



SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION

**(An Autonomous College Recognised by NGTE
Affiliated to the Tamil Nadu Physical Education and Sports University
Re-accredited by NAAC with 'A+' Grade)
SRKV Post, Periyanaickenpalayam, Coimbatore-641 020**



ACADEMIC CALENDAR 2023 - 2024

CALENDAR FOR 2023

January 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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SRKV Post, Periyanaickenpalayam, Coimbatore - 641 020

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Website: www.srkvmcpe.org



ACADEMIC CALENDAR

2023 – 2024

வழிபாடு

சரஸ்வதி தியான ஸ்லோகம்

சரஸ்வதி நமஸ்துப்யம் வரதே காமரூபிணி
வித்யராம்பம் கரிஷ்யாமி: சித்திர் பவதுமே ஸதா!!

சரஸ்வதி தேவியே! வேண்டிய வரங்களைத் தருபவளே!
உனக்கு நமஸ்காரம்! இப்போது நான் கல்வி, கலைகளை படிக்கத்
துவங்குகிறேன். எனக்கு எப்போதும் வெற்றியைத் தந்தருள
வேண்டும்.

ஸ்ரீராமகிருஷ்ண ஸ்தோத்திரம்

ஓம் ஸ்தாபகாய ச தர்மஸ்ய ஸர்வதர்மஸ்வரூபிணே
அவதார வரிஷ்டாய ராமக்ருஷ்ணாய தே நம :

ஓம். அறத்தை நிலைநாட்டியவனே, அனைத்து அறங்களின்
வடிவானவனே, அவதாரங்களுள் தலைசிறந்தவனே! உனக்கு
வணக்கம்!

ஸ்ரீ சாரதாதேவி ஸ்தோத்திரம்

ஐனனீம் ஸாரதாம் தேவீம் ராமக்ருஷ்ணம் ஜகத்குரும்
பாதபத்மே தயோ : ச்ரித்வா ப்ரணமாமி முஹூர்முஹூ

உலக அன்னையாகிய சாரதாதேவியுடையவும் உலக
குருவாகிய ஸ்ரீராமகிருஷ்ணருடையவும் தாமரைப் பாதங்களைச்
சரணடைந்து மீண்டும் மீண்டும் வணங்குகிறேன்!

விவேகானந்த பஞ்சகம்

ஓம் நம : ஸ்ரீயதிராஜாய விவேகானந்த ஸுரயே
ஸச்சித்ஸுக ஸ்வரூபாய ஸ்வாமினே தாபஹாரினே

துறவி வேந்தரும், உண்மை அறிவு இன்பம் வடிவினரும், எல்லா
துயரங்களையும் போக்குபவரும் ஆகிய விவேகானந்த ரிஷியை
வணங்குகிறேன்.

NATIONAL ANTHEM
Jana-Gana-Mana
(Thou Art the Ruler of All Minds)

The Indian National anthem, composed originally in Bengali by Rabindranath Tagore, was adopted in its Hindi version by the Constituent Assembly as the National Anthem of India on 24 January 1950. It was first sung on 27 December 1911 at the Calcutta session of the Indian National Congress. The complete song consists of five stanzas. The lyrics were rendered into English by Tagore himself.

"Jana-gana-mana-adhinayaka jaya he
Bharata-bhagya-vidhata.
Punjaba-Sindhu-Gujarata-Maratha-
Dravida-Utkala-Banga
Vindhya-Himachala-Yamuna-Ganga
Uchchhala-jaladhi-taranga.
Tava Subha name jage,
Tava Subha asisa mage,
Gahe tava jaya-gatha.
Jana-gana-mangala-dayaka jaya he
Bharata-bhagya-vidhata.
Jaya he, jaya he, jaya he
Jaya jaya, jaya, jaya he."

Translation of the national anthem - Jana Gana Mana in English:

Thou are the ruler of the minds of all people, dispenser of India's destiny. The name rouses the hearts of Punjab, Sind, Gujarat and Maratha. Of the Dravid and Orissa and Bengal. It Echoes in the hills of Vindhyas and Himalayas, mingles in the music of Yamuna and Ganga and is chanted by the waves of the Indian Sea. They pray for your blessing and sing the praise. The salvation of all people – is thy hand, thou dispenser of India's destiny. Victory, Victory, Victory to these.

தமிழ்த்தாய் வாழ்த்து

நீராருங்கடலுடுத்த நிலமடந்தைக் கெழிலொழுக்கும்
சீராரும் வதனமெனத் திகழ்பரதக் கண்டமிதில்
தெக்கணமும் அதிற்சிறந்த திராவிடநல் திருநாடும்
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே
அத்திலக வாசனைபோல் அனைத்துலகும் இன்பமுற
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!
தமிழணங்கே!

உன் சீரிளமைத் திறம்வியந்து
செயல்மறந்து வாழ்த்துதுமே!

வாழ்த்துதுமே!

வாழ்த்துதுமே!

— மனோன்மனீயம் பெ. சுந்தரம்பிள்ளை

கொடிப்பாடல்

வித்தை யருளும் அன்னையின்
விளங்கு கொடியைப் போற்றுவோம்
சத்தியத்தின் கொடியிது சேவைத் தியாகக் கொடியிது அறம்
வளர்க்க வந்த நல் அருளைக் காட்டும் கொடியிது

பரமஹம்ச தேவரின் பிரியமான கொடியிது
தமிழ்மணம் விரித்திடும் தாயின் பெருமைக் கொடியிது
அமிழ்தில் இனிய அன்பினால் அணைத்து
நாங்கள் வாழுவே

அண்ணன் தம்பிமார்களாய் அகமகிழ்ந்து கூடியே
திண்மை யறிவு ஞானமும் தெய்வபக்தி தன்னுடன்
அன்பு செய்து வாழுவோம் ஆண்மையைப் பெருக்குவோம்
இன்ப மெய்தி யாவரும் இருக்க என்றும் நாடுவோம்

— ம.ப. பெரியசாமித்தூரன்

காயத்ரீ மந்திரம்

ஓம் பூர்புவஸ்ஸுவ : | தத்ஸவித்ராவரேண்யம் |

பர்கோ தேவஸ்ய தீமஹி |

தியோ யோ ந : ப்ரசோதயாத் ||

யார் நம் அறிவைத் தூண்டுகிறாரோ அந்தச் சுடர்க்
கடவுளின் மேலான ஒளியைத் தியானிப்போமாக.

ப்ருஹதாரண்யக உபநிஷத்

அஸதோ மா ஸத்கமய |

தமஸோ மா ஜ்யோதிர்கமய |

ம்ருத்யோர்மா அம்ருதங் கமய ||

ஓம் சாந்தி : சாந்தி : சாந்தி :

விநாயகர் துதி

சுக்லாம் பரதரம் விஷ்ணும் சசிவர்ணம் சதுர்புஜம்

பிரசன்ன வதனம் த்யாயேத் சர்வ விக்னோப சாந்தயே.

தூய்மையான வெண்ணிற ஆடை உடுத்தியவரும், எல்லா
இடங்களிலும் வியாபித்திருப்பவரும், சந்திரன் போன்ற நிறத்தை
உடையவரும், நான்கு கைகளை உடையவரும், எப்பொழுதும்
அருள் புரியக்கூடிய முகத்தை உடையவருமாகிய விநாயகரை
எல்லா இடையூறுகளும் நீங்குவதற்காக வணங்குகிறேன்.



சரஸ்வதி துதி

ஸரஸ்வதி நமஸ்துப்யம்

வரதே காமரூபிணி

வித்யா ரம்பம் கரிஷ்யாமி

ஸித்திர் பவதுமே ஸதா

அனைவராலும் விரும்பத்தகும் உருவத்தை உடையவளும்,
வேண்டிய வரங்களைத் தருபவளும் ஆகிய சரஸ்வதி தேவியே நான்
ஆரம்பிக்கும் இக்கல்வி சித்தியடைய உன்னை வணங்குகிறேன்.



குரு ஸ்தோத்திரம்

குருர் ப்ரம்மா குருர் விஷ்ணு;

குருர் தேவோ மகேச்வர;

குருஸாக்ஷாத் பரப்பிரம்ம

தஸ்மை ஸ்ரீ குருவே நம:

குருவே ப்ரம்மா! குருவே விஷ்ணு! குருவே மஹேஸ்வரன்!
குருவே பரப்ரம்மம்! அத்தகைய குருவை நான் வணங்குகிறேன்.



சிந்துபைரவி

குருதேவா ஜெய குருதேவா
திருவருள் புரிவாய் குருதேவா

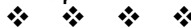
கருணையின் உருவே கற்பகத் தருவே
காருண்ய சீலா கலியுக வரதா
பொற்பதம் பணிந்தேன் சற்குரு தேவா
நற்கதி எனக்கு நீ தருவாயே (குருதேவா)

அன்னையும் நீயே தந்தையும் நீயே
ஆதியும் நீயே அந்தமும் நீயே
சாரதை நாதா சகலமும் நீயே
சரணடைந்தேனே உனதருள் வேண்டி (குருதேவா)



தேஷ் - ஏக்தாள்

ஜய ஜய ஓம் சக்தி சாரத மா
ஜய ஜய சிவ சக்தி சாரத மா |
ஜய நாராயணி சாரத மா
சங்கரி நாரணி சாரத மா ||
மாத்ரு ஸ்வரூபிணி சாரத மா
மங்கள தாயினி சாரத மா ||



பல்லவி

ஐய ஸ்ரீராமகிருஷ்ண தேவா
ஐய ஐய சத்குரு நாதா

அனுபல்லவி

மயலால் மீடியுண்டு வாடும் குவலயம்
தயவால் உயிர்த்தோங்கத் தோன்றிய முகிலே

சரணம்

சாந்தம் வடியும் உன் சந்நிதி வந்ததும்
சந்தேகம் சஞ்சலம் சாம்பராய்ப் போயின
காந்திச் சுடர் விடும் கருணா ரூபனே
கைகொடுத்தெங்களைக் கரையேற்றும் ஐயனே

— ம. ப. பெரியசாமித்தூரன்



BIO - DATA

1. a) Name :
b) Class :
2. a) Father's Name :
b) Father's Occupation :
3. Date of Birth :
4. a) Age :
b) Height :
c) Weight :
d) Blood Group :
e) Aadhaar No. :
f) Email ID :
5. Nationality :
6. Religion :
7. Educational Qualification :
8. Extra - curricular Activities :
9. Highest Sports Performance:
10. Interests :
11. Present Address :
12. Permanent Address :
13. Contact Number :

College Profile

Ramakrishna Mission Vidyalaya

Ramakrishna Mission Vidyalaya, Coimbatore. (A Branch of Ramakrishna Math and Ramakrishna Mission, Belur Math, Howrah, West Bengal). Located at about 19 kms from the Coimbatore city on the highway to Ooty, the Vidyalaya is situated in a serene environment spread over nearly 300 acres. The institution was founded by Dr. T.S. Avinashilingam in 1930, with an investment of Rs.5.75 and one harijan boy on its roll. Indeed, a small beginning for his great achievement that stands materialized today as a vast educational and spiritual centre with facilities for education from pre-school to postgraduate and doctorate levels. But then, there was a source for his inspiration to set out on that bold venture. While studying in college, Dr. T.S. Avinashilingam met Swami Shivananda, a direct disciple of Bhagavan Sri Ramakrishna whose another well-known disciple was Swami Vivekananda. It was from Swami Vivekananda that Swami Shivananda absorbed the idea of the prime importance of education for the revival of India. The 'sacred touch' of Swami Shivananda, as Dr. T.S. Avinashilingam later described it, awoke in him the necessary strength and vision for his future mission in the field of education. Mahatma Gandhi, the Father of the Nation, laid the foundation stone of the Vidyalaya in 7 February 1934 and wished that the students of the Vidyalaya would be intensely patriotic followers of Truth. The Vidyalaya was affiliated to the Ramakrishna Mission in January 1935. Swami Garishthanandaji Maharaj is now the Secretary of the Ramakrishna Mission Vidyalaya, Coimbatore. The Vidyalaya institutions are guided by a team of dedicated monks.

SRMV Maruthi College of Physical Education (MCPE)

Sri Ramakrishna Mission Vidyalaya Maruthi College is one of the institutions in Vidyalaya which was formally inaugurated by Acharya Vinoba Bhave on 22 September 1956. This institution has been named after the great Ramayana hero, Mahavir, also called Maruthi or Hanuman. Faith and devotion are essential factors in the development of strength in any individual.

Personal purity and devotion to a great cause are the necessary requisites for a healthy living. Maruthi, who personified in himself these great qualities, has stood as the ideal of manhood to millions of men in our country. And so it is only fitting that this institution is named after him.

Vision

Striving for excellence in the quality of training teachers and teacher educators in Physical Education and Sports through proper training, effective coaching, in-depth research and field based activities blended with emerging technologies and value based education on par with global standards.

Mission

- ◆ Training committed, competent, and skillful pre-service physical education teachers and teacher educators by equipping them with necessary practical knowledge, skills, right attitude and nurturing holistic values so as to enable them to be creative and confident in fulfilling global demands.
- ◆ Imparting effective coaching by amalgamating basic skills and innovative strategies in order to successfully encounter unforeseen situations.
- ◆ Strengthening scholastic and non-scholastic skills through systematic, field-based and outreach activities integrating appropriate ICT strategies.
- ◆ Encouraging research activities by prioritizing the thrust areas of research through re-visiting emerging trends in the field of Physical Education and Sports.

Goals and Objectives of the Institution

Goals

- ◆ To actualize Swami Vivekananda's educational vision, to impart life-building, man-making and character-building education through a balanced combination of secular and spiritual training.

- ◆ The emblem of the Ramakrishna Mission, conceived and designed by Swami Vivekananda, is an eloquent expression of its goals and objectives.

