


ACADEMIC PROFILE

Name	Dr. M. ASHOK KUMAR	
Designation	Assistant Professor	
Date of Birth	16.07.1981	
Office Address	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education Periyanaickenpalayam SRKV (Post) Coimbatore – 641020	
Resi. Address	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education Periyanaickenpalayam SRKV (Post).	
Phone (Office)		
Resi.		
Mobile		
Email		

S. No.	Examination Passed (with main subject)	University/ Institution	Year of passing	% of Marks	Class	Remarks
1.	Ph.D (Physical Education)	Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of General & Adapted Physical Education and Yoga, Coimbatore-641 020.	August 2021		By Thesis	
2.	M.P.Ed (Physical Education)	Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of General & Adapted Physical Education and Yoga, Coimbatore-641 020.	August 2012	70.15	I	
3.	B.P.Ed (Physical Education)	Bharathiar University, Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education, Coimbatore-641 020.	April 2004	67	I	

4.	B.A (Economics)	Bharathiar University, P S G College of Arts and Science, Coimbatore-641 014.	June 2003	58	II	
5.	H.Sc (Commerce, Economics, Accountancy and Statistics)	State Board of Tamil Nadu, Shri. K. K Naidu Hr. Sec. School, Coimbatore – 641014.	March 2000	76	I	
6.	S.S.L.C (Mathematics, Science & Social Science)	State Board of Tamil Nadu, Thiyagi. N. G Ramaswamy Memorial Hr. Sec. School, Coimbatore – 641015.	March 1998	60	I	

9. (b) **Details of Ph.D. Degree:**

1. Date of Submission of Ph.D. Thesis : 22.02.2021
2. Month and Year of Ph.D. Degree awarded : 11.08.2021
3. Subject and Title of the Thesis : Physical Education
Effect of Traditional with and without Ladder training on Selected MotorFitness
Psychomotor and Skill Performance variable of School

9. (c) **Visiting Fellowships / Post Docs :**

Countries Visited:

S.No.	Position	Institution	Period	Nature of Work
		Nil		

10. (a) **Teaching Experience:**

S.No.	Position held	Name of the Institution	Duration		Years of Experience
			From	To	
1.	Assistant Director of Physical Education	Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of Centre for Agricultural Education and Research, Coimbatore-641 020.	2017	2022	5 years
2	Assistant Professor	Sri Ramarrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore-641020.	2022	Till date	
Total Experience					5 Years

11. Academic Enrichment Programmes: (Refresher/orientation/FDP/FIP/QIP etc.)

Type	Theme	Institution / University	Duration
FDP	Refresh The Mind Through Meditation	All India Council for Technical Education, New delhi-110070	12.07.2021 To 16.07.2021
FDP	Virtual Learning on Adobe Spark as part of the Digital Disha program	Cognizant	4-week end

12. Other Academic Services:

S. No.	Position (member/convener/ subject expert etc.)	Institution / University	Duration	
			From	To
1. Board of Studies				
Nil				
2. Granting Affiliation of new Course				
Nil				
3. Permanent Increase Intake				
Nil				
4. Selection Committee				
Nil				
5. External Examiner for Ph.D. Viva-Voce/DC meeting				
Nil				
6. Chair/Resource Person				
Nil				
7. Coordinator/Convener/Member in various Statutory/Non-statutory bodies				
Nil				
8. Coordinator/Convener/Member in various Programmes (S/S/W/C)				
Nil				
9. Coordinator/Convener/Member in Twinning Programmes/Certificate/Diploma Courses				
Nil				
10. Academic Audit				
Nil				
11. Academic Council				
Nil				

13. Awards / Distinction received:

S.No.	Name	Institutions	Purpose of Award
Nil			

14. Membership in various State / National/International Forums:

S. No.	Name	Institutions
Nil		

15. Books / Book chapters / Monographs Published:

Type	Title	Publisher
Book	“Effect of traditional training with and without ladder training on balance ability of high school kho-kho players”.	“Journal of Education Research and Extension” (ISSN 09736190)
Book	“Effect of Traditional training with and without ladder training on motor fitness and skill performance variables of school Kho-Kho players”.	“Asian Journal of Multidimensional Research” (ISSN 2278-4853)

16. Research Papers:

S.No.	Title of the Article	Journal Name	Volume, Year & Page No.	Impact factor
1.	“Effect of traditional training with and without ladder training on balance ability of high school khokho players”.	“Journal of Education Research and Extension”	Vol-56 (2019) 14 to 19.	
2.	“Effect of Traditional training with and without ladder training on motor fitness and skill performance variables of school Kho-Khopleys”.	“Asian Journal of Multidimensional Research”	Vol-7, (2018) 913-923.	SJIF 4.708

17. Seminars / Symposium / Workshops / Conferences etc. attended:

S. No.	Name of the S/S/W/C	Regional/ National/ International	Place and Date
1.	“Trends Emerging in Physical Education in the 21 st Century”	State	29 and 30 th January 2004. SRMV MCPE
2.	“Officiating and Coaching in Basketball & Volleyball”	State	27 & 28 September 2010 RKMVERI-GAPEY and SRMV MCPE

3.	“Current Trends and Challenges in Sustainable Agriculture”	National	21 st and 22 nd February 2019. RKMVERI FAR
4.	“Promoting Agriculture for Farmers Livelihood & Food Security”	National	27 th and 28 th February 2020. RKMVERI FAR
5.	State level workshop and officiating examination in Athletics	State	I & 2 November 2022 RKMVERIGAPEY

18. Papers presentation in Seminars/Conferences:

S. No.	Title of the Article	Name of the S/S/W/C	Place and Date
1.	„Effect of Yoga Practices on Flexibility of High School Boys“	National seminar on „Essentials of a Qualified Teacher In Yoga“	RKMVERIGAPEY and SRKV MCPE on 26 & 27 march 2010
2.	„Effect On Aerobic Power Training on The Development of Vo2 Max of Inter Collegiate Men Players“	National conference on „Importance of Physical Education and Sports Science In Nation Building“	CIT, Coimbatore, on 19th and 20th December 2014,
3.	„Effect of Traditional Training with and Without Ladder Training on Motor Fitness of High School Kho-Kho Players“	International Conference on „Bridging Innovations in Sports, Education And Nutrition“	Avinasilingam Institute for Home Science and Higher Education for women, Coimbatore, on 8th & 9th Feb 2018.
4.	„Effect of Traditional with and without Ladder Training on selected Motor Fitness and Skill Performance Variables of School Kho-Kho Players.	National Conference on „ Modern Perspectives of Sports Science and Yoga for the Enhancement of Sports Performance“	Ganesar College of Arts and Science, Melasivapuri, on 3 rd March 2018.
5.	Impact of Suryanamaskar with and without hatha yogic practices on minimum muscular strength variable of overweight government school boys.	National conference on modern trends of yoga for health and sports performance	Shri Paranjothi Yoga College and Government Arts College Udumalpet on 12.08.2022