 5 th & 6 th October, 2012.

Influences of plyometric training on selected physical fitness, and skill performance variables of school level badminton players	UGC sponsored National Seminar on Physiological aspects of training nutrition recovery and performance organized by department of Physical Education ,Mannar Thirumalai Naicker College, Madurai on 10 th August, 2012.
Physical Education and it's applications	National Seminar on Teaching-Learning in Physical Education: Quality concerns organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 18 th & 19 th March, 2011.
Influence of conventional training program with ladder training on selected physical fitness and skill performance variables of college level badminton players	UGC sponsored National Seminar on Impact of Physical Education in developing wholesome personality among students community organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore.
Effect of yogic practices and walking pattern on selected physiological variables among aged people	National Seminar on Essential of a qualified teacher in yoga organized by Ramakrishna Mission Vivekananda University & Maruthi College of Physical Education, Coimbatore on 26 th & 27 th March 2010.
Role of Physical Education teacher	National Seminar on Characteristics of an ideal Physical Education Teacher organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 22 nd & 23 rd October, 2010.
Pranayama enrich the respiratory function	National Seminar on role of fitness enhancing the quality life organized by Pndicherry University, Puducherry on 3 rd & 4 th April 2009.
Effect of flexibility on the performance of aging and inactivity	National Seminar on Current Trends for Fitness Development organized by Alagappa University, Karaikudi on 2 nd March 2009.
Yoga for sports	Innovative approaches to excellence in physical education and sports organized by Kongaunadu Arts and Science College, Coimbatore 27 th February 2008.
Yoga and Self-Realization	National seminar on Healthy aging through yoga therapeutic means and sports organized by Alagappa University, Karaikudi on 18 th September 2008.
Influence of yoga for hypertension	National Seminar on Yoga Therapy organized by Koviloor Andavar Yoga Research Centre, Koviloor on 15 th November 2008.
Walking for Fitness	Innovative concepts of inter disciplinary approaches towards physical education organized by Alagappa University, Karaikudi on 14 th September 2007.

Attendance in Conferences/Seminars/Workshops

- ❖ International conference on The Great of India organized by Department of Tamil, Ramakrishna Mission Vidyalaya College of Arts and Science, Coimbatore on 3rd and 4th February, 2018.
- ❖ International conference on Inraya valvial nokil Advaidham, Thonmam, Yogam – Oru Meelparvai organized by Department of Tamil, SRKV Arts and Science College, Coimbatore, India on 08th and 09th, March 2016.
- ❖ UGC sponsored National seminar on Education for persons with learning disabilities: Practices and Perspectives organized by Ramakrishna Mission College of Education & Ramakrishna Mission Vivekananda University, Coimbatore on 24th & 25th March, 2017.
- ❖ National seminar on Characteristics of an ideal Physical Education Teacher organized by Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 22nd & 23rd October, 2010.
- ❖ National seminar on Metrics in research, publication and career development organized by Ramakrishna Mission College of Education, Coimbatore on 25th January, 2018.
- ❖ National seminar on Impact of Biomechanics on Excellence in sports organized by Tamil Nadu Physical Education and Sports University, Chennai on 30th October, 2008.
- ❖ National Seminar on New trends in sports medicine at Bharathiar University, Coimbatore on 26th & 27th February 2007.
- ❖ National Seminar on Sports medicine and sports injuries at National College, Trichy on 28th February 2007.
- ❖ Attended the Tamil Nadu State Level Kho-Kho workshop & Referees Examination on 9th 2018 organized by Alagappa University College of Physical Education, Karaikudi. Avinashil Institute for Home Science and Higher Education for Women on 10th February, 2018.
- ❖ International Level Workshop on Advanced scientific Training in Football organized by Tamil Nadu Physical Education and Sports University, Chennai on 12th and 13th March 2009.
- ❖ National Level Workshop on Employer's based curriculum designs in Physical Education organized by Maruthi College of Physical Education, Ramakrishna Mission Vidyalaya, Coimbatore on 1st August, 2012.
- ❖ National Level Workshop on Carrier oriented curriculum in Physical Education organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore on 2nd November, 2012.
- ❖ Workshop on Officiating and Coaching in Football organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore on 1st October, 2012.
- ❖ National Level Workshop on Statistical Software application in Physical Education and sciences research organized by Department of Physical Education, Bharathidasan University, Coimbatore on 18th & 19th March, 2012.
- ❖ Workshop on Officiating and Coaching in Basketball & Volleyball organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore and Maruthi College of Physical Education, Ramakrishna Mission Vidyalaya, Coimbatore on 27th & 28th September, 2010.