Objectives

- ◆ To educate the teacher trainees to attain proficiency in Physical Education and Sports
- ◆ To provide the essential professional attributes for teacher trainees
- ◆ To facilitate the teacher trainees to integrate the global challenges by means of innovative and self-assured practices
- ◆ To provide effective coaching in fundamental skills of major games and physical activities to succeed the unexpected circumstances with amazing results
- ◆ To incorporate the ICT strategies among teacher trainees
- ◆ To encourage teacher trainees to identify the essential areas of research in physical education and sports

College Status

- ◆ The Maruthi College of Physical Education was established in 1956 and one of the leading physical education institutions in south India.
- ◆ MCPE is recognized by the National Council of Teacher Education (NCTE).
- ◆ A government aided institute, recognized by the Government of Tamil Nadu.
- ◆ National Assessment and Accreditation Council (NAAC) has re-accredited the college with "A+" grade in the year 2023.
- ◆ University Grants Commission has conferred autonomous status to our college from the academic year 2007 - 2008.
- ◆ Registered under UGC Act and College is honoured with 2(f) & 12(B) status by UGC.
- ◆ Affiliated to the Tamil Nadu Physical Education and Sports University, Chennai since 2006.

- ◆ A recognized 'Research centre', which can offer Ph.D programme.

Statutory Committees

S.No.	Body	No. of Members	Frequency of Meeting
1	College Committee	18	Once in 3 months
2	Governing Body	12	Twice a year
3	Academic Council	13	Twice a year
4	Board of Studies	21	Twice a year
5	Finance Committee	3	Twice a year

Non Statutory Committees

S. No.	Body	No. of Members	Frequency of Meeting
1	Admission Committee		Twice a year
2	Annual Planning Committee		Once in a month
3	Anti – Discrimination Cell		Twice a year
4	Anti - Ragging Cell		Twice a year
5	Career Guidance and Counselling Cell		Twice a year
6	Caste Discrimination Cell		Twice a year
7	Curriculum Development Cell		Twice a year
8	College Magazine and E-Newsletter Committee		Twice a year
9	Competitive Examination Cell		Twice a year
10	Energy Conservation Cell		Twice a year
11	Equal Opportunity Cell		Twice a year
12	Examination Committee		Twice a year
13	Extramural Committee		Twice a year
14	Faculty Research Project Committee		Twice a year

S. No.	Body	No. of Members	Frequency of Meeting
15	Grievance Redressal Cell		Twice a year
16	Hostel Advisory Committee		Twice a year
17	Institutional Ethics Committee		Twice a year
18	Intellectual Property Right (IPR) Cell		Twice a year
19	Internal Complaints Committee		Twice a year
20	Internal Quality Assurance Cell		Quarterly
21	Intramural Committee		Twice a year
22	Library Advisory Committee		Twice a year
23	Maintenance Committee		Twice a year
24	Maruthi Alumni Association		Twice a year
25	Mentor – Mentee Committee		Twice a year
26	National Service Scheme		Twice a year
27	Placement Cell		Twice a year
28	Purchase Committee		Twice a year
29	Research Advisory Committee		Twice a year
30	Sports Advisory Committee		Twice a year
31	Staff Council		Once in a week
32	Students Literary Association		Twice a year
33	Time Table Committee		Twice a year
34	Unnat Bharat Abhiyan		Twice a year
35	Waste Management Cell		Twice a year

PARTICULARS OF COLLEGE

Name of the College with Postal Address	: Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020
College Telephone Number	: 0422 - 2692443
College Website & Mail ID	: www.srkvmcpe.org ; rmmcpe@gmail.com , srkvmcpe@gmail.com
Name, Address, Telephone of the Secretary	: Swami Virahananda Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020. Phone: 0422 - 2692443
Name, Address, Telephone of the Principal	: Dr. T. Jayabal Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020. Phone: 0422 - 2692443
Year of Establishment	: 1956
Autonomous College Since	: 2007 - 2008
Re-accredited by NAAC in	: 2023
Details of Programmes Offered	: Ph.D. - Full Time & Part Time M.P.Ed. - Full Time (2 years) B.P.Ed. - Full Time (2 years) B.P.E.S. - Full Time (3 years)
Details of Teaching & Administrative Staff	: Furnished in Page No.51 & 52

PROGRAMMES

Bachelor of Physical Education and Sports

(B.P.E.S.)

REGULATIONS

Eligibility for Admission

- ◆ Applicants should have passed the +2 examination in the 10+2 pattern of the Government of Tamil Nadu or any other equivalent examination recognized by the Government of Tamil Nadu or approved by the Tamil Nadu Physical Education and Sports University.
- ◆ School representation in any game or sport is mandatory for the applicants.
- ◆ The candidates should not have completed 21 years of age as of 1st July. However, a relaxation of 3 years shall be given for SC/ST candidates.
- ◆ Only male candidates are eligible for admission to the B.P.E.S degree.
- ◆ The candidate must be medically fit and free from any deformities students will undergo a medical examination at the time of admission.
- ◆ Admission shall be made on the basis of ranking for a total of 150 marks as detailed below.

S.No	Description	Marks
1	Qualifying Examination	25 marks
2	Participation in Games & Sports	25 marks
3	Games Skill test	50 marks
4	Track and Field Skill (Fitness)Test	50 marks
	Total	150 marks

Note: Marks obtained in the Qualifying Examination shall be converted to a maximum of 25 marks. For example, if a candidate secured 400 marks out of 600. His marks for qualifying examinations are $(400/600) \times 25 = 12.50$ marks.

COURSES OF STUDY B.P.E.S. (2023-2026)

Semester - I

Part	Course code	Title of the Course
Theoretical courses		
I	231ULC1	Tamil – I
I	231ULC 2	Hindi – I
II	231ULC 3	English – I
III	231UCC1	Core course: History and Foundations of Physical Education
III	231UCC2	Core course: Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)
III	231UGE1	Generic Elective: Computer Application
Practicum Courses		
V	231UPC1	Callisthenics (20), Minor Games (10), Gymnastics (10), Marching (10)
V	231UPC 2	Basketball
V	231UPC 3	Softball
V	231UPC 4	Badminton
V	231UPC 5	Kabaddi

Semester - II

Part	Course code	Title of the Course
Theoretical courses		
I	232ULC1	Tamil – II
I	232ULC2	Hindi – II
II	232ULC3	English –II

Part	Course code	Title of the Course
III	232UCC1	Core course: Human Anatomy and Physiology
III	232UCC2	Core course: Rules of Games and Sports-Part II (Volleyball, Tennis, Throwball, Kho-Kho)
III	232UGE1	Generic Elective: Communicative English
Practicum courses		
V	232UPC1	Dands(10), Baithaks (10), Light Apparatus (20) & Lezim (10)
V	232UPC2	Kho-Kho
V	232UPC3	Tennis
V	232UPC4	Volleyball
V	232UPC5	Throwball

SEMESTER - III

Part	Course code	Title of the Course
Theoretical courses		
I	233ULC1	Tamil – III
II	233ULC2	English –III
III	233UCC1	Core course: Health and Safety Education
III	233UCC2	Core course: Rules of Games and Sports-Part III (Track and Field events)
III	233UGE1	Generic Elective: Environmental Science

Part	Course code	Title of the Course
Practicum Courses		
V	233UPC1	Track and Field events - Short distance running
V	233UPC2	Middle-distance running & Long-distance running
V	233UPC3	Relay Races and Hurdles
V	233UPC4	Long Jump and Triple jump
V	233UPC5	High Jump & Pole Vault

SEMESTER - IV

Part	Course code	Title of the Course
Theoretical courses		
I	234ULC1	Tamil – IV
II	234ULC2	English –IV
III	234UCC1	Core course: Rules of Games and Sports-Part IV (Field events, Ball Badminton, Football)
III	234UDE1	Discipline Specific Elective course: Methods in Physical Education
III	234USE1	Skill-Based Elective Course: Value Education and Indian Culture & Heritage
IV	234UAE1	Ability Enhancement Compulsory course: Obesity and weight management/MOOC courses
Practicum courses		
V	234UPC1	Track and Field events – Shot put & Hammer throw
V	234UPC2	Discus throw and Javelin throw
V	234UPC3	Pyramid, Mallakhamb, and Martial Arts

Part	Course code	Title of the Course
V	234UPC4	Ball Badminton
V	234UPC5	Football
V	234UPC6	Track and Field events (Semester III & Semester IV)

SEMESTER - V

Part	Course code	Title of the Course
Theoretical courses		
III	235UCC1	Core course: Science of Yoga
III	235UCC2	Core course: Athletic Care and Rehabilitation
III	235UCC3	Core course: Kinesiology and Biomechanics
III	235UCC4	Core course: Educational Psychology and Sports Journalism
III	235UDE1	Discipline Specific Elective Course: Adapted Physical Education
Practicum courses		
V	235UPC1	Hockey
V	235UPC2	Table Tennis
V	235UPC3	Handball
V	235UPC4	Netball
V	235UPC5	Yoga

SEMESTER - VI

Part	Course code	Title of the Course
Theoretical courses		
III	236UCC1	Core course: Exercise Physiology and Nutrition
III	236UCC2	Core course: General Theory and Methods of Sports Training
III	236UCC3	Core course: Rules of Games and Sports-Part V (Hockey, Table Tennis, Handball, Netball, Cricket, & Tennikoit)
III	236UDE1	Discipline-Specific Elective Course: Sports Management
III	236USE1	Skill-Based Elective Course: Test, Measurement, and Evaluation
IV	236UAE1	Ability Enhancement Compulsory course: Project/MOOC courses
Practicum courses		
V	236UPC1	Bharathiam & Aerobics
V	236UPC2	Cricket
V	236UPC3	Tennikoit
V	236UPC4	Game of Specialization
Village Placement Programme		
VI	236UPV1	Village Placement Programme (5 days during the semester)

Bachelor of Physical Education (B.P.Ed.)

Bachelor of Physical Education (B.P.Ed.) two years (Four Semesters Choice Based Credit System) programme is a professional programme meant for preparing teachers of physical education in classes VI to X and for conducting physical education and sports activities in classes XI and XII.

Eligibility Criteria

A candidate shall be eligible for admission to the Bachelor of Physical Education (B.P.Ed.) if he has taken a degree with 50% marks of a recognized university subject to the following conditions. The candidate should not have completed 30 years of age as on 1st July. However, relaxation of 3 years may be given for SC / ST Ex-servicemen. Experienced Physical Education Teachers shall be given relaxation of 6 years of age. He must have represented the college / university / inter-zonal / school competition / district / state in anyone of the games or athletics (as included in the inter-university competitions / IOA / SGFI / Govt of India). Graduates in Physical Education with 45% marks.

Admission Procedure

Qualifying marks Scored in UG	20 Marks
Games & Sports Certificate	25 Marks
Game Skills test (anyone game)	50 Marks
Track and Field Skill Test (100 mts, Long Jump, Shot Put)	50 Marks
Bonus marks for degree certificate in B.Sc. Phy. Edu. / B.P.E.S. or D.P.Ed.	5 Marks
Total	150 Marks

Qualifying Examination

(Maximum 20 marks). Marks obtained in total at the degree level (other than B.P.E./B.P.E.S.) should be converted to a maximum marks of 20. For graduates in Physical Education percentage of marks is calculated considering the total marks obtained.

COURSES OF STUDY B.P.Ed. (2023-2025)

SEMESTER - I

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
231BCC1	History, Principles and foundation of Physical Education
231BCC2	Anatomy and Physiology
231BCC3	Educational Technology and Methods of Teaching in Physical Education
Discipline Specific Elective Courses (Any one)	
231BDE	Any one paper from the basket of choices of first year (1. Olympic Movements, 2. Health Education and Environmental Studies, 3. Contemporary Issues in Physical Education, Fitness and Wellness, 4. Sports Nutrition.)
Part - II: Practicum	
231BPC1	Track and Field (Running Events). (50)
231BPC2	Team Games: Basketball (50), Ball badminton (25), Tennis (25)
231BPC3	Indigenous Sports (100): Mass Demonstration Activities (25): Dumbbells, Flags, wands, Hoops, Indian clubs, Lezium (25), March Past and Band (50)
231BPC4	Organization and Participation (Part-I): Intramural (05) and Extramural tournaments (10), Project track and field meets (10)
231BPC5	Co-Curricular courses: Leadership training Programme

Course code	Title of the Course
Part - III : Internship	
231BIC1	Teaching Practice: General lesson plan, 10 lessons at school (External) and 5 lessons at college (internal)
Part - IV : Ability and Skill enhancement courses	
	Ability and Skill Enhancement courses
231BAE	1. Communication Skills and Soft Skills
	2. Diversified System of School Education of School Education

SEMESTER - II

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
232BCC1	Yoga Education
232BCC2	Theories of Sports & Games – Part - I
232BCC3	Organization and Administration in Physical Education
Discipline Specific Elective Courses (Any one)	
232BDE	Any one paper from the basket of choices of first year (1. Olympic Movements, 2. Health Education and Environmental Studies, 3. Contemporary Issues in Physical Education, Fitness and Wellness, 4. Sports Nutrition.)
Part - II: Practicum	
232BPC1	Track and Field (Jumping Events)
232BPC2	Yoga(25), Aerobics (25)
232BPC3	Team Games: Hockey (50),Badminton (25), Table Tennis (25),

Course code	Title of the Course
232BPC4	Gymnastics (50), Calisthenics (25), Malla Khamb (25)
232BPC5	Organization and Participation (Part-II):Intramural (05) and Extramural tournaments (10), Project track and field meets (10)
Part - III : Internship	
232BIC1	Teaching Practice: (15 lessons in teaching mass demonstration exercises at elementary school and concluding with play festival programme)
Part - IV : Ability and Skill enhancement courses	
232BAE	Value added courses (any one) 1.Social Health and Sports Services 2.Fitness Equipment Management

SEMESTER - III

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
233BCC1	Measurement and Evaluation in Physical Education
233BCC2	Sports Psychology and Sociology
Discipline Specific Elective Courses (Any one)	
233BDE	Any one paper from the basket of choices of second year (1. Sports Management and Curriculum Design, 2. Adapted Physical Education and Inclusive Physical Education, 3. Sports Medicine & Physiotherapy and Rehabilitation, 4. Research and Statistics in Physical Education)

Course code	Title of the Course
Generic Elective Course	
233BGE	Any one paper from the basket of choices of Generic electives (1. Indian Cultural and Heritage, 2. Computer Applications in Physical Education)
Part - II : Practicum	
233BPC1	Track and Field (Throwing Events)
233BPC2	Combative Sports (Any two): Kalari (25), Silambam (25), Judo (25), Wrestling (25)
233BPC3	First Aid & Injury management (50)
233BPC4	Team Games: Kabaddi (25), Handball (25), Throw ball (25), Kho-Kho (25)
233BPC5	Organization and Participation (Part-III): Intramural (05) and Extramural tournaments (10), Project track and field meets (10)
Part - III : Internship	
233BIC1	Teaching Practice: Particular lesson, 10 lessons at school (External) and 5 lessons at college (internal)
Part - IV : Ability and Skill enhancement courses (any one)	
233BAE	Skill Enhancement Course: 1. Online Courses 2. Obesity and Weight Management

SEMESTER - IV

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
234BCC1	Theories of sports and games – Part - II
234BCC2	Kinesiology and Biomechanics
234BCC3	Sports Training

Course code	Title of the Course
Discipline Specific Elective Courses (Any one)	
234BDE	Any one paper from the basket of choices of second year (1. Sports Management and Curriculum Design, 2. Computer Applications in Physical Education, 3. Sports Medicine & Physiotherapy and Rehabilitation, 4. Research and Statistics in Physical Education)
Part - II : Practicum	
234BPC1	Team Games: Softball (25), Tennikoit (25)
234BPC2	Cricket (50), Football (50), Volleyball (50)
234BPC3	Organization and Participation (Part-IV): Intramural (05) and Extramural tournaments (10), Project track and field meets (10)
Part - III : Internship	
234BIC1	Pedagogy: Sports specialization: 10 Coaching lessons in a game of specialization
234BIC2	Teaching Practice: (15 lessons in teaching mass demonstration exercises at elementary school and concluding with play festival programme)
Part - IV : Ability and Skill enhancement courses (Any One)	
234BAE	Ability Enhancement Compulsory Courses: (Any one) 1. Official / referee qualify examination 2. Village Placement Programme

Master of Physical Education (M.P.Ed.)

The Master of Physical Education (M.P.Ed.) two years (Four Semesters Choice Based Credit System) programme is a professional programme meant for preparing teachers of physical education for conducting physical education and sports activities in classes XI and XII as well as Assistant Professor / Directors / Sports Officers in Colleges / Universities and Teacher Education in College of Physical Education.

Eligibility Criteria

A candidate for admission to the Master of Physical Education (MPEd) degree programme should have passed B.P.Ed. examination from any recognised university. They must have represented district/college/university/state in any one of the games or sports. He must be medically fit and free from physical deformities. Students will undergo medical examination at the time of admission. Candidates who have obtained at least 50% marks in the B.P.Ed. degree / B.P.Ed. (Integrated) 4 years professional degree are eligible for admission. The reservation for SC / ST / OBC and other categories shall be as per the rules of the Central Government / State Government, whichever is applicable.

Or

Graduate with Physical education as an elective subject with 40% marks.

Or

Graduate having participated in National / State / Inter-University sports | games / athletics | SGFI.

Admission Procedure

Qualifying Examination (B.P.Ed.)	25 Marks
Games & Sports Certificate	25 Marks
Game / Athletic proficiency	50 Marks
Written Test	35 Marks
Personal Interview	15 Marks
Total	150 Marks

COURSES OF STUDY
M.P.Ed. (2023-2025)

SEMESTER - I

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
231MCC1	Sports Psychology & Sports Sociology
231MCC2	Physiology of Exercise
231MCC3	Tests, Measurement and Evaluation in Physical Education
Discipline Specific Elective Courses (Any one)	
231MECA / 232MECA 231MECB / 232MECB 231MECC / 232MECC 231MECD / 232MECD	<ul style="list-style-type: none"> • Adapted Physical Education • Sports Technology & Sports Engineering • Yogic Science • Sports Management and Curriculum Design in Physical Education
Part - II : Practicum	
231MPC1	Track and Field – I Running Events(50)
231MPC2	Gymnastics(Floor Exercises)(50) Aerobics: Touch out, V Step, A Step, Jump on the Spot, Knee Curl, Front Kick, Knee and Arm Lift, Side Kick (50)
231MPC3	Field / Laboratory Work-I: Sports Psychology & Physiology of Exercises Laboratory (50)
231MPC4	Test, Measurement and Evaluation in Physical Education(50)

Course code	Title of the Course
231MPC5	Class Room Teaching-I: Five lessons on theory subjects (25), Organisation Participation & in Project Sports Meet, Intramural & Extramural Competitions(25)
Part - III : Internship	
231MIC1	Games of Specialization-I (First Best) Basketball/Badminton/Cricket/Football/ Handball/ Hockey/ Kabaddi/Kho- Kho/ Tennis/Volleyball(Any one game) (100)
Part-IV Ability and Skill Enhancement Course	
231AEC1 (or) 231AEC2	Ability Enhancement Compulsory Course: <ul style="list-style-type: none"> • Personality Development and Life Coping Skills (or) • Management of Hypokinetic Diseases
	Self-Study Hours

SEMESTER - II

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
232MCC1	Theories of Track & Field
232MCC2	Sports Biomechanics & Kinesiology
232MCC3	Athletic care and Rehabilitation
Discipline Specific Elective Courses (Any one)	
231MECA / 232MECA 231MECB / 232MECB 231MECC / 232MECC 231MECD / 232MECD	<ul style="list-style-type: none"> • Adapted Physical Education • Sports Technology & Sports Engineering • Yogic Science • Sports Management and Curriculum Design in Physical Education

Course code	Title of the Course
Part - II : Practicum	
232MPC1	Track and Field II: Jumping events & Hurdles (100)
232MPC2	Field / Laboratory Work II: Athletic Care, Physiotherapy and Rehabilitation, Sports Medicine (25) and Kinesiology and Biomechanics Laboratory(25)
232MPC3	Yoga: Asanas, Pranayama, Kriyas, Bandhas, Mudras, Surya namaskar (50)
232MPC4	Class Room Teaching-II: Five lessons on theory subjects.(25) Organisation & Participation in Competitions: Project Sports Meet, Intramural and Extramural Competitions(25)
Part - III : Internship	
232MIC1	Games of Specialization-I (First Best) Basketball/Badminton/Cricket/Football/ Handball/ Hockey/ Kabaddi/Kho- Kho/ Tennis/Volleyball(Any one game) (100)
232MIC2	Teaching / Coaching /Officiating at Schools /Colleges/Institutions(50)
Part-IV Ability and Skill Enhancement Courses	
232AEC1	Ability Enhancement Compulsory Course- Life Skill Management
232CCC1	Co-Curricular Course–Village Placement Programme
	Self-Study Hour

SEMESTER - III

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
233MCC1	Scientific Principles of Sports Training
233MCC2	Research Processes in Physical Education & Sports Sciences
Discipline Specific Elective Courses (Any one)	
233MECA / 234MECA 233MECB / 234MECB 233MECC / 234MECC 233MECD / 234MECD	<ul style="list-style-type: none">• Health Education and Sports Nutrition• Physical Fitness and Wellness• Special Olympics• Sports Journalism and Mass Media
Generic Elective Course	
233MGEC1 (or) 233 MGEC2	<ul style="list-style-type: none">• Indian Cultural Heritage (or)• Value and Environmental Education
Part - II : Practicum	
233MPC1	Track and Field III: Throwing Events (50)
233MPC2	Class Room Teaching III: Five Lessons on Theory Subjects(25). Organization & Participation in Project Sports Meet, Intramural and Extramural Tournaments(25)
233MPC3	Gymnastics(with apparatus)(50) and Combative Sports - Boxing/Fencing/Judo/ Taekwondo/Karate/Kalari (Any one) (50)

Course code	Title of the Course
233MPC4	Fitness Training: Conditioning Exercises: General and Specific Training Methods: Weight Training (Free Weights and Machine Weights) – Circuit Training Interval Training –Fartlek Training – Plyometrics Training, Swiss Ball Training -Medicine Ball Training-Core Board Training-Cross Training(50)
Part - III : Internship	
233MIC1	Games of Specialization-II(Second Best) Basketball/Badminton/ Cricket/ Football/ Hockey/Kabaddi/Tennis/Volleyball (Any one game) (First Best)
233MIC2	Teaching /Coaching/Officiating in Track & Field Events (50)
Part-IV Ability and Skill Enhancement Courses	
233SEC1 (or) 233SEC2	Skill Enhancement Course <ul style="list-style-type: none"> • Any Approved Online Course (or) • Fit Students Fit Nation
	Self-Study Hour

SEMESTER - IV

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
234MCC1	Information & Communication Technology (ICT) and Education Technology in Physical Education
234MCC2	Applied Statistics in Physical Education & Sports

Course code	Title of the Course
Discipline Specific Elective Courses (Any one)	
233MECA / 234MECA 233MECB / 234MECB 233MECC / 234MECC 233MECD / 234MECD	<ul style="list-style-type: none"> • Health Education and Sports Nutrition • Physical Fitness and Wellness • Special Olympics • Sports Journalism and Mass Media
Part - II : Practicum	
234MPC1	Track and Field – IV Combined Events(100)
234MPC2	Class Room Teaching-IV–Five lessons on theory subjects.(25) Officiating, Organization & Participation in Competitions: Project Sports Meet, Intramural and Extramural Competitions(25)
234MPC3	Teaching / Coaching /Officiating in Game of Specialization(Second Best)(50)
Part - III : Internship	
234MIC1	Game of Specialization–II(Second Best) (100)
234MIC2	Internship - Coaching in Track and Field events & Specialization Games at Schools /Colleges / Institutions(50)
Part-IV Ability and Skill Enhancement Courses	
234SEC1 (or) 234SEC2	Skill Enhancement Course <ul style="list-style-type: none"> • Software Based Statistical Application in Physical Education (or) • Professional Preparation for SET/ NET in Physical Education
	Self-Study Hours
Part-V Dissertation	
234MDIS1	Dissertation

Doctor of Philosophy (Ph.D.)

Rules and Regulations for Ph.D. The candidates who secure 50% of the total marks altogether in entrance test, Interview and PG Degree are eligible for Ph.D. admission. The candidates qualified in NET/SLET/other National Level Eligibility Test are exempted from entrance test and they have to appear for the interview only. Such candidates secure less than 50% of marks in interview are not eligible for Ph.D. admission.

Common Guidelines for B.P.E.S., B.P.Ed. and M.P.Ed.

Attendance: Minimum of 75 percent attendance in theory and practicals in each semester is compulsory.

Medium of Instruction: The medium of instruction will be English.

Course of Study: The total working days shall not be less than 200 working days in an academic year (Each Semester consists of not less than 100 working days excluding examination days).

Duration: The duration of the program shall be of two academic years with four semesters under the Choice Based Credit System. The semesters shall be from June to November and December to April for each academic year.

Students should be medically fit and free from any deformities and they should undergo medical examination at the time of admission.

VALUE ADDED & SELF-STUDY COURSES

Six courses are offered by the College, and classes for these courses are conducted after normal working hours for the benefit of the B.P.E.S., B.P.Ed. and M.P.Ed. students. School teachers can also join these courses. The descriptions of the courses are as follows:

1. Fundamental moves in Aerobics

Objectives & Outcomes:

- ◆ To demonstrate the basic skills associated with aerobic activities including step aerobics and floor aerobics.

- ◆ To demonstrate the ability to perform aerobic movements in various combination and forms.
- ◆ To understand and apply the knowledge of basic choreography, music selection and effective group management.
- ◆ To demonstrate the ability to create and present various aerobic activities.
- ◆ To identify the major muscle groups and their application to aerobics.
- ◆ Explain the basic skill and fundamental moves associate with aerobics activities.
- ◆ Understanding and apply the knowledge of basic choreography, music selection and effective group management.
- ◆ Explain and understanding of health problems associated with inadequate fitness levels.
- ◆ Understanding of sound nutritional practices as related to health and physical performance.
- ◆ Analysis the physiological principles during the aerobics activities and rest periods.

2. Therapeutic Yoga

The yoga is very significant for maintaining physical and mental well-being of everyone irrespective of age, status and Nationalities. If this training is given to teachers, the society will be benefited at large. Keeping these factors in view, the certificate course on Yoga has been designed.

Objectives & Outcomes:

- ◆ To enable the student to have good health, mental hygiene and emotional stability.
- ◆ To attain higher level of consciousness and moral values.

Basic Skills and Officiating in Tennis:

Objectives & Outcomes:

- ◆ To create awareness about Basic Skills and Officiating in Tennis among the Physical Education Teacher Trainees.

- ◆ To understand the various basic skills & rules and regulations opportunities for Physical Education Teacher Trainees.
- ◆ To motivate the trainees to put in an application
- ◆ To update the knowledge in the area of Basic Skills and Officiating in Tennis.

Fitness Management

Objectives & Outcomes:

- ◆ To provide an understanding of effective Fitness management procedures.
- ◆ To get acquainted with different sports science disciplines that constitute a base of an effective exercise programme.
- ◆ To provide Orientation regarding different physical and motor fitness components.
- ◆ Understand training as performance based science.
- ◆ Explain different means and methods of various training modules.
- ◆ Prepare training schedules for various sports and games.