- University, Coimbatore on 15th & 16th September, 2015.
- ❖ College of Physical Education, Ramakrishna Mission Vidyalaya, Coimbatore on 10th & 11th September, 2009.
 - ❖ National Level Workshop on Volleyball organized by Alagappa University, Karaikudi on 2nd & 3rd March 2009.
 - ❖ National Level Workshop on Research Methodology and Statistics in Physical Education organized by Bharathiar University, Coimbatore on 7th March 2009.
 - ❖ National Level Workshop on Athletics organized by Alagappa University College of Physical Education, Karaikudi on 5th February 2005.
 - ❖ State Level Workshop cum Officiating Examination in Handball organized by Maruthi College of Physical Education, Ramakrishna Mission Vidyalaya, Coimbatore on 22nd & 23rd January, 2017.
 - ❖ State Level Workshop on Football organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore on 2017.
 - ❖ State Level Workshop on Athletics organized by Maruthi College of Physical Education, Ramakrishna Mission Vidyalaya, Coimbatore on 16th & 17th December, 2016.
 - ❖ State Level Workshop on Gymnastics and Mallakhamb organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore on 2nd & 3rd September, 2016.
 - ❖ State Level Workshop on Archery, Carrom, Chess, Taekwondo and Tennis organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore on 2017.
 - ❖ State Level Workshop on Evolution of Indian Physical culture in Mallakhamb organized by Department of Physical Education, Bharathiar University, Tiruchirappalli on 10th December, 2016.
 - ❖ Attended the State Level Kho-Kho workshop on Badminton on 27th February 2015 organized by Alagappa University College of Physical Education, Karaikudi.
 - ❖ State Level Workshop on Athletics organized by PSGR Krishnamamal Higher Secondary School for Girls, Coimbatore on 19th September, 2015.
 - ❖ State Level Workshop and Officiating Examination in Kho-Kho organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 21st & 22nd August 2015.
 - ❖ State Level Workshop on Athletics organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 19th & 20th December, 2014.
 - ❖ State Level Workshop and officiating in Throwball organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 3rd & 4th September, 2014.
 - ❖ State Level Workshop on officiating and coaching in Handball organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 13th & 14th December, 2013.
 - ❖ State Level Workshop and officiating examination in Kho-Kho organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore on 30th & 31st August, 2013.
 - ❖ State Level Workshop and officiating examination in Kabaddi organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore on 17th & 18th September, 2013.

- 2013.
- ❖ State Level Workshop on officiating and coaching in Football organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University, Coimbatore on 19th October, 2012.
 - ❖ State Level Workshop on Athletics organized by Maruthi College of Physical Education, Ramakrishna Mission Vidyalaya, Coimbatore on 8th & 9th November, 2012.
 - ❖ State Level Workshop on coaching and officiating in Basketball and Volleyball organized by Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda University & Maruthi College of Physical Education, Ramakrishna Mission Vidyalaya, Coimbatore on 27th & 28th September, 2010.
 - ❖ State Level Workshop on Officiating and coaching in Volleyball organized by Maruthi College of Physical Education, Ramakrishna Mission Vidyalaya, Coimbatore on 10th & 11th September, 2010.
 - ❖ State Level Workshop on Kabaddi organized by Alagappa University Karaikudi in the year 2010.
 - ❖ State Level Workshop on Athletics organized by Alagappa University, Karaikudi in the year 2010.
 - ❖ State Level Workshop on Handball organized by Alagappa University Karaikudi in the year 2010.

Participation in Professional Development Programmes

Course	University/Institute	Duration
UGC-Sponsored Online Refresher Course	Bharathiar University, Coimbatore,	from 10-11-2021 to 23-11-2021.
UGC-Sponsored Live Online Induction Programme	University of Kerala, Kariavattom, Trivandrum,	from 28-09-2020 to 27-10-2020.
UGC-Sponsored Online Short-Term Course in Research Methodology	Bharathidasan university	from 12.08.2020 to 14.08.2020.
Pedagogical Innovation and Research Methodology	“Swayam Annual Refresher Program in Teaching (ARPIT) Guru Jambheshwar University of Science & Technology, Haryana	16 th February 2020.
Educational Research	Swayam Annual Refresher Program in Teaching (ARPIT) Mizoram University on	29 th May 2019.
Biomechanics	Motilal Nehru National Institute of Technology, Allahabad	30 th March 2019.