Kalaripayattu

Objectives & Outcomes:

- ◆ Discuss kalaripayattu and history, development of kalaripayattu
- ◆ Identify the various forms of kalaripayattu
- ◆ Discuss the classifications of weapons
- ◆ Outline the fundamentals of kalaripayattu
- ◆ Describe the process of animal postures
- ◆ Identify the various types of leg exercises

Powerlifting and Weightlifting

Objectives and Outcomes

- ◆ Proficient in lifting weights by mastering proper form and technique
- ◆ Develop increased strength and muscle mass
- ◆ Achieve improved body composition
- ◆ Enhance the performance in lifting weights
- ◆ Understand safety measures and injury prevention
- ◆ Gain confidence and motivation
- ◆ Acquire knowledge applicable to teacher trainees' physical fitness and future careers

OTHER FACILITIES

Common Facilities and Laboratories

Smart Class

Smartclass is a technology leveraged to improve the teaching – learning system, which has evoked a new environment, new emotion in the classrooms. It is an environment where the teacher is empowered to teach better and student is inspired to learn better than before. smartclass can boast about multimedia, mapped to CBSE, ICSE, Stateboard curriculums, and explains the most difficult concept with easy clarity, bridging the learning gaps between the two stakeholders. It is equipped with exhaustive repository of well researched, digital modules of lessons (consisting of audio-video, 2D and 3D animations and graphics) on almost every subject from KG to class XII.

Library

The library is to provide information services and in the form print and e-resources to support the scholarly and information needs of the faculty members, research scholars and students. The Library is computerized with modern facilities and resources in the form of Books, Periodicals, CD-ROMs, etc. Library adopts Open Access System to enhance the access facilities. The library has been automated by implementing RF Technology. Very few Physical Education college

libraries in India have been automated by implementing of RF Technology. The college library is fully automated and a full-fledged online service is provided to its users. The library also has a Wi-Fi facility.

Fitness Centre

Our college is having multi gym facility and all of our students are utilizing it for training purposes as well as the research purpose.

Powerlifting and Weightlifting Hall

The college established the powerlifting and weightlifting hall with UGC-SERO grant. The equipments procured and their photos attached here with. With these equipments, state level and national level weightlifting and powerlifting competitions can be conducted.

List of Laboratories

- ◆ Kinesiology and Bio-mechanics Laboratory
- ◆ Sports Medicine Laboratory
- ◆ Exercise Physiology Laboratory
- ◆ Anatomy, Physiology & Health Education Laboratory
- ◆ Isokinetic Laboratory
- ◆ Sports Psychology Laboratory
- ◆ Educational Technology Laboratory
- ◆ Computer cum Language Laboratory

Methods of Curriculum Transaction

Curriculum transaction plays a pivotal role in making to be teachers. At our College, emphasis is given on instructional techniques like Learner-centered, Experiential and Peer-learning methods. Subject-related practicals are mandatory for all the trainees. These techniques help our students to excel in their career as teachers.

Highlights of Evaluation System

Two continuous internal assessment tests and one model examination are conducted in one semester. The college adopts central valuation system in which both internal and external examiners are involved. The results are published within 10 days from

the last day of the semester examination. By applying the system of transparency, the college allows the students to get photocopies of the term-end examination papers. The supplementary examination system is also followed.

HIGHLIGHTS OF STUDENT ACTIVITIES

Students are asked to organise seminars, workshops, educational exhibitions and student association activities. Students are encouraged to take part in state and national level seminars, workshops and educational competitions. Students help in maintaining the library and laboratories. Students donate blood in case of emergency and render service. Participation in community work, campus cleaning, cultural programmes and leadership training camps are other activities of our students.

Leadership Training Camp

Every year our college is conducting the Leadership Training Camp at Poondi. Every student shall undergo a 7 days Residential Annual Leadership Training Camp in an evergreen forest as an educational project.

Play Festival

The Play Festival was started in the year 1956, to commemorate the centenary of Bhagavan Sri Ramakrishna. About 3000 children from 58 schools participate in the play festival in which they perform various types of exercises to the tune of devotional and patriotic songs. Every year around 2500 children from various Panchayat Union Elementary Schools of Perianaickenpalayam and Karamadai will participate in the demonstration of physical and play activities.

Each student must go to train elementary school students in various play activities for a period of 11 days and assist his trainees for a combined mass drill at the college campus (100 marks compulsory activity).

Teaching Practice

Undergoing Intensive Practice Teaching in neighboring schools is compulsory for all the students (100 marks).

For experiential learning, teacher trainees undergo teaching practice in the college on all Wednesdays under the guidance of a faculty allotted for this purpose.

Teacher trainees give their reactions, difficulties faced and strategies adopted to solve them. The faculty gives their generalized comments on the teaching practice as a whole. The whole session becomes quite lively and reflective.

Teaching practice at schools is systematically arranged by involving the head of the institution, teaching practice staff in-charge, head of the school and school mentor teacher (physical director/physical education teacher) and make a detailed plan of the teaching practice programme for the academic year.

Project Track and Field Meet

Every year students are provided academic credits for successful execution of project sports meet. A group of students shall be given the responsibility of organising and officiating a track and field meet and tournaments in the institution.

CAMPUS INTERVIEW FOR STUDENTS

The college arranges campus interview for the students every year. 100% of the students get employment before completing the course.

RESIDENTIAL FACILITIES

Residential living is not compulsory for the students of the college. The hostel in the campus provides decent boarding and lodging facilities for students and the participants of in-service programmes are accommodated in a separate hostel. Prayer hall, recreation room, reading room, first-aid kit and health care facilities are available for our students.

Sufficient quarters are available for all staff provided they wish to stay in campus.

RAGGING

Ragging is an unpardonable injustice against students community and students who indulge in this barbarian act will definitely be

expelled from the institution and also punishable by law (vide GO MS No 469 ES & T / dated 24.04.1989 and DTE Lr No 109717/J3/88 dated 22.09.1989.)

HOSTEL RULES AND REGULATIONS

1. Students will be allowed to stay only for that academic year.
2. Students who are willing to discontinue from the hostel has to pay the full fees.
3. 1st instalment fees have to be paid at the time of admission itself.
4. Social service is essential thing in the hostel life. Students have to keep their rooms and surroundings clean. For this, duty will be allotted on the basis of rotation.
5. For students those who go out of the campus without the permission of warden the management of college and hostel will not be responsible if at all anything happened
6. Students should not keep any costly items as well as excess money with them, else they are responsible for any loss.
7. Students should keep their cupboards safely, else recovery will be made for the repair work.
8. Cell phone and radio are strictly prohibited within the campus. If any one violate this they have to abide the disciplinary action taken by the management.
9. Students who involve in the activities which is against the name and fame of the college as well hostel will be dismissed from the college.
10. Students have to attend evening prayer without fail.
11. Students who want to go to their native place for holidays have to get prior permission from the warden
12. Students should not bring any outsiders to the hostel.
13. With regard to problems related to students, final decision will be made by the management other students will not interfere in this regard.
14. Students have to take bath only during the stipulated time.

15. With regard to disciplinary problem, parents have to meet the Principal as well as warden if needed.
16. Students will not be allowed to stay inside the hostel during the class hours, else action will be taken.
17. When going to teaching practice in schools all have to go with their uniform, and they have to maintain discipline there too. Also they should not indulge any activities which affect the name and fame of the institution.

Mess

1. Vegetarian food alone is provided
2. Food will be supplied only during the mess timings. Students have to maintain silence in the mess
3. Water and food should not be wasted at any circumstances
4. Mess fees reduction will not be allowed
5. Relatives/friends will be allowed in the mess only after getting permission from the warden and amount will be collected from the student for the same.

OUTREACH ACTIVITIES

Academic Development

The outreach program provides students with an opportunity to understand their course content, make them aware of the determinants of health, valuing the pedagogy of transacting physical education curriculum and also developing their career. Students articulated their enthusiasm for training in outreach programmes with a sense of growing confidence in their abilities and development of practical sports skills. The academic field visits also contribute in the enhancement of their theoretical knowledge and competencies. Many studies conducted in the field of sports and games also advocate the fact that 'the opportunity to apply learned theories in a new setting would insulate more practical experience and undoubtedly enhance the students' learning opportunities.

Personal Development

With the increase in out-reach activities, there is an inevitable increase in breadth of experience. These activities improve upon the identity of an individual, develop potential, facilitate employability, enhance quality of life and contribute to the realization of aspirations of students. The involvement of students in outreach activities lays the foundation for developing not only skills in physical education but also developing life skills by acquiring them by envisioning their aims in life, and setting goals to realize and maximizing their potential.

Skill Enhancement

The out-reach activities enable the college students to recognize the value of a multidisciplinary approach in physical education, and make them feel comfortable while working with others in the community. Students also realize that teaching and learning within an outreach context is neatly structured, prepackaged, and time scheduled. Working in the outreach setup had increased the participants' self-confidence as they are solely in managing their assigned duties. As a result, positive effects were observed on the students learning experience, appreciation for the need of teamwork, development of organisational and communication skills.

Service to deprived students

Outreach programs are beneficial not only by providing the students an academic foundation but also developing their self-confidence, leadership qualities, and their responsibilities toward the community. These activities strengthened their sense of responsibility toward their studies and had a positive impact on their attitudes to develop physical education skills among students of disadvantaged communities. Such outreach experiences were effective as an adjunct to traditional school-based training in improving students' confidence in enhancing skills in sports. Due to these experiences students not only become knowledgeable in the specialized area of physical education but also develop features such as community awareness, community involvement, commitment to service, career development, self-awareness, leadership qualities, awareness of determinants of health, and understanding of course content.

Civic Responsibility

The outreach activities provide opportunities to build a partnership between the institution and the community thus recognizing the value in developing key relationships with schools in order to support the school curriculum and students' knowledge. Working in outreach settings develop the cultural competencies while interacting and communicating with the individuals of the community, appreciation of their support, and physical education efforts extended by them.

Other Institutions of Vidyalaya

1. Vidyalaya High School (1930): It is the oldest of the Vidyalaya institutions. About 250 students study in Std. VI to X. Medium of instruction is Tamil. The concept of integrated education for the blind has been successfully implemented in the school for the last 20 years.

2. T.A.T. Kalanilayam (1940): This non-residential coeducational Middle School is catering the needs of students from the local community. About 600 students, mostly from families that are financially weak, study here.

3. Gandhi Teacher Training Institute (1942): It offers fully residential two-year Diploma in Teacher Education for students who have passed Plus Two.

4. College of Education (1950): The college offers B.Ed. programme with methodologies in Biological Science, Commerce, Mathematics, History, Physical Science and Special English and M.Ed. Part time M.Phil and Ph.D courses are offered. This college also houses the Indira Gandhi National Open University's study centre which offers B.Ed., M.Ed. and M.A. Educational programmes. Apart from the formal courses, the college offers application - oriented diploma courses such as Computer Awareness, Educational Applications of Television, Library and Information System, Educational Psychology and Child Education. Besides these, certificate courses in Spoken English and Yoga are also offered.

5. Industrial Training Institute (1951): It has a student strength of about 400. Offers skill-oriented two-year Certificate courses in different trades under the National Council for Vocational Training to students who have completed SSLC or Plus Two. For the benefit of students of Vidyalaya and the general public who live around Vidyalaya, a CNC Training Centre, a Driving School and a Vehicle Emission Testing Centre are functioning. All the three are well-utilized by the students and general public.

6. Institute of Agriculture and Rural Development (1956): This offers two-year Diploma in Agriculture and Rural Development for students who have passed Plus Two. It is recognized by the Tamil Nadu Agricultural University. Students strength is about 100.

7. Polytechnic College (Autonomous) (1956): It has a student strength of about 800. Offers three-year Engineering Diploma in Mechanical, Civil, Electrical and Electronics, and Information Technology.

8. Swami Shivananda Higher Secondary School (Boys Campus) (1960): The school has about 700 students in Std. VI to XII.

9. College of Arts and Science (Autonomous) (1964): The college was started in 1964 with the blessings of Srimat Swami Madhavanandaji Maharaj and has completed 59 years of purposeful service to the student community and society. "The College has a Unique Mission of developing the youth by imparting intellectual training; equipping them with vocational skills so as to make them employable; inculcating in them the right attitudes, values, and moral character; and developing a holistic personality of its students with a balanced development of head, heart and hand." The College was accredited by NAAC with 'A+' grade in the year 2023. The College offered 15 UG programmes and 7 PG programmes and 3 Diploma programmes in both aided and unaided streams, besides offering 10 M.Phil. and Ph.D. programmes. Besides academic studies, students have displayed their talents and skills in sports, literary and cultural competitions held at various levels.

10. Swami Shivananda Higher Secondary School (Girls Campus) (1989): This partly residential self-financing school has a student-strength of about 800 in LKG to XII.

11. Faculties of the Ramakrishna Mission Vivekananda Educational and Research Institute:

Ramakrishna Mission Vivekananda Educational and Research Institute (RKMVERI), established in the year 2005, has its headquarters at Ramakrishna Mission, Belur Math, Howrah, West Bengal. Four of its faculties are functioning at the IHRDC campus of Ramakrishna Mission Vidyalaya, Coimbatore:

- a) **The Faculty of Disability Management and Special Education (FDMSE)** offers Diploma, B.Ed., M.Ed. and Ph.D. programmes in Special Education (Visual Impairment, Hearing Impairment and Mental Retardation), and other diploma programmes in Sign Language Interpretation, Community-based Rehabilitation and Computer Applications for the Disabled. Students from all over India have been pursuing these courses since it was established in 2005.
- b) **The Faculty of General Adapted Physical Education and Yoga (GAPEY)** was established in the year 2007. It offers B.Sc. (Physical Education), B.P.Ed., M.P.Ed., Ph.D., Certificate Courses in Adapted Physical Education, Yoga, Kalaripayattu, Fitness, Aerobics and Tennis; and Diploma Course in Special Olympics and Paralympics.
- c) **Faculty of Agriculture, Rural and Tribal Development (ARTD):** The ARTD, earlier known as Faculty for Agriculture Education and Research (FAR). In order to address the challenging tasks emerging in the field of rural and tribal development, a FIVE year Integrated M.Sc. in 'Integrated Rural and Tribal Development' programme and a M.A. / M.Sc. in Rural Development and Management programme have been started from the session 2022-23.
- d) **Department of Computer Science (DCS) under the School of Mathematical Science:** It conducts an 5 year integrated M.Sc. (CSA) Programme and 2 year M.Sc.(CSA) Programme, which are needed to meet newer skills, recent trends in industry and cutting-edge technology.

12. Integrated Rural Development Scheme: The Vidyalaya has been rendering rural development service since the year 2002 under the title 'Vidyalaya Integrated Rural Development Scheme'.

Economically backward residents of areas such as Arivoli Nagar, Jeeva Nagar, Ambedkar Nagar, Pudupudhur, etc., were benefited through various development activities undertaken there.

XIII. SUPPORT SERVICES

Book stall: A bookstore / sales section has been in operation since June 2009.

Printing Press: A modern computerized press takes care almost all the needs of the Vidyalaya.

Digital Technology Centre: With two engineers and one assistant engineer, located in the Vidyalaya Maintenance Section, takes care of the maintenance and repairs of all computers (around 1000), printers, scanners, etc., in the various institutions of the Vidyalaya.

Construction and Maintenance Department: This takes care of practically all the requirements of the Vidyalaya, including the construction of new buildings etc.

Dairy and Goatery: About 30 milch animals are maintained to serve hands-on training to our students of the Institute of Agriculture and Rural Development.

Disabled Trainees Vocational Production and Rehabilitation Centre: A Notebook Section has been in operation in the Vidyalaya campus since 1992. Besides catering to the needs for notebooks of our various institutions within the campus, the section takes orders on a selective basis from other institutions as well with the primary objective of providing employment to the economically backward and the physically challenged. Notebooks are priced at bare minimum.

Ramakrishna Mission Vidyalaya Charitable Dispensary: The Charitable Dispensary of the Vidyalaya caters to a population of around 8000 students and 800 staff members and their families besides a large number of underprivileged people residing in the surrounding areas. In addition to regular general consultation, it also offers consultation by specialists in the areas of orthopedics, neurology, pediatrics, cardiology, gynecology, diabetes, skin, asthma, dental, ENT, general surgery, etc. On an average, around

150 patients visit the dispensary for consultation every day. As part of the medical services, many free medical camps will be organised for the benefit of the underprivileged.

Ramayana Park based on Indian epics - a project to promote Indian values: The Ramayana Park has been set up with the aim of taking our ancestors individual, family, social, ethical, and moral values to the general public. It is structured around the images of twenty-one important personalities of the Ramayana with their respective characteristics. The Park is an innovative and eye-catching attempt so children can have facilities for exercise and recreation, and at the same time cultivate a mind to appreciate the Ramayana's subtle power of developing character, art, and culture.

Sarada Noon Meal Scheme: Ramakrishna Mission Vidyalaya Provides free noon meal scheme to the deserving students on all working days of the college. The alumni and philanthropist of the institutions also support the successful implementation of the scheme.

Sister Nivedita Anna Yojana: Under this scheme 50 old age people those who were isolated or abandoned by their family members in near by villages of Vidyalaya are identified and food packets are being distributed at their doorsteps on all days except Sunday. This programme initiated by Vidyalaya is governed by the Department of Social Work

The above facilities are used by the Maruthi College of Physical Education whenever necessary.

CELEBRATIONS AT VIDYALAYA

International Yoga Day: The United Nations General Assembly declared 21st June as International Day of Yoga. Since 21st June 2015 the International Day of Yoga is being celebrated by the students of Sri Ramakrishna Mission Vidyalaya at our college ground.

The Kalpataru Day: The day on which Sri Ramakrishna revealed his true identity and blessed his followers is celebrated on the 1st of January every year as the Kalpataru Day.

The Gurupuja: The public celebration of Sri Ramakrishna's birthday is celebrated on the 1st Sunday of January every year with devotion and fervour. Thousands of devotees attend this function and receive the blessings of the Gurudev. They listen to devotional songs and watch cultural programmes performed by the students of the Vidyalaya. Students of the Vidyalaya exhibit their scientific talents by presenting their models and invention in Science. Eminent speakers enlighten the audience their devotional fervour.

The National Youth Day: As declared by the Government of India, the birthday of Swami Vivekananda, is celebrated during 12th January every year. More than 1500 students including 100 staff members involve in this celebration. A youth rally is conducted with Swamiji's sayings and pictures as mobile exhibitions. Sports competitions, oratorical competition and essay writing competition are held.

Youth Convention: A 3-day residential 'Youth Convention' for youth from Tamil Nadu on the theme 'Young India, Arise!' is held every year. Male and female youth delegates from various educational institutions, participate in the convention. The camp routine for the three days included guided meditation, morning bhajans, yoga, talks on value-oriented topics by eminent speakers, a debate, and undertaking of pledge by the delegates. A film show on a theme of social importance is also screened during one of the sessions. Recreational games are conducted for the youth in the evenings. Participation certificates are issued to all the delegates.

World Disability Day: The Third Day of December every year is observed as the World Day for the Disabled all over the world. This day provides an opportunity to focus the attention of Government and the society towards the problems of the handicapped community. The handicapped draw inspiration to integrate themselves into the mainstream of social life. This occasion gives an opportunity to the community to express its solidarity with the disabled people.

Birthday Celebration: The birthday of Sri Ramakrishna, Sri Sarada Devi, and Swami Vivekananda are celebrated with special puja, homa, bhajans and arati at the Vidyalaya's Prayer Hall.

Vidyarthi Homa: The Vidyarthi Homa is the induction of youth into the life of a student. This is performed with a homa, accompanied by mantras and bhajans reflecting the traditional values of the ancient gurukula. The newly admitted students from all the institutions of the Vidyalaya participate in the Vidyarthi Homa. Each student receives guidance regarding his conduct in student life.

Saraswathi Puja: The Saraswathi Puja is solemnly celebrated in all institutions, hostels and other departments of the Vidyalaya. Entire staff and students participate in the puja.

Kalaimagal Vizha: Kalaimagal Vizha, the annual three day event in commemoration of the Navaratri, is celebrated in the Vidyalaya during the month of October. Eminent speakers and performing artistes are invited on the occasion. Students from various institutions of the Vidyalaya give inspiring drama and dance performances.

Graduation / Convocation Day: The Graduation Ceremonies are conducted for the graduating students from the Post - Matric Institutions and Colleges of the Vidyalaya to administer oath taking and bid farewell with the counsel to function as diligent citizens in their walks of life. Dignitaries from different sectors of society embellish this occasion.

Republic Day and Independence Day Celebration: The Republic Day and Independence Day are Celebrated on 26th January and 15th August respectively every year in a grand scale with march past, flag hoisting and special address where all the institutions participate together. A rolling trophy for the best marching contingent is awarded.

Vidyalaya Foundation Day: Vidyalaya Foundation Day is observed every year on 3rd February. As a mark of respect to the founder of the Vidyalaya, Dr. T.S. Avinashilingam, public meetings are conducted on that day and eminent persons visit the Vidyalaya to address.

Spiritual Retreat: Spiritual Retreats are conducted for the devotees every year. Hundreds of devotees from various parts of the nation attend the retreats. Retreats are also conducted for the members of the staff of the Vidyalaya.

TEACHING STAFF

S.No.	Name	Designation
1.	Dr. T. Jayabal, B.Com., M.PEd., P.G.D.Y., Ph.D.,	Principal
2.	Dr. E. Amudhan, B.Sc., M.A., M.Sc., M.PEd., M.Phil., N.I.S(C), T.T.C.Y., D.C.A., P.G.D.S.M., P.G.D.Y., P.G.D.S.O., Ph.D.,	Associate Professor
3.	Dr. V. Saminathan, M.Com (CA), M.PEd., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor cum Controller of Examinations
4.	Dr. T. Thangamani, B.Com., M.Com., M.Sc., (Yoga & Psy), M.PEd., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor
5.	Dr. M. Srinivasan, B.C.S., M.PEd., M.Phil., P.G.D.S.M., P.G.D.Y., P.G.D.P., P.G.D.T., Ph.D.,	Assistant Professor
6.	Dr. A. Needhiraja, B.Sc., M.PEd., M.Phil., Ph.D.,	Assistant Professor
7.	Dr. V. Balamurugan, B.A., D.T.Ed., M.PEd., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor
8.	Dr. P. Senthil Kumar, MIB, MPed, HDCA, PDGY, PGSBSA, Ph.D.	Assistant Professor
9.	Dr. S. Arivazhakan, B.Sc., M.PEd., M.Phil., Ph.D.,	Assistant Professor
10.	Dr. M. Prabu, B.A., M.PEd., M.Phil., Ph.D.,	Assistant Professor
11.	Dr. R. Dharmalingam, B.Com., M.PEd., M.Phil., Ph.D.,	Assistant Professor
12.	Dr. M. Ashok Kumar, B.A., M.PEd., Ph.D.,	Assistant Professor
13.	Sri Aaron Arshay Keets, B.B.A., M.PEd., NET	Assistant Professor
14.	Dr. A. Velayutham, MCA., M.L.I.Sc., M.Phil., Ph.D.,	Librarian

GUEST FACULTY

S.No.	Name	Designation
1.	Dr. A. Sathiyamoorthy, M.P.T., (Sports), CKTP, MIAP,	Assistant Professor cum Physiotherapist
2.	Dr. S. Manikandan, M.A., TPT., Ph.D.,	Assistant Professor (Tamil)
3.	Sri R. Thennarasu, M.A.,	Assistant Professor (English)

ADMINISTRATIVE STAFF

S.No.	Name	Designation
1.	Sri V. Mohanraj	Junior Assistant (Spl.Gr.)
2.	Sri L. Jagadeesan	Typist
3.	Sri R. Anandaraja	Office Assistant
4.	Sri R. Rajendran	Groundsman (Super.Gr.)
5.	Sri P. Prabhu	Groundsman
6.	Sri D. Gunasekaran	Groundsman
7.	Sri V. Anbu	Groundsman
8.	Sri S. Ranjithkumar	Junior Assistant
9.	Sri S. Sundaram	Office Assistant
10.	Sri R. Chandran	Groundsman

IQAC MEMBERS

S.No.	Name and Designation	Designation
1	Swami Virahananda	Member from the Management
2	Dr.T.Jayabal	Chairperson
3	Dr.V.Saminathan Assistant Professor	Members
4	Dr.T.Thangamani Assistant Professor	
5	Dr.M.Srinivasan Assistant Professor	
6	Dr. A. Needhiraja Assistant Professor	
7	Dr.V.Balamurugan Assistant Professor	
8	Dr.P.Senthil kumar Assistant Professor	

S.No.	Name and Designation	Designation
9	Dr.R.Dharmalingam Assistant Professor	Members
10	Dr.A.Velayutham Librarian	
11	Sri V. Mohanraj Junior Assistant (Spl.Gr)	Senior administrative officer
12	Dr.R.Giridharan Associate Professor and Head Ramakrishna Mission Vivekananda Educational and Research Institute Faculty of General & Adapted Physical Education and Yoga Coimbatore Campus, SRKV (PO) Coimbatore-641 020.	Management nominee
13	Dr.M.Jagadesh Assistant Professor in Education Sri Ramakrishna Mission Vidyalaya College of Education Coimbatore-641 020	Management nominee
14	Dr.B.Kannabiran Physiotherapist and Social Activist Subam clinic Thudiyalur,Coimbatore-641034	Nominee from local society
15	Sri. S. Bharath (Student), MPEd-I Year Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Coimbatore-641 020	Nominee from Stakeholders (Students)
16	Sri. M. Donald (Student), BPEd-I Year Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Coimbatore-641 020	
17	Dr.T. Radhakrishnan (Alumnus) Professor Department of Physical Education Bharathiar University Coimbatore-641 046	Nominee from Stakeholders (Alumni)

S.No.	Name and Designation	Designation
18	Sri.N.Periasamy Headmaster Sri Ramakrishna Mission Vidyalaya Swami Shivananda Higher Secondary School SRKV Post Periyanaickenpalayam Coimbatore-641 020	Nominee from Employers
19	Dr.Yuva Dayalan Former Indian Badminton Player No.42/49, Raja Street Padi, Chennai-600 050	
20	Sri.N.Manoharan Nanjappa Equipment Manufacturers of Fitness and Gym Equipment 6, Ramaswamy Naidu Street Velandipalayam Coimbatore-641 025	Nominee from Industrialists
21	Sri R.Aruchamy 173/45 M.G.R. Nagar Kasthuripalayam Periyanaickenpalayam, SRKV (PO) Coimbatore-641 020	Nominee from Stakeholders (Parent)
22	Dr. E. Amudhan Associate Professor	Coordinator