Guidance / Supervision of M.Phil Dissertations

S. No	Name	Title	Status	Institution
1.	<i>Sridhara Subramanian S</i> <i>V10MPHL007</i>	Effect of modified badminton training on selected physical fitness and skill performance variables of school badminton players	Completed 2011	Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda Educational and Research institute, Coimbatore
2.	<i>Rajkumar R</i> <i>V10MPHL015</i>	Influence of modified training package on selected physical fitness and psychological variables of rural school boys	Completed 2011	
3.	<i>Madanakumar</i> <i>V12MPHIL004</i>	Influence of pranayama and meditation practice on the selected psychological and physiological variables of college level students	Completed August 2013	
4.	<i>Ilangovan P</i> <i>V13MPHL003</i>	Effect of specific drills through table tennis ball feeding machine on selected skill performance variables of Non- table tennis players	Completed 2014	
5.	<i>Karthik T</i> <i>V14MPHIL004</i>	Effect of Specific Preparatory Training on Selected Motor Fitness and Skill Performance Variables of School Level Tennis Players	Completed November 2015	
6.	<i>Anantha Goash</i> <i>V14MPHL001</i>	Implementation of adapted yoga with recreational games on selected bio-motor, physiological variables and sociability of intellectually challenged children	Completed 2015	
7.	<i>Vignesh S</i> <i>V15MPHIL008</i>	Analysis of physical education curriculum on selected physical fitness, physiological and anthropometric parameters among stateboard, CBSE and ICS school boys.	Completed May 2016	

8.	John Antony V15MPHL004	Effect of Core strength training dance on selected anthropometric variables among working men	Completed 2016	
9.	Manikandan M16MHIL006	Effects of specific drills and ladder training on selected motor fitness and skill performance variables of inter-school kabaddi players	Completed July 2017	
10.	Aravind	Effect of specific drills with training aids on Selected motor fitness variables and skill Performance variables of school Level badminton players	December 2020	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore
11.	Vignesh	Effect Of Yogic Practice And Aerobic Dance On Selected Motor Abilities Anthropometrical And Physiological Variables Among Overweight Boys During COVID19 Pandemic	February 2022	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore

Guidance / Supervision of PhD Thesis

Sl. No	Name	Title	Status	Institution
1.	Manas Das V13FPHD001	Effect of specific preparatory training on selected coordinative abilities, motor fitness, physiological and skill performance variables of inter-collegiate football players of various positions	Completed 3 rd March 2016	Faculty of General & Adapted Physical Education and Yoga, Ramakrishna Mission Vivekananda Educational and Research institute, Coimbatore
2.	M. Ravi V13FPHD002	Effect of SAQ training yogic training and combined training on selected physical physiological variables and coordinative ability of students with hearing impairment	Completed on 18 th August 2018	

3.	N.Balamurugan V13PPHD002	Influence of pranayama with and without flexibility exercise on the selected motor abilities physiological variables and body mass index of obese school boys	Completed on 4 th August 2018
4.	Koushik Bowmik V14FTPH002	Effect of E – content assistive specific training and traditional training on selected biomotor and skill performance variables of inter-collegiate cricket pace bowlers	Completed 5 th November 2016
5.	Gawri Sankara Prasad V14FTPH002	Implementation of adapted physical activities on selected biomotor, psychomotor variables and social skills of children with intellectual disability	Completed 4 th March 2017
6.	Meera Valli V15FPHD002	Combined effects of recreational games, yogic practice and gymnastics on selected fundamental motor skills social and emotional skills of school students	Completed 4 th November 2017

Organization of Academic Conferences/Workshops/Designing Courses

Sl.No	Programme	Position
1.	State Level workshop on “ <i>Gymnastics and Mallakhamb</i> ” on 2 nd & 3 rd September, 2016.	Organizing Secretary
2.	State Level workshop on “ <i>Archery, Carrom, Chess, Taekwondo and Tennikoit</i> ” on 15 th & 16 th September, 2015	Organizing Secretary
3.	State Level workshop on “ <i>Current System of Physical Education and Adapted Physical Education in Schools in Tamil Nadu</i> ” on 21 st & 22 nd August, 2014.	Organizing Secretary

Invited Lectures/Chairing/Resource Person/Keynote Address

Programme
Acted as Resource Person in “UGCSTRIDE Sponsored Five - Day Online Training Programme on Environmental Sustainability and Research Ethics” organized by Department of Physical Education, School of Education on 15-02-2021.