STAFF OTHER RESPONSIBILITIES

Staff	Other Responsibilities
Dr. E. Amudhan	1.Coordinator: <ul style="list-style-type: none"> • Internal Quality Assurance Cell (IQAC) • National Assessment and Accreditation Council (NAAC) and Annual Quality Assurance Report (AQAR) • Academic and Administrative Audit (AAA) • All India Survey on Higher Education (AISHE) 2. Staff Council Meeting 3. Placement Cell 4. Time Table 5. MPEd IInd Year Class Teacher 6. Yoga Hall 7. Isokinetic laboratory 8. Certificate course in Yoga 9. Fit Vidyalaya- 8th standard curriculum
Dr. V. Saminathan	1. Controller of Examinations 2. Academic Calendar 3. UG and PG internship 4. Convocation function 5. Website 6. Grievance Redressal Cell 7. MPEd Ist Year Class Teacher 8. Certificate course in Fitness 9. Fit Vidyalaya- 7th standard curriculum
Dr. T. Thangamani	1. Preparation of MPEd Board of Studies Minutes and Syllabus 2. Students Literary Association 3. Career Guidance and Counseling 4. Consultancy and Outreach Activities (officiating the tournaments) 5. Alumni Association 6. Intramural House 7. Play Festival 8. Sports Psychology Laboratory 9. BPEd Ist Year Class Teacher 10.Extramural Director 11.Intellectual Property Right (IPR) Cell 12.Fit Vidyalaya- 6th standard curriculum

Staff	Other Responsibilities
Dr. M. Srinivasan	<ol style="list-style-type: none"> 1. Autonomous 2. National Council for Teacher Education (NCTE) - Performance Appraisal Report (PAR) 3. Self-Study and Value Added Courses 4. Research Coordinator 5. BPES Board of Studies Minutes and Syllabus Preparation 6. Gurupuja Games In-charge 7. Sarada Devi Noon Meal Scheme 8. Intramural Director 9. Fit Vidyalaya Coordinator 10. Uniform Distribution 11. BPES 1st Year Class Teacher 12. Kinesiology and Biomechanics Laboratory 13. Certificate course in Tennis
Dr. A. Needhiraja	<ol style="list-style-type: none"> 1. BPEd Board of Studies Minutes and Syllabus Preparation 2. Faculty and Students Exchange Programme 3. NSS programme officer 4. Unnat Bharat Abhiyan, Swachh Bharat, Swachh Vidyalaya and Waste to Wealth Scheme 5. National Sports Day Celebration 6. Intramural House 7. BPEd IInd class teacher 8. Theory classes coordinator 9. Exercise Physiology Laboratory 10. Certificate course in Aerobics 11. Feedback Mechanism 12. Maintenance of Campus and Infrastructure 13. Fit Vidyalaya - 6th standard curriculum 14. Competitive Examinations Coaching Classes
Dr. V. Balamurugan	<ol style="list-style-type: none"> 1. Sports Equipment 2. Practicum Coordinator 3. Field Visit 4. Mentor Mentee 5. Course plan 6. BPES IInd year class teacher 7. Play Festival Assistance 8. Sarada Devi Noon Meal Scheme Assistance 9. Intramural House 10. Educational Technology Laboratory 11. Weightlifting and Powerlifting Hall 12. Certificate course in Weightlifting and Powerlifting 13. Fit Vidyalaya - 7th standard curriculum

Staff	Other Responsibilities
Dr. P. Senthilkumar	<ol style="list-style-type: none"> 1. Fitness Centre 2. BPEd-IIInd Year Class Teacher 3. Anatomy and Physiology & Health Education Laboratory 4. Gurupuja Exhibition 5. Intramural House 6. Village Placement Programme 7. Adapted Physical Education Laboratory 8. Remedial Classes 9. Certificate Course in Kalari 10. Inter-Vidyalaya Institutions Tournaments Coordinator 11. Course Material 12. Fit Vidyalaya 8th standard curriculum 13. Placement Cell Assistance
Dr. S. Arivazhagan	<ol style="list-style-type: none"> 1. Fitness Centre 2. BPEd-IIInd Year Class Teacher 3. Anatomy and Physiology & Health Education Laboratory 4. Gurupuja Exhibition 5. Intramural House 6. Village Placement Programme 7. Adapted Physical Education Laboratory 8. Remedial Classes 9. Certificate Course in Kalari 10. Inter-Vidyalaya Institutions Tournaments Coordinator 11. Course Material 12. Fit Vidyalaya 8th standard curriculum 13. Placement Cell Assistance
Dr. A. Velayutham	<ol style="list-style-type: none"> 1. College magazine 2. Website 3. Gurupuja Exhibition Assistance
Dr. S. Manikandan	<ol style="list-style-type: none"> 1. College magazine 2. Tamil oratorical Competition 3. Cultural Events 4. Tamil Quiz Competition
Sri. R. Thennarasu	<ol style="list-style-type: none"> 1. College magazine 2. English oratorical Competition 3. Cultural Events 4. English Quiz Competition 5. English language cum Computer laboratory

Staff	Other Responsibilities
Dr. S. Arivazhakan	<ol style="list-style-type: none"> 1. History, Principles and Foundation of Physical Education – I BPEd 2. Sports Management and Curriculum Design –II BPEd 3. Indian Cultural and Heritage – II BPEd 4. Health Education and Environmental Studies – I BPEd 5. Malkhamb – I BPEd 6. Tennis – I BPEd 7. Unnat Bharat Abhiyan 8. Tennis
Dr. M. Prabu	<ol style="list-style-type: none"> 1. Education Technology and Methods of Teaching in Physical Education – BPEd I 2. Organization, Administration and Supervision in Physical Education – BPEd I 3. Test Measurement and Evaluation in Physical Education – MPEd-I 4. Any Approved on-line courses 5. Kabaddi – II BPEd 6. Softball – II BPEd 7. Combined events – II MPEd 8. Combative Sports – II MPEd 9. English language lab 10. Leadership Training Camp 11. Certificate course in weightlifting and powerlifting 12. Kabaddi
Dr. R. Dharmalingam	<ol style="list-style-type: none"> 1. Olympic Movements – BPEd I 2. Sports Nutrition and Weight Management – BPEd I 3. Measurement and Evaluation in Physical Education – BPEd-II 4. Management of Hypokinetic Diseases – I MPEd 5. Track and Field (Running events) – I MPEd 6. Volleyball - II BPEd 7. March Past & Yoga- I BPEd 8. Certificate course in yoga 9. International Day of Yoga 10. Fitness Centre 11. Volleyball

Staff	Other Responsibilities
Sri. B. Aaron Arshay Keets	1. Anatomy and Physiology - BPEd I 2. Theories of Sports and Games Part-II – BPEd II 3. Physical Fitness and Wellness – II MPEd 4. Fitness Equipments Management – I BPEd 5. Cricket – II BPEd 6. Throwing events – II MPEd 7. Gymnastics floor exercises – I MPEd 8. Anatomy and Physiology & Health Education & Exercise physiology lab 9. Swachh Bharat & Swachh Vidyalaya 10. Cricket
Dr. M. Ashok Kumar	1. Sports Biomechanics and Kinesiology – I MPEd 2. Scientific principles of sports training – II MPEd 3. History and Foundation of Physical Education – I BPES 4. Personality Development and Life Coping Skills – I MPEd 5. Football – II BPEd 6. Tennikoit – II BPEd 7. Kho-Kho – II BPEd 8. Sports Psychology Lab 9. Play Festival 10. Football

CODE OF CONDUCT FOR TEACHING & ADMINISTRATIVE STAFF

1. Staff shall discharge their duties efficiently and diligently to match with the academic standards and performance norms lay down by the College Management from time to time.
2. Staff shall update their knowledge and skills to equip them professionally for the proper discharge of duties assigned to them.
3. Staff shall conduct themselves with absolute dignity and decorum in dealing with the superiors, colleagues and students every time.
4. Staff shall not absent from duties at any time without prior permission from higher-ups.

5. Staff shall not associate with any political party or take part in any other organizational activity, which is not in line with the duties and ethics of the teaching profession.
6. Staff shall not attempt to bring any political or outside pressure on their superior authorities in respect of service matters.
7. Staff shall not participate in any strike or demonstration and / or indulge in any criticism of College Management policy or of the Government for any reason whatsoever.
8. Staff shall not act in any manner that violates the norms of decency or morality in their conduct or behaviour inside and outside the College Campus.
9. Staff shall not incite, provoke or instigate any students or any other member of the staff into any form of action against the College Management, or that seeks to disrupt the academic activities of the College.
10. Staff shall not by act or deed degrade harass or insult any other person for any reason whatsoever or act in a manner unbecoming of the teaching profession.
11. Staff in the service of the College shall at all the time strive for academic excellence in the discharge of their duties and conduct themselves in the manner of a perfect role model for others to emulate.
12. The College Management may, however, at its sole discretion provide an opportunity to the staff for presenting specific case through a personal hearing before taking a final decision. The decision of the College Management will be final and binding and will not be subject to any appeal to any individual or forum.

CODE OF CONDUCT FOR STUDENTS

1. Students are expected to maintain the highest standard of discipline and dignified manner of behaviour inside as well as outside College campus they shall abide by the rules and regulations of college and should act in a way that the discipline and esteem of the college.

2. All the students are expected to be present in the class well within time late coming will also result in loss of attendance for the corresponding hour.
3. Students should get up from their seat when the teacher enters the classroom and remain standing till the teacher takes his seat or they are allowed by the teacher to sit. Silence shall be observed during class.
4. Teachers shall be treated appropriately with good morning sir/ good afternoon sir and thank you sir when the teacher leaves the class room.
5. No student shall enter or leave the class room when the session is on without the permission of the teacher concerned.
6. In the events of seminar and workshop it is compulsory that all the students should be present for the entire session.
7. All leave application (regular and medical) shall be submitted in time for sanction by concern class teacher. Application for medical leave shall be accompanied by a valid medical certificate.
8. All the students are expected to attend college functions in college uniform unless otherwise specified.
9. All the students shall wear their identity card.
10. Students are encouraged to make use of the library, common computing facilities and to involve in professional body activities or any program authorized by the college beyond class hours however under normal circumstances students shall Retreat to their hostel for residence by 6:00 p.m.
11. All the students are advised not to use mobile phone in the college campus.
12. Keep the campus neat and clean do not put any waste anywhere in the campus except in the waste basket kept.

13. Conception of intoxicant psychotropic substance in any form or smoking or using chewing gum, pan masala etc. are strictly prohibited.
14. It is strongly advised to refrain from activities such as scribbling or noting on walls, door or furniture which could deface the college and destroy the academic ambience.
15. Carefully handle the furniture, equipment, fixtures and appliance of the college and lab. Careless handling/ misuse of the above could result personal injuries or damages to property.
16. Students are not permitted to arrange any unauthorised celebrations and decorations of any magnitude in the campus.
17. Students are not permitted to disturb or display (both physical and electronically) material such as notices banners etc. in the campus without the permission of the competent authority.
18. Students are expected to make use of academic, co-curricular and extracurricular facilities available to the optimum levels. This will certainly make them physically fit, academically competent, mentally alert and socially sensitive.
19. On duty leave applications will not be entertained beyond 10 working days from the actual date of leave under any circumstance. The maximum number of on duty leave admissible is restricted to 10 days per semester.
20. During internal examinations of 2 hour period, students are not allowed to leave the hall within 1 hour from the beginning of the exam and students have to occupy the seat five minutes before the commencement of the examination.
21. Political activity in any form is not permitted in the college campus. Unauthorised meetings, propaganda, processions or fund collections are forbidden within the college, hostels and outside the college.

22. Harassing juniors, ill treatment to other fellow students or any such form of ragging is objectionable and liable to be treated as criminal offence by the law enforcing agencies as per the directives of Honorable Supreme Court of India.
23. Expulsion from the college is leads to expulsion from the hostel as well.
24. If there is a case against a students for a possible breach of code of conduct, then a committee will be formed to recommend suitable disciplinary action who shall inquire into the alleged violation and accordingly suggest the action to be taken against the said student. The committee may meet with the student to ascertain the time the misconduct and suggest one or more of the following disciplinary actions based on the nature of conduct.
25. Community service- For a specified period of time to be extended if need to need be. However, any future misconduct along with failure to comply with any conditions imposed may lead to severe disciplinary action, including suspension or expulsion.
26. Expulsion- Expulsion of a student from the institute permanently. Indicating prohibition from entering the Institute premises or participating in any student related activities or campus residence etc.
27. Monetary penalty- May also include suspension or forfeiture of scholarship/ Fellowship for a specific time period.
28. Suspension- A student may be suspended for a specified period of time which will entail prohibition in participating the students related activities, classes, programs etc. Additional, the students will be forbidden to use various Institute facilities unless permission is obtained from the competent authority. Suspension may also followed by possible dismissal, along with the following additional penalties. Ineligibility to reply for admission to the institute for a period of three years and withholding the grade card or certificate for the programmes studied in the institute.

CODE OF CONDUCT FOR ADMINISTRATIVE OFFICER

1. All matters related to UGC/College to be checked corrected and make available to the Principal/ Director & Secretary.
2. Attending 6 days in a week and whenever required extend it to clear pending duties.
3. Keeping list of students having fees arrears up to date, taking appropriate follow-up as per the direction of the management.
4. All the requirements related to the college like Library/ Class room/ Staff room/ Computer Lab/ other labs of the college has to be assessed and invite quotations from different vendors and do the comparative study on price and quality before the purchase. (The quotations can be forwarded to Management for finalization and clarifications).
5. Don't involve in irrelevant discussion and maintain silence in the office and surroundings.
6. Responsibility for the overall performance and monitoring of the college developmental activities.
7. Gathering, adapting, storing and distributing information's within the College.
8. Organizing, providing leadership and controlling all administrative functions in the department.
9. Rendering a service to other functions within the organization.
10. Efficient housekeeping & catering requirement for guest / employee.
11. Liaison works with all Government offices like Collector (students' scholarship), Police station (Any problem solving), Telephone Electricity, Water, Panchayat, etc.
12. Monitor printing and updating documents of the organization.
13. Maintenance and supervision of all office and academic records.





What Our Emblem Signifies

The wavy waters in the picture are symbolic of Karma, the lotus of Bhakti and the rising sun of Jnana. The encircling serpent is indicative of yoga and the awakened Kundalini Shakti, while the swan in the picture stands for the Paramatman. Therefore, the idea of the picture is that by the union of Karma, Jnana, Bhakti and Yoga the vision of the Paramatman is obtained.

- *Swami Vivekananda*

The Olympic Oath

"In the name of all competitors, I promise that we shall take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of sportsmanship, for the glory of sport and the honour of our teams."

THE OLYMPIC MOTTO

"Citius, Altius, Fortius - Communiter"

These three Latin words mean

"Faster, Higher, Stronger - Together"

ACADEMIC CALENDAR - 2023-2024

JUNE 2023

Date	Day	Programme	Working days in a Month	Total working days
1	Thursday			
2	Friday			
3	Saturday			
4	Sunday			
5	Monday			
6	Tuesday			
7	Wednesday			
8	Thursday			
9	Friday			
10	Saturday			
11	Sunday			
12	Monday			
13	Tuesday			
14	Wednesday			
15	Thursday			
16	Friday			
17	Saturday			
18	Sunday			
19	Monday	College Re-opens for B.P.E.S, BPEd & MPEd - Odd Semester (Second Year)	1	1
20	Tuesday	Selection Trials for BPEd	2	2
21	Wednesday	International Day of Yoga	3	3
22	Thursday	Selection Trials for BPES & MPEd	4	4
23	Friday	Swachh Bharat / Swachh Vidyalaya	5	5
24	Saturday			
25	Sunday			
26	Monday	International Day against Drug Abuse	6	6
27	Tuesday		7	7
28	Wednesday		8	8
29	Thursday	Bakrid		
30	Friday		9	9
Total No. of Working Days =9			9	9

JULY-2023

Date	Day	Programme	Working days in a Month	Total working days
1	Saturday			
2	Sunday			
3	Monday	Guru Purnima College Re-opens for B.P.E.S, BPEd & MPEd - ODD Semester (First Year) Parents meeting	1	10
4	Tuesday	Deeksharambh – Student Induction Programme	2	11
5	Wednesday	World Badminton Day Deeksharambh – Student Induction Programme	3	12
6	Thursday	Deeksharambh – Student Induction Programme The Orientation Programme for Fit Vidyalaya	4	13
7	Friday	Deeksharambh – Student Induction Programme	5	14
8	Saturday	Deeksharambh – Student Induction Programme	6	15
9	Sunday			
10	Monday	Deeksharambh – Student Induction Programme	7	16
11	Tuesday	Deeksharambh – Student Induction Programme	8	17
12	Wednesday		9	18
13	Thursday		10	19
14	Friday	Gender Sensitization Programme Common Prayer	11	20
15	Saturday	Swami Ramakrishnanandar Jayanti, World Youth Skill day Orientation on Value added and Self-study Courses / SWAYAM/MOOC Education Development Day		
16	Sunday			
17	Monday	Division of Groups for Intramural, Students Literary Association Election Workshop on Communication Skills	12	21
18	Tuesday	Inauguration of Students Literary Association and Intramural Tournaments	13	22
19	Wednesday	World Football Day	14	23
20	Thursday	Anti-Ragging Committee Meeting	15	24
21	Friday	Swachh Bharat	16	25
22	Saturday			
23	Sunday	National Parents Day		
24	Monday		17	26
25	Tuesday		18	27
26	Wednesday		19	28
27	Thursday		20	29
28	Friday		21	30
29	Saturday	Muharram		
30	Sunday			
31	Monday		22	31
Total No. of Working Days = 9+22=31			22	31

AUGUST-2023

Date	Day	Programme	Working days in a Month	Total working days
1	Tuesday		1	32
2	Wednesday		2	33
3	Thursday		3	34
4	Friday	First Project Track and Field Meet	4	35
5	Saturday	Value added and Self-study Course classes begins-1		
6	Sunday			
7	Monday		5	36
8	Tuesday	CIA-I Test for B.P.E.S, BPEd & MPEd - ODD Semester	6	37
9	Wednesday	CIA-I Test for B.P.E.S, BPEd & MPEd - ODD Semester	7	38
10	Thursday	CIA-I Test for B.P.E.S, BPEd & MPEd - ODD Semester	8	39
11	Friday	All Vidyalaya rehearsal for Independence Day Celebrations	9	40
		Common Prayer		
		NSS Inaugural Function		
12	Saturday	International Youth Day		
13	Sunday			
14	Monday	Preparation for Independence Day Celebration	10	41
15	Tuesday	Independence Day		
16	Wednesday		11	42
17	Thursday		12	43
18	Friday		13	44
19	Saturday	Value added and Self-study Courses-2		
20	Sunday			
21	Monday	Swami Vivekananda Chicago Address - Recitation Competition	14	45
22	Tuesday		15	46
23	Wednesday	Orientation programme on Technology Use and Integration, Online Assessment Learning	16	47
24	Thursday	Orientation programme on "Method of organising various, learning resources and developing ICT based learning situation"	17	48
25	Friday	Swachh Bharat	18	49
26	Saturday			
27	Sunday			
28	Monday	Mentor Mentee meeting	19	50
29	Tuesday	National Sports Day Celebrations	20	51
30	Wednesday	Orientation programme on Effective use of learning apps in physical education and sports	21	52
31	Thursday	Swami Niranjananandar Jayanthi	22	53
Total No. of Working Days = 31+22=53			22	53

SEPTEMBER-2023

Date	Day	Programme	Working days in a Month	Total working days
1	Friday	Internal Teaching Practice Orientation Programme	1	54
2	Saturday	Value added and Self-study Course classes-3		
3	Sunday			
4	Monday	Developing Teaching Competencies	2	55
5	Tuesday	Teacher's Day Celebration	3	56
6	Wednesday	Krishna Jayanthi		
7	Thursday	Assessment of Learning, ICT skills for effective learning in physical education for lesson plan preparation	4	57
8	Friday	Second Project Track and Field Meet Green Initiative Cell Meeting	5	58
9	Saturday			
10	Sunday	World First-aid Day		
11	Monday	Swami Vivekananda Chicago Address - Recitation Competition	6	59
12	Tuesday		7	60
13	Wednesday	CIA-II Test for BPEd, MPEd & BPES Swami Advaitanandar Jayanthi	8	61
14	Thursday	CIA-II Test for BPEd, MPEd & BPES Ragging Curb Committee	9	62
15	Friday	CIA-II Test for BPEd, MPEd & BPES	10	63
16	Saturday	Value added and Self-study Courses classes-4		
17	Sunday	Vinayakar Chaturthi		
18	Monday	Inter Collegiate Tournaments – begins	11	64
19	Tuesday		12	65
20	Wednesday	Developing assessment tools for both online and offline learning	13	66
21	Thursday	Inter Collegiate Tournaments - ends	14	67
22	Friday	SRMV Maruthi College Foundation Day Swachh Bharat Common Prayer Organizing Learning (lesson plan)	15	68
23	Saturday	National Volleyball Day		
24	Sunday	NSS Day, Clinic on Career and Personal Counselling		
25	Monday	Effective use of learning apps for learning in physical edu. and sports, Methods of evaluating students learning	16	69
26	Tuesday		17	70
27	Wednesday		18	71
28	Thursday	Eid e Milad, Baghat Singh Birth Day		
29	Friday	Orientation on Evaluation of various students abilities Mentor Mentee meeting	19	72
30	Saturday	Leadership Training Camp-Begins	20	73
Total No. of Working Days = 53+20=73			20	73

OCTOBER-2023

Date	Day	Programme	Working days in a Month	Total working days
1	Sunday			
2	Monday	Gandhi Jayanti –International Day of Non-Violence		
3	Tuesday	Orientation on E-Learning Resources and Learning apps	1	74
4	Wednesday	Leadership Training Camp- ends Alumni interaction with Freshly enrolled students	2	75
5	Thursday	Workshop On Different School System	3	76
6	Friday	Allotment of internship (BPEd & MPEd) Orientation for internship (BPEd & MPEd)	4	77
7	Saturday	Value Added & Self-Study Courses-5		
8	Sunday	Swami Abhedanandar Jayanathi		
9	Monday	Internship-Teaching Practice BPEd (Begins) Scheduling academic, cultural & sports events in school Planning	5	78
10	Tuesday	'Construction of teacher made and performance test' for teacher trainees during teaching practice-Begins	6	79
11	Wednesday	Organize academic, cultural, sports & community related events	7	80
12	Thursday		8	81
13	Friday	Organizes events of mutual interest- Literary, cultural and open discussions on pertinent themes to school education Common Prayer	9	82
14	Saturday	Swami Akhandanandar Jayanathi Value Added & Self-Study Courses Examinations-6		
15	Sunday	Youth Awakening Day (Dr. Abdul Kalam Birthday)		
16	Monday		10	83
17	Tuesday	Workshop on Article writing for students and scholars	11	84
18	Wednesday	'Construction of teacher made and performance test' for teacher trainees during teaching practice - Ends	12	85
19	Thursday	In house Research Orientation - Colloquium for MPEd II year School visit- State/Matriculation/CBSE/ICSE/ Kendriya Vidyalaya	13	86
20	Friday	Internship-Teaching Practice for BPEd (Ends) Internship Feedback Swachh Bharat	14	87
21	Saturday			
22	Sunday	World Swimming Day		
23	Monday	Ayutha Pooja, Saraswathi Pooja		
24	Tuesday	Vijaya Dashami		
25	Wednesday	Mentor Mentee meeting	15	88
26	Thursday	Peer feedback on game of Specialization (MPEd)	16	89
27	Friday		17	90
28	Saturday			
29	Sunday			
30	Monday		18	91
31	Tuesday		19	92
Total No. of Working Days = 73+19=92			19	92

NOVEMBER-2023

Date	Day	Programme	Working days in a Month	Total working days
1	Wednesday	Internal Practical Examination	1	93
2	Thursday	Internal Practical Examination	2	94
3	Friday	External Practical Examination	3	95
4	Saturday	External Practical Examination	4	96
5	Sunday			
6	Monday	Model examination BPES, BPed & MPed	5	97
7	Tuesday	Model examination BPES, BPed & MPed Sir C. V. Raman Birth day	6	98
8	Wednesday	Model examination BPES, BPed & MPed	7	99
9	Thursday	Model examination BPES, BPed & MPed	8	100
10	Friday	Model examination BPES, BPed & MPed Last working day for ODD Semester	9	101
11	Saturday	National Education Day		
12	Sunday	Deepavali		
13	Monday			
14	Tuesday	National Library Week World Diabetes Day		
15	Wednesday	National Library Week Celebrations End Semester examination BPES, BPed & MPed		
16	Thursday	End Semester examination BPES, BPed & MPed National Library Week Celebrations World Philosophy Day		
17	Friday	End Semester examination BPES, BPed & MPed		
18	Saturday	End Semester examination BPES, BPed & MPed		
19	Sunday			
20	Monday	End Semester examination BPES, BPed & MPed		
21	Tuesday			
22	Wednesday			
23	Thursday			
24	Friday			
25	Saturday			
26	Sunday			
27	Monday			
28	Tuesday			
29	Wednesday			
30	Thursday			
Total No. of Working Days = 92+9=101			9	101

DECEMBER-2023

Date	Day	Programme	Working days in a Month	Total working days
1	Friday	Time table committee Meeting		
2	Saturday	World Basketball Day		
3	Sunday	World Disability Day		
4	Monday	Classes start for EVEN Semester	1	1
5	Tuesday		2	2
6	Wednesday	UGC NET Coaching classes - begins	3	3
7	Thursday	UGC NET Coaching classes	4	4
8	Friday	UGC NET Coaching classes -ends	5	5
9	Saturday	Human Rights Day		
10	Sunday			
11	Monday	Career guidance and Counselling Subramania Bharathiar Birth Day	6	6
12	Tuesday	Unnat Bharat Abhiyan - Village Survey	7	7
13	Wednesday	MOU's and activities review meeting	8	8
14	Thursday	Energy Conservation Day Orientation Programme on Energy Conservation for students	9	9
15	Friday	Common Prayer	10	10
16	Saturday	Field visit for Outgoing students		
17	Sunday			
18	Monday	Gender Sensitization Programme	11	11
19	Tuesday		12	12
20	Wednesday		13	13
21	Thursday	Swami Premananda Jayanthi	14	14
22	Friday	Swachh Bharat State level Workshop cum officiating examination	15	15
23	Saturday	Alumni Meeting		
24	Sunday			
25	Monday	Christmas Day		
26	Tuesday		16	16
27	Wednesday		17	17
28	Thursday		18	18
29	Friday	Mentor Mentee meeting	19	19
30	Saturday			
31	Sunday			
Total No. of Working Days = 19			19	19

JANUARY-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Monday	New Year, Kalpatharu Day		
2	Tuesday		1	20
3	Wednesday	Holy Mother Sri Sarada Devi Jayanthi	2	21
4	Thursday		3	22
5	Friday		4	23
6	Saturday			
7	Sunday	Gurupuja Celebration Swami Shivanandar Jeyanthi		
8	Monday		5	24
9	Tuesday		6	25
10	Wednesday	Third Project Track and Field Meet	7	26
11	Thursday		8	27
12	Friday	National Youth Day Common Prayer	9	28
13	Saturday			
14	Sunday			
15	Monday	Pongal		
16	Tuesday	Swami Saradanandar Jayanti Thiruvalluvar Day		
17	Wednesday	Uzhavar Thirunall		
18	Thursday		10	29
19	Friday		11	30
20	Saturday			
21	Sunday			
22	Monday	Students Exchange Programme	12	31
23	Tuesday	Students Exchange Programme Nethaji Subash Chandra Bose Birthday	13	32
24	Wednesday	Republic Day Rehearsal Swami Turiyanandar Jayanthi	14	33
25	Thursday	Swachh Bharat National Voters' day CIA-I Test - EVEN Semester	15	34
26	Friday	Republic Day Celebration		
27	Saturday	CIA-I Test - EVEN Semester	16	35
28	Sunday			
29	Monday	Village Placement Programme PG Internship Begins CIA-I Test - EVEN Semester	17	36
30	Tuesday	Mentor Mentee meeting	18	37
31	Wednesday		19	38
Total No. of Working Days = 19+19=38			19	38