Acted as Resource Person in “National Level Webinar on Wholesome Development through Sports and Physical Activities” organized under the Physical Education Department, Government First Grade College, Koppa, Chikkamagalur on 18.11.2020.
Acted as an Official in State level yogasana competition on 2 nd February 2019 organized by Faculty of General & Adapted Physical Education and Yoga, RKMVERI, Coimbatore.
Technical Committee Member in the Inter-Agri Volleyball and Kabaddi tournament on 8 th & 9 th March 2019 organized by Faculty Centre for Agricultural Education and Research, RKMVERI, Coimbatore.
Acted as Resource person in the Life Skill and Lifestyle Management Program organized by Swami Vivekananda Cultural and Heritage Centre, Coimbatore on 11 th & 19 th July 2019.
Acted as Resource person in the Three-day National Level Workshop on Special Education organized by Centre for Special and Movement Education Manonmaniam Sundaranar University, Tirunelveli on 22 nd November 2019.
Acted as Resource person in the Life Skill and Lifestyle Management Program organized by Swami Vivekananda Cultural and Heritage Centre, Coimbatore on 30 th & 31 st August 2019.
Acted as Resource person in the “Significance and Training of Yoga Programme” on 13 th , 20 th & 27 th August 2019.
Acted as Chairperson in the “International Conference on yoga for harmony of body and mind” organised by Alagappa university College of Physical Education, Karaikudi on 24 th & 25 th October 2019.
Acted as Chairperson in the “National Conference on Science in Sports” organised by Avinashilingam Institute for Home Science and Higher Education for Women, Karaikudi on 21 st & 22 nd February 2020.
Acted as Resource Person in UGC-NET Coaching Program organized by Department of Physical Education, Bharathiar University, Coimbatore on 5 th November 2019.
Acted as Tennis coach for Tamil Nadu Physical Education and Sports University, Chennai Tennis team to participate in the South Zone Inter University Tennis Tournament from 11.10.2019 to 20.10.2019.
Acted as Selection Committee Member to select TNPESU Ball Badminton Team to participate in the All India Inter University Ball Badminton Tournament on 16 th to 18 th September 2019.
Acted as Selection Committee Member to select TNPESU Tennis Team to participate in the South Zone Inter University Tennis Tournament on 19 th to 21 st September 2019.
Acted as Selection Committee Member to select TNPESU Table Tennis Team to participate in the South Zone Inter University Table Tennis Tournament on 6 th to 7 th September 2019.
Acted as Selection Committee Member to select TNPESU Badminton Team to participate in the South Zone Inter University Badminton Tournament on 19 th to 21 st September 2019.
Three Day Curricular Adaptation Training Programme for Special Educators, organized by Sarva Shiksha Abhiyan, Tamil Nadu at Neyveli on 29 th January, 2018.
Two day residential workshop for the Physical Education trainers of CBSE schools, organized by Coimbatore Sahodaya Schools complex at Chinmaya International Residential School, Coimbatore on 20 th January, 2018.

Village programme, organized by Department of Social Work, Sri Ramakrishna Mission Vidyalaya College of Arts and Science, Coimbatore at Government Higher Secondary School, Velliangadu, Coimbatore on 5 th January, 2018.
BEd & MEd programme, organized by Department of Education, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore on 8 th December, 2017.
Village programme, organized by Department of Social Work, Sri Ramakrishna Mission Vidyalaya College of Arts and Science, Coimbatore on 8 th December, 2017.
Village programme, organized by Department of Social Work, Sri Ramakrishna Mission Vidyalaya College of Arts and Science, Coimbatore at Government Higher Secondary School, Velliangadu, Coimbatore on 24 th November, 2017.
Training Programme for Special Educators, organized by Rashtriya Madhyamik Shiksha Abhiyan (RMSA), State Project Directorate, Chennai, Tamil Nadu on 18 th November, 2017.
Diploma in Early Childhood Care and Education organized by Gandhi Teacher Training Institute on 20 th August 2017.
Orientation programme, organized by Faculty of Disability Management and Special Education, Ramakrishna Mission Vivekananda University, Coimbatore on 14 th July, 2017.
Diploma in Early Childhood Care and Education organized by Gandhi Teacher Training Institute on 12 th March 2017.
Resources person in the Diploma in Early Childhood Care and Education organized by Gandhi Teacher Training Institute on 2 nd April 2017.
RCI approved five-day CRE programme on “Physical Education, Recreation, Leisure and Sports for Persons with Disabilities” organized by Faculty of Disability Management and Special Education, Ramakrishna Mission Vivekananda University, Coimbatore on 5 th to 9 th January, 2016.
Personality Development Camp 2016 organized by Ramakrishna Mission Vidyalaya, Coimbatore on 3 rd May 2016.
Conducting recreational games in the Outbound training, organized by Vivekananda Institute of Management Studies on 11 th and 12 th September 2015.
Bridge Programme” organized by Faculty Centre for Computer Science Applications and Research, Ramakrishna Mission Vivekananda University, Coimbatore on 19 th July 2015.
UGC sponsored National seminar on Recent developments in sports and yogic sciences organized by Alagappa University College of Physical Education on 19 th and 20 th March, 2015.
Statistics in Faculty of Disability Management and Special Education, Coimbatore.
Special Information