FEBRUARY-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Thursday	Play Festival Activities at Schools Begins	1	39
2	Friday	Swami Vivekananda Jayanthi	2	40
3	Saturday	Vidyalaya Foundation Day & Alumni Meeting		
4	Sunday			
5	Monday		3	41
6	Tuesday		4	42
7	Wednesday	Faculty exchange programme	5	43
8	Thursday	Faculty exchange programme	6	44
9	Friday	Village Placement Programme	7	45
		PG Internship Ends		
10	Saturday			
11	Sunday	Swami Brahmanandar Jayanthi		
12	Monday		8	46
13	Tuesday	Swami Trigunatitanandar Jayanthi	9	47
14	Wednesday		10	48
15	Thursday		11	49
16	Friday	Play Festival Physical Activities Demonstration	12	50
		Common Prayer		
17	Saturday			
18	Sunday			
19	Monday		13	51
20	Tuesday		14	52
21	Wednesday	International Mother Language Day	15	53
22	Thursday	Swami Adbhutanandar Jayanthi	16	54
23	Friday	Swachh Bharat	17	55
		Fourth Project Track and Field Meet		
24	Saturday			
25	Sunday			
26	Monday		18	56
27	Tuesday	National Conference/ Seminar	19	57
28	Wednesday		20	58
29	Thursday	Mentor Mentee meeting	21	59
Total No. of Working Days = 38+21=59			21	59

MARCH-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Friday		1	60
2	Saturday			
3	Sunday			
4	Monday		2	61
5	Tuesday	CIA-II Test II & IV Semester	3	62
6	Wednesday	CIA-II Test II & IV Semester	4	63
7	Thursday	CIA-II Test EVEN Semester	5	64
8	Friday	Annual Day Group Division	6	65
		Placement Activities - Orientation		
9	Saturday			
10	Sunday			
11	Monday		7	66
12	Tuesday	Bhagavan Sri Ramakrishnar Jayanthi	8	67
13	Wednesday		9	68
14	Thursday		10	69
15	Friday	Swachh Bharat	11	70
		Common Prayer		
16	Saturday			
17	Sunday			
18	Monday	Career guidance and Counselling	12	71
19	Tuesday		13	72
20	Wednesday		14	73
21	Thursday		15	74
22	Friday	Telugu New Year		
23	Saturday			
24	Sunday			
25	Monday	World Kabaddi Day	16	75
26	Tuesday		17	76
27	Wednesday	Mentor Mentee meeting	18	77
28	Thursday	Annual Day Celebrations (Cultural Events)	19	78
29	Friday	Good Friday		
		Swami Yoganandar Jayanthi		
30	Saturday			
31	Sunday	Easter		
Total No. of Working Days = 59+19=78			19	78

APRIL-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Monday	World Cricket Day (Sachin Tendulkar Birth Day)	1	79
2	Tuesday		2	80
3	Wednesday		3	81
4	Thursday		4	82
5	Friday		5	83
6	Saturday	World Table Tennis Day	6	84
7	Sunday			
8	Monday		7	85
9	Tuesday		8	86
10	Wednesday	Ramzan		
11	Thursday		9	87
12	Friday	Common Prayer	10	88
13	Saturday		11	89
14	Sunday	Tamil New Year /Dr Ambedkar Jayanti		
15	Monday		12	90
16	Tuesday		13	91
17	Wednesday	Internal Practical Examinations	14	92
18	Thursday	Internal Practical Examinations	15	93
19	Friday	External Practical Examinations	16	94
20	Saturday	External Practical Examinations	17	95
21	Sunday	Mahavir Jayanti		
22	Monday	Model Examinations - EVEN Semester	18	96
23	Tuesday	Model Examinations - EVEN Semester	19	97
24	Wednesday	Model Examinations - EVEN Semester	20	98
25	Thursday	Model Examinations - EVEN Semester	21	99
26	Friday	Model Examinations - EVEN Semester Students Feedback	22	100
27	Saturday			
28	Sunday			
29	Monday			
30	Tuesday	End Semester Examination - EVEN Semester		
Total No. of Working Days = 78+22=100			22	100

MAY-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Wednesday	May Day		
2	Thursday	End Semester Examination - EVEN Semester		
3	Friday	End Semester Examination - EVEN Semester		
4	Saturday	End Semester Examination - EVEN Semester		
5	Sunday			
6	Monday	End Semester Examination - EVEN Semester		
7	Tuesday			
8	Wednesday			
9	Thursday			
10	Friday			
11	Saturday			
12	Sunday			
13	Monday			
14	Tuesday			
15	Wednesday			
16	Thursday			
17	Friday			
18	Saturday			
19	Sunday			
20	Monday			
21	Tuesday			
22	Wednesday			
23	Thursday			
24	Friday			
25	Saturday			
26	Sunday			
27	Monday			
28	Tuesday			
29	Wednesday			
30	Thursday			
31	Friday			
-			-	-

Common Activities

S. No	Name of the activities	Date/Day
1	Mentor Mentee meeting	As and when needed
2	Common Prayer	Every Month of second Friday
3	Swachh Bharat / Swachh Vidyalaya	Every Month of third Friday
4	Deeksharambh – Student Induction Programme (SIP)	04.07.2023 – 11.07.2023
5	Intramural Competitions	Every Wednesday (3.30 pm – 6.00 pm)
6	Internship - Teaching Practice (BPEd I year)	Every Wednesday
7	Internship - Teaching Practice (BPEd II year)	Every Friday
8	Internship - Coaching Practice (MPEd)	Every Thursday
9	Sports Science Laboratory utilization for MPEd	Every Wednesday and Friday (6.30 to 8.30am)
10	Care and maintenance of play fields	As and when needed
11	Educational Exhibition	Nov & Dec-2023
12	Outreach activities	As and when needed
13	Gender Sensitization Programme (Gender sensitivity, Yoga, Digital India, National Water Mission)	14.07.2023 & 18.12.2023
14	Redressal of student grievances including sexual harassment and ragging cases - Activities	14.09.2023, 10.11.2023, 26.04.2024
15	Academic Administrative Audit (AAA)	23.06.2023
16	Online teaching for Part IV courses	Every Monday & Friday (2.30 pm - 3.30 pm)
17	Fit Vidyalaya Programme for MPEd	Every Thursday (3.30 - 4.30 pm)

S. No	Name of the activities	Date/Day
18	Special lectures by experts for all programmes: Career Guidance and Placement Cell	11.12.2023 & 18.03.2023
19	Orientation on Value added and Self-study Courses / SWAYAM/MOOC	15.07.2023
20	Value added and Self-study Course classes	05.08.2023, 19.08.2023, 02.09.2023, 16.09.2023 and 07.10.2023
21	Unnat Bharat Abhiyan	As and when needed
22	Orientation for internship	06.10.2023
23	Organizing Learning (lesson plan)	Every Wednesday & Thursday
24	Developing Teaching Competencies	Every Wednesday & Thursday
25	Assessment of Learning	Every Wednesday & Thursday
26	Facilitating Inclusive Physical Education	As and when needed
27	Teaching Practice – Phase I, Teaching Practice – Phase II	09.10.2023 – 20.10.2023, 01.02.2024 - 16.02.2024
28	Organizes events of mutual interest- literary, cultural and open discussions on pertinent themes to school education –	11.10.2023 – 13.10.2023

ORGANIZATION OF IMPORTANT EVENTS AND PROGRAMMES

S.No	Name of the programme	Date
1	International Day of Yoga	20.06.2023
2	Selection trials for BPED and MPED Programmes	21.06.2023

S.No	Name of the programme	Date
3	Selection trials for BPES and MPED Programmes	22.06.2023
4	International Day against Drug Abuse	26.06.2023
5	The Orientation Programme for Fit Vidyalaya	03.07.2023
6	Parents meeting	06.07.2023
7	Student literary Association election	17.07.2023
8	Workshop on Communication Skills	17.07.2023
9	First project track and field meet	04.08.2023
10	NSS inaugural programme	11.08.2023
11	77th Independence Day celebration	15.08.2023
12	Major Dhyanchand's birthday, National Sports Day	29.08.2023
13	Teachers Day Celebration	05.09.2023
14	Second project track and field meet	08.09.2023
15	Green Initiatives	08.09.2023
16	Tamil Nadu Physical Education and Sports University inter-collegiate tournaments	18.09.2023- 21.09.2023
17	An orientation programme on "e-learning resources and learning apps"	03.10.2023
18	Leadership training camp	30.09.2023 -04.10.2023
19	Workshop On Different School System	05.10.2023
20	Workshop on Article writing for students and scholars	17.10.2023
21	Unnat Bharat Abhiyan - Village Survey	12.12.2023
22	Orientation Programme on Energy Conservation for students	14.12.2023
23	State level Workshop cum officiating examination	22.12.2023
24	Third Project Track and Field Meet	10.01.2024
25	Students Exchange Programme	22.01.2024 &23.01.2024
26	Republic Day Celebration	26.01.2024

S.No	Name of the programme	Date
27	Faculty exchange programme	07.02.2024 & 08.02.2024
28	Play Festival Physical Activities Demonstration	16.02.2024
29	Fourth Project Track and Field Meet	23.02.2024
30	National Conference/ Seminar	27.02.2024 & 28.02.2024
31	Placement Activities - Orientation	08.03.2024
32	Annual Day Celebrations (Cultural Events)	28.03.2024

CLASS TEACHERS

BPES - I	Dr. M. Srinivasan
BPES - II	Dr. V. Balamurugan
BPEd - I	Dr. T. Thangamani
BPEd - II	Dr. A. Needhiraja & Dr. P. Senthilkumar
MPEd - I	Dr. V. Saminathan
MPEd - II	Dr. E. Amudhan
Value Added and Self-Study Courses	
Fundamental moves in Aerobics	Dr. A. Needhiraja & Dr. M. Ashokkumar
Therapeutic Yoga	Dr. E. Amudhan & Dr. T. Thangamani
Basic Skills and Officiating in Tennis	Dr. M. Srinivasan & Dr.S.Arivazhakan
Fitness and Wellness Management	Dr. V. Saminathan & Dr. R. Dharmalingam
Kalaripayattu	Dr. P. Senthilkumar & Dr. M. Prabhu
Weight Lifting and Power Lifting	Dr. V. Balamurugan
Online Courses	
SWAYAM / MOOC	Dr. M. Srinivasan & Dr. V. Balamurugan
Intramural & Extramural Director	
Intramural	Dr. M. Srinivasan & Dr. M. Ashokkumar

Extramural	Dr. T. Thangamani & Sri. B.Aaron Arshay Keets
Theoretical and Practicum Coordinators	
Theoretical	Dr. A. Needhiraja
Practicum	Dr. V. Balamurugan

Internship UG (B.P.Ed.) and PG (M.P.Ed.)

Dr. V. Saminathan & Dr. T.Thangamani

S.No.	Name of the programme	Day/Date
1	Internship (Internal): Teaching Practice (BPEd teacher trainees)	Every Tuesday & Friday
2	Internship(Internal): Teaching Practice (MPEd teacher trainees)	Every Thursday
3	Internship at schools (BPEd)	09.10.2023-20.10.2023
4	Village Placement Programme	29.01.2024-09.02.2024
5	Internship - MPEd	29.01.2024-09.02.2024
6	Synchronized Physical Activities (BPEd)	01.02.2024-16.02.2024
7	Orientation programme on "Method of organising various, learning resources and developing ICT based learning situation"	24.08.2023
8	Internal teaching practice orientation programme (Content mapping, formulating learning objective and preparation of model lesson plan)	01.09.2023
9	ICT skills for effective learning in physical education and sports Integrating ICT resources for lesson plan preparation	07.09.2023
10	Developing Teaching Competencies	04.09.2023
11	Organizing Learning (lesson plan)	22.09.2023
12	Effective use of learning apps for learning in physical education and sports and Methods of evaluating students learning	25.09.2023
13	Construction of teacher made and performance test for BPEd 1st and 11nd year teacher trainees during teaching practice	10.10.2023-18.10.2023
14	Organize academic, cultural, sports & community related events	11.10.2023
15	Organizes events of mutual interest- Literary, cultural and open discussions on pertinent themes to school education	13.10.2023

Examinations

ODD Semester	
CIA - I	08.08.2023 - 10.08.2023
CIA - II	13.09.2023 – 15.09.2023
Internal Practical Examination	01.11.2023 & 02.11.2023
External Practical Examination	03.11.2023 & 04.11.2023
Model Examination	06.11.2023 – 10.11.2023
End Semester Examination	15.11.2023-20.11.2023

EVEN Semester	
CIA - I	25.01.2024 – 29.01.2024
CIA - II	05.03.2024 – 07.03.2024
Internal Practical Examination	17.04.2024 - 18.04.2024
External Practical Examination	19.04.2024 – 20.04.2024
Model Examination	22.04.2024 – 26.04.2024
End Semester Examination	30.04.2024 – 06.05.2024

Value Added and Self-Study Courses

Fundamental moves in Aerobics	14.10.2023
Therapeutic Yoga	14.10.2023
Basic Skills and Officiating in Tennis	14.10.2023
Fitness Management	14.10.2023
Kalaripayattu	14.10.2023



Notes

Notes

CALENDAR FOR 2024

January 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2024

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